

**Failure of normal development of central drive to ankle dorsiflexors relates to gait deficits in children with cerebral palsy.**

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13 **Abbreviations:** CP, Cerebral Palsy; EEG, electroencephalography; EMG, electromyography;  
14 MEG, magnetoencephalography; MEP, motor evoked potential; MVC, maximal voluntary  
15 contraction; RMS, root mean square; TA, tibialis anterior muscle; TMS, transcranial magnetic  
16 stimulation.

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25 **Abstract**

26 Neurophysiological markers of the central control of gait in children with cerebral palsy (CP) are  
27 used to assess developmental response to therapy. Here we measure the central common drive to a  
28 leg muscle in children with CP. We recorded EMGs from the Tibialis Anterior (TA) muscle of 40  
29 children with hemiplegic CP and 42 typically-developing age-matched controls during static  
30 dorsiflexion of the ankle and during the swing phase of treadmill walking. The common drive to  
31 TA motoneurones was identified through time and frequency domain cross-correlation methods. In  
32 control subjects, the common drive consists of frequencies between 1 and 60 Hz with peaks at beta  
33 (15-25 Hz) and gamma (30-45 Hz) frequencies known to be caused by activity within sensori-motor  
34 cortex networks: this drive to motoneurones strengthens during childhood. Similar to control  
35 subjects, this drive to the least affected TA in the CP children tended to strengthen with age,  
36 although compared to the control subjects it was slightly weaker. For CP subjects' of all ages the  
37 most affected TA muscle common drive was markedly reduced compared both to their least  
38 affected muscle and to controls. These differences between the least and most affected TA muscles  
39 were unrelated to differences in the magnitude of EMG in the two muscles but positively correlated  
40 with ankle dorsiflexion velocity and joint angle during gait. Time and frequency domain analysis of  
41 on-going EMG recruited during behaviourally relevant lower limb tasks provides a non-invasive  
42 and important measure of the central drive to motoneurones in subjects with CP.

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46 **Introduction**

47 Can the developmental outcome of children with pre-natal brain lesions causing cerebral palsy (CP)  
48 be improved and if so what would be the neurophysiological correlates of such an improvement?  
49 (Blauw-Hospers et al. 2007). In individuals diagnosed with hemiplegic cerebral palsy (CP) the  
50 ability to walk is impaired and loss of locomotor capability may greatly affect these subjects' ability  
51 to participate in everyday activities such as education and fitness activities (Lepage et al. 1998).  
52 Maintaining or even improving mobility throughout development in these children is a therapy goal  
53 of great importance. However, attempts at optimizing gait training, for example, are hampered by  
54 our lack of knowledge of the neural mechanisms involved in the control of gait and how they  
55 change during motor development and the effect of early brain lesion on these changes. Normal  
56 human lower limb muscle activation and walking involves activity in multiple neural networks that  
57 are hierarchically organised (Hultborn and Nielsen 2007; Rossignol 2006). In studies of healthy  
58 and neurologically impaired subjects, the strong corticospinal drive to Tibialis Anterior (TA)  
59 muscle during gait has received particular attention because loss of TA activation is a universal  
60 feature of the lower limb upper motoneurone syndrome (see Nielsen 2003 for review).

61 The CP syndrome emerges as the result of developmental adaptations to early brain lesions that  
62 involve central motor pathways and as such the activity within the neural networks that provide  
63 drive to spinal motoneurones is of crucial importance in understanding the pathophysiology of CP.  
64 A neurophysiological measure of the central drive to spinal motoneurones involved in lower limb  
65 muscle activation and gait is required and changes in the central drive in children developing with  
66 CP needs to be understood.

67 Through time and frequency domain analysis of pairs of EMG signals the common drive to  
68 motoneurones can be detected without experimental perturbation (Farmer 1998). Common drive is  
69 detected over a broad frequency range between 1 and 60 Hz (De Luca et al. 1993; Farmer et al.  
70 1993a; Halliday et al. 1995). Beta (15-25 Hz) and gamma (30-45 Hz) frequencies, which are in  
71 excess of the mean motor unit firing rate, are of particular interest, since they are strongly related to  
72 oscillatory corticospinal drive from the sensory-motor cortex (Brown et al. 1998; Conway et al.  
73 1995; Kilner et al. 2000; Mima and Hallett 1999). Recently, the oscillatory central common drive  
74 to spinal motoneurones during tonic leg muscle activation (Perez et al. 2006; Ushiyama et al. 2011)  
75 and during walking has been measured in adults using EMG-EMG (Halliday et al. 2003) and EEG-  
76 EMG coherence analysis (Petersen et al. 2012). In adult subjects common drive to motoneurones is

77 reduced by lesions of the corticospinal pathways projecting to upper (Farmer et al. 1993b; Smith et  
78 al. 1999) and lower limb muscles (Hansen et al. 2005; Nielsen et al. 2008). Furthermore, in a recent  
79 study of subjects with spinal cord lesions reduction in common drive to the TA muscle during  
80 walking was linked to the degree of foot drop (Barthelemy et al. 2010).

81 The common drive to upper limb human motoneurones undergoes a developmental increase both  
82 during static and dynamic muscle activation (Deutsch et al. 2011; Farmer et al. 2007; James et al.  
83 2008). Recently it was shown that the common drive to motoneurones controlling the Tibialis  
84 anterior (TA) muscle in the beta (15-25 Hz) and gamma (30-45 Hz) frequency bands increases with  
85 age in healthy children during static dorsiflexion of the TA muscle and during the dynamic swing  
86 phase of walking during which TA is active (Petersen et al. 2010). It was suggested that this age-  
87 related increase in common drive reflects the functional maturation of the central neural networks  
88 responsible for control of the ankle joint during walking.

89 In the present study we build on these findings and ask what effect early acquired brain lesions  
90 causing hemiplegic CP have on the central drive to spinal motoneurone pools and its emergence  
91 over the course of childhood and early adolescence.

92 We hypothesise that children with hemiplegic cerebral palsy will show loss and failure of  
93 developmental emergence of central common drive to their TA motoneurones during static muscle  
94 activation and during walking. We expect that this will be most evident for their most affected  
95 muscle and that this loss of drive will correlate with deficits in the control of the ankle joint during  
96 walking.

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104 **Methods**

105 *Subjects*

106 Forty children with cerebral palsy (mean age= 10 years; age range 4-15 years; 26 male and 14  
107 female) participated in the study. All children were diagnosed with congenital spastic hemiplegia  
108 (19 subjects: right hemiplegia and 21 subjects: left hemiplegia) and classified according to the Gross  
109 Motor Classification System (GMFCS), which is validated for use in CP subjects and describes five  
110 levels of impairment (Palisano et al. 1997). Classification was performed by a pediatric neuro-  
111 physiotherapist (MKD). In this study only children with mild-moderate hemiplegia at GMFCS  
112 levels I and II were included (Level I, n=36, Level II, n=4). The study was approved by the local  
113 ethics committee (H-B-2009-017) and all procedures were conducted within the standards of the  
114 Helsinki declaration. Prior to all experiments all parents received written and verbal information,  
115 and consent for participation was obtained from the parents and the child. Two subjects were  
116 excluded from further analysis due to cross-talk in the EMG measurements (see below). Six  
117 subjects had undergone lengthening of the Achilles tendon a minimum of one year prior to the  
118 study. An analysis was performed excluding these subjects, but since this did not change any  
119 conclusions, data from all subjects is presented. Subjects who had received Botulinum toxin  
120 injections into the most affected calf muscle were included providing no injections had been given  
121 within 6 months of the recordings. No subjects had received botox injections into the TA muscle.  
122 Twenty-one children had been treated with a Botulinum toxin between 6 month and 7 years prior to  
123 the study (median= 12 month). Two subjects were taking baclofen at the time of the study, one  
124 subject was taking Levetiracetam to prevent epileptic seizures, one subject was taking an LHRH  
125 antagonist (Procren) and one was taking sertraline as treatment for ADHD.

126 Data from static muscle activation (n=36, mean age= 9.4 years; age range 4-15 Years; 21 male and  
127 15 female) and walking (n=42, mean age= 9.5 years; age range 4-15 Years; 24 male and 18 female)  
128 in typically developing subjects was used to compare with the CP subjects. The common drive  
129 developmental profile of this group has previously been published (Petersen et al. 2010). For the  
130 purpose of further analysis, all children (CP and controls) were split into three different age groups:  
131 4-7 yrs, 8-11 yrs and 12-15 yrs.

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133 *Experimental procedures*

134 Two sets of experiments were performed in all subjects. First, we examined static muscle activation  
135 of the TA muscle. The children were asked to sit comfortably on a plastic box that could be  
136 adjusted according to height. With the left or right foot in front of them, keeping an angle of 100  
137 deg. in both the knee and the ankle joint they were asked to produce a non-fatiguing weak static  
138 contraction of the TA muscle for 1 minute against the hand of the experimenter who opposed the  
139 movement. The experimenter monitored the EMG signal online. Two to three minutes of rest were  
140 allowed before another trial was initiated. The hemiplegic subjects were able to produce EMG  
141 activity in both legs (see for example, figure 1). However, it should also be noted that the CP  
142 subjects reported that it took more effort to complete the task with the most affected leg and the root  
143 mean square (RMS) EMG values were lower (see results). The second part of the experiments  
144 consisted of 5 minutes of treadmill walking. The children were asked to choose their own walking  
145 speed. Details of this can be found in table 1. After 5-10 minutes of familiarization, EMG  
146 measurements and 3-D kinematic data was collected. All children had previous experience of  
147 treadmill walking, and did not experience any difficulties regarding this task, however most held on  
148 to the handlebar in front of the treadmill with one or both hands for safety.

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#### 150 *EMG recordings*

151 Bipolar EMG recordings were obtained from two sets of non-polarizable Ag-AgCL electrodes  
152 (Blue Sensor, AMBU, Denmark) placed at the proximal and distal end of the TA muscle  
153 respectively. In the control children we recorded only from the left leg TA muscle, whereas  
154 recordings in the hemiplegic subjects were obtained from both left and right TA muscles and were  
155 designated with respect to the side of the hemiplegia as the most affected (MA) and least affected  
156 (LA) muscles, respectively. In all cases the inter electrode pair distances were two cm. Details on  
157 the distance (influenced by limb size) between the two sets of electrode pairs can be found in table  
158 1. The signal was amplified (GAIN =1000) and band bass filtered (10 Hz to 1 KHz) with a Wireless  
159 EMG system (Zerowire EMG, Aurion S.l.r, Italy) and sampled at 2KHz (Using a micro 1401 AD  
160 converter and spike 2 software, Cambridge Electronic Design, UK) and stored on a PC for further  
161 analysis. A pressure resistive sensor placed under the heel of both feet was used to monitor the time  
162 of heel contact in the case of treadmill walking. In three hemiplegic subjects the sensor was placed  
163 under the medial part of the fore foot since these subjects failed to make heel contact during  
164 walking. It was ensured in all cases that the heel trigger was activated with the first contact between

165 the foot and the ground with each step. The heel contact data were used as triggers for the EMG  
166 epochs used in the frequency domain analysis. In the static muscle activation experiment we  
167 included 60 seconds of EMG data. For the experiment on treadmill walking we used a total of 300  
168 steps for each leg (EMG epochs) for each subject. Each epoch consisted of 500-600ms of data  
169 corresponding to the EMG activity observed prior to heel strike. We avoided using EMG from the  
170 time of heel strike and onwards to exclude heel strike artefacts from the analysis. Cross-talk  
171 between the bipolar EMG recordings was recognized through visual inspection of the EMG and  
172 through calculation of time and frequency domain analysis. Cross-talk contamination is easily  
173 identified in the cumulant density function from the presence of very narrow peaks (< 2 ms) and in  
174 the coherence estimates from the presence of coherence at all frequencies represented in the data  
175 (see Fig. 1 in Hansen et al. 2005). All recordings with central peaks in the cumulant density  
176 function lasting less than 5 ms or with coherence over the interval 0-150 Hz were consequently  
177 omitted from further analysis. It should be noted that the risk of cross-talk increases with reduced  
178 muscle size and hence shorter inter-electrode differences and with increased motor unit size. This  
179 issue was addressed by measuring inter-electrode distances (see table 1). The results of the present  
180 study show opposite effects to those expected from EMG cross-talk: there is lack of coherence in  
181 the youngest (i.e. those with the smallest inter-electrode distance) and in the MA TA muscle  
182 (expected to have the largest motor units).

183

#### 184 *Kinematic recordings and analysis*

185 Six infrared Qqus cameras (Qualisys, Sweden) were used for kinematic recordings. Markers were  
186 placed on both legs on 1) the caput fibulae, 2) the lateral malleolus and 3) the lateral side of the 5th  
187 metatarophalangeal joint. The data were collected at a rate of 200 Hz on a PC and stored for further  
188 analysis. Based on 30 randomly selected steps, we calculated the mean amount of ankle dorsiflexion  
189 performed during the early swing phase  $\mu\Delta\varphi$ , the standard deviation (S.D.) of this and the mean  
190 time  $\mu\Delta t$  this movement took. From these parameters we calculated the mean velocity of the dorsi-  
191 flexion movement  $\mu\Delta\varphi/\mu\Delta t$  and the coefficient of variation (COV) of the dorsiflexion movement  
192 S.D./ $\mu\Delta\varphi$

193

194 *Frequency domain and statistical analysis.*

195 Frequency domain analysis of the data was undertaken using the methods set out in detail by  
196 Halliday *et al.* (1995). Briefly, the practice of full wave rectification of surface EMG signals was  
197 adopted. This approach has been shown to maximize the information regarding timing of motor unit  
198 action potentials (MUAP) whilst suppressing information regarding MUAP waveform shape  
199 (Boonstra and Breakspear 2012; Halliday and Farmer 2010; Myers *et al.* 2003). As a precursor to  
200 undertaking population analysis of the data the two rectified TA EMG signals were normalized to  
201 have unit variance (Halliday and Rosenberg 2000). Rectified and normalized EMG signals are  
202 assumed to be realizations of stationary zero mean time series, denoted by  $x$  and  $y$ . The results of  
203 analysis of individual records generated estimates of the auto-spectra of the two EMGs  
204  $f_{xx}(\lambda)$ ,  $f_{yy}(\lambda)$ , and their cross-spectra  $f_{xy}(\lambda)$ . We then estimated three functions that characterize the  
205 signals' correlation structure: coherence,  $|R_{xy}(\lambda)|^2$ ; phase,  $\varphi_{xy}(\lambda)$ ; and cumulant density,  $q_{xy}(u)$ .  
206 Coherence estimates are bounded measures of association defined over the range  $[0, 1]$ ; cumulant  
207 density estimates are not bounded, and phase is defined over the range  $[-\pi, +\pi]$ . For the present  
208 data, coherence estimates provide a measure of the fraction of the activity in one surface EMG  
209 signal at any given frequency that can be predicted by the activity in the second surface EMG  
210 signal. In this way, coherence estimates quantify the strength and range of frequencies of common  
211 rhythmic synaptic inputs distributed across the motoneurone pool. The timing relations between the  
212 EMG signals are estimated from the phase. The cumulant density provides an unbounded time-  
213 domain representation of the EMG-EMG correlation structure analogous to the motor unit cross-  
214 correlogram (Halliday *et al.* 1995)

215

216 Pooled estimates provide a single time or frequency domain measure that describes the correlation  
217 structure across a number of data sets (Amjad *et al.* 1997). Like individual coherence estimates,  
218 pooled coherence estimates provide a normative measure of linear association on a scale from 0 to 1  
219 (Halliday & Rosenberg, 2000). Similarly, pooled cumulant density estimates provide a measure of  
220 the time-domain correlation across a number of records. Pooled spectra provide a normalised  
221 average spectra.

222

223 The interpretation of pooled estimates is similar to those for individual records, except any  
224 inferences relate to the population as a whole. Details of pooled coherence analysis and on setting  
225 of confidence limits can be found in (Amjad *et al.* 1997). The approach used here to calculate

226 pooled coherence estimates was to pool individual coherency estimates (Farmer et al. 2007;  
227 Halliday and Rosenberg 2000). The individual coherency estimate for record  $i$  was denoted as  
228  $R_{xy}^i(\lambda)$ , where this has been calculated from  $L_i$  segments of data. This coherency function is a  
229 complex quantity, the corresponding coherence is its the magnitude squared.. The pooled coherence  
230 across  $k$  records, at frequency  $\lambda$  is then:

231

$$232 \quad \left| \frac{\sum_{i=1}^k L_i R_{xy}^i(\lambda)}{\sum_{i=1}^k L_i} \right|^2$$

233

234

235

236 Estimates of the above pooled coherence provide a single parameter describing the correlation  
237 structure, as a function of frequency, within the  $k$  records in a single population. This can be  
238 considered analogous to single coherence estimate calculated from  $\sum_{i=1}^k L_i$  segments of data.

239 Inherent within pooled coherence framework is the Chi-Squared  $\chi^2$  extended difference of  
240 coherence test with the null hypothesis no difference in coherence at a given frequency. Like  
241 coherence the  $\chi^2$  test is applied separately at each frequency of interest (see Amjad et al., 1997).  
242 Changes in the correlation structure between two different subject populations, can be ascertained  
243 by undertaking a  $\chi^2$  extended difference of coherence test on the populations to be compared. The  
244 resulting  $\chi^2$  difference test, thus provides a metric of amount of pooled coherence difference at  
245 each frequency between the two populations (Farmer et al. 2007).

246 Estimates of pooled coherence, pooled spectra, pooled cumulant density functions and pooled phase  
247 were used to summarize the EMGs and the EMG-EMG correlation structure in each group of  
248 subjects. Estimates of pooled coherence provide a single parameter describing the correlation  
249 structure, as a function of frequency, within the records in a single population, where the total  
250 number of records to be used equates to the number of subjects for each group.

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253 In addition to pooled statistics the peak values of EMG-EMG coherence in the beta and gamma  
254 frequency range were collected along with the duration and magnitude of the central peak in the  
255 EMG-EMG cumulant density function and RMS EMG magnitude. The central peak was calculated  
256 as the total time where the central peak was above the upper 95 % confidence limit.  
257 Data were tested for normality before analysis using the Kolmogorov-Smirnov test. Data were rank  
258 transformed since all peak coherences were found to be normally distributed. For the comparison of  
259 peak coherence values, cumulant density measures, and leg kinematic data between the LA and MA  
260 muscle and data from typically developing control subjects a 2-way factorial ANOVA general  
261 linear model was calculated using SigmaPlot 11, with age ranges: 4-7 years, 8-11 years and 12-15  
262 years as one factor and muscle: MA, LA and control as the other factor.  
263 For the comparison of MA/LA ratios of beta and gamma coherence, RMS EMG amplitude and  
264 kinematic measures across the three age groups a 1-way ANOVA was calculated. Multiple pair  
265 wise comparisons were performed using Tukey's t-test. All values are given as mean  $\pm$  95 %  
266 confidence intervals. For correlation analysis we used Pearson product moment correlations.  
267 Multiple linear regression analysis was used to account for the effect of age or EMG RMS  
268 amplitude on the correlations between peak coherences and kinematic parameters  
269

## 270 **Results**

### 271 *Static muscle activation*

272 During static activation all CP subjects were able to produce EMG in the Most Affected (MA) and  
273 Least Affected (LA) TA muscles. A typical example is shown in figure 1 (A and B) in which  
274 EMGs from the LA and MA TA muscles were recorded in a 12 year old subject during static ankle  
275 dorsiflexion. The corresponding power spectra and output from the time/frequency analysis are  
276 displayed in this figure. The  $\chi^2$  difference of coherence measure (Fig 1L) calculated for the two  
277 muscles emphasizes that the main differences in the common drive between the LA and MA TA  
278 muscles are at 10, 16-22 and 24-40 Hz, with the highest coherence values obtained from the LA TA  
279 muscle. The corresponding time domain measures of synchrony show a central peak at time zero  
280 with broad side lobes indicative of broad-peak synchrony in the MA TA muscle (Fig 1K). The LA  
281 muscle (Fig 1M) shows a narrower central peak with a peak value of double that of the MA muscle.  
282 From the phase plots (Fig. 1H and J) it is seen that the two EMGs were in phase over the frequency

283 range up to 50 Hz for the LA TA (Fig. 1J) whereas this was only the case for frequencies up to 10  
284 Hz for the LA TA (Fig. 1H).

285 Using the technique of pooled coherence and Chi<sup>2</sup> comparisons the common drive to the muscles  
286 during static activation was quantified for the MA and LA sides in all subjects (figure 2). The  
287 subjects were divided into 3 age groups: 4-7 years (n=7; Fig 2A & 2B), 8-11 years (n=17; Fig 2D  
288 & 2E) and 12-15 years (n=14; Fig 2G & 2H). In keeping with the results illustrated for the  
289 individual subject there were marked MA vs. LA differences in pooled coherence (Fig 2C, 2F &  
290 2I). The chi<sup>2</sup> difference of coherence between MA and LA muscles for the older age groups (8-11  
291 and 12-15 years) showed marked differences in the range 10-50 Hz (Chi<sup>2</sup>: 75-125). The  
292 comparison for the younger 4-7 year age group showed a less impressive MA and LA difference  
293 (Chi<sup>2</sup>: 20 in range 10-50 Hz and 50 at 5 Hz). The interaction between age and the effects of the  
294 CNS lesion was further explored through Chi<sup>2</sup> comparisons and through calculation of the  
295 correlation between age and peak coherence (see Fig 3).

296 In figure 3 is shown Chi<sup>2</sup> differences for within side MA vs LA comparisons across age groups. The  
297 three age groups were compared against one another: 4-7 vs. 8-11 years (Fig. 3A & 3B); 4-7 years  
298 vs. 12-15 years (Fig. 3C & 3D) and 8-11 years vs. 12-15 years (Fig 3E & 3F). For the MA muscle  
299 coherence there was an increase in common drive when comparing the youngest (4-7 years) age  
300 against the oldest (12-15 years) age group (Chi<sup>2</sup>: 40-50 in frequency range 15-40 Hz). Some small  
301 changes in common drive were observed when comparing the MA coherence between 4-7 and 8-  
302 11 years age groups and also when comparing the 8-11 years age group with those of 12-15 years  
303 age group (Chi<sup>2</sup>: 10-20 for frequency range 15-40 Hz). The Chi<sup>2</sup> differences were overall much  
304 smaller than those observed in the same subjects when comparing the LA muscle coherence  
305 strength between the different age groups. For the LA muscle there was a marked increase in  
306 common drive in the range 15-50 Hz when comparing the youngest age group against the two older  
307 groups (Chi<sup>2</sup>: 40-125 for frequency range 15-40 Hz). The largest difference between the coherence  
308 values was observed for age ranges 4-7 years vs. 12-15 years. These results demonstrated that it  
309 was between the ages 4-7 and 8-11 years that there was a maximal increase in the development of  
310 the common drive to the LA muscle.

311 Figure 3 G & H display peak coherence (mean  $\pm$  95 % confidence intervals) for the three age  
312 groups in the beta (15-25 Hz) and gamma frequency bands (30-45 Hz) for the MA and LA TA

313 muscle in comparison to that of the TA muscle in typically developing children (control group).  
314 Peak values are given in table 2

315 A significant effect of age group ( $F(2,103)=7.9$ ,  $p<0.001$ ) and muscle ( $F(2,103)=39.6$ ,  $p<0.001$ ) was  
316 found for peak beta coherence, with no interaction between the two parameters ( $F(4,103)=1.1$ ,  
317  $p=0.34$ ). For peak gamma coherence an effect of age group ( $F(2,103)=15.6$ ,  $p<0.001$ ) and muscle  
318 ( $F(2,103)=15.59$ ,  $p<0.001$ ) was found, with no significant interaction between the two parameters  
319 ( $F(4,103)=1.0$ ,  $p=0.39$ ).

320 Pair wise comparisons across age ranges showed significantly lower levels of peak beta coherence  
321 in the 4-7 yrs age group compared to the 8-11 yrs and ( $p=0.005$ ) and the 12-15 yrs age groups  
322 ( $p<0.001$ ), respectively. No significant difference was observed between the 8-11 and the 12-15 yrs  
323 age groups ( $p=0.68$ )

324 Pair wise comparisons across muscle showed significantly lower levels of peak beta coherence in  
325 the MA TA muscle compared to the LA ( $p<0.001$ ) and the control TA muscle ( $p<0.001$ ),  
326 respectively. No significant difference was observed between the LA and the control TA muscle  
327 ( $p=0.68$ )

328 Pair wise comparisons across age ranges showed significantly lower levels of peak gamma  
329 coherence in the 4-7 yrs age group compared to the 8-11 yrs and ( $p<0.001$ ) and the 12-15 yrs age  
330 groups ( $p<0.001$ ), respectively. No significant difference was observed between the 8-11 and the  
331 12-15 yrs age groups ( $p=0.63$ )

332 Pair wise comparisons across muscle showed significantly lower levels of peak gamma coherence  
333 in the MA TA muscle compared to the LA ( $p<0.001$ ) and the control TA muscle ( $p<0.001$ ),  
334 respectively. significantly lower levels of gamma coherence was observed between the LA and the  
335 control TA muscle ( $p=0.08$ )

336

337 Higher amplitudes of EMG RMS were found for the LA side compared to the MA side ( $P<0.001$ ,  
338 for ratio MA/LA see Fig 3I). In the CP subjects for both the coherence and RMS EMGs, the ratio  
339 for the MA and LA muscles (MA/LA) was calculated for each subject. The results are presented  
340 for each of the 3 age groups in Fig 3I. The MA/LA ratio for the beta band coherence decreased  
341 with increasing age group ( $F(2,35)=3.6$ ,  $p=0.04$ ). The gamma coherence ratio MA/LA did not

342 change significantly with increasing age group ( $F(2,35)=1.3$ ,  $p=0.29$ ). The MA/LA ratio for the  
343 RMS EMG increased with increasing age group ( $F(2,35)=6.4$ ,  $p=0.004$ ). When the ratio MA/LA  
344 was examined for individual subjects the tendency for RMS EMG to increase with age was  
345 confirmed ( $r=0.46$ ,  $P=0.004$ ). The coherence MA/LA ratios for individual subject's showed an  
346 effect of reduction with increasing age for beta frequencies ( $r= -0.40$ ,  $P=0.01$ ) and a tendency in this  
347 direction for gamma frequencies ( $r= -0.25$ ,  $p=0.13$ ). Thus whilst the RMS EMG values for the MA  
348 muscle approach those of the LA muscle with increasing age the relative modulation of the EMG  
349 due to common drive either does not increase for gamma frequencies or for beta frequencies  
350 decrease. To summarize during static TA muscle activation there are differences in beta and gamma  
351 band coherence between the MA muscle and the LA muscle with a reduction of age-related  
352 increases in coherence in the MA muscle.

353

354 *Muscle activation during walking*

355 Figure 4 illustrates for a single subject (same subject as figure 1) the common drive to the TA  
356 muscle during gait. Rectified and averaged EMG from the MA and LA TA muscles during the  
357 swing phase of gait is shown (Fig 4 A and B). The heel strike occurred at 0 ms. Both MA and LA  
358 TA muscles showed modulation of the EMG activity throughout the swing phase. We focused on  
359 the EMG activity prior to the heel strike, indicated by shaded areas which correspond to the first  
360 peak of EMG activity where the forefoot is lifted to clear the toes above the ground during the  
361 swing phase. Power spectra recorded from the two electrodes on the left and right sides, coherence  
362 and phase plots for the EMG-EMG correlation are shown in Fig 4 C-J. For the MA muscle there is  
363 coherence at low frequencies with little coherence at frequencies in excess of 10 Hz. For the LA  
364 muscle there is significant coherence at all frequencies between 1 and 45 Hz. The difference in  
365 common drive (higher magnitude coherence in the LA muscle) between MA and LA muscles is  
366 quantified by the  $\chi^2$  difference plot (Fig. 4L) in which the primary differences between the two  
367 muscles during gait are a low coherence frequencies (<5 Hz and at 10 Hz) and in the range 17-27  
368 Hz. Figure 4 K and M show the corresponding MA and LA cumulant densities for this subject,  
369 from these it can be seen that the overall level of EMG-EMG synchrony in the MA TA muscle is  
370 less than 50% of that of the LA TA muscle. Note the longer duration of the central peak of  
371 synchronization during gait as compared to static contraction. This is explained by the  
372 synchronizing effect of the EMG envelope during gait (cf. Hansen et al. 2005; Nielsen et al. 2008).

373 The pooled coherence data for all CP subjects during walking are shown in figure 5. As for the  
374 static contractions the data are presented for the MA and LA TA muscle across 3 age groups: 4-7  
375 years (n=7; Fig. 5A & 5B), 8-11 years (n=17; Fig. 5D & 5E) and 12-15 years (n=14; Fig 5G & 5H).  
376 In comparison to the MA muscle, the values of coherence in the LA muscle across a broad  
377 frequency range (1-50 Hz) at each age were greater and this was shown clearly in the Chi<sup>2</sup>  
378 comparisons (Fig. 5C, 5F and 5I). The Chi<sup>2</sup> coherence difference was least marked for the MA  
379 versus LA comparison in the 4-7 years age group (Chi<sup>2</sup>: 150 at 3 Hz and 10-50 for range 10-40 Hz).  
380 The most marked differences between the MA and LA muscles were identified for the older age  
381 groups: 8-11 and 12-15 years, with particularly marked differences for the 4-7 vs. 8-11 year group  
382 comparison at low <10 Hz frequencies (Chi<sup>2</sup>: ~200) as well as frequencies between 10 and 50 Hz  
383 (Chi<sup>2</sup>: 50-150).

384 The effect of age was explored further through Chi<sup>2</sup> comparisons and through calculation of the  
385 correlation between age and peak coherence (Fig. 6). As with static contraction for the LA muscle  
386 of CP subjects there was a similar effect of age to that observed in typically developing subjects  
387 performing the same task (see Petersen *et al.*, 2010). The youngest age group (4-7 years) showed  
388 less gamma band (~40 Hz) common drive compared to the 8-11 and 12-15 year age groups, Fig 6 B  
389 and D (Chi<sup>2</sup>: 25 for range 25-50 Hz). In the gamma frequency range there was little difference in  
390 common drive between the two older age groups (Fig 6 F). Using Chi<sup>2</sup> analysis no evidence of a  
391 clear age related increase in the beta frequency band was observed for gait. Interestingly the Chi<sup>2</sup>  
392 comparison detected differences for the MA TA muscle in favor of the oldest group when compared  
393 to the two younger groups (see Fig 6C and 6E, Chi<sup>2</sup>: 20-50 at 35 Hz), suggesting that weak gamma  
394 common drive during gait developed late for the MA muscle.

395 Figure 6 G & H show peak coherence (mean  $\pm$  95 % confidence intervals) for the three age groups  
396 in the beta (15-25 Hz) and gamma frequency bands (30-45 Hz) for the MA and LA TA muscle in  
397 CP subjects and for the TA muscle of typically developing children. Peak values are given in table  
398 2. No significant effect of age range ( $F(2,109)=2.3$ ,  $p=0.11$ ), but a significant effect of muscle  
399 ( $F(2,109)=24.4$ ,  $p<0.001$ ) was found for peak beta coherence, with no interaction between the two  
400 parameters ( $F(4,109)=0.39$ ,  $p=0.82$ ).

401 For peak gamma coherence a significant effect of both age range ( $F=10.2$ ,  $p<0.001$ ) and muscle  
402 ( $F=36.0$ ,  $p<0.001$ ) was found, with no significant interaction between the two parameters  
403 ( $F(4,109)=1.0$ ,  $p=0.46$ ).

404 Pair wise comparisons across muscle showed significantly lower levels of peak beta coherence in  
405 the MA TA muscle compared to the LA ( $p<0.001$ ) and the control TA muscle ( $p<0.001$ ),  
406 respectively. No significant difference was observed between the LA and the control TA muscle  
407 ( $p=0.97$ )

408 Pair wise comparisons across age ranges showed significantly lower levels of peak gamma  
409 coherence in the 4-7 yrs age group compared to the 8-11 yrs and ( $p=0.02$ ) and the 12-15 yrs age  
410 groups ( $p<0.001$ ), respectively. No significant difference was observed between the 8-11 and the  
411 12-15 yrs age groups ( $p=0.13$ )

412 Pair wise comparisons across muscle showed significantly lower levels of peak gamma coherence  
413 in the MA TA muscle compared to the LA ( $p<0.001$ ) and the control TA muscle ( $p<0.001$ ),  
414 respectively. No significant difference was observed between the LA and the control TA muscle  
415 ( $p=0.63$ )

416

417 In the CP subjects the ratio of the coherence and RMS EMG between the MA and LA muscles  
418 during walking was calculated for each subject. The results are presented for each of the 3 age  
419 groups in Fig 6I. The MA/LA ratio for the beta and gamma band coherence ranges showed a  
420 tendency to decrease with increasing age (see Fig 6I) but these did not reach statistical significance  
421 ( $F(2,35)=0.75$ ,  $p=0.48$  and  $F(2,35)=1.0$ ,  $p=0.39$ ). The MA/LA ratio for the RMS EMG showed a  
422 tendency to increase between the youngest and oldest age groups but this did not reach statistical  
423 significance ( $F(2,35)=1.1$ ,  $p=0.33$ ). When the ratio MA/LA was examined for individual subjects  
424 the tendency for RMS EMG to increase with age was confirmed ( $r=0.18$ ,  $P=0.28$ ). The coherence  
425 MA/LA ratios for individual subject's showed little affect of subjects' age ( $r= -0.03$ ,  $P=0.85$  for  
426 beta and  $r= -0.22$ ,  $p=0.19$  for gamma). Thus there was a weaker tendency for MA/LA ratio to  
427 increase for RMS EMGs and decrease for coherence with increasing age during walking when  
428 compared to static muscle activation. To summarize during walking differences between the MA  
429 and the LA muscles in beta and gamma band coherence with a loss of age-related increases in  
430 coherence in the MA were found.

431

432 *EMG-EMG synchronization during static muscle activation and walking*

433 Figure 7 (upper part) shows pooled cumulant density plots obtained during static activation for the  
434 MA, LA and control TA muscle across all three age groups: 4-7 yrs (Fig. 7 A, B & C), 8-11 years  
435 (Fig. 7 D, E & F) and 12-15 years (Fig. 7 G, H& I). Peak cumulant magnitudes and peak cumulant  
436 durations are given in table 3. The peak size showed an overall effect of age group ( $F(2,109)=15.8$ ,  
437  $p<0.001$ ) and muscle ( $F(2,109)=23.2$ ,  $p<0.001$ ) with no significant interaction between the two  
438 parameters ( $F(4,109)=0.8$ ,  $p=0.53$ ).

439 Pair wise comparisons showed significantly smaller peaks for the 4-7 yrs age group compared to the  
440 8-11 yrs and ( $p=0.02$ ) and the 12-15 yrs age groups ( $p<0.001$ ), respectively. No significant  
441 difference was observed between the 8-11 and the 12-15 yrs age groups ( $p=0.34$ )

442 Pair wise comparisons across muscle showed significantly smaller peaks in the MA TA muscle  
443 compared to the LA ( $p<0.001$ ) and the control TA muscle ( $p<0.001$ ), respectively. No significant  
444 difference was observed between the LA and the control TA muscle ( $p=0.99$ )

445 Pair wise comparisons showed significantly longer peak duration the 4-7 yrs age group compared to  
446 the 12-15 yrs age groups ( $p<0.001$ ). No significant difference was observed between the 8-11 and  
447 the 4-7 ( $p=0.06$ ) and 12-15 yrs age groups ( $p=0.34$ ), respectively

448 Pair wise comparisons across muscle showed significantly longer peak duration for the MA TA  
449 muscle compared to the LA ( $p=0.002$ ) and the control TA muscle ( $p=0.02$ ), respectively. No  
450 significant difference was observed between the LA and the control TA muscle ( $p=0.61$ )

451

452 Figure 7 (lower part) shows pooled cumulant density plots obtained during walking for the MA,  
453 LA and control TA muscle across all three age ranges: 4-7 yrs (Fig. 7 J, K & L), 8-11 years (Fig. 7  
454 M, N & O) and 12-15 years (Fig. P, Q & R). Peak sizes and durations are given in table 3. The  
455 peak size showed no significant effect of age group ( $F(2,109)=0.002$ ,  $p=0.99$ ) but an overall effect  
456 of muscle ( $F(2,109)=42.8$ ,  $p<0.001$ ) with no significant interaction between the two parameters  
457 ( $F(4,109)=0.69$ ,  $p=0.60$ ) was observed.

458 Pair wise comparisons across muscle showed significantly smaller peaks in the MA TA muscle  
459 compared to the LA ( $p<0.001$ ) and the control TA muscle ( $p<0.001$ ), respectively. No significant  
460 difference was observed between the LA and the control TA muscle ( $p=0.75$ )

461 No differences ( $p>0.05$ ) were observed for the peak duration and the effect of gait modulation on  
462 the peak duration renders it meaningless

463

464

465 *Kinematic recordings*

466 There was a significant effect of age group ( $F(2,109)=3.6$ ,  $p=0.03$ ) and leg ( $F(2,109)=19.1$ ,  
467  $p<0.001$ ) when comparing the ankle joint dorsiflexion movement ranges (Fig 8A). A significant  
468 higher movement range was found for the LA and control ankle joint compared to the MA leg for  
469 the two oldest age groups (8-11 yrs;  $p<0.001$  &  $p=0.011$ , 12-15 yrs;  $p<0.001$  &  $p=0.01$ ).

470 There was not a significant effect of age group ( $F(2,109)=2.3$ ,  $p=0.11$ ) but a significant effect of  
471 leg ( $F(2,109)=34.4$ ,  $p<0.001$ ) when comparing the ankle joint dorsiflexion movement velocities  
472 (Fig 8B). A significant higher movement velocity was found for the LA and control ankle joint  
473 compared to the MA leg for the all three age groups (4-7 yrs;  $p=0.013$  &  $p=0.004$ , 8-11;  $p>0.001$  &  
474  $p<0.001$ , 12-15 yrs;  $p<0.001$  &  $p<0.001$ ).

475 The COV of the dorsiflexion movement decreased with age for the LA side ( $r=0.56$ ,  $p<0.001$ ) but  
476 not for the MA side ( $r=0.28$ ,  $p=0.085$ ) showing a similar effect for the LA side as for that of the  
477 controls (Petersen et al. 2010). No significant relationship between MA or LA COV of the  
478 dorsiflexion movement and peak MA or LA beta and gamma coherence was observed ( $p>0.05$ ) nor  
479 was the MA/TA beta or gamma coherence ratio correlated with the MA/LA COV ratio ( $p>0.05$ )

480 The functional significance of the difference in coherence between the LA and MA TA muscle was  
481 further explored. Because of inter-subject differences and the effects on coherence of age we  
482 calculated the ratio peak coherence magnitude for beta and gamma frequency ranges (see Fig 3I and  
483 6I) and compared this to the ratio of ankle joint movement range and the ratio of ankle joint  
484 velocity. Comparison between the beta coherence ratio and the ankle dorsiflexion angle ratio and  
485 movement velocity ratio (Fig 8C, D) revealed positive relationships independent of the effects of  
486 age and RMS EMG ( $r=0.57$ ,  $p<0.001$ ;  $r=0.61$ ,  $p<0.001$ , respectively). No relationship was  
487 observed between either the MA/LA gamma coherence ratio ( $r=0.08$ ,  $p=0.64$  &  $r=0.11$ ,  $p=0.5$ ,  
488 respectively) or the MA/LA RMS EMG ratio ( $r= 0.17$ ,  $p=0.32$  &  $r=0.24$ ,  $p=0.15$ , respectively) and  
489 the MA/LA ratios for range and velocity of joint movement (Fig 8E-H). No significant ( $p>0.05$ )

490 relationships were observed between the MA/LA coherence ratios obtained during static contraction  
491 and kinematic parameters.

492

493 **Discussion**

494

495 We have shown that the common drive to the most affected TA muscle during static dorsiflexion  
496 and walking in children with CP is reduced as compared to the least affected TA muscle and  
497 typically developing control subjects. The reduction of common drive during gait in the CP children  
498 was related to deficits in their ability to lift the foot in the swing phase of gait.

499 *Methodological considerations*

500 Cross-talk between recording electrodes will always be a concern for analysis of coherence between  
501 EMG recordings from adjacent muscles or as in the present study from the same muscle. To  
502 minimise the influence of cross-talk we ensured that the distance between recording electrodes was  
503 as large as possible. In previous studies we have ensured a distance of more than 10 cm between  
504 electrodes, which exceeds the length of individual muscle fibres in the adult TA muscle. It was not  
505 possible to separate the electrodes by an as long distance especially in the smaller children in this  
506 study (Table I). We do not know the exact length of TA muscle fibres in the different age groups,  
507 but if there is a relatively proportionate scaling to body size, the distance between electrodes was  
508 considerably longer than the fibre length even in the youngest (smallest) children. It may also be  
509 argued that the youngest children had the shortest distance between electrodes but the least coupling  
510 between the recordings in both the time and frequency domains. Cross-talk due to sampling of  
511 activity from too closely located electrodes would have been expected to produce the opposite  
512 result. To further minimize any influence from cross-talk, all data showing either very narrow peaks  
513 in the cumulant density function (less than 2 ms) or equal and significant coherence at all  
514 frequencies were deemed to be influenced by cross-talk and therefore omitted from further analysis.  
515 All recordings that were used for the analysis thus showed coherence for only restricted frequency  
516 band and cannot easily be explained by cross-talk.. It should also be noted that coherence in a  
517 similar restricted frequency band and central peaks of synchrony in the time domain with a similar  
518 duration as observed for surface EMG recordings in the present study have been observed in needle  
519 and wire recordings of the activity of individual motor units (Hansen et al. 2005; Farmer et al.  
520 2003).

521

522 *Central motor pathways underlying common drive in CP*

523 Based on studies of patients with CNS lesions, primate physiology and MEG/EEG-EMG coherence  
524 it is recognized that motor unit synchronization and beta and gamma rhythm common drive to  
525 upper (Baker et al. 1997; Brown et al. 1998; Conway et al. 1995; Datta et al. 1991; Farmer et al.  
526 1993a; Farmer et al. 1993b; Halliday et al. 1998; Mima and Hallett 1999; Salenius et al. 1997) and  
527 lower limb motoneurones (Gross et al. 2000; Hansen and Nielsen 2004; Hansen et al. 2002) are the  
528 result of oscillatory activity in cortical networks. Other peripheral feedback mechanisms may play a  
529 supportive but not essential role in maintaining EMG-EMG and EEG-EMG coherence (Farmer et  
530 al. 1993a; Hansen et al. 2002; Kilner et al. 2004; Pohja and Salenius 2003). In healthy adults the  
531 duration of single TA motor unit synchrony during static muscle activation is ~13 ms between TA  
532 motor units (Datta et al., 1991). In subjects who have suffered stroke damage to central motor  
533 pathways or spinal cord damage short-term synchrony is lost and may be replaced by longer  
534 duration (~29 ms) broad-peak synchrony (Datta et al. 1991). In the CP subjects the central  
535 cumulant peak size was smaller for the MA TA muscle both during static muscle activation and  
536 during walking supporting the results of Rose & McGill (2005) in which CP subjects were shown  
537 during static contraction to have reduced short-term synchronization compared to controls. Spinal  
538 cord lesions in cat produce a loss of short-term synchrony with the emergence of broad peak  
539 synchrony, which results from lesion-induced increased drive to the motoneurone pool from  
540 synchronized polysynaptic inputs (Kirkwood et al. 1982). In CP subjects the combined results of  
541 the loss of higher frequencies of coherence coupled with smaller central cumulant peaks of longer  
542 duration during static muscle activation suggests that for the MA muscle motoneurone activation is  
543 achieved through polysynaptic pathways rather than from directly projecting corticospinal  
544 pathways. The RMS EMG amplitude was larger for all age groups in the LA TA muscle compared  
545 to the MA TA muscle. However, taking into account individual differences in the CP subjects  
546 through calculation of the ratio MA/LA for coherence and RMS EMG amplitude we were able to  
547 show that for static muscle activation with increasing age, in contrast to the coherence values, the  
548 RMS EMG ratio between the MA and LA muscle normalized. We suggest therefore that RMS  
549 EMG levels during static muscle activation cannot explain the developmental pathophysiology of  
550 CP without taking into account the failure of the modulatory effects on motoneurone activity of  
551 common drive to develop.

552

553 *The relationship between common drive and TA muscle activation during walking*

554 Tibialis Anterior is the prime dorsiflexor of the ankle and its activation is essential in allowing the  
555 toes to clear the ground during the swing phase of gait. The importance of central drive for normal  
556 TA muscle function is evident clinically and in neurophysiological studies (Barthelemy et al. 2010;  
557 Halliday et al. 2003; Hansen et al. 2005; Nielsen et al. 2008; Petersen et al. 2001). It has recently  
558 been shown that during the swing phase of gait the EEG is coherent with TA muscle EMG at  
559 frequencies in the range 24-40 Hz (high beta-gamma range) and at 10 Hz (Petersen et al. 2012).  
560 These results show that during the swing phase of gait the TA muscle EMG synchronizes with EEG  
561 over the leg area of sensory-motor cortex indicating that during this period of gait TA EMG is also  
562 integrated (synchronized) within a cortical oscillatory network. Taken together these findings  
563 support the view that as for static TA activation during walking the beta and gamma drives to the  
564 muscle are the result of oscillatory synchrony within cortical circuits that include the leg area of the  
565 primary motor cortex.

566 Impaired central drive to TA results in a dropped foot and a gait pattern characterized by toe rather  
567 than heel strike. Interestingly 24-40 Hz common drive to thigh muscles has been shown to increase  
568 following treadmill training and improvement of locomotion skills (Norton and Gorassini 2006).  
569 During normal gait the common drive is present in the early and late part of the swing phase with a  
570 maximum right before the foot is placed on the ground in very late swing phase (Halliday et al.  
571 2003). Therefore, measurement of common drive provides important information about the  
572 corticospinal involvement in the control of the TA muscle at a time where precise control of the  
573 ankle joint is required during human walking. Gamma range common drive (~35-55 Hz) has been  
574 described in strongly contracting hand muscles (Brown et al. 1998; McAuley et al. 1997) and is  
575 coherent with cortical rhythms (Brown et al. 1998). Our previous study and the results of the  
576 present study support those of Omlor *et al.* (2007) which showed a switch from beta to gamma band  
577 drive during dynamic force output for upper limb muscles. Omlor *et al.* (2007) suggested that  
578 gamma range EEG-EMG coherence underpins binding of the attentional, visual, somatosensory  
579 information necessary for control of dynamic force output as opposed to static force output. We  
580 suggest that such integrated dynamic force control of the ankle joint during gait is essential for co-  
581 coordinated walking and that failure of development of gamma range common drive to TA muscle  
582 during walking may be a pathophysiological underpinning of the increased clumsiness and excess  
583 falls seen in CP children. In our recent study on normally developing children we found an increase

584 in gamma band coherence with age that was associated with a reduction in the step to step  
585 variability (COV) (Petersen et al. 2010). In the present study a similar relationship was not found  
586 for CP children for either the most or least affected leg, although COV decreased with age for the  
587 LA side but not for the MA side. This lack of correlation is in all likelihood explained by low values  
588 and large inter-individual variability of common gamma drive levels in the CP subjects. We did  
589 find, however, a significant relation between the LA/MA ratio of beta coherence and the range and  
590 velocity of dorsiflexion in the swing phase of walking. The LA/MA ratio gives a measure of the  
591 difference in function between the two legs within each individual and thus greatly reduces inter-  
592 subject variability. The significant correlation of beta coherence with the functional kinematic  
593 parameters, corrected for age and EMG magnitude suggests that this measure of central drive to TA  
594 motoneurones is of functional significance for the gait ability of the children. Furthermore the  
595 MA/LA ratios of beta and gamma coherence for static muscle activation did not correlate with the  
596 functional kinematic parameters. Static muscle activation is used widely in the measurement of  
597 motor unit synchrony however our finding signifies that the common drive should also be measured  
598 during functionally relevant conditions.

599 We do not as yet have data showing increases in EEG-EMG coherence during static TA activation  
600 and during walking across childhood or in subjects with CP. However, for upper limb muscles the  
601 increases in EMG-EMG synchrony and coherence seen in childhood are mirrored by an increase in  
602 beta and gamma EEG-EMG coherence during childhood (Graziadio et al. 2010; James et al. 2008).  
603 We have suggested therefore that the developmental increases in TA EMG-EMG synchrony and  
604 coherence in static activation and walking across childhood reflect that the TA muscle receives  
605 increased oscillatory drive from motor cortex networks. We now suggest that the failure of the MA  
606 TA muscle to show increases in beta and gamma range coherence across childhood is evidence that  
607 in CP there is a failure of development of oscillatory motor cortex networks and a failure to  
608 integrate TA EMG activity through the mechanism of oscillatory synchrony with these cortical  
609 networks.

610

### 611 *Conclusion*

612 We conclude that children with CP show reduced oscillatory beta and gamma common drive to  
613 spinal motoneurones that innervate the MA TA muscle during static contraction and gait. The

614 relation between the MA/LA ratio of beta and gamma coherence during gait and the kinematics of  
615 gait suggests that the time and frequency domain analyses of EMGs may in the future provide  
616 pathophysiologically meaningful and functionally relevant measures of the effect of gait training  
617 and other therapeutic interventions on the cortical drive to spinal motoneurones during gait in  
618 children with CP. The ease with which these techniques may be applied makes them ideal for  
619 longitudinal studies of training interventions in which mechanistic understanding of neuro-plastic  
620 changes in central networks is required.

621

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739 **Author contributions**

740 T.H.P. and J.B.N. designed the experiment. T.H.P. and M.K.-D. collected the data. T.H.P. and  
741 S.F.F. analysed the data. T.H.P.,S.F.F. and J.B.N. interpreted the data and drafted the manuscript.  
742 All experiments were performed at the Helene Elsass Center.

743

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751

752 **Table 1.** Summary of data from the three different age groups. All values are given as mean $\pm$  95%  
753 CI. Inter electrode distance between the proximal and distal electrode pair placed above the least  
754 (LA) and most (MA) affected muscle. Treadmill walking speed in km/h.

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756 **Table 2.** Summary of peak coherence values for the MA, LA and control TA muscle across the  
757 three different age groups. Peak coherence in the beta (15-25 Hz) and gamma (30-45 Hz) frequency  
758 band are given for static muscle activation and for walking. All values are given as mean $\pm$  95% CI.  
759 Please refer to text for detailed statistics.

760 **Table 3.** Summary of cumulant density estimates for the MA, LA and control TA muscle across the  
761 three different age groups. Peak durations and peak sizes band are given for static muscle activation  
762 and for walking. All values are given as mean $\pm$  95% CI. Please refer to text for detailed statistics

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765

766 **Figure 1.** Data from one hemiplegic CP subject (12 yrs of age). Raw EMG traces obtained from  
767 electrodes placed at the proximal and distal part of the MA (A) and LA(B) TA muscle. Power  
768 spectra constructed from the rectified EMG signals from the MA (C & D) and LA muscle (E & F).  
769 Coherence estimates from MA (G) and LA (I) muscle, the dashed lines denote upper 95%  
770 confidence limits. Phase estimates from MA (H) and LA (J) muscle. Cumulant density plots from  
771 MA (K) and LA (M) solid lines around zero denotes upper and lower 95% confidence limits. (L)  
772 display the extended  $\chi^2$  test of difference of coherence between MA and LA. The dashed line  
773 denotes the upper 95% confidence limit on the assumption of independence.

774 **Figure 2.** Pooled estimates of coherence from all hemiplegic CP subjects. Pooled coherence  
775 estimates from the MA side are shown for three different age groups 4-7 yrs (A), 8-11 yrs (D) and  
776 12-15 yrs (G). Pooled coherence estimates from the LA side are show for the three different age  
777 groups 4-7 yrs (B), 8-11 yrs (E) and 12-15 yrs (H). Results from the extended  $\chi^2$  test for  
778 difference of coherence are shown for the three age groups 4-7 yrs (C), 8-11 yrs (F) and 12-15 yrs  
779 (I)

780 **Figure 3.** Statistical comparisons of pooled coherence using the extended  $\chi^2$  test for difference of  
781 coherence. Comparisons of 4-7 yrs vs. 8-11 yrs for the MA muscle (A) and LA muscle (B).  
782 Comparisons of 4-7 yrs vs. 12-15 yrs for the MA muscle (C) and LA muscle (D). Comparisons of  
783 8-11 yrs. vs. 12-15 yrs for the MA side (E) and LA side (F). Comparisons of peak beta band  
784 coherence (G) and peak gamma band coherence. (H) from MA muscle, LA muscle and control  
785 group (data from Petersen *et al.* 2010) across the three different age groups. Ratios (MA/LA) for  
786 peak beta coherence, peak gamma coherence and EMG RMS amplitude across the three different  
787 age groups (I). Error bars denote 95% confidence intervals. Please refer to text for detailed  
788 statistics.

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792 **Figure 4.** Data from one hemiplegic CP subject (12 yrs of age). Rectified and averaged EMG from  
793 300 individual steps from electrodes placed at the proximal and distal part of the MA (A) and LA  
794 (B) TA muscle. Heel strike at 0 ms. Shaded areas represent the EMG segments analysed. Power  
795 spectra constructed from the rectified EMG signals from the MA (C & D) and LA muscle (E & F).  
796 Coherence estimates from MA (G) and LA (I) muscle, the dashed lines denote upper 95%  
797 confidence limits. Phase estimates from MA (H) and LA (J) muscle. Cumulant density plots from  
798 MA (K) and LA (M) solid lines around zero denotes upper and lower 95% confidence limits. (L)  
799 display the extended chi<sup>2</sup> test of difference of coherence between MA and LA. The dashed line  
800 denotes the upper 95% confidence limit on the assumption of independence.

801 **Figure 5.** Pooled estimates of coherence from all hemiplegic CP subjects during walking. Pooled  
802 coherence estimates from the MA side are shown for three different age groups 4-7 yrs (A), 8-11  
803 yrs (D) and 12-15 yrs (G). Pooled coherence estimates from the LA side are show for the three  
804 different age groups 4-7 yrs (B), 8-11 yrs (E) and 12-15 yrs (H). Results from the extended chi<sup>2</sup> test  
805 for difference of coherence are shown for the three age groups 4-7 yrs (C), 8-11 yrs (F) and 12-15  
806 yrs (I)

807 **Figure 6.** Statistical comparisons of pooled coherence obtained during walking using the extended  
808 chi<sup>2</sup> test for difference of coherence. Comparisons of 4-7 yrs vs. 8-11 yrs for the MA muscle (A)  
809 and LA muscle (B). Comparisons of 4-7 yrs vs. 12-15 yrs for the MA muscle (C) and LA muscle  
810 (D). Comparisons of 8-11 yrs. vs. 12-15 yrs for the MA side (E) and LA side (F). Comparisons of  
811 peak beta band coherence (G) and peak gamma band coherence (H) from MA muscle, LA muscle  
812 and control group (data from Petersen *et al.* 2010) across the three different age groups. Error bars  
813 denote 95% confidence intervals. Ratios (MA/LA) for peak beta coherence, peak gamma coherence  
814 and EMG RMS amplitude across the three different age groups (I). Please refer to text for detailed  
815 statistics.

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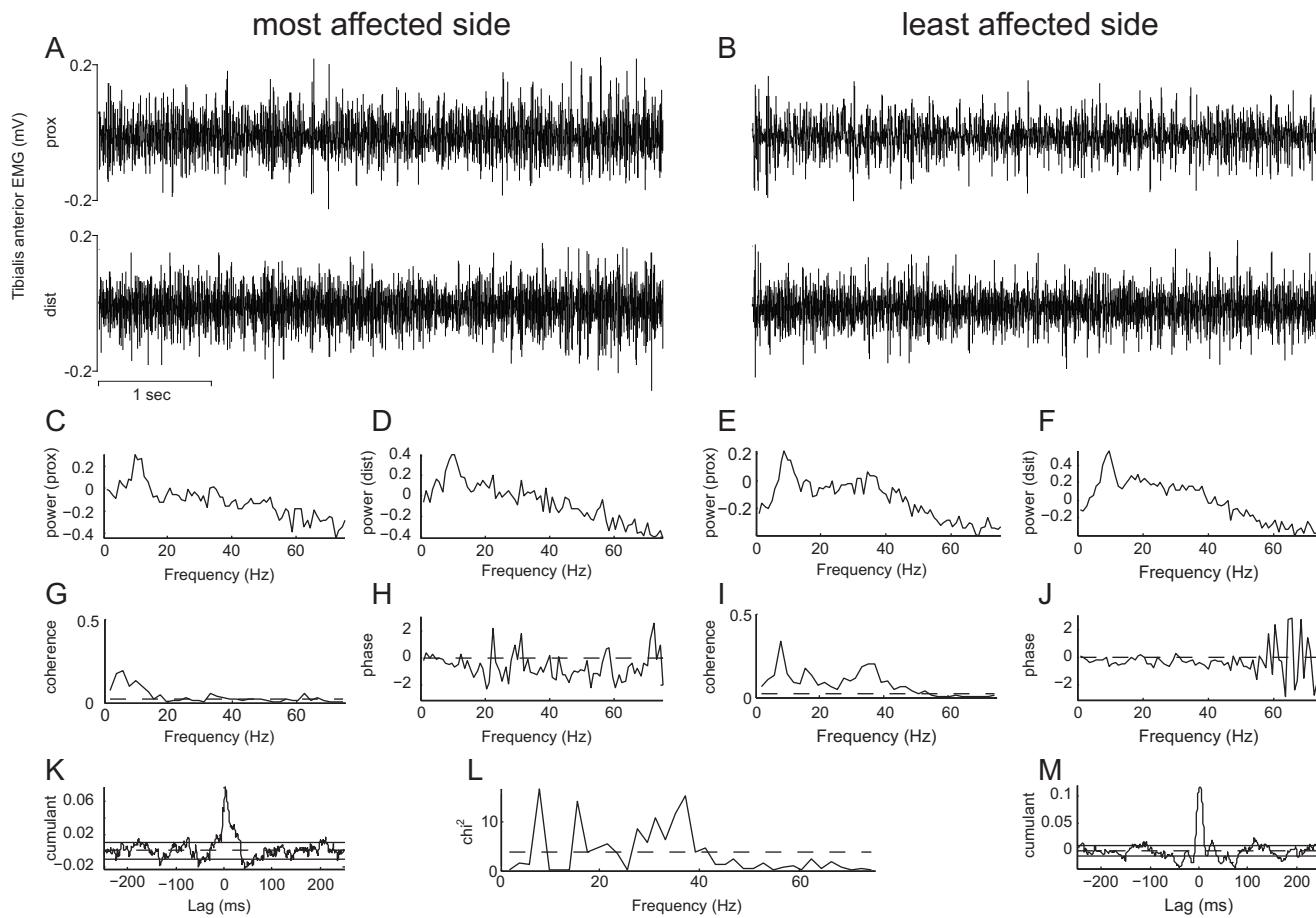
820 **Figure 7.** Pooled cumulant density plots are shown for the LA, MA and control TA muscle for the  
821 three age groups. 4-7 yrs (A,B, C & J, K, L), 8-11 yrs (D, E, F & M, N, O), 12-15 yrs (G,H, I & P,  
822 Q, R) for static muscle activation (upper part) and walking (lower part), respectively. Peak  
823 magnitudes and peak durations are given in table 3. Please refer to text for detailed statistics.

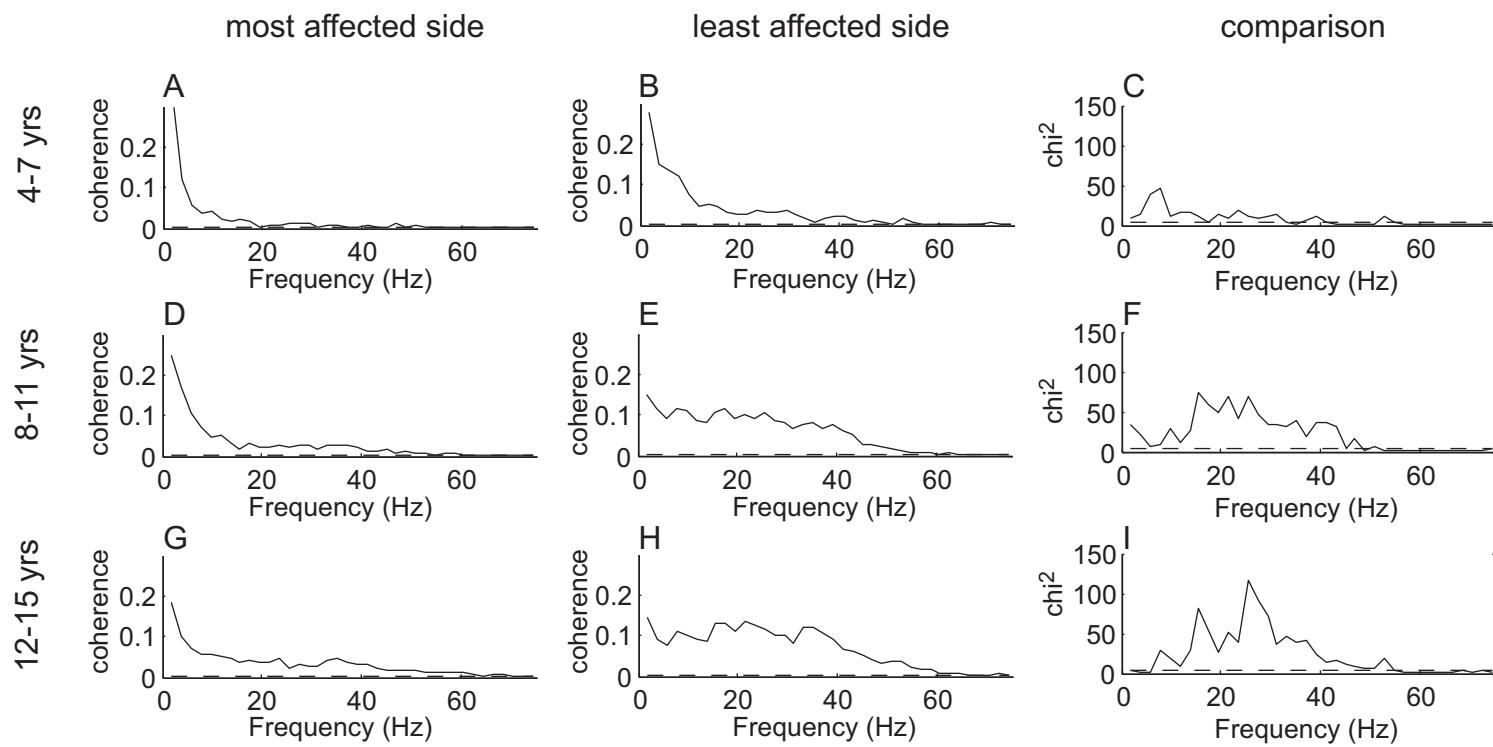
824 **Figure 8.** Kinematic data for the MA, LA and control ankle joint movements and correlations with  
825 EMG results. Dorsiflexion movement ranges for the ankle joint (A). Dorsiflexion movement  
826 velocity (B). Correlation between peak beta coherence ratio and dorsiflexion movement range ratio  
827 (C) and dorsiflexion movement velocity ratio (D). Correlation between peak gamma coherence ratio  
828 and dorsiflexion movement range ratio (E) and dorsiflexion movement velocity ratio (F).  
829 Correlation between RMS EMG amplitude ratio and dorsiflexion movement range ratio (G) and  
830 dorsiflexion movement velocity ratio (H). Please refer to text for detailed statistics on A & B.

	4-7 years (n=7)	8-11 years (n=17)	12-15 years (n=14)
Electrode dist. MA (cm)	7.0±0.7	10.6±0.6	12.5±1.0
Electrode dist. LA (cm)	7.4±0.4	10.8±0.5	12.5±0.9
Walking speed (km/h)	1.9± 0.4	2.5±0.2	2.8±0.2

Coherence estimates	Static contraction			Walking		
	CP MA side	CP LA side	Control	CP MA side	CP LA side	Control
4-7 yrs, peak beta	0.05±0.02	0.11±0.06	0.13±0.03	0.09±0.03	0.16±0.07	0.15±0.03
8-11 yrs, peak beta	0.07±0.02	0.18±0.04	0.25±0.11	0.08±0.02	0.19±0.03	0.21±0.06
12-15 yrs, peak beta	0.07±0.03	0.24±0.07	0.32±0.13	0.11±0.04	0.20±0.04	0.20±0.04
4-7 yrs, peak gamma	0.04±0.01	0.07±0.04	0.11±0.02	0.05±0.02	0.09±0.05	0.08±0.02
8-11 yrs, peak gamma	0.08±0.03	0.15±0.04	0.27±0.12	0.05±0.01	0.13±0.04	0.16±0.06
12-15 yrs, peak gamma	0.11±0.07	0.21±0.07	0.27±0.08	0.07±0.05	0.16±0.04	0.18±0.03

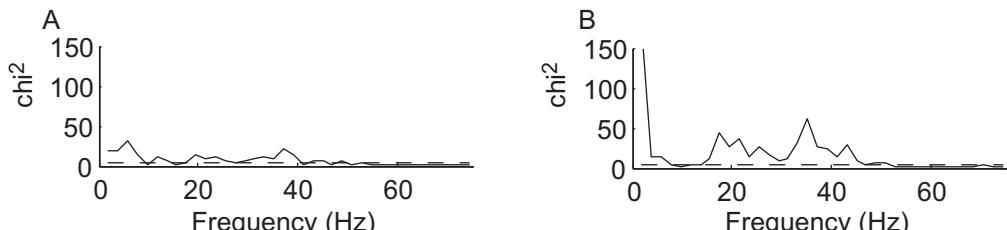
Cumulant estimates	Static contraction			Walking		
	CP MA side	CP LA side	Control	CP MA side	CP LA side	Control
4-7 yrs, peak size	0.047±0.014	0.083±0.043	0.068±0.015	0.169±0.042	0.269±0.078	0.295±0.046
8-11 yrs, peak size	0.066±0.015	0.110±0.016	0.159±0.065	0.155±0.023	0.254±0.036	0.328±0.041
12-15 yrs, peak size	0.072±0.020	0.144±0.042	0.167±0.053	0.166±0.030	0.242±0.051	0.329±0.052
4-7 yrs, peak width (ms)	42±20	26±12	24±4	128±29	136±23	147±22
8-11 yrs, peak width (ms)	31±7	22±3	21±4	147±22	121±14	121±19
12-15 yrs, peak width(ms)	23±6	18±2	19±2	128±22	106±26	167±23



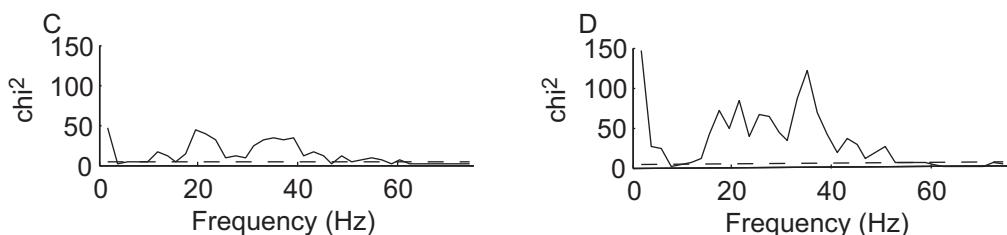


most affected side comparisons      least affected side comparisons

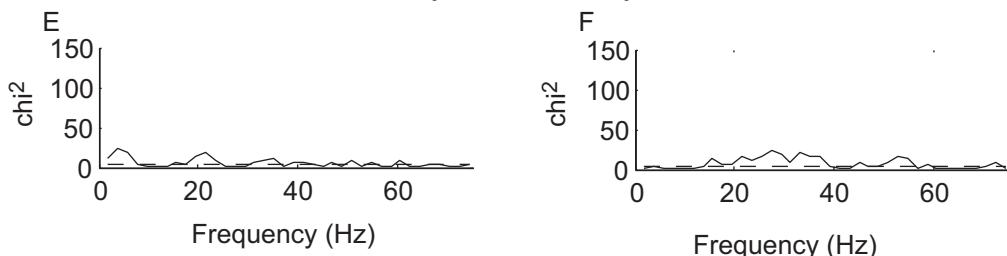
4-7 yrs vs. 8-11 yrs



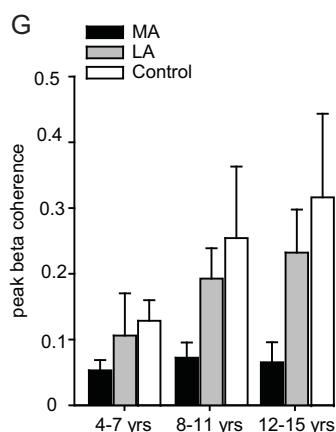
4-7 yrs vs. 12-15 yrs



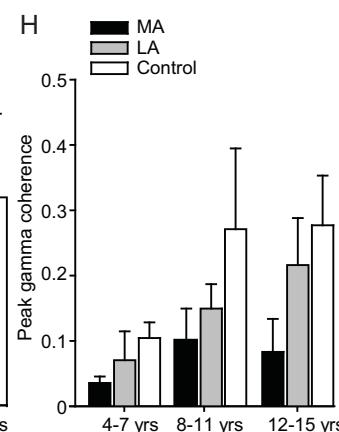
8-11 yrs vs. 12-15 yrs



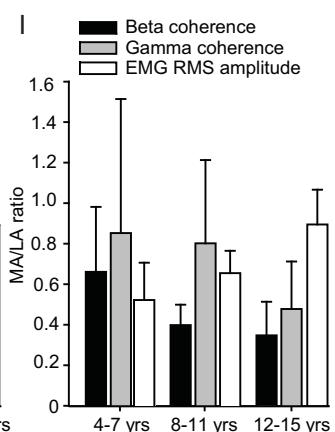
G  
MA  
LA  
Control



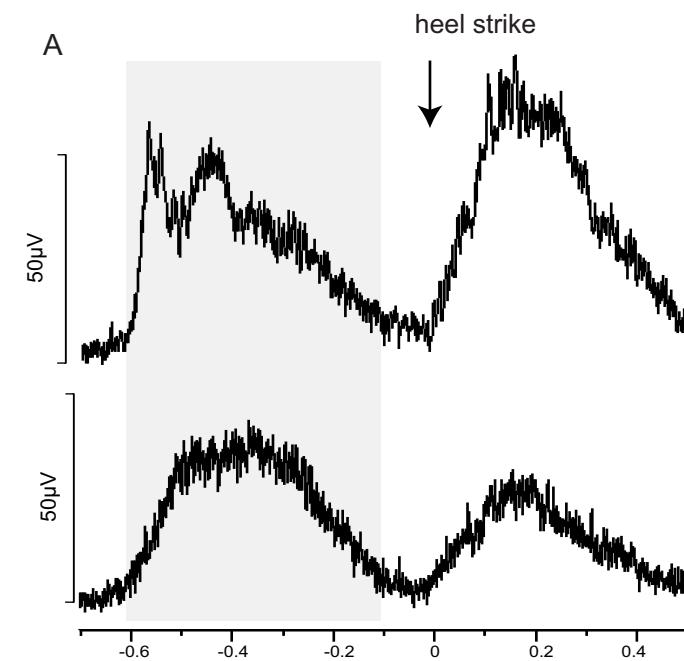
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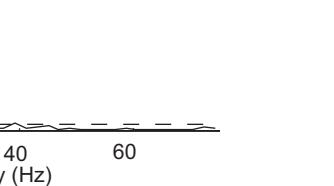
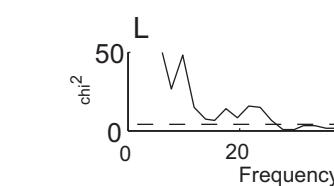
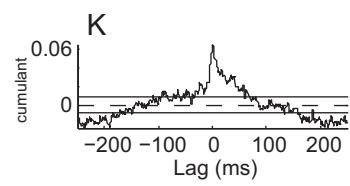
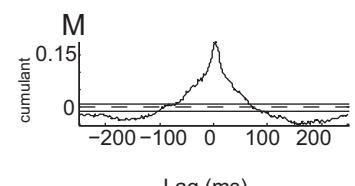
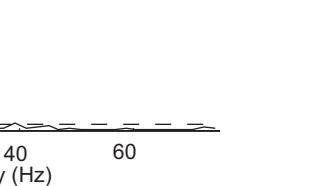
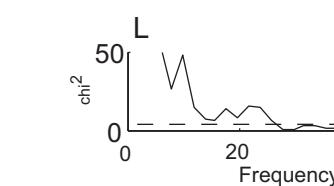
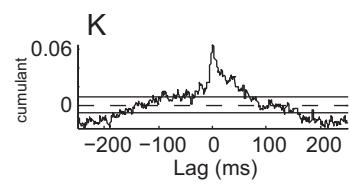
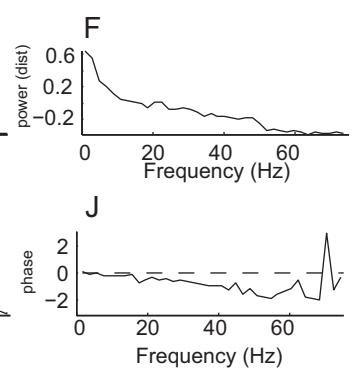
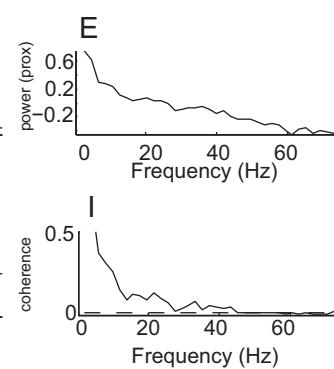
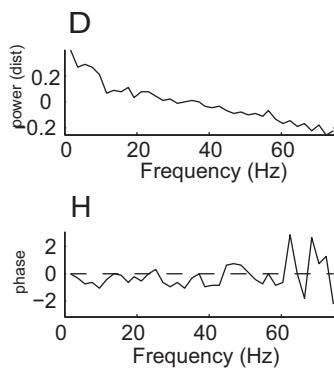
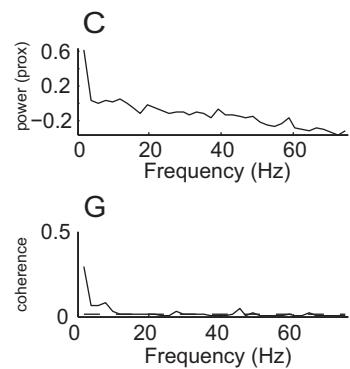
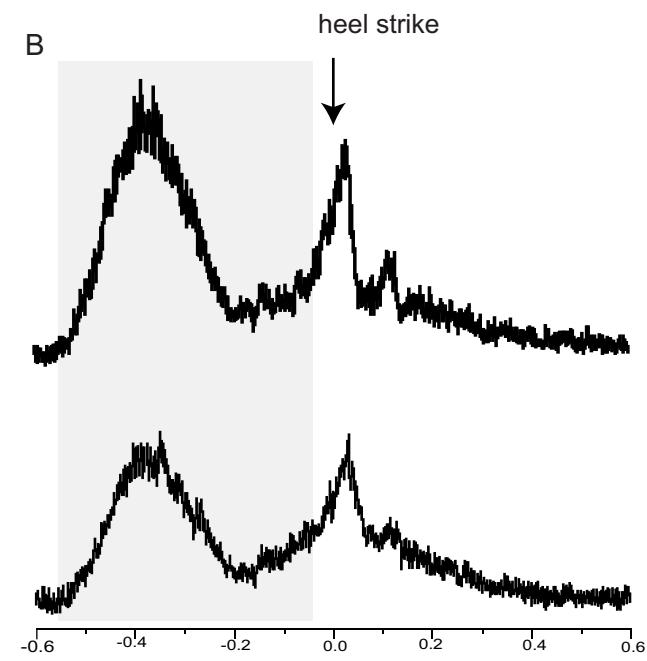
I  
Beta coherence  
Gamma coherence  
EMG RMS amplitude

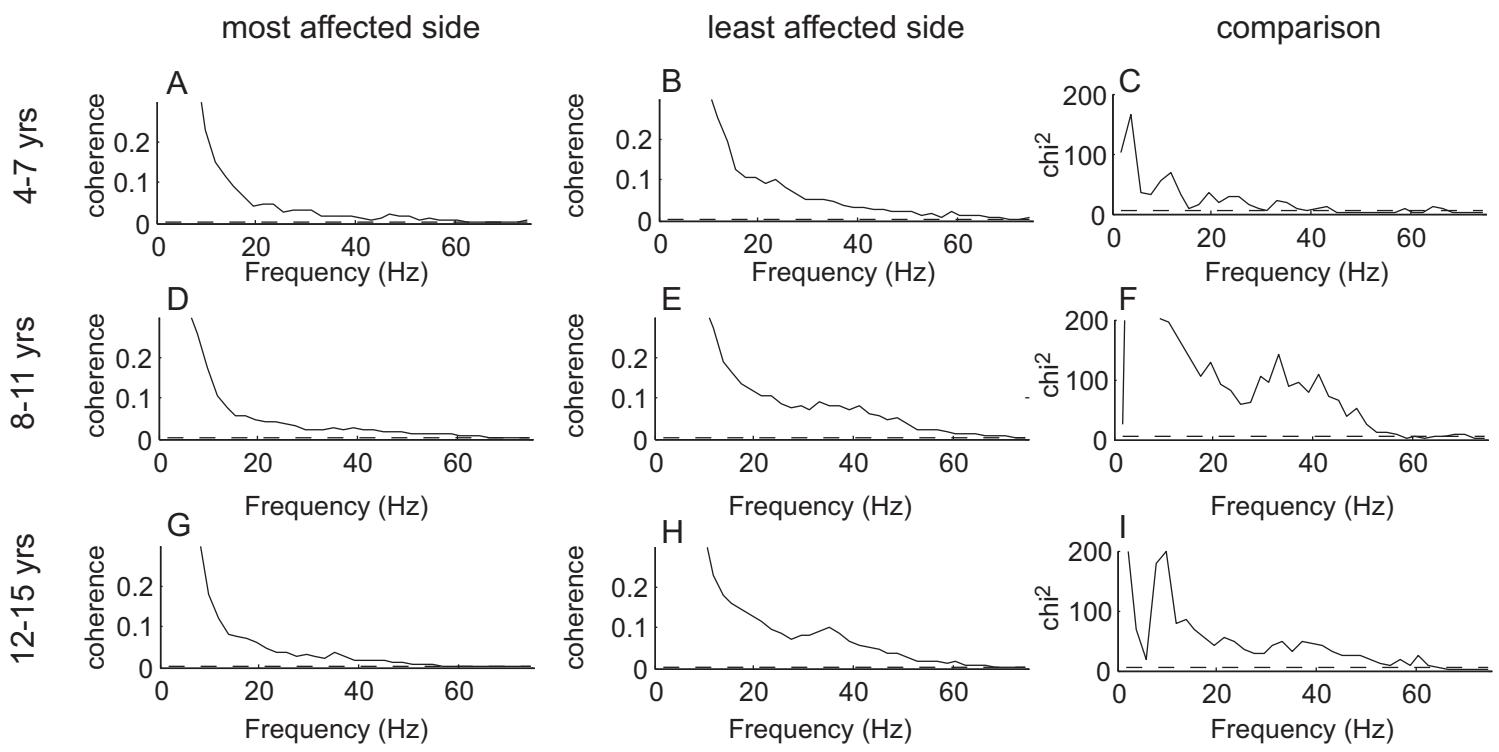


most affected side



least affected side

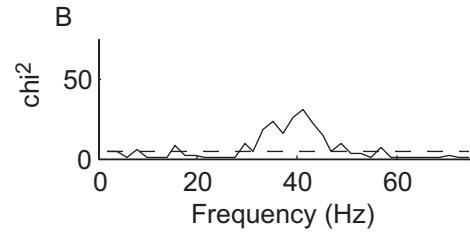
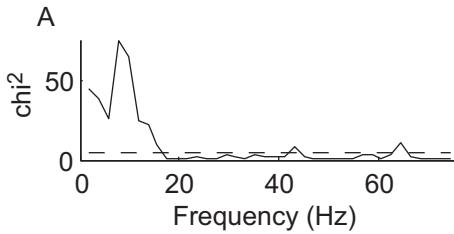




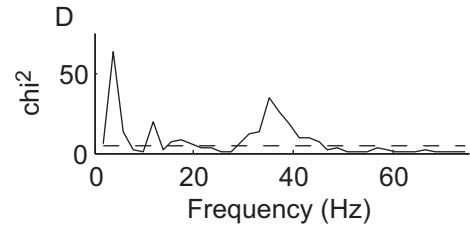
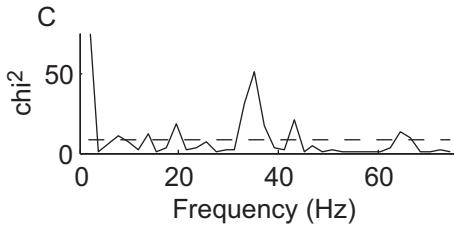
most affected side comparisons

least affected side comparisons

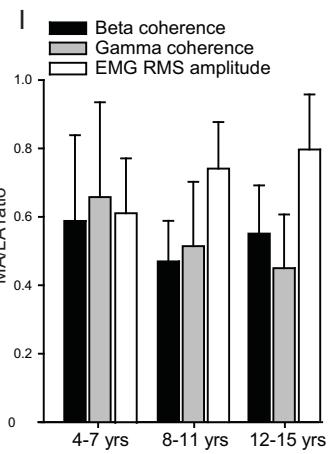
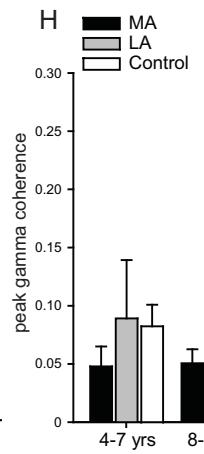
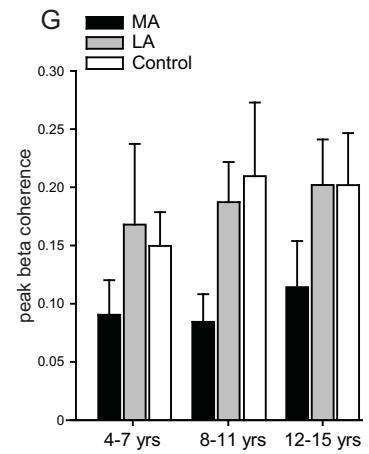
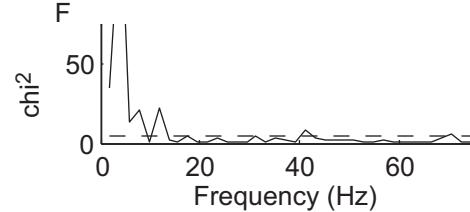
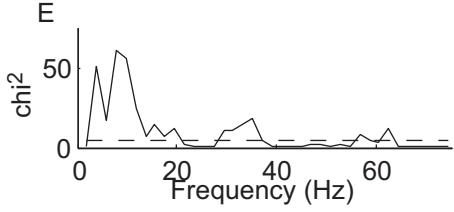
4-7 yrs vs. 8-11 yrs



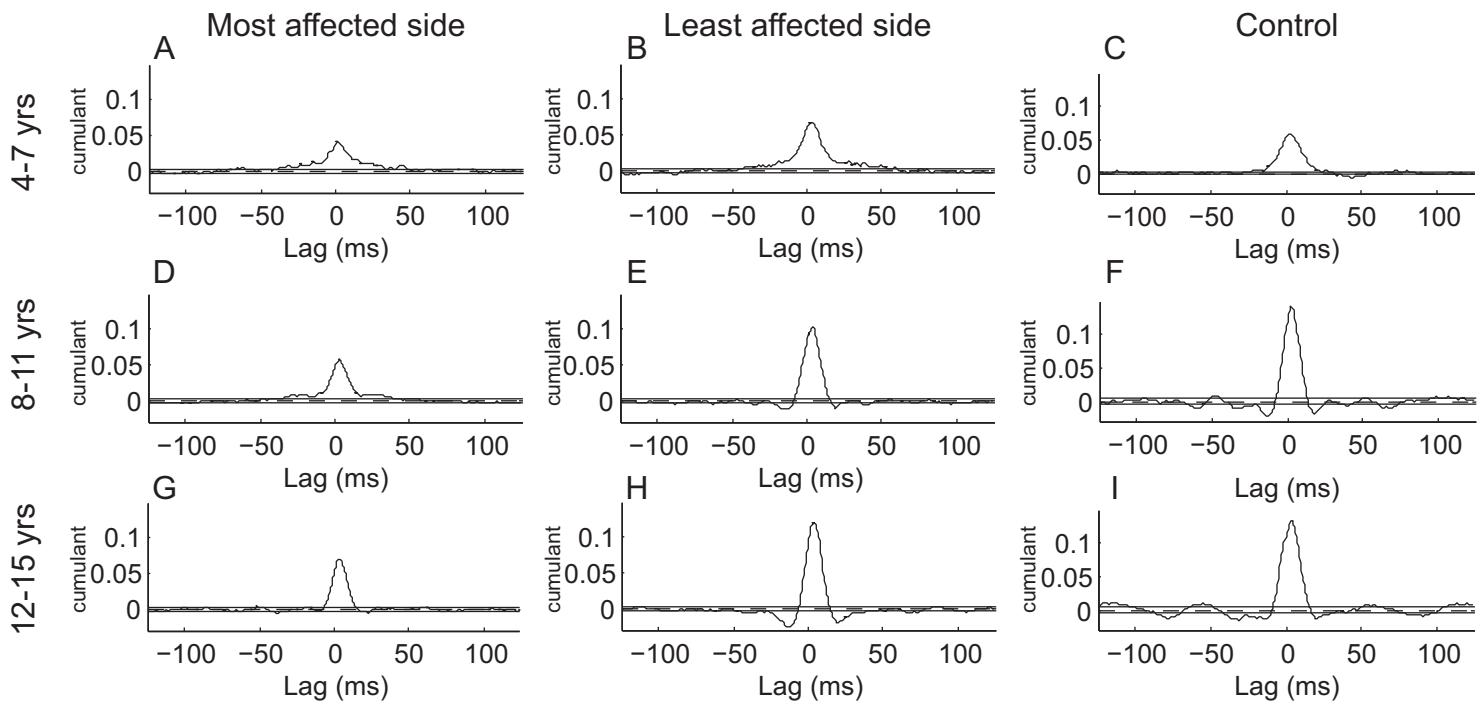
4-7 yrs vs. 12-15 yrs



8-11 yrs vs. 12-15 yrs



## Static contraction



## Walking

