Additional file 3: Table S3. Mean and median weekly adherence across all tips, Weeks 2-8, Samples 1 and 2.

| Week | Sample 1 |  |  |  | Sample 2 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $N$ | Observed range | $\begin{gathered} \text { Mean } \\ (S D) \end{gathered}$ | Median | $N$ | Observed range | Mean $(S D)$ | Median |
| Week 2 | 11 | 0-88\% | $\begin{aligned} & 51.54 \% \\ & (32.50) \end{aligned}$ | 58.04\% | 21 | 10-84\% | $\begin{aligned} & \hline 64.80 \% \\ & (24.85) \end{aligned}$ | 69.64\% |
| Week 3 | 11 | 0-86\% | $48.70 \%$ <br> (33.17) | 54.46\% | 21 | 8-86\% | $\begin{aligned} & 64.07 \% \\ & (26.53) \end{aligned}$ | 69.64\% |
| Week 4 | 11 | 0-84\% | $\begin{aligned} & 47.56 \% \\ & (31.44) \end{aligned}$ | 58.04\% | 21 | 9-91\% | $\begin{aligned} & \hline 61.10 \% \\ & (27.98) \end{aligned}$ | 66.96\% |
| Week 5 | 11 | 0-87\% | $\begin{aligned} & 44.81 \% \\ & (31.00) \end{aligned}$ | 43.75\% | 21 | 7-87\% | $\begin{array}{r} 54.29 \% \\ (26.95) \end{array}$ | 54.46\% |
| Week 6 | 11 | 0-82\% | $\begin{gathered} 42.69 \% \\ (33.16) \end{gathered}$ | 43.75\% | 20 | 0-100\% | $\begin{aligned} & \hline 55.22 \% \\ & (29.68) \end{aligned}$ | 52.68\% |


| Week 7 | 11 | $0-75 \%$ | $40.83 \%$ <br> $(31.76)$ | $43.75 \%$ | 20 | $0-94 \%$ | $54.64 \%$ | $55.80 \%$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $(28.43)$ |  |  |  |  |  |  |  |  |
| Week 8 | 10 | $0-75 \%$ | $28.57 \%$ | $20.54 \%$ | 20 | $0-100 \%$ | $51.83 \%$ | $45.98 \%$ |
|  |  |  | $(28.66)$ |  |  |  | $(31.47)$ |  |

