

Web Box 1: summary of topics explored through observations, focus groups and interviews

Observations

- Physical setting of the training session e.g. how comfortable, how seating was arranged
- Any practical difficulties that arose in the smooth running of the session e.g. any participants having to leave early
- Signs that participants were or were not engaged e.g. body language, participation in discussion
- Questions / topics raised and how well these were addressed by the trainer / course content
- Extent to which issues relating to schools were covered and how much participants drew on their experience at work
- Extent to which participants appeared to have formed as a team by the end

Senior contact interviews

- How far there is a need to focus on staff wellbeing
- How staff are supported in this school – gain specific examples of activities, services
- Barriers and facilitators to supporting staff prior to the intervention and ongoing
- Mental health training available to staff in this school
- Experience of participating in this study

Peer supporters focus groups / interviews

- Experience of being nominated and taking part
- Support they were already providing and what has or has not changed
- Reflections on the MHFA; practical aspects, content, value, ideas for improvement
- How learning from the course has been applied
- The kind of help provided as a peer supporter
- Practicalities of the service e.g. advertising, how they are contacted, where they speak to people
- Barriers / facilitators to the service continuing
- Support they receive
- Any wider changes in the school's culture regarding support for staff

Youth MHFA attendees focus groups / interviews

- How they came to attend
- Reflections on youth MHFA; practical aspects, content, value, ideas for improvement
- Support they provide to students and how learning from the course has been applied
- Whether they have shared learning with colleagues
- Reflections on the peer support service: practicalities, perceived value, would they use it?
- Any wider changes in the school's culture regarding support for staff
- Reflections on completing the WISE study staff questionnaire

Untrained staff focus groups / interviews

- Why they did not attend the training, their views on the training – do they perceive that it would have been useful for them?
- Have they learnt anything from colleagues who did attend

- Support they provide to students
- Reflections on the peer support service: practicalities, perceived value, would they use it?
- Any wider changes in the school's culture regarding support for staff
- Reflections on completing the WISE study staff questionnaire