

1

2 Enhanced surveillance of human immunodeficiency virus type 1 drug
3 resistance in recently infected MSM in the UK

4

5 Emma CUNNINGHAM¹, Yuen Ting CHAN¹, Adamma AGHAIZU², David F. BIBBY^{1,3},
6 Gary MURPHY¹, Jennifer TOSSWILL¹, Ross J. HARRIS⁴, Richard MYERS¹, Nigel
7 FIELD², Valerie DELPECH^{2,3}, Patricia A. CANE^{1,3}, O. Noel GILL^{2,3} and Jean L.
8 MBISA^{1,3*}.

9 ¹Virus Reference Department, National Infection Service, Public Health England, UK.

10 ²HIV and STI Department, National Infection Service, Public Health England, UK.

11 ³National Institute for Health Research Health Protection Research Unit (NIHR HPRU) in
12 Blood Borne and Sexually Transmitted Infections, University College London, UK.

13 ⁴Statistics, Modelling and Economics Department, National Infection Service, Public
14 Health England, UK.

15 *Corresponding author

16

17 **Keywords.** HIV-1 transmitted drug resistance, HIV-1 subtypes, low frequency variants,
18 antiretroviral therapy, next generation sequencing

19 **Running title.** HIV-1 low frequency TDR variants

20 **Corresponding author.** Jean L. Mbisa, Antiviral Unit, Virus Reference Department,
21 Public Health England, 61 Colindale Avenue, London NW9 5EQ, UK
22 (tamyo.mbisa@phe.gov.uk).

23

24

25 Abstract: 250 words

26 Manuscript: 3,525 words

27 **SYNOPSIS**

28 **Objectives:** To determine the prevalence of low inferred frequency HIV-1 transmitted
29 drug resistance (TDR) in men who have sex with men (MSM) in the UK and their
30 predicted effect on first-line therapy.

31

32 **Methods:** The HIV-1 *pol* gene was amplified from 442 newly diagnosed MSM identified
33 as likely recently infected by serological avidity testing in 2011 to 2013. The PCR
34 products were sequenced by next generation sequencing with a mutation frequency
35 threshold of >2% and TDR mutations defined according to the 2009 WHO surveillance
36 drug resistance mutations (SDRM) list.

37

38 **Results:** The majority (75.6%) were infected with subtype B and 6.6% with rare
39 complex or unique recombinant forms. At mutation frequency threshold of >20%, 7.2%
40 [5.0 – 10.1%] of the sequences had TDR and this doubled to 15.8% [12.6 – 19.6%] at
41 >2% mutation frequency ($p<0.0001$). The majority (26/42; 62%) of low frequency
42 variants were against protease inhibitors (PIs). The most common mutations detected at
43 >20 and 2-20% mutation frequency differed for each drug class, these being: L90M
44 (n=7) and M46IL (n=10) for PIs, T215rev (n=9) and D67GN (n=4) for nucleos(t)ide
45 reverse transcriptase inhibitors (NRTIs), K103N (n=5) and K101E/G190E (n=2 each) for
46 non-nucleoside RTIs (NNRTIs), respectively. Combined TDR was more frequent in
47 subtype B than non-B (OR=0.38; 95%CI=0.17-0.88; $p=0.024$) and had minimal predicted
48 effect on recommended first-line therapies.

49

50 **Conclusions:** The data suggest differences in the types of low frequency compared to
51 majority TDR variants that requires a better understanding of the origins and clinical
52 significance of low frequency variants. This will better inform diagnostic and treatment
53 strategies.

54

55 INTRODUCTION

56 Drug resistance mutations identified in newly diagnosed, treatment-naïve patients are
57 presumed to be a result of the transmission of drug resistant variants. Transmitted drug
58 resistance (TDR) can limit the treatment options available to newly diagnosed HIV-1
59 positive patients and is associated with an increased risk of virologic failure.^{1,2} The
60 prevalence of TDR in the UK has been estimated by analyzing the earliest available
61 sequences from all treatment-naïve patients or from seroconverters submitted to the UK
62 HIV drug resistance database matched to the national new HIV diagnoses database.³⁻⁷
63 The sequences are generated using Sanger capillary sequencing which has a limit of
64 detection of approximately 20% of variant frequency present in the viral population.
65 Using these data, the prevalence of HIV-1 TDR in the UK appeared to have peaked at
66 ~13% in 2002, before declining to a nadir of 6.6% in 2013.^{8,9} However, the level of TDR
67 has been consistently higher in men who have sex with men (MSM) and has been
68 shown to be more likely in MSM infected with subtype B compared to other exposure
69 groups.^{8,10} The prevalence of TDR in the MSM group in the UK was estimated at 15.2%
70 at its peak in 2002 before declining to its lowest level in 2013 at 7.5%.¹¹ The MSM risk
71 group also bears the highest burden of the infection accounting for 54% of new
72 diagnoses and 41% of people living with HIV in the UK in 2013.¹¹

73

74 Following transmission, and in the absence of drug pressure, drug resistance mutations
75 may revert to wild-type or an intermediate form due to the reduced replicative capacity of
76 viruses with particular mutations.¹² Some drug resistance mutations may also persist in
77 latently infected cells or become compartmentalized, reappearing later in the presence of
78 antiretroviral (ARV) drugs.^{13,14} A number of studies have been conducted to determine
79 the persistence of TDR.¹⁵⁻¹⁸ However, the persistence of TDR mutations has been
80 shown to vary between particular types of mutations.¹⁹ In addition, some mutations may
81 fall below the limit of detection of Sanger capillary sequencing and this may have an
82 impact on the response to ARV therapy as these low frequency variants could reemerge
83 upon initiation of therapy resulting in treatment failure.²⁰⁻²²

84

85 The development of next generation sequencing (NGS) technologies has allowed the
86 detection of low-level drug-resistant mutations present in a viral population at
87 frequencies as low as 0.3%.²³ Recent studies employing sensitive genotyping assays
88 have shown that the prevalence of TDR can be as high as 30%.^{24,25} However, several

89 studies examining the clinical significance of low frequency variants on treatment
90 outcome have shown that not all low frequency drug-resistant variants detected in
91 treatment-naïve individuals contribute to virologic failure.²⁶

92
93 This study applied NGS to samples from patients deemed to have been infected within 6
94 months of sampling by the application of a recent infection testing algorithm (RITA).²⁷
95 Not only does this increase the potential to detect TDR mutations before they revert or
96 are archived, as previously done using seroconverter cohorts,⁴⁻⁶ but importantly
97 increases the likelihood of detecting low frequency variants. Additionally, since the
98 national reference laboratory in England applies this RITA to ~50% of all newly
99 diagnosed HIV-1 infections, as a population level surveillance of HIV-1 incidence, these
100 samples should also allow a more timely and direct measure of the prevalence of TDR
101 and surveillance of circulating or emerging genotypes compared to samples from all
102 newly HIV-1 diagnosed persons.

103 The work was conducted as part of the National Institute for Health Research Health
104 Protection Research Unit (NIHR HPRU) at University College London (UCL), a
105 partnership with Public Health England (PHE) in Blood Borne and Sexually Transmitted
106 Infections in collaboration with the London School of Hygiene and Tropical Medicine.

107

108 **METHODS**

109 **Study population.** The first plasma specimen from 442 newly HIV-1 diagnosed MSM
110 sampled between July 2011 and December 2013 were analysed. This represents
111 approximately 42% of all samples identified to be likely recent infections during this
112 period and approximately 7% of all new infections among MSM as estimated by
113 parsimonious back-calculation.^{8, 28, 29} All patients were treatment-naïve and identified as
114 likely to be recently infected (within 6 months of infection) using RITA, which includes
115 CD4+ count (>200 cells/mm³), viral load (>1,000 copies/mL) and the AxSYM HIV 1,2gO
116 assay with an avidity index threshold <80% or, for samples taken between September
117 and December 2013, a Limiting-antigen (LAG) avidity assay with an OD index <1.5. The
118 assays differentiate likely recent from long standing infection by the strength of HIV-
119 specific antibody-antigen binding.^{30, 31} The assays have a misclassification rate of <5%
120 and samples close to the avidity or OD index cut-off values are more likely to be

121 misclassified.³² Linked demographic and clinical information was extracted from the HIV
122 & AIDS Reporting System (HARS) held at Public Health England (PHE).

123

124 **HIV-1 RNA extraction, PCR amplification and sequencing.** Two hundred μL of each
125 sample were used to extract viral RNA using QIAamp UltraSens Virus Kit (QIAGEN) as
126 per the kit instructions and the HIV-1 RNA eluted into 60 μL of AVE buffer. A 1.3kb
127 region of the HIV *pol* gene (whole of protease and N-terminal half of reverse
128 transcriptase; aa1-320) was amplified as previously described using 10 μL of the RNA
129 extract in each PCR reaction.³³ PCR products were purified using QIAQuick kit
130 (QIAGEN) and quantified using both Qubit® dsDNA Broad Range and High Sensitivity
131 Assay Kits and the Qubit® 2.0 Fluorometer (Life Technologies). One ng/ μL of the
132 amplified DNA product was used for DNA library preparation with the Nextera XT DNA
133 sample prep kit (Illumina) as per the kit protocol. NGS was performed using the MiSeq
134 reagent kit version 2 (Illumina).

135

136 **Bioinformatic analysis.** A subset of the MiSeq paired-end reads from each FASTQ file
137 was compared to a local database of HIV reference sequences using BLAST to identify
138 an optimum reference sequence for mapping using BWA-MEM version 0.7.5. Utilising
139 SAMTools the resulting files were then converted into BAM format in preparation for in-
140 house developed software, QuasiBAM, which generates consensus sequences of the
141 protease and reverse transcriptase regions and produces detailed information on the
142 frequencies of minority variants present within each sample. These procedures were
143 automated using a computational pipeline developed in-house using Python and C++.

144

145 **Analysis of HIV-1 subtypes, TDR and predicted drug susceptibility.** HIV-1 subtypes
146 were determined using four publically available HIV-1 subtyping tools, these being
147 REGA HIV-1 Subtyping Tool version 3.0, SCUEAL algorithm, jumping profile Hidden
148 Markov Model (jpHMM-HIV) and Context-based Modelling for Expeditious Typing
149 (COMET HIV-1).³⁴⁻³⁸ When the subtyping tools were discordant, the subtype or
150 circulating recombinant form (CRF) was called by manual inspection or designated as a
151 URF if it could not be assigned to a particular subtype or CRF. TDR mutations were
152 defined using the WHO 2009 list of surveillance drug resistance mutations.³⁹ The drug
153 susceptibility of each sample was determined using the Stanford HIV drug resistance
154 database genotypic interpretation algorithm version 7.0.⁴⁰

155

156 **Statistical analyses.** Upper and lower 95% confidence intervals were determined
157 using the exact binomial calculation and estimates of the additional detections provided
158 by the more sensitive 2-20% test via McNemar's chi-squared test for matched data. The
159 association of subtype and other demographic factors (age, geographic region, ethnicity,
160 country of birth and probable country of infection) with TDR rates was determined using
161 univariate analysis involving odds ratio (OR) and Chi-squared tests. Multivariable models
162 were constructed to estimate the independent effects of covariates on TDR rates via
163 logistic regression. Statistical analyses were carried out using Stata 13.1 software
164 (StataCorp. 2013. *Stata Statistical Software: Release 13*. College Station, TX: StataCorp
165 LP) or Microsoft Excel, with a p value <0.05 regarded as significant.

166

167 **RESULTS**

168 **Characterisation of the study population.** From July 2011 to December 2013, 58.1%
169 (4,119 out of 7,093) of newly HIV-1 diagnosed MSM in England, Wales and Northern
170 Ireland were tested using RITA by the national reference laboratory in England (Table 1).
171 Of these, 26.7% (1,101) were identified as likely recent infections, of which 442 had
172 sufficient residual volume and were successfully amplified by PCR and subjected to
173 NGS. This represents 43.1% of all RITA positive samples during that period. Samples
174 included 68 from 2011, 145 from 2012 and 229 from 2013. The median age of the study
175 population was 32 years [26-40; IQR]. More than half of the newly diagnosed (51.4%)
176 were from the London region; however, the proportions that were RITA tested and found
177 to be recently infected and then sequenced was similar across the geographic regions
178 ranging from 41.6 to 46.5%. In contrast, a higher proportion (51.2%) of samples from
179 the recently infected aged over 50 years old were sequenced compared to 31.2% from
180 those aged between 15 to 24 years old (Table 1).

181

182 **Distribution of circulating HIV-1 subtypes among recently infected MSM in the UK.**

183 The 442 sequences were subtyped using four web-based subtyping tools as described
184 in the methods section and the assigned subtypes shown in Table 2. For 402
185 sequences (91%), the results from at least three of the subtyping tools were concordant
186 and the results for 425 sequences (96.2%) were concordant by at least two subtyping
187 tools. The remaining sequences, where the subtyping tools disagreed or returned no

188 particular assignment, were mostly complex unique recombinant forms (URFs). As
189 expected, subtype B was the predominant subtype making up 75.6%. Of note, the most
190 common non-B subtype group consisted of rare CRFs and URFs at 6.6%. The majority
191 (27/29) of the rare CRFs/URFs were composed of a subtype B and another subtype(s)
192 or CRFs (Supplementary Table 1). The subtypes of the remaining samples in order of
193 abundance were subtype F1 (4.5%; n=20), CRF02_AG (4.3%; n=19), A1 (3.4%; n=15),
194 C (2.3%; n=10), CRF01_AE (1.4%; n=6), CRF06_cpx (1.4%; n=6) G (0.5%; n=2) and
195 CRF07_BC (0.2%; n=1).

196

197 **The proportion of TDR at 20% variant frequency threshold.** We determined the
198 proportion of TDR mutations among recently infected MSM at a variant frequency
199 threshold of >20% which is equivalent to that used for Sanger capillary sequencing. At
200 this threshold, TDR mutations were detected in 32 out of the 442 sequences, 7.2% [5.0 -
201 10.1%; 95% CI]. By drug class, the overall TDR proportion was as follows: protease
202 inhibitors (PIs: 2.7%, n=12), nucleoside reverse transcriptase inhibitors (NRTIs: 3.2%,
203 n=14) and non-nucleoside reverse transcriptase inhibitors (NNRTIs: 1.6%, n=7). The
204 TDR mutations detected in the 32 sequences are shown in Table 3. One sample had
205 dual class resistance with three mutations, two NRTI mutations (M41L and M184V) and
206 one NNRTI mutation (V106A). The remainder had single class resistance with one TDR
207 mutation each except for one sample that had two NNRTI mutations (K103N and
208 Y188L). The most common TDR mutations detected in each class were: L90M (n=7) for
209 PIs, T215rev (n=9) for NRTIs and finally K103N (n=5) for NNRTIs (Table 3).

210

211 **The detection of low frequency TDR mutations between 2 and 20% mutation**
212 **frequency thresholds.** To establish the threshold for detection of low-level variants in
213 our assay we determined the reproducibility of detection of variants in clinical samples.
214 We compared the frequency of each codon in the *pol* gene amplicon of a particular
215 sample with its corresponding codon in a replicate which had been processed
216 independently from nucleic acid extraction to sequencing. This showed that some
217 codons detected at low frequencies did not have the same percentage occurrence in the
218 two independent runs and this was seen more often with variants detected at < 2%
219 (Figure 1a). Furthermore, the analysis showed that if we included frequencies in the
220 second replicate at plus or minus 50% of the value of the first replicate, the threshold of
221 low frequency variant detection approaches 100% only at cut-off values >2% (Figure

222 1b). The median depth of coverage for each replicate run was similar and high at
223 15,782 [11,426-19,502; IQR] and 19,393 [15,375-22,454] for Run 1 and 2, respectively
224 (Figure 1c). Thus, the threshold for low frequency variant detection in our assay was set
225 at 2%.

226 At the 2% variant frequency threshold, an additional 38 samples were identified to have
227 TDR mutations, representing a significant increase in the overall TDR proportion at
228 15.8% [13.4 – 20.6%] (McNemar's chi-squared $p < 0.0001$). The depth of coverage at
229 sites where low frequency variants were identified was very high and ranged from 7,139
230 to 47,752 reads (Supplementary Table 2). By drug class, the overall TDR proportions
231 when low frequency variants were included increased by 3.2-fold for PIs at 8.6%, by 1.7-
232 fold for NRTIs at 5.4% and by 1.9-fold for NNRTIs at 2.9%. Low frequency variants were
233 detected in 4 samples that had TDR mutations at a frequency $> 20\%$, these being: PI
234 V82A + NNRTI K103N (9.7%), NNRTI K103N and Y188L + PI M46L (2.1%), NRTI
235 T215S + PI M46L (11%) and PI L90M + PI D30N (5.9%). This changed the classification
236 of the first 3 samples from single- to dual-class resistance. The majority of the identified
237 low frequency variants were PI mutations that were detected in 26 out of 42 (62%)
238 samples (Table 3 and Supplementary Table 2).

239

240 **Factors associated with transmitted drug resistance.** Univariable analyses revealed
241 that TDR was significantly associated with subtype B than non-B infections (odds ratio
242 for TDR in non-B subtype infections of 0.41; 95%CI=0.19-0.85; $p = 0.017$). This was
243 mostly due to a reduced likelihood of TDR in non-B subtype infections at $> 20\%$ variant
244 frequency (OR=0.30; 95%CI=0.09-1.01; $p = 0.051$ compared to OR=0.59; 95%CI=0.26-
245 1.37; $p = 0.223$ at 2-20% variant frequency). Multivariable analyses confirmed subtype as
246 an independent factor associated with TDR (OR for TDR in non-B subtype infections of
247 0.38; 95%CI=0.17-0.88; $p = 0.024$). The only other factor significantly associated with
248 TDR in multivariable analyses was infections that were probably acquired outside the UK
249 (OR=2.64; 95%CI=1.03-6.78; $p = 0.044$). However, this effect was slightly attenuated in
250 univariable analyses (OR=2.12; 95%CI=0.93-4.83; $p = 0.073$) and was not strongly linked
251 with a particular variant frequency threshold. There was no significant association with
252 age, geographic region, ethnicity and the country of birth in both univariable and
253 multivariable analyses (Table 4).

254

255 **Predicted susceptibility of samples harbouring low frequency variants to ARVs**
256 **recommended for first-line therapy in the UK.** We investigated the predicted effect of
257 the low frequency TDR mutations detected on susceptibility to the ARVs that are
258 currently recommended for first-line treatment or as alternatives in the UK.⁴¹ The
259 susceptibility of the samples was analysed using the Stanford HIV drug resistance
260 database genotypic interpretation algorithm which assigns five different levels of drug
261 susceptibility, these being: susceptible, potential resistance, low-level resistance,
262 intermediate resistance and high-level resistance. Most of the TDR mutations resulted in
263 low-level resistance but intermediate to high-level resistance was often associated with
264 NNRTIs (Figure 2).

265 At the >20% variant frequency threshold the drugs most affected were as follows: the
266 NNRTIs nevirapine and efavirenz with 1.9%, the NRTI zidovudine with 2.5% and the PIs
267 atazanavir and lopinavir with 1.7% of the samples showing low- to high-level resistance
268 (Figure 2). The only drugs not associated with any resistance were the PI darunavir and
269 the NRTI tenofovir. When the low-level frequency mutations were included we observed
270 an increase in the proportion of samples with reduced susceptibility to all drugs including
271 resistance to darunavir and tenofovir (Figure 2). Resistance to the NNRTIs nevirapine
272 and efavirenz increased 2-fold to 4% and 3.8%, respectively, whereas that to the PIs
273 lopinavir and atazanavir increased 2.3- and 2.8-fold to 4.6% and 3.8%, respectively. Of
274 note, a significant proportion of the samples showed resistance to PIs and NRTIs that
275 are no longer used in the UK with 2.7% of the samples showing resistance to the older
276 NRTIs and PIs at >20% variant frequency threshold increasing up to 8% at >2% variant
277 frequency threshold.

278

279 **DISCUSSION**

280 The data show that the proportion of TDR among recently infected MSM doubles when
281 low frequency variants are taken into account from 7.2% to 15.8% at >20% and >2%
282 variant frequency thresholds, respectively. This is in agreement with other studies that
283 have used highly sensitive genotyping methods where the proportion of TDR among
284 treatment-naïve individuals has ranged between 17-30% worldwide.^{20, 23, 26, 42-44} A
285 majority (62%) of the low frequency variants were associated with resistance against PIs
286 despite PI-associated drug resistance mutations rarely being observed among
287 treatment-experienced patients failing therapy in the UK at 3.5% in 2013 compared to

288 16.5% and 23.2% for NRTI and NNRTI mutations (UK HIVDRDb). It is expected that
289 following transmission, drug resistance-associated variants would steadily decline and
290 disappear with time in the absence of drug selective pressure. Thus, these data suggest
291 either a transmission and sustained persistence of low frequency variants or a stochastic
292 *de novo* generation of these mutations in the infected patients. For the latter, the
293 mutations would be expected to be randomly distributed; however, the data show a
294 predominance of particular types of low frequency variants in each drug class i.e. M46IL
295 for PIs, D67GN for NRTIs and G190E for NNRTIs which are different from the most
296 common drug resistance-associated mutations observed at >20% variant frequency
297 threshold: L90M, T215rev and K103N, respectively. Alternatively, this could reflect the
298 impact on replication fitness of individual mutations with those significantly detrimental to
299 viral replication most likely to decrease rapidly in frequency in the absence of drug
300 selection or it could be dependent on differences in the frequency of a given codon
301 change resulting in an amino acid substitution at a particular site.

302 Several studies have investigated the transmission of low frequency drug resistance
303 variants.⁴⁵⁻⁴⁷ One study used ultradeep sequencing on samples from 32 recently
304 infected individuals concluded that the bulk of low frequency drug resistance variants
305 were either due to sequencing or *de novo* viral replicative errors.⁴⁵ In contrast, a study
306 using allele-specific PCR on samples from recently and chronically infected patients
307 showed direct evidence that low frequency variants can be transmitted.⁴⁶ It is possible
308 that the contradictory outcomes could be a result of different experimental
309 methodologies. Thus, the origins and source of these low frequency variants need
310 further investigation using large well-characterized cohorts, as it has been hypothesized
311 that transmitted variants are more likely to persist and establish a latent infection than *de*
312 *novo* generated variants.

313 Similar to previous studies of TDR prevalence in the UK the most common TDR
314 mutations we identified at >20% variant frequency threshold confer resistance to drugs
315 no longer used for treatment of HIV-1 infection i.e. PI L90M and NRTI T215rev.^{9, 48}
316 These mutations are likely to have been initially transmitted from ARV-experienced
317 individuals further back in the transmission chain and despite absence of drug pressure
318 have persisted in the population.^{48, 49} Interestingly, TDR mutations especially those
319 present at a variant frequency greater than 20% were observed to significantly occur
320 more frequently in subtype B than non-B subtypes in keeping with the notion that the

321 resistance is mostly historical due to ART having been in use for longer in subtype B
322 than non-B infections.

323 To date, studies describing the impact of low frequency variants detected at baseline on
324 treatment outcome have linked NNRTI-resistant mutations with a two-fold increase in the
325 risk of virologic failure.²¹ One factor determined to be associated with this increased risk
326 is the mutational load which is a product of the frequency of the variant and viral load.^{23,}
327 ⁵⁰ Viral load data were incomplete for this study but are likely to be relatively high for
328 acute infections. However, we observed that the frequency of NNRTI low frequency
329 variants was often higher (between 3.1% and 15.4%, and thus likely to represent a
330 higher mutational load) compared to PI and NRTI variants that were mostly between 2%
331 and 3% (Supplementary Table 2). Further large case-control or cohort studies are
332 required to determine the impact of specific low frequency variants on treatment
333 outcome.

334 It has been reported that the proportion of non-B and non-C subtypes among the
335 treatment-naïve MSM population in the UK has increased significantly from 5.7% to
336 13.6% between 2002 and 2010.⁵¹ In this study this proportion was 23.2%, a further
337 increase on the 2010 figures and in keeping with the upward trend in the proportion of
338 non-B and non-C subtypes among MSM. We also show that rare CRFs/URFs were the
339 most frequent non-B subtypes observed comprising ~7% of the samples. This
340 proportion is likely higher than reported here as only 15% of the genome was sequenced
341 and recombination could have occurred in the non-sequenced portions of the genome.
342 The increase in inter-subtype recombinants could be due to increased migration from
343 Africa and Eastern Europe, where they are more common, but could also reflect the
344 emergence of novel recombinant forms due to an increased probability of inter-subtype
345 co-infections among MSM. The latter is supported by the fact that the majority of the
346 rare recombinants were composed of a subtype B and a non-B subtype or CRFs.

347 A limitation of this study is the threshold for detection of low frequency variants. As
348 described earlier, the low frequency variants detected in a sample could have several
349 sources including real transmitted variants, variants introduced during *de novo* viral
350 replication *in vivo* or laboratory artefacts introduced during RT-PCR amplification and/or
351 sampling bias. Sampling bias occurs at several steps during the process: at RNA
352 extraction, at RT-PCR and at DNA library preparation, all of which result in bottleneck

353 effects. Laboratory artefacts and *de novo* viral replication errors have been shown to
354 result in as high as 2% variant frequency using clinical samples from pre-ART era.⁵² By
355 themselves RT-PCR and sequencing errors on Illumina machines have been shown to
356 account for less than 0.5 to 1% of observed errors.^{53, 54} Our experiments using repeat
357 independent amplification and sequencing of the same clinical samples showed results
358 that are consistent with these previous observations with most discrepancies in variant
359 calls observed at frequencies below 2%. Therefore, the 2% threshold chosen for our
360 assay probably results in the ruling out of most if not all false positive variants i.e. high
361 specificity, but it is likely to result in under calling of true variants i.e. less sensitivity.

362 In summary, this study shows that the use of NGS can provide detailed and enhanced
363 genomic information on TDR and subtype distribution in newly diagnosed HIV-1 patients
364 as part of a national surveillance program. These data gathered in real time together
365 with demographic data and in tandem to determination of recent infection are a useful
366 extension to public health surveillance of HIV to better inform individual clinical
367 prescribing practice, population-based prevention strategies and would also be useful for
368 the validation of current diagnostic tools.

369

370 **Acknowledgements.** We thank Kieren Lythgow for additional bioinformatics support.
371 We also wish to thank Samuel Moses, Gkikas Magiorkinis and the NIHR HPRU in Blood
372 Borne and Sexually Transmitted Infections Steering Committee: Caroline Sabin
373 (Director), Anthony Nardone (PHE Lead), Catherine Mercer, Gwenda Hughes, Jackie
374 Cassell, Greta Rait, Samreen Ijaz, Tim Rhodes, Kholoud Porter, William Rosenberg.

375 **Funding.** This research was funded by Public Health England (PHE) and by the
376 National Institute for Health Research and undertaken by the National Institute for Health
377 Research Health Protection Research Unit (NIHR HPRU) in Blood Borne and Sexually
378 Transmitted Infections at UCL in partnership with Public Health England (PHE) and in
379 collaboration with the London School of Hygiene and Tropical Medicine. The views
380 expressed in this publication are those of the author(s) and not necessarily those of the
381 NHS, the National Institute for Health Research, the Department of Health or Public
382 Health England.

383 **Transparency Declarations.** All authors declare no potential conflicts of interest.

384 **Author contributions.** J.L.M., O.N.G., P.A.C. and V.D. conceived the idea for the study
385 and analysis. E.C. and YTC performed the sequencing experiments and initial data
386 analysis. A.A., G.M. and J.T. collected the metadata and co-ordinating RITA testing.
387 D.F.B. and R.M. performed the bioinformatics analyses. R.J.H performed statistical
388 analyses. A.A., D.F.B., N.F., G.M. and J.T. provided valuable input regarding the
389 analyses. E.C. and J.L.M. drafted the manuscript. All authors provided critical reading
390 that shaped the manuscript.

391

392

- 395 1. Wittkop L, Gunthard HF, de WF, et al. Effect of transmitted drug resistance on
396 virological and immunological response to initial combination antiretroviral
397 therapy for HIV (EuroCoord-CHAIN joint project): a European multicohort
398 study. *Lancet Infect Dis* 2011; **11**: 363-71.
- 399 2. Little SJ, Holte S, Routy JP, et al. Antiretroviral-drug resistance among patients
400 recently infected with HIV. *N Engl J Med* 2002; **347**: 385-94.
- 401 3. Pillay D, Cane PA, Shirley J, et al. Detection of drug resistance associated
402 mutations in HIV primary infection within the UK. *AIDS* 2000; **14**: 906-8.
- 403 4. UK Collaborative Group on Monitoring the Transmission of HIV Drug Resistance.
404 Analysis of prevalence of HIV-1 drug resistance in primary infections in the
405 United Kingdom. *BMJ* 2001; **322**: 1087-8.
- 406 5. UK Collaborative Group on HIV Drug Resistance, UK Collaborative HIV Cohort
407 Study, UK Register of HIV Seroconverters. Evidence of a decline in
408 transmitted HIV-1 drug resistance in the United Kingdom. *AIDS* 2007; **21**:
409 1035-9.
- 410 6. Masquelier B, Bhaskaran K, Pillay D, et al. Prevalence of transmitted HIV-1 drug
411 resistance and the role of resistance algorithms: data from seroconverters
412 in the CASCADE collaboration from 1987 to 2003. *J Acquir Immune Defic
413 Syndr* 2005; **40**: 505-11.
- 414 7. Cane P, Chrystie I, Dunn D, et al. Time trends in primary resistance to HIV drugs in
415 the United Kingdom: multicentre observational study. *BMJ* 2005; **331**: 1368.
- 416 8. Aghaizu A, Brown AE, Nardone A, et al. HIV in the United Kingdom 2013 Report:
417 data to end 2012. In: Public Health England, London., 2013.
- 418 9. Dolling D, Sabin C, Delpech V, et al. Time trends in drug resistant HIV-1 infections
419 in the United Kingdom up to 2009: multicentre observational study. *BMJ*
420 2012; **345**: e5253.
- 421 10. Vercauteren J, Wensing AM, van de Vijver DA, et al. Transmission of drug-
422 resistant HIV-1 is stabilizing in Europe. *J Infect Dis* 2009; **200**: 1503-8.
- 423 11. Yin Z, Brown AE, Hughes G, et al. HIV in the United Kingdom 2014 Report: data to
424 end 2013. In: Public Health England, 2014.
- 425 12. Pinggen M, Nijhuis M, de Bruijn JA, et al. Evolutionary pathways of transmitted drug-
426 resistant HIV-1. *J Antimicrob Chemother* 2011; **66**: 1467-80.
- 427 13. Barbour JD, Hecht FM, Wrin T, et al. Persistence of primary drug resistance
428 among recently HIV-1 infected adults. *AIDS* 2004; **18**: 1683-9.

- 429 14. Parisi SG, Mazzi R, Boldrin C, et al. Drug-resistance mutations can be archived
430 very early in HIV primary infection. *AIDS* 2006; **20**: 1337-8.
- 431 15. Little SJ, Frost SD, Wong JK, et al. Persistence of transmitted drug resistance
432 among subjects with primary human immunodeficiency virus infection. *J*
433 *Viro* 2008; **82**: 5510-8.
- 434 16. Jain V, Sucupira MC, Bacchetti P, et al. Differential persistence of transmitted HIV-
435 1 drug resistance mutation classes. *J Infect Dis* 2011; **203**: 1174-81.
- 436 17. Pao D, Andradu U, Clarke J, et al. Long-term persistence of primary genotypic
437 resistance after HIV-1 seroconversion. *J Acquir Immune Defic Syndr* 2004;
438 **37**: 1570-3.
- 439 18. Bezemer D, de RA, Prins M, et al. Evolution of transmitted HIV-1 with drug-
440 resistance mutations in the absence of therapy: effects on CD4+ T-cell
441 count and HIV-1 RNA load. *Antivir Ther* 2006; **11**: 173-8.
- 442 19. Castro H, Pillay D, Cane P, et al. Persistence of HIV-1 transmitted drug resistance
443 mutations. *J Infect Dis* 2013; **208**: 1459-63.
- 444 20. Johnson JA, Li JF, Wei X, et al. Minority HIV-1 drug resistance mutations are
445 present in antiretroviral treatment-naive populations and associate with
446 reduced treatment efficacy. *PLoS Med* 2008; **5**: e158.
- 447 21. Li JZ, Paredes R, Ribaud HJ, et al. Low-frequency HIV-1 drug resistance
448 mutations and risk of NNRTI-based antiretroviral treatment failure: a
449 systematic review and pooled analysis. *JAMA* 2011; **305**: 1327-35.
- 450 22. Cozzi-Lepri A, Noguera-Julian M, Di GF, et al. Low-frequency drug-resistant HIV-1
451 and risk of virological failure to first-line NNRTI-based ART: a multicohort
452 European case-control study using centralized ultrasensitive 454
453 pyrosequencing. *J Antimicrob Chemother* 2015; **70**: 930-40.
- 454 23. Gega A, Kozal MJ. New Technology to detect low-level drug-resistant HIV variants.
455 *Future Virology* 2011; **6**: 17-26.
- 456 24. Li JZ, Kuritzkes DR. Clinical implications of HIV-1 minority variants. *Clin Infect Dis*
457 2013; **56**: 1667-74.
- 458 25. Geretti AM, Paredes R, Kozal MJ. Transmission of HIV drug resistance: lessons
459 from sensitive screening assays. *Curr Opin Infect Dis* 2015; **28**: 23-30.
- 460 26. Lataillade M, Chiarella J, Yang R, et al. Prevalence and clinical significance of HIV
461 drug resistance mutations by ultra-deep sequencing in antiretroviral-naive
462 subjects in the CASTLE study. *PLoS One* 2010; **5**: e10952.
- 463 27. Aghaizu A, Murphy G, Tosswill J, et al. Recent infection testing algorithm (RITA)
464 applied to new HIV diagnoses in England, Wales and Northern Ireland,
465 2009 to 2011. *Euro Surveill* 2014; **19**.

- 466 28. Health Protection Agency. HIV in the United Kingdom: 2012 Report. In. London:
467 Health Protection Services, Colindale, 2012.
- 468 29. Birrell PJ, Gill ON, Delpech VC, et al. HIV incidence in men who have sex with men
469 in England and Wales 2001-10: a nationwide population study. *Lancet*
470 *Infect Dis* 2013; **13**: 313-8.
- 471 30. Duong YT, Qiu M, De AK, et al. Detection of recent HIV-1 infection using a new
472 limiting-antigen avidity assay: potential for HIV-1 incidence estimates and
473 avidity maturation studies. *PLoS One* 2012; **7**: e33328.
- 474 31. Suligoï B, Galli C, Massi M, et al. Precision and accuracy of a procedure for
475 detecting recent human immunodeficiency virus infections by calculating
476 the antibody avidity index by an automated immunoassay-based method. *J*
477 *Clin Microbiol* 2002; **40**: 4015-20.
- 478 32. Kassanjee R, Pilcher CD, Busch MP, et al. Viral load criteria and threshold
479 optimization to improve HIV incidence assay characteristics - a CEPHIA
480 analysis. *AIDS* 2016.
- 481 33. Cane P. HIV drug resistance testing. *Methods Mol Biol* 2011; **665**: 123-32.
- 482 34. Alcantara LC, Cassol S, Libin P, et al. A standardized framework for accurate,
483 high-throughput genotyping of recombinant and non-recombinant viral
484 sequences. *Nucleic Acids Res* 2009; **37**: W634-W642.
- 485 35. de Oliveira T, Deforche K, Cassol S, et al. An automated genotyping system for
486 analysis of HIV-1 and other microbial sequences. *Bioinformatics* 2005; **21**:
487 3797-800.
- 488 36. Kosakovsky Pond SL, Posada D, Stawiski E, et al. An evolutionary model-based
489 algorithm for accurate phylogenetic breakpoint mapping and subtype
490 prediction in HIV-1. *PLoS Comput Biol* 2009; **5**: e1000581.
- 491 37. Zhang M, Schultz AK, Calef C, et al. jpHMM at GOBICS: a web server to detect
492 genomic recombinations in HIV-1. *Nucleic Acids Res* 2006; **34**: W463-
493 W465.
- 494 38. Struck D, Lawyer G, Ternes AM, et al. COMET: adaptive context-based modeling
495 for ultrafast HIV-1 subtype identification. *Nucleic Acids Res* 2014; **42**: e144.
- 496 39. Bennett DE, Camacho RJ, Otelea D, et al. Drug resistance mutations for
497 surveillance of transmitted HIV-1 drug-resistance: 2009 update. *PLoS One*
498 2009; **4**: e4724.
- 499 40. Shafer RW. Rationale and uses of a public HIV drug-resistance database. *J Infect*
500 *Dis* 2006; **194 Suppl 1**: S51-S58.
- 501 41. Williams I, Churchill D, Anderson J, et al. British HIV Association guidelines for the
502 treatment of HIV-1-positive adults with antiretroviral therapy 2012 (Updated

- 503 November 2013. All changed text is cast in yellow highlight.). *HIV Med*
504 2014; **15 Suppl 1**: 1-85.
- 505 42. Palmer S, Boltz V, Maldarelli F, et al. Selection and persistence of non-nucleoside
506 reverse transcriptase inhibitor-resistant HIV-1 in patients starting and
507 stopping non-nucleoside therapy. *AIDS* 2006; **20**: 701-10.
- 508 43. Simen BB, Simons JF, Hullsiek KH, et al. Low-abundance drug-resistant viral
509 variants in chronically HIV-infected, antiretroviral treatment-naive patients
510 significantly impact treatment outcomes. *J Infect Dis* 2009; **199**: 693-701.
- 511 44. Buckton AJ, Prabhu D, Motamed C, et al. Increased detection of the HIV-1 reverse
512 transcriptase M184V mutation using mutation-specific minority assays in a
513 UK surveillance study suggests evidence of unrecognized transmitted drug
514 resistance. *HIV Med* 2011; **12**: 250-4.
- 515 45. Gianella S, Delport W, Pacold ME, et al. Detection of minority resistance during
516 early HIV-1 infection: natural variation and spurious detection rather than
517 transmission and evolution of multiple viral variants. *J Virol* 2011; **85**: 8359-
518 67.
- 519 46. Metzner KJ, Scherrer AU, Preiswerk B, et al. Origin of minority drug-resistant HIV-1
520 variants in primary HIV-1 infection. *J Infect Dis* 2013; **208**: 1102-12.
- 521 47. Lipscomb JT, Switzer WM, Li JF, et al. HIV reverse-transcriptase drug resistance
522 mutations during early infection reveal greater transmission diversity than in
523 envelope sequences. *J Infect Dis* 2014; **210**: 1827-37.
- 524 48. Mbisa JL, Fearnhill E, Dunn DT, et al. Evidence of Self-Sustaining Drug Resistant
525 HIV-1 Lineages Among Untreated Patients in the United Kingdom. *Clin*
526 *Infect Dis* 2015; **61**: 829-36.
- 527 49. Hue S, Gifford RJ, Dunn D, et al. Demonstration of sustained drug-resistant human
528 immunodeficiency virus type 1 lineages circulating among treatment-naive
529 individuals. *J Virol* 2009; **83**: 2645-54.
- 530 50. Gupta S, Lataillade M, Kyriakides TC, et al. Low-frequency NNRTI-resistant HIV-1
531 variants and relationship to mutational load in antiretroviral-naive subjects.
532 *Viruses* 2014; **6**: 3428-37.
- 533 51. The UK Collaborative Group on HIV Drug Resistance. The increasing genetic
534 diversity of HIV-1 in the UK, 2002-2010. In: 2014; 773-80.
- 535 52. Johnson JA, Li JF, Wei X, et al. Simple PCR assays improve the sensitivity of HIV-
536 1 subtype B drug resistance testing and allow linking of resistance
537 mutations. *PLoS One* 2007; **2**: e638.
- 538 53. Archer J, Baillie G, Watson SJ, et al. Analysis of high-depth sequence data for
539 studying viral diversity: a comparison of next generation sequencing
540 platforms using Segminator II. *BMC Bioinformatics* 2012; **13**: 47.

541 54. Orton RJ, Wright CF, Morelli MJ, et al. Distinguishing low frequency mutations from
542 RT-PCR and sequence errors in viral deep sequencing data. *BMC*
543 *Genomics* 2015; **16**: 229.
544
545

1

2 **Table 1.** Demographic characteristics of UK patients included in the molecular surveillance of
 3 MSM recently infected with HIV, July 2011 - December 2013

| | | Category | | | | % of rec. infections sequenced |
|-------------------|----------|---------------|-------------|-------------------|-----------|--------------------------------|
| | | New diagnoses | RITA tested | Recent infections | Sequenced | |
| Geographic Region | North | 1193 | 712 | 149 | 62 | 41.6 |
| | Mid/East | 914 | 482 | 114 | 53 | 46.5 |
| | London | 3646 | 2208 | 657 | 278 | 42.3 |
| | South | 1039 | 605 | 157 | 71 | 45.2 |
| | NI/Wales | 301 | 112 | 24 | 10 | 41.7 |
| | Total | 7093 | 4119 | 1101 | 474 | 43.1 |
| Age Group | 15-24 | 1071 | 659 | 234 | 73 | 31.2 |
| | 25-34 | 2643 | 1558 | 459 | 203 | 44.3 |
| | 35-49 | 2598 | 1493 | 330 | 158 | 47.9 |
| | 50+ | 781 | 409 | 78 | 40 | 51.2 |
| | Total | 7093 | 4119 | 1101 | 474 | 43.1 |

4

5

1

2 **Table 2.** Distribution of HIV-1 subtypes among recently infected MSM in the UK

| Subtype | number | % | 95% CI |
|--------------|--------|------|-------------|
| A1 | 15 | 3.4 | [1.9-5.5] |
| B | 334 | 75.6 | [71.3-79.5] |
| C | 10 | 2.3 | [1.1-4.1] |
| F1 | 20 | 4.5 | [2.8-6.9] |
| G | 2 | 0.5 | [0.06-1.6] |
| CRF01_AE | 6 | 1.4 | [0.5-2.9] |
| CRF02_AG | 19 | 4.3 | [2.6-6.6] |
| CRF06_cpx | 6 | 1.4 | [0.5-2.9] |
| CRF07_BC | 1 | 0.2 | [0.01-1.3] |
| Rare CRF/URF | 29 | 6.6 | [4.4-9.3] |
| Total | 442 | 100 | - |

3

4

1 **Table 3.** Specific TDR mutations identified at different variant frequency thresholds

| Variant frequency threshold | PI mutations | | NRTI mutations | | NNRTI mutations | |
|-----------------------------|--------------|------------|-----------------|-------------|-----------------|-----------|
| | >20% | 2-20% | >20% | 2-20% | >20% | 2-20% |
| Mutations (n) | L90M (7) | M46IL (10) | T215rev (9) | D67GN (4) | K103N (5) | G190E (2) |
| | M46IL (3) | V32I (3) | K219N (3) | K70RE (2) | V106A | K101E |
| | V82AL (2) | D30N (3) | M41L | T215rev (2) | Y188L | Y188H |
| | | N83D (2) | K70R | F77L | K101E | K103N |
| | | I47V (2) | M184V | V75A | | Y181C |
| | | V82A (2) | | | | |
| | | L90M | | | | |
| | | N88D | | | | |
| | | I54L | | | | |
| | | I50V | | | | |
| Total | 12 | 26 | 15 ^a | 10 | 8 ^b | 6 |

2 ^a two NRTI mutations present in one sample (M41L and M184V)

3 ^b two NNRTI mutations present in one sample (K103N and Y188L)

4

1 **Table 4.** Factors associated with transmitted drug resistance

| Variant frequency threshold | Parameter | Univariate | | Adjusted (multivariate) | |
|------------------------------|---------------------|-------------------------|-----------------|-------------------------|-----------------|
| | | OR [CI] | <i>P</i> -value | OR [CI] | <i>P</i> -value |
| >2% (all TDR) | Infected outside UK | 2.12 [0.93-4.83] | 0.073 | 2.64 [1.03-6.78] | 0.044 |
| | Born outside UK | 1.26 [0.75-2.11] | 0.382 | 0.75 [0.37-1.55] | 0.442 |
| | Non-white ethnicity | 1.38 [0.73-2.61] | 0.315 | 1.63 [0.76-3.55] | 0.211 |
| | Outside London | 1.37 [0.81-2.33] | 0.241 | 1.69 [0.89-3.21] | 0.107 |
| | Age (15-34) | 1.02 [0.61-1.70] | 0.936 | 1.34 [0.74-2.44] | 0.335 |
| | Non-B Subtype | 0.41 [0.19-0.85] | 0.017 | 0.38 [0.17-0.88] | 0.024 |
| >20% (high frequency TDR) | Infected outside UK | 1.74 [0.57-5.38] | 0.333 | 3.13 [0.83-11.74] | 0.092 |
| | Born outside UK | 0.91 [0.43-1.91] | 0.802 | 0.43 [0.15-1.26] | 0.124 |
| | Non-white ethnicity | 1.12 [0.44-2.83] | 0.811 | 1.61 [0.53-4.87] | 0.398 |
| | Outside London | 1.07 [0.51-2.22] | 0.862 | 1.67 [0.70-3.95] | 0.247 |
| | Age (15-34) | 1.47 [0.70-3.08] | 0.310 | 1.66 [0.72-3.83] | 0.237 |
| | Non-B Subtype | 0.30 [0.09-1.01] | 0.051 | 0.30 [0.08-1.08] | 0.065 |
| 2-20% (low frequency TDR) | Infected outside UK | 2.36 [0.90-6.19] | 0.082 | 2.08 [0.70-6.16] | 0.185 |
| | Born outside UK | 1.60 [0.84-3.02] | 0.150 | 1.23 [0.52-2.91] | 0.640 |
| | Non-white ethnicity | 1.81 [0.87-3.79] | 0.115 | 2.02 [0.83-4.90] | 0.122 |
| | Outside London | 1.51 [0.77-2.95] | 0.230 | 1.38 [0.62-3.09] | 0.427 |
| | Age (15-34) | 0.94 [0.50-1.77] | 0.841 | 1.45 [0.68-3.06] | 0.337 |
| | Non-B Subtype | 0.59 [0.26-1.37] | 0.223 | 0.58 [0.22-1.52] | 0.265 |

1 **Figure Legends**

2

3 **Figure 1.** Specificity and sensitivity for detection of low frequency variants. (A)
4 Correlation of translated codon frequencies, and (B) concordance of translated amino
5 acid variant frequencies in protease and N-terminal half of RT (up to codon 340) for a
6 clinical sample in two independent experiments. Concordance was considered at two
7 levels, exact frequency (dark gray bars) or the frequency of the repeat experiment being
8 within 50% of the frequency in first experiment (light gray bars). (C) Box-and-whisker
9 plot showing the median, lower and upper quartile depth of coverage for the two
10 independent runs, and the variability outside the lower and upper quartiles.

11

12 **Figure 2.** Predicted drug susceptibility of the samples containing TDR among recently
13 infected MSM. The susceptibility of each sample at $\geq 20\%$ and $>2\%$ mutation frequency
14 to licensed ARV drugs was predicted using the Stanford HIV drug resistance database
15 genotypic interpretation algorithm. The graph shows the proportion of samples in each
16 of the top three drug resistance levels used by the algorithm: low, intermediate and high
17 level. The effect on drugs currently recommended for first-line treatment in the UK are
18 shown individually whereas the effect on older PI and NRTI drugs that are no longer
19 used in first-line therapy (other PI and NRTI) are shown together at the top of the graph.
20 AZT, zidovudine; ABC, abacavir; TDF, tenofovir; 3TC, lamivudine; FTC, emtricitabine,
21 RPV, rilpivirine; NVP, nevirapine; EFV, efavirenz; ETR, etravirine; ATV, atazanavir; LPV,
22 lopinavir; DRV, darunavir; Other PIs, fosamprenavir, indinavir, nelfinavir, saquinavir,
23 tipranavir; Other NRTI, stavudine, didanosine.

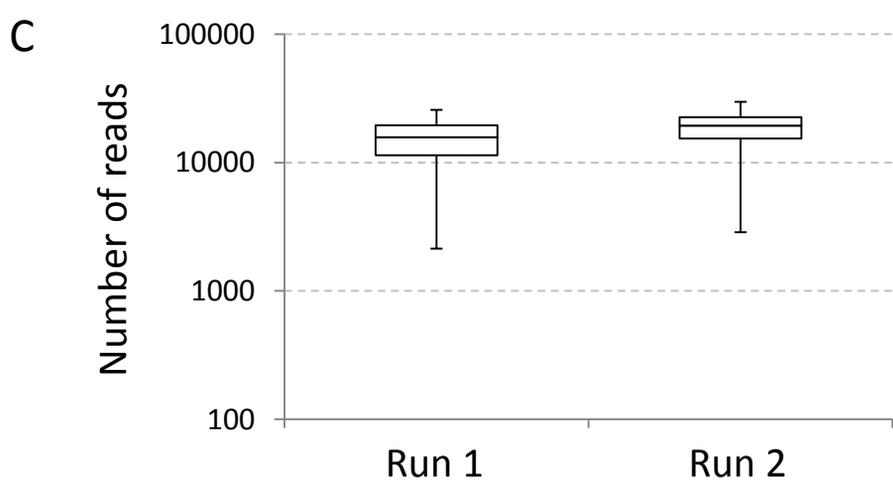
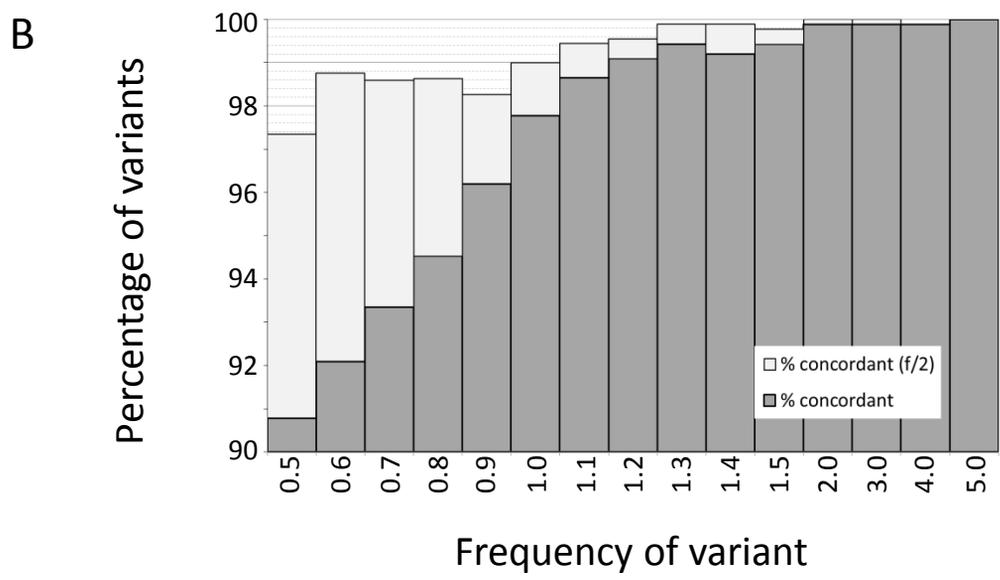
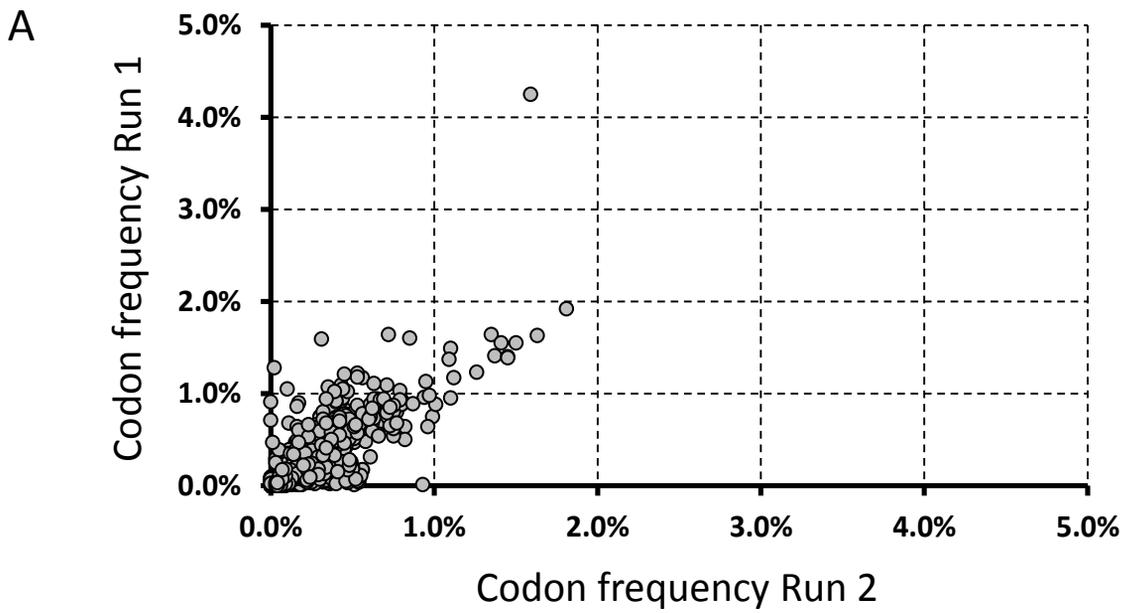


Figure 1

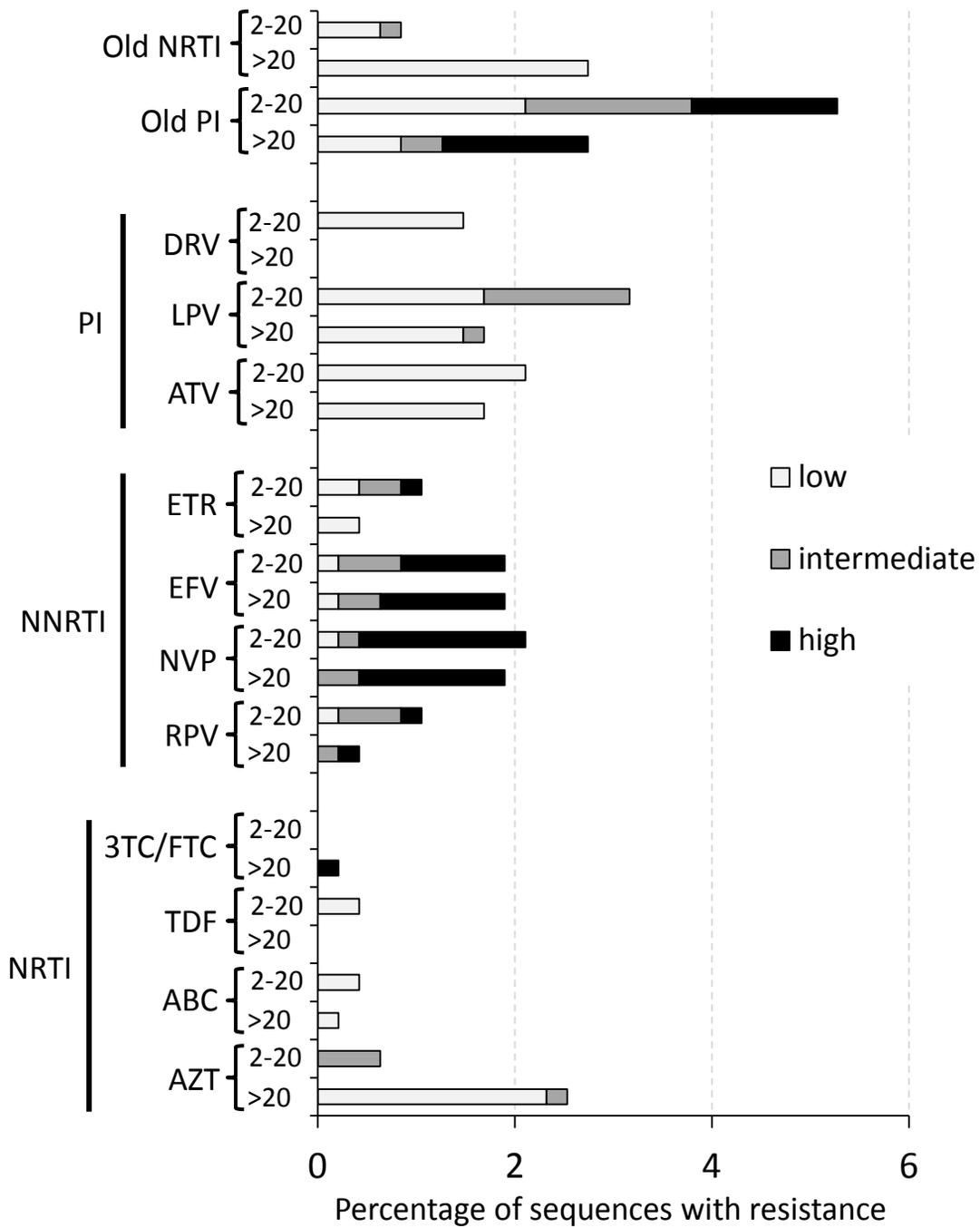


Figure 2