

SUPPLEMENTARY MATERIAL

Appendix 1— Specific life events* within the previous 6 months reported in the 2003 survey by the 367 participants and the number of participants reporting the same event within the previous six months in the 1998 survey.

Type of event	Life event in 2003 survey n	Same event in 1998 survey n (%)
Death of own child	1	0 (0)
Death of spouse	2	0 (0)
Emotional, physical or sexual violence	14	2 (14)
Severe illness in a family member	45	12 (27)
Death of mother	11	-
Major increase in marital problems	83	12 (14)
Divorce or separation	19	1 (5)
Severe conflicts with supervisor	36	9 (25)
Severe financial difficulties	77	31 (40)
Death of father	8	-
Severe injury	15	2 (13)
Severe conflicts with coworkers	37	6 (16)
Miscarriage (own or partner)	1	0 (0)
Death of close friend	35	4 (11)
Loss of job	27	3 (11)
Abortion (own or partner)	1	0 (0)
Breakup of long-term friendship	37	16 (43)
Death of another close relative	60	21 (35)
Unemployment of spouse	32	5 (16)

*Events listed by decreasing severity rating (for weights, see Vahtera et al. [28])