

Effect of efferent activation on binaural frequency selectivity

Jesko L. Verhey^{a)}*, **Monika Kordus^{a)}**, **Vit Drga^{b)}**, **Ifat Yasin^{b)}**

a) Department of Experimental Audiology, Otto von Guericke University, Leipziger Str. 44,
39120 Magdeburg, Germany.

b) Department of Computer Science, University College London, Malet Place, London WC1E
6BT, United Kingdom.

*Corresponding author. Prof. Jesko L. Verhey. Department of Experimental Audiology, Otto von Guericke University, Leipziger Str. 44, 39120 Magdeburg, Germany. Email: jesko.verhey@med.ovgu.de

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Abbreviations: ERB, equivalent rectangular bandwidth; MOC, medial olivocochlear.

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ABSTRACT

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3 Binaural notched-noise experiments indicate a reduced frequency selectivity of the
4 binaural system compared to monaural processing. The present study investigates how
5 auditory efferent activation (via the medial olivocochlear system) affects binaural
6 frequency selectivity in normal-hearing listeners. Thresholds were measured for a 1-
7 kHz signal embedded in a diotic notched-noise masker for various notch widths. The
8 signal was either presented in phase (diotic) or in antiphase (dichotic), gated with the
9 noise. Stimulus duration was 25 ms, in order to avoid efferent activation due to the
10 masker or the signal. A bandpass-filtered noise precursor was presented prior to the
11 masker and signal stimuli to activate the efferent system. The silent interval between
12 the precursor and the masker-signal complex was 50 ms. For comparison, thresholds
13 for detectability of the masked signal were also measured in a baseline condition
14 without the precursor and, in addition, without the masker. On average, the results of
15 the baseline condition indicate an effectively wider binaural filter, as expected. For
16 both signal phases, the addition of the precursor results in effectively wider filters,
17 which is in agreement with the hypothesis that cochlear gain is reduced due to the
18 presence of the precursor.

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26 **1. Introduction**

27 Several psychoacoustic experiments have been designed to measure characteristics of
28 auditory frequency selectivity. One of the earliest experiments is the bandwidening
29 experiment where a sinusoidal signal is masked by a bandpass-noise masker spectrally
30 centred at the signal frequency (Fletcher, 1940). Another common type of experiment is the
31 notched-noise experiment (de Boer and Bos, 1962; Patterson, 1976; Patterson and Nimmo-
32 Smith, 1980). For both experimental paradigms (bandwidening and the notched-noise
33 experiment) the estimate of the bandwidth of the auditory filter centered at the signal
34 frequency (with diotic N_0 noise) depends on binaural signal phase. For diotic stimuli (N_0S_0)
35 the same critical bandwidth estimate is obtained as for monaural experiments, but for the
36 dichotic binaural stimuli N_0S_π (i.e., a diotic noise and a signal with an interaural phase of π)
37 the estimated filter bandwidth is found to be considerably larger than for the monaural or
38 N_0S_0 case (Hall et al., 1983; Zurek and Durlach, 1987; Nitschmann et al., 2009; Nitschmann
39 and Verhey, 2013). This increase in filter bandwidth for the N_0S_π compared to the N_0S_0
40 condition varies between studies. For a 500-Hz signal, it ranges from 20% (Kollmeier and
41 Holube, 1992) to six times as large (Hall et al., 1983). In previous studies (e.g., Nitschmann
42 et al., 2010, Nitschmann and Verhey, 2013), the filters derived from the dichotic data were
43 referred to as (effective) binaural filters since the dichotic thresholds involve binaural
44 processing. In contrast, the filters derived from the diotic data were referred to as monaural
45 filters. These terms will be used interchangeably with the longer terms for the filters derived
46 from the diotic/dichotic data whenever necessary. Different mechanisms have been proposed
47 to account for the difference in the widths of the monaural and binaural filter (see, e.g., Hall
48 et al., 1983, van de Par and Kohlrausch, 1999, Nitschmann and Verhey, 2013). All

49 approaches have in common that the effective wider binaural filter results from retrocochlear
50 processes.

51 Hearing-impaired individuals often show reduced frequency selectivity compared to normal-
52 hearing individuals (Peters and Moore, 1992; Leek and Summers, 1993), so it could be
53 assumed that a reduction in frequency selectivity may impair binaural processing. However,
54 although hearing-impaired individuals show reduced frequency selectivity (as measured by
55 the equivalent rectangular bandwidth; ERB), for both N_0S_0 and N_0S_π conditions, the ratio of
56 binaural to monaural ERB is the same as for normal-hearing listeners (Nitschmann et al.,
57 2010). This indicates that a hearing impairment has no explicit retrocochlear component
58 which affects binaural processing, but affects a stage of the auditory pathway prior to
59 binaural processing, i.e., leads to reduced cochlear gain (Plack et al., 2004) and nonlinearity
60 (compression) (Oxenham and Bacon, 2003).

61 In normal-hearing listeners, activation of the auditory efferent system can result in a
62 reduction of auditory gain and frequency selectivity. The mammalian auditory system
63 includes a brainstem-mediated efferent pathway from the superior olivary complex, by way
64 of the medial olivocochlear (MOC) reflex, which reduces the cochlear response to sound
65 (Warr and Guinan, 1979; Liberman et al., 1996). The human medial olivocochlear response
66 has an onset delay of between 25 and 40 ms and rise and decay constants in the region of 280
67 and 160 ms, respectively (Backus and Guinan, 2006). Physiological studies with nonhuman
68 mammals indicate that onset and decay characteristics of efferent activation are dependent on
69 the temporal and level characteristics of the auditory stimulus (Bacon and Smith, 1991;
70 Guinan and Stankovic, 1996). In humans, this MOC feedback is suggested to be involved in
71 improving speech perception in noisy environments (Clark et al., 2012) by reducing the effect
72 of noise masking (Kawase et al., 1993). In addition, binaural hearing is known to greatly
73 benefit speech intelligibility (Hawley et al., 2004). How this efferent feedback operates to

74 influence the binaural hearing system is still largely unknown. This study will investigate the
75 influence of efferent activation on binaural filter estimates by using a psychophysical
76 experiment that incorporates aspects of psychophysical methodology often used to study the
77 human efferent response (signal detectability in the presence of a forward masker with or
78 without presentation of a prior precursor sound to activate the efferent system) and binaural
79 frequency selectivity (signal detectability in the presence of a notched noise simultaneous
80 masker).

81 In a psychophysical study using forward masking to study the effect of efferent activation on
82 stimulus detectability, Yasin et al. (2014) showed that activation of the MOC reflex by
83 presentation of a precursor sound (≥ 40 dB sound pressure level, SPL) prior to the signal of
84 interest, resulted in a decrease in both maximum gain and maximum compression, with
85 linearization of the compressive function for input sound levels between 50 and 70 dB SPL.
86 If the gain is reduced due to activation of the MOC reflex then it follows that there should
87 also be a reduction in frequency selectivity, as shown by physiological (e.g., Guinan and
88 Gifford, 1988) and psychophysical (Jennings and Strickland, 2012) studies.

89 The aim of the present study was to investigate the effect of MOC reflex activation on
90 estimates of auditory filter bandwidths obtained in the N_0S_0 and N_0S_π condition. The notched-
91 noise method was used to infer filter bandwidths in the N_0S_0 and N_0S_π condition for a signal
92 frequency of 1 kHz and a series of notch widths introduced into the masker stimulus. This
93 signal frequency (1 kHz) and a similar notched-noise masking procedure were already used
94 by Nitschmann and Verhey (2013) to measure binaural frequency selectivity but with longer
95 signals and maskers than in this study and no precursor was present. A probe signal
96 frequency of 1 kHz has also been used in a study of the effect of efferent-mediated gain
97 reduction (using a binaural elicitor) on stimulus-frequency otoacoustic emissions (Lilaonitkul
98 and Guinan, 2009); the results showed patterns of gain reduction due to efferent activation at

99 1 kHz similar to that found with a higher frequency signal 4 kHz. A precursor sound
100 (presented at a level to activate the MOC reflex) was presented prior to the N_0S_0 or N_0S_π
101 stimulus to estimate the effect of MOC reflex activation on monaural and binaural filter
102 bandwidth estimates. In the absence of MOC reflex activation (no precursor) it is expected
103 that filter bandwidths in the N_0S_π case will be broader than for the N_0S_0 case. With MOC
104 reflex activation (precursor present) it is expected that filter bandwidths would be wider for
105 both N_0S_0 and N_0S_π conditions, but since MOC reflex activation is expected to affect mainly
106 cochlear gain reduction and not retrocochlear processes, the relative difference in bandwidth
107 between the N_0S_0 and N_0S_π case may remain unaffected.

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109 2. Materials and Methods

110 Eleven listeners (8 male, 3 female, aged between 22 and 50 years) participated in the
111 experiment. Four listeners were members of the research team, the seven other listeners were
112 paid volunteers. All listeners had normal hearing within frequency range from 0.125 to 8
113 kHz, with hearing thresholds < 15 dB HL for the entire frequency range. Informed consent
114 was obtained from all participants.

115 Thresholds of a 1-kHz sinusoidal signal were measured in the two masking conditions shown
116 in Figure 1: a condition with precursor (right column of panels) and a baseline condition
117 without precursor (left column of panels). The top row of panels show the temporal
118 envelopes of signal (red), masker and precursor (both in grey) and the bottom row of panels
119 show the spectrograms of the two conditions. In both conditions, the masker was a bandpass
120 noise (60 to 2000 Hz) with a spectral notch that was arithmetically centered at the signal
121 frequency. The notch width was 0 (no notch), 100, 200, 400 or 800 Hz. The spectral
122 parameters of the notch-noise masker were similar to those used by Nitschmann and Verhey
123 (2013). The precursor had the same spectral characteristics as the no-notch masker. The

124 masker noise and precursor noise each had a mean spectrum level of 30 dB [see Hartmann,
125 (1998) for a definition of spectrum level]. This results in an overall SPL for the precursor of
126 about 63 dB SPL. They were generated by transforming a Gaussian noise of the desired
127 duration into the frequency domain via a fast Fourier transform, setting all Fourier
128 components outside the desired passband to zero (while Fourier components within the notch
129 were zeroed for the masker only), and performing an inverse fast Fourier transform on the
130 complex spectrum. The resulting noise waveforms were then gated as needed. Both the signal
131 and masker were 25 ms in duration, gated on and off simultaneously with 12.5-ms long raised
132 cosine ramps (0-ms steady state). A total duration of 25 ms is below the onset delay of the
133 MOC reflex (Backus and Guinan, 2006), therefore the signal and masker stimuli will not be
134 affected by self-activation of the efferent system, and the effect of efferent activation can be
135 studied separately by presentation of a precursor sound (with a sufficiently long duration and
136 level to elicit the MOC reflex). The precursor was 325 ms in duration, including 10-ms raised
137 cosine ramps at onset and offset.

138 The level and duration of the precursor was chosen to be close to the precursor parameters
139 used by Yasin et al. (2014) to elicit the maximal efferent effect. In the precursor condition,
140 the precursor noise was switched off 50 ms before the onset of the signal and masker. This
141 temporal interval was chosen to avoid any issues arising from perceptual “confusion” that
142 may arise if the temporal interval is too short between offset of the precursor and onset of the
143 masker and reduced efferent effect due to the decay of the MOC activation at longer temporal
144 intervals [see values for MOC reflex decay constants reported by Backus and Guinan (2006)].
145 In addition, the temporal gap largely reduces the amount of forward masking of the signal
146 due to the presence of the precursor. Based on our previous studies at 4 kHz of forward
147 masking the contribution of forward masking by the precursor alone would be less than 5 dB
148 and so would not make a significant contribution to the overall (much larger) reduction in

149 gain due to efferent mediation (e.g., Yasin et al., 2014). Moore and Glasberg (1983)
150 investigated forward masking by broadband noises centered at different frequencies. They
151 showed that, for a broadband masker (8-kHz wide, 210ms long) centered at 1-kHz with a
152 spectrum level of 30 dB SPL presented at 20 ms prior to the onset of a 10-ms signal, the
153 amount of masking was about 11 dB. Several studies with similar stimulus parameters as
154 used in Moore and Glasberg (1983) showed that thresholds decrease by about 5 dB per
155 doubling of the temporal gap between signal and masker, i.e., at 50 ms, masking at 1 kHz
156 should also be about 5 dB (Zwicker and Zwicker, 1984, Dau et al., 1996).

157 The experiment used different random noise samples in each interval of a trial, and different
158 noise samples were generated for each trial. The signal was either presented in phase at the
159 two ears (S_0), or 180° out-of-phase at the ears (S_π). The masker was always presented
160 diotically (N_0), as was the precursor. In both masking conditions, thresholds were also
161 measured in the absence of the simultaneous masker to assess the amount of forward masking
162 due the presence of the precursor. The signal and masker were presented simultaneously
163 rather than non-simultaneously, as is the case in our previous studies of precursor effects on
164 estimated gain (e.g. Yasin et al., 2013, 2014), since only a very small binaural masking level
165 difference (BMLD) had been reported for such short signal durations using a forward-
166 masking paradigm (10 to 20-ms signal: Yost and Walton, 1977; Yama, 1982, 1985; Fassel
167 and Kohlrausch, 1997), and a similar simultaneous masking paradigm has been shown to be
168 effective for estimating monaural/binaural filter bandwidths using the notch durations in the
169 present study (Hall et al., 1983, Nitschmann et al., 2009, Nitschmann and Verhey, 2013).

170 The signal level at threshold was determined with a three-alternative forced-choice
171 procedure. Each interval was 400 ms long. They were separated by 400-ms silence intervals.
172 Each interval contained the masker and, in the precursor condition, also the precursor. One
173 randomly chosen interval contained the signal. The listener's task was to indicate the number

174 of this interval by pressing the corresponding button on a graphical user interface. An
175 example of such a signal interval is shown (for each condition) in Figure 1. Note that the
176 temporal gap between the maskers of a trial were the same for the two conditions, i.e., the
177 silence interval between consecutive maskers was 775 ms in the baseline condition.

178 The signal level was adjusted according to a one-up two-down rule tracking the 70.7%
179 correct response level (Levitt, 1971). The signal level in the first trial was 70 dB SPL. The
180 initial step size of the signal level was 8 dB. The step size was halved after every second
181 reversal of the level adjustment procedure until a step size of 1 dB was reached. At this
182 minimum step size, the run continued for another six reversals. The mean over these last six
183 reversals was used as a threshold estimate.

184 Prior to the main experiment, single threshold estimates were obtained for a reduced set of
185 stimuli (no notch, 800-Hz notch, no masker) in a first training session. The order of the 12
186 runs (three masker conditions x two precursor conditions x two signal phase conditions) of
187 this training session was randomized. In the main experiment, thresholds were measured for
188 four runs of the experiment using the complete stimulus set. As in the first training session
189 the order of the runs (now 96: four runs x six masker conditions x two precursor conditions x
190 two signal phase conditions) were randomized. Per combination of masker condition,
191 precursor condition and signal phase condition, the mean of the threshold estimates of the last
192 three runs was taken as the final threshold estimate. The other threshold estimates were
193 considered as practice trials. Thus all listeners received at least 1.5 hours of practice before
194 data collection.

195 The listeners were seated in a double-walled sound-proof booth. The experiment was
196 controlled using the MATLAB AFC framework described by Ewert (2013). The stimuli were
197 generated at a sampling frequency of 44.1 kHz. They were converted from digital to analogue
198 signals and presented monaurally via an external sound card (RME Fireface 400,

199 Haimhausen, Germany) and headphones (Sennheiser HDA200, Wedemark, Germany). The
200 headphones were free-field equalized according to IEC 389-5.

201 3. Results

202 3.1. Notched-noise data

203 Figure 2 shows the individual masked threshold results for the eleven listeners that
204 participated in the experiment. The bottom right panel includes the figure legend. All other
205 panels present individual thresholds for the diotic S_0 and a dichotic S_π signal embedded in a
206 diotic notched-noise masker (N_0) as a function of notch width. In the precursor condition,
207 diotic thresholds are indicated by squares and dichotic thresholds by diamonds. In the
208 baseline condition (no precursor), diotic thresholds are indicated by circles and dichotic
209 thresholds by triangles. The threshold curves predicted by an energy model with individually
210 fitted third-order gammatone filters are shown with solid lines. Absolute thresholds for the
211 signal are shown with the same symbols as used for the notched-noise data with a horizontal
212 dashed line. All listeners show a trend for a decrease in thresholds with increasing notch
213 width for both the precursor and baseline conditions. Also, for both the precursor and
214 baseline condition, the thresholds for a dichotic stimulus are lower than for the diotic
215 stimulus. For most listeners (except S2 and S10) the diotic and dichotic threshold curves for
216 the precursor condition are shallower than the corresponding threshold curves stimuli for the
217 baseline condition. Figure 3 shows the average data for all eleven subjects, which reflects the
218 main trends seen in the individual data, i.e., i) dichotic thresholds are lower than diotic
219 thresholds (precursor and baseline conditions) and ii) diotic and dichotic thresholds curves for
220 the precursor condition are shallower than those for the corresponding baseline condition.
221 A within-subject Analysis Of Variance (ANOVA) was conducted on the values of masked
222 threshold for the signal (data for all 11 subjects), with main factors of notch width (5 levels:
223 0, 100, 200, 400 and 800 Hz), precursor (2 levels: presence or absence of precursor) and

224 signal phase [2 levels: diotic (S_0) or dichotic (S_π)]. Mauchly's Test of Sphericity was shown
225 to be significant and since the value of Epsilon was < 0.75 (Girden, 1992) the Greenhouse-
226 Geisser correction was applied to adjust the degrees of freedom in the resultant ANOVA.
227 There was a significant effect of notch width ($F_{(1,12)} = 163.51, p < 0.001$ (two-tailed), with
228 effect size, $\eta^2 = 0.94$), signal phase ($F_{(1,10)} = 42.36, p < 0.001$ (two-tailed), with effect size, η^2
229 $= 0.81$), and a significant interaction between notch width and precursor ($F_{(1,15)} = 11.70, p <$
230 0.01 (two-tailed), with effect size, $\eta^2 = 0.54$).

231 *Post hoc* paired t tests (Bonferroni corrected) revealed that the S_π signal resulted in lower
232 thresholds in noise than the S_0 signal, across all notch width and precursor conditions [mean
233 difference = 3.42, SD = 1.74, $t_{(10)} = 6.51, p < 0.001$ (two-tailed)].

234 Following the hypothesis outlined in the introduction that addition of a precursor should
235 decrease gain and therefore increase the filter bandwidth, the addition of a precursor was
236 found to significantly increase thresholds at wider notched widths of 400 Hz [mean
237 difference (precursor- no precursor) = 4.11, SD = 3.31, $t_{(10)} = 4.13, p < 0.01$, one-tailed), and
238 800 Hz [mean difference (precursor- no precursor) = 3.17, SD = 4.65, $t_{(10)} = 2.26, p < 0.05$,
239 one-tailed).

240 A within-subject ANOVA only on the no-precursor data was also conducted to see if there
241 was an interaction between notch width and signal phase (as has been reported in previous
242 binaural no-precursor studies), with main factors of noise width (5 levels: 0, 100, 200, 400
243 and 800 Hz) and signal phase [2 levels: diotic (S_0) or dichotic (S_π)]. Mauchly's Test of
244 Sphericity was shown to be significant and since the value of Epsilon was < 0.75 (Girden,
245 1992) the Greenhouse-Geisser correction was applied to adjust the degrees of freedom in the
246 resultant ANOVA. There was a significant effect of notch width ($F_{(2,18)} = 240.86, p < 0.001$
247 (two-tailed), with effect size, $\eta^2 = 0.96$), signal phase ($F_{(1,10)} = 25.87, p < 0.001$ (two-tailed),
248 with effect size, $\eta^2 = 0.72$), and a significant interaction between notch width and signal

249 phase ($F_{(2,24)} = 3.29$, $p < 0.05$ (two-tailed), with effect size, $\eta^2 = 0.25$), confirming previous
 250 findings that the shape of the threshold curve is affected by the signal phase. Post hoc paired t
 251 tests (Bonferroni corrected) revealed that the S_0 signal resulted in significantly higher masked
 252 thresholds than S_π signal for notch bandwidths of 0 Hz (mean difference ($S_0 - S_\pi$) = 4.38, SD =
 253 = 1.99, $t_{(10)} = 7.32$, $p < 0.001$, two-tailed), 100 Hz (mean difference ($S_0 - S_\pi$) = 3.76, SD =
 254 2.34, $t_{(10)} = 5.33$, $p < 0.001$, two-tailed), 200 Hz (mean difference ($S_0 - S_\pi$) = 3.24, SD =
 255 2.76, $t_{(10)} = 3.90$ $p < 0.01$, two-tailed), and 400 Hz (mean difference ($S_0 - S_\pi$) = 2.83, SD =
 256 2.19, $t_{(10)} = 4.29$ $p < 0.01$, two-tailed).

257

258 3.2 Filter shapes

259 Filters were characterized on the basis of a commonly used filter shape, a linear gammatone
 260 filter (e.g., Patterson et al., 2003; for the implementation used in the present study, see
 261 Hohmann, 2002). The equivalent rectangular bandwidth (ERB) of a third-order gammatone
 262 filter centered at the signal frequency was fitted to the threshold curves using a power
 263 spectrum model, where the spectrum of the gated 25-ms notched-noise masker was used as
 264 the input to the model. Prior to the gammatone filtering, an outer and middle ear band-pass
 265 filter of first order with cut-off frequencies of 0.5 and 5.3 kHz was used (as in Nitschmann
 266 and Verhey, 2013). The filter parameter bandwidth was derived independently for the N_0S_0
 267 and N_0S_π thresholds yielding estimates of monaural and binaural filter widths. Table 1 shows
 268 ERB values of the filters fitted to individual data and also to the average data. The parameter
 269 $r(ERB)$ shown in the last four columns (columns 6 to 9) of this table denote $r(ERB)$, the ratio
 270 of the corresponding ERB for N_0S_π compared with N_0S_0 thresholds (columns 6 and 7) or the
 271 ratio of the corresponding ERB for the precursor and baseline conditions (columns 8 and 9).
 272 The filter shapes are shown in Figure 4. Thin lines indicate the individual filters, thick lines
 273 the filters fitted to the average data. Each panel shows the filters for one combination of

274 masking condition (baseline, with precursor) and interaural signal phase [monaural (diotic
275 S_0), binaural (dichotic S_π)]. The fitted threshold curves are shown as solid lines in Figures 2
276 and 3.

277 For the baseline condition, the majority of the listeners (S1-S6 and S8-S11) measured about
278 the same (S3, S9) or wider binaural than monaural filters. For this group of listeners (S1-S6
279 and S8-S11), the ratio $r(ERB)$ ranged from 1.0 to 1.5. For listener S7, a slightly narrower
280 filter was derived from the dichotic data than from the diotic data ($r(ERB) = 0.9$). For the
281 average threshold data, an ERB ratio of 1.13 was obtained.

282 In contrast, for the precursor condition, the filter widths derived from the average data were
283 about the same for the diotic (289 Hz) and dichotic (286 Hz) conditions when the precursor
284 was present, giving a ratio $r(ERB)$ of about 1.0. The ratio $r(ERB)$ for the individual data
285 ranged from 0.7 (S6) to 2.6 (S8).

286 For the diotic condition, the filters derived from individual data with precursor were for most
287 listeners larger than those derived from the baseline condition. Only for listeners S2 and S10
288 the bandwidth was almost identical for baseline and precursor condition. For all other
289 listeners, the ratio $r(ERB)$ ranged from 1.2 (S3, S9) to 3 (S8). For filters fitted to the average
290 data, when a precursor was added, the monaural filter was 45% broader than in the baseline
291 condition. For the dichotic condition, the filters derived from individual data with precursor
292 were generally 1.2 to 1.5 times larger than those derived from the baseline condition. Two
293 listeners (S2, S10) had narrower filters with precursor than without precursor and one (S7)
294 had a filter that was more than six times larger than that derived from the data of the baseline
295 condition. This resulted from the anomalously large bandwidth derived from the dichotic data
296 with precursor. On average the binaural filter was 27 % larger with precursor than without
297 precursor.

298

299 Values for the estimated filter bandwidths (ERB in Hz) were also analyzed statistically for
300 each precursor condition and signal phase.

301 A within-subject ANOVA was conducted on the values of relative filter widths (data for all
302 11 subjects) with factors of precursor (2 levels: presence or absence of precursor) and signal
303 phase [2 levels: diotic (S_0) or dichotic (S_π)]. Mauchly's Test of Sphericity was shown to not
304 be significant and sphericity was assumed. No significant effects were found. Since the
305 modelled filter fit to the data for S8 were anomalous (see Table 1) all data were inspected for
306 significant outliers. Tukey's method for eliminating outliers (Tukey, 1977) was applied. Data
307 values greater than 1.0 interquartile range below the 25th percentile or above the 75th
308 percentile were eliminated. Using this process the value of 12.34 of listener S8 was identified
309 as an outlier. This one value is likely due to an anomaly of the fitting process, so S8 was not
310 included in the subsequent ANOVA. A within-subject ANOVA (with 10 subjects; S8 data
311 removed) showed a significant effect of precursor ($F_{(1,9)} = 6.42, p < 0.05$ (two-tailed), with
312 effect size, $\eta^2 = 0.42$). A *post hoc* paired *t*-test revealed that with the addition of a precursor,
313 filter bandwidths were significantly wider (irrespective of signal phase) compared to the no
314 precursor condition, [mean difference (with precursor – no precursor) = 0.62, SD = 0.77, $t_{(9)}$
315 = 2.53, $p < 0.05$ (two-tailed)].

316

317 **4. Discussion**

318 With the addition of the precursor, thresholds for detectability of the signal were decreased in
319 both the N_0S_0 and N_0S_π condition, i.e., filter bandwidths were broadened for both conditions.

320 A precursor has been shown to reduce cochlear gain in masker experiments where the
321 precursor sound is presented prior to the masker-signal stimuli, similar to the stimuli used in
322 the current study (Jennings et al., 2009; Jennings and Strickland, 2012; Yasin et al., 2014;
323 Drga et al., 2016). Thus a broadening of the filters was expected. However, the broadening is

324 less pronounced for the dichotic data than for the diotic data resulting in about the same
325 monaural and binaural bandwidth in the precursor condition.

326 In psychophysical experiments to measure the amount of efferent gain reduction, the amount
327 of forward masking produced by the precursor is often in the first phase of the experiment
328 (see Yasin et al., 2013; 2014). In the second phase, the level of the signal is then raised 10 dB
329 above the masked threshold in the subsequent measurements of efferent-mediated gain
330 reduction where the masker is then varied adaptively. Such a two-phase approach was not
331 used here to maintain an experimental design similar to that used typically for notched-noise
332 measures of binaural frequency selectivity where the signal is adaptively varied and the
333 masker level is fixed (Hall et al., 1983, Nitschmann et al., 2010, Nitschmann and Verhey,
334 2013). In the present study, precursor parameters were chosen to minimize the contribution
335 of forward masking, i.e. precursor duration was set at 325 ms and precursor offset to
336 combined masker-plus signal onset was set at 50 ms. The precursor raised average thresholds
337 without a notched-noise masker for both signal phases by about 9 dB (Fig. 3). Average
338 notched-noise thresholds were at least 15 dB higher than that masked threshold (with the
339 precursor alone as the masker), i.e., the influence of forward masking in the notched-noise
340 data should be negligible. For the individual data, notched-noise thresholds were at least 9 dB
341 higher, i.e., all thresholds were obtained at a level above masked threshold (with the
342 precursor alone as the masker) that was comparable to or higher than that used in our
343 previous studies on the efferent effects. In addition, we showed in our previous studies at 4
344 kHz (using the two-phase approach) that the contribution of forward masking by the
345 precursor alone would not make a significant contribution to the overall (much larger)
346 reduction in gain due to efferent mediation (e.g., Yasin et al., 2014).

347 Binaural filter bandwidths have been shown to be wider than monaural filters by a number of
348 studies by measuring detection thresholds for a sinusoidal signal as a function of the

349 bandwidth of a noise centered at the signal frequency (Bourbon and Jeffress, 1965;
350 Wightman et al., 1971; Hall et al., 1983; Zurek and Durlach, 1987; Cokely and Hall, 1991;
351 van de Par and Kohlrausch, 1999), or by measuring detection thresholds for a sinusoidal
352 signal as a function of the width of the notch in broadband noise (Hall et al., 1983;
353 Nitschmann et al., 2009; 2010; Nitschmann and Verhey, 2013). For a similar signal
354 frequency to the present study (1 kHz), Nitschmann and Verhey (2013) showed the ERB
355 based on mean thresholds to be 236 Hz (N_0S_π) and 143 Hz (N_0S_0), and $r(\text{ERB})$ (dichotic ERB
356 divided by diotic ERB) was 1.6. Comparative ERB values from the current study (for the
357 baseline condition) are 215 Hz (N_0S_π) and 192 Hz (N_0S_0), and the ratio $r(\text{ERB})$ was 1.1. Thus
358 the filter bandwidth for the N_0S_0 condition is larger than in Nitschmann and Verhey (2013).
359 This could be due to the much shorter total duration of the masker and signal in the present
360 study (25 ms) compared to 300 ms in their study. The short duration of the stimuli results in a
361 broadening of the spectrum, partly filling the notch of the noise. This was considered when
362 fitting the filter to the data by using the masker spectra as input of the filter. Since only the
363 energy of one auditory filter was used for the derivation of the filter width, the broadening of
364 the signal was not considered which may at least partly account for the difference in filter
365 estimate of the two studies. Interestingly, the filter bandwidth for the N_0S_π condition was
366 slightly narrower than in Nitschmann and Verhey (2013). This is presumably due to the small
367 maximum BMLD (for the no-notch condition).

368 Comparing the current results with those of Nitschmann and Verhey (2013) for the same
369 signal frequency thresholds in the no-notch condition, the shorter total signal duration used in
370 the present study increases thresholds for detection of the stimuli, as expected from temporal
371 integration data. N_0S_0 and N_0S_π thresholds are increased by about 5 dB and 15 dB
372 respectively, compared to Nitschmann and Verhey (2013; Fig. 2 for the 1-kHz signal and

373 masker without a notch). In contrast, absolute thresholds (without a masker) are increased by
374 the same amount (10 dB).

375 The present results seem to be at odds with previous studies on the effect of signal duration
376 on the BMLD. For 500 Hz, several studies reported that the BMLD for short signals was
377 larger than for long signals (Blodgett et al., 1958, Bernstein and Trahiotis, 1998). Kohlrausch
378 (1986) reported larger BMLD for short (25ms) than long (250 ms) signals for signal
379 frequencies in the range from 300 to 800 Hz). That the comparison between Nitschmann and
380 Verhey (2013) and the present study indicate the opposite effect may be partly due to the
381 signal frequency which was higher than commonly used in studies on duration effects in
382 BMLD. For a 4-kHz tone embedded in a 200-Hz white noise, Bernstein and Trahiotis (1998)
383 reported a decrease in BMLD as the signal duration decreases.

384 A large portion of this of finding may be accounted for by differences in signal and masker
385 gating of the two studies. The present study used synchronous gating of signal and masker
386 whereas in Nitschmann and Verhey (2013) the signal was temporally centered in a longer
387 masker. Robinson and Trahiotis (1972) showed that a common gating of signal and masker
388 reduces the BMLD compared to a fringe condition as used in Nitschmann and Verhey (2013).
389 Precursor-mediated activation of the MOC reflex has been shown to affect psychophysical
390 tuning curves, reducing the gain and shifting the filter's best frequency (Jennings et al., 2009)
391 and increasing estimated bandwidths (Vinay and Moore, 2008; Jennings et al., 2009;
392 Jennings and Strickland, 2012) consistent with a reduction in cochlear gain. The present
393 results show that the filter bandwidths are increased for the N_0S_0 condition when a precursor
394 is added, the results for the N_0S_π condition are somewhat more variable, but there is a general
395 trend towards larger ERBs with the addition of a precursor also for the dichotic data.
396 The finding that the same filter width was derived from the diotic and dichotic data in the
397 presence of the precursor may indicate that the binaural frequency selectivity is affected

398 differently from the monaural system when the MOC reflex is activated. However, one
399 should keep in mind that there are large interindividual differences when the precursor is
400 added, much larger than without precursor. Such large interindividual differences are also
401 found in previous psychoacoustic studies on the effect of MOC reflex on filter width (e.g.,
402 Jennings and Strickland, 2012).

403 Large interindividual differences for the monaural filter width were also observed in hearing-
404 impaired listeners (Nitschmann et al., 2010). However, the individual variations in the ratio
405 between binaural and monaural bandwidth for the hearing-impaired listeners are smaller than
406 the variation of this ratio in the precursor condition for the normal-hearing listeners of the
407 present study. Thus, although both MOC activation and hearing loss cause cochlear gain
408 reduction it is difficult to draw conclusions about the degree of similarity between
409 underlying physiological mechanisms other than in both cases gain reduction may involve
410 outer hair cells (Maison et al., 2013). The results of the present study compared to those of
411 Nitschmann et al. (2010) may indicate that MOC reflex and hearing loss have different
412 effects on auditory processing, at least on the relation between monaural and effective
413 binaural bandwidth.

414

415

416 **5. Summary and conclusions**

417 The present study investigated the change in binaural frequency selectivity due to activation
418 of the efferent effect. Frequency selectivity was assessed with a notched-noise experiment
419 and the specific effective binaural frequency selectivity by comparing a diotic condition with
420 a dichotic condition where the signal had an interaural phase difference of π . Efferent
421 activation was studied by presenting a precursor prior to the signal and the notched-noise
422 masker which is thought to activate the MOC system. In the absence of a precursor, the data
423 indicate effectively wider binaural filters compared to monaural filters, in agreement with
424 previous studies using the same masking paradigm. However, the difference is smaller,
425 presumably due to the shorter signal and masker duration than used in the previous studies
426 and a common on- and offset of signal and masker. The addition of the precursor reduces
427 frequency selectivity and thereby broadens the filter for both diotic and dichotic stimuli, in
428 agreement with the hypothesis that the efferent effect reduces cochlear gain. In general,
429 addition of a precursor reduces gain (as shown by previous studies), resulting in reduced
430 frequency selectivity in both the dichotic and diotic case.

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432

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584

585 **TABLES**

586

Subject	ERB in Hz				r(ERB)		r(ERB)	
	Baseline		With precursor		Baseline	With precursor	diotic	dichotic
	diotic	dichotic	diotic	dichotic				
S1	272	296	378	355	1.1	0.9	1.4	1.2
S2	224	236	233	208	1.1	0.9	1.0	0.9
S3	231	232	284	285	1.0	1.0	1.2	1.2
S4	192	235	298	313	1.2	1.0	1.5	1.3
S5	145	187	243	240	1.3	1.0	1.7	1.3
S6	184	195	324	255	1.1	0.8	1.8	1.3
S7	168	145	219	220	0.9	1.0	1.3	1.5
S8	208	264	626	1637	1.3	2.6	3.0	6.2
S9	186	188	229	249	1.0	1.1	1.2	1.3
S10	162	229	163	160	1.4	1.0	1.0	0.7
S11	275	416	797	590	1.5	0.7	2.9	1.4
Average	199	225	289	286	1.1	1.0	1.5	1.3

587

588 **Table 1.** Auditory filter parameters a filter fitted to the notched-noise data. The equivalent

589 rectangular band (ERB) in Hz of the third-order linear gammatone filter fitted to the diotic

590 S_0N_0 (second and fourth columns) and the dichotic $S_\pi N_0$ (third and fifth columns) for the

591 baseline condition (second and third columns) and the precursor condition (fourth and fifth

592 columns) are shown. The sixth and seventh columns show the ratio of the dichotic ERB

593 divided by the diotic ERB value. The eighth and ninth columns show the ratio of the ERB

594 with precursor divided by the ERB in the baseline condition for the diotic and the dichotic

595 condition, respectively. Filter parameters are shown for each listener individually. The last

596 row shows the filter fit for the average data (which differs slightly numerically from the

597 average ERB value per column).

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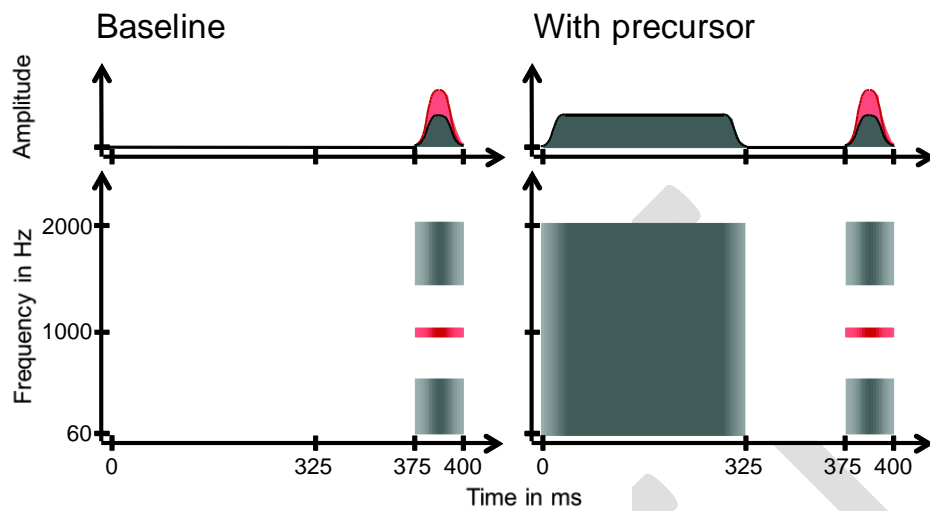
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601

602 **FIGURES**

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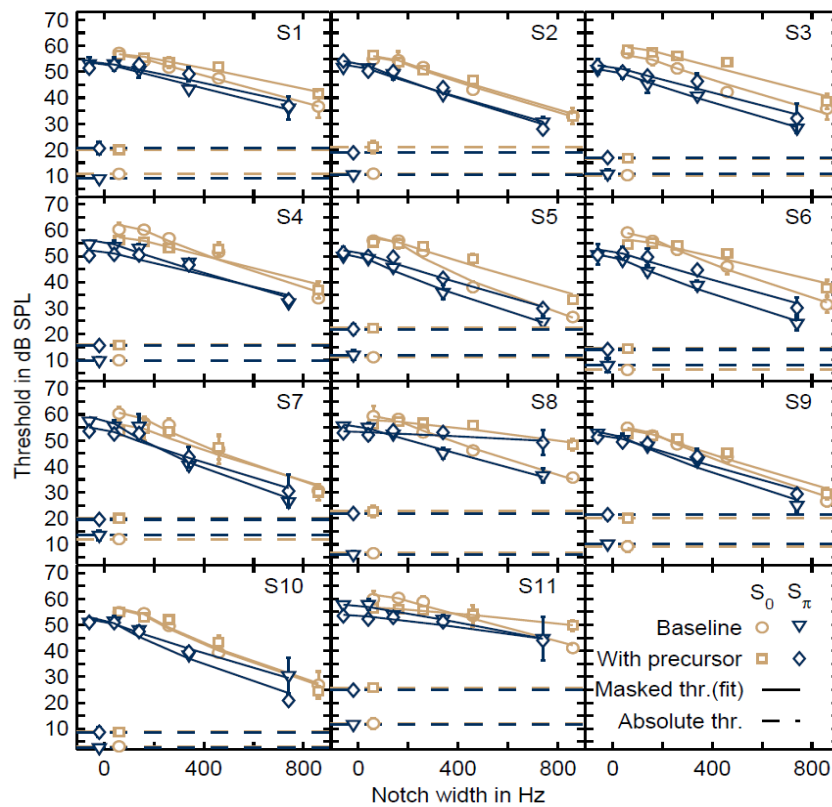
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607 **Fig. 1.** Schematic plot of the stimuli for the two masking conditions: baseline condition (left
608 column of panels) and precursor condition (right column of panels). The temporal envelopes
609 of signal (red), masker (grey) and, for the precursor condition, the precursor (also grey) are
610 shown in the top row of panels. The bottom row of panels shows the spectrograms of the
611 stimuli.

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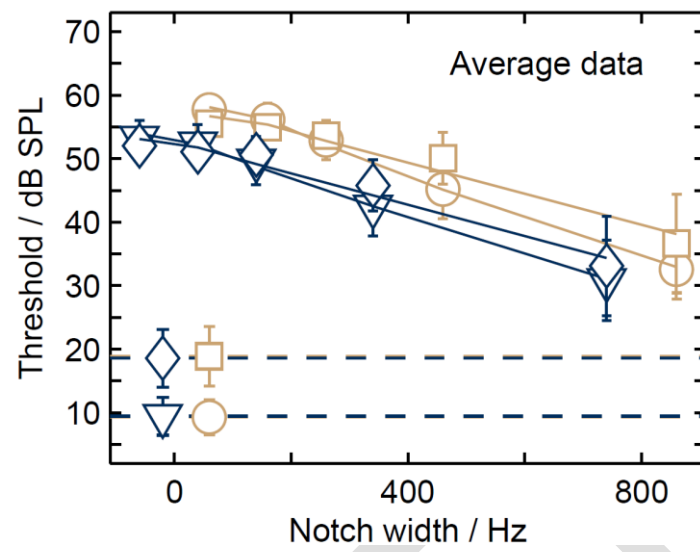
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616 **Fig. 2.** Masked thresholds for diotic S_0 and a dichotic S_π signal embedded in a diotic notched-
 617 noise masker (N_0) as a function of notch width. The bottom right panel contains the figure
 618 legend. All other panels show individual data. Diotic thresholds are indicated by squares in
 619 the precursor condition and by circles in the baseline condition, dichotic thresholds by
 620 diamonds in the precursor condition and by triangles in the baseline condition. Error bars
 621 indicate plus and minus one standard deviation. For a better visibility, thresholds for the
 622 baseline condition are shifted to the left and those for the precursor condition to the right. The
 623 threshold curves predicted by an energy model with individually fitted third-order
 624 gammatone filters are shown with solid lines (see Methods for details). Thresholds without a
 625 masker are shown with the same symbols as used for the notched-noise data and a horizontal
 626 dashed line.

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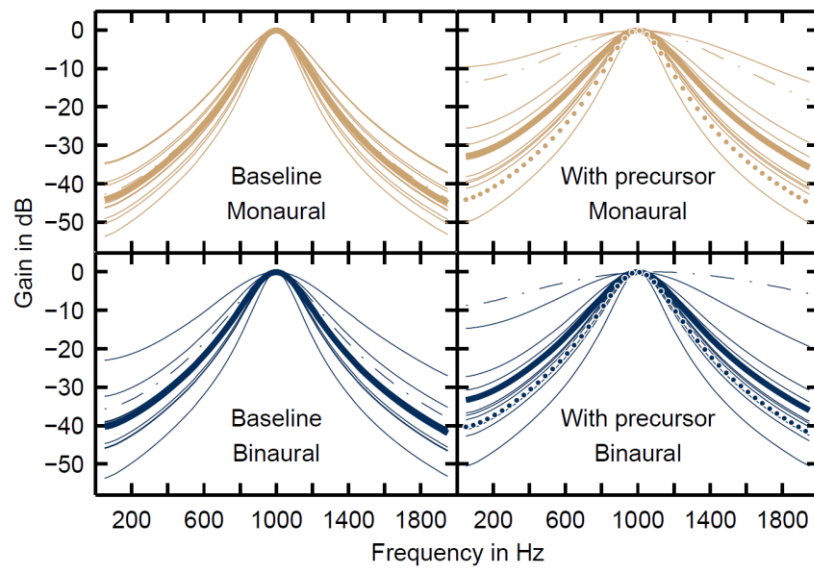


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630 **Fig. 3.** Same as Fig. 2 but now showing average data across all eleven listeners.

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632



633

634 **Fig. 4.** Transfer functions of the linear gammatone filters of third order fitted to the diotic
 635 N_0S_0 (monaural filters, top panels) and dichotic N_0S_π (binaural filters, bottom panels) notched-
 636 noise data. Thin lines indicate filters fitted to individual data. The dashed dotted lines indicate
 637 the filters that were not used for the statistical analysis with a reduced data set. Thick solid
 638 lines indicate filters fitted to the average data. Left panels indicate the filter shapes for the
 639 baseline condition and the right panels those for the condition with the precursor. In the latter
 640 panels, the filters fitted to the average data of the corresponding baseline condition are
 641 redrawn with a thick dotted line, to facilitate a direct comparison of these two conditions.

642