

ADDITIONAL FILE 9 Absolute change in cardiovascular risk factors in women aged ≥ 55 years, by deprivation quintiles (2/2)

		England	Q1 Most affluent	Q2	Q3	Q4	Q5 Most deprived
Total cholesterol (mmol/l)	1994	6.9 (6.8 to 6.9)	6.8 (6.7 to 6.9)	6.8 (6.7 to 7.0)	6.9 (6.8 to 7.0)	6.9 (6.7 to 7.0)	6.9 (6.8 to 7.0)
	2008	5.9 (5.8 to 5.9)	5.9 (5.8 to 6.0)	5.9 (5.8 to 6.1)	5.9 (5.7 to 6.0)	5.8 (5.7 to 6.0)	5.7 (5.6 to 5.9)
	<i>Change from 1994</i>	-1.0 (-1.1 to -0.9)	-0.9 (-1.0 to -0.7)	-0.9 (-1.1 to -0.7)	-1.0 (-1.2 to -0.9)	-1.0 (-1.2 to -0.8)	-1.2 (-1.4 to -0.9)
	<i>P-value</i>	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)
Total cholesterol ≥ 5.0 mmol/l (%)	1994	95.0 (94.0 to 95.9)	95.2 (93.1 to 97.3)	95.6 (93.4 to 97.7)	96.5 (94.8 to 98.1)	93.5 (90.7 to 96.3)	93.7 (91.3 to 96.1)
	2008	76.9 (74.8 to 79.1)	83.4 (79.7 to 87.1)	78.5 (74.0 to 83.0)	77.4 (73.0 to 81.9)	72.6 (67.4 to 77.9)	71.3 (65.0 to 77.5)
	<i>Change from 1994</i>	-18.0 (-20.4 to -15.7)	-11.8 (-16.0 to -7.5)	-17.1 (-22.1 to -12.1)	-19.0 (-23.8 to -14.3)	-20.9 (-26.8 to -14.9)	-22.4 (-29.1 to -15.7)
	<i>P-value</i>	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)	(<0.000)
Fruit and vegetable consumption (portions per day)	2001	3.7 (3.6 to 3.8)	4.3 (4.0 to 4.5)	4.0 (3.8 to 4.2)	3.7 (3.5 to 3.9)	3.4 (3.2 to 3.6)	2.9 (2.7 to 3.1)
	2008	4.0 (3.9 to 4.1)	4.3 (4.2 to 4.5)	4.3 (4.1 to 4.4)	4.1 (3.9 to 4.3)	4.0 (3.7 to 4.2)	3.2 (3.0 to 3.4)
	<i>Change from 2001</i>	0.3 (0.2 to 0.5)	0.1 (-0.2 to 0.4)	0.3 (0.0 to 0.6)	0.4 (0.1 to 0.7)	0.5 (0.2 to 0.8)	0.3 (0.0 to 0.6)
	<i>P-value</i>	(<0.000)	(0.592)	(0.032)	(0.014)	(0.001)	(0.050)
Fruit and vegetable consumption (≥ 5 portions per day) (%)	2001	26.0 (24.3 to 27.7)	35.2 (31.4 to 39.1)	27.5 (24.1 to 30.8)	26.0 (22.2 to 29.8)	22.4 (18.8 to 25.9)	17.9 (14.3 to 21.6)
	2008	31.1 (29.4 to 32.8)	36.3 (32.6 to 39.9)	34.7 (31.4 to 38.0)	33.6 (29.8 to 37.4)	31.2 (27.3 to 35.1)	18.9 (15.2 to 22.5)
	<i>Change from 2001</i>	5.1 (2.7 to 7.5)	1.0 (-4.3 to 6.3)	7.2 (2.5 to 11.9)	7.6 (2.2 to 13.0)	8.8 (3.5 to 14.1)	0.9 (-4.3 to 6.1)
	<i>P-value</i>	(<0.000)	(0.700)	(0.003)	(0.006)	(0.001)	(0.726)

