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Supplementary appendix

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Cost-effectiveness of viral load testing for transitioning antiretroviral therapy-experienced

children to dolutegravir in South Africa: A modelling analysis

Supplemental Appendix

Isaac Ravi Brenner, BA

et al.

Supplemental Methods

Cohort characteristics and starting regimens

Using the CEPAC-Pediatric model, we simulated a cohort of children known to have HIV from a user-specified age to death. In the base case, we assumed all children entering the model were 8 years old and currently prescribed abacavir-lamivudine-efavirenz in South Africa. We varied starting age in sensitivity analyses, examining children with HIV aged 2 and 5 years at model start. We simulated children aged 2 years at model start to have abacavir-lamivudine-ritonavirboosted lopinavir as their starting regimen; in the no dolutegravir strategy, they transitioned to abacavir-lamivudine-efavirenz at 3 years.¹

Some children aged 8 years may be on ritonavir-boosted lopinavir at time of transition,¹ however the regimen at the time of transition is unlikely to substantially impact current virologic suppression rates, rates of clinically significant nucleoside/nucleotide reverse transcriptase inhibitors (NRTI) resistance, or subsequent response to dolutegravir. Children face similar probabilities of suppression, independent of being prescribed ritonavir-boosted lopinavir or efavirenz at model start.^{2,3} Children experiencing virological failure on ritonavir-boosted lopinavir are less likely to develop NRTI resistance while waiting for a dolutegravir-based regimen than are children with virological failure on efavirenz. ⁴ The NADIA trial demonstrated noninferiority of dolutegravir when switching antiretroviral therapy regimens.^{5,6} The clinical benefits of this strategy in children remain uncertain due to the use of efavirenz and ritonavirboosted lopinavir as available options for children. To be conservative regarding the impact of initial suppression rates for dolutegravir and NRTI resistance, we chose efavirenz as the starting regimen in the base case. We used observational and trial data in children to inform our assumptions on initial suppression rates for dolutegravir,^{7,8} however, we varied these inputs in sensitivity analyses to account for uncertainty regarding the impact of starting regimen and paediatric NRTI options.

Cost inputs

Antiretroviral therapy costs, found in manuscript Table 1 and Supplemental Table 1, varied by regimen, age, and weight, and were derived from the Clinton Health Access Initiative and World Health Organization weight-based dosing.^{9,10} CD4 and viral load test costs were derived from a South African study.¹¹ We calculated HIV-related care costs by multiplying resources used by unit costs from published data sources.^{12–15}

Overview of the CEPAC-Pediatric model

The CEPAC-Pediatric model is a Monte Carlo microsimulation model of HIV infection, diagnosis, and disease progression that runs on a monthly time cycle. Additional details regarding model structure, derivation of data about disease progression of untreated HIV, and model calibration and validation, are described in prior work.^{16–21} For further details regarding the mathematical formulas used in the model, model flowcharts, and opportunities for collaboration, we direct readers to the CEPAC website: [https://mpec.massgeneral.org/cepac](https://mpec.massgeneral.org/cepac-model/)[model/.](https://mpec.massgeneral.org/cepac-model/)

Model initiation and patient characteristics

Children enter the model at a user-specified age and are simulated until death; they undergo monthly transitions from one health state to another, reflecting the natural history of illness and the impact of antiretroviral therapy on disease progression. At model start, children are randomly assigned to a health state drawn from distributions of HIV RNA and CD4 percentage (for children < 5 years old) and absolute CD4 count (for children aged 5 years and above).

In previous work, we validated the CEPAC-Pediatric model output for both untreated^{16,21} and treated¹⁹ children with HIV over time. Although CEPAC can generate validated cohort characteristics of children at age 8 when simulated from birth, these projections depend substantially on assumptions about availability and type of HIV testing and antiretroviral therapy in previous years, which are uncertain. For this analysis, we therefore chose to assign cohort characteristics of children on antiretroviral therapy at age 8 based on clinical data from the International epidemiology Databases to Evaluate AIDS (IeDEA) cohort and other cohorts.

Untreated HIV infection

Current age and CD4%/count in each month determine the risks of disease progression, including development of acute opportunistic infections (OIs) and death. Without effective antiretroviral therapy, CD4%/count declines monthly. The model tracks true CD4%/count and HIV viral load, although clinical decisions are made based on observed information, such as symptomatic illness or observed CD4%/count or viral loads.

Treated HIV infection

All children with HIV in this analysis are on antiretroviral therapy at model start. For each line of antiretroviral therapy, we specify "antiretroviral therapy efficacy," defined as the probability of suppressing HIV viral load to <400 copies/mL (c/mL) by 6 months. Children with suppressed viral load experience CD4%/count gains each month. Individuals who initially achieve virological suppression by 6 months then face a subsequent monthly risk of virological failure ("late failure"). Following virological failure, HIV viral load gradually rises to a "set point" that is determined as a function of HIV viral load at initial infection. After virological failure, there is a 12-month delay until CD4%/count begins to decline at pre-antiretroviral therapy rates, leading to increased monthly risks of OIs and death unless virologic suppression is achieved again. If children are observed to experience virological failure, they receive a one-time probability of resuppressing on the same line of antiretroviral therapy. If an HIV viral load test performed on two consecutive occasions over one year demonstrates an HIV viral load >1,000 c/mL, then the individual is switched to the next line of antiretroviral therapy.²² We also incorporate a reduction in mortality and OI risks for individuals on antiretroviral therapy, independent of CD4 level and HIV RNA suppression.

Viral load and CD4 are modeled as continuous trajectories over time, reflecting disease progression in the absence of antiretroviral therapy and the response to sequential antiretroviral therapy regimens. Individual resistance mutations are not modeled, but the model incorporates the risk of acquiring or developing resistant virus through the impact of these events on the effectiveness of subsequent regimens (Figure 1, Table 1).

All children with HIV are modeled to undergo routine CD4 count and viral load monitoring, and subsequent adherence interventions or antiretroviral therapy regimen changes, consistent with South African guidelines.¹ Observed CD4%/count is measured every 12 months while the child is on antiretroviral therapy. Observed viral load is measured at month 6 and month 12 during the

first year on antiretroviral therapy, and then every 12 months thereafter. These time points are consistent with the guidelines from the Republic of South Africa Department of Health.¹

Zidovudine-induced anaemia

All modeled children with confirmed viremia switch to zidovudine-lamivudine-dolutegravir in the viral load plus dolutegravir strategy. Published observational studies show a significant association between the use of zidovudine and anaemia in children.^{23–27} We evaluated the clinical and cost impact of zidovudine-induced anaemia in a sensitivity analysis. We incorporated an increased monthly risk of virological failure (0.6%/month) for zidovudine-lamivudinedolutegravir to account for anaemia-related complications and hospitalizations. This increased risk represents an overestimation of zidovudine-induced anaemia since some children who acquire anaemia may switch to another NRTI without incurring an additional risk of virological failure. Consistent with World Health Organization guidelines, we modeled haemoglobin testing at 6-month intervals for children on zidovudine-lamivudine-dolutegravir.28 We derived the cost of haemoglobin testing based on existing literature regarding laboratory haemoglobin testing costs, result return to patient costs, and facility/overhead costs.^{29–32} To be conservative with respect to the potential cost-effectiveness of the viral load plus dolutegravir strategy, we used a cost of \$3/month for haemoglobin testing for children on zidovudine-lamivudine-dolutegravir. See Table 3 in the manuscript for results.

Additional multivariate sensitivity analyses

We conducted both univariate sensitivity analyses, varying individual model parameters, and multivariate sensitivity analyses, in which we simultaneously varied combinations of parameters that were influential in univariate analyses.

To better understand the impact of dolutegravir-based regimens on children with HIV with viraemia, we simultaneously varied: 1) 24-week virologic suppression for zidovudinelamivudine-dolutegravir for those with virological failure and resistance (60-90%, base case: 90%) and 2) the monthly late-failure risk beginning 24 weeks after switch to abacavirlamivudine-dolutegravir in the dolutegravir strategy for all children with virological failure (0.2- 0.6%, base case: 0.2%).

We chose not to model a strategy where all children switch to zidovudine-lamivudinedolutegravir without a viral load test, as this would be clinically inferior to the other strategies and is not consistent with current guidelines.

Supplemental Table 1. Extended model input parameters

 $*$ Range by CD4; \dagger Range by age.

SD: Standard deviation.

Supplemental Table 2. Scenario analysis: All children with HIV in the no dolutegravir strategy are eligible for tenofovir disoproxillamivudine-dolutegravir as a salvage regimen

Strategies are arranged by increasing discounted costs. Undiscounted and discounted life expectancies are rounded to the nearest hundredth. Costs are rounded to the nearest tenth and are presented in 2020 USD. Discounted values are discounted at 3% per year. Incremental cost-effectiveness ratios (ICERs) are calculated using unrounded discounted life expectancy and discounted costs. The preferred strategy was the strategy that was the most effective and least costly or the strategy that offered the greatest increase in overall population life expectancy while still having an ICER less than the cost-effectiveness threshold (\$2,828/LYS) when compared to the next strategy.

ICER: incremental cost-effectiveness ratio; **LE:** life expectancy; **LYS:** life-years saved; **Undisc:** undiscounted; **USD:** US dollars; **viral load:** viral load; **y:** years.

Supplemental Table 3. Sensitivity analysis: Viral load test result-return time

Supplemental Table 3. Sensitivity analysis: Viral load test result-return time (cont.)

Supplemental Table 3. Sensitivity analysis: Viral load test result-return time (cont.)

Strategies are arranged by increasing discounted costs. Undiscounted and discounted life expectancies are rounded to the nearest hundredth. Costs are rounded to the nearest tenth and are presented in 2020 USD. Discounted values are discounted at 3% per year. Incremental cost-effectiveness ratios (ICERs) are calculated using unrounded discounted life expectancy and discounted costs. The preferred strategy was the strategy that was the most effective and least costly or the strategy that offered the greatest increase in overall population life expectancy while still having an ICER less than the cost-effectiveness threshold (\$2,828/LYS) when compared to the next strategy.

ICER: incremental cost-effectiveness ratio; **LE:** life expectancy; **LYS:** life-years saved; **Undisc:** undiscounted; **USD:** US dollars; **y:** years.

Supplemental Table 4. Sensitivity analysis: Viral load test costs

Strategies are arranged by increasing discounted costs. Undiscounted and discounted life expectancies are rounded to the nearest hundredth. Costs are rounded to the nearest tenth and are presented in 2020 USD. Discounted values are discounted at 3% per year. Incremental cost-effectiveness ratios (ICERs) are calculated using unrounded discounted life expectancy and discounted costs. The preferred strategy was the strategy that was the most effective and least costly or the strategy that offered the greatest increase in overall population life expectancy while still having an ICER less than the cost-effectiveness threshold (\$2,828/LYS) when compared to the next strategy.

ICER: incremental cost-effectiveness ratio; **LE:** life expectancy; **LYS:** life-years saved; **Undisc:** undiscounted; **USD:** US dollars; **y:** years.

Supplemental Table 5. Sensitivity analysis: Antiretroviral therapy costs

Supplemental Table 5. Sensitivity analysis: Antiretroviral therapy costs (cont.)

Strategies are arranged by increasing discounted costs. Undiscounted and discounted life expectancies are rounded to the nearest hundredth. Costs are rounded to the nearest tenth and are presented in 2020 USD. Discounted values are discounted at 3% per year. Incremental cost-effectiveness ratios (ICERs) are rounded to the nearest dollar and are calculated using unrounded discounted life expectancy and discounted costs. The preferred strategy was the strategy that was the most effective and least costly or the strategy that offered the greatest increase in overall population life expectancy while still having an ICER less than the cost-effectiveness threshold (\$2,828/LYS) when compared to the next strategy.

ICER: incremental cost-effectiveness ratio; **LE:** life expectancy; **LYS:** life-years saved; **TLD**: tenofovir; **Undisc:** undiscounted; **USD:** US dollars; **y:** years.

Age	Strategy	LE, y	Costs, USD	LE, y	Costs, USD	ICER (\$/LYS)
		(Undisc)	(Undisc)	(Discounted)	(Discounted)	
	Dolutegravir	31.06	25,880	18.29	14,410	Comparator
2 years	Viral load plus dolutegravir	$31 \cdot 17$	25,930	18.31	14,430	$1,150^{\dagger}$
	No dolutegravir	23.31	22,930	15.36	14,460	Less effective, more expensive
	Viral load plus dolutegravir	40.92	25,680	21.54	13,020	Comparator [†]
5 years	Dolutegravir	40.79	25,740	21.50	13,090	Less effective, more expensive
	No dolutegravir	35.21	27,190	20.05	14,550	Less effective, more expensive

Supplemental Table 6. Sensitivity analysis: Age at time of dolutegravir transition

Strategies are arranged by increasing discounted costs. Undiscounted and discounted life expectancies are rounded to the nearest hundredth. Costs are rounded to the nearest tenth and are presented in 2020 USD. Discounted values are discounted at 3% per year. Incremental cost-effectiveness ratios (ICERs) are rounded to the nearest dollar and are calculated using unrounded discounted life expectancy and discounted costs. The preferred strategy was the strategy that was the most effective and least costly or the strategy that offered the greatest increase in overall population life expectancy while still having an ICER less than the cost-effectiveness threshold (\$2,828/LYS) when compared to the next strategy.

ICER: incremental cost-effectiveness ratio; **LE:** life expectancy; **LYS:** life-years saved; **Undisc:** undiscounted; **USD:** US dollars; **y:** years.

Supplemental Figure Legends

Supplemental Figure 1. Bar graph depicting per-person cumulative costs in the base case, by strategy. Costs include direct medical costs (i.e., non-HIV-related healthcare costs, depicted in light blue), routine HIV-related care costs (ranging by CD4 from \$20- 155/month, depicted in orange), CD4 test costs (\$7/test, conducted once yearly while the child is on antiretroviral therapy, depicted in gray), viral load test costs (\$25/test, conducted at month 6 and month 12 during the first modeled year, and then every 12 months thereafter, depicted in gold), efavirenz-based antiretroviral therapy costs (ranging by age from \$11-12/month, depicted in maroon), dolutegravir-based antiretroviral therapy costs (ranging by age from \$5-13/month, depicted in green), and PI-based antiretroviral therapy costs (ranging by age from \$19-24/month). The no dolutegravir strategy (on the left) had the highest overall per-person cumulative costs at \$26,480. The per-person cumulative costs were very close for the dolutegravir strategy (in the middle) at \$24,650 and the viral load plus dolutegravir strategy (on the right) at \$24,600. For all strategies, routine HIV-related care costs and direct medical costs comprised the majority component costs, with similar total costs for each component across strategies. After that, the highest component cost was protease-inhibitor-based antiretroviral therapy, ranging from \$6,534 total in the no dolutegravir strategy, \$3,539 in the dolutegravir strategy, and \$3,491 in the viral load plus dolutegravir strategy.

Abbreviations: ART: antiretroviral therapy; DTG: dolutegravir; EFV: efavirenz; PI: protease inhibitor; VL: viral load.

Supplemental Figure 2. Bar graph depicting average per-person time spent on each regimen, by strategy. Time spent (in years) on efavirenz-based antiretroviral therapy is depicted in blue, time spent on dolutegravir-based antiretroviral therapy is depicted in orange, time spent on protease inhibitor-based antiretroviral therapy depicted in gray, and time spent lost to follow-up is depicted in gold. Individuals in the viral load plus dolutegravir (top) and dolutegravir (middle) strategies spent the most time on dolutegravir-based antiretroviral therapy (22.00 years). In the no dolutegravir strategy (bottom), individuals spent the most time on protease inhibitorbased antiretroviral therapy (22.53 years). Overall time is higher in the viral load plus dolutegravir and dolutegravir strategies, reflecting the longer life expectancy of individuals modeled within those strategies.

Abbreviations: ART: antiretroviral therapy; DTG: dolutegravir; EFV: efavirenz; LTFU: lost to follow-up; PI: protease inhibitor; VL: viral load.

Supplemental Figure 3. Multivariate sensitivity analysis: Variation in both 24-week virologic suppression on zidovudine-lamivudinedolutegravir (for children with HIV with virological failure due to resistance on initial regimen) and monthly late-failure risk for those on abacavir-lamivudine-dolutegravir (for children with HIV with virological failure, regardless of resistance, on initial regimen). Results for base-case costs are shown in Panel A. We simulated scenarios in which abacavir-lamivudine-dolutegravir is half the cost of the base case (Panel B) and zidovudine-lamivudine-dolutegravir is double the cost of the base case (Panel C) to model scenarios in which paediatric zidovudine is no longer less expensive than abacavir. For all panels, blue solid cells denote combinations of

parameters where the dolutegravir strategy is cost-effective (ICER <\$2,828/life-year saved) compared to the viral load plus dolutegravir strategy*,* yellow solid cells denote combinations of parameters where the viral load plus dolutegravir strategy is costeffective compared to the dolutegravir strategy, blue hashed cells show combinations where the viral load plus dolutegravir strategy is more clinically effective than dolutegravir but is not cost-effective (ICER \geq \$2,828/life-year saved), making dolutegravir the economically preferred strategy, and yellow hashed cells show combinations where the dolutegravir strategy is more clinically effective than the viral load plus dolutegravir strategy but is not cost-effective (ICER ≥\$2,828/life-year saved), making the viral load plus dolutegravir strategy the economically preferred strategy. The vertical axis shows values of 24-week virologic suppression on zidovudine-lamivudine-dolutegravir for children with HIV with virologic resistance. The base-case value is 90%, and the corresponding value for abacavir-lamivudine-dolutegravir (in the viral load plus dolutegravir strategy) is held constant at 85%. The horizontal axis shows values of monthly late-failure risk on abacavir-lamivudine-dolutegravir. The base-case value is 0.2%/month, and the corresponding value for zidovudine-lamivudine-dolutegravir is held constant at 0.2%/month. As 24-week virologic suppression for zidovudine-lamivudine-dolutegravir decreases (moving down within each column), the dolutegravir strategy becomes preferred to the viral load plus dolutegravir strategy for explored late-failure risks <0.4%/month. As late-failure risk increases (moving left-to-right across the figure), the viral load plus dolutegravir strategy becomes preferred to dolutegravir. Even as abacavir became less costly (Panel B) and zidovudine more costly (Panel C), the viral load plus dolutegravir strategy remained the preferred strategy for the base-case values of 24-week suppression on zidovudine and late failure on abacavir.

Abbreviations: 3TC: lamivudine; ABC: abacavir; CE: cost-effective; CWH: children with HIV; dolutegravir: dolutegravir; ICER: incremental cost-effectiveness ratio; LYS: life-years saved; VL: viral load; ZDV: zidovudine.

Supplemental Figure 1. Per-person cumulative costs

Supplemental Figure 2. Time spent on each regimen, by strategy

Supplemental Figure 3. Variation in both 24-week virologic suppression on zidovudine-lamivudine-dolutegravir for those with virological failure due to resistance and monthly late-failure risk for all children with HIV with virological failure on abacavirlamivudine-dolutegravir

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