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1	Fast Adapting Mechanoreceptors are Important for Force Control in Precision Grip but not
2	for Sensorimotor Memory
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28 ABSTRACT

29 Sensory feedback from cutaneous mechanoreceptors in the fingertips is important in effective object manipulation, allowing appropriate scaling of grip and load forces during precision grip. However 30 31 the role of mechanoreceptor subtypes in these tasks remains incompletely understood. To address 32 this issue, psychophysical tasks which may specifically assess function of type I fast adapting (FAI) 33 and slowly adapting (SAI) mechanoreceptors were used with object manipulation experiments to 34 examine the regulation of grip force control in an experimental model of graded reduction in tactile 35 sensitivity (healthy volunteers wearing two layers of latex gloves). With gloves, tactile sensitivity 36 decreased significantly from $1.9 \pm 0.4 \mu m$ to $12.3 \pm 2.2 \mu m$ in the Bumps task assessing function of 37 FAI afferents, but not in a grating orientation task assessing SAI afferents (1.6±0.1mm to 38 1.8±0.2mm). Six axis force/torque sensors measured peak grip (PGF) and load forces (PLF) generated by the fingertips during a grip-lift task. With gloves there was a significant increase of 39 40 PGF (14±6%), PLF (17±5%) and grip and load force rates (26±8%; 20±8%). A variable weight 41 series task was used to examine sensorimotor memory. There was a 20% increase in PGF when the 42 lift of a light object was preceded by a heavy relative to a light object. This relationship was not 43 significantly altered when lifting with gloves, suggesting that the addition of gloves did not change 44 sensorimotor memory effects. We conclude that FAI fibres may be important for the online force scaling but not for the build-up of a sensorimotor memory. 45

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New & Noteworthy: This manuscript provides insights into the role of cutaneous feedback in object manipulation and precision grip. Force control during object manipulation relies on prior experience and anticipation as well as feedback from mechanosensitive afferents. Using a graded model of experimental tactile dysfunction, we have selectively reduced the sensitivity of FAI, but not SAI mechanoreceptors and demonstrate that impairment of FAI function leads to selective deficits of object manipulation whereas it does not perturb sensorimotor memory.

53 INTRODUCTION

54 Sensory feedback from cutaneous mechanoreceptors in the fingertips is critical in effective object manipulation (Johansson and Flanagan, 2009). Tactile afferents enable appropriate scaling and 55 synchronous coupling of grip and load forces to prevent excessive force or conversely object 56 slippage during precision grip (Johansson & Westling, 1984). However, control of grip and load 57 forces also relies on anticipatory force predictions based on prior experience, with sensorimotor 58 memories utilised to anticipate force requirements involved in predictable object interactions 59 60 (Flanagan et al., 2001). There are four classes of mechanosensitive afferents in the hand, fast 61 adapting (FA) and slowly adapting (SA) types I and II (Johansson and Flanagan, 2009). Fast 62 adapting (FAI) and slowly adapting (SAI) type I mechanosensitive afferents are highly enriched in the fingertips (Johansson and Valbo, 1979), while FAII and SAII are found at a uniform but lower 63 64 density (Johansson and Flanagan, 2009). Classically, FAI afferents are associated with perception of high frequency, dynamic events while SAI afferents are sensitive to low frequency skin deformation. 65 66 FAII afferents detect transient events such as vibration and SAII afferents respond to stretching and may function as proprioceptors (Johansson and Flanagan, 2009). However, the relative contribution 67 68 of sensory feedback via FAI and SAI mechanoreceptors to online force scaling and the build-up of a sensorimotor memory have remained incompletely understood. 69

70 Deficits in tactile feedback produce significant functional difficulties, demonstrated in patients with 71 sensory neuropathies (Nowak and Hermsdörfer, 2004) or experimental reduction of tactile sensation in healthy volunteers by digital anaesthesia (Monzée et al., 2003; Nowak et al., 2001; Augurelle et 72 73 al., 2003; Johansson et al., 1992). While neuropathy and digital anaesthesia underscore the 74 importance of sensory feedback in force scaling and memory build-up, they lead to a non-selective 75 degradation of sensory afferent outflow from the finger tip. In the present study, we studied the functional consequences following selective reduction of the sensitivity of mechanoreceptors, 76 achieved via wearing two layers of latex gloves. 77

Psychophysical tasks have been developed which may provide a selective readout of FAI and SAI
mechanoreceptor function. Spatial acuity can be determined by the grating orientation task which is
encoded by the activity in SAI mechanoreceptors in primates (Johnson and Philips 1981; Philips and
Johnson et al., 1981). By contrast, the detection of a small elevated dot on a smooth surface or bumplike stimulus as in braille is signalled by FAI mechanoreceptors (La Motte and Whitehouse, 1986)
and can be assessed by the 'Bumps task' (Kennedy et al., 2011).

Examination of FAI and SAI firing activity during precision grip via microneurography has provided correlative evidence that both FAI and SAI afferents are important in grip control but that FAI fibres are chiefly responsible for controlling grip force scaling (Macefield et al., 1996). However, the potential contribution of FAI fibres to controlling grip force scaling has not been experimentally demonstrated. We examined the hypothesis that the potentially selective reduction of activity in one mechanoreceptor (FAI) pathway leads to an impairment of online force scaling but not sensorimotor memory.

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92 METHODS

93 12 healthy volunteers were recruited (6 males and 6 females, age 32.7 ± 1.3 years; mean \pm standard error of the mean). Ethics approval was obtained from the London City and East National Research 94 95 Ethics Service Committee and participants provided written informed consent. The Edinburgh 96 Handedness inventory (Oldfield, 1971) established all participants as right-handed. Participants 97 completed all tasks with and without the addition of two pairs of surgical latex gloves appropriate for 98 their hand size (0.27 mm thick, Biogel Surgeons Gloves, Mölnlycke Health Care, Göteborg, Sweden). Multiple sizes were available to ensure appropriate fit. Two layers of gloves were chosen 99 100 in order to ensure that tactile sensitivity was significantly reduced, as prior studies have identified elevations in sensory thresholds with multiple layers of latex gloves (Shih et al., 2001). The order of 101

presentation was pseudo-randomised, so that half of the participants completed the tasks withoutgloves to begin with while the other half started with gloves on first.

104 Psychophysical and Behavioural Tasks

All psychophysical tests were undertaken on the distal phalanx of the right index finger. For twotests the finger was stabilised with adhesive putty to prevent movement.

Assessment of tactile spatial acuity was undertaken via the grating orientation task with plastic JVP domes (Stoelting Co., IL, USA) with groove widths varying from 0.35mm to 12mm and starting from the 0.5mm spacing. The grooved dome was pressed steadily against the index finger for 3 seconds, and the participants reported the orientation of the grooves (either parallel or perpendicular to the finger) without vision in a two alternative forced choice paradigm of 10 stimulus presentations each in a pseudorandom sequence. The threshold corresponding to 75% correct discrimination was determined via linear interpolation as described previously (Van Boven and Johnson, 1994).

Assessment of mechanical sensitivity was undertaken using calibrated monofilaments (Optihair 2; Marstock nervtest, Schriesheim, Germany) as in Rolke et al. (2006). Monofilaments ranged in a geometric order of 12 filaments between 0.25 and 512 mN. The method of limits was used to determine the detection threshold with a series of stimuli presented to participants with their eyes closed. The threshold was determined as the geometric mean of five pairs of 'up and down' stimuli presentations alternating from stimulus detection to failure of detection.

Assessment of tactile sensitivity was also undertaken using the 'Bumps' device (Kennedy et al.,

121 2011) which consists of a checkerboard-like plate with a smooth surface divided into 12 squares.

Each square contains 5 coloured circles of 4 mm diameter, with one randomly selected circle

containing a single coin-shaped 550µM diameter bump of variable height. Bump height ranged from

124 26μm to 0.5μm over 4 plates. Participants were given standard instructions and asked to identify

where the raised bump was located in each square, using their index fingertip to scan the plate. As

per Kennedy et al., 2011, threshold was determined as the lowest height bump that could be correctly
detected in a series of 3 consecutive correct detections, so that for a threshold of 2.5µm, bumps of
3µm and 3.5µm also had to be correctly identified. The lowest threshold was taken from two trials
across all plates.

To assess functional ability and fine motor skills, two pegboard tasks were undertaken with the right
hand. The average number of pegs inserted in 30 seconds across two trials was recorded for the
Purdue pegboard (Lafayette Instrument Company, IN, USA; Tiffin and Asher, 1948). The number of
seconds taken to insert 25 pegs into grooved slots was recorded for the Grooved pegboard (Lafayette
Instrument Company, IN, USA).

135 **Precision grip assessment**

The tasks involved a precision grip with the thumb and index finger of a 225g manipulandum with two parallel smooth aluminium grip surfaces of 40mm diameter (Figure 1A). Six axis force torque sensors (Mini 40 F/T transducers: ATI Industrial Automation; North Carolina USA) were used to measure grip force (normal to the grip surface) and load force (tangential to the grip surface) as in Loh et al., 2010. Volunteers were seated with their right hand placed on a table. Talcum powder was applied to the fingers both with and without gloves to keep friction constant (Augurelle et al., 2003).

142 In the constant weight series, participants were cued to lift the manipulandum at a 5cm height and 143 hold it for 5 seconds before replacing it on the table. A series of 20 trials was undertaken with an 144 inter-trial interval of 7 seconds (end to onset). In the variable weight series, a pseudorandom 145 sequence of weight changes of the manipulandum occurred. The manipulandum was coupled to a 146 robotic arm (Phantom, Geomagic; as in Van Polanen and Davare, 2015) through a hole drilled through the table to enable hidden weight changes, as in Loh et al., 2010. The robot was programmed 147 to provide a light or heavy resistance equivalent to 0.5 and 3 Newtons respectively in a 148 149 pseudorandom order. Participants were cued to lift the manipulandum at a 5cm height and hold it for 150 2.5 seconds before replacing it on the table. 41 trials were undertaken (3.5 sec inter-trial interval; end 151 to onset) so that there were 10 trials of each weight transition condition: light-after-light, heavy-after-152 light, light-after-heavy and heavy-after-heavy. To determine slip force and coefficient of friction, 153 participants were asked to perform several trials lifting the manipulandum to a 5cm height and then 154 slowly releasing grip to allow slip. For each condition, three trials were averaged, following 155 completion of practice trials.

156 Data acquisition and analysis

157 Force data was digitized via a CED power 1401 interface and data were recorded in Spike 2 (Version 5.21, Cambridge Electronic Design, Cambridge UK). Analysis was done by custom-made scripts in 158 Matlab (Mathworks, Massachusetts, USA) and variables measured for each trial included peak grip 159 160 force (PGF), peak load force (PLF), static grip force, preloading phase duration (from onset of GF to 161 onset of LF), loading phase duration (from onset of LF to lift-off of the object), maximum coefficient 162 of correlation between LF and GF profiles from grip force onset \pm 50ms, peak grip force (GF rate) 163 and load force rates (LF rate) as the first derivatives of GF and LF (Figure 1, see also Davare et al., 2006). Slip force was measured as the minimal grip force to prevent slippage and determined as the 164 grip force at the onset of slippage. Safety margin was determined as the excess static grip force 165 166 above the slip force. The coefficient of friction was calculated as the slip force divided by the load force. To determine the coefficient of friction for the index finger, the slip force for the index finger 167 was divided by half the load force at the onset of slippage, assuming that the index finger supported 168 169 half of the load of the symmetrical manipulandum, as in Kinoshita (1999).

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Data from the variable weight series was analysed as in Loh et al., 2010. To determine the effects of
sensorimotor memory, two ratios were calculated. The effect of a preceding heavy object was
determined by the ratio of GF rate of the light-after-heavy trials divided by the light-after-light trials.
A ratio of greater than 1 indicates that GF rate for a light object increased in trials preceded by a lift

of a heavy compared to a light object. The effect of a light object in the preceding lift was

determined by the ratio of GF rate in heavy-after-light trials divided by the heavy-after-heavy trials.

177 A ratio lower than 1 indicates a reduced GF rate of a heavy object with a preceding light object

178 compared to a heavy one. Results were given as mean \pm standard error of the mean and analysed

179 with SPSS (Version 21, IBM) using paired t-tests and Pearson correlation coefficients as appropriate.

180 A p value of less than or equal to 0.05 was considered significant.

181

182 **RESULTS**

183 **Psychophysical tasks**

184 Sensory thresholds were significantly increased in participants wearing gloves. Bumps detection

threshold (no gloves $1.9 \pm 0.4 \,\mu\text{m}$; with gloves $12.3 \pm 2.2 \,\mu\text{m}$; P<0.0005) and monofilament

detection threshold (no gloves 0.6 ± 0.07 mN; with gloves 6.4 ± 1.7 mN; P ≤ 0.005) were elevated

187 (Figure 2A). However, there were no changes in the ability to undertake the grating orientation task

with the addition of gloves (no gloves 1.6 ± 0.1 mm; with gloves 1.8 ± 0.2 mm; P >0.2; Figure 2B),

suggesting that FAI but not SAI mechanoreceptor function was disrupted. In addition, gloves

significantly reduced performance in both the Purdue pegboard (no gloves 17.0 ± 0.4 pegs in 30sec;

with gloves 14.6 ± 0.4 pegs in 30sec; P<0.005) and the Grooved pegboard tasks (no gloves $52.9 \pm$

192 1.3 sec; with gloves 61.1 ± 2.2 sec; P<0.005), suggesting impairment in global manipulative tasks.

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194 **Precision grip: Constant weight series**

A series of constant weight lifts was undertaken to test the effect of selective FAI impairment on the online force scaling within a trial. The addition of gloves increased grip forces, with peak grip force increased by $14 \pm 6\%$ and static grip force by $22 \pm 6\%$ (Table 1; Figure 3). Peak load force was also increased by $17\pm 5\%$ with the addition of gloves. In addition both grip force rate and load force rate were enhanced, indicating that gloves produced a faster grip. GF rate was increased by $26 \pm 8\%$ and LF rate by $20 \pm 8\%$. However, specific timing phases were not significantly affected by gloves (Preloading phase: no gloves 35.0 ± 5.7 ms; with gloves 42.6 ± 7.8 ms P >0.2; Loading phase: no gloves 92.1 ± 9.5 ms; with gloves 105.0 ± 26.7 ms P >0.5) and the synchrony between grip and load forces was preserved (maximum correlation coefficient: no gloves 0.91 ± 0.01 ; with gloves 0.91 ± 0.02 ; P >0.5).

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206 Precision grip: Variable weight series

207 A series of lifts of objects of variable weight was undertaken to examine the effect of selective FAI 208 impairment on the trial-to-trial build up of sensorimotor memory. We quantified the anticipatory planning of fingertip forces based on the previous lift. There was a 20% increase in GF rate for light-209 210 after-heavy compared to light-after-light trials, indicating that the previous lift of a heavy object 211 affected the GF rate. This is comparable to previous studies (Loh et al., 2010; Johansson and Westling, 1988). These values were unchanged by the addition of gloves, indicating that anticipatory 212 213 planning of force was unaffected by the addition of gloves (GF rate ratios: no gloves 1.2 ± 0.03 ; with gloves 1.2 ± 0.04 ; P > 0.2). Similarly, the GF rate for heavy-after-light trials was reduced by 214 215 approximately 11% compared to heavy-after-heavy trials and there was no difference with the 216 addition of gloves (GF rate ratios: no gloves 0.89 ± 0.02 ; with gloves 0.86 ± 0.03 ; P >0.2), indicating 217 that the impairment of FAI mechanoreceptors did not disrupt grip force ratios with variable weights.

218 Slip force and safety margin

219 We controlled for friction by using talcum powder and confirmed that the addition of gloves

decreased the coefficient of static friction by 33% as in prior studies (no gloves 0.27 ± 0.01 ; with

gloves 0.21 ± 0.02 ; P<0.005). However, the friction range was similar between conditions (no gloves

friction range 0.19 - 0.34; with gloves friction range 0.12 - 0.28). Slip force was increased by the

- addition of gloves (no gloves 3.6 ± 0.2 N; with gloves 4.7 ± 0.3 N; P<0.001). There was a trend
- towards increased safety margin but this was not significant (no gloves 5.0 ± 0.4 N; with gloves 5.7

225 \pm 0.7 N; P >0.05). The safety margin as a percentage of grip force also did not increase (no gloves 226 $43 \pm 2\%$; with gloves $47 \pm 3\%$; P >0.2). To determine if changes in friction were partially responsible for the elevation of grip force, the extent of change in peak grip force was correlated with 227 the extent of change in friction. While these variables were significantly correlated (correlation 228 229 coefficient = 0.747; P<0.005; Figure 4), the direction of association (positive rather than negative correlation) was not consistent with a role of friction in driving an increase in grip force. Participants 230 231 who experienced the greatest reduction in friction between bare hands to gloves had smaller (rather than larger) increases in grip force with the addition of gloves. There was no correlation between the 232 233 peak grip force and friction values in either the gloves or no gloves conditions.

234 DISCUSSION

The present study utilised graded experimental tactile dysfunction to identify patterns in psychophysical and precision grip parameters associated with graduated sensation loss. Sensory thresholds were significantly elevated for tasks associated with FAI function but not for tasks relying on SAI mechanoreceptors. Accordingly, peak grip and load forces were elevated, as were maximum grip force and load force rates, but timing parameters were unaffected. In addition, there was no indication that the addition of gloves affected programming of fingertip forces based on the sensorimotor memory of the previous lift.

242 The role of mechanoreceptors in precision grip

Four types of mechanosensitive receptors have been identified in human glabrous skin, with the type
I afferents - fast adapting (FAI) and slowly adapting (SAI) – present in high density in the fingertip
(Johansson & Vallbo, 1979). The grating orientation task has been linked to SAI afferent activity,
with strong responses to periodic gratings identified in monkey mechanoreceptive afferents (Johnson
and Philips 1981; Philips and Johnson et al., 1981). Conversely, it has been demonstrated that the
response to braille or bump-like stimuli is mediated by FAI afferents (La Motte and Whitehouse,

1986; Kennedy et al., 2011). In monkey mechanoreceptors, the number of FAI afferent impulses and
the receptive field sizes of individual FAI afferents increased with bump height (LaMotte and
Whitehouse, 1986). Similarly, in human fingertip skin biopsies, there was a correlation between
Meissner corpuscle density and bump detection threshold (Kennedy et al., 2011).

253 In the present study there was a dissociation between psychophysical tasks. The bumps task was 254 significantly impaired, while the grating orientation task was not affected, suggesting that the gloves 255 may have selectively reduced FAI afferent activity. The bumps threshold has been demonstrated to 256 be independent of pressure or velocity (LaMotte and Whitehouse, 1986). While physical cues to 257 orientation may affect grating orientation threshold (Van Boven and Johnson, 1994), to reduce the 258 risk of movement, the finger was immobilised with adhesive putty. There was a wider range in 259 variability in bumps performance in participants wearing gloves than with bare hands, however, 260 substantial variability in bump detection has also been identified in patients with sensory neuropathy 261 (Kennedy et al., 2011), suggesting that there may be a range of responses to altered sensation.

Accurate force control during precision grip of objects with forefinger and thumb requires detailed 262 information from mechanoreceptors. Microneurography of the median nerve during precision grip 263 264 has demonstrated both FAI and SAI afferent activity in the initial response (Westling and Johansson, 265 1987). FAI afferents quickly adapt, but SAI afferents continued static discharge, and both afferent 266 types burst when the object is released (Westling and Johansson, 1987). While both FAI and SAI 267 afferents are involved in grip control, FAI afferents are primarily responsible for conveying information about object properties from initial contact (Johansson and Flanagan, 2009). In addition, 268 FAI fibres convey information about coarse spatial features, responding to dynamic mechanical 269 270 events, while SAI convey fine spatial detail and sensitivity to edge contours (Bensmaia et al., 2006). FAI afferents have a major role in scaling GF and LF during precision grip (Macefield et al., 1996) 271 272 and have an important role in encoding friction (Johansson and Westling, 1987). While less densely

innervated in the fingertip, FAII afferents signal at object lift off and set down during precision grip,
while SAII encode the application of static forces during object lifting, although with less sensitivity
(Johansson and Flanagan, 2009).

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277 Results from the present study suggest the importance of FAI afferents in GF and LF scaling, which 278 was disturbed by the addition of gloves. However microneurographic recordings would be necessary 279 to confirm the role of FAI mechanoreceptors in precision grip and determine how partial reduction in tactile information affects different afferent subtypes. Further, traditional views of the complete 280 281 segregation of mechanoreceptor afferents have been challenged and it is increasingly recognised that 282 cortical integration is multimodal, involving inputs from multiple receptor types (Saal and Bensmaia, 2014). Accordingly the contributions of FAI and SAI afferents to grip control may overlap and 283 284 involve complex interactions with other afferent subtypes (Johansson and Flanagan, 2009).

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286 Experimental Modulation of Sensory Impairment

287 Digital anaesthesia has been utilised as an experimental model of tactile dysfunction, typically producing increased grip force and safety margin (Augurelle et al., 2002; Johansson et al., 1992; 288 Nowak et al., 2003; Monzée et al., 2003). Temporal coupling of grip and load forces is typically 289 290 preserved with anaesthesia (Augurelle et al., 2002; Nowak et al., 2003), although in some studies 291 timing phases have been altered (Johnasson et al., 1992; Monzée et al., 2003). During digital anaesthesia, a higher safety margin was explained as due to a lack of cutaneous feedback to provide 292 293 updates (Augurelle et al., 2002). In the present study, safety margin was not significantly increased, 294 suggesting that the level of sensory impairment provided by the gloves was not sufficient to interfere 295 with updating of sensorimotor memory.

Several studies have demonstrated the detrimental effects of gloves on manual dexterity (Dianat et al., 2012) and tactile sensation (Shih et al., 2001; Willms et al., 2009). Grip and load forces increase with increasing glove thickness (Kinoshita, 1999; Shih et al., 2001; Willms et al., 2009), although timing parameters were not affected, similar to the present study. The present results suggest that even partial reduction in sensation is sufficient to disturb the maintenance of appropriate GF level.

301 However, prior studies did not examine the impact on sensorimotor memory. In the present study, 302 sensorimotor memory was assessed by comparing peak grip force rates between trials using different 303 weights. Peak grip force rate occurs during the loading phase – prior to the onset of movement and 304 before current trial information can be updated (Flanagan et al., 2001). Accordingly, the peak grip 305 force rate is set without access to cues to object weight and by relying on information obtained from the previous lift (Flanagan et al., 2001). However, these ratios were unaffected by the addition of 306 307 gloves, indicating that information about the weight of the object from the previous lift was fully 308 available when wearing gloves, despite the modulation in grip force. Accordingly, the characteristics of the previous lift had an influence on subsequent lifts despite reduced sensation, suggesting that 309 310 partial sensory feedback is sufficient to enable this effect. In contrast, grip force scaling due to 311 sensorimotor memory can be disrupted by additional sensory inputs such as hand muscle vibration (Nowak et al., 2004), suggesting that sensory feedback disruption can influence sensorimotor 312 memory in some settings. 313

While changes in friction were identified with gloves, these changes were not consistent with the effects of gloves on grip force, suggesting that gloves rather than friction were predominantly modulating grip force. Further, prior studies have demonstrated a disconnect between friction and grip force modulation, with altered coefficients of friction with gloves not solely responsible for changes in grip force (Willms et al., 2009). In addition, Kinoshita (1999) demonstrated increased friction with rubber gloves without talc, and also demonstrated increased grip force in this experimental setting. Shih et al. (2001) also identified tactile deficits, increased peak grip and load

321 force and decreased coefficient of friction with gloves. However, while there was no difference 322 between one, two and three layers of gloves in terms of friction, grip and load forces demonstrated successive changes, suggesting that altered friction was not directly responsible for changes. 323 324 Interestingly, during digital anaesthesia the required adjustments of grip force to friction are 325 disrupted (Augurelle et al., 2002), suggesting that cutaneous sensation is required for accurate assessment and reaction to frictional changes (Westling and Johansson, 1984). As mentioned 326 327 previously, FAI function may be critical for accurate frictional assessment (Johansson and Westling, 1987; Cole et al., 1999), which may contribute to the discrepancy between grip force modulation and 328 329 friction in the present study.

330 Conclusions

Identification of grip-lift profiles associated with different types of sensory dysfunction may assist in 331 332 providing insights into the role of different subtypes of sensory neurons in object manipulation. 333 While future studies should examine the impact of focal reduction in tactile sensitivity to avoid any effect of gloves on motor performance, the present results further characterise the components of 334 sensorimotor loops involved in force control during skilled grasp. Specifically, our results suggest a 335 336 potential role of FAI receptors for the online control of force but not for updating internal models about object weight. This model of graded tactile dysfunction may also provide insight into patterns 337 of sensory dysfunction and their effect on precision grip in patient populations. 338

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346 Abbreviations 347 GF Grip force Load force 348 LF PGF Peak grip force 349 PLF Peak load force 350 FAI Type 1 fast adapting mechanoreceptors 351 SAI Type 1 slowly adapting mechanoreceptors 352 353

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354 FIGURE LEGENDS

355 Figure 1 A Illustration of precision grip experiment, with the manipulandum and direction of grip 356 and load forces shown. B Grip-lift profile demonstrating modulation in grip force (red) and load 357 force (blue) over time, with the preloading phase marked between times 1 and 2 and the loading 358 phase between times 2 and 3. C Cross-correlation coefficient between grip and load force profiles plotted against the time lag (ms) between grip and load force profiles. The plot demonstrates the 359 360 maximum cross-correlation coefficient and the time lag at the maximum coefficient. D Grip force rate (red) and load force rate (blue) profiles, plotted as the first derivatives of grip and load force. 361 362 **Figure 2** A Bumps task threshold (μ m) for individual participants with and without gloves. B 363 Grating orientation task threshold (mm) for individual participants with and without gloves. Mean \pm 364 SEM values for group data are shown with superimposed bar graphs. 365 Figure 3 A Grip force profile demonstrating changes (mean ± standard error of the mean) in grip 366 force with the addition of gloves (upper curve) compared to bare hands (lower curve) in all participants. **B** Static grip force (N) for individual participants with and without gloves. Mean \pm SEM 367 368 values for group data are shown with superimposed bar graphs. 369 Figure 4 Correlation between change in peak grip force with gloves and changes in friction with 370 gloves, demonstrating that participants displaying reduced friction with gloves also had smaller

371 increases in grip force.

	No gloves	Gloves	P value
	(mean ± SEM)	(mean ± SEM)	
Peak Grip Force	10.3 ± 0.8	11.5 ± 0.8	≤ 0.05
(N)			
Peak Load Force	1.6 ± 0.08	1.9 ± 0.1	≤ 0.005
(N)			
Grip Force rate	13.2 ± 1.9	15.7 ± 1.7	≤ 0.05
(N/s)			
Load Force rate	3.2 ± 0.2	3.8 ± 0.3	≤ 0.05
(N/s)			
Static Load	1.2 ± 0.07	1.3 ± 0.1	> 0.20
Force(N)			
Static Grip Force	8.6 ± 0.4	10.4 ± 0.7	\leq 0.01
(N) -			

376 TABLE 1 - Precision grip parameters

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