

## **Additional file: Topic guide**

### **1. Introduction**

- Introductions by interviewer; background, workplace
- Explain:
  - Nature and purpose of research
  - Who research is for and funded by
- Introduce audio recorder
- Stress confidentiality and anonymity and the option of withdrawing at any time
- Confirm information sheet read and consent form signed
- Check whether any questions

### **2. Detail on their undergraduate teaching in psychiatry**

- Where did they go to Medical School?
- What psychiatry teaching methods were used: lectures, ward/clinical, case discussions, role-play
- How much teaching on psychiatry did you have? (Block duration)
- When was it placed? Which year? Was it in a block? If so, how long was the block? Or was it integrated?
- Who taught psychiatry? And what were the teachers like; experience of good and bad teachers- explore
- Mentors – did anyone made a particular impression? Who? Why?
- Other activities that led to interest in psychiatry; elective, special study modules, groups-opportunities
- Attitude changes

### **3. Views on their undergraduate teaching on psychiatry**

- What are your views (positive/negative) on the teaching of psychiatry?
- Attitudes to psychiatry before and after teaching – how did they change?
- Did the teaching of psychiatry influence your career choice?
- Was it stimulating/interesting/distressing/frightening?
- Explore experiences

### **4. Understanding of the integrated curriculum**

- Understanding of this term
- Views on it and whether it is a good/bad idea and why

### **5. Factors that led to them choosing psychiatry as a career**

- Graduate entry
- When did they decide: Before/during/after medical school

-Interest - Explore further- When did this begin what triggered it? What aspect interested them and why?

-Teaching factors

-Experience

-Role model/mentor

-Other factors that have contributed

-Personal factors- lifestyle, personal view or experience of mental health

-Colleagues/friends

-Workload perceptions

#### **6. Motivators and barriers to choosing a career in psychiatry (more generally)**

-Motivators to recruitment?

-Barriers to recruitment?

-Motivators for staying in psychiatry?

#### **7. Suggestions about improving recruitment from the participant**

-For the curriculum and teaching

-In general: any other ideas

#### **8. Views on being a psychiatry trainee**

-Are they happy with their decision?

-What have been their experiences since been a speciality trainee?

-Have they met their expectations?

-Have they met any trainees who have left psychiatry training? And if so, do they know why they left?

#### **9. Close the interview**

- a. Anything else to add?
- b. Thank the participant
- c. Any questions about the research?
- d. Reassure confidentiality and anonymity
- e. Check if they want to be informed of findings