

Accepted Manuscript

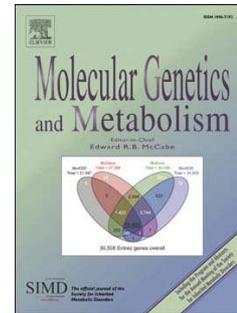
Fabry in the older patient: clinical consequences and possibilities for treatment

Olivier Lidove, Frédéric Barbey, Dau-Ming Niu, Eva Brand, Kathleen Nicholls, Svetlana Bizjajeva, Derralyann A. Hughes

PII: S1096-7192(16)30084-1
DOI: doi: [10.1016/j.ymgme.2016.05.009](https://doi.org/10.1016/j.ymgme.2016.05.009)
Reference: YMGME 6053

To appear in: *Molecular Genetics and Metabolism*

Received date: 19 February 2016
Revised date: 13 May 2016
Accepted date: 13 May 2016



Please cite this article as: Lidove, O., Barbey, F., Niu, D.-M., Brand, E., Nicholls, K., Bizjajeva, S. & Hughes, D.A., Fabry in the older patient: clinical consequences and possibilities for treatment, *Molecular Genetics and Metabolism* (2016), doi: [10.1016/j.ymgme.2016.05.009](https://doi.org/10.1016/j.ymgme.2016.05.009)

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Fabry in the older patient: clinical consequences and possibilities for treatment

Olivier Lidove^{a,†}, Frédéric Barbey^{b,†}, Dau-Ming Niu^c, Eva Brand^d, Kathleen Nicholls^e,
Svetlana Bizjajeva^f, Derralyann A. Hughes^{g,*}

^aDepartment of Internal Medicine-Rheumatology, Hôpital Diaconesses-Croix Saint Simon, Paris, France

^bCenter of Molecular Diseases, Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland

^cInstitute of Clinical Medicine, National Yang-Ming University, School of Medicine, Taipei, Taiwan

^dInternal Medicine D, Department of Nephrology, Hypertension and Rheumatology, University Hospital Münster, Münster, Germany

^eDepartment of Nephrology, Royal Melbourne Hospital and the University of Melbourne, Victoria, Australia

^fShire, Zug, Switzerland

^gLysosomal Storage Disorders Unit, Department of Haematology, Royal Free London NHS Foundation Trust and University College London, London, UK

Abbreviations: α -Gal A, Alpha-galactosidase A; CKD EPI, Chronic Kidney Disease Epidemiology Collaboration; eGFR, Estimated glomerular filtration rate; ERT, Enzyme replacement therapy; FOS, Fabry Outcome Survey; LVH, Left ventricular hypertrophy; LVMI, Left ventricular mass indexed to height; MDRD, Modification of Diet in Renal Disease; MWT, Mean ventricular wall thickness.

* Corresponding author at:

Lysosomal Storage Disorders Unit,

Department of Haematology,

Royal Free London NHS Foundation Trust and University College London

London NW3 2QG, UK.

E-mail address: rmgvdah@ucl.ac.uk (D. A. Hughes).

[†] These authors contributed equally to this work.

ACCEPTED MANUSCRIPT

ABSTRACT

Baseline demographic and phenotypic characteristics of patients aged ≥ 50 years in the Fabry Outcome Survey (Shire; data extracted June 2014) were compared with younger adults to investigate potential factors influencing treatment decisions in later life. Age groups were defined using age at treatment initiation or at FOS entry for untreated patients: 18–49 (n = 1344; 49.5% male; 64.6% received agalsidase alfa enzyme replacement therapy [ERT]); 50–64 (n = 537; 35.4% male; 74.3% treated); 65–74 (n = 137; 32.1% male; 68.6% treated); and ≥ 75 years (n = 26; 26.9% male; 50.0% treated). Successive age groups showed higher median age at first symptom and diagnosis. Median alpha-galactosidase A activity, measured as percentage activity of the midpoint of the normal range, was much greater in females than males of all groups except ≥ 75 years (33.4% in females; 27.8% in males). Patients aged ≥ 75 years showed greater values than patients aged 18–49 years for median left ventricular mass indexed to height (62.7 vs 42.4 g/m^{2.7}), mean ventricular wall thickness (15.0 vs 10.0 mm) and prevalence of hypertension (57.7% vs 21.8%), and lower median estimated glomerular filtration rate (Modification of Diet in Renal Disease: 65.6 vs 98.5 mL/min/1.73 m²). Larger proportions in the groups aged ≥ 50 exhibited cardiac and/or cerebrovascular manifestations compared with patients aged 18–49 years. The smaller proportion of patients receiving ERT aged ≥ 75 years compared with the younger groups might reflect relatively milder disease burden or physician/patient reluctance to initiate/continue ERT at this age. Further studies are needed to increase knowledge of Fabry disease and ERT in later life.

Keywords:

Fabry disease

Elderly

Agalsidase alfa

Enzyme replacement therapy

Disease burden

Informed consent

All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2000. Informed consent was obtained from all patients for inclusion in the study.

Author contributions

Olivier Lidove, Frédéric Barbey and Derralynn Hughes developed the initial draft of the manuscript. Svetlana Bizjajeva performed the statistical analyses. All authors were involved in the acquisition, analysis, and/or interpretation of the data and participated in revising the manuscript critically for important intellectual content and approved the final version to be published.

1. Introduction

Fabry disease results from a deficiency in lysosomal alpha-galactosidase A (α -Gal A) due to mutations in the *GLA* gene. This leads to the accumulation of globotriaosylceramide in cells and a multi-system pathology.

Despite Fabry disease being X-linked, female heterozygotes can experience all of the signs and symptoms of the disease, but generally later and with a milder, more variable phenotype than in males [1-4]. Females may, however, on occasions have a significant burden of disease, similar to that observed in males [5, 6]. The overall life expectancy (calculated from birth) for patients with Fabry disease is 58 years for men and 75 years for women [7].

Two broad phenotypes of Fabry disease are now recognised, the classical form with childhood onset and multi-organ progression, and a later-onset phenotype with limited organ involvement presenting in middle age. In classical Fabry disease, α -Gal A activity is greatly diminished, at <1% of normal in males, whereas patients with later-onset cardiac or renal variants tend to have α -Gal A activity between 1% and 30% [8]. Diagnosis of the later-onset variant may be delayed due to lack of obvious external symptoms and signs such as acroparesthesia and angiokeratoma. In all Fabry disease phenotypes, the natural history of aging may be difficult to distinguish from Fabry-specific complications, which themselves become more severe and prevalent with age.

Enzyme replacement therapy (ERT) in Fabry disease is expected to be most successful when started early in the disease course [9-11]; its initiation has been

recommended as soon as early clinical signs of kidney, heart or brain involvement consistent with Fabry disease become apparent [12].

Family screening and symptom-based screening programmes have identified people with Fabry disease in later-life stages and it is unclear whether the rationale for starting treatment in this more advanced age group should be the same as for index cases diagnosed at a younger age. Symptom-based therapy in these older patients may be more beneficial, more cost effective and less burdensome to the health care provider than starting ERT to prevent Fabry disease progression and clinical events. Few studies focusing on elderly patients with Fabry disease have been performed; one analysis of six patients indicated limited benefit in starting/continuing ERT in elderly patients in terms of life expectancy and cost-effectiveness [13].

The objective of the present analysis was to describe the demographic and phenotypic characteristics of patients who were ≥ 50 years of age in the Fabry Outcome Survey (FOS) and to compare them with younger adult patients in an attempt to identify any factors that might influence the decision to treat, or not to treat, at later stages in life.

2. Methods

This was a retrospective analysis of data entered in FOS, a global, observational registry sponsored by Shire for the collection of outcomes data on Fabry disease. A diagnosis of Fabry disease is confirmed by reduced alpha-galactosidase A activity in plasma and leukocytes in males, and by molecular analysis to confirm *GLA* mutations in females and males. All patients with a confirmed diagnosis of Fabry disease who are receiving, or are eligible for ERT with agalsidase alfa, can be registered in FOS. Patients who are currently receiving ERT with a drug other than agalsidase alfa are not eligible for inclusion in FOS. Data collection in FOS was initiated in 2001, and all patients aged ≥ 18 years with data entered in FOS at the time of extraction (June 2014) were included.

The institution review boards of each participating centre approved FOS and all patients provided written informed consent prior to enrollment.

2.1 Populations analyzed

To analyze the presentation and clinical characteristics of elderly patients the population in FOS was divided into the following age groups: patients 18–49 years, 50–64 years, 65–74 years and ≥ 75 years (elderly group). The groups were stratified by age at treatment initiation for treated patients and age at FOS entry for untreated patients. Treated patients received agalsidase alfa 0.2 mg/kg body weight every other week.

2.2 Parameters evaluated

Patient demographics and the following baseline clinical characteristics were compared between the age groups: cardiac parameters (obtained via echocardiography, according to the American Society of Echocardiography recommendations) [14]: left ventricular mass indexed to height (LVMI), left ventricular hypertrophy (LVH; >48 g/m^{2.7} in females and >50 g/m^{2.7} in males), mean ventricular wall thickness (MWT), aortic root diameter; renal parameters: serum creatinine, estimated glomerular filtration rate (eGFR) using the Modification of Diet in Renal Disease (MDRD) formula, Chronic Kidney Disease Epidemiology Collaboration (CKD EPI) equation, urine protein. Chronic kidney disease staging according to KDIGO guidelines [15] was performed for patients who had both eGFR and albumin data available (Supplementary data Fig. S1).

Baseline cardiac, renal, cerebrovascular and auditory signs/symptoms were also compared between the age groups of the overall population.

2.3 Statistical analysis

Descriptive statistics were calculated for all continuous and categorical variables to enable a thorough description of the demographic and clinical characteristics of patients aged ≥ 50 years.

3. Results

3.1 Enrollment and demographics

As of June 2014, a total of 2338 patients were enrolled in FOS (1279 females and 1059 males); 2044 of these were aged ≥ 18 years and are included in the current study. This study focuses on age rather than gender; however, data stratified by both age and gender are provided for reference in Supplementary data Tables S1–S4.

The proportion of females increased with successive age group (Table 1). The proportions of patients treated with ERT were 64.6% aged 18–49 years, 74.3% aged 50–64, 68.6% aged 65–74 and 50.0% aged ≥ 75 years (Table 1).

Median age at first symptom and diagnosis increased with each successive age group, whereas the median delay in diagnosis was similar between the groups aged 50–64 and 65–74 years (Table 1).

Median α -Gal A activity, measured as percentage activity of the midpoint of the normal range, was similar in females regardless of age, and generally much higher than in males. In the elderly group, α -Gal A activity was at its highest in males (27.8% [13.6–42.0%]) and thus closer to the level observed in females (33.4% [1.1–487.9%]; Table 1).

The largest proportion of Fabry disease diagnoses in each age group was made as a result of family members being affected. Of the specialists who first suspected Fabry disease, cardiologists diagnosed the largest proportions of patients in all groups aged ≥ 50 years. Nephrologists diagnosed the largest proportion of patients aged 18–49 years (Table 1).

The majority of patients were negative for heart pacemaker/transplant/defibrillator use at any time (Table 1). Therapy with angiotensin-converting enzyme inhibitors and/or angiotensin receptor blockers was more prevalent in patients who were aged ≥ 50 years than in younger adults (Table 1). Diabetes mellitus was more prevalent in patients aged ≥ 50 years than in younger adults (6.1% aged 50–64; 10.9% aged 65–74 and 3.8% aged ≥ 75 years vs 1.4% aged 18–49 years), and hypertension prevalence decreased with decreasing age group (57.7% aged ≥ 75 years; 48.2% aged 65–74; 41.9% aged 50–64; 21.8% aged 18–49; Table 1).

3.2 Phenotypic characteristics

3.2.1 Baseline cardiac parameters and events

A higher median baseline LVMI was demonstrated by Fabry patients presenting at a more advanced age than in the youngest group (Fig. 1A). Similarly, median MWT was progressively higher in the older groups (Fig. 1B).

Median aortic root diameter was similar for each of the age groups (see Supplementary data Table S2 for aortic root diameter by gender).

The rate of cardiac events/manifestations experienced before treatment initiation or FOS entry was greater in patients aged >50 years, where similar rates were experienced by the groups aged 50–64 (81.0%) and 65–74 (80.3%), and the highest rate (88.5%) by the elderly group. Fewer patients experienced any cardiac event/manifestation in the youngest group (58.6%; Table 2). Left ventricular hypertrophy was the most prevalent cardiac manifestation in each age group (Table 2).

3.2.2 Baseline renal parameters and events

Median serum creatinine was similar in all age groups: 0.8 (range 0.4–14.6), 0.9 (0.3–13.7), 1.0 (0.5–11.7) and 0.9 (0.6–10.3) mg/dL in patients aged 18–49, 50–64, 65–74 and ≥ 75 years, respectively.

As expected, median eGFR calculated using the MDRD equation showed a decrease with increasing age group and was lowest in the elderly group (Fig. 1C).

Similarly, median (range) eGFR calculated using the CKD-EPI formula also showed a decrease with increasing age group, from 107.0 (0.0–172.6) mL/min/1.73 m² in patients aged 18–49 to 82.1 (3.0–117.7), 68.1 (3.9–101.4) and 60.8 (4.4–89.6) mL/min/1.73 m² in patients aged 50–64, 65–74 and ≥ 75 years, respectively.

Median urine protein levels were 168.2 (range 0.0–4900.0), 148.2 (20.0–4640.0) and 110.0 (47.6–2010.0) mg/24 h in the groups aged 50–64, 65–74 and ≥ 75 years, respectively, compared with 167.0 (0.0–9690.0) mg/24 h in the youngest group.

Any renal event/manifestation was experienced by a similar percentage of patients in each of the age groups: 46.0% in patients aged 18–49 years, and 49.9%, 46.0% and 46.2% in patients aged 50–64, 65–74 and ≥ 75 years, respectively.

Proteinuria/microalbuminuria was the most prevalent renal manifestation in all age groups (Table 2).

Chronic kidney disease staging according to KDIGO guidelines [15] is summarized in Supplementary data Figure S1.

3.2.3 Isolated cardiac and renal manifestations

The proportion of patients who reported isolated cardiac manifestations (defined as LVH but no proteinuria) was highest in the elderly group (61.5%; n = 16) and decreased with

decreasing age: 39.4% (n = 54), 38.5% (n = 207) and 16.9% (n = 227) in the groups aged 65-74, 50-64 and 19-50 years, respectively.

Conversely, the proportion of patients with isolated renal manifestations (defined as proteinuria but no LVH) was lowest in the elderly group (3.8%; n = 1) and increased with decreasing age: 4.4% (n = 6), 7.1% (n = 38) and 18.8% (n = 253) in the groups aged 65-74, 50-64 and 18-49 years.

3.2.4 Cerebrovascular events

Any cerebrovascular event/manifestation was reported by a greater proportion of patients in the groups aged 50-64 (24.2%), 65-74 (27.7%) and ≥ 75 years (19.2%) than in the youngest group (17.1%). Stroke was most prevalent in the groups older than 50 years (Table 2).

3.2.5 Auditory events

A larger proportion of patients in the elderly group (57.7%) experienced auditory events/manifestations than in the youngest group (45.7%). Hearing impairment was most prevalent in the elderly group (Table 2).

4. Discussion

This study analyzed data collected in FOS to investigate whether a demographic and phenotypic description could be made of patients aged ≥ 50 years that differentiate them from younger adult patients.

This analysis showed that a smaller proportion of older patients were treated with ERT and that, after 50 years of age, the majority of ERT initiations were made in female patients (Table 1). This indicates a possible reluctance of physicians and patients to commence and/or continue ERT at older ages. The decision to either initiate or continue

long-term ERT in patients with Fabry disease who are aged ≥ 50 years must take into account potential treatment benefits over costs to the healthcare system, and quality of life. Factors for consideration regarding ERT initiation in elderly patients are outlined in Figure 2 (Note to the Editor: Fig 2 to be inserted here [16]).

Since Fabry disease is a progressive disorder, disease severity and the degree of organ involvement increase with age. Several recent reports have indicated that ERT in patients with advanced disease has limited effectiveness [17-19], especially when initiated after fibrosis has started to develop in the heart, kidney or central nervous system, which may occur at a relatively early age in Fabry disease [20]. One study on patients who were slightly older (40 ± 9 years) than in previously studied groups, and who were thus likely to have more advanced disease, found that disease progression towards organ failure and death was not halted by ERT over a period of approximately 6 years [18].

Initiating/continuing ERT in patients with Fabry disease who are ≥ 75 years may not be beneficial in terms of life expectancy or cost effectiveness [13]. The number of years since symptom onset or diagnosis may be a better predictor of ERT refractory disease than simply age.

The cardiac and renal signs and symptoms observed in the analysis population aged ≥ 50 years were generally non-specific and could reflect the natural aging process. For example, compared with patients aged 18–49 years, older patients had a greater prevalence of cardiac events/manifestations such as LVH and arrhythmia, decreases in eGFR and increased prevalence of hearing impairment. Hearing loss, a common occurrence during natural aging, was previously found to be independently predictive of cardiac, renal and cerebrovascular complications in Fabry disease [21] and was the most prevalent auditory event in the current study. Microalbuminuria is a known cardiovascular risk factor in patients with hypertension [22], and microalbuminuria and proteinuria were

the most prevalent renal manifestations in each age group in the current analysis. While the prevalence of hypertension increased with successive age group, the prevalence of microalbuminuria and proteinuria did not. Since the groups were stratified by age at treatment initiation or FOS entry in untreated patients, this finding may reflect a lower burden from microalbuminuria/proteinuria and a milder Fabry disease phenotype in the older age groups than the younger group.

Whether patients have classical or later-onset Fabry disease may also require consideration when making decisions regarding ERT initiation/continuation. We found that age at symptom onset generally increased with successive age group. These data were collected via patient recall, and thus must be interpreted carefully, but this increase may reflect a predominance of de novo diagnosis of the later-onset phenotype in the groups aged ≥ 50 years, rather than long-lived patients with early onset classical phenotypes. Furthermore, age at diagnosis tended to increase with successive age group and each group also experienced delays in diagnosis, as found previously [3, 4]. The delay in diagnosis doubled between the ages of 50 and 74 years, possibly because patients presenting in these groups had limited disease with fewer symptoms characteristic of Fabry disease. Angiokeratoma and tortuous ocular vessels, which may facilitate Fabry disease diagnosis, were more prevalent in patients aged 18–49 years than in the older age groups. Since the level of tortuosity is positively correlated with disease severity [23], this could provide further evidence of limited disease in our population aged ≥ 50 years.

Age at onset in patients with cardiac variant Fabry disease is reported to be in the sixth to eighth decade [8]. In our study, compared with the younger adult group, the prevalence of cardiac events/manifestations was greater in patients aged 65–74 and ≥ 75 years, whereas that of renal events/manifestations generally remained similar or was lower. The cardiac events in this group may be linked to the aging process or they might

indicate a larger proportion of patients aged 65 years and above with the later-onset cardiac variant of Fabry disease. If the main value of ERT is considered to be preventing significant clinical events that might only occur years hence resulting from a lifetime of storage deposition and secondary organ pathology, then the value of ERT in these patients may be limited. However, it remains possible that, for those experiencing Fabry symptoms not alleviated by conventional therapies, ERT might have a role in immediate symptomatic benefit. An improvement in symptoms has been reported when ERT is started in younger patients [24], but the efficacy of ERT in later-onset Fabry disease still needs to be formally determined and a regimen for optimal supportive care and symptom control carefully considered. Similarly, in classical patients receiving long-term ERT, there is likely to come a point at which supportive and symptomatic care becomes more important than limited ERT for long-term organ protection.

There were a number of limitations in our study. FOS is a rare disease registry, and thus contains a relatively small number of patients, especially in the older age groups. However, few exclusion criteria were applied; therefore the patient population was not highly selected. Furthermore, a decline in number with aging would be expected in a control population, although the low numbers did limit us to the use of descriptive statistics only, making it difficult to draw conclusions from the data. The possibility of errors incurred during data entry cannot be completely ruled out. While some values appeared to be high (for example, upper range value for urine protein of 9690.0 mg/24 h in the youngest group), these were considered to be within clinically feasible ranges; those that were deemed implausible were excluded from analysis. Also, due to some missing data, the trends observed will need to be followed up in order to be confirmed. Definitions of signs and symptoms are not provided in FOS and thus are not standardized across participating centres. Each physician determines their presence at patient visits according to

predetermined criteria and records this information in the database primarily as "YES" or "NO" variables. Further information on particular signs and symptoms is sparse, which imposes some restrictions on the analyses that can subsequently be performed. It should also be noted that standardized methods for measuring the clinical parameters are not currently specified within FOS. A further possible limitation is that genetics data were not available for inclusion; however, this paper represents a phenotypic analysis and reports data, including residual α -Gal A activity data, from a large number of patients. Mutations associated with later-onset variants of Fabry disease could prove to be an interesting focus for future studies.

5. Conclusions

This is the first report to date analyzing the phenotype of Fabry disease in patients aged ≥ 50 years. Some elderly patients who are experiencing Fabry-related complications and who are eligible for ERT are not receiving it. Further studies are required to delve deeper into the reasons behind this, to show what types of supportive care are being provided instead of or as well as ERT, and also to better define those who are suitable for ERT. Although there may be limited benefits in initiating or continuing ERT in older patients with more advanced Fabry disease, further investigations are warranted, particularly in older patients with later-onset disease who may show a slower progression of Fabry manifestations.

Disclosure statement

Olivier Lidove has received travel grants and speaker honoraria from Genzyme/Sanofi and Shire. Frédéric Barbey has received a research grant from Shire. Dau-Ming Niu has

received research and travel grants and speaker honoraria from Genzyme/Sanofi and Shire. Eva Brand has received research grants and speaker honoraria from Genzyme/Sanofi and Shire. Kathleen Nicholls has received research support and travel grants from Amicus, Genzyme, and Shire, and speaker honoraria from Genzyme and Shire. Svetlana Bizjajeva is an employee of, and holds stock options in, Shire. Derralynn Hughes has received research and travel grants and honoraria for speaking and consulting from Amicus, Genzyme/Sanofi, Protalix and Shire.

Acknowledgments

Shire provided funding in the form of a salary for author Svetlana Bizjajeva, and also funded medical writing support, provided by Tina Rose of Excel Scientific Solutions. The authors would like to thank the following investigators, and their patients, who contributed data to FOS: Dr Aaron, Hôpital Jean Jacques Coeur, France; Dr Andrade Campos, Hospital Universitario Miguel Servet, Spain; Dr Arbustini, Fondazione IRCCS Policlinico San Matteo, Italy; Dr Arnalich Fernandez, Hospital Universitario La Paz, Spain; Dr Avila, Hospital Universitario Doctor Peset, Spain; Dr Azevedo, Centro Hospitalar do Alto Ave, EPE - Hospital de Guimarães, Portugal; Dr Barba, Complejo Hospitalario Universitario de Albacete, Spain; Dr Bataille, CHU Boulogne sur Mer, France; Dr Bichet, Hôpital Du Sacré-Cœur de Montréal, Canada; Dr Borsini, Azienda Ospedaliero-Universitaria Careggi, Italy; Dr Bosch, Hospital Universitario Son Espases, Spain; Dr Böttcher, Dietrich Bonhoeffer Klinikum Neubrandenburg, Germany; Dr Boudet, Hôpital Brive la Gaillarde, France; Dr Cabades O'Callaghan, Hospital Comarcal De Vinaròs, Spain; Dr Catassi, Azienda Ospedaliero Universitaria Ospedali Riuniti di Ancona-Umberto I-G.M. Lancisi-G. Salesi, Italy; Dr Cecchi, Azienda Ospedaliero-Universitaria Careggi, Italy; Dr Chan, University of Alberta, Canada; Dr Climent, Hospital General Universitario de Alicante, Spain; Dr Cole,

University Hospital of Wales, UK; Dr Concolino, Azienda Ospedaliera Pugliese Ciaccio, Italy; Dr de Arriba de la Fuente, Hospital Universitario de Guadalajara, Spain; Dr De Précigout, Centre Hospitalier Universitaire de Bordeaux, Hôpital Pellegrin, France; Dr de Toro Santos, Complejo Hospitalario Universitario de Ourense, Spain; Dr Deegan, Cambridge University Hospitals NHS Foundation Trust - Addenbrookes Hospital, UK; Dr Degremont, Centre Hospitalier, France; Dr DiVito, Unità Operativa di Nefrologia e Dialisi, Ospedale G. Bernabeo, Italy; Dr Dostalova, Všeobecná fakultní nemocnice v Praze, Czech Republic; Dr Douillard, CHRU Lille, France; Dr Drobacheff-Thiebaut, Hôpital Jean Minjot, France; Dr Dussol, Hôpital de La Conception, France; Dr Eto, Jikei University Hospital, Japan; Dr Eyskens, UZ Antwerpen, Belgium; Dr Fakhouri, Hôtel-Dieu, France; Dr Feriozzi, , Italy; Dr Fernández Martin, Hospital do Meixoeiro, Spain; Dr Fouilhoux, Groupement Hospitalier EST- Hôpital Mère-Enfant, France; Dr Franco, Hospital General Universitario de Alicante, Spain; Dr Fritz, Hôpital de la Rochelle, France; Dr Gaborieau, Hôpital François Mitterand, France; Dr Gaedeke, Charité - Universitätsmedizin Berlin, Germany; Dr Galan Montesano, Hospital Comarcal de Don Benito, Spain; Dr Garcia Uriarte, Hospital de Santiago Apostol, Spain; Dr Ghafari, Institut Arnault Tzanck, France; Dr Giugliani, Hospital de Clinicas de Porto Alegre, Brazil; Dr Goizet, Centre Hospitalier Universitaire de Bordeaux, Hôpital Pellegrin, France; Dr Hachulla, CHRU Lille, France; Dr Hennermann, Universitätsmedizin der Johannes Gutenberg-Universität Mainz, Germany; Dr Herrera, Hospital Universitario Central de Asturias, Spain; Dr Hiwot, Queen Elizabeth Hospital, UK; Dr Jaussaud, CHU de Reims, France; Dr Kaminsky, CHU de Nancy-Hopital Brabois Adulte, France; Dr Kantola, Turun Yliopistollinen Keskussairaala, Finland; Dr Khan, Alberta Childrens Hospital, Canada; Dr Kurschat, Universitätsklinikum Köln, Germany; Dr Lavigne, CHU Angers, France; Dr Leguy, CHU Dijon, France; Dr Linthorst, Academisch Medisch Centrum Amsterdam, Netherlands; Dr Manna, Policlinico

Universitario Agostino Gemelli, Italy; Dr Maranda, Centre Hospitalier Universitaire de Sherbrooke, Canada; Dr Marodi, Debreceni Egyetem Orvos-és Egészségtudományi Centrum Kazincbarcikai Kórház Nonprofit Kft., Hungary; Dr Martin, Hospital Universitari Arnau de Vilanova, Spain; Dr Martínez, Hospital de Torrecárdenas, Spain; Dr Mehta, Royal Free Hospital, UK; Dr Mora, Hospital General Universitario de Elche, Spain; Dr Morel, Mount Sinai Hospital, Canada; Dr Moreno, Hospital General Universitario Morales Meseguer; Dr Muschol, Universitätsklinikum Hamburg-Eppendorf, Germany; Dr Nassogne, Cliniques Universitaires Saint-Luc, Belgium; Dr Neumann, Universitätsklinikum Freiburg, Germany; Dr Noel, Hôpital Civil, France; Dr Nowak, UniversitätsSpital Zürich, France; Dr Orosa, Hospital Francesc de Borja, Spain; Dr Paniagua, Hospital El Bierzo, Spain; Dr Parini, Azienda Ospedaliera San Gerardo, Italy; Dr Pastores, New York University School of Medicine; Dr Pérez López, Hospital Universitario Vall d'Hebron, Spain; Dr Perticoni, SC Neurofisiopatologia, Policlinico, Silvestrini, Italy; Dr Pintos Morell, Hospital Universitario Germans Trias i Pujol, Spain; Dr Pisani, Azienda Ospedaliera Universitaria Federico II, Italy; Dr Ploekinger, Charité - Campus Virchow-Klinikum, Germany; Dr Roland, Institut de Pathologie et de Génétique a.s.b.l., Belgium; Dr Rolfs, University of Rostock; Dr Rozenfeld, National University of La Plata, Argentina; Dr Schiffmann, Baylor University Medical Center, US; Dr Serena Leal, Hospital Universitari de Girona Dr Josep Trueta, Spain; Dr Sirrs, Vancouver General Hospital, Canada; Dr Thevenot, CH Laon, France; Dr Torra, Fundació Puigvert, Spain; Dr Torras, Hospital Universitari de Bellvitge, Spain; Dr Tuttolomondo, Azienda Ospedaliera Universitaria Policlinico Paolo Giaccone, Italy; Dr Valverde, Hospital de Elda Virgen de La Salud, Spain; Dr Vidau, Hospital Universitario Central de Asturias, Spain; Dr Vijay, Birmingham Children's Hospital NHS Foundation Trust, UK; Dr Vuillemet, Hopital Louis Pasteur, France; Dr Vujkovic, General Hospital Slovenj Gradec, Slovenia; Dr Wanner, Universitätsklinikum Würzburg, Wanner; Dr West,

Queen Elizabeth II Health Sciences Center, Canada; Dr Zoli, Ospedale SS. Annunziata, Italy.

References

- [1] K.D. MacDermot, A. Holmes, A.H. Miners, Natural history of Fabry disease in affected males and obligate carrier females *Journal of inherited metabolic disease* 24 Suppl 2 (2001) 13–14; discussion 11–12.
- [2] K.D. MacDermot, A. Holmes, A.H. Miners, Anderson-Fabry disease: clinical manifestations and impact of disease in a cohort of 60 obligate carrier females *Journal of medical genetics* 38 (2001) 769–775.
- [3] A. Mehta, R. Ricci, U. Widmer, F. Dehout, A. Garcia de Lorenzo, C. Kampmann, A. Linhart, G. Sunder-Plassmann, M. Ries, M. Beck, Fabry disease defined: baseline clinical manifestations of 366 patients in the Fabry Outcome Survey *European journal of clinical investigation* 34 (2004) 236–242.
- [4] W.R. Wilcox, J.P. Oliveira, R.J. Hopkin, A. Ortiz, M. Banikazemi, U. Feldt-Rasmussen, K. Sims, S. Waldek, G.M. Pastores, P. Lee, C.M. Eng, L. Marodi, K.E. Stanford, F. Breunig, C. Wanner, D.G. Warnock, R.M. Lemay, D.P. Germain, Females with Fabry disease frequently have major organ involvement: lessons from the Fabry Registry *Mol Genet Metab* 93 (2008) 112–128.
- [5] C. Whybra, C. Kampmann, F. Krummenauer, M. Ries, E. Mengel, E. Miebach, F. Baehner, K. Kim, M. Bajbouj, A. Schwarting, A. Gal, M. Beck, The Mainz Severity Score Index: a new instrument for quantifying the Anderson-Fabry disease phenotype, and the response of patients to enzyme replacement therapy *Clinical genetics* 65 (2004) 299–307.
- [6] R.Y. Wang, A. Lelis, J. Mirocha, W.R. Wilcox, Heterozygous Fabry women are not just carriers, but have a significant burden of disease and impaired quality of life *Genetics in medicine : official journal of the American College of Medical Genetics* 9 (2007) 34–45.
- [7] S. Waldek, M.R. Patel, M. Banikazemi, R. Lemay, P. Lee, Life expectancy and cause of death in males and females with Fabry disease: findings from the Fabry Registry *Genetics in medicine : official journal of the American College of Medical Genetics* 11 (2009) 790–796.
- [8] A. Mehta, D.A. Hughes, Fabry Disease, in: R.A. Pagon, M.P. Adam, H.H. Ardinger, T.D. Bird, C.R. Dolan, C.T. Fong, R.J.H. Smith, K. Stephens (Eds.), *GeneReviews(R)*, Seattle (WA), 1993.
- [9] D.A. Hughes, U. Ramaswami, P. Elliott, P. Deegan, P. Lee, S. Waldek, G. Apperly, T. Cox, A.B. Mehta, Guidelines for the diagnosis and management of Anderson-Fabry disease (2005).
- [10] C.M. Eng, D.P. Germain, M. Banikazemi, D.G. Warnock, C. Wanner, R.J. Hopkin, J. Bultas, P. Lee, K. Sims, S.E. Brodie, G.M. Pastores, J.M. Strotmann, W.R. Wilcox, Fabry disease: guidelines for the evaluation and management of multi-organ system involvement *Genetics in medicine : official journal of the American College of Medical Genetics* 8 (2006) 539–548.
- [11] C. Tøndel, L. Bostad, K.K. Larsen, A. Hirth, B.E. Vikse, G. Houge, E. Svarstad, Agalsidase benefits renal histology in young patients with Fabry disease *Journal of the American Society of Nephrology : JASN* 24 (2013) 137–148.
- [12] M. Biegstraaten, R. Arngimsson, F. Barbey, L. Boks, F. Cecchi, P.B. Deegan, U. Feldt-Rasmussen, T. Geberhiwot, D.P. Germain, C. Hendriksz, D.A. Hughes, I. Kantola, N. Karabul, C. Lavery, G.E. Linthorst, A. Mehta, E. van de Mheen, J.P. Oliveira, R. Parini, U. Ramaswami, M. Rudnicki, A. Serra, C. Sommer, G. Sunder-Plassmann, E. Svarstad, A.

- Sweeb, W. Terry, A. Tytki-Szymanska, C. Tøndel, B. Vujkovic, F. Weidemann, F.A. Wijburg, P. Woolfson, C.E. Hollak, Recommendations for initiation and cessation of enzyme replacement therapy in patients with Fabry disease: the European Fabry Working Group consensus document *Orphanet journal of rare diseases* 10 (2015) 36.
- [13] F. Barbey, D. Joly, E. Noel, O. Drouineau, P.A. Krayenbuhl, O. Lidove, Fabry disease in a geriatric population *Clinical genetics* 88 (2015) 499–501.
- [14] R.M. Lang, M. Bierig, R.B. Devereux, F.A. Flachskampf, E. Foster, P.A. Pellikka, M.H. Picard, M.J. Roman, J. Seward, J.S. Shanewise, S.D. Solomon, K.T. Spencer, M.S. Sutton, W.J. Stewart, Recommendations for chamber quantification: a report from the American Society of Echocardiography's Guidelines and Standards Committee and the Chamber Quantification Writing Group, developed in conjunction with the European Association of Echocardiography, a branch of the European Society of Cardiology *Journal of the American Society of Echocardiography : official publication of the American Society of Echocardiography* 18 (2005) 1440–1463.
- [15] KDIGO, KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease *Kidney International Supplements* 3 (2013).
- [16] V. Patel, C. O'Mahony, D. Hughes, M.S. Rahman, C. Coats, E. Murphy, R. Lachmann, A. Mehta, P.M. Elliott, Clinical and genetic predictors of major cardiac events in patients with Anderson-Fabry Disease *Heart* 101 (2015) 961–966.
- [17] S.M. Rombach, B.E. Smid, M.G. Bouwman, G.E. Linthorst, M.G. Dijkgraaf, C.E. Hollak, Long term enzyme replacement therapy for Fabry disease: effectiveness on kidney, heart and brain *Orphanet journal of rare diseases* 8 (2013) 47.
- [18] F. Weidemann, M. Niemann, S. Stork, F. Breunig, M. Beer, C. Sommer, S. Herrmann, G. Ertl, C. Wanner, Long-term outcome of enzyme-replacement therapy in advanced Fabry disease: evidence for disease progression towards serious complications *Journal of internal medicine* 274 (2013) 331–341.
- [19] L.J. Anderson, K.M. Wyatt, W. Henley, V. Nikolaou, S. Waldek, D.A. Hughes, G.M. Pastores, S. Logan, Long-term effectiveness of enzyme replacement therapy in Fabry disease: results from the NCS-LSD cohort study *Journal of inherited metabolic disease* 37 (2014) 969–978.
- [20] F. Weidemann, M.D. Sanchez-Niño, J. Politei, J.P. Oliveira, C. Wanner, D.G. Warnock, A. Ortiz, Fibrosis: a key feature of Fabry disease with potential therapeutic implications *Orphanet journal of rare diseases* 8 (2013) 116.
- [21] P. Kaminsky, E. Noel, R. Jaussaud, V. Leguy-Seguin, E. Hachulla, T. Zenone, C. Lavigne, I. Marie, F. Maillot, A. Masseur, C. Serratrice, O. Lidove, Multidimensional analysis of clinical symptoms in patients with Fabry's disease *International journal of clinical practice* 67 (2013) 120–127.
- [22] T.T. Rosa, P. Palatini, Clinical value of microalbuminuria in hypertension *Journal of hypertension* 18 (2000) 645–654.
- [23] A. Sodi, M. Guarducci, L. Vauthier, A.S. Ioannidis, S. Pitz, G. Abbruzzese, F. Sofi, A. Mecocci, A. Miele, U. Menchini, Computer assisted evaluation of retinal vessels tortuosity in Fabry disease *Acta ophthalmologica* 91 (2013) e113–119.
- [24] R. Schiffmann, J.B. Kopp, H.A. Austin, 3rd, S. Sabnis, D.F. Moore, T. Weibel, J.E. Balow, R.O. Brady, Enzyme replacement therapy in Fabry disease: a randomized controlled trial *JAMA : the journal of the American Medical Association* 285 (2001) 2743–2749.

Table 1

Summary of demographics and general clinical characteristics of the overall FOS population, stratified by age group (for α -Gal A activity).

Parameter	18–49 years	50–64 years	65–74 years
Overall	N = 1344	N = 537	N = 137
Males, n (%)	679 (50.5)	347 (64.6%)	93 (67.9)
Females, n (%)	665 (49.5%)	190 (35.4%)	44 (32.1)
Treated, n (%)	868 (64.6)	399 (74.3)	94 (68.6)
Males, n (%)	572 (65.9%)	161 (40.4%)	30 (31.9%)
Females, n (%)	296 (34.1%)	238 (59.6%)	64 (68.1%)
Age (years) at first symptom			
N (missing)	857 (487)	315 (222)	77 (60)
Mean (SD)	16.6 (11.9)	32.2 (18.8)	47.8 (19.2)
Median (range)	12.0 (0.0–49.0)	34.0 (0.0–63.0)	54.0 (4.0–71.0)
Age (years) at diagnosis			
N (missing)	1276 (68)	505 (32)	128 (9)
Mean (SD)	28.3 (11.5)	50.1 (11.2)	63.4 (10.3)
Median (range)	29.0 (0.0–50.0)	52.0 (4.0–64.0)	66.0 (11.0–74.0)
Delay (years) between symptom and diagnosis			
N (missing)	847 (497)	311 (226)	75 (62)
Mean (SD)	10.9 (12.0)	16.3 (17.2)	14.7 (18.0)
Median (range)	8.0 (–33.0–41.0)	11.0 (–25.0–55.0)	10.0 (–35.0–62.0)
Age (years) at start of agalsidase alfa			
N (missing)	868 (476)	399 (138)	94 (43)
Mean (SD)	35.2 (9.2)	56.6 (4.1)	69.1 (2.8)
Median (range)	35.6 (18.0–49.9)	56.3 (50.0–64.9)	68.6 (65.0–75.0)

Time (years) to follow up							
N (missing)	1344 (0)		537 (0)		137 (0)		
Mean (SD)	3.8 (3.4)		2.9 (3.0)		2.5 (2.5)		
Median (range)	2.9 (0.0–12.4)		1.9 (0.0–12.1)		1.7 (0.0–10.1)		
Relatives in the cohort, n (%)	645 (48.0)		222 (41.3)		56 (40.9)		
α -Gal A (% midpoint normal range)	Male	Female	Male	Female	Male	Female	M
N (missing)	288 (377)	323 (356)	87 (103)	158 (189)	21 (23)	33 (60)	2
Mean (SD)	6.3 (7.6)	51.5 (36.6)	8.1 (9.6)	52.4 (35.1)	10.3 (13.8)	60.4 (60.7)	27.8
Median (range)	4.0 (0.0–66.7)	44.0 (0.1–212.0)	5.2 (0.0–50.0)	47.6 (0.1–181.8)	7.7 (0.2–67.0)	44.0 (0.2–251.5)	27.8 42
Specialist who first suspected disease, n (%)	414		182		45		
Affected family member	470 (50.5)		139 (39.2)		38 (41.3)		
Cardiologist	41 (4.4)		52 (14.6)		24 (26.1)		
Dermatologist	39 (4.2)		14 (3.9)		–		
Gastroenterologist	1 (0.1)		1 (0.3)		–		
General practitioner	32 (3.4)		9 (2.5)		2 (2.2)		
Geneticist	37 (4.0)		42 (11.8)		6 (6.5)		
Internist	21 (2.3)		8 (2.3)		3 (3.3)		
Nephrologist	120 (12.9)		30 (8.5)		7 (7.6)		
Neurologist	37 (4.0)		18 (5.1)		1 (1.1)		
Ophthalmologist	52 (5.6)		17 (4.8)		3 (3.3)		
Other	36 (3.9)		19 (5.4)		6 (6.5)		
Paediatrician	38 (4.1)		4 (1.1)		2 (2.2)		
Rheumatologist	6 (0.6)		2 (0.6)		–		
ARB/ACE therapy any time, n (%)	408 (30.4)		238 (44.3)		72 (52.6)		
Heart pacemaker/transplant/defibrillator, n (%)	10 (0.7)		21 (3.9)		4 (2.9)		
Currently smoking, n (%)	103 (7.7)		28 (5.2)		2 (1.5)		

Smoking history, n (%)	171 (12.7)	78 (14.5)	18 (13.1)
Diabetes mellitus, n (%)	19 (1.4)	33 (6.1)	15 (10.9)
Hypertension, n (%)	293 (21.8)	225 (41.9)	66 (48.2)
Obesity (≥ 35 kg/m ²), n (%)	38 (2.8)	23 (4.3)	4 (2.9)
Tortuous vessels, n (%)	213 (15.8)	60 (11.2)	15 (10.9)
Angiokeratoma, n (%)	642 (47.8)	194 (36.1)	48 (35.0)
Raynaud Syndrome, n (%)	124 (9.2)	46 (8.6)	13 (9.5)
Malignancy, n (%)	17 (1.3)	24 (4.5)	9 (6.6)
Deceased recorded in database, n (%)	41 (3.1)	39 (7.3)	13 (9.5)

ACE = angiotensin-converting enzyme inhibitor; α -Gal A = alpha-galactosidase A; ARB = angiotensin receptor blocker.

Table 2

Summary of cardiac, renal, cerebrovascular and auditory events/manifestations among the overall FOS population by age group.

Parameter	18–49 years (n = 1344)	50–64 years (n = 537)	65–74 years (n = 137)	≥75 years (n = 137)
Any cardiac event/manifestation, n (%)	787 (58.6)	435 (81.0)	110 (80.3)	23 (16.8)
Conduction abnormality	94 (7.0)	80 (14.9)	26 (19.0)	6 (4.4)
Fatigue	317 (23.6)	129 (24.0)	40 (29.2)	10 (7.3)
LVH	431 (32.1)	336 (62.6)	93 (67.9)	20 (14.6)
Heart failure	205 (15.3)	122 (22.7)	42 (30.7)	9 (6.6)
Arrhythmia	120 (8.9)	111 (20.7)	49 (35.8)	13 (9.5)
Cardiac surgery	15 (1.1)	29 (5.4)	10 (7.3)	4 (2.9)
Palpitations	220 (16.4)	111 (20.7)	27 (19.7)	6 (4.4)
Angina	44 (3.3)	54 (10.1)	18 (13.1)	1 (0.7)
Valve disease	125 (9.3)	75 (14.0)	24 (17.5)	7 (5.1)
Cardiac syncope	28 (2.1)	17 (3.2)	3 (2.2)	4 (2.9)
Dyspnea	131 (9.7)	108 (20.1)	39 (28.5)	7 (5.1)
Other (than listed)	129 (9.6)	115 (21.4)	33 (24.1)	6 (4.4)

Any renal event/manifestation, n (%)	618 (46.0)	268 (49.9)	63 (46.0)	12
Microalbuminuria	222 (16.5)	74 (13.8)	23 (16.8)	5
Peritoneal dialysis	8 (0.6)	2 (0.4)	–	
Proteinuria	457 (34.0)	167 (31.1)	45 (32.8)	5
Hematuria	82 (6.1)	29 (5.4)	7 (5.1)	1
Other (than listed)	79 (5.9)	56 (10.4)	18 (13.1)	4
Renal failure	116 (8.6)	71 (13.2)	18 (13.1)	2
Hemodialysis	42 (3.1)	19 (3.5)	2 (1.5)	
Transplants	30 (2.2)	20 (3.7)	2 (1.5)	
Unspecified dialysis	36 (2.7)	21 (3.9)	2 (1.5)	2
Any cerebrovascular event/manifestation, n (%)	230 (17.1)	130 (24.2)	38 (27.7)	5
TIA	49 (3.6)	32 (6.0)	7 (5.1)	1
Other (than listed)	122 (9.1)	44 (8.2)	14 (10.2)	2
Stroke	96 (7.1)	73 (13.6)	26 (19.0)	4
PRIND	4 (0.3)	5 (0.9)	–	
Any auditory event/manifestation, n (%)	614 (45.7)	256 (47.7)	64 (46.7)	15
Tinnitus	400 (29.8)	123 (22.9)	27 (19.7)	6
Vertigo	318 (23.7)	132 (24.6)	31 (22.6)	4
Sudden deafness	43 (3.2)	19 (3.5)	4 (2.9)	1
Hearing impairment	297 (22.1)	156 (29.1)	45 (32.8)	13
Other (than listed)	31 (2.3)	20 (3.7)	7 (5.1)	3

LVH = left ventricular hypertrophy; PRIND = prolonged reversible neurological deficits; TIA = transient ischemic attack.

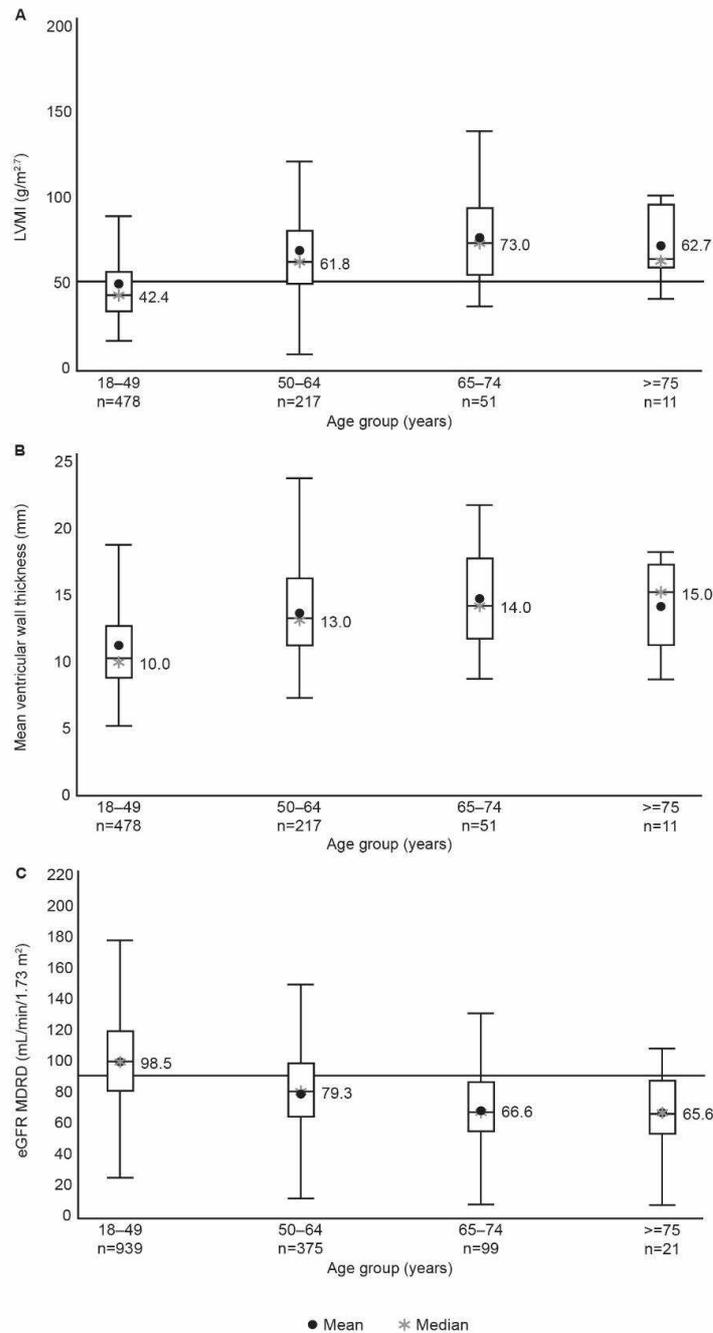


Fig. 1 Box plots showing A. Left ventricular mass indexed to height. B. Mean ventricular wall thickness. C. Estimated glomerular filtration rate (eGFR) using the Modification of Diet in Renal Disease formula (MDRD) for the patients in each age group.

Potential pros and cons of initiating ERT in patients with Fabry disease after 50 years of age

Pros:

- Treatment of cardiac complications, including sudden death, which are equally prevalent in patients with the later-onset cardiac phenotype and the classical early-onset phenotype [16].
- Reduced risk of cardiac complications that may occur de novo in patients with the later-onset phenotype after 50 years of age.
- Improvement in quality of life of patients with classical Fabry disease via the effects of ERT on Fabry-related pain and gastrointestinal symptoms.

Cons:

- ERT has not been specifically evaluated in the geriatric population.
- Many older (surviving patients) have the later-onset cardiac phenotype; the effects of ERT in this group have not been independently evaluated.
- It may be difficult to distinguish the natural history of aging from Fabry-specific symptoms.
- Symptoms in older patients, including cardiac and renal manifestations, may be better addressed through optimal supportive care (i.e. care of comorbidities, nephroprotection, and prevention of arrhythmia).

Fig. 2. Considerations in the decision to initiate ERT in patients with Fabry disease who are older than 50 years.

Highlights - Fabry in the older patient: clinical consequences and possibilities for treatment (MGM-16-66)

- A smaller proportion aged ≥ 75 than < 75 years received enzyme replacement therapy.
- Not all elderly patients who are eligible are receiving enzyme replacement therapy.
- The value of enzyme replacement therapy in the elderly needs further investigation.