

**1. Identification**

IDI No.

Date   .   .

Researcher Initials

**Notes on interview setting:**

.....  
 .....  
 .....

**2. Introduction**

I am ..... from LSHTM. We are interested in your views of the consultation you have received at the beginning of the year and the usefulness of the advice you received (positive/negative). The interview will take approximately 20 mins. With your permission this interview will be audio-taped. Any personal information will be kept confidential and anything you tell us will be used solely for the purposes of this research project. Also, you will not have to provide answers to any questions that make you feel uncomfortable or that you do not wish to answer.

At this point, do you have any questions?

Can we begin the interview?

**Consent refused (tick if applicable)**

**3. Warm up [ background and consultation set-up]**

- May I start off by asking you:

<b>Who was the consultation completed for?</b>	<input type="checkbox"/> Son <input type="checkbox"/> Daughter [Tick as appropriate]
<b>Age – Child 1:</b>	..... years [at time of consultation]
<b>Age – Child 2:</b>	..... years [at time of consultation]
<b>NOTE: Children under the age of 11 did not receive any risk estimates and were not asked about bullying or teasing.</b>	
<b>How did you learn about the consultation?</b>	Prompts: <input type="checkbox"/> Letter from GP <input type="checkbox"/> Poster advertisement <input type="checkbox"/> During unrelated consultation with GP/nurse <input type="checkbox"/> Participant contacted GP because of concern <input type="checkbox"/> Other?
<b>Why did you want to participate/have this consultation?</b>	Prompts: <input type="checkbox"/> Worry or concern over child’s weight?
<b>Who conducted the consultation?</b>	<input type="checkbox"/> GP <input type="checkbox"/> Nurse [Tick as appropriate]

- Now I am going to ask you some questions about your views of the consultation that you have received.

4. Key questions		
Topic	Main questions	Prompts
<b>Feedback on: Consultation process</b>	How did you find the computer-aided consultation process (with the website the doctor/nurse used)?	If <b>POSITIVE</b> : What did you like about it?
		If <b>NEGATIVE</b> : What didn't you like about?
	What did you think of the questions you were asked?	How did they make you feel? Did you find the questions acceptable? If NOT, why not? Were there any questions in particular you felt uncomfortable with? (e.g. lifestyle habits, child's health – height, weight, social adjustment)
	Was there anything else you expected to be asked or would like to have been asked?	e.g. about your lifestyle, child's habits, social and/or emotional issues
	Is there anything else that could have been done differently?	
<b>Feedback on: Consultation outputs</b>	What did you think about the results of your consultation?	Were you surprised about the results?
		Did you learn anything new?
	[Show respondent the paper with the BMI chart]: What did you think of the visual outputs, such as this one?	Were you surprised about the result? Did you find them easy to understand?
<b>If the child is age 11 or older:</b>	[Show respondent the paper with risk estimates]: Do you remember receiving these estimates for having cardiovascular risk factors (high, medium, low) and estimates for having emotional and behavioural difficulties (high, medium, low)?  What did you think of these risk estimates?	Did these risk estimates cause you concern or make you more likely to make changes to your (child's/children's) lifestyle?
	[Show respondent a sample paper with the lifestyle assessment results]: If you remember, at the end of your consultation you received a lifestyle advice printout like this one.  Did you read through the plan? If NO, why not? If YES, what did you think of it?	Was the advice given useful/helpful? If NOT, why not? If POSITIVE, what did you find particularly useful?  In your opinion, what could be improved?
<b>Actions/behaviour change</b>	What was your reaction to the advice? What did you do with the advice?	Did you make any changes to your family's diet/lifestyle after receiving the advice? What changes? Have you introduced these changes just for your child/ren or as a family?
<b>Service use</b>	Were you provided with details of locally available services, if you wanted to make changes to your (child's/family's) lifestyle?  Is there anything else that might help you/other parents to make lifestyle changes?	
<b>Overall experience &amp; recommendations</b>	Overall, how satisfied were you with the consultation?  Would you recommend it to others?	Why/why not?
5. Closing		
<ul style="list-style-type: none"> <li>▪ Is there anything else you would like to add? Any questions?</li> <li>▪ Thank participant</li> </ul>		

## 6. Interviewer notes

## **Topic guide: Health care professionals (GP/nurses)**

### **1. Introduction**

- a. Introduce self
- b. Re-iterate study aims
- c. Interview practicalities
- d. Questions

### **2. Background (e.g. general reflections on study participation?)**

- a. How do you feel about participating in the study? How did it go?
- b. How easy did you find it to recruit overweight children into the study?
- c. Why did/didn't you find it hard to recruit overweight children?

### **3. Feedback on: Implementation**

- a. What did you think of using the CATCH tool as part of your consultation?  
Prompts:
  - i. Positive/Negative aspects?
  - ii. How easy did you find it to use?
  - iii. How useful did you find it?
  - iv. Did you find that the time it takes to use the tool is an issue?
- b. Did you experience any other problems? Please explain.
- c. In your opinion, how could these be resolved?

### **4. Feedback on: Tool features (general)**

- a. Have you experienced any issues with any of the tool's functions?  
Prompts:
  - i. Which stage/aspect of the computerised assessment did you find particularly useful/problematic? Please explain.
  - ii. In your view, what improvements could be made to the tool?

### **5. Feedback on: Tool features (specific)**

- a. If you remember, the CATCH tool estimates the risk of having one or more cardiovascular risk factors, and of having emotional and behavioural difficulties for children age 11 and over. What did you think of this feature?  
Prompts:
  - i. How easy did you find it to deliver?
  - ii. How easy did you find it interpret?

### **6. Perceptions of families' reactions to the computer-aided consultation**

- a. How would you describe participants' reactions to the computer-aided consultation?  
Prompts:
  - i. Concern? Confusion? Defensive? Favourable? Please explain your impression.
  - ii. What did they seem to like/not like?

### **7. Overall experience**

- a. Overall, how satisfied were you with the CATCH tool?
- b. Would you recommend it to others?

### **8. Next steps**

- a. Going forward, would you continue to use the tool?
- b. Would you integrate it into your software?

### **9. Closing**

- a. Is there anything else you would like to add? Any questions?
- b. Thank participant.