

1 Classification: *Biological Sciences, Developmental Biology*

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3 **Biomechanical coupling facilitates spinal neural tube closure in mouse embryos**

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5 **Short title:** Biomechanics of spinal neural fold closure

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25

26 **Abstract**

27 Neural tube formation in the spinal region of the mammalian embryo involves a wave of  
28 ‘zippering’ that passes down the elongating spinal axis, uniting the neural fold tips in the  
29 dorsal midline. Failure of this closure process leads to open spina bifida, a common cause of  
30 severe neuro-disability in humans. Here we combined a novel tissue-level strain-mapping  
31 workflow with laser ablation of live-imaged mouse embryos to investigate the biomechanics  
32 of mammalian spinal closure. Ablation of the zippering point at the embryonic dorsal midline  
33 causes far-reaching, rapid separation of the elevating neural folds. Strain analysis reveals  
34 tissue expansion around the zippering point following ablation, but predominant tissue  
35 constriction in the caudal and ventral neural plate zone. This zone is biomechanically coupled  
36 to the zippering point by a supra-cellular F-actin network which includes an actin cable  
37 running along the neural fold tips. Pharmacological inhibition of F-actin or laser ablation of  
38 the cable causes neural fold separation. At the most advanced somite stages, when  
39 completion of spinal closure is imminent, the cable forms a continuous ring around the  
40 neuropore and, simultaneously, a new caudal-to-rostral zippering point arises. Laser ablation  
41 of this new closure initiation point causes neural fold separation, demonstrating its  
42 biomechanical activity. Failure of spinal closure in pre-spina bifida *Zic2<sup>Ku</sup>* mutant embryos is  
43 associated with altered tissue biomechanics, as indicated by greater neuropore widening  
44 following ablation. Thus, this study identifies biomechanical coupling of the entire region of  
45 active spinal neurulation in the mouse embryo, as a pre-requisite for successful neural tube  
46 closure.

47

48 **Keywords:** Neural fold, biomechanics, F-actin, *Zic2*, neurulation, cytoskeleton,  
49 morphogenesis, strain-mapping, spina bifida, neural tube defects

50 **Significance statement:**

51 Neurulation has been intensively studied in lower vertebrates, but marked species differences  
52 call into question the relevance of these models for human neural tube (NT) closure. Here,  
53 using mouse embryos, we demonstrate that mammalian neural fold apposition results from  
54 constriction of the open posterior NT, which is biomechanically coupled to the zippering  
55 point by an F-actin network. Using the *Zic2* mutant model we show that genetic  
56 predisposition to spina bifida, which probably underlies most human cases, directly affects  
57 the biomechanics of closure. We also identify a novel NT closure point, at the caudal end of  
58 the embryo. Many spina bifida cases correspond to this anatomical portion of the NT,  
59 suggesting this new closure point may be important also in humans.

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## 62 **Introduction**

63 Neural tube defects (NTDs) are severe neurodevelopmental disorders which affect  
64 approximately 1 in every 1,000 births (1). NTDs arise due to failure of NT closure in early  
65 gestation. In mammals, NT closure initiates at multiple sites referred to as ‘closure points’,  
66 with Closure 1 at the hindbrain/cervical boundary initiating cephalic and spinal neurulation.  
67 Spinal NT formation involves a wave of ‘zippering’ that moves in a rostral-to-caudal  
68 direction along the elongating spinal axis (2-4). The region of closing NT caudal to the  
69 ‘zipper’ is called the posterior neuropore (PNP). It is composed of lateral neural folds that  
70 flank a midline neural plate which caudally contains bi-potential neuromesodermal  
71 progenitors (NMPs) (5). During spinal neurulation the neural folds elevate progressively and  
72 are apposed medially, uniting at the zippering point to create the roof of the newly-formed  
73 NT covered by surface ectoderm. Failure of this closure process leads to open spina bifida  
74 (myelomeningocele).

75 Failure of zippering at different somite levels results in spina bifida lesions of corresponding  
76 lengths. For example, *Zic2* loss of function (*Kumba* mutant) homozygous mutant mice, in  
77 which zippering fails around the 15 somite stage, develop a large spina bifida extending from  
78 the thoracic level caudally (6). A persistent challenge in determining and ultimately  
79 preventing the developmental bases of spina bifida is the absence of a unified biomechanical  
80 understanding of the tissue deformations required for progression of NT closure.

81 Biomechanical descriptions of vertebrate NT closure date back to the 19<sup>th</sup> century (7) and  
82 evolved in the 20<sup>th</sup> century to encompass mechanical aetiologies of NTDs described as  
83 “mechanical teratogenesis” (8). The view that abnormal tissue mechanics may underlie  
84 failure of NT closure is substantiated by experimental interventions in mouse and chick  
85 embryos in which altered ventral curvature delays or prevents completion of spinal NT  
86 closure (9, 10).

87 The demonstration that extrinsic forces can prevent NT closure implies that sufficient forces  
88 are normally generated to achieve closure. However, the nature of the cellular ‘motor(s)’  
89 required for the initiation, progression and completion of NT closure remains incompletely  
90 understood. Studies in experimentally tractable ascidians and lower vertebrates have mapped  
91 mechanical stresses normally withstood within and around the neuroepithelium. This work  
92 has identified cellular behaviours, such as acto-myosin-driven apical constriction of neural  
93 plate cells, required to initiate apposition of the neural folds (11-16). Genetic or  
94 pharmacological disruption of actin remodelling enzymes prevents NT closure in amphibians  
95 as well as in mice (16-19). Moreover, progression of neurulation in mice requires  
96 cytoskeleton-rich cellular protrusions from non-neural ectoderm cells directly ahead of the  
97 zipper point (4, 20).

98 *In silico* simulations of amphibian embryos predict that mechanical tension within the surface  
99 ectoderm and other tissues surrounding the NT serves to oppose neural fold apposition (13).  
100 Indeed, tension within the non-neural ectoderm of amphibian embryos has repeatedly been  
101 demonstrated by documenting immediate retraction (i.e. widening) of microsurgical incisions  
102 or laser ablations (12, 21-23). However, these methods do not identify the source of tension  
103 and are difficult to apply to large regions of tissue such as the PNP, which exceeds 0.6 mm in  
104 length at early somite stages. Application of tensile stress to elastically deformable structures  
105 (24) results in extension, leading to the structure experiencing strain (defined as the  
106 percentage change in dimension). Strain can be non-invasively measured through engineering  
107 techniques such as Digital Image Correlation (DIC). DIC maps the relative location of pre-  
108 placed dots on the surface of structures such as bone imaged before versus after deformation  
109 in order to calculate strains experienced (25, 26). Disadvantages of current DIC  
110 methodologies applied to biological tissues include the requirement for a high resolution dot  
111 pattern, “noisy” data due to errors in automated dot mapping, and the limitation of producing

112 2D/pseudo-3D analyses. Adaptations of DIC-like methodologies to biological tissues include  
113 the use of fluorescently-labelled cells as the mapped entity instead of pre-placed dots (27).

114 In this study we apply DIC, as well as a purpose-built Tissue Deformation and Strain  
115 Measurement (TDSM) workflow, to infer tissue stresses within and around the zippering  
116 spinal NT from the displacement of mosaic fluorescent labelled cells following mechanical  
117 disruption of the zippering point. Using these methods, together with live mouse embryo  
118 imaging, we set out to determine the role and location of the biomechanical influences that  
119 influence neural fold apposition during mouse spinal neural tube closure.

120

## 121 **Results**

### 122 *Neural fold midline apposition is opposed by tension within the surrounding tissues*

123 We initially observed that progressive narrowing of the PNP is opposed by mechanical  
124 tensions within the associated tissues. During spinal neurulation, the PNP shortens and  
125 narrows with advancing somite stage due to progressive zippering and midline apposition of  
126 the elevated neural folds (28) (Figure 1A,B). *In silico* simulations of neurulation in lower  
127 vertebrates predict neural fold midline apposition is opposed by stresses within laterally-  
128 tethering tissues (13). Consistent with this we observed that, in intact living mouse embryos,  
129 needle incision of the zippering point and most recently closed NT roof results in immediate  
130 widening of the PNP due to lateral displacement of the neural folds (Figure 1C,D,  
131 Supplementary video 1). The same effect is seen when the zippering point is laser-ablated in  
132 live-imaged embryos (Figure 1E,F). Neural fold displacement and widening of the PNP does  
133 not solely affect the ablated region, but extends more than 75% of the length of the open PNP  
134 (i.e. around 200  $\mu\text{m}$  caudal to the zippering point, Figure 1G).

135 To infer the mechanical stresses ‘withstood’ by the zippering point, two methods were  
136 applied to map tissue displacement and relative change in dimension (‘strain’,  $\epsilon$ ) within and  
137 around the PNP, before versus after laser ablation of the zippering point. First, DIC was  
138 implemented using two previously reported systems (Moiré DIC (29) available at  
139 <http://opticist.org/> and Improved DIC (30) available through MathWorks.com). We also  
140 developed and applied a TDSM workflow able to quantify 3D changes in tissue dimensions  
141 (SI Appendix 1 Figure 1 with further documentation in SI Appendix 2). The basis of TDSM  
142 is analysis of deformation of a 3D Delaunay triangulation matrix between cell centroids  
143 (Figure 2A, SI Appendix 1 Figure 1). Moiré DIC, Improved DIC and TDSM all accurately  
144 quantified simulated uniaxial strains, but the latter two outperformed Moiré DIC at low strain  
145 magnitudes (SI Appendix 2). Improved DIC provides von Mises strain; a measure used to  
146 predict mechanical failure based on distortion energy which can be calculated independently  
147 of rotation. Biological studies have previously reported area strain (percentage change in  
148 area) as a similarly rotation-independent measure (31, 32). Therefore, the percentage change  
149 in 2D surface area of each triangulation in the 3D mesh was used to calculate area strain in  
150 TDSM (SI Appendix 2).

151 Application of TDSM to confocal stacks of live-imaged mouse embryos revealed that in  
152 addition to mediolateral displacement expected from the observed PNP widening, zippering  
153 point ablation also caused cells caudal to the zippering point (used as the reference point) to  
154 displace in a caudo-ventral direction (Figure 2B,C). The caudo-ventral region of the PNP  
155 corresponds to the location identified as containing NMPs (5) and hereafter is referred to as  
156 the ‘NMP zone’. Caudal displacement predominates in the open PNP whereas lateral  
157 displacement is predominantly seen lateral to the zippering point and over the neural folds.  
158 Caudal and lateral displacement of neuroepithelial and mesodermal cells is also apparent in  
159 registered images (Figure 2D). Applying Improved DIC (Figure 3A,B) or TDSM (Figure

160 3C,D) analysis, we observed that zippering point ablation predominantly resulted in  
161 expansion of the adjacent tissue and neural folds in embryos with 15-20 or 25-30 somites.  
162 This was unexpected because, if the zippering point had been pulling adjacent tissue towards  
163 the midline, that tissue would have been expected to relax to a smaller size (negative area  
164 strain) following zippering point ablation. As a control, embryos were fixed in  
165 paraformaldehyde prior to laser ablation (since fixation dissipates tissue stresses); these  
166 embryos did not show significant deformations (SI Appendix 1 Figure 2).

167 Taken together, these findings suggest that progressive midline apposition of the neural folds  
168 overcomes opposing mechanical tensions. Consequently, when the structural integrity of the  
169 zippering point is compromised, the neural folds recoil into a more lateral position, with  
170 tissue expansion and widening of the PNP.

171

### 172 *Constriction of the NMP zone draws the neural folds medially*

173 Strain mapping of live imaged embryos suggested that the NMP zone exists in a dynamic  
174 force equilibrium with the zippering point. That is, its constriction is normally limited by the  
175 tethering effect of the intact PNP, but when the zippering point is mechanically disrupted the  
176 NMP zone constricts further. In contrast to expansion of tissue around the ablated zippering  
177 point, a distinct region of constriction/compression was observed corresponding to the NMP  
178 zone (Figure 3A-D). Compression of the caudo-ventral PNP following zippering point  
179 ablation was confirmed using a more targeted Cre driver (Nkx1-2, Figure 3E) and selective  
180 TDSM analysis of this zone (Figure 3F). This avoided confounding effects of surrounding  
181 tissues extending towards it. Regional area strain analyses confirmed significant expansion of  
182 tissue rostral to the zippering point and significant compression of tissue caudal to it (SI  
183 Appendix 1 Figure 2B). Hence, ablation of the zippering point causes far-reaching



184 deformation, suggesting that the zippering point is biomechanically coupled to the NMP  
185 zone.

186 In order to visualise these dynamic behaviours, a system of medium-term live embryo  
187 imaging was developed which allows analysis of changes in cellular apical surface area as  
188 well as observation of continued apposition of the neural folds (Figure 4A). Apical surface  
189 area of NMP zone cells decreased relative to their initial size over an hour of live imaging  
190 (Figure 4B), documenting in mammalian embryos a process which has been found to  
191 biomechanically mediate neural fold midline approximation in lower vertebrates (14, 19, 33).  
192 The surface area of surface ectoderm cells immediately rostral to the zippering point did not  
193 change significantly over the same time-frame (SI Appendix 1 Figure 3A,B). Overall PNP  
194 length tended to decrease over the time-frame analysed, with occasional observation of  
195 zippering point cellular protrusions consistent with ongoing closure (SI Appendix 1 Figure  
196 3C,D). Medial apposition of the neural folds resulted in a significant reduction in PNP width  
197 and in the zippering point angle (Figure 4C,D). Dorsoventral cell displacement, as a potential  
198 basis for PNP narrowing, was found to be minimal over the same time-frame (SI Appendix 1  
199 Figure 4).

200 Taken together, strain mapping and live imaging analysis suggest that the continuation of  
201 PNP closure is associated with selective constriction of NMP zone cells, aiding the apposition  
202 of the neural folds in the midline, and thereby narrowing the zippering point angle across  
203 which cellular protrusions must reach.

204

### 205 *A long-ranging F-actin network biomechanically couples the posterior neuropore*

206 We found that biomechanical coupling of the zippering point to the NMP zone involves a  
207 supracellular F-actin network extending between these structures. In mouse embryos, apical

208 actomyosin enrichment has previously been documented in the NMP zone ((17) and SI  
209 Appendix 1 Figure 5A) as well as in the neuroepithelium of the closing NT (34). Whole-  
210 mount imaging of phalloidin-stained mouse embryos confirmed the presence of a dense F-  
211 actin network in the NMP zone and revealed the presence of a long F-actin cable emanating  
212 from the zippering point and running caudally along the neural folds (Figure 5A, SI  
213 Appendix 1 Figure 5B). This cable colocalised with the surface ectoderm adherens junction  
214 marker E-cadherin at the surface ectoderm/neuroepithelial boundary (Figure 5B), forming a  
215 continuous structure across cell junctions (SI Appendix 1 Figure 5B).

216 In embryos at early somite stages with long PNPs, the cable could be over 0.5 mm in length,  
217 and yet did not fully encircle the PNP (Figure 5A). At later stages, when the PNP had  
218 shortened to a length of less than  $\sim 300 \mu\text{m}$  (SI Appendix 1 Figure 6A-D), the cable encircled  
219 the PNP forming an elongated ‘purse string’-like structure (Figure 5C). This association  
220 between cable length and PNP length held true in embryos from wild-type mice maintained  
221 on three different background strains (SI Appendix 1 Figure 6). The transition to the F-actin  
222 cable encircling the PNP is marked by a dramatic change in PNP shape distally, from an early  
223 ‘spade-like’ structure to a late-stage elliptical structure. F-actin staining revealed enrichment  
224 at both the zippering point and at the caudal-most PNP canthus in late-stage PNPs (Figure  
225 5C). Moreover, scanning electron microscopy detected cellular protrusions (20) at both sites  
226 (Figure 5D). This suggests that, when completion of closure is imminent, a new zippering  
227 point forms at the caudal extremity of the PNP.

228

### 229 *A novel caudal closure point forms when completion of spinal neurulation is imminent*

230 The caudal canthus of the late-stage PNP biomechanically facilitates neural fold apposition.  
231 We refer to this novel caudal closure point as ‘Closure 5’ (cyan arrow in Figure 5C): it was

232 previously hypothesised to exist in mice based on the morphology of late-stage PNPs (35), as  
233 well as in humans based on the distribution of spina bifida lesions (36, 37), but its existence  
234 has never been conclusively demonstrated. To determine whether Closure 5 contributes to  
235 neural fold apposition, it was laser-ablated in live-imaged 25-30 somite mouse embryos.  
236 Ablation of the F-actin ring at Closure 5 resulted in widening of the PNP, as did ablation of  
237 the ring at the rostral PNP zippering point (Figure 6A,C-E). In contrast, ablation of the caudal  
238 tip of the PNP in 15-20 somite embryos, before the formation of Closure 5, did not result in  
239 significant PNP widening, whereas ablating the F-actin cable at the zippering point or along  
240 the neural folds did result in widening of the PNP (Figure 6D). We hypothesised that the  
241 observed PNP widening following ablation of the zippering point, Closure 5 or along the  
242 neural folds related to disruption of the F-actin network. To test this further, actin was acutely  
243 inhibited by 15 mins treatment with Latrunculin B (LatB), which resulted in dose-dependent  
244 PNP widening (SI Appendix 1 Figure 7).

245 Thus, the F-actin network biomechanically couples the PNP and facilitates drawing of the  
246 neural folds towards the midline such that ablating the F-actin cable at the zippering point,  
247 along the neural folds, or at Closure 5, or pharmacologically severing F-actin with LatB, in  
248 each case results in the neural folds moving apart such that the PNP widens.

249

### 250 *The biomechanics of neural fold apposition are altered by mutations in Zic2*

251 Altered biomechanics may underlie faulty neural tube closure in a mouse model of severe  
252 spina bifida. This was inferred from the change in PNP width observed following zippering  
253 point ablation in *Kumba* (*Zic2<sup>Ku</sup>*) mutants, which carry a functionally null allele of the  
254 transcription factor *Zic2* (38). *Zic2<sup>Ku/Ku</sup>* embryos show dramatically enlarged PNPs with  
255 100% penetrance at late neurulation stages, but at the 12-15 somite stage total PNP length is

256 not yet significantly altered (representative examples in Figure 7A). At this stage the F-actin  
257 cable is clearly visible along the neural folds in *Zic2*<sup>+/+</sup> and *Zic2*<sup>Ku/+</sup>, whereas in *Zic2*<sup>Ku/Ku</sup>  
258 embryos only short segments of this cable are visible (Figure 7A). PNP widening is observed  
259 in all three genotypes following laser ablation of the zippering point, but widening was  
260 significantly greater in *Zic2*<sup>Ku/Ku</sup> embryos than in wild-type littermates, particularly just  
261 caudal to the zippering point (Figure 7B). Greater PNP widening in *Zic2*<sup>Ku/Ku</sup> compared with  
262 *Zic2*<sup>+/+</sup> embryos was also observed following microsurgical incision of the zippering point  
263 (SI Appendix 1 Figure 8). *Zic2*<sup>Ku/+</sup> embryos, which do successfully close their PNP, undergo  
264 significantly greater widening than *Zic2*<sup>+/+</sup> littermates at various points along the open PNP.  
265 These observations suggest that genetically-influenced alterations in the biomechanics of  
266 spinal closure may underlie spina bifida in this mammalian model.

267

## 268 **Discussion**

269 Mammalian spinal neurulation is a biomechanical event requiring midline apposition of the  
270 neural folds, narrowing the PNP as it shortens through zippering. Inference of cellular  
271 biomechanics by laser ablation in simpler organisms is well-established (11, 39-42), but is  
272 substantially complicated in mouse embryos by their comparatively large size, complex shape  
273 and tissue opacity. Here we investigated effects of needle and laser ablations on tissue  
274 morphology many cell diameters away from the ablation site in live imaged embryos. These  
275 studies demonstrate that the mammalian PNP is a biomechanically coupled structure (Figure  
276 7C) in which neural fold medial apposition is aided by constriction of the caudo-ventral NMP  
277 zone, narrowing the rostral zippering point angle across which cellular protrusions must reach  
278 and facilitating the progression of closure.

279 The closing PNP progressively shortens and narrows with advancing somite stage, and the  
280 zippering point is critically involved in PNP shortening, as genetic disruption of surface

281 ectoderm cellular protrusions normally formed at this point prevents completion of closure  
282 (20, 43). Here we show that the zippering point also serves a biomechanical function as its  
283 physical ablation results in rapid lateral displacement of the neural folds, widening the PNP.  
284 Biomechanically-active components involved in neural tube formation have primarily been  
285 studied in *Xenopus*, in which apical constriction has been implicated in bending of the bi-  
286 layered neuroepithelium (14, 19, 44). Actomyosin contraction is an evolutionarily conserved  
287 force-generating mechanism, with resulting forces transmitted between biomechanically  
288 coupled cells primarily through cadherin/catenin adherens junctions (45, 46).

289 The marked apical enrichment of actomyosin that we observe in NMP zone cells is consistent  
290 with apical constriction of these cells aiding medial apposition of the neural folds towards the  
291 midline as a biomechanically coupled unit. We have demonstrated that biomechanical  
292 coupling of the mammalian PNP involves a long-range F-actin cable which extends from the  
293 zippering point rostrally, runs along the neural folds as a continuous structure across cell-cell  
294 junctions where it co-localises with E-cadherin, and joins the apically-enriched actomyosin  
295 network of the NMP zone cells caudally. All of the functional landmarks laser ablated in this  
296 study which involve the F-actin cable resulted in PNP widening. Similar tension bearing F-  
297 actin cables or rings form during zebrafish epiboly (47), chick amniogenesis (48) mouse  
298 eyelid closure (49, 50), and during *Drosophila* dorsal closure (51, 52), suggesting they are an  
299 evolutionarily conserved mechanism of transmitting forces across many cell diameters.

300 The findings of this study suggest that the cellular programmes underlying PNP ‘narrowing,’  
301 which is enhanced by apical constriction in the NMP zone, are likely to be distinct from those  
302 regulating surface ectoderm-mediated cellular protrusions required for PNP ‘shortening’ (20,  
303 43). In support of this idea, we recently found that preventing actin turnover abrogates  
304 progression of mouse PNP closure whereas treatment with actomyosin inhibitors, at  
305 concentrations compatible with continued development in culture, does not significantly

306 delay zippering (17, 53). Indeed, as different cell types (neural versus surface ectoderm) are  
307 primarily involved in PNP narrowing and shortening, it seems reasonable that they may be  
308 susceptible to different genetic or environmental impediments, leading to spina bifida through  
309 distinct mechanisms.

310 Clustered cases of distal lumbosacral spina bifida observed in human patients (36) have led to  
311 the suggestion that a final closure initiation point may be involved in completion of PNP  
312 closure. This final closure has been referred to as the “fourth fusion” (35) or “Closure 5” (36),  
313 but its existence has not been experimentally demonstrated in any mammal (54). In the  
314 present study, we found that the caudal canthus of the PNP forms a new zippering structure  
315 that is not only characterised by cellular protrusions, which typify the main zippering point  
316 (20), but also functionally contributes to late PNP narrowing, as its disruption by laser  
317 ablation results in re-widening of the PNP. Hence, this work provides the first functional  
318 evidence for an active closure mechanism at the caudal extremity, Closure 5, which arises  
319 late in spinal neurulation.

320 A limitation of the short-term interventions described here is that their consequences for  
321 continuation of spinal closure could not be directly investigated. For this reason we studied  
322 the *Zic2<sup>Ku/Ku</sup>* mutant, a well-characterised genetic model in which homozygous mutants  
323 develop spina bifida, whereas heterozygous embryos achieve closure in most cases (38). A  
324 mechanical basis for spina bifida in the *Zic<sup>Ku/Ku</sup>* mutant had previously been suggested as  
325 these embryos display neural folds that fail to bend towards the midline at dorsolateral hinge  
326 points (6). We observed that the F-actin cable appeared fragmented in *Zic2<sup>Ku/Ku</sup>* mutants,  
327 which is consistent with a previous report that morpholino-mediated knockdown of *Zic*  
328 transcription factors in zebrafish disrupts the contiguous actomyosin “apical seam” which  
329 normally forms along the presumptive hindbrain lumen (55). Failure of spinal closure in the  
330 *Zic2<sup>Ku/Ku</sup>* mutant was found to be associated with altered PNP biomechanics, resulting in a

331 greater magnitude of PNP re-widening following zippering point ablation. The cellular basis  
332 of the altered PNP biomechanics in the *Zic2* mutant embryos is currently unknown, although  
333 the observation that *Zic2* is expressed almost solely in the neuroepithelium during spinal  
334 neurulation (6) suggests that a neuroepithelial defect is likely to be responsible.

335 In conclusion, spinal NT closure in the mouse embryo is facilitated by apical constriction of  
336 cells within the NMP zone to which the neural folds are biomechanically coupled by an  
337 extensive actomyosin network (Figure 6C), including an F-actin cable that demarcates the  
338 boundary between the PNP and the E-cadherin expressing surface ectoderm. This  
339 biomechanical coupling is genetically influenced at least in part by activity of *Zic2*. We  
340 therefore propose that genetically-influenced biomechanical morphogenetic disorders may be  
341 an important cause of spina bifida.

342

## 343 **Materials and Methods**

### 344 *Animal procedures*

345 Studies were performed under project license number 70/7469 under the UK Animals  
346 (Scientific Procedures) Act 1986 and the Medical Research Council's Responsibility in the  
347 Use of Animals for Medical Research (1993). Mice were time-mated overnight and the  
348 morning a copulation plug was identified was considered E0.5. Heterozygous *Grhl3<sup>Cre</sup>*, *Nkx1-*  
349 *2<sup>CreERT2</sup>* and  *$\beta$ -actin<sup>CreERT2</sup>* were as previously described (20, 56-58) and were maintained on a  
350 C57BL/6 background. ERT2 activity was induced by intraperitoneal injection of 0.2 mg/40 g  
351 body weight of tamoxifen (Sigma) at E8.5. To generate mosaic fluorescent cell patterns in the  
352 PNP, heterozygous Cre-expressing mice were crossed with homozygous ROSA26-EYFP (20)  
353 or mTmG mice (59). Cre-negative mice were used for studies requiring non-transgenic mice.  
354 *Zic2<sup>Ku</sup>* mutants and their genotyping were as previously described (6).

355

356 *Embryo dissection and pharmacological treatment*

357 Embryos were harvested around E9.5 as previously described (60). For whole mount,  
358 embryos were dissected and rinsed in PBS prior to fixation in 4% paraformaldehyde, pH 7.4.  
359 For LatB (Sigma) treatments, embryos were fully dissected from the amnion and pre-warmed  
360 for 30 mins in DMEM containing 10% fetal bovine serum prior to addition of LatB or DMSO  
361 vehicle and fixed after 15 mins of treatment. Fixed embryos were stained with CellMask™  
362 Green (Thermo Fisher Scientific) and their PNP were imaged on a fluorescence stereo  
363 microscope (Leica MZ FIII, DC500 camera). PNP mid-point widths were analysed in ImageJ  
364 (NIH (61)).

365

366 *Laser ablation and live embryo imaging*

367 For ablations, embryos were dissected from the amnion, positioned in wells cut out of 4%  
368 agarose gel in DMEM, submerged in dissection medium and maintained at 37°C throughout  
369 imaging. Microsurgical needles from 11-0 Mersilene (TG140-6, Ethicon) and 10-0 Prolene  
370 (BV75-3, Ethicon) were used to hold the embryos in place with the PNP pointing upwards  
371 while minimising contact with the heart, which continued to beat steadily throughout each  
372 experiment. Images were captured on a Zeiss Examiner LSM880 confocal using a 20x/NA1.0  
373 Plan Apochromat dipping objective. If intended for strain mapping, embryos were imaged  
374 with X/Y pixel sizes of 0.59 µm and Z-step of 1.0 µm, taking approximately 7-10 minutes to  
375 image a PNP (speed = 8, bidirectional imaging, 1024 x 1024 pixels). To measure PNP widths  
376 without strain mapping, embryos were typically imaged with X/Y pixel sizes of 1.2 µm and  
377 Z-step of 2.4 µm, taking approximately 2-4 minutes to image a single PNP using reflection  
378 mode (MBS T80/R20 beam filter). Before and after ablation images for each embryo were



379 captured using the same settings. Resulting Z-stacks were re-oriented and resliced in Imaris  
380 (Version 8), minimizing changes due to drift or embryo movement between Z stacks.

381 Laser ablations were performed on the Zeiss Examiner LSM880 confocal microscope using a  
382 20x/NA1.0 Plan Apochromat dipping objective and a MaiTai laser (SpectraPhysics Mai Tai  
383 eHP DeepSee multiphoton laser, 800 nm wavelength, 100% laser power, 65.94  $\mu$ s pixel dwell  
384 time, 0.83  $\mu$ s pixel size, 1 iteration). A 300-500  $\mu$ m line of closed NT roof was ablated along  
385 the embryonic midline by ablating each section within the focal plane. Ablation instantly  
386 vaporised a narrow region of tissue, as previously described in mouse embryos (62).

387 For live imaging, embryos were dissected in an intact yolk sac as for long term embryo  
388 culture (60) and positioned in agarose wells as described above. A small window was made  
389 in a minimally vascular part of the yolk sac and the amnion over the PNP was removed to  
390 allow direct visualisation of the PNP. All embryos were kept at 37°C in neat rat serum  
391 exposed to 5% CO<sub>2</sub>/5%N<sub>2</sub> in air in a custom-made chamber (Solent Scientific) humidified  
392 with damp cotton wool. PNPs were imaged with X/Y pixel sizes 0.59  $\mu$ m and Z-step of 2.5  
393  $\mu$ m, taking approximately 10 minutes to image each PNP. All embryos had a normal heart  
394 beat and yolk sac circulation throughout imaging.

395

#### 396 *Whole mount staining*

397 All images are representative of observations in at least three independent embryos. Scanning  
398 electron microscopy was performed as in (20). Mouse anti-E-cadherin antibody (BD  
399 Transduction Laboratories), rabbit anti-pMLCII (Ser19, Cell Signalling), mouse anti-total  $\beta$ -  
400 catenin (Santa Cruz) and Alexa Fluor®-568 conjugated phalloidin (Life Technologies) were  
401 used. Paraformaldehyde-fixed embryos were permeabilised in PBS with 0.1% Triton X-100  
402 (PBT) for 1 hr at room temperature, blocked overnight in a 5% BSA/PBT at 4°C and

403 incubated overnight in a 1:150 dilution of primary antibody in blocking solution at 4°C.  
404 Embryos were then washed 3 x 1 hr at room temperature in blocking solution, incubated for 2  
405 hrs at room temperature in 1:300 dilution of Alexa Fluor®-conjugated secondary antibodies  
406 (Thermo Fisher Scientific), 1:200 dilution of phalloidin and 0.5 µg/ml DAPI in blocking  
407 solution. Excess secondary antibody was removed by washing for 1 hr in blocking solution  
408 and a further 2 x 1 hr in PBT at room temperature. Stained embryos were imaged on a Zeiss  
409 Examiner LSM880 confocal microscope. High resolution images in SI Appendix 1 Figure 5B  
410 were taken using Airyscan in SR mode, 2x zoom, with optimal pixel size and z step (XY  
411 pixel size 0.065 µm, Z step 0.36 µm). Alexa 568 fluorescence from 570 to 620 nm was  
412 collected through a LP570 secondary beam splitter and the Airyscan filter wheel with a  
413 BP495-620. Images were processed with Zen2.3 software using auto Airyscan processing.

414

#### 415 *Strain mapping*

416 Application of DIC was according to the software authors' instructions and is described  
417 further in SI Appendix 2. Application of TDSM is described in further detail in SI Appendix  
418 2. In brief, live imaged PNPs before and after zippering point ablation were digitally resliced  
419 in Imaris (version 8) to ensure equivalent positioning and the ImageJ 3D object counter was  
420 used to map cell centroids. The X/Y/Z centroids of cells identified in both 'before' and 'after'  
421 images were exported to TDSM, which describes Delaunay triangulations between the same  
422 centroids before and after ablation with the zippering point normalised to the graph origin.  
423 The percentage change in 2D area of each Delaunay triangle in the 3D meshwork was then  
424 calculated. Heat maps were generated in OriginPro 2016 (Origin Labs) as the aggregate of  
425 data from three independent embryos in each group.

426 Strain maps were generated using three Cre drivers. Grhl3Cre is mosaic in the mesoderm and  
427 neuroepithelium but ubiquitous in the surface ectoderm: strain maps generated using this  
428 driver only include mesodermal and neuroepithelial cells.  $\beta$ -actin Cre<sup>ERT2</sup> was induced at a  
429 low recombination rate in all cell types. Nkx1-2 Cre<sup>ERT2</sup> lineage-traces both mesodermal and  
430 neuroepithelial cell types, but only cells within the caudo-ventral PNP with a neuroepithelial  
431 morphology were analysed. Imaging depth was around 100  $\mu$ m from the surface such that  
432 strain maps represent cells up to 100  $\mu$ m deep into the tissue.

433

#### 434 *Statistical analysis*

435 Comparisons between two groups were by Student's unpaired t-test accounting for  
436 homogeneity of variance in Excel or in SPSS (IBM Statistics 22). Comparison of multiple  
437 groups was by one-way ANOVA with post-hoc Bonferroni in SPSS. Linear regression was in  
438 OriginPro 2016 (Origin Labs). Multivariate analysis was by linear mixed models in SPSS  
439 accounting for the fixed effects of genotype, time or distance from the zippering point in  
440 repeated measures from each embryo (random variable) as appropriate for the analysis, with a  
441 post-hoc Bonferroni where applicable. Analysis of PNP widening in the *Kumba* embryos was  
442 performed blind prior to genotyping. Graphs were made in OriginPro 2016 (Origin Labs) and  
443 are represented as raw data point or box plots when single groups are shown per  
444 measurement level, or as the mean  $\pm$  SEM when several groups are shown per measurement  
445 level.  $P < 0.05$  was considered statistically significant.

446

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455

456 **Conflict of Interest Statement:** The authors have declared that no conflict of interest exists.

457

458 **Author contributions:**

459 GLG, AJC, NDEG and AR designed the study and provided reagents. GLG performed and  
460 analysed the experiments with help from DM (microscopy and laser ablation), MAM (live  
461 imaging), EN and LC (whole mount staining) and YJC (micro-surgical incisions and DiI  
462 labelling). AR produced the SEM images. GG scripted TDSM and GLG produced the  
463 validation documents. DS managed the mouse colonies. GLG, AJC and NG wrote the  
464 manuscript with contributions from all authors.

465

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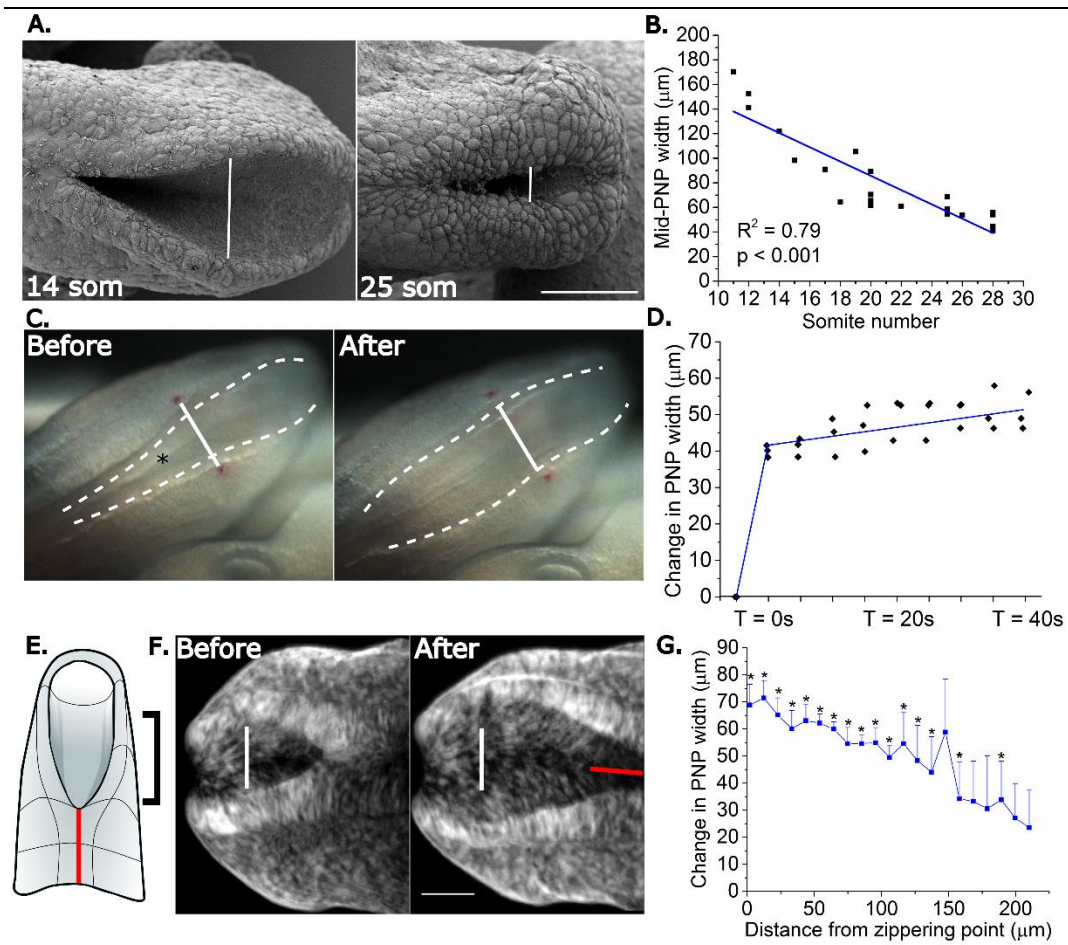
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615 **Figure legends:**

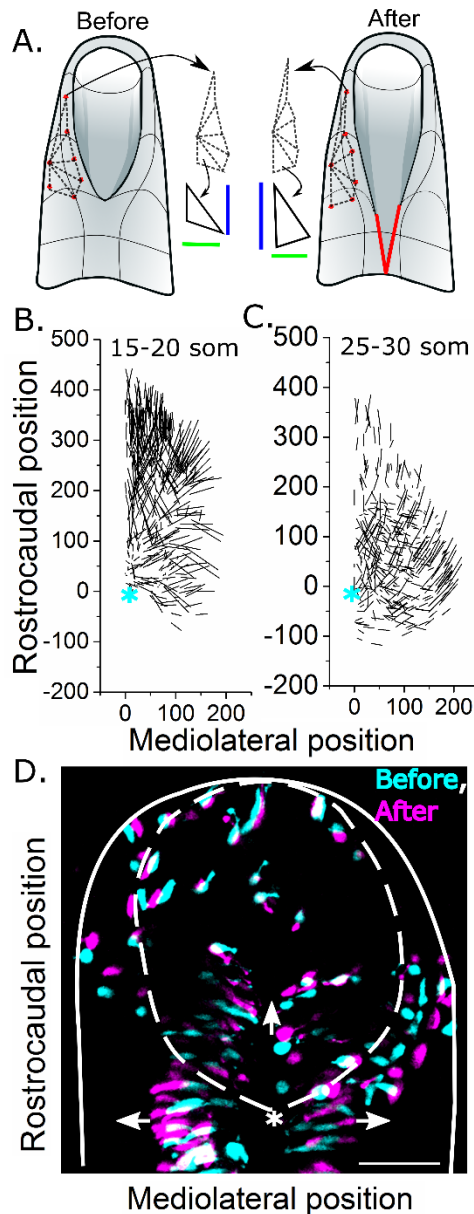


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619 **Figure 1: Midline apposition of the neural folds is opposed by mechanical tension.**

620 **A.** Representative scanning electron micrographs of mouse PNPs at two stages of  
621 development (somite stages indicated) showing the reduction in PNP width (solid lines) with  
622 advancing stage. Scale bar = 100  $\mu\text{m}$ . Rostral is to the left side, and caudal to the right. **B.**  
623 Quantification of the width of the PNP at its mid-point at the indicated somite stages  
624 demonstrating that the PNP gradually narrows as it closes. **C.** Representative images showing  
625 widening of the PNP (dashed lines) following needle incision of the zippering point  
626 (asterisk). The solid white line indicates distance between *Dil* labels before incision (See  
627 supplementary video 1). **D.** Quantification of the change in PNP width (final – initial width)  
628 at the indicated times following needle incision of the zippering point demonstrating that the  
629 increase in PNP width occurs rapidly. **E.** Schematic illustration of the region ablated with  
630 needle or laser (red line) and the approximate region in which widening of the open PNP was  
631 quantified (black bracket). **F.** Representative images of a live-imaged embryo PNP before  
632 and after laser ablation. The white line indicates PNP width before ablation; the red line  
633 indicates the ablated NT region. **G.** Quantification of the change in PNP width following  
634 completion of laser ablation (Z-stack capture was completed ~4 mins after ablation). The  
635 change in width was measured every 10  $\mu\text{m}$  caudally from the zippering point. PNP width  
636 increases following ablation at least 200  $\mu\text{m}$  caudal to the ablation site. Points represent the  
637 mean  $\pm$  SEM,  $n = 5$  embryos. \*  $p < 0.05$  (width before versus after) by repeated measures  
638 ANOVA with Bonferroni post-hoc.

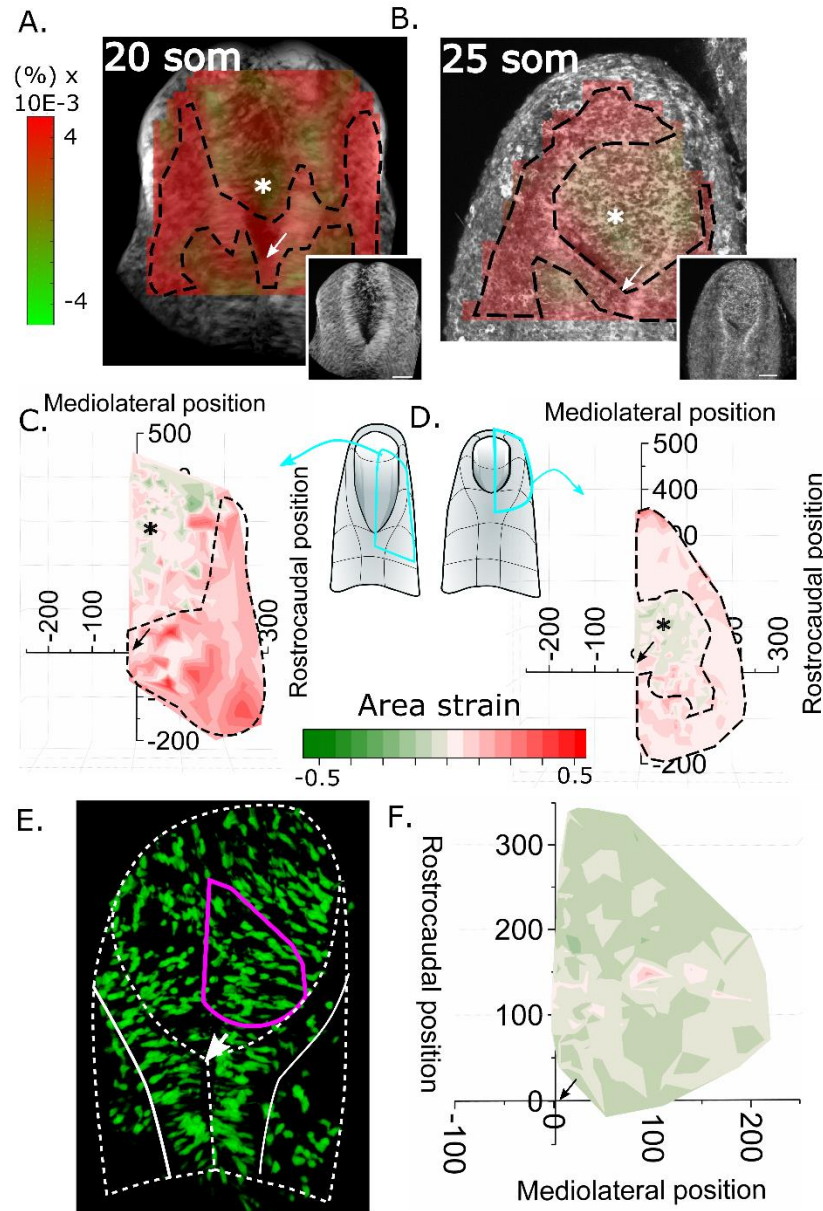




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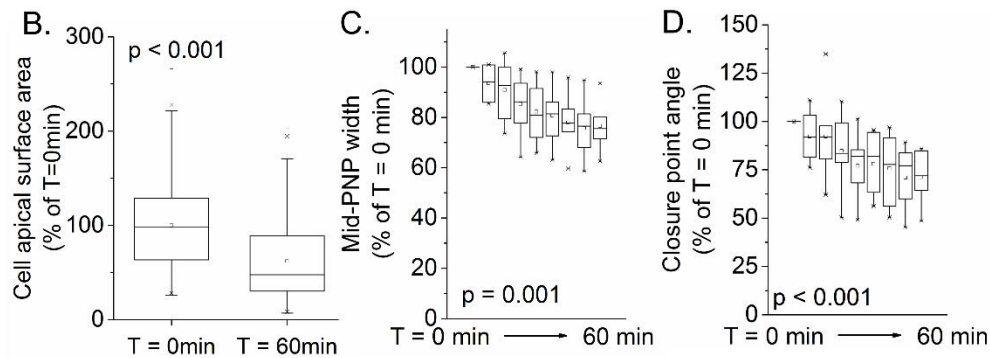
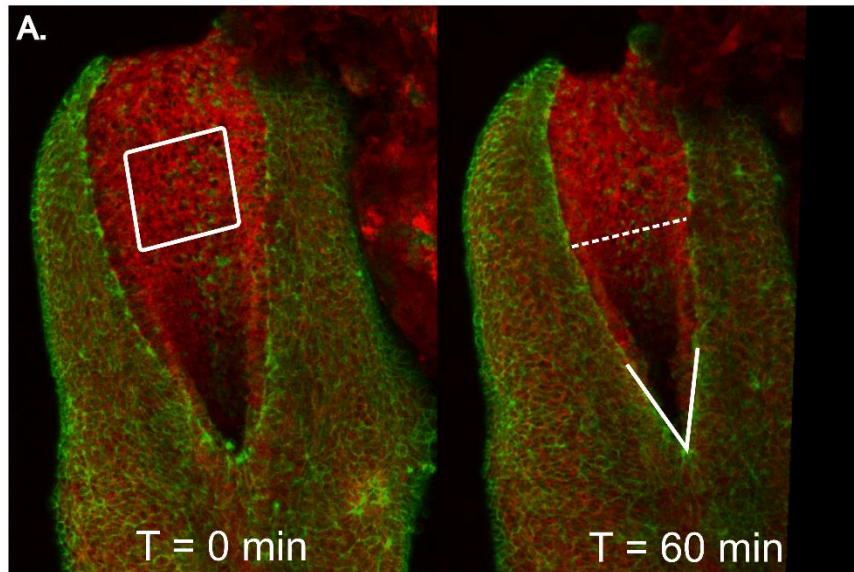
640 **Figure 2: The PNP zippering point is under lateral and caudally oriented stresses. A.**  
 641 Schematic representation of the TDSM methodology (expanded in SI Appendix 1 Figure 1  
 642 and SI Appendix 2). Centroids of mosaic fluorescent cells (red dots) are linked 3-  
 643 dimensionally in a Delaunay triangulation mesh. Changes in triangle dimensions are used to  
 644 calculate strain. Displacement of the triangulation centroids provides displacement vectors.  
 645 **B,C.** TDSM displacement analysis of **(B)** 15-20 somite and **(C)** 25-30 somite stage embryos  
 646 illustrating 2D displacement vectors of triangulation centroids. Vector lengths indicate the  
 647 magnitude of displacement and orientation indicates the direction of displacement following  
 648 zippering point laser ablation (the zippering point at the origin, indicated by asterisks, is taken  
 649 as the reference point). Data are shown as the aggregate of points from three embryos at each  
 650 stage. **D.** Representative registered image of a 25 somite embryo in which fluorescent cells  
 651 are produced via mosaic recombination of the mTmG transgene, driven by  $\beta$ -actin CreERT2.  
 652 This illustrates the caudal and lateral displacement (arrows) of cells following zippering point  
 653 (\*) ablation relative to the zippering point (before ablation = cyan, after ablation = magenta).  
 654 The outline of the PNP is indicated by the white dashed line. Scale bar = 100  $\mu$ m.

655



657

658 **Figure 3: PNP zippering point ablation results in predominant tissue expansion around**  
 659 **the zippering point and constriction of the NMP zone. A-D.** Improved DIC von Mises  
 660 strain maps (A, B) and TDSM area strain maps (C, D) of representative 15-20 somite (A, C)  
 661 and 25-30 somite (C, D) embryos. These reveal tissue expansion (red, outlined with dashed  
 662 lines) around the zippering point (arrows) and neural folds after ablation, whereas tissue  
 663 compression (\*) is predominantly observed caudal to the zippering point, in the midline NMP  
 664 zone. **E.** Representative live-imaged posterior neuropore of a 20 somite *Nkx1-2CreERT2*;  
 665 *ROSA<sup>YFP</sup>* mouse embryo illustrating the NMP zone region analysed by TDSM (magenta line)  
 666 caudal and ventral to the zippering point (arrow). **F.** Area strain map selectively analysing  
 667 *Nkx1-2<sup>CreERT2</sup>* expressing cells in the region shown in (E), confirming predominant tissue  
 668 constriction (green) in this region following laser ablation of the zippering point (arrow),  
 669 despite the previously demonstrated overall widening of the PNP. TDSM maps are in the  
 670 orientations shown in the insets in A and B. While TDSM analyses are presented in 2D for  
 671 publication purposes, they were all performed in 3D taking into account each cell's X, Y and  
 672 Z centroid positions.



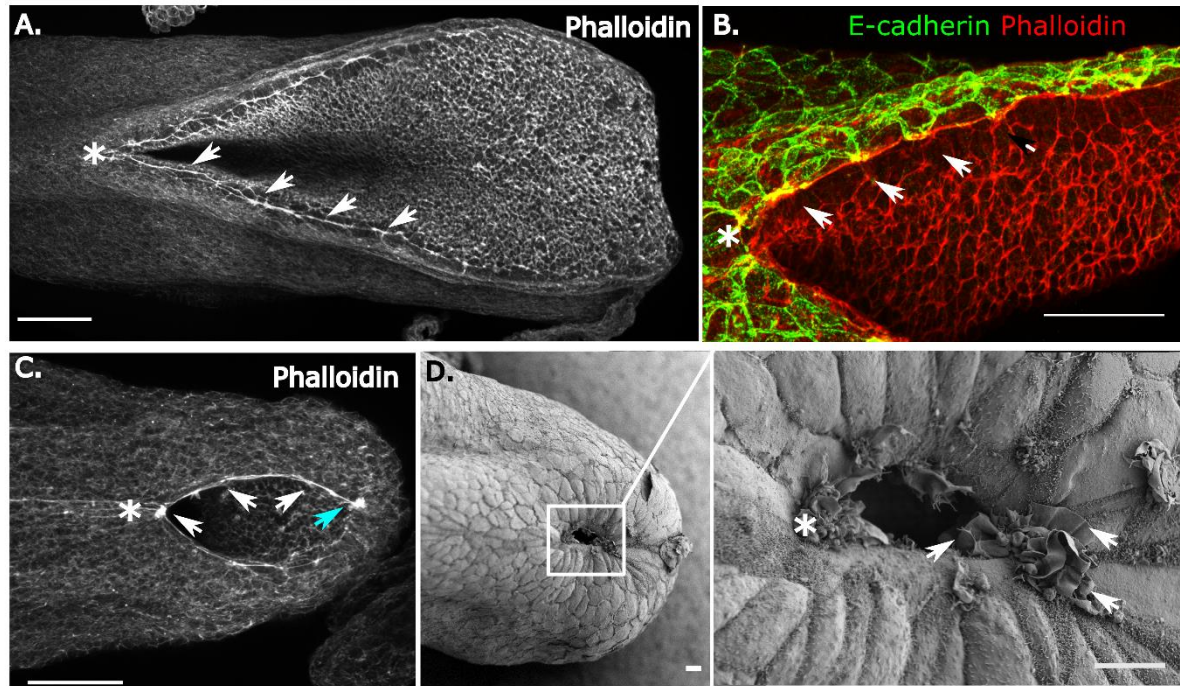
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674 **Figure 4: Neural fold midline apposition is associated with constriction of the NMP**  
 675 **zone.** **A.** Representative frames of a live-imaged *Grh3Cre*; *mTmG* mouse embryo (~18  
 676 somites) at T = 0 min and T = 60 min (See supplementary video 2). The white box indicates  
 677 the NMP zone, analysed in **(B)**, the dashed line indicates mid-PNP width and the white “V”  
 678 indicates the zippering point angle. **B.** Quantification of the apical surface areas in the NMP  
 679 zone of live-imaged *mTmG* embryos based on *tdTomato* labelled membrane at T = 0 min and  
 680 T = 60 min demonstrating a reduction in size consistent with apical constriction, a  
 681 mechanism whereby the NMP zone may undergo constriction. Data represent 30 cell surface  
 682 areas from each of 7 embryos. P value indicates difference between the two groups by  
 683 Wilcoxon signed rank test. **C, D.** Quantification of the mid-PNP width **(C)** and zippering  
 684 point angle **(D)** over 60 minutes of live imaging relative to the initial measurement for each  
 685 embryo (T = 0 min set at 100%), n = 7. These analyses demonstrate the continued (or  
 686 resumed) apposition of the neural folds and constriction of the NMP zone cells under live  
 687 embryo imaging conditions. P values in **C** and **D** indicate significant change over time by  
 688 mixed model analysis accounting for repeated measures from each embryo.

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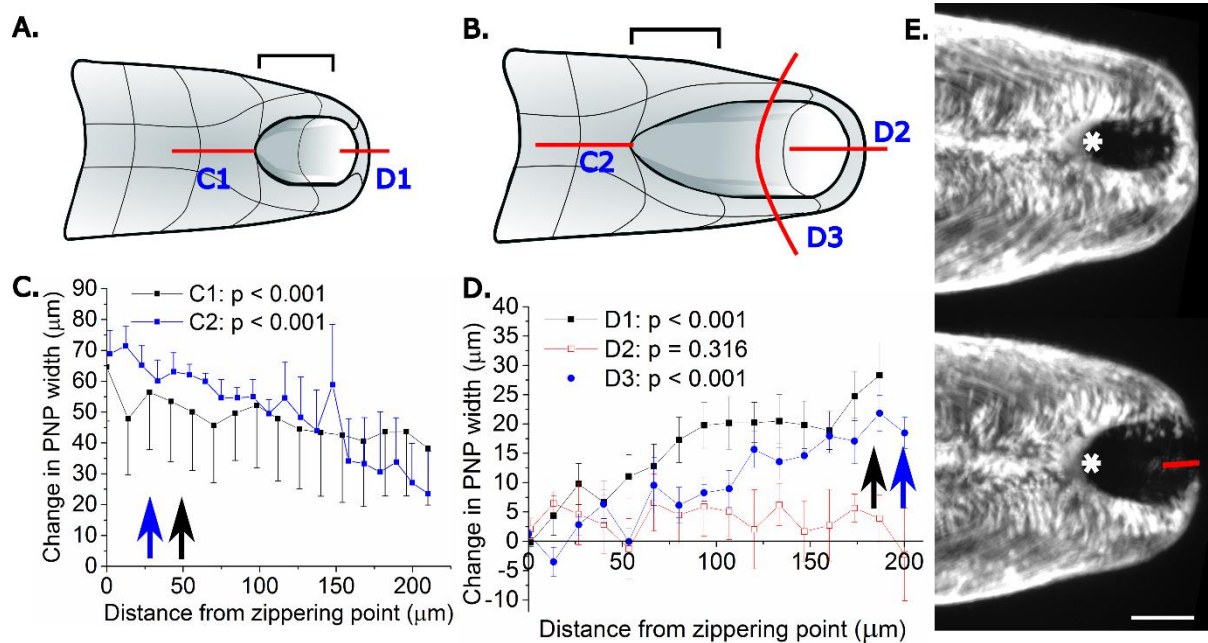


691

692 **Figure 5: A long-ranging F-actin network biomechanically couples the mammalian**  
 693 **closing spinal neural tube.** **A.** PNP region of a representative 14 somite embryo stained with  
 694 phalloidin to illustrate the presence of an F-actin cable (arrows) that runs caudally from the  
 695 zippering point (\*) along the closing neural folds. Scale bar = 100  $\mu\text{m}$ . **B.** This cable at the  
 696 surface ectoderm-neuroepithelial boundary co-localises with the surface ectoderm adherens  
 697 junction marker E-cadherin (arrows). Scale bar = 20  $\mu\text{m}$ . **C.** At later somite stages, when  
 698 completion of PNP closure is imminent, this cable encircles the PNP (30 somite stage shown,  
 699 cyan arrow indicates the caudal PNP canthus). Scale bar = 100  $\mu\text{m}$ . **D.** At this stage, cellular  
 700 protrusions are visible at the caudal extremity ('canthus') of the PNP (arrows in higher  
 701 magnification SEM image on the right) as well as at the zippering point (asterisk). These  
 702 features indicate formation of a new zippering point ("Closure 5"), as well as the continued  
 703 presence of the original zippering point (\*) at the rostral extremity of the PNP. Scale bars =  
 704 10  $\mu\text{m}$ .

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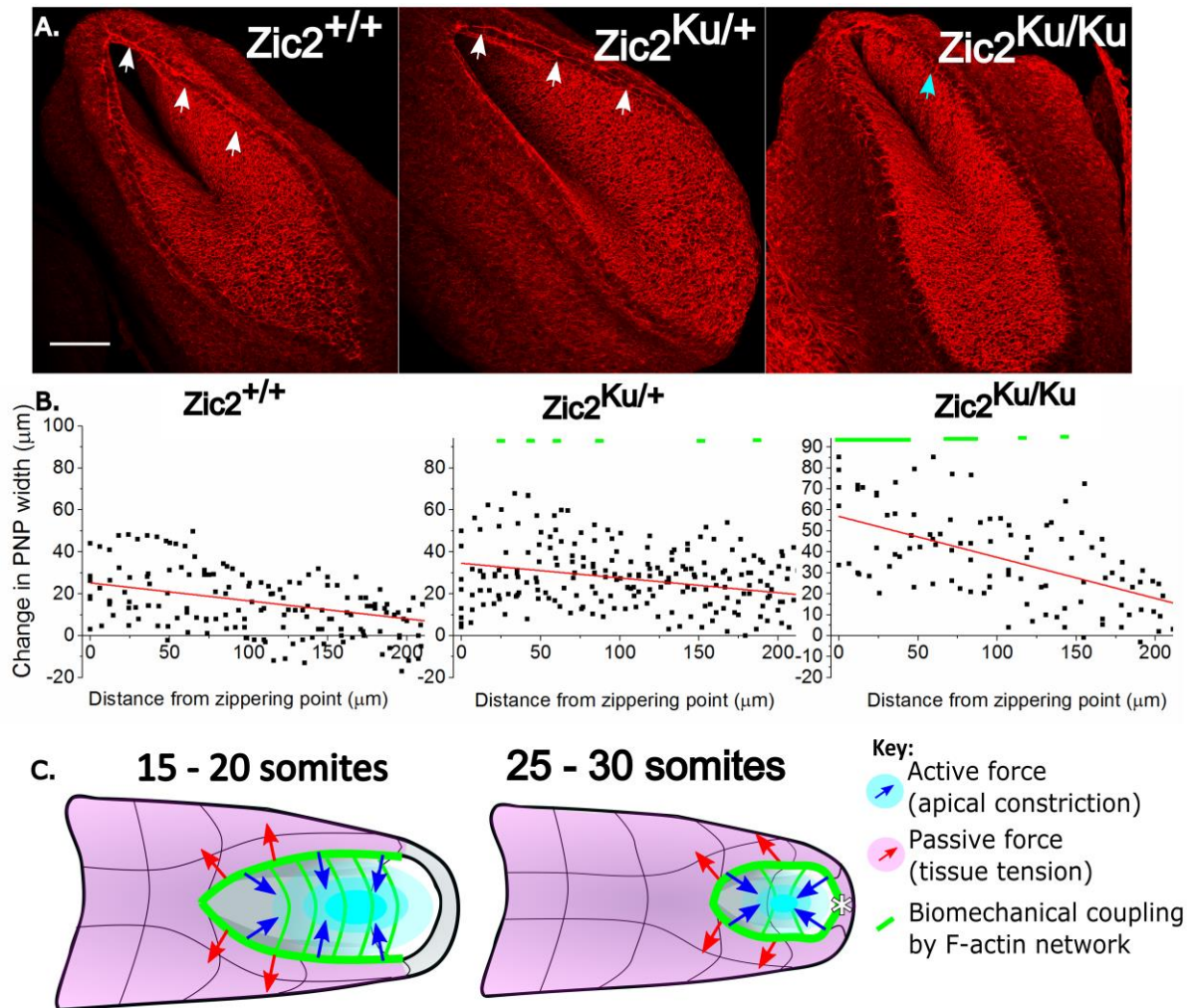


707

708 **Figure 6: Laser ablation of the F-actin cable causes PNP widening.** The F-actin cable was  
 709 disrupted with a series of laser ablations. **A.** Two types of ablation were made in embryos at  
 710 late somite stages (25-30 somites), when a complete F-actin ring has formed. The rostral  
 711 extremity (zippering point, C1) or caudal extremity (closure 5, D1) of the PNP were ablated  
 712 (red lines). **B.** Three types of ablations were made at earlier somite stages (15-20 somites).  
 713 The zippering point was ablated (C2) as shown in Figure 1, caudo-ventral midline ablations  
 714 paralleled the closure 5 ablations performed at later somite stages (D2), and the F-actin cable  
 715 was ablated along the neural folds (D3). The ablations in the schematics are labelled to  
 716 correspond with the analysis of changes in PNP width in the region indicated by the black  
 717 brackets above each schematic. **C,D.** Change in PNP width at different positions along the  
 718 PNP following ablations. The zippering point is at  $X = 0$  in each graph. Zippering point  
 719 ablation at both somite stages (C1/C2,  $n=5$  in each case) results in PNP widening, most  
 720 markedly near the zippering point (arrows) but also extending more than  $200\ \mu\text{m}$  caudally  
 721 along the PNP. Ablations of closure 5 (D1,  $n=8$ ) or through the neural folds (D3,  $n=6$ )  
 722 increase PNP width caudal to the zippering point (arrows), whereas the zippering point itself  
 723 was not disrupted. Caudo-ventral ablations before the formation of closure 5 (D2,  $n=4$ ) did  
 724 not significantly change PNP width (red line in D). P values indicate the overall differences  
 725 comparing neural fold distance before versus after ablation, accounting for repeated measures  
 726 from the same embryo at different rostro-caudal position by mixed model analysis. **E.**  
 727 Representative frames of a live-imaged 29 somite embryo PNP before and after closure 5  
 728 ablation. Note the widening of the entire PNP after ablation. \*=zippering point; red  
 729 line=ablation; scale bar= $100\ \mu\text{m}$ .

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733 **Figure 7: Zippering point ablation results in greater PNP widening in *Zic2*<sup>Ku/Ku</sup> mutants**  
 734 **than wild-type littermates.** **A.** Whole mount phalloidin-labelled images of 13 somite wild-  
 735 type, heterozygous and homozygous *Zic2*<sup>Ku</sup> embryos illustrating the characteristic appearance  
 736 of the PNPs. At this stage, PNP length is not significantly different between the three  
 737 genotypes. Arrows indicate the F-actin cable, which is markedly less well defined in the  
 738 *Zic2*<sup>Ku/Ku</sup> genotype (cyan arrow). Scale bar = 100 μm. **B.** Quantification of the change in PNP  
 739 width (final - initial width) at sequential positions caudal to the zippering point in embryos  
 740 following zippering point laser ablation. Green lines indicate positions at which the *Zic2*<sup>Ku/+</sup>  
 741 (n = 8) or *Zic2*<sup>Ku/Ku</sup> (n = 5) embryos showed significantly greater increases in width than  
 742 *Zic2*<sup>+/+</sup> littermates (n = 5). Individual distances from the zippering point were compared by  
 743 Bonferroni post-hoc correction following mixed model analysis accounting for repeated  
 744 measures from each embryo. Different symbols indicate values from different embryos. **C.**  
 745 Schematic summary of the findings of this study. Constriction of the NMP zone (cyan)  
 746 actively generates mechanical force (blue arrows) acting on the biomechanically coupled  
 747 PNP. This opposes stresses within the surrounding tissues (red arrows), facilitating midline  
 748 apposition of the neural folds, narrowing the zippering point angle and allowing zippering to  
 749 progress. Encircling of the PNP by the F-actin cable (thick green line) and formation of  
 750 Closure 5 (asterisk in right image) permits the caudal PNP canthus to biomechanically  
 751 facilitate neural fold apposition when completion of closure is imminent.

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