

ApoE gene therapy to treat hyperlipidemia and atherosclerosis

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Atherosclerosis is the leading cause of death in industrialized countries and is becoming an increasingly worldwide risk to health. Apolipoprotein E (ApoE) is a blood circulating protein with pleiotropic atheroprotective properties that has emerged as a strong candidate for treating hypercholesterolemia and cardiovascular disease. In this review, we discuss the major developments in both viral and non-viral vectors aimed at achieving efficient delivery and sustained expression of an ApoE transgene. The technological advances in engineering viruses include cross-packaging to generate different serotypes of recombinant adeno-associated virus, and the use of multiple-deleted and helper-dependent recombinant adenovirus vectors to minimize immune responses and to package genomic loci. Non-viral ApoE delivery systems are also described in this review, including plasmids and cell-based therapy. Finally, a radical, alternative to gene addition that has the potential for permanent cure in many genetic diseases – 'targeted gene editing' – is reviewed. This technology uses synthetic oligonucleotides to correct underlying point mutations in situ and has been evaluated for repairing dysfunctional APOE genes.

Keywords Adeno-associated virus, adenovirus, ApoE, cardiovascular disease, gene repair, hypercholesterolemia, lipoprotein

Introduction

One-third of deaths worldwide are from cardiovascular disease (CVD), totaling 16.7 million deaths per year in contrast to just 5.7 million deaths from AIDS, malaria and tuberculosis combined [1]. Significantly, only approximately 20% of CVD deaths are in high-income countries; the vast majority of CVD deaths occur in low- and middle-income countries. Atherosclerosis is a progressive inflammatory response to complex interactions between cells endogenous to the arterial wall, and plasma lipoproteins. Such cells include endothelial cells and smooth muscle cells, blood monocytes, lymphocytes and platelets, [2]. Early atherosclerotic lesions are lipid streaks, characterized by cholesterol-loaded foam cells within the vascular endothelium. Foam cells originate from blood monocyte macrophages. These cells are recruited into the arterial intima by upregulated adhesion molecules on activated endothelium, where they relentlessly ingest oxidized low-density lipoprotein (LDL) or cholesterol-rich remnant lipoprotein particles via unregulated scavenger receptors. Later, smooth muscle cells infiltrate the arterial intima and their proliferation within the intima fosters the development of advanced lesions.

Unsurprisingly, a significant risk factor for the development of atherosclerosis is raised plasma LDL, which is prone to oxidation and is the main source of cholesterol accumulating in the arteries during endothelium injury. The statin class of drugs, often in combination with the cholesterol absorption inhibitor ezetimibe, helps prevent early morbidity or death by lowering plasma cholesterol [3•]. However, these drugs do not rectify low levels of atheroprotective high-density lipoproteins (HDL), an equally important risk factor for the development of this condition, and rarely regress atherosclerotic lesions. Alternative strategies to combat occlusive CVD are still urgently needed for many patients [4•].

Somatic gene therapy promises a treatment and cure for many genetic, endocrine and metabolic diseases, including atherosclerosis, where a gene is defective or where its overexpression is therapeutic. Circulating proteins are attractive targets for genetic manipulation. Plasma apolipoprotein E (ApoE) is a 34-kDa polymorphic glycoprotein largely secreted by liver (~ 90%), although other tissues including macrophages contribute to its secretion. The rarest isoform, ApoE2 differs from wild-type ApoE3 by an Arg158Cys substitution and causes recessive Type III hyperlipidemia, while ApoE4 (Cys112Arg) produces a dominant hyperlipidemia and is a significant risk factor for CVD [5•,6•]. The present review will discuss ApoE3 as a candidate gene therapeutic to counteract dysfunctional ApoE isoforms and also, importantly, for the widespread treatment of hyperlipidemia and atherosclerosis. The integral part that ApoE3 plays in maintaining cholesterol and lipoprotein homeostasis will be summarized, before highlighting its diverse lipid-independent functions, which help protect against atherogenesis. Mouse models of ApoE deficiency will be described together with their potential for the preclinical testing of ApoE3 gene therapeutics, before summarizing the indirect evidence for the benefits of ApoE gene therapy. Finally, the viral and non-viral delivery systems that have been used for ApoE gene transfer will be described, as well as gene repair strategies for correcting the dysfunctional ε2 and ε4 alleles.

Atheroprotective functions of ApoE related to lipid metabolism

ApoE is intimately involved in the metabolism of dietary lipids, which enter the circulation as large triglyceride-rich chylomicron particles. Following lipolysis, cholesterol-rich and potentially atherogenic remnants are left, which depend on ApoE for rapid hepatic clearance via the LDL receptor (LDLR) and LDL-receptor-related protein (LRP). Although ApoE3 and ApoE4 have similar binding capabilities, ApoE2 is defective with only 2 and 40% binding activity to the LDLR and LRP, respectively. This function is verified by the gross hypercholesterolemia and premature atheroma seen in ApoE-deficient (ApoE^{-/-}) mice, or in transgenic mice expressing dysfunctional ApoE [7•]. ApoE also has several contributory roles in 'reverse cholesterol transport', the atheroprotective HDL-dependent pathway through which

excess cholesterol in peripheral tissues, including arteries, is carried to the liver for biliary excretion. Such maintenance of cholesterol homeostasis in cells, particularly macrophages, is fundamental to preventing foam cell formation and atherogenesis. Efficient efflux from cells depends on the ATP-binding cassette (ABC) transporters ABCA1 and ABCG1, but 'lipid-poor' ApoAI- and ApoE-containing particles (pre- β 1 HDL and γ -LpE, respectively) are avid initial acceptors of cellular cholesterol. As macrophages secrete ApoE, but not ApoAI, at lesion sites, ApoE may be the dominant acceptor in clearing cholesterol from arteries. Furthermore, ApoE can facilitate HDL maturation by activating lecithin-cholesterol acyltransferase, cholesteryl ester transfer protein (CETP) and hepatic lipase, and may also stimulate the selective uptake of HDL-C esters via the hepatic scavenger receptor B1 [6•].

Atheroprotective functions of ApoE unrelated to lipid metabolism

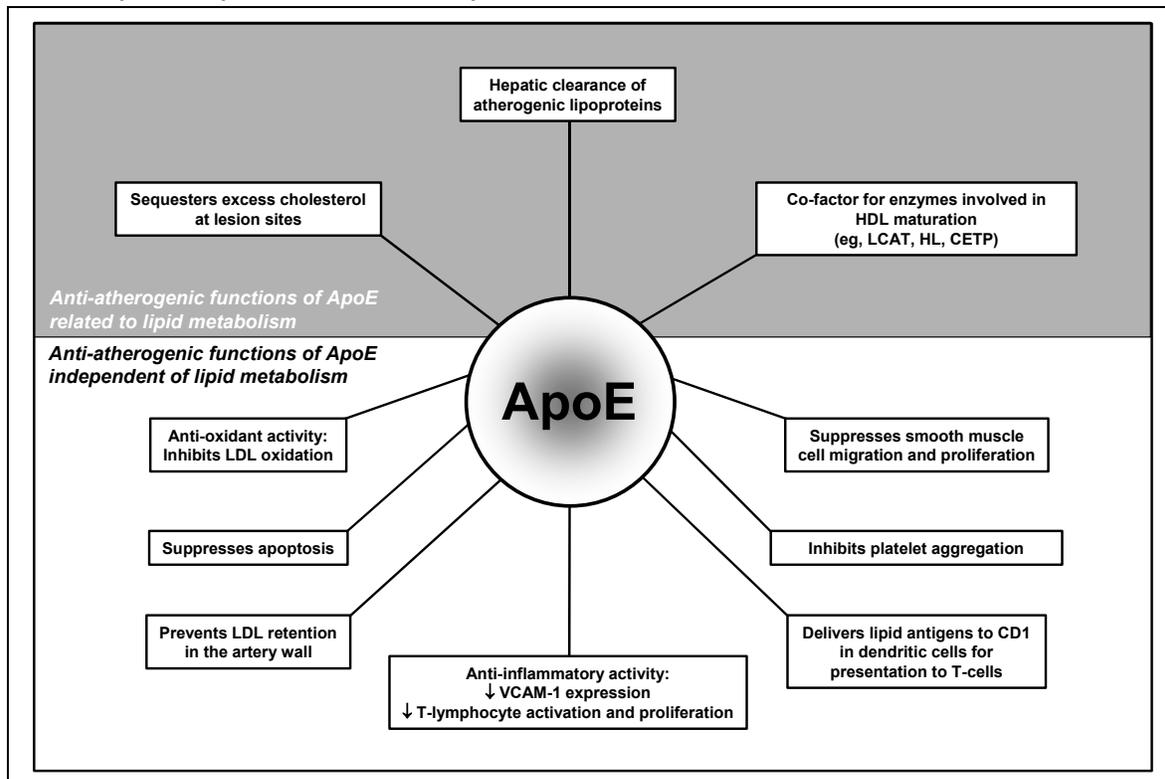
Several biological functions of ApoE unrelated to lipid transport have been identified, which are increasingly recognized as making significant contributions to its anti-atherogenic activity [5•,6•,8•] (Figure 1). These include ApoE-mediated inhibition of platelet aggregation [9] and smooth-muscle-cell migration and proliferation [10•], as well as diverse actions to suppress different stages of the inflammatory response [11-13]. ApoE is also reported to impede subendothelial LDL retention, which is an early pro-

atherogenic event [14], and to protect against oxidative stresses [15] and apoptosis [16]. The pathophysiological significance of these observations is supported by transgenic mice studies in which low-level ApoE expression provides atheroprotection in ApoE^{-/-} animals without reducing hyperlipidemia [8•,17•]. Importantly, Raffai *et al* have provided compelling evidence that ApoE also induces regression of pre-existing atherosclerotic lesions, independently of lowering plasma cholesterol [18••].

Mouse models of ApoE deficiency

Mice resist atherosclerosis, and the most susceptible strain, C57BL/6J, develops only small immature fatty streak lesions with largely lipid-laden foam cells, when fed a pro-atherogenic diet [7•]. Hence, despite their many advantages, the use of mice in atherosclerosis research remained limited until the availability of genetically modified animals. A key impetus was the generation of ApoE^{-/-} mice, which are grossly hypercholesterolemic on a normal chow diet and spontaneously develop widespread fibroproliferative lesions [19••]. These early lesions evolve into advanced complex plaques with smooth muscle cell caps and necrotic cores – a pathological progression that parallels the human disease. Indeed, on moderately fatty diets ApoE^{-/-} mice exhibit atherosclerotic plaque rupture [20•], the principal cause of coronary artery thrombotic occlusion and subsequent myocardial infarction in humans. This animal has emerged,

Figure 1. The multiple atheroprotective functions of ApoE.



The anti-atherogenic properties of ApoE are divided into those related (shaded area) and those unrelated to lipid metabolism (unshaded area). **CETP** cholesteryl ester transfer protein, **HDL** high-density lipoprotein, **HL** hepatic lipase, **LCAT** lecithin-cholesterol acyltransferase, **LDL** low-density lipoprotein, **VCAM** vascular cell adhesion molecule.

therefore, as the premier model of human atherogenesis, most recently for gene expression profiling during plaque progression [21] and for proteomic/metabolomic analyses of atherosclerotic vessels [22]. In addition, as described in the following section, ApoE^{-/-} mice are an excellent preclinical model for evaluating the therapeutic potential of ApoE gene transfer in human genetic dyslipoproteinemias.

Transgenic mice that overexpress common and rare isoforms of human ApoE have been produced [7•]. Although recessive Type III hyperlipoproteinemia is seen in humans homozygous for the *APOE2* gene, dominant inheritance occurs with several rare ApoE variants, including ApoE3^{Leiden} where a single defective allele is sufficient for development of the condition. Like ApoE2, ApoE3^{Leiden} is binding-defective because an extra seven-amino-acid tandem repeat sequence at residues 121 to 127 causes a conformational change in the protein. However, while ApoE3^{Leiden} transgenic mice are hyperlipidemic and very responsive to high-fat diets, ApoE2 transgenics exhibit the hyperlipidemic phenotype only in the absence of endogenous mouse ApoE. Thus, in mice, the ApoE2 and ApoE3^{Leiden} mutations behave as recessive and dominant inheritances, respectively, which parallels the situation in patients [7•]. Knock-in mice in which the endogenous mouse ApoE gene has been replaced with one of the common human ApoE isoforms have also been created. Human ApoE3 and ApoE4 homozygous mice were essentially normolipidemic, though less able to resist diet-induced atherosclerosis than wild-type mice [23,24]. However, mice expressing human ApoE2 had many characteristics of Type III hyperlipoproteinemia, including defective clearance of remnant lipoproteins and spontaneous development of atherosclerosis on a normal chow diet [25].

ApoE gene therapeutics: Gene transfer vector systems

Bolus infusions of plasma-purified or recombinant ApoE protein markedly reduced plasma cholesterol levels in rabbits with genetic or diet-induced hypercholesterolemia, while a longer-term study prevented progression of atherosclerosis [26•]. This early preclinical evidence endorses the human *APOE* gene as a strong candidate for therapeutic manipulation. Similarly, synthetic peptide mimics of the ApoE-binding region cleared cholesterol-rich lipoproteins in ApoE^{-/-} mice [27•], while transgenic mice overexpressing ApoE were protected from diet-induced or diabetic hyperlipidemia [28,29]. In addition, macrophage-restricted expression of ApoE in transgenic mice [30], or in ApoE^{-/-} mice following transplantation of wild-type bone marrow [31•,32•], has also been shown to inhibit atherogenesis. Taken together, these data provide indirect support for developing systems that could allow for the therapeutic gene delivery of ApoE to treat hyperlipidemia and atherosclerosis.

Recombinant adenovirus vectors

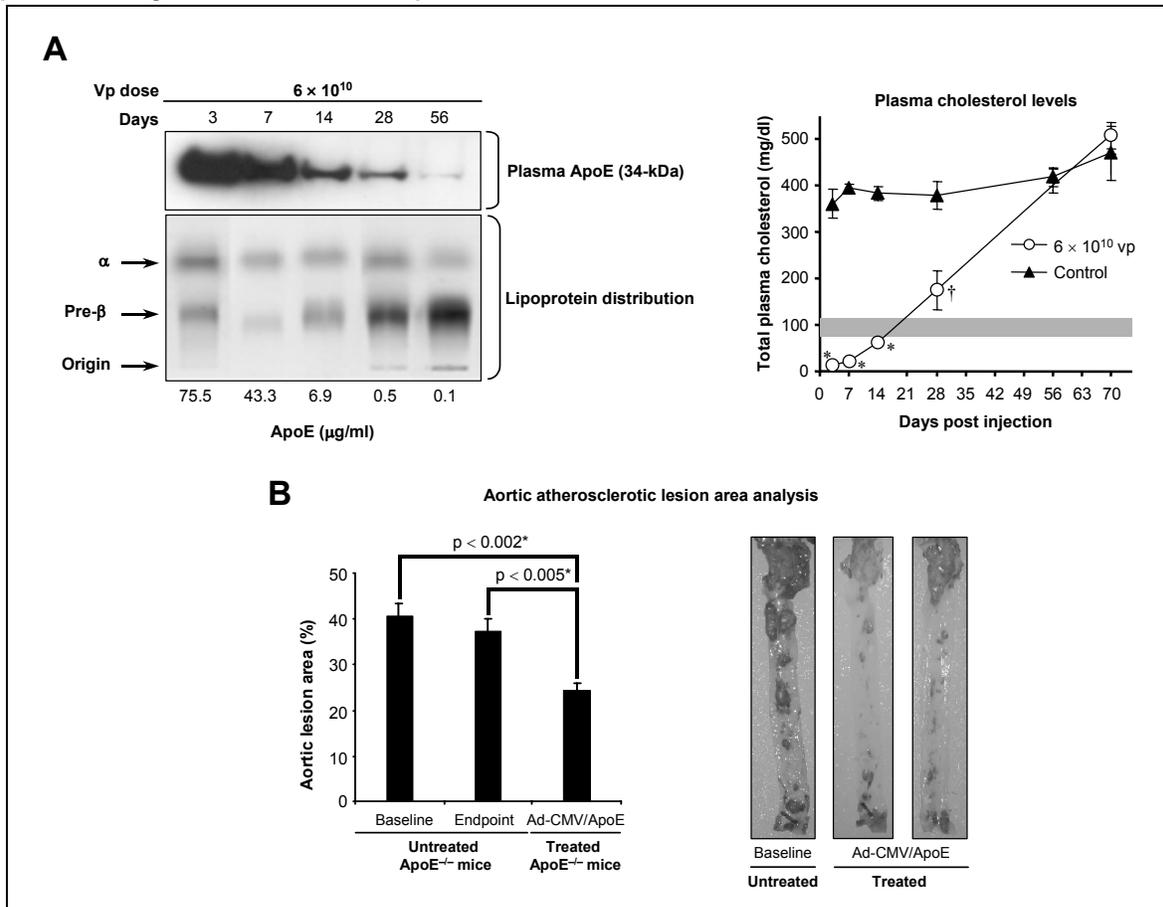
The first ApoE gene transfer studies were reported ten years ago using recombinant adenovirus (rAd) serotype 5 vectors. These vectors produced substantial amounts of plasma ApoE following intravenous injection into ApoE^{-/-} mice, which lowered plasma cholesterol and after 1 month had slowed aortic atherogenesis [33•]. Adenoviruses consist of a non-enveloped, icosahedral capsid containing a linear double-

stranded DNA genome that exists and propagates predominantly as extrachromosomal episomes. Although rAd vectors have wide tissue tropism, and infect both dividing and quiescent cells, they routinely deliver foreign DNA sequences into mammalian liver with near 100% efficiency following systemic administration. Unfortunately, the therapeutic effect of these first-generation vectors, which only had deletions in no more than two early genes (E1 and E3), was transient; a strong cytotoxic T-cell immunological response was triggered by residual low-level viral gene expression. This immune response led to clearance of transduced hepatocytes and precluded repeat vector administration. To circumvent this barrier, ApoE^{-/-} and immunodeficient mice were cross-bred and then injected with a rAd vector expressing human ApoE3; not only was high plasma cholesterol normalized and atherogenesis halted, but 6 months after treatment the atherosclerotic plaque was virtually absent [34•]. This study confirmed the potential of ApoE gene therapy to regress advanced atherosclerosis.

Second-generation rAd vectors contain additional viral genome sequences deleted or inactivated in other early genes (E2 and/or E4) and show reduced toxicity and prolonged transgene expression. One such vector has a temperature-sensitive mutation in the E2A region and has been shown to allow sustained human ApoE expression, which normalizes the plasma lipoprotein profile in ApoE^{-/-} mice [35]. Significantly, such liver-secreted ApoE gains access to the arterial intima, where it can potentially sequester excess cellular cholesterol and exert its diverse non-lipid atheroprotective actions [36•]. Indeed, in a subsequent study, hepatic expression of human ApoE3 using this second-generation rAd vector directly induced regression of pre-existing atherosclerotic lesions without reducing plasma cholesterol or altering lipoprotein distribution. As this ApoE gene transfer strikingly reduced isoprostane levels, which are reliable markers of lipid peroxidation and oxidative stress *in vivo*, it was concluded that the intrinsic antioxidant properties of ApoE were important contributors to its atheroprotective action [37•].

Deletion of the adenoviral polymerase gene is reported to minimize virus-derived gene expression [38•,39•] and further refinements of this second-generation vector include an additional deletion of the pre-terminal protein (pTP) gene from the rAd genome [40•]. We have used the [E1-, E3-, polymerase-] rAd vector with the strong cytomegalovirus (CMV) promoter to drive human ApoE3 expression [38]. High levels of plasma ApoE were achieved initially, which normalized the hyperlipidemia in ApoE^{-/-} mice (Figure 2A) and retarded early aortic lesions. Advanced atheroma in older animals could also be acutely regressed (Figure 2B). Nevertheless, ApoE transgene expression remained transient, as reflected in a rebound of the plasma cholesterol concentration and a return to a hyperlipidemic phenotype (Figure 2A). This effect was not due to an immune response, but to shutdown of the CMV promoter [41]. When the ubiquitous elongation factor-1 α mammalian promoter was used [42], or a liver-specific promoter to drive human ApoE3 expression in the [E1-, E3-, polymerase-, pTP-] rAd vector [43], no attenuation of plasma ApoE was noted and, though the concentrations reached were much lower, this sustained transgene expression produced significant retardation of atherosclerosis. These findings support the therapeutic potential of polymerase-deleted or polymerase/pTP-deleted rAd vectors.

Figure 2. Ability of liver-directed administration of a [E1-, E3-, polymerase-] rAd vector expressing human ApoE to reduce hyperlipidemia and regress atherosclerosis in ApoE^{-/-} mice.



(A) Young mice (6 to 8 weeks) were injected intravenously with Ad-CMV/ApoE (6×10^{10} virus particles [vp]; $n = 4$) and their plasma was analyzed at varying times for ApoE (Western blotting and ELISA), lipoprotein distribution (agarose gel electrophoresis) and total cholesterol. Lipoprotein distribution represents the electrophoretic separation, from the origin, of lipoprotein subclasses α and pre- β by their electrophoretic migration properties. The shaded horizontal bar in the graph indicates the range of plasma cholesterol levels found in wild-type mice (90 ± 13 mg/dl; mean \pm SD), while differences between the Ad-CMV/ApoE-treated group and untreated ApoE^{-/-} mice were analyzed by Student's unpaired *t*-test: † = $p < 0.05$; * = $p < 0.001$. (B) Old ApoE^{-/-} mice (10.5 months) were similarly injected (2×10^{10} vp; $n = 4$) and 4 weeks later their aortae stained *en face* for lipid deposition using Oil Red O. The percentage lesion area (mean \pm SEM) was compared with untreated mice at baseline ($n = 5$) and endpoint ($n = 4$) by Student's unpaired *t*-test; representative stained aortae are also shown, to the right of the bar chart. Additional details may be found in reference [41]. **Ad** adenovirus, **ApoE** apolipoprotein E, **CMV** cytomegalovirus.

Nevertheless, the introduction of helper-dependent rAd (HD-rAd) vectors [44•], in which all viral genes are deleted, has been the most significant advance to reduce rAd vector-related toxicity and immunogenicity *in vivo* [45•,46•,47••]. Although these HD-rAd vectors, sometimes termed 'last generation' or 'gutless' rAd vectors, still induce innate immune responses against the vector capsid, they display prolonged transgene expression because they are devoid of all viral coding sequences. This feature removes the trigger for the adaptive immune response that would otherwise lead to complete clearance of rAd-transduced cells. In addition, HD-rAd vectors can accommodate 36 kb of DNA, allowing for the incorporation of transgene cassettes containing genomic loci, which generally outperform cDNA expression constructs [45•,46•,47••]. Thus, a single injection of an HD-rAd vector carrying the mouse ApoE genomic locus into ApoE^{-/-} mice gave high-level stable expression of

ApoE and provided lifelong (~ 2.5 years) correction of genetic deficiency, whereas an HD-rAd carrying an ApoE cDNA expression cassette was less effective, giving lower plasma ApoE which slowly declined over time, resulting in partial rebound to the hypercholesterolemic phenotype [47••]. Intriguingly, HD-rAd vectors also show episomal persistence compared with first-generation vectors, while their administration by systemic hydrodynamic high-volume injection increases hepatic transduction with minimal dissemination to other tissues/organs and gives a less severe innate inflammatory response [48]. This observation suggests that liver-directed gene therapy may be improved if vector dissemination is preferentially, if not exclusively, restricted to liver. Although systemic hydrodynamic delivery to the liver is not feasible in a clinical setting owing to a cardiovascular risk, it may be possible to restrict vector delivery by surgically isolating the

liver [49], or by direct administration via branches of the portal vein [50•]. As yet, however, clinical trials are not possible until HD-rAd vectors can be produced completely free of helper virus, which is currently required to supply *in trans* the essential viral proteins needed for genome replication, packaging and capsid formation [44•].

Recombinant adeno-associated virus vectors

Adeno-associated viruses (AAV) are a family of replication-defective parvoviruses containing a linear single-stranded DNA genome. Wild-type AAV integrates into the AAVS1 site located on human chromosome 19q using the nicking activity of viral Rep68/78 proteins [51]. Recombinant AAV (rAAV) is considered the safest viral vector. Wild-type AAV is not associated with human disease and rAAV rarely integrates and forms in target cells intermolecular concatemers that are responsible for long-term episomal persistence and stable transgene expression [52,53]. Indeed, in muscle, high and stable transgene expression is reported without an immune response. Nonetheless, when we injected a rAAV vector expressing human ApoE3 into the TA muscle of ApoE^{-/-} mice, we were unable to detect ApoE in plasma, although antibodies against the protein were evoked. This gene transfer did not affect the hyperlipidemia, but nevertheless did significantly reduce atherosclerotic plaque density [54•]. These findings suggest that low levels of circulating ApoE can protect against atherosclerosis progression. This study utilized a rAAV vector derived from AAV serotype 2, which transduces cells very efficiently *in vitro*. More recently, rAAV vectors based on alternative AAV serotypes have been evaluated and show great promise to significantly improve transduction efficiencies *in vivo*.

To date, 11 different serotypes (designated AAV1 to AAV11) and over one hundred genomic variants of AAV from human and non-human primate samples have been identified. Their isolation has led to the development of new pseudotyped rAAV vectors; specifically, capsids of alternative AAV serotypes harboring a rAAV serotype 2 genome. These vectors have strikingly improved performances *in vivo* and tissue tropisms are largely different from AAV serotype 2. Such vectors have allowed effective transduction of therapeutically relevant targets, including rAAV2/8 to transduce liver [55•,56,57] and rAAV2/1, rAAV2/6, rAAV2/7 and rAAV2/8 to transduce muscle cells [55•,58-60]. For example, liver-directed administration of an rAAV2/8 vector encoding human ApoE into ApoE^{-/-} mice produced normal human levels (50 to 80 µg/ml) of plasma ApoE [12]. In contrast to serotype 2, these different AAV serotypes uncoat more rapidly, a feature thought to account for their greater transduction efficiencies, as it enhances annealing of single-stranded plus and minus rAAV genomes into stable, transcriptionally active double-stranded DNA molecules [61]. Similarly, the introduction of self-complementary rAAV (scAAV) vectors, which circumvent the need for annealing of rAAV vector genomes (Figure 4), allows a more rapid and higher level of transgene expression [62•,63•].

These important advances, and the realization that neutralizing antibodies against the newly discovered AAV

serotypes occur less frequently than against serotype 2 [55•], have provided the impetus to instigate clinical trials using different serotypes. Anion-exchange chromatography has been developed to purify the different AAV serotypes [64•]. This process produces biologically potent rAAV stocks and is readily scaled-up, which facilitates the transition to extensive *in vivo* studies (including larger animals and non-human primates) that are a prerequisite to well-designed clinical trials. The use of insect cells, rather than human HEK293T cells, has also been suggested to produce pseudotyped rAAV vectors, as this system is amenable to large-scale clinical manufacturing [65•]. However, one concern prior to widespread clinical assessment, is the possibility of rAAV chromosomal integration. This event occurs at very low frequency compared with episomal retention, but in mouse liver rAAV2/2 is reported to preferentially integrate into active genes [66]. Whether this holds true for other serotypes or other animals is uncertain, although interestingly, rAAV integrants could not be detected following rAAV2/2-mediated transduction of skeletal muscle [67].

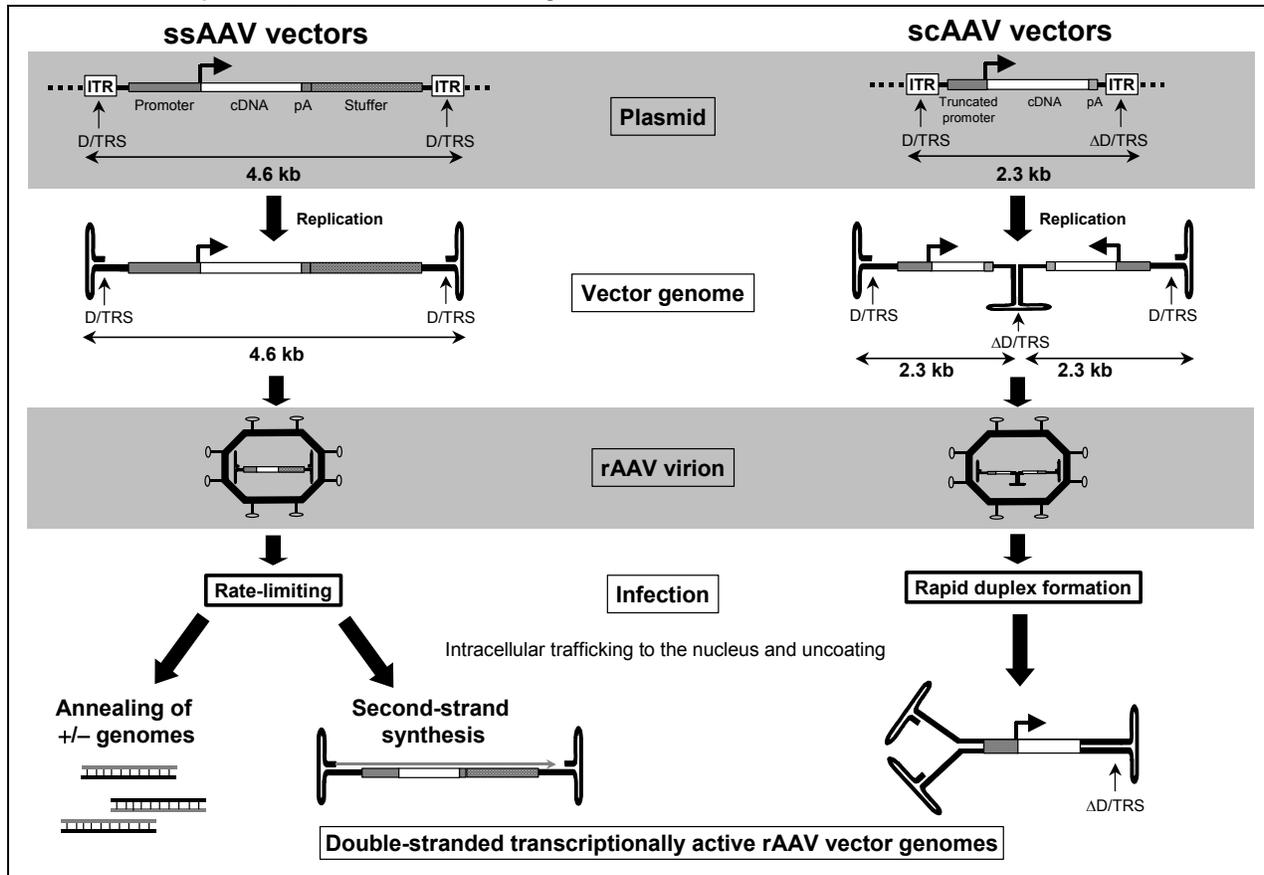
Non-viral gene transfer

Plasmids

Plasmids have low immunogenicity, can be manufactured in quantity and to high purity, and are expressed episomally, thereby making insertional mutagenesis highly unlikely. Skeletal muscle is highly vascularized and is an effective secretory platform for circulating proteins by gene transfer; it represents an alternative therapeutic target to liver, being an accessible and stable tissue with little nuclear turnover. Although muscle does not normally secrete ApoE, non-hepatic-, non-macrophage-derived ApoE is known to be atheroprotective [17•,68]. Indeed, intramuscular injection of a naked plasmid DNA vector expressing human ApoE3 into ApoE^{-/-} mice, gave modest, but sustained lowering of plasma cholesterol [69]. Moreover, our own plasmid injections inhibited formation of xanthoma and atherosclerotic plaque, although we found no reduction in hyperlipidemia [70].

Skeletal muscle fibers are surrounded by several structures, including an extracellular matrix and connective tissue, which form barriers against efficient plasmid transfer. However, hyaluronidase pre-treatment of muscle in conjunction with electropulsing (electroporation) can markedly improve plasmid transfection [71]. We assessed this combination by injecting a plasmid vector containing a CMV enhancer/chicken β-actin (CAG) promoter to drive human ApoE3 expression into tibialis anterior (TA) muscles of ApoE^{-/-} mice. Western blotting revealed ApoE protein only in electropulsed muscle (Figure 3A). Two muscle-specific promoters (CK6 and C512) were also tested, but produced significantly less ApoE than the CAG vector (Figure 3B). Moreover, the hyperlipidemia was not ameliorated in these preliminary experiments, despite enhanced ApoE expression by electrotransfer, suggesting that a more efficient delivery vector is needed to reach full therapeutic levels of plasma ApoE.

Figure 3. Comparison of recombinant self-complementary AAV and conventional single-stranded AAV vector genomes in the plasmid and in vector particles, and after infection of target cells.



The schematic illustrates how single-stranded adeno-associated virus (**ssAAV**) and self-complementary adeno-associated virus (**scAAV**) vectors differ in the size of their transgene cassettes, in replication and packaging into viral particles, and in the formation of transcriptionally active recombinant AAV (**rAAV**) genomes. Both vectors are flanked by the AAV inverted terminal repeats (**ITR**), which assume a 'T'-shaped configuration through base-pairing of palindromic sequences upon replication of rAAV vector genomes. The right-hand ITR of scAAV vectors is mutated by deleting the terminal resolution site (**TRS**) and the D-sequence (**ΔD/TRS**). Replication initiates, therefore, from the left-hand ITR, proceeds through the mutant end without terminal resolution and, using the opposite strand as template, continues back across the genome to create a dimer. The end result is a self-complementary genome with a central mutant ITR, but two wild-type ITRs at each end, which is replicated and packaged in the normal way [62•]. However, the scAAV transgene cassette must be half the size of conventional ssAAV vectors, which is achieved by using truncated promoters [63•] and/or removing non-coding sequences (such as 'stuffer' DNA is often introduced into ssAAV vectors to ensure an optimal ~ 4.6 kb packaging size). Following infection, the released vector genomes must avoid degradation and be converted into double-stranded transcriptionally active DNA. Annealing of plus and minus genomes, and perhaps second-strand synthesis, is required for ssAAV-mediated transduction with both pathways considered rate limiting. However, for scAAV vectors the complementary sequences rapidly hybridize to form stable DNA duplexes.

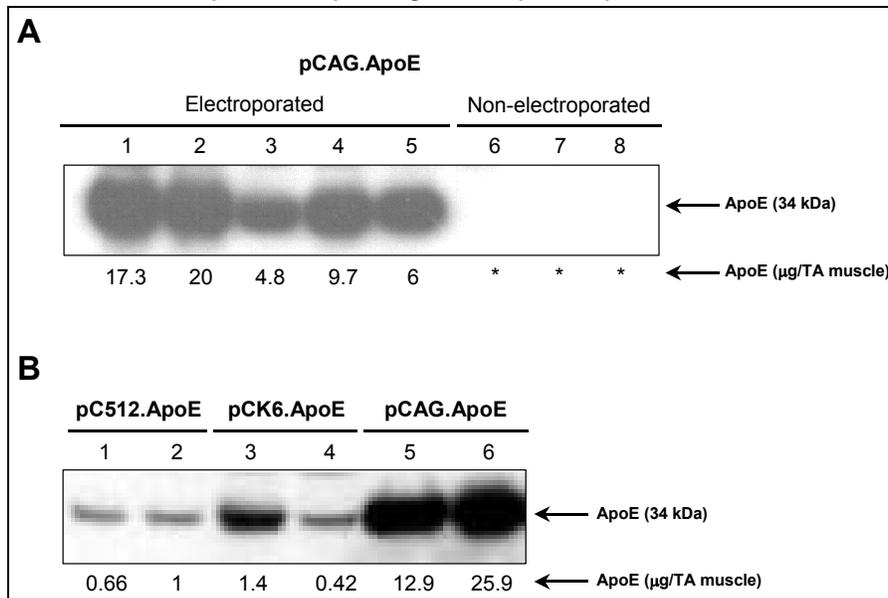
Cell-based therapy

Restoration of ApoE expression by transplanting normal (ApoE^{+/+}) bone marrow cells into ApoE^{-/-} mice reverses their hypercholesterolemia and prevents atherosclerosis progression [31••,32••]. Conversely, irradiated wild-type mice transplanted with bone marrow cells from ApoE^{-/-} mice develop more severe atherosclerosis on a high-fat diet than animals transplanted with normal bone marrow. Studies in which ApoE^{+/+} bone marrow was mixed with ApoE^{-/-} bone marrow in increasing amounts and transplanted into ApoE^{-/-} recipient mice, indicate that only approximately 1 μg ApoE/ml plasma (2.5% of normal levels) is required to fully reduce plasma cholesterol [72•]. This observation has encouraged cell-based therapeutic approaches, most notably using ApoE-expressing retroviruses

to transduce ApoE^{-/-} bone marrow cells *ex vivo* for transplantation into ApoE^{-/-} recipient mice. Initial studies have shown ApoE expression from arterial macrophages and protection from early atherosclerosis [73,74], while an improved self-inactivating retroviral vector with macrophage-restricted expression produced sufficient ApoE to reverse both hypercholesterolemia and atherosclerotic lesion progression [75].

A different strategy employs *in vivo* ApoE-secreting mini-organs. One study embedded recombinant endothelial cells secreting human ApoE3 in Matrigel (a solubilized basement membrane preparation) for intradermal injection into ApoE^{-/-} mice; plasma cholesterol was halved for over 3 months and atherosclerotic plaque was reduced [76]. In another

Figure 4. Intramuscular electrotransfer of plasmids expressing human ApoE in ApoE^{-/-} mice.



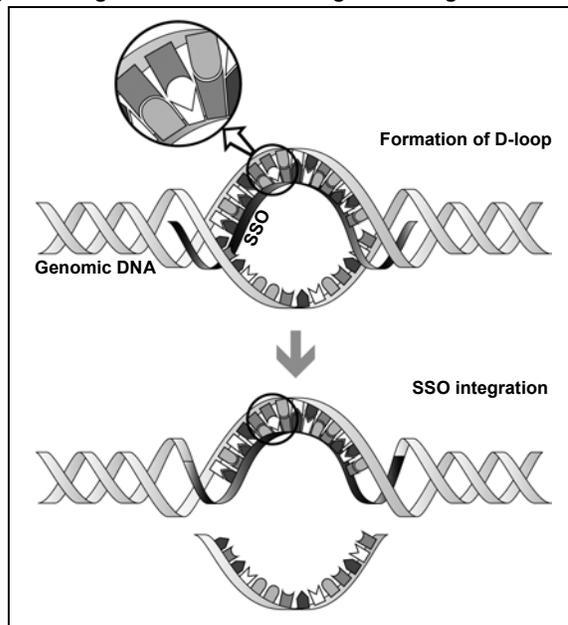
Tibialis anterior (TA) muscles of apolipoprotein E (ApoE)^{-/-} mice were pre-injected with bovine hyaluronidase and then were injected with an ApoE expression plasmid (20 μg) immediately followed by an electrical pulse (electroporation). One week later, each muscle was excised and proteins extracted for ApoE analysis by Western blotting and ELISA. **(A)** Mice were injected with pCAG.ApoE3 with (lanes 1 to 5) and without (lanes 6 to 8) electroporation. * Muscle ApoE below the sensitivity limit of the ELISA for accurate quantification. **(B)** Expression of ApoE following intramuscular electrotransfer of pCK6.ApoE3 and pC512.ApoE3 compared with pCAG.ApoE3.

investigation, we encapsulated engineered Chinese hamster ovary (CHO) cells expressing human ApoE3 into porous alginate-based microspheres, which allow nutrients to enter and ApoE to egress, but protect the cells from immune surveillance. These microspheres were implanted into the peritoneum of ApoE^{-/-} mice and gave circulating levels of ApoE that in the first few days reduced total plasma cholesterol, whilst increasing atheroprotective HDL [77•]. While we were encouraged by these findings, it was clear that the technology must be improved and refined before routine use, particularly for long-term treatment to retard or to regress atherosclerosis.

Gene editing

During the last decade, a radical alternative to gene transfer has emerged with the prospect of permanent cure in many genetic diseases: *targeted gene repair*. This elegant strategy aims to correct underlying point mutations *in situ* and initially involved the use of synthetic RNA:DNA oligonucleotides, termed RDOs or chimeraplasts. These oligonucleotides were designed to hybridize specifically to defective DNA, enabling the cell's own mismatch machinery to recognize and repair the faulty DNA (Figure 5). We pioneered the technology for CVD, showing that 68-mer RDOs efficiently converted dysfunctional ApoE2 to wild-type ApoE3 in recombinant CHO cells by directing a C→T nucleotide substitution. The correction was verified by gene sequencing and by isoelectric focusing analysis of secreted protein, while prolonged passaging and cloning of cells showed that the corrected allele was stably maintained [78••].

Figure 5. Oligonucleotide-mediated gene editing.



A synthetic single-stranded all-DNA oligonucleotide (SSO) is designed to hybridize perfectly to the wild-type sequence of the mutated gene. The resulting mismatch (D-loop) with the point mutation (circled inset) allows the cell's own repair activity to recognize and correct the genomic defect. Several mechanisms have been proposed, but, as illustrated here, physical incorporation of SSO sequences into the genomic site to 'replace' the region around the mutant base is favored as the initial step [101]. As yet, subsequent events to carry out the genomic DNA repair remain poorly understood, although there is evidence that specific pathways are involved.

However, despite these encouraging findings, our attempts to extend the work and correct the dysfunctional human $\epsilon 4$ allele to the $\epsilon 3$ allele, and vice-versa, in recombinant CHO cells and in EBV-transformed lymphocytes from patients have disappointed. Conversions were noted by polymerase chain reaction (PCR)/restriction fragment length polymorphism analyses, but were unstable and corrected clones could not be isolated [79,80]. Although we ruled out PCR artifacts for the initial repair [79], we cannot yet explain our failure; as noted elsewhere [81], gene-editing technology remains inconsistent and difficult to reproduce. Our initial conclusion was that manufacturing changes had produced poorer quality reagents [79,82]; in turn, this led to the use of higher amounts of RDO and delivery vehicle to achieve repair, opening the possibility of cytotoxic/apoptotic actions. An intriguing alternative, or co-possibility, is that cells have effective defense mechanisms that counteract targeted genome sequence alterations by blocking the cell-cycle progression, in this case of corrected cells [83]. Notwithstanding, many workers now use single-stranded all-DNA oligonucleotides (SSOs) and studies targeting a sensitive reporter gene suggest that 1 to 2% of corrected cells are able to escape G2/M arrest and go on to produce viable colonies [83]. If this finding is reproducible and viable, edited cells can be isolated, then the technology will have great value for manipulating cells *in vitro*, including the generation of new clonal cell lines.

Conclusion

Despite improved cardiovascular pharmaceuticals, there is still no drug that efficiently reverses atherosclerotic pathology. In this article we review the potential of human ApoE3 gene therapy as a generic treatment for hyperlipidemia and atherosclerosis, as well as its ability to counteract ApoE dysfunction or deficiency, though inferences must be tempered with the recognition that only preclinical data are available and that CVD is a chronic disease of multifaceted origin. There are also important practical considerations. Efficient delivery of the human ApoE3 transgene to the target tissue or organ is needed, without widespread vector dissemination or induction of harmful side effects. The liver, which secretes 90% of plasma ApoE, would seem the preferred target, particularly as liver-derived ApoE is known to infiltrate the arterial wall [36•,37•]. However, the recent development of macrophage-restricted vectors [58] makes *ex vivo* transduction of hematopoietic stem cells (HSCs) an attractive option, while muscle is an accessible and stable tissue. Choosing the optimal vector is also problematic; as we reiterate below, each has inherent characteristics that confer specific advantages and disadvantages.

Adenovirus-based therapies remain attractive, despite a tragic death in 1999 resulting from an acute phase immune response [84]. HD-rAd vectors have low immunogenicity and much potential [47••], provided current limitations of inefficient production and helper virus contamination can be overcome. Recent innovative protocols show promise, improving yields and reducing helper-virus and replication competent adenovirus (RCA) contaminants in HD-rAd vector stocks [44•]. The new AAV isolates are also attracting

much attention for safe, specific and effective gene transfer; in particular, rAAV-7 for muscle and rAAV-8 to transduce liver or muscle cells. Indeed, the most recent report demonstrates that intravenous injection of rAAV2/8 or rAAV2/7 vectors expressing human ApoE3 produce sustained therapeutic levels of liver-directed ApoE3 in plasma, which normalizes the plasma lipoprotein profile in ApoE^{-/-} mice and completely prevents atherosclerosis at one year [85••]. Moreover, it appears possible to select for rAAV vectors with specific, enhanced properties by screening a library of capsid mutants [86], while the 4.7-kb packaging constraint of rAAV can be overcome by using trans-splicing and overlapping vector constructs, which then re-assemble a split gene within the target cell [87]. Hybrid AAV/Ad vectors also have high capacity and combine efficient rAd transduction with the sustained transgene expression of rAAV [88].

New techniques for viral gene purification and delivery are in development. Laboratory-scale production of rAd and rAAV using commercial membrane-based kits give a similar yield and purity to standard density-gradient ultracentrifugation using CsCl₂ (rAd or rAAV) or iodixanol (rAAV) [89•], while large-scale manufacture by anion-exchange chromatography gives a high-purity recombinant virus with increased biological potency [90•]. Polymeric coatings are proposed for shielding viral vectors from neutralizing antibodies and also permit incorporation of targeting ligands to give cell-specificity [91]. Alternative approaches to circumvent pre-existing immunity to human rAd vectors include the generation of animal-derived adenoviral vectors [92,93] and the engineering of key immunogenic epitopes on the hexon capsid protein of rAd serotype 5 vectors to evade neutralizing antibodies [94••]. Specific retargeting of rAAV or rAd vectors has been achieved by inserting phage-display-derived peptides into appropriate surface-exposed sites of the capsid. This process permits efficient and selective transduction of human vascular endothelial cells and smooth muscle cells [95•], while a mix of genetic and chemical capsid modifications are also possible, allowing coupling of protein as well as non-protein ligands [96,97].

Safety considerations have revived interest in non-viral DNA ('naked' DNA) delivery. Noteworthy advances include the use of minicircle DNA vectors devoid of bacterial sequences that give robust and persistent transgene expression [98], and the design of plasmids that carry a scaffold/matrix-attached region for long-term episomal gene expression [99]. Of equal importance is improved delivery efficiency, including to the liver, by rapid, high-volume injection (ie, hydrodynamic transfection) via systemic [100] or regional routes [50•], or to muscle by electric and/or ultrasound pulsing of injection sites [101].

Although the above gene addition strategies hold significant promise, they nevertheless have inherent shortcomings compared to the ideal therapeutic of safe and efficient gene repair or site-specific, targeted gene integration. Oligonucleotide-directed gene editing has under-performed ever since encouraging preliminary reports were published,

but systematic studies are underway to investigate basic repair mechanisms [102] and the causes of conversion instability. These investigations should clarify whether the technology can develop into a viable therapeutic. Integrating retroviral vectors have been widely used for stable gene transfer in proliferating cells, often HSCs, although there are concerns regarding insertional mutagenesis. Relevant to this review are lentiviral vectors for direct *in vivo* delivery because, unlike other retroviruses, they can transduce a high percentage of non-dividing cells, such as hepatocytes. Indeed, recombinant lentiviruses have delivered human ApoE2, E3 and E4 to a mouse model of Alzheimer's disease using direct intracerebral administration [103]. Other systems to direct naked DNA integration and stable transgene expression include transposons or phage integrases [104]. However, the most exciting development is targeted integration, which introduces transgenes using double-strand break technology to stimulate homologous recombination. Potentially, this recombination has specificity via engineered zinc-finger nucleases and hence can repair or modify endogenous genes efficiently. However, as emphasized elsewhere [105,106], significant challenges remain before the *in situ* repair of genetic mutations becomes a clinical reality.

Optimization of ApoE gene transfer has largely been achieved in ApoE^{-/-} mice, a convenient preclinical model of ApoE deficiency. However, to assess whether ApoE gene augmentation can be a generic treatment for hyperlipidemia and atherosclerosis (as suggested by infusion of ApoE protein [26•] and studies in transgenic animals [28,29]) alternative models are required. Such models might include the LDLR^{-/-} mouse, which shows significant reductions in aortic plaque following treatment with a second-generation rAd expressing human ApoE3 [37•,107•], and also fat-fed hamsters and the Watanabe heritable-hyperlipidemic (WHHL) rabbit. Hamsters are widely used to test hypolipidemic drugs because, unlike mice and rats, they synthesize CETP and have a similar lipoprotein profile to humans. The WHHL rabbit lacks functional LDLRs and develops a spontaneous atherosclerosis that resembles the pathology in human familial hypercholesterolemia. Such models can help evaluate treatment regimes. For example, low but sustained levels of plasma ApoE3 may protect against atherogenesis and combat hypercholesterolemia or ApoE deficiency, whereas high transient levels could be employed to acutely regress atherosclerotic lesions. ApoE3 gene transfer might also complement surgical procedures, such as coronary angioplasty for preventing restenosis and carotid endarterectomy for removing harmful plaque. However, it is important to monitor ApoE3 transgene expression because very low levels will fail to reverse hypercholesterolemia, while paradoxically supraphysiological levels promote hypertriglyceridemia [108]. Therefore, a relatively narrow therapeutic range of plasma ApoE3 is required for normolipidemia, suggesting that it will be prudent to construct expression vectors controlled by regulatable promoters. Although it is clear that there is much work ahead – in particular, regarding the optimizing of vectors and their delivery, and to critically test them in more rigorous models of CVD – the long-term aim

of bringing ApoE gene therapeutics into the clinic remains firmly on track.

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