

A Mixed-Methods Approach Using Virtual Reality to Study User Reactions to Self-Driving Vehicles

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1 PROBLEM

Context

- Usual data collection methods are insufficient to understand self-driving vehicle passenger experience, because most potential users have not yet experienced these vehicles.
- Virtual reality is a solution, but most previous studies using this method have analysed only one type of self-driving vehicle (usually a private car)

Objectives

Assess reactions to different aspects of self-driving cars and buses, when experienced in virtual reality

2 METHODS

6-minute experience of a virtual self-driving vehicle in MetaQuest Pro

Participants chose between car or bus, but could switch (once) during the trip

Virtual self-driving car



Virtual self-driving bus



Virtual car and bus trips had nine stages, defined by a combination of attributes

Attribute	Stages								
	1	2	3	4	5	6	7	8	9
Landscape	City centre			Industrial	Centre	Industrial	Centre	Industrial	Residential
Time of day	Daytime			Gradually getting darker				Night-time	
CAR ONLY									
Congestion	No	Progressively worse					Eases up	No	
BUS ONLY									
Passengers	Few	Many			Few			None	
Passenger behaviour	Mind their own business				Annoying (feet on seats, loud music)			No other passenger	
Assistant	Present				Absent				

Participants wore non-invasive electroencephalography (EEG) earbuds (EMOTIV MN8).



Ratio between the beta (16-25Hz) and alpha (8-12Hz) powers was used as an indicator of stress/arousal



After the experiment, participants answered a questionnaire and talked about the two vehicles, in groups

Participants

- 92 total: 34 in Netherlands, 30 in Poland, 28 in Greece
- 53% men, 47% women, 24% aged 18-34, 44% aged 35-64, 32% aged 65+

3 RESULTS – EEG

Stars identify differences that are significantly positive, i.e. the stress indicator is significantly higher than the baseline indicator for the same group of participants, based on t-tests. Significance levels: ***: 1%, **: 5%, *:10%.

Difference between stress indicator (beta-alpha ratio) in each **CAR** scenario stage vs. baseline

Attribute	Stages								
	1	2	3	4	5	6	7	8	9
Landscape	City centre			Industrial	Centre	Industrial	Centre	Industrial	Residential
Time of day	Daytime			Gradually getting darker				Night-time	
Congestion	No	Gets progressively worse					Eases up	No	
All	-0.03	-0.03	0.02	0.05	0.05	0.09	0.11*	0.03	0.08
Men	-0.08	0.00	0.05	0.08	0.08*	0.04	0.06*	0.02	0.06
Women	0.02	-0.05	-0.02	0.03	0.01	0.14	0.15	0.02	0.11
18-34	-0.19	-0.15	-0.15	0.02	-0.02	0.08	0.08	0.07	0.09*
35-64	0.00	-0.23	-0.02	-0.11	-0.05	-0.07	0.00	-0.08	-0.03
65+	0.09	0.33**	0.41**	0.41***	0.27***	0.36***	0.33**	0.16**	0.29**

Difference between stress indicator (beta-alpha ratio) in each **BUS** scenario stage vs. baseline

Attribute	Stages								
	1	2	3	4	5	6	7	8	9
Landscape	City centre			Industrial	Centre	Industrial	Centre	Industrial	Residential
Time of day	Daytime			Gradually getting darker				Night-time	
Passengers	Few	Many			Few			None	
Passenger behaviour	Mind their own business					Annoying (feet on seats, loud music)			No other passenger
Assistant	Present				Absent				
All	0.00	0.07*	0.16**	0.19**	0.12	0.16*	0.15*	0.20*	0.09
Men	-0.01	0.00	0.13	0.15	0.09	0.12	0.08	0.08	0.06
Women	0.01	0.16**	0.22**	0.26**	0.18*	0.22**	0.28*	0.43**	0.15*
18-34	-0.02	0.13**	0.15	0.12	0.13	0.05	0.09	0.11	-0.05
35-64	-0.06	0.01	0.12	0.12	0.07	0.15*	-0.03	-0.03	0.03
65+	0.09	0.11	0.22**	0.31**	0.17	0.24**	0.37**	0.47**	0.21*

4 RESULTS – Group discussions

Most common words used to talk about the virtual **CAR**

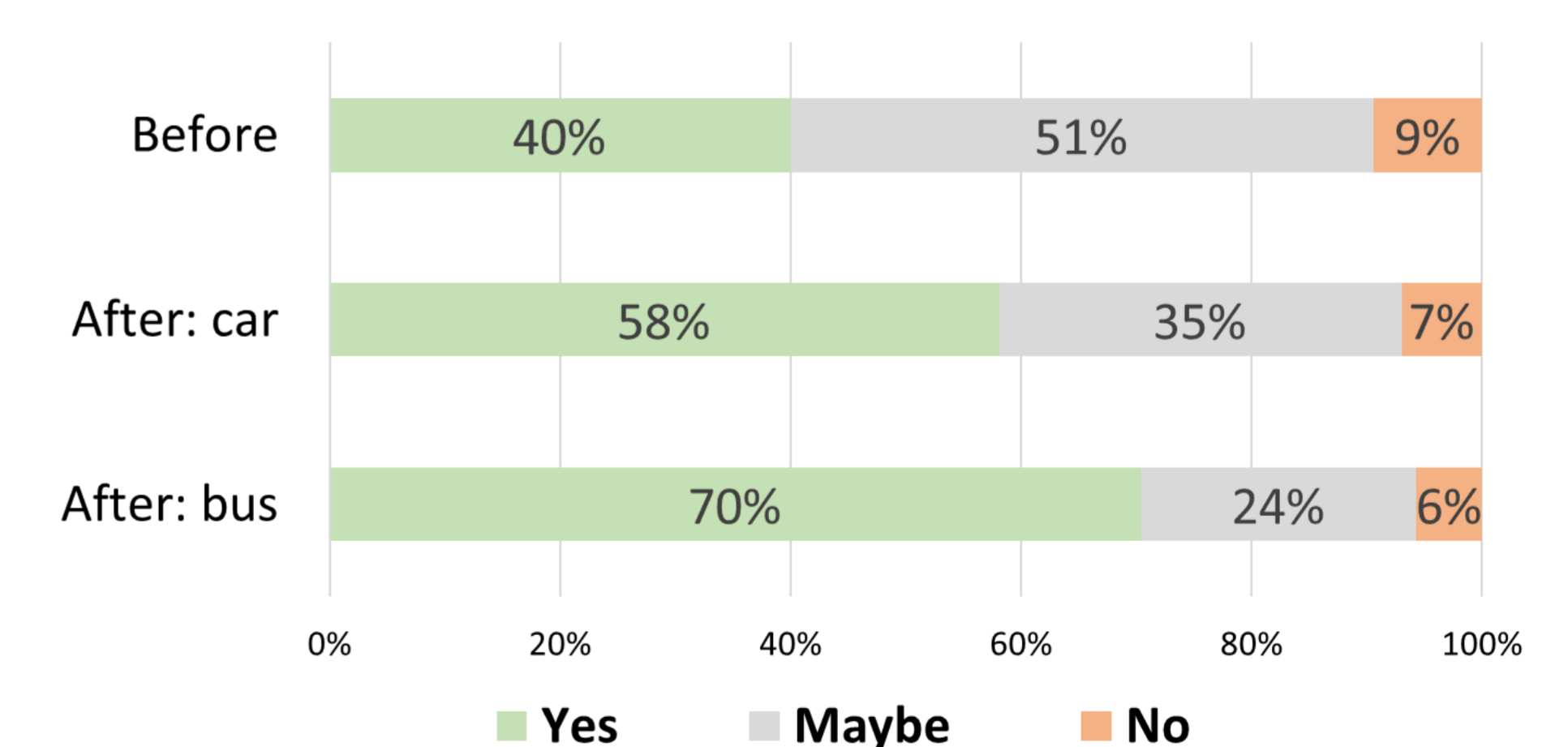
better boring capsule change comfortable compared curiosity design different driver driving experience faster focused front futuristic happen important interesting lane life limited minimalistic nice normal passengers people person possible probably reason ride road save schedule seats self-driving shared sit slower small space speed started switch travel vehicle view wanted work

Most common words used to talk about the virtual **BUS**

alone arrangement assistant attention better board bothered button change comfortable consider control design difference driver driving emergency empty fine happens help impression lack matter maybe mind needed nice normal nothing passengers people person reason ride safety seats security sit situation someone space standing steward stops switch ticket unsafe vehicle wanted

5 RESULTS – Survey

Intention to use self-driving vehicles, before and after the experiment



6 CONCLUSIONS

- Evidence of stress/arousal in virtual self-driving bus with many passengers or when other passengers are annoying, especially among women and the 65+ group.
- Less evidence of stress/arousal when travelling in virtual self-driving car, except for 65+ group.
- Discussions suggest passengers concern about self-driving car being stuck in congestion and about other passengers and lack of human steward in self-driving bus.
- Despite these issues, there was a marked increase in intentions to use self-driving vehicles after experiencing them in virtual reality.

