

Additional File 1

The Engagement and Independence in Dementia Questionnaire (EID-O) and Positive Psychology Outcome Measure (PPOM)

Instructions

We would like to know how you have been feeling over the **past month**. Please answer the below questions by **circling one number** (0, 1, 2, 3 or 4) that most closely reflects how you have felt for each question. Please answer all the questions. If you are unsure, circle the number that is your best guess.

EID-Q					
	Not true at all	Rarely true	Sometimes true	Often true	True nearly all the time
1. I can look after myself as much as I need to	0	1	2	3	4
2. I have people who I can talk to if I need to	0	1	2	3	4
3. I have hobbies/ activities that I enjoy doing	0	1	2	3	4
4. I have a role in my social circle	0	1	2	3	4
5. I am a burden to others	0	1	2	3	4
6. I enjoy conversations with others	0	1	2	3	4
7. I can make my own decisions as much as I'd like to	0	1	2	3	4
8. There are people I could ask for help if I need to	0	1	2	3	4
9. I'm confident in making decisions	0	1	2	3	4
10. I am often ignored by those around me	0	1	2	3	4
11. I can do activities that are important to me	0	1	2	3	4

12. I can get in touch with friends/ family if I need to	0	1	2	3	4
13. People take decisions away from me	0	1	2	3	4
14. My friends/ family care about me	0	1	2	3	4
15. I can arrange my life in a way that suits me best	0	1	2	3	4
16. I can help the people I care about	0	1	2	3	4
17. I feel I am active in everyday life	0	1	2	3	4
18. I can take part in groups/ activities with others	0	1	2	3	4
19. I can adapt my wishes to be in line with what I can do	0	1	2	3	4
20. I feel that my friends/ family want to spend time with me	0	1	2	3	4
21. I can make changes to my life to match my abilities	0	1	2	3	4
22. I can confide in my friends/ family	0	1	2	3	4
23. I can get myself food if I need to	0	1	2	3	4
24. I can help my friends/ family as much as I would like	0	1	2	3	4
25. I keep myself busy with activities/ hobbies	0	1	2	3	4
26. I feel connected to others	0	1	2	3	4

We would like to know how you have been feeling over the **past month**. Please answer the below questions by **circling one number** (0, 1, 2, 3 or 4) that most closely reflects how you have felt for each question. Please answer all the questions. If you are unsure, circle the number that is your best guess.

PPOM					
	Not true at all	Rarely true	Sometimes true	Often true	True nearly all the time
I have a positive outlook on life	0	1	2	3	4
I can see positive things in difficult situations	0	1	2	3	4
I can recall happy/ joyful times	0	1	2	3	4
I have inner strength	0	1	2	3	4
I can give and receive care/ love	0	1	2	3	4
I have a sense of direction in life	0	1	2	3	4
I believe that each day has potential	0	1	2	3	4
My life has value and worth	0	1	2	3	4
I am able to adapt to things	0	1	2	3	4
I am able to deal with whatever happens	0	1	2	3	4
I am able to see the humorous side	0	1	2	3	4
I can cope with stress well	0	1	2	3	4
I can bounce back	0	1	2	3	4
I can stay focused	0	1	2	3	4
I am an emotionally strong person	0	1	2	3	4

I can handle unpleasant feelings	0	1	2	3	4
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