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Review of Digital Twins enabled applications for demand response

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Abstract

Digital Twins (DT), as one of the emerging trends in digitalisation, has attracted a large amount of research in the past few years due to its ability to provide more accurate models and better predictions for various energy-related applications. In the context of demand response (DR), the real-time bidirectional communication characteristic of DT allows for functions such as real-time energy forecast and decision making aid, which provided high potential in DR applications due to the nature of DR being highly time sensitive. The objective of this paper is to explore the concept and application of DT in the domain of DR, as there are currently limited numbers of review on this topic. It was identified that most work in this area shows promising results but is still exploratory. The main application of DT in the domain of DR is using DT as an enabling tool by leveraging the real-time and data processing function of DT for monitoring and decision-making, and providing a medium for better visualisation. Future studies can experiment with applying DT frameworks to larger case studies, and apply more elaborate DT with higher maturity levels.

Keywords chosen from ICE Publishing list

Digital twin; Building Information Modeling (BIM); Built environment

1 Introduction

2 The current energy crisis has led to soaring energy prices, this has attracted more attention on
3 the urgency of efficient building energy management. For the existing housing stock, the options
4 to improve its energy efficiency without retrofitting are limited. Demand flexibility, also relating to
5 demand side management (DSM), involves the technologies, programs and policies that enable
6 the potential and capability of energy consumers to alter their energy consumption patterns.
7 Demand response (DR) is a measure of DSM that reduces energy consumption or improves
8 energy consumption efficiency by controlling and scheduling the energy consumption pattern of
9 the consumer (Onile et al., 2021). This is achieved by shifting or reducing their energy usage
10 during the peak energy consumption period (Ali and Choi,2020). Improving demand flexibility
11 and applying DR can allow the grid to be more reliable by reducing the stress at peak demand
12 periods and utilising renewable energy.

13

14 DR is highly time-sensitive, the two commonly used DR schemes: price-based and incentive-
15 based schemes (Asadinejad A and Tomsovic, 2017), both require responsible parties' active
16 participation at a timely manner. In order to improve the demand flexibility and enable DR, there
17 has been a focus on the development of various digital technologies. Digitalisation has been
18 among the priorities, and investment has been seen increasing in the past few years. Digital
19 Twins (DT), as one of the emerging trends in digitalisation, has attracted a large amount of
20 research in the past few years due to the readily available data, advancement in computational
21 power, and common implementation of sensors.

22

23 Although the universal definition for DT is yet to be agreed upon, the Centre for Digital Built
24 Britain (CDBB) provided a general definition for DT using the Gemini principles as an effective
25 functioning and trustworthy digital model that serves a clear purpose (Bolton et al., 2018).
26 Compared to other digital models, the main feature of a DT is that the digital model is connected
27 to their physical counterpart via various remote sensing technologies. DT provides a dynamic
28 virtual representation of an asset in real life, with real-time monitoring of the physical building
29 and synchronising the associated events data (Austin et al.,2020).

30

31 In the application of DR, DT allows for real-time remote monitoring and control of the targeted
32 system, continuous data can be monitored and collected (Djebali et al., 2024). By including
33 data-driven methods (Song et al., 2022) (Behl et al., 2016), DT could also provide functions that
34 aid decision-making, which is crucial in DR applications. Depending on the purpose of the DT,
35 the scale of the DT could range from a single system to the whole grid, with the critical
36 components of the DT remaining the same: physical system, virtual representation, data
37 acquisition, data integration, modelling and simulation, and visualisation (Djebali et al., 2024). In
38 the past few years, numerous reviews have analysed the application of DT. Zhang and Lv's
39 (2022) review focused on the application of DT in the distribution grid. They suggested that DT
40 shows promising potential in the application in the area, allowing remote-friendly interaction with
41 equipment, equipment clustering management and collaboration of the whole chain. The review
42 done by Onile et al. (2021) focusing on the use of DT in energy services has noted the small
43 number of publications associating DT to recommendation systems and DSM. However, a rising
44 trend was observed between 2016 and 2019. Onile et al. (2021) concluded that data-driven twin
45 technologies have the ability to determine the energy behaviours of consumers and showed
46 promising results to be applied in DSM.

47

48 The increasing attention to DT in the domain of DR is closely related to the positive results
49 reported. Key characteristics of DT, such as real-time, bidirectional data communication, detail
50 and accurate models, and integration of data-driven functions, all shows tremendous benefit in
51 the application of DR. However, only limited reviews have been conducted for DT in the domain
52 of DR. Moreover, due to the lack of unified definition of DT, the DT model applied buy different
53 study may differ in structure, function and maturity. The scope of this work is to conduct a
54 systematic literature review of recent research on DT and similar modelling systems within the
55 context of DR applications, including the exploration of the differences in the DT structure and
56 function applied by various studies. The following research questions are proposed:

- 57 • How is a DT defined in the context of DR applications?
- 58 • What is the state-of-the-art research and application of DT in DR?
- 59 • What is the future possible work to be conducted in the application of DT in DR?

60

61 The rest of this paper is structured as follows. Section 2 presented the methodology used in
 62 conducting the systematic literature review. Section 3 investigated the current definitions of DT,
 63 DT's maturity level model, and the definition of DT when applying in DR. Section 4 presented
 64 the literature review on the application of DT in the domain of DR conducted. Section 5
 65 discussed the findings from the review presented the previous section. Lastly, section 6
 66 concludes the main discoveries of this study.

67

68 **2. Methodology**

69 This study adopted the PRISMA method (BMJ, 2021) to conduct a systematic literature review.
 70 First, through the iterative search of various combinations of keywords and discussion between
 71 authors, the keywords determined for the search are shown in Table 1. The three main domains
 72 covered are DT, built environment and DR. The search keywords of each of the main domains
 73 are connected using the 'AND' statement. As DT did not yield enough results, Building
 74 Information Modelling (BIM) and Artificial intelligence (AI) were included as the keywords to
 75 broaden the search, this is also because BIM and AI are often closely associated with
 76 innovative building models. For example, the review done by Ali and Choi (2020) investigating
 77 the AI technics used for distributed smart grid, is highly relevant to the content of this study, yet
 78 DT was not mentioned in the abstract of the paper. The target keyword search components of
 79 articles were title, keyword and abstract.

80

81 Table 1 Summarised keywords for the literature search.

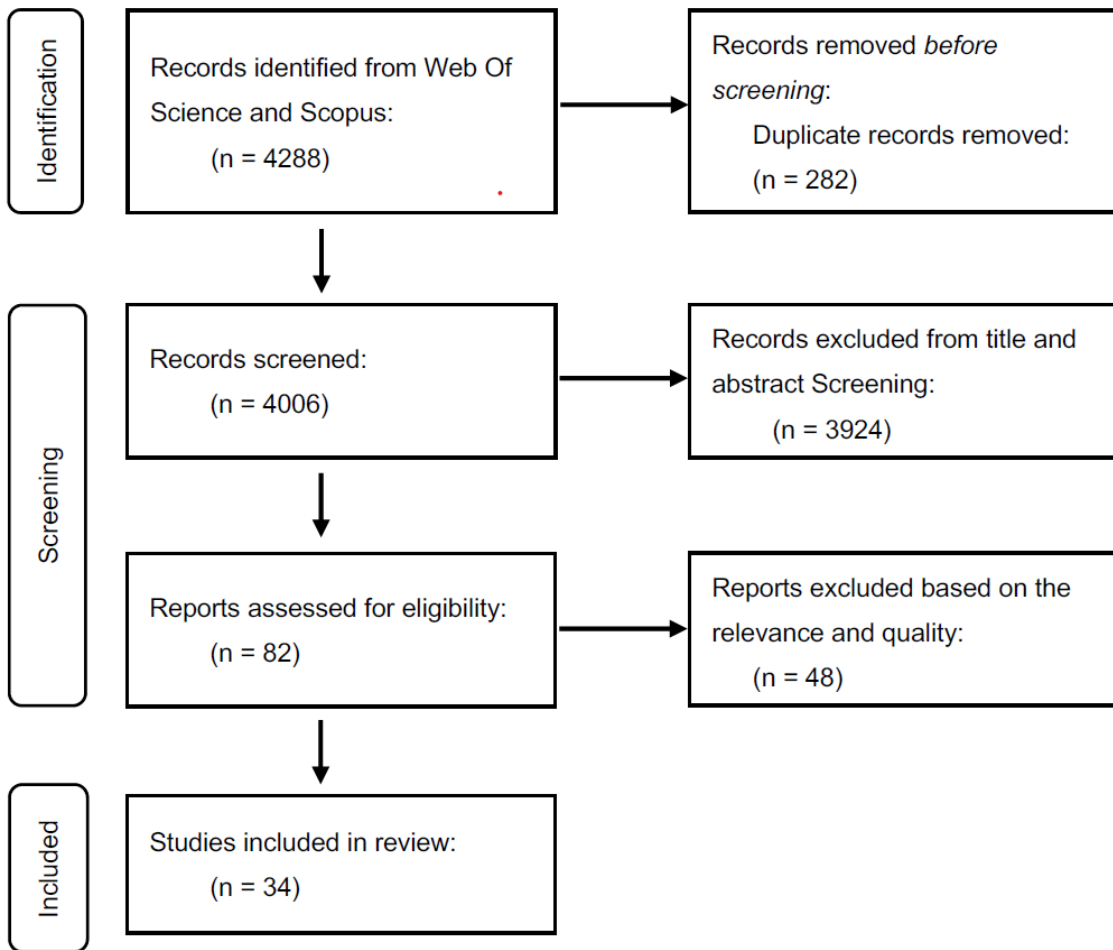
Main Domain	Search Keywords
Digital Twins	'digital twins' OR 'cyber physical systems' OR 'digital shadow' OR 'BIM' OR 'artificial intelligence'
Built environment	'building' OR 'city' OR 'built environment' OR 'infrastructure' OR 'construction' OR 'facility'
Demand response	'demand side management' OR 'demand response' OR 'energy flexibility' OR 'demand flexibility' OR 'recommender system' OR 'decision support system' OR 'energy management' OR 'energy storage' OR 'building to grid' OR 'microgrid'

82

83 The search was conducted on Web of Science and Scopus databases, including journal papers
 84 and conference papers from 2010 to 2024. Figure 1 illustrates the process used for the literature

85 screening based on the PRISMA method (BMJ, 2021). After removing duplicates, 4006 papers
 86 were found in total. The articles found were screened and further selected based on their title
 87 and abstract. 82 papers were finally selected for full-text review. A rating system of 1 to 5 stars
 88 was given to each article based on the relevance of the literature to the research questions by
 89 using keyword check boxes and assessing the quality of the paper. In the end, a total of 34
 90 pieces of literature were covered in this review.

91



92 Figure 1. Literature screening flowchart.

93

94 **3. DT from definitions to different maturity levels**

95 This section will explore the current definitions of DT, and what DT means in the context of DR.

96 It is important to recognise that for different applications, the DT may consist of different

97 components and have different structures. CDBB defined DT as an effective functioning and

98 trustworthy digital model that serves a clear purpose following the Gemini principles (Bolton et

99 al., 2018). CDBB also emphasises that a DT is an accurate digital representation of physical
100 assets, processes, or systems to the extent of detail appropriate to its purpose. This is a generic
101 definition that fits well for all studies in the DT domain despite the type of application and
102 provides a sound basis for the operation definition to be applied in this research.

103

104 To explore the definition of DT further, a general framework of DT, as identified by Compos-
105 Ferreira et al. (2019), includes three main components: the physical asset, the virtual
106 counterpart, and the connectivity between the two, allowing the physical asset and the virtual
107 asset to have bidirectional communication. In addition, Lu et al. (2020) proposed a DT
108 architecture consisting of 5 layers: data acquisition layer, transmission layer, digital modelling
109 layer, data/model integration layer and service layer. This architecture will serve as a
110 foundational reference for the subsequent analysis, where the literature will be examined in
111 relation to the specific layers and aspects of framework development it addresses.

112

113 Moreover, Evans et al. (2019) defined the maturity levels for DT on a scale of 0 to 5, as shown
114 in Table 2, with level 0 being reality capture and level 5 being autonomous operations. At level
115 3, the model is enriched with real-time data from sensors and IoTs, and this is where most of
116 the models from the reviewed articles lie. The concept of maturity level provides a more
117 quantitative measurement of DT's implementation level. There are other researchers like
118 Sharma et al. (2022) who distinguished the difference between the integration level of a digital
119 model, digital shadow and DT. A digital model does not have an information flow between the
120 physical and virtual assets. In contrast, digital shadow has a unidirectional information flow, and
121 DT has a bidirectional information flow. Sharma et al. (2022) also concluded in their review that
122 there is a need for a quantitative measure for evaluating DT. Therefore, the combination of
123 maturity level with integration level can provide a suitable scale that distinguish the existing DT
124 definitions and applications. The literatures explored in later sections will be analysed based on
125 the model's maturity and integration level as the quantitative scale can provide a better
126 comparison between the literatures.

127

128 Table 2 DT maturity level with integration level (Evans et al., 2019) (Sharma et al., 2022)

Maturity level	Key characteristic	Integration level
0	Reality capture	Digital model
1	2D map/system or 3D model	Digital model
2	Connect model to persistent (static) data, metadata and BIM Stage 2	Digital model
3	Enrich with real-time data	Digital Shadow
4	Two-way integration and interaction	Digital Twin
5	Autonomous operations and maintenance	Digital Twin

129

130 For application in DR, the scale of DT may range from a single system to the whole grid. Onile
131 et al. (2021) summarised the key components of the DT framework when applied in DR as IoTs
132 framework, where IoT devices can collect real-time data; data analysis function, where the
133 collected data can be processed into more meaningful information and extract important
134 features; and energy forecasting, where short to long term forecast could be analysed
135 conjunctionally with past energy record.

136

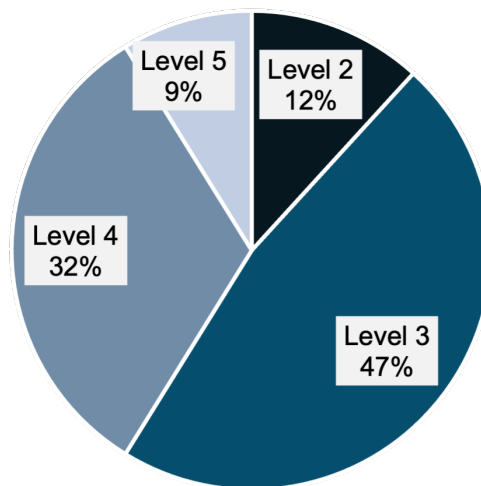
137 **4. Literature analysis**

138 This section will analyse and present the chosen literature in further detail conjunctionally with
139 the concept of DT presented previously, to understand the current state-of-the-art application
140 and challenges of applying DT for the context of DR. To enable DR in building energy
141 management, the DT applied should be more than just a digital model and have a maturity of
142 over level 3. As DR is highly time-sensitive, at level 3, the DT will provide a model with a real-
143 time update on the information required, such as the current energy use and energy prices,
144 where the real-time information captured could be further processed to provide timely DR
145 strategies for the end-users.

146

147 Figure 2 provided an overview of the maturity level of the DT applied in 34 of the analysed
148 studies. Level 3 DT accounted for the highest proportion, with 47% of the studies analysed.
149 These studies all have elements that could provide a real-time or near-real-time update of data
150 on the DT model. However, they do not allow bidirectional information flow, such as the ability to
151 control the physical asset from the digital asset. 32% of the studies applied a DT of level 4

152 maturity. For example, the model developed by Behl and Mangharam (2016) allows for the
153 automatic synthesis of DR strategies, in the case study in Benguerir, Morocco (Rochd et al.,
154 2021), the user was allowed to configure the system based on their preference via a live app.
155 12% of the studies were reported as a level 2 DT. These studies are often a work in progress.
156 For example, the model built by Agostinelli et al.(2022) has implemented BIM and Geographic
157 Information System (GIS) data in the model but has yet to connect the physical asset to the
158 virtual one with sensors or IoT. However, they have discussed the potential of utilising a more
159 elaborated DT in the future. Only 3 of the papers analysed have an automated DT of level 5
160 (Agostinelli et al., 2021) (Chandra et al., 2020) (Amato et al., 2021) and will be analysed in later
161 sections. The lack of level 5 DT used in DR could be because DR is often related to flexible
162 loads such as home appliances, which rely on manual control, and occupant willingness and
163 preference. Based on the definition of DT by Sharma et al. (2022), only maturity levels 4 and 5
164 are counted as “real” DT. The relatively low proportion of the studies in level 4 to 5 maturity
165 implies much potential in upgrading a level 3 model to a “real” DT.
166

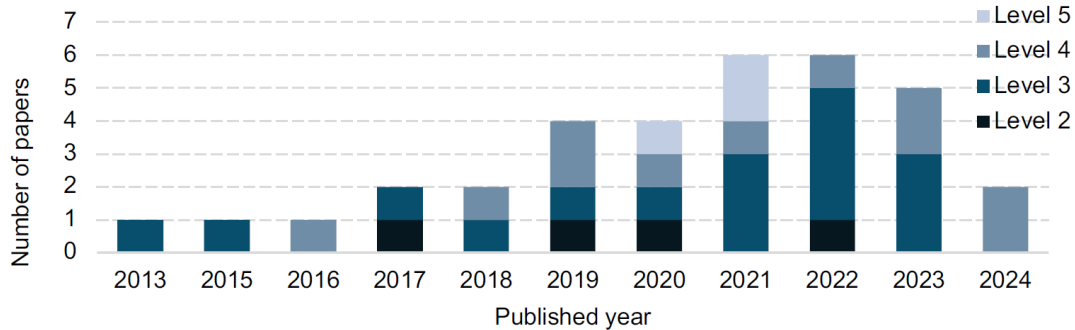


167 Figure 2 DT maturity level of the model applied in work analysed.

168

169 Figure 3 shows the relationship between the maturity level of the DT model used in each study
170 and the year of publication of the literature. There is a clear trend of increasing focus on DT in
171 the context of DR from 2019 to 2023. This review paper was reviewed in 2024 Q1, therefore,
172 only a limited number of publications from 2024 is included. Regarding the maturity level of the

173 DT models, level 3 DT accounted for the most significant proportion of the work done between
 174 2021 and 2023. The number of level 4 DTs has also slightly increased in recent years.
 175



176 Figure 3 DT maturity level of the model in work analysed and their year of publication.

177

178 4.1 DT Framework development for DR

179 20 studies were analysed in further detail due to their relevance to DT and DR. They were
 180 grouped based on their main methodology into three groups, ones on presenting a new
 181 framework, ones on case study application, and ones on developing enabling technology for DT
 182 integration. Tables 3 and Table 4 provided an overview of the literature that focused on
 183 framework development. 13 studies were chosen as they provided an innovative framework
 184 involving the topic.

185

186 In Table 3, most of the studies analysed targeted the data/model integration layer of the DT.
 187 From the system architecture defined by Lu et al. (2020), the data/ model integration layer is the
 188 layer that focuses on data analysis, processing, and visualisation. In the context of DR, this
 189 layer conducts load forecasting and synthesises decision-making schemes for DR. The only two
 190 exceptions are Pasini (2018) and Amato et al. (2021), where Pasini (2018) worked on the
 191 transmission layer and digital modelling layer by focusing on building the DT model with existing
 192 BIM and connecting the DT with IoT. While the work done by Amato et al. (2021) emphasised
 193 on the digital modelling layer by integrating a Multi-Agent-System (MAS) in the DT model.

194

195 All the literature has proposed a framework with a DT maturity level of over level 4, with the
 196 exception of Abdelrahman and Miller (2022), which is level 3. Level 4 indicated that most

197 studies have proposed a DT with bi-directional communication and interaction. Not only is the
 198 DT system enriched with real-time data, but the physical system can also be controlled via its
 199 digital counterpart. At maturity of level 5, the framework proposed by Chandra et al. (2020) with
 200 the use of energy nodes, a programmable representation of the electrical resources and
 201 interactions, was able to act DR decisions based on the electrical price and the building
 202 manager's preference and achieve cost savings of up to 62%. Amato (et al., 2021) also
 203 proposed a DT framework with level 5 maturity, where the MAS will execute control to minimise
 204 power consumption while maintaining occupant comfort. The studies analysed here are tested
 205 via simulation (Behl and Mangharam, 2016) (Bu and Yu, 2013) (Amato et al., 2021) (Song et al.,
 206 2022), small-scale controlled implementation (Abdelrahman and Miller, 2022) (Chou and
 207 Truong, 2019) or testbeds (Chandra et al., 2020) (Chen et al., 2021). Although all show positive
 208 results, they lack further testing of the proposed framework on larger-scale case studies. This is
 209 likely due to the complexity of conducting an elaborated case study and the constraints on
 210 resource availability.

211

212 Table 3 Overview of articles that targeted providing a new DT framework

Reference	Objective	Role of DT	Data Source
Behl and Mangharam (2016)	To provide a DR recommender system using the regression tree algorithm for the building's facilities manager that allows for closed-loop DR strategy synthesis and load forecasting.	Allows for real-time control synthesising	Historical weather and power data
Bu and Yu (2013)	Provide a decision-making scheme for optimal energy pricing using a four-stage Stackelberg game involving both retailer and customer for DSM.	Providing real-time bidirectional communications between retailers and customers	Advanced metering infrastructure
Chandra et al. (2020)	Creating a transactive energy-based energy management system with energy nodes for a scalable control strategy for DR	Allows for coordination of controls	Testbed with emulators
Amato et al. (2021)	DSM system for minimising power consumption and maximising human comfort using Multi-Agent System (MAS)	To be used as an autonomous network	Sensors
Abdelrahman and Miller (2022)	Using spatial proximity through applying BIM, GNN and wearable technology to identify occupants' thermal preferences.	Real-time visualisation	BIM, Smart watch

Chen et al. (2021)	Non-intrusively identify electrical appliances using fog-cloud computing and provide bi-directional information exchange interface between energy demand and supply sides.	Allows user intervention via a clean interface	Smart meter, IoT
Chou and Truong (2019)	Developing a web-based energy management system that allows load monitoring, forecasting, and automatic warnings for end users via a web interface and email.	Provide real-time information	Smart meters
Pasini (2018)	Provide real-time building insight through apps and websites to user to improve their awareness.	Connect information of different systems, allows user interaction	BIM, IoT
Song et al. (2022)	To provide a DT-based data-model fusion dispatch strategy for building energy flexibility that is capable of parameter fault tolerance and privacy protection by integrating data-driven methods with model-driven methods.	Simulation and testing, real-time update, privacy protection.	Meteonorm, TRNSYS

213

214 Table 4 also listed the literature that focused on proposing a new framework. However, the main
215 focus of the literature was on proposing new demand response algorithms, DT was used as a
216 medium for simulation to test out different algorithms for optimising DR schedule. Li and Xu
217 (2024) applied Improved Whale Optimisation Algorithm (IWOA) and Long-Short Term Memory
218 (LSTM) to simulate the DT of 10 different case studies. Zhou et al. (2023) applied Q-value
219 enabled reinforcement learning on the DT of 5 case studies. Dellaly et al. (2023) specified the
220 platform used for the DT simulation, a commercial microgrid platform SMARTNESS. They
221 stated that the platform would provide a reliable framework to validate the proposed algorithms
222 and allow for comparisons between simulated and experimental results. All other studies,
223 although did not provide extensive detail on the DT simulation, they recognised that adopting
224 DT for simulation allows for accurate real-time data collection and analysis, scenario testing,
225 and energy simulations, which is highly beneficial in the application of DR. It is also worth noting
226 that all literature analysed here were published more recently, between 2023 to 2024.

227

228 Table 4 Overview of articles that applied DT for simulation.

References	Objectives	Roles of DT	Data source
Li and Xu (2024)	To optimise the scheduling of household devices using the Improved Whale Optimisation	Simulation and testing of different DR algorithm	Historic data

	Algorithm (IWOA) and Long-Short Term Memory (LSTM) model.		
Zhou et al. (2023)	Applying Q-value enabled reinforcement learning method to optimise home appliance scheduling based on user preferences.	Simulation and testing	Historic data
Zhao and Zhang (2024)	Applying the Multi-Microgrid (MMG) architecture in renewable energy resources (RERs), with the integration of Covariance Matrix Adaptation algorithm and LSTM for precise forecasting and management of energy sources and storages.	Simulation and testing, real-time decision-making, personalised insight and interface	Historic data
Dellaly et al. (2023)	To develop an optimised energy management system that manages the injection of energy from photovoltaic (PV) systems into the distribution grid.	Simulation and testing	SMARTNESS platform

229

230

231 **4.2 Case studies of DT in DR**

232 Table 5 lists the literature overview that focuses more on the case study applications. Overall,
 233 fewer studies applied case studies, as the application is usually considered the next step in the
 234 research after developing the framework. Moreover, it is often resource-intensive to complete.

235 The main trend for the application of DT in this domain is its application in the energy

236 management system. Rochd et al. (2021) applied a home energy managing system (HEMS) in
 237 a case study in Morocco, where a level 4 DT was applied in conjunction with AI for multi-
 238 objective optimisation. The main role of the level 4 DT was to allow real-time bidirectional
 239 information exchange between systems and to provide a user interface for better control.

240 Agostinelli et al. (2021) applied a level 5 DT in their energy management system of a residential
 241 district in Rome, Italy. Compared to the study done by Rochd et al. (2021), the level 5 DT by
 242 Agostinelli et al. allows automatic control by the digital model based on the optimised energy
 243 schedule produced by the model using ML methods. Furthermore, the level 5 DT was enriched
 244 with BIM and GIS data for near real-time building simulation, which enables a more detailed
 245 investigation towards the buildings' behaviours. The live app developed by Banfi et al. (2022)
 246 allowed users to visualise real-time building performance. However, the user could not control
 247 the system via the app; hence, the DT applied in Banfi et al.'s study is only at the maturity of
 248 level 3.

249

250 Agostinelli et al. (2021) highlighted that applying DT-based real-time monitoring can bridge the
251 gap between the projected energy performance of the buildings and the actual building
252 performance. By combining historical and live data, and coupling it with AI algorithms, the DT
253 system can produce a more accurate consumption projection and provide a more tailored
254 application and response for DR. The typical limitations identified by the analysed literature are
255 the cost and complexity of implementing the system. As an elaborated DT is often associated
256 with highly complex models and large sets of data; moreover, implementing a large number of
257 sensors and their maintenance is costly. Agostinelli et al. (2021) also noted the difficulties in
258 identifying the individual energy source due to the large number of sensors applied.

259

260 Table 5 Overview of articles that focused on DT applications in DR

Reference	Objective	Role of DT	Data source	Limitations
Agostinelli et al. (2021)	Using DT and ML for energy management optimisation and automation of a residential district in Rome to reach zero energy building requirements.	Investigate building behaviours	BIM, BEM, GIS, IoT, Sensors	Complex to identify individual energy source, i.e appliances
Banfi et al. (2022)	Applying a scan to BIM to BEM method for energy-efficient building envelope retrofit and developing a live app for monitoring the DT.	Real-time visualisation and life cycle management	BIM, IoT, Sensors	Cost of sensor maintenance
Abrol et al. (2018)	Developing a data-enabled energy-saving model to align the occupant's thermal preference with the apartment's unregulated temperature.	Real-time monitoring of thermal preference	Sensors	Work depended highly on assumptions
Rochd et al. (2021)	Proposing a HEMS with AI-based multi-objective optimisation methods for demand side and supply side management in a case study in Morocco	Real-time two-way information communications , provide human-machine interface	IoT	Implementati on cost, complex model

261

262 4.3 Tools development for DT in DR

263 In addition, several tools have been developed that allow for better application of DT in DR. As
264 summarised in Table 6, the tools developed by Chen and Yan (2018) and Chen et al. (2019)

265 focused on allowing the information transfer from sensors and IoT to be more efficient using
 266 machine learning methods. HyTube, the tool developed by Chen and Yan (2018) is a
 267 middleware layer between the data and management layer and the physical devices. It provides
 268 added data security and coordinates the otherwise heterogenous appliances, which were two of
 269 the main limitations in the application of DT as identified by Chen and Yan (2018). The smart
 270 power meter created by Chen et al. (2019) also overcomes the limitation of coordination
 271 between heterogenous devices by identifying them non-intrusively using the Artificial Neural
 272 Network. The DR-Adviser developed by Behl and Mangharam (2016) is a recommender system
 273 that uses the regression trees algorithm for DR strategy synthesis for building facility managers.

274

275 Table 6 Tools developed for DT implementation in DR

Reference	Tool developed	Function
Chen and Yan (2018)	HyTube	Provide a middleware layer to unify logic and control of heterogenous physical devices in building energy system.
Behl and Mangharam (2016)	DR-Adviser	Conduct load forecasting and automatically synthesise DR strategies
Chen et al. (2019)	Smart power meter	Based on the Arduino micro-controller unit, the smart meter can non-intrusively identify electrical appliances.

276

277 5. Discussion

278 This section will explore further the findings presented in the previous sections, providing a
 279 detailed analysis of the current applications, identifying existing challenges, and proposing
 280 directions for future research.

281

282 Recently, there has been a drastic increase in the number of studies utilising DT and similar
 283 concepts in the application of DR. DT proven to be beneficial in the application of DR, as DR is
 284 highly time-sensitive, for adopting shedding and shifting events, simpler approaches might not
 285 provide ideal performance. Moreover, DR is often associated with adopting renewable
 286 generation, which requires more advanced forecasting models and decision support tools to
 287 implement short-term control strategies (Zhao and Zhang, 2024).

288

289 Although the definition of DT varies, this review mainly utilised the maturity level defined by
290 Evans et al., (2019), where six different levels (from 0 to 5) are used to describe the level of
291 integration between the physical and digital systems. The use of a quantitative description
292 allows for a better comparison between the DT of different studies. The above analysis also
293 shows the potential of future studies to be conducted on utilising or upgrading the DT to a
294 maturity level of 4 or over, as most of the current studies only applied a DT framework with a
295 maturity level of 3. The high complexity of DT with maturity over level 4 is one of the main
296 obstacles slowing the pace of progressing the DT model further, a possible research direction is
297 to develop tools or methods that will assist the integration of DT. For example, adopting
298 methods to increase the scalability and portability of frameworks across buildings to allow for
299 more seamless application. In addition, most work in this area is still exploratory, focusing on
300 framework development and has yet to be experimented on in more comprehensive
301 experiments or case studies. Further testing would be beneficial for identifying the advantages
302 and disadvantages of employing DT for DR on a larger scale, taking into account user
303 behaviour and willingness, as well as how the users engage with such technologies.

304
305 Addressing the research questions set forth at the beginning of this study, DT primarily serves
306 as an enabling tool for DR due to its capacity for real-time information exchange and clear
307 visualisation. For instance, in a home energy management system (Rochd et al., 2021), DT
308 could act as the system controller, providing human-machine interface, and clear visualisation,
309 allowing the implementation of DR to be more user-friendly for stakeholders with limited
310 knowledge such as the consumers. However, including a more elaborated DT model in a DR
311 system increased the complexity of the modelling process compared to a more traditional DR
312 system (Agostinelli et al., 2021). Moreover, the implementation cost, namely the maintenance of
313 the sensor network that is required for a DT, could be substantial (Rochd et al., 2021).

314
315 As seen in the recent increase in the number of studies that used DT as a medium for
316 simulation to test out different DR scenarios and algorithms, it is evident that simulation
317 conducted on a DT can provide valuable and accurate insight in terms of DR. DT with the
318 characteristic of being real-time and accurate, could allow for accurate simulation, and enable

319 validation between simulated and experimental data (Dellaly et al., 2023). However, most of the
320 analysed literature, although recognising the significance of using DT for simulation, they only
321 provided simulation data and minimal detail on the DT model itself. Future studies could benefit
322 from providing more detailed information on the DT model applied, enhancing the transparency
323 and reproducibility of their applications.

324

325 **6. Conclusions**

326 This review explored the state-of-the-art research conducted on DT in the context of DR. To be
327 applied in DR, the DT used should be more than just a digital model and have a maturity of over
328 level 3, which will enable bidirectional information exchange. A total of 34 articles were analysed
329 and presented in this paper. 47% of the analysed studies utilised a DT with a maturity of level 3,
330 where real-time data was integrated into the model but did not allow for bidirectional information
331 flow. 20 of the 34 articles were analysed further and grouped based on their methodology. The
332 primary trend in the use of DT in the domain of DR is to conduct monitoring and simulation,
333 such as energy load forecasting, and to provide decision-making aid, such as producing DR
334 strategies. Applying DT allows for a much clearer visualisation of the model, thus providing a
335 human-machine interface and improving the user experience of the system. Another recent
336 trend is to use the DT of different buildings to conduct simulation and testing of DR algorithms.
337 This gained popularity as it leverages the characteristics of DT to accurately represent the
338 physical asset, hence allowing accurate testing.

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340 Overall, the dramatic increase in the number of studies recently shows significant potential for
341 further research in this domain. It is important to explore areas that could further enhance DT's
342 functionality and integration. Such as the incorporation of knowledge graphs and portable
343 analytics to improve the connectivity and scalability of DT systems. Future work could benefit
344 from focusing on the examination of these developments. The main takeaway from this paper is
345 the clear visualisation and real-time data exchange facilitated by DT significantly enhances the
346 implementation of DR. Furthermore, future research should aim to bridge the gap between
347 theoretical frameworks and their practical application, emphasising on conducting experiments

348 and applying case studies to validate the advantages and address the challenges of employing
349 DT in larger-scale DR implementations.

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