Table 1:

Participant demographics including bereavement and cycling information for those individuals who participated in interviews.

Pseudonym	Age	Sex	Who Died	Cause of death	How long since death	Participant age at bereavement	How long been cycling for	Days cycle per month	Cycling alone with others
Phil	25	Male	Parent	Natural and Other	9 Months	24 years	10 years	10	With others
Colin	27	Male	Grandparent, other	Natural Cause	< 1 Year	27 years	20 years	4	Alone
Robert	58	Male	Parent	Illness, Other	7 Years	52 years	6 Years	15	Alone
William	52	Male	Sibling, Friend	Illness	1 year 4 months	53 years	18	24	With Others
Reuben	30	Male	Parent	Illness	4 years 7 months	25 years	20 years	4-6	With others
Frank	28	Male	Parent	Illness	7 Months	27 years	13 years	15-20	With others
Lily	67	Female	Child	Illness	10 Years	57 years	7 years	20	With Others
Josh	52	Male	Sibling Friend	Natural Cause	4 years 9 months 4 years 7 months	62 and 65 years	47 years	15	Alone
Susan	62	Female	Sibling	Illness	7 months	62 years	All life (5 years serious)	8	With others
Louise	40	Female	Parent	Illness	10 Months	39 years	10 years	2	Alone
Phoebe	40	Female	Parent	Illness	1 Year	39 years	1 year 4 months	20	With others
Adrian	69	Male	Friend	Illness	6 Months	68 years	7 years	12-15	Both
Laura	56	Female	Spouse	Suicide	4 years 9 months	51 years	5 years	16-20	With others
Jessica	60	Female	Parents	Illness	7 years 7 months 6 years 4 months	53 and 54 years	4 years	8	Both