A recurrent missense variant in ITPR3 causes demyelinating

Charcot-Marie-Tooth with variable severity

- Danique Beijer, 1,2,† Maike F. Dohrn, 1,3,† Adriana Rebelo, 1 Matt C. Danzi, 1 Bianca Rose Grosz, 4 3
- Melina Ellis, Kishore R. Kumar, Steve Vucic, Horia Vais, Jillian S. Weissenrieder, Olesia 4
- Lunko, ⁷ Usha Paudel, ⁷ Leah C. Simpson, ⁷ Jacquelyn Raposo, ¹ Mario Saporta, ^{1,8} Yeisha Arcia, ¹ 5
- Isaac Xu, Shawna Feely, Christopher J. Record, Julian Blake, Mary M. Reilly, Steven 6
- Scherer, ¹² Marina Kennerson, ^{4,5} Yi-Chung Lee, ¹³ J. Kevin Foskett, ^{7,14} Michael Shy, ¹⁵ Inherited 7
- 8 Neuropathy Consortium and Stephan Zuchner¹
- [†]These authors contributed equally to this work. 9

Abstract

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- Charcot-Marie-Tooth (CMT) disease is a neuromuscular disorder affecting the peripheral 11
- nervous system. The diagnostic yield in demyelinating CMT (CMT1) is typically ~80-95%, of 12
- 13 which at least 60% is due to the PMP22 gene duplication. The remainder of CMT1 is more
- 14 genetically heterogeneous.
- We used whole exome and whole genome sequencing data included in the GENESIS database to 15
- 16 investigate novel causal genes and mutations in a cohort of ~2,670 individuals with CMT
- 17 neuropathy.
- 18 A recurrent heterozygous missense variant p.Thr1424Met in the recently described CMT gene
- ITPR3, encoding IP₃R3 (inositol 1,4,5-trisphosphate receptor 3) was identified. This previously 19
- reported p.Thr1424Met change was present in 33 affected individuals from nine unrelated 20
- 21 families from multiple populations, representing an unusual recurrence rate at a mutational
- hotspot, strengthening the gene-disease relationship (GnomADv4 allele frequency 1.76e-6). 22
- 23 Sanger sequencing confirmed the co-segregation of the CMT phenotype with the presence of the
- 24 mutation in autosomal dominant and de novo inheritance patterns, including a four-generation
- 25 family with multiple affected second-degree cousins.

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- 1 Probands from all families presented with slow nerve conduction velocities, matching the
- 2 diagnostic category of CMT1. Remarkably, we observed a uniquely variable clinical phenotype
- 3 for age at onset and phenotype severity in p.Thr1424Met carrying patients, even within families.
- 4 Finally, we present data supportive of a dominant-negative effect of the p.Thr1424Met mutation
- 5 with associated changes in protein expression in patient-derived cells.

Author affiliations:

6

- 8 1 Department of Human Genetics and John P. Hussman Institute for Human Genomics,
- 9 University of Miami Miller School of Medicine, Miami, 33136 FL, USA
- 10 2 Translational Genomics of Neurodegenerative Diseases, Hertie-Institute for Clinical Brain
- 11 Research, University of Tübingen, 72076 Tübingen, Germany
- 12 3 Department of Neurology, Medical Faculty RWTH Aachen University, 52074 Aachen,
- 13 Germany
- 4 Northcott Neuroscience Laboratory ANZAC Research Institute, Sydney Local Health District,
- 15 School of Medical Sciences, University of Sydney, NSW 2139, Sydney, Australia
- 16 5Department of Neurology and Molecular Medicine Laboratory, Sydney Medical School,
- 17 University of Sydney, Concord Hospital, NSW 2139, Sydney, Australia
- 18 6 Brain and Nerve Research Centre, Concord Hospital, Sydney Medical School, University of
- 19 Sydney, NSW 2139, Sydney, Australia
- 20 7 Department of Physiology, Perelman School of Medicine, University of Pennsylvania,
- 21 Philadelphia, 19104 PA, USA
- 22 8 Department of Neurology, University of Miami Miller School of Medicine, Miami, 33136 FL,
- 23 USA
- 24 9 Neurology, The University of Iowa Roy J and Lucille A Carver College of Medicine, Iowa
- 25 City, 55242 IA, USA
- 26 10 Centre for Neuromuscular Diseases, UCL Queen Square Institute of Neurology, Queen
- 27 Square, WC1N36BG London, United Kingdom

- 1 11 Department of Clinical Neurophysiology, Norfolk and Norwich University Hospital, NR4
- 2 7UY Norwich, UK
- 3 12 Department of Neurology, The Perelman School of Medicine, University of Pennsylvania,
- 4 Philadelphia, 19104 PA, USA
- 5 13 Department of Neurology, Taipei Veterans General Hospital, 112 Taipei, Taiwan
- 6 14 Department of Cell and Developmental Biology, Perelman School of Medicine, University of
- 7 Pennsylvania, Philadelphia, 19104 PA, USA
- 8 15 Department of Neurology, University of Iowa, Carver College of Medicine, Iowa City, 55242
- 9 IA, USA
- 10
- 11 Correspondence to: Stephan Züchner
- 12 University of Miami Miller School of Medicine
- 13 Biomedical Research Building (BRB)
- 14 Room 616, LC: M-860
- 15 1501 NW 10th Avenue
- 16 Miami, FL 33136, USA
- 17 E-mail: szuchner@med.miami.edu
- 18
- 19 Running title: ITPR3 causes remarkably variable CMT1
- 20
- 21 **Keywords:** demyelinating Charcot-Marie-Tooth disease; next-generation sequencing; inositol
- 22 1,4,5-trisphosphate
- 23 Abbreviations: CMT Charcot Marie-Tooth disease; CMT1 demyelinating Charcot Marie-
- Tooth disease; CMT examination score CMTES; ER endoplasmic reticulum; next-generation
- sequencing NGS; WES whole exome sequencing; WGS whole genome sequencing

1 Introduction

- 2 The modulation of cytoplasmic Ca²⁺ concentrations is a ubiquitous cellular process that regulates
- 3 numerous important cellular pathways. Inositol 1,4,5-trisphosphate receptors (IP₃R), located in
- 4 the endoplasmic reticulum (ER), are capable of releasing internal Ca²⁺ stores and play an
- 5 essential role in this process. Humans have three IP₃R subtypes (IP₃R1, IP₃R2, and IP₃R3),
- 6 encoded by three separate genes *ITPR1*, *ITPR2*, and *ITPR3*.¹⁻³
- 7 All three IP₃Rs assemble into tetrameric channel complexes composed of either identical
- 8 (homotetramer) or different IP₃R subtypes (heterotetramer). IP₃ binds to the IP₃R within the
- 9 complex promoting subsequent release of Ca²⁺ from the ER. While overlapping in their general
- 10 function and structure, the three different IP₃R subtypes are different in their amino acid
- sequence as well as their IP₃ affinity and modulation by Ca²⁺ and ATP.³⁻⁶ Furthermore, the
- 12 different isoforms seem distinctly expressed in a spatiotemporal manner, with different
- 13 combinations of subtypes co-expressed in tissues and developmental stages. Subcellular
- 14 differences in subtype localization are also thought to modulate Ca²⁺ release pattern and
- 15 downstream functional outcomes.⁶
- The differences in cellular, and potentially subcellular, localization appear distinctly linked with
- different human diseases. IP₃R₁, encoded by *ITPR1*, is highly expressed in Purkinje cells and,
- when mutated, causes cerebellar ataxia in both mice and humans.^{7,8} IP₃R3 is predominantly
- 19 expressed in the paranodal region in Schwann cells. In a limited number of families, mutations
- 20 in ITPR3 have been linked with the peripheral nervous system disorder Charcot-Marie-Tooth
- 21 disease. 10-12
- 22 Charcot-Marie-Tooth (CMT) disease is a rare neuromuscular disorder affecting the peripheral
- 23 nervous system. The diagnostic yield in demyelinating CMT (CMT1) is typically ~80-95%, of
- 24 which at least 60% is due to the *PMP*22 gene duplication.¹³ The remainder of CMT1 is more
- 25 genetically heterogeneous.
- In this study, we present a highly recurrent ITPR3 (NM_002224.4) c.4271C>T p.Thr1424Met
- 27 missense variant in exon 32 (hg38), first identified by Schabhuttl et al. 10 in nine families with
- 28 demyelinating CMT that further confirms the association between ITPR3 mutations and
- 29 specifically demyelinating Charcot-Marie-Tooth disease. Our extended dataset comprising 33

- 1 affected individuals significantly strengthens the association between the ITPR3 and CMT
- 2 beyond the initially observed limited number of families. Functional assessment of the recurrent
- 3 p.Thr1424Met mutation demonstrated protein loss in patient fibroblasts for IP₃R3. The recurrent
- 4 nature of the mutation allowed us to perform an in-depth analysis of the clinical phenotype
- 5 associated with the mutation, demonstrating a uniquely high phenotypic variability between
- 6 individuals.

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Materials and methods

Patient recruitment and selection

- 10 Patients with rare presumed genetic neuropathy phenotypes were recruited at neuropathy
- 11 reference centers worldwide. Informed consent for study participation was obtained based on the
- local and legal guidelines. Our study complies with the Declaration of Helsinki. For inclusion in
- 13 the study, patients were considered genetically undiagnosed, meaning at the time of examination,
- 14 no known genetic cause was known for the patient.

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Clinical examination and data collection

- 17 All patients were examined by experienced neurologists, and relevant information was collected
- using a standardized clinical record form (Table 1, Supplementary table 1 and Supplementary
- 19 table 2). Cohort characteristics were determined by calculating means and counts, without
- additional statistical testing (Table 1).

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Next-generation sequencing

- Whole exome sequencing (WES) or whole genome sequencing (WGS) was performed on at least
- 24 the proband for each family. For WES, exome enrichment was performed using the SureSelect
- 25 Human All Exon Kit (Agilent, Santa Clara, CA, USA) with subsequent sequencing for both
- WES and WGS on a HiSeq 2500 instrument (Illumina, San Diego, CA, USA). The Burrows-
- Wheeler aligner was used for sequence alignment and Freebayes for variant calling. WES and

- 1 WGS data were uploaded into the GENESIS platform, which was also used to analyze potential
- 2 pathogenic variants.¹⁴ Segregation of candidate variants was subsequently assessed by Sanger
- 3 sequencing in all available family members.

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Cell culture

- 6 Fibroblast cells were cultured from skin biopsies from the proband of family 1, and unrelated
- 7 healthy control individuals. Fibroblast, HEK293 and rat Schwannoma cells (RT4-D6P2T; ATCC,
- 8 Manassas, VA) were cultured in Dulbecco's modified Eagle medium containing 10% (v/v) fetal
- 9 bovine serum (FBS), 1% (v/v) 100x antibiotics (penicillin and streptomycin) and 1% (v/v)
- 10 100mM sodium pyruvate under humidified air at 37°C in 5% CO₂. U2OS cells were cultured in
- 11 McCoy medium with 10% (v/v) FBS, 1% (v/v) 100x antibiotics and 1% (v/v) 100mM sodium
- 12 pyruvate. Healthy control iPSC-derived motor neurons were generated and cultured according to
- a previously established protocol and used for protein analysis. 15

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Over-expression model

- Two vectors containing the wild-type (WT) human ITPR3 [NM_002224.3] ORF under a CMV
- promoter, one with C-terminal MYC and one with C-terminal 3xHA tag were obtained from
- 18 GeneCopoeia [Y5263]. Site-directed mutagenesis to introduce the p.Thr1424Met mutation was
- 19 performed using the Q5 site-directed mutagenesis kit (NEB), implementation of the mutation
- 20 was confirmed by Sanger sequencing. HEK293 cells were transfected with either the WT or
- 21 p.Thr1424Met mutant plasmid using Lipofectamine 3000 (Invitrogen). Cells were collected 24
- 22 hours post transfection.

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Western blot

- 25 Cells for western blot were lysed with RIPA buffer containing protease inhibitors (cOmplete TM
- 26 Protease Inhibitor Cocktail, Roche) and protein concentrations were measured with a BCA kit
- 27 (PierceTM BCA Protein Assay, ThermoScientific). Protein lysates were combined with 4x sample
- buffer with SDS and size fractioned on a 4-12% SDS-PAGE gels (NuPAGETM 4 to 12%, Bis-

- 1 Tris, Invitrogen). Proteins were transferred to PVDF membranes which were then blocked with
- 2 5% (w/v) milk in TBST (10mM Tris.HCl, 15mM NaCl, 0.05% Tween 20 at pH 7.5). The
- 3 following dilutions of primary antibodies were incubated for 2 h at room temperature or
- 4 overnight at 4°C: rabbit IP₃R1 1:400 (Yule lab), mouse IP₃R2 1:1000 (Santa Cruz: sc-398434),
- 5 mouse IP₃R3 1:2000 (BD Biosciences: 2/IP₃R-3), mouse GAPDH 1:1000 (Santa Cruz: sc-
- 6 32233), mouse HA (1:1000, 6E2 Cell Signaling), mouse MYC (1:1000, 9B11 Cell Signaling),
- 7 and beta-tubulin (1:2000, D-10 Santa Cruz, sc-5274). An appropriate dilution of secondary
- 8 antibodies (1:4000) were incubated for 1 h at room temperature: anti-mouse HRP (7076 Cell
- 9 Signaling), anti-rabbit HRP (7074 Cell Signaling).

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Co-immunoprecipitation

- 12 HEK cells were seeded in 10cm dishes and at 70% confluency were co-transfected in the
- 13 following construct combinations: (1) ITPR3-WT-HA and ITPR3-WT-MYC, (2) ITPR3-WT-HA
- and ITPR3-Thr1424Met-MYC, (3) ITPR3-Thr1424Met-HA and ITPR3-Thr1424Met-MYC,
- using Lipofectamine 3000 (Invitrogen). Cells were harvested 24 hours post transfection and
- 16 lysed using IP buffer (PierceTM IP Lysis Buffer, Thermo Scientific, 87787). Co-
- immunoprecipitation was performed using DynabeadsTM Protein G (Invitrogen, 10009D) coated
- with mouse HA antibody (1:200, C29F4 Cell Signaling), with subsequent immunoblotting for
- 19 mouse HA (1:1000, 6E2 Cell Signaling) or mouse MYC (1:1000, 9B11 Cell Signaling)
- 20 (Supplementary 2B left and right) and mouse GAPDH 1:1000 (sc-32233, Santa Cruz) or rabbit
- 21 GAPDH 1:1000 (14C10, Cells signaling). Appropriate secondary antibodies were used 1:4000
- for 1h at room temperature: anti-mouse HRP (7076 Cell Signaling), anti-rabbit HRP (7074 Cell
- 23 Signaling).

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RNA sequencing analysis

- 26 Re-analysis of transcriptomics data from Peng et al. 16 was performed using the iDEP.95
- software to normalize the data and obtain CPM values. 16,17

1 RNA analysis of patient fibroblasts

- 2 Fibroblasts for RNA analysis were seeded in triplicate and stimulated with cycloheximide as
- 3 previously described. 18 Fibroblasts for RNA extraction were subsequently collected and washed
- 4 with PBS, before freezing at -80°C. RNA extraction was performed using the Qiagen RNeasy
- 5 Mini Plus kit and reverse transcribed template prepared using the QuantiTect Reverse
- 6 Transcription kit (Qiagen). Primers were designed to amplify cDNA of ITPR3 exons 31-34
- 7 (Forward: 5'-CAGCCCCTCATGTACCACA-3', Reverse: 5'-
- 8 GCTGTAGCCACGGACACTCG-3') and Sanger sequenced.

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Immunostaining

- 11 U2OS cells were seeded in 8-well slides (μ-Slide 8 Well slides, Ibidi) at 70% confluency, and left
- 12 to attach overnight. Cells were then co-transfected using Lipofectamine™3000 (Invitrogen) with
- 13 ITPR3-WT-HA and either ITPR3-WT-MYC or ITPR3-Thr1424Met-MYC. The transfected cells
- were subsequently probed with rabbit MYC (1:100, 9B11 Cell Signaling) and mouse HA (1:100,
- 15 6E2 Cell Signaling) antibodies for 2h at room temperature, secondary antibodies mouse-594,
- rabbit-488 (1:400) for 1h at room temperature and DAPI (1:1000).

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Single IP₃R3 channel electrophysiology

- 19 HEK293T cells were cultured in 15 cm plates using L-glutamine, 4.5g/L glucose and 1% sodium
- 20 pyruvate DMEM medium (Corning cat. # MT10-013-CM), supplemented with 10% FBS
- 21 (HyClone), 1% antibiotic-antimycotic (gibco, 15240-062), at 37°C in 5% CO₂. Medium was
- 22 refreshed every 2-3 days. HEK293T cells with all three IP₃R isoforms deleted (Kerafast,
- 23 EUR030) were transfected with 50 μg of pIRES-ITPR3-WT-GFP or pIRES-ITPR3-T1424M-
- 24 GFP plasmids for 48h with Lipofectamine 3000 (ThermoFisher Scientific, L3000001). Briefly,
- 25 87 μL of Lipofectamine 3000 reagent was mixed into 1000 μL OptiMEM (ThermoFisher
- Scientific, 31985070) for Mix 1, and 112 µL of P3000 and 50 µg plasmid were mixed into 1000
- 27 μL OptiMEM for Mix 2. 1000 μL of Mix 1 was added to Mix 2 by inversion, then allowed to sit
- for 10 min at room temperature before being added dropwise to >80% confluent 15 cm plates in

complete media. Cells were then incubated at 5% CO₂ and 37°C for 48 h before electrophysiology studies. Patch-clamp electrophysiology of nuclei isolated from transiently transfected HEK293T cells was performed as described ¹⁹. The bath and pipette solutions contained (in mM): 140 KCl and 10 HEPES (pH 7.3). The bath solution contained 0.06 mM $CaCl_2$ and 0.5 BAPTA (free $[Ca^{2+}] < 70$ nM calculated with MaxChelator). Pipette solutions facing the cytoplasmic side of the IP₃R3 contained either 2 µM or 30 µM free [Ca²⁺] ([Ca²⁺]_{free}) buffered with either 0.5 mM 5.50-dibromo 1,2-bis(o-aminophenoxy)ethane-N,N,N0,N0tetraacetic acid (diBrBAPTA, Invitrogen D-1211 or Santa Cruz Biotechnology sc-2273516) or 0.5 mM NTA (nitrilotriacetic acid; Sigma). Pipette solutions also contained 0.5 mM Na₂ATP and either sub-saturating 1 µM or saturating 10 µM IP₃ (Santa Cruz Biotechnology sc-201521) to stimulate IP₃R3 channel gating ^{20,21}. IP₃R3 channel-current traces under constant applied potential (V_{app}) were acquired at room temperature as described, digitized at 5 kHz, and antialiasing filtered at 1 kHz. All V_{app} were relative to the reference bath electrode ²². IP₃R3 channel gating characteristics—number of active channels observed (NA) and open probability (P_0) were derived from current traces using semi-automatic QuB ²³ and fully-automatic ²⁴ software and manually using IGOR Pro software (Wavemetrics). Only current traces long enough for NA to be determined with >99% confidence were used for statistical analysis ²⁵.

Results

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Genetic findings

In the analysis of >2,670 next-generation sequencing (NGS) datasets of patients with peripheral neuropathies and 16,000 controls (non-neuropathy phenotypes), we discovered the presence of a recurrent missense mutation in *ITPR3*, a gene previously associated with CMT in a limited number of families. ^{10,11} After the initial identification of the *ITPR3* p.Thr1424Met (NM_002224.4: c.4271C>T, p.Thr1424Met) variant in NGS data of 9 families, additional segregation analyses by Sanger sequencing allowed assessment of the variant in a total of 72 individuals, in which 33 were affected and 39 were unaffected. Co-segregation of the p.Thr1424Met variant and the neuropathy phenotype confirmed a dominant inheritance pattern in six of the families and *de novo* inheritance in one family (Figure 1). Family 1 had 12 affected

- 1 individuals available for our study, which supported a two-point LOD score of 3.6 for this
- 2 variant. The p.Thr1424Met variant has a CADD score of 34, a dominant MAVERICK score of
- 3 0.90, AlphaMissense score of 0.9495, one occurrence in 566,682 chromosomes in GnomAD v4,
- 4 and a missense constraint Z score of 5.26.²⁶⁻²⁸
- 5 The recurrence of the p.Thr1424Met change in nine families is likely due to a mutational hot
- 6 spot. The genetic backgrounds and ethnicities include European, Taiwanese, and Sri Lankan
- 7 origin (Supplementary table 1). Further, family 5 was a *de novo* case with confirmed paternity
- 8 (Figure 1). We investigated this possibility of a major haplotype by establishing a SNV pattern in
- 9 family 1, based on WGS in five individuals [1.III.03, 1.III.1, 1.IV.06, 1.IV.10 and 1.V.05] and
- assessing whether this SNV pattern was found in the other families. We found no evidence for a
- 11 founder effect in any of the families, supporting the likelihood of a mutational hot spot.

Clinical findings

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- 14 Herein, we describe 33 individuals from nine unrelated families, all carrying the same
- 15 heterozygous ITPR3 mutation, co-segregating with the phenotype (Figure 1, Table 1,
- 16 Supplementary Fig. 1, Supplementary Fig. 2). The mean age at examination was 44.2 years,
- 17 ranging from 2 to 86 years. Fifteen of the examined individuals were male, and 18 were female.
- With an estimated mean age of onset of 21.3 years, walking difficulties were reported as the most
- 19 common first and overall symptom (present in 72.4% of cases). At the time of examination,
- 20 71.4% of patients reported impaired upper limb fine motor skills, which were first noticed 11
- 21 years post onset (32.4 years). Four individuals reported neither walking difficulties nor impaired
- 22 dexterity. Clinically, we observed from mild to severe, distally pronounced weakness and
- 23 atrophies, combined with distal sensory deficits in all modalities (Figure 2A, 2B). CMTES scores
- were available in 22 individuals, providing a broad range from 0 to 25 points (mean 10 points) at
- 25 examination (Table 1, Supplementary table 1).
- 26 Even in individuals previously considered clinically unaffected, nerve conduction velocity
- slowing was in the range from intermediate to demyelinating, 20m/s 38m/s at ulnar nerves
- 28 (Supplementary Table 2), with remarkable intrafamilial variability. When available, EMG
- 29 showed length-dependent chronic neurogenic changes, partially accompanied by additional signs

- 1 of ongoing denervation such as fibrillations and positive sharp waves. Nerve ultrasound,
- 2 performed in only one patient, showed partial, scattered rather than homogeneous thickening of
- 3 the peripheral nerve cross sectional areas. Spinal MRI revealed pronounced signs of nerve root
- 4 enlargement in three examined individuals.
- 5 Overall, our cohort presented with a specific clinical picture consisting of a length-dependent,
- 6 sensorimotor, demyelinating or intermediate polyneuropathy with walking difficulties as the
- 7 most common and typically first symptom. The repeatedly observed clinical variability of
- 8 disease severity is a notable feature of p.Thr1424Met ITPR3 neuropathy. Exemplary family
- 9 descriptions are as follows:

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1. With ten affected individuals available for genotype-phenotype correlations, the largest reported herein family is family 1. Following normal motor milestones and an unremarkable, active childhood, the now 46-year-old proband of family 1 (I.IV.06) reported first difficulties running and walking at the age of 13 years. She began to use insoles and AFOs and still tried to competitively run with them. From college age on, she regularly ambulated with crutches, and started to occasionally use a wheelchair at the age of 30 years. At the most recent examination (Figure 2A), she presented with a high-grade distally pronounced flaccid tetraparesis with significantly impaired fine motor skills, reduced core strength and hyperlordosis, as well as a soft voice due to limited breath support, due to suspected neuromuscular respiratory involvement. We found distal sensory deficits in all modalities in lower extremities. Deep tendon reflexes were abolished. Nerve conduction studies last performed at the age of 33 years revealed low and fragmented motor amplitudes (0.2 mV for the left median nerve) and significantly reduced conduction velocities (15.6m/s at the right ulnar and 26.9 m/s at the left median nerve). Her CMTES was 22 at 47 years of age, while her mother (1.III.03) presented a milder course, with maintained walking ability (using bilateral crutches) at the age of 76 years and a CMTES of 19 (Figure 2A). The mother's younger cousin, (1.III.11, 69 years), was wheelchair-bound with complete flaccid paralysis of distal arm and leg muscles, including wrist extensors, and an CMTES of 25 (Figure 2A). Comparatively, a male cousin (I.IV.10) of the proband displayed mild sensory deficits in distal lower legs and feet, mild weakness of toe extensors, and atrophies of lower calves and intrinsic foot muscles and has a CMTES of 4. He considered himself unaffected, however, his ten-year-old son had just been diagnosed with CMT with difficulties running and reduced

- nerve conduction velocities (not shown). This large range of clinical impairment was a common observation in other families (Figure 2B).
- 3 2. A very early disease onset has been observed in family 3, with individual 3.III.1 displaying
- 4 profound muscle weakness in her first year of life. She never walked independently and
- 5 became bedridden and required constant non-invasive ventilation at the age of four years.
- The proband died of a respiratory infection at 4 years of age. Her father, a US air force pilot,
- 7 was considered unaffected and had slow nerve conduction velocities. Extensive genome and
- 8 clinical studies did not reveal any competing causes other than the heterozygous Thr1424Met
- 9 mutation. This is the most extreme phenotype identified in our cohort, making it conceivable
- that additional factors might have contributed to the aggressive course and involvement of
- 11 respiratory muscles.
- 12 3. Family 8 had ten affected individuals with a broad intrafamilial variability. Patient 8.III.03
- was diagnosed with CMT at the age of 14 years. She developed progressive walking
- difficulties, using a walker at the current age of 47 years. Her most recent CMTES was 11.
- 15 Since the age of 20 years, she noticed impaired fine motor skills as well as foot drop.
- Individuals 8.IV.06 (27 years of age) and 8.IV.04 (11 years of age) had been considered
- asymptomatic with a CMTES of 0 but showed slowed NCV in electrophysiological studies.
- 18 Considering their younger age at examination, it is conceivable that they will still develop
- more pronounced clinical signs and symptoms over their life span. At age 53 years,
- 20 individual 8.III.04, however, still scored normal at clinical examinations, except for
- borderline compound motor action potentials of the median and peroneal nerve and slightly
- 22 increased cross sectional areas of arm nerves on ultrasound, which is considered an
- extremely mild phenotype, despite carrying the variant.
- Overall, a correlation between age and severity could be observed, as is common for CMT
- 25 disease. However, the correlation is weak (r2=0.475, p<0.001) (Figure 2B) and variability
- between age-matched individuals from the same families exceeds the typical observations in
- other types of demyelinating CMT (Figure 2B).

1 Histological findings in nerve biopsy

Patient 5:II:1 (age 21y) and patient 8.III.07 (age 7y) had a clinical radial or sural nerve biopsy available for review (Figure 3A). The histology revealed a severe loss of myelinated large axons. Onion bulb formations were common, indicating chronic de- and remyelinating of axons, consistent with a primary demyelinating process. Occasional clusters of regenerated axons indicate axonal loss and attempted regrowth. No inflammatory infiltration was observed. Acutely degenerating fibers were rarely observed. Electron microscopy (performed on a sural nerve specimen from patient 8.III.07) showed marked increase in collagen between remaining fibers, some loss of unmyelinated fibers, and small onion bulb formations. Segmental demyelination became evident in teased nerve fibers. In a tibial anterior muscle biopsy from patient 8.III.07 obtained at the same age, we observed small and large groups of atrophic fibers and an increased number of subsarcolemmal nuclei. Almost all fibers were type I, pointing towards chronic denervation atrophy.

IP₃R3 expression levels

Charcot-Marie-Tooth disease falls into two types, demyelinating CMT1 and axonal CMT2. The former primarily affects Schwann cells. We therefore investigated IP₃R3 expression in relevant cell types. Western blot analysis of cell lysates from cultured rat Schwannoma cells and iPSC-derived motor neurons demonstrated more abundant protein levels of IP₃R3 in Schwannoma cells compared to motor neurons (Figure 3B). To assess the mechanism of action of the p.Thr1424Met mutation, we examined IP₃R3 protein levels in both patient-derived fibroblasts as well as in transfected HEK293 cells overexpressing plasmids encoding the wild-type and p.Thr1424Met fused to HA or MYC tags. A consistent loss of IP₃R3 protein levels in p.Thr1424Met patient fibroblasts was observed (Figure 3C), as well as both HA-tagged and MYC-tagged p.Thr1424Met protein, when compared to their respective controls (Supplementary figure 1A). We then assessed whether loss in IP₃R3protein levels could be related to mutant-specific RNA-decay, as is known for truncating variants (nonsense-mediated decay). cDNA sequencing demonstrated that the mutant mRNA transcript was present under normal conditions and also after treatment with the nonsense-mediated decay inhibitor cycloheximide

- 1 (Supplementary figure 1B). These results suggest a possible mechanism affecting the translation
- 2 or stability of the protein, leading to lower-steady state levels.

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The p.Thr1424Met mutation and its effect on dimerization

5 IP₃R3 functions as a channel complex, forming homo- and hetero-tetramers with itself and its 6 paralogs, IP₃R1 and IP₃R2. Western blot analysis was performed to determine if the reduction in 7 IP₃R3 protein levels observed in patient fibroblasts, also affected protein levels of IP₃R1 and IP₃R2. However, no difference was observed for IP₃R1 and IP₃R2 protein (Supplementary 8 9 Figure 1B.C). As the localization of the p.Thr1424Met mutation is near the dimerization sites, the p.Thr1424Met mutant was also assessed for pathogenic effects on IP₃R3 tetrameric complex 10 formation, starting with IP₃R3 homodimerization (Supplementary figure 2A). After co-11 expressing combinations of p.Thr1424Met and wild-type IP₃R3 with HA and MYC-tags, co-12 13 immunoprecipitation followed by Western blot analysis was performed to quantify the strength of the interaction. While we did observe a loss of immunoprecipitated and co-14 15 immunoprecipitated proteins transfected with p.Thr1424Met constructs, we cannot attribute this effect to loss of dimerization, as we also observed that p.Thr1424Met protein has a lower overall 16 17 expression in the over-expression models (Supplementary figure 2B and 1A). Using the same cooverexpression method, but in U2OS cells, we observed that the both p.Thr1424Met mutant and 18 19 wild-type IP₃R3 co-localize with an enrichment at the perinuclear region, as expected for the ER-20 membrane localization, without any obvious alterations in localization pattern (Supplementary 21 figure 3A). In summary, the p.Thr1424Met mutation does not interfere with either protein localization or homodimerization, and the pathological mechanism of action remains to be 22 23 elucidated. It is possible that the mutant might exert a dominant negative effect since it can still 24 interact with the WT thereby sequestering it from proper complex assembly.

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Electrophysiology of single IP₃R3 channels

- We aimed to assess the function of homotetrameric IP₃R3 channels, thus HEK293T cells devoid
- of endogenous IP₃R were transiently transfected with cDNAs for the wild-type human IP₃R3 (h-
- 29 IP₃R₃) or with the p.Thr1424Met mutant h-IP₃R₃. 48 hr later, the cells were harvested and patch-

clamp electrophysiology of their isolated nuclei was performed as described.²⁹ With 2 µM free Ca²⁺ and 10 μM IP₃ in the pipette solution, optimal ligand concentrations previously shown to elicit maximal channel activity of the rat IP₃R3 (r-IP₃R3)³⁰, the channel open probability P_0 for h-IP₃R3 was 0.80 ± 0.04 (n=23) (Figure 4), similar to that of the rat.³⁰ The single-channel conductance was 483 ± 16 pS, also like that of the rat channel. The P_0 of r-IP₃R3 depends on both the [IP₃] as well as the cytoplasmic [Ca²⁺]_{free}. Reduction of [IP₃] to 1 μM resulted in a lower channel P_0 for h-IP₃R3 (0.12 \pm 0.02 (n=14); Figure 4), as expected. The cytoplasmic [Ca²⁺]_{free} dependence of r-IP₃R3 is biphasic, with low and high [Ca²⁺] resulting in reduced channel P₀.³⁰ Elevation of [Ca²⁺] in the pipette solution to 30 μ M reduced channel P_0 of h-IP₃R3 (0.07 \pm 0.02 (n=11); Figure 4). Thus, the biophysical properties and ligand dependencies of the h-IP₃R3 are highly similar those of r-IP₃R3. Under optimal ligand conditions, the P_0 of the p.Thr1424Met mutant h-IP₃R3 was similar to that of the WT channel (0.89 \pm 0.04 (n=9); Figure 4). In contrast, the channel P_0 remained high in both low [IP₃] (0.74 \pm 0.05 (n=10)) as well as high [Ca²⁺] (0.78 ± 0.03 (n=23) (Figure 4). Thus, the p.Thr1424Met mutation results in a gain-of-function of IP₃R3 channel activity under conditions in which the WT channel activity is normally low.

Tissue-specific expression of ITPR proteins

Next, we wanted to understand the tissue specific consequences of *ITPR3* mutations, as the class of IP₃R protein is ubiquitous, but the expression of the different types of IP₃R proteins occurs in a tissue specific fashion. For instance, mutations in *ITPR1* (IP₃R1), the most highly expressed IP₃R in the cerebellum, cause cerebellar ataxia.^{7,8} Transcriptome data from Peng *et. al.* ¹⁶ was reanalyzed, which included total RNA from peripheral nerve-derived primary human Schwann cells and skin-derived human fibroblasts. We observed that, at RNA level while all three *ITPRs* were expressed in both Schwann cells and fibroblasts, *ITPR3* is the most highly expressed IP₃R in human Schwann cells, compared to *ITPR2*, which has the highest expression in fibroblasts (Supplementary Figure 3B). The abundance and tissue specificity profile of *ITPR3* in Schwann cells supports *ITPR3* mutations causing a demyelinating CMT, a disorder primarily due to dysfunction of the Schwann cells surrounding the peripheral nerves.

1 Discussion

2 Here, we report on the unusually high recurrence of the specific *ITPR3* mutation p.Thr1424Met 3 in nine unrelated families, comprising 33 patients with demyelinating Charcot-Marie-Tooth 4 disease (CMT1). While the common CMT1A duplication event is by far the most common cause 5 for demyelinating CMT, this ITPR3 p.Thr1424Met mutation represents one of the most frequent single pathogenic alleles for CMT.^{31,32} The high recurrence and in-depth phenotyping allowed us 6 7 to uncover that the severity of neuropathy increases in an age-dependent manner, and that the 8 CMTES differences between age-matched individuals from the same families far exceeds 9 observations in other types of demyelinating CMT. Such high intra-familial differences have been found in TRPV4-related axonal neuropathies. 33-35 10 In fact, the variability in severity, with some patients displaying no symptoms other than reduced 11 NCVs, has impacted linkage and co-segregation studies when investigating single families. 12 Families 1 (USA) and 8 (Australia) remained unsolved for 30 years, despite extensive 13 independent genetic efforts. However, as in family 5, the de novo occurrence of the 14 p.Thr1424Met mutation further supports the genetic evidence for pathogenicity. The clinical 15 16 variability might have also contributed to misleadingly isolated cases in nuclear families, which together with the clinical symptoms demonstrate significant overlap with CIDP, further 17 complicating the diagnosis and burdening patients with unnecessary immunosuppressant therapy 18 19 attempts. Patient 6.II.01 was initially diagnosed with chronic CIDP based on an apparent history 20 of sub-acute onset and patchy motor conduction velocities slowing and was treated with 21 intravenous immunoglobulin without obvious response for eight years before the genetic diagnosis was made. 22 23 A unique concern is the premature death of one *ITPR3* patient at 5 years of age (Family 3). While 24 it is possible that additional factors played a role, there is a distinct possibility that unusually severe cases of ITPR3 p.Thr1424Met currently remain undiagnosed due to incorrect clinical 25 26 conclusions in family members, presumed de novo inheritance, and lack of knowledge of this gene and its variable phenotype. The patterns in clinical variability across the nine families in 27 28 this study are seemingly random and do not appear to support genetic mechanisms such as 29 anticipation. Most individuals with very mild symptoms showed slowed NCV in the intermediate 30 and demyelinating range. However, besides borderline CMAP of the median and peroneal

1 nerves, patient 8.III.04 did not show any abnormalities of nerve conduction at the age of 53

years. Incomplete penetrance and/or late onset of symptoms, might therefore complicate

3 diagnoses additionally.

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We observed significantly reduced IP₃R3 protein levels associated with the p.Thr1424Met mutation in both the overexpression model as well as endogenously expression in patient-derived fibroblasts. We did not observe altered expression of IP₃R1 or IP₃R2, which is different from the reduced IP₃R2 expression reported by Ronkko et al. ¹¹. Terry et al. ³⁶ assessed the effect of three IP₃R3 mutations on the IP₃R3-mediated [Ca²⁺] signaling and demonstrated that the herein reported p.Thr1424Met mutation, when present in homotetrameric complexes, results in elevated basal Ca²⁺, which they suggested could be a consequence of a leaky channel.³⁶ By measuring the single-channel properties of wild-type and mutant h-IP₃R3, we here report that the p.Thr1424Met mutant channel remains highly active under conditions in which the wild-type channel has strongly reduced activity. Low-level constitutive Ca²⁺ release from the endoplasmic reticulum through IP₃R is important for maintaining cellular bioenergetics, likely in all cell types ³⁷, as a consequence of the presence of low [IP₃] under basal conditions. The hyper-activity of the p.Thr1424Met mutant channel in the presence of low [IP₃] observed here may, as suggested ³⁶, deplete endoplasmic reticulum Ca²⁺ stores with consequent activation of Ca²⁺ entry across the plasma membrane, resulting in chronic cytoplasmic Ca²⁺ overload. Such a condition is expected to have wide-reaching cellular consequences, including toxicity. Because IP₃R paralogs can hetero-oligomerize, it is possible that the hyper-activity of the homotetrameric mutant IP₃R3 channel observed here could be reduced in heterotetrameric channels incorporating wild-type IP₃Rs. This could be a mechanism that contributes to the variable penetrance of the neuropathy. Future electrophysiological and Ca²⁺ imaging studies are necessary to test this hypothesis. Despite the evidence that the p.Thr1424Met mutation results in a gain-of-function of singlechannel activity, the fact that the mutant channel is present at reduced protein levels suggests that an important remaining question is whether neuropathy-associated ITPR3 mutations act through a loss-of-function or a dominant-negative mechanism of action. Genetically, the frequency of truncating variants and thus the low constraint of pLof=0 in GnomADv4, argue against haploinsufficiency as a mechanism of action. A toxic dominant-negative effect could lead to dysfunction of homo- and heterotrimeric IP₃R channels.

Our study substantiates the genetic evidence for the pathogenic nature of *ITPR3* p.Thr1424Met in demyelinating Charcot-Marie-Tooth disease. The identification of 33 patients with this mutation allowed for a thorough analysis of the remarkable clinical variability of *ITPR3* neuropathy. Additional functional studies will be required to fully establish the mechanism of action and to plan treatment strategies accordingly.

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Data availability

8 The data presented in this study are available from the corresponding author upon request.

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Competing interests

5 The authors report no competing interests.

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7 Supplementary material

8 Supplementary material is available at *Brain* online.

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11 Figure legends

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- 12 Figure 1 Pedigrees of families carrying the p.Thr1424Met variant. Family pedigrees
- demonstrating dominant (family 1-4 and 6-9) and de novo (family 5) inheritance of the
- p.Thr1424Met variant in *ITPR3*. Carriers are shown by +/-, non-carriers by -/-. Individuals
- indicated with # show very mild signs of neuropathy without fulfilling the clinical diagnosis of
- 16 CMT, hearsay affected individuals are indicated in grey.
- Figure 2 Intrafamilial variability of phenotype associated with the p.Thr1424Met ITPR3
- variant. (A) demonstrated by clinical pictures of four individuals from family 1. (B) plotted by
- 20 CMTES-2 score vs age (in years); higher score reflects a more severe disease. Individuals from
- 21 the same family shown in the same color, demonstrating the overall associating between
- 22 increased age and disease severity ($r^2=0.475$, p<0.001), meanwhile showing the extreme
- 23 variability between aged-matched individuals (red box as example). Solid line: linear regression.
- 24 Dotted line: standard deviation
- Figure 3 Nerve biopsy and IP₃R3 expression in Schwannoma, iPSC-derived neurons and
- 27 p.Thr1424Met patient fibroblasts (A) Epoxy section of a radial nerve biopsy of 5:II:1 (age
- 28 21y), showing severe loss of myelinated large axons, and most myelinated axons (red asterisks)

are partially surrounded by circumferential cellular processes ("onion bulbs). There is prominent endoneurial collagen (c) and two clusters of regenerated axons are marked by arrowheads, two small axons with "redundant myelin loops" are marked by arrows. Scale bar: 10 microns, (B) comparative protein abundance by immunoblotting of iPSC-derived motor neurons and rat Schwannoma cells probed for IP₃R3and loading-control beta-tubulin, (D) immunoblotting of patient-derived fibroblasts of two biological replicate controls and one Thr1424Met *ITPR3* mutation carrier (patient 1) (2 technical replicates each) probed IP3R3 protein, normalized to GAPDH expression, showing reduced IP₃R3. Relative expression differences were determined across three replicate blots from separate lysates by one-way ANOVA, ns = not significant, *= p<0.05, *** = p<0.001.

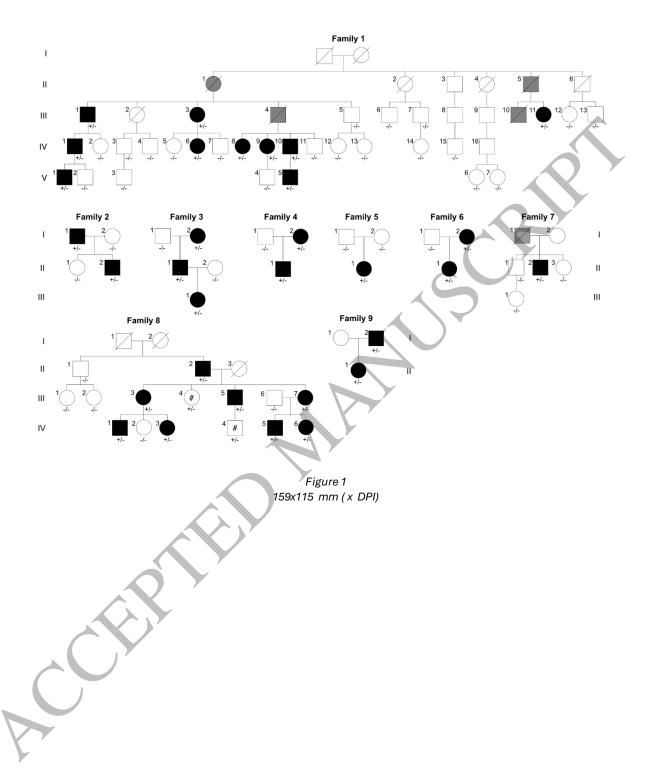
Figure 4 p.Thr1424Met mutation in human IP₃R3 augments the channel activity under non-optimal ligand conditions. (A) Representative traces (2s long) of continuous single-channel recordings at $V_m = -30$ mV, for wild-type and p.Thr1424Met h-IP₃R3 channels. Ligand conditions ([IP₃] and free [Ca²⁺]_{free}) indicated. Arrows a indicate the channel closed state, (B) P_0 values for the wild-type and p.Thr1424Met mutant channels in various ligand conditions (indicated on abscissa).

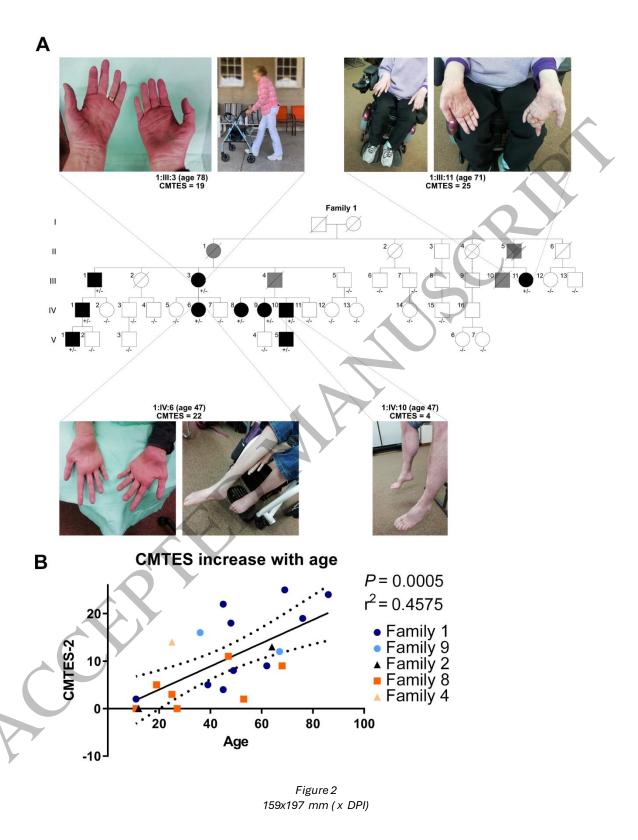
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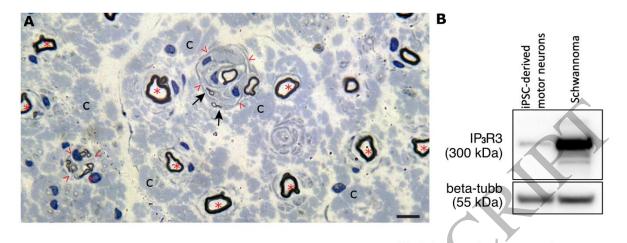
Table I Clinical characteristics of the 33 individuals carryi	Clinical characteristics
Total number of individuals (with p.Thr1424Met mutation)	33
Families	9
Mean age at examination, years (youngest-oldest)	44.2 years (11 years–86 years)
Mean age at first walking difficulties, years (youngest-oldest)	20.5 years (1–63 years)
Sex distribution, male:female	15:18
Muscle atrophy	
UL	12/23 (52%)
Upper legs	(31%)
Lower legs	(94%)
Impaired hand function ^a	18/28 (64%)
Walking difficulties	18/28 (64%)
Use of walking aids	
AFO	12/28 (43%)
Walking cane/walker	8/28 (29%)
Wheelchair	6/29 (21%)
Deep tendon reflexes UL	
Normal	10/24 (42%)
Reduced	7/24 (29%)
Absent	7/24 (29%)
Deep tendon reflexes LL	
Normal	1/24 (4%)
Reduced	4/24 (17%)
Absent	19/24 (79%)
Sensory loss (light touch, pallesthesia, and/or pinprick)	
UL	9/24 (38%)
Ш	17/24 (71%)
Mean distal ulnar CMAP (mV)	4.6 (0.3-10.3)
Mean distal ulnar mNCV (m/s)	32.5 (20.2-50.7)
Sensory gain	
Paresthesia	12/27 (44%)
Neuropathic pain	7/25 (28%)
Mean CMTES score (lowest-highest)	10 (0–25)

For more detailed individual descriptions of muscle atrophy patterns, muscle strength, and sensory loss, please see supplementary table I.AFO, ankle-foot orthoses; CMAP, compound motor action potential; CMTES-2, Charcot-Marie-Tooth disease examination score version 2; LL, lower limbs; mNCV, motor nerve conduction velocity; UL, upper limbs.

aAssessing difficulties with buttons or cutting food by patient history, according to the CMTES-2.







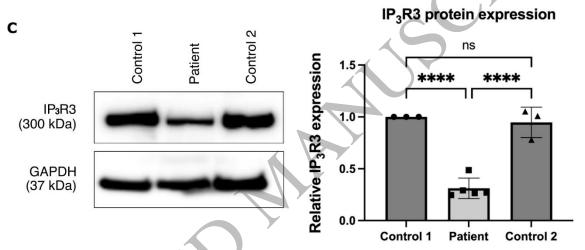


Figure 3 159x126 mm (x DPI)

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