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Viscous tubular-body theory for plane interfaces

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Filaments are ubiquitous within the microscopic world, occurring in biological and industrial environments and displaying varied dynamics. Their wide range of applications has spurred the development of a branch of asymptotics focused on the behaviour of filaments, called slender-body theory (SBT). SBTs are computationally efficient and focus on the mechanics of an isolated fibre that is slender and not too curved. However, SBTs that work beyond these limits are needed to explore complex systems. Recently, we developed tubular-body theory (TBT), an approach like SBT that allows the hydrodynamic traction on any isolated fibre in a viscous fluid to be determined exactly. This paper extends TBT to model fibres near plane interfaces by performing a similar expansion on the single-layer boundary integrals (BIs) for bodies by a plane interface. This provides a well-behaved SBT inspired approach for fibres by interfaces with a similar versatility to the BIs but without the singular kernels. The derivation of the new theory, called tubular-body theory for interfaces (TBTi), also establishes a criteria for the convergence of the TBTi series representation. The TBTi equations are solved numerically using a approach similar to boundary element methods (BEM), called TBTi-BEM, to investigate the properties of TBTi empirically. TBTi-BEM is found to compare favourably with an existing BEM and the lubrication singularity on a sphere, suggesting TBTi is valid for all separations. Finally, we simulate the hydrodynamics of helices beneath a free interface and a plane wall to demonstrate the applicability of the technique.

1. Introduction

Fibres and filaments play crucial roles in the motion and organisation of microscopic systems. Many bacteria rotate rigid helical filaments, called flagella, to generate motion (Lauga 2016), some organisms use microscopic filaments, called cilia, to generate symmetry breaking flows in early embryo development (Hernández-Pereira *et al.* 2019), and actin filaments and microtubules play an active role in the organisation of eukaryotic cells (Ganguly *et al.* 2012; Nazockdast

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37 *et al.* 2017). In attempts to mimic their biological counterparts, many microscopic
38 robots also use filaments to control behaviour (Qiu & Nelson 2015; Magdanz
39 *et al.* 2020; Li & Pumera 2021), which may lead to the development of new
40 keyhole surgery techniques and methods for targeted drug delivery. The large
41 range of applications of wiry bodies is only possible because of the wide variety
42 of behaviours that a single elastic filament can display (du Roure *et al.* 2019).

43 The sizes and speeds typical of these microscopic cables mean that their
44 movement is dominated by the frictional forces in the surrounding fluid. These
45 filaments can therefore be accurately modelled using the equations for slow vis-
46 cous flows: the Stokes equations (Kim & Karrila 2005). However, many numerical
47 approaches struggle to resolve the behaviour of filaments because of their large
48 aspect ratio (defined as length over thickness). This prompted the creation of
49 slender-body theory (SBT), an asymptotic method developed to describe the
50 hydrodynamics of fibres with large aspect ratios. SBTs can be separated into local
51 drag theories (Gray & Hancock 1955; Koens & Montenegro-Johnson 2021; Cox
52 1970) and non-local integral operator theories (Keller & Rubinow 1976; Johnson
53 1979; Lighthill 1976; Koens & Lauga 2018). Local drag theories, sometimes called
54 resistive-force theories (RFTs), provide a linear relationship between the velocity
55 and the force on a filament but require the logarithm of the aspect ratio of the
56 filament to be much larger than one. Resistive-force theories are, therefore, easy to
57 use but only qualitatively describe the behaviour of real filaments. The non-local,
58 one-dimensional integral operator theories, however, offer greater accuracy (Mori
59 & Ohm 2020; Mori *et al.* 2020; Ohm *et al.* 2019) but need to be solved numerically.
60 This numerical inversion can be tricky, with the most common SBT integral
61 operator being divergent and prone to high-frequency instabilities (Andersson
62 *et al.* 2021).

63 Slender-body theory is a powerful tool that has been key in understanding the
64 behaviour of many microscopic systems (Lauga 2016; Hernández-Pereira *et al.*
65 2019; Ganguly *et al.* 2012; Nazockdast *et al.* 2017; Qiu & Nelson 2015; Magdanz
66 *et al.* 2020; Li & Pumera 2021; du Roure *et al.* 2019). However, most derivations
67 of slender-body theory assume that the fibre is isolated from any other body
68 and that the filament thickness is much smaller than any other length scale
69 within the system. Attempts to overcome these limitations are often very complex
70 (Katsamba *et al.* 2020), limited to specific regions (Barta & Liron 1988*a,b*; De
71 Mestre & Russel 1975; Katz *et al.* 1975), or to specific geometries (Brennen &
72 Winet 1977). Indeed, slender-body approaches that go beyond these limits have
73 been identified as a key priority for many interdisciplinary fields (Reis *et al.* 2018;
74 du Roure *et al.* 2019; Kugler *et al.* 2020).

75 The last few years have seen significant developments made in extending SBT
76 beyond the typical limits. Local drag theories have been extended to model fibres
77 in viscoplastic fluids (Hewitt & Balmforth 2018) and a RFT model for rods at
78 any distance above a plane interface was found (Koens & Montenegro-Johnson
79 2021). The careful treatment of point torques (Walker *et al.* 2023) and regularised
80 point torques (Maxian & Donev 2022*a*) have identified important higher order
81 contributions from rotation. These studies offered new analytical insights into the
82 torques and coupling generated from rotations around a filament's centreline.

83 Among these developments, we created tubular-body theory (TBT) (Koens
84 2022). TBT determines the traction jump on any isolated cable-like body with an
85 interior fluid, which can be found exactly by iteratively solving a one-dimensional
86 SBT-like operator. Unlike the popular SBT operator of Johnson (1979), the TBT

87 kernel is compact, symmetric, and self-adjoint, thereby formally transforming the
 88 problem into a one-dimensional Fredholm integral equation of the second kind.
 89 Fredholm integral equations of the second kind are well posed and there are many
 90 techniques to solve them exactly and numerically (Dmitrievich & Vladimirovich
 91 2008). Though currently a purely numerical tool, TBT is valid well beyond
 92 the typical SBT limits, including capturing the hydrodynamics of bodies with
 93 arbitrary aspect ratios, thickness variation, and body curvatures.

94 This paper extends TBT to consider the motion of a cable-like body next to a
 95 plane interface. The geometry of the system is described in section 2 and some
 96 background into slow-viscous flows is provided in section 3. In section 4, the
 97 single-layer boundary integral representation for a tubular body by an interface
 98 is expanded using the steps of regularisation, binomial series, and reorganisation,
 99 similarly to the free-space TBT derivation. Inherited from free-space TBT, the
 100 resultant *tubular-body theory by interfaces* (TBTi) system allows for the traction
 101 jump on the body to be determined exactly by iteratively solving a well-behaved
 102 Fredholm integral equation of the second kind. Hence, the TBTi formulation
 103 avoids the implementation difficulties associated with the singular kernels in
 104 SBT and the standard boundary integrals. The iterative TBTi representation is
 105 equivalent to a geometric series and converges absolutely if certain conditions on
 106 the eigenvalues of the operator are met. Using the Galerkin method described in
 107 section 5, the TBTi equations are solved numerically in section 6 in an approach
 108 we call TBTi-BEM and its results are compared to boundary element methods
 109 and wall corrected slender-body theory models for a spheroid with symmetry
 110 axis perpendicular to the wall normal. This Galerkin approach was chosen as
 111 it allows many properties of the TBTi operators to be empirically investigated
 112 with ease. These comparisons highlight the accuracy of TBTi-BEM to within
 113 numerical tolerance for all the distances and aspect ratios tested, the power of
 114 TBTi over typical SBT approaches, and empirically evidence the satisfaction of
 115 the conditions placed on the TBTi operator. In particular, these examples suggest
 116 that TBTi is able to accurately capture lubrication effects, though additional
 117 iterations are required as an object closely approaches a boundary. Finally, in
 118 section 7, we compare the traction jump associated with a helix approaching a
 119 rigid wall to that near a free interface, each of which are found to be consistent
 120 with the scaling of lubrication forces.

121 2. Geometry of the tubular body

122 The surface of a tubular body is geometrically identical to that of a slender body
 123 but does not assume that the aspect ratio of the body is large. Beneath a plane
 124 interface, such a body can be parameterised by an arclength parameter $s \in [-1, 1]$
 125 and an angular parameter θ as

$$126 \quad \mathbf{S}(s, \theta) = \mathbf{r}(s) + \rho(s)\hat{\mathbf{e}}_\rho - d\hat{\mathbf{z}}, \quad (2.1)$$

127 where $\mathbf{r}(s)$ is the centreline of the filament, $\rho(s)$ is the cross-sectional radius,
 128 $\hat{\mathbf{e}}_\rho = \cos[\theta - \theta_i(s)]\hat{\mathbf{n}}(s) + \sin[\theta - \theta_i(s)]\hat{\mathbf{b}}(s)$, and d is the offset of the body from
 129 the plane interface located at $z = 0$ (fig. 1). The maximum radius of the filament
 130 is denoted by η . In the above parameterisation, $\hat{\mathbf{z}}$ is the unit vector in the direction
 131 of increasing z , $\hat{\mathbf{n}}(s)$ is the normal vector of the centreline, $\hat{\mathbf{b}}(s)$ is the binormal
 132 vector of the centreline, and $\theta_i(s)$ sets the origin of the θ coordinate. The function

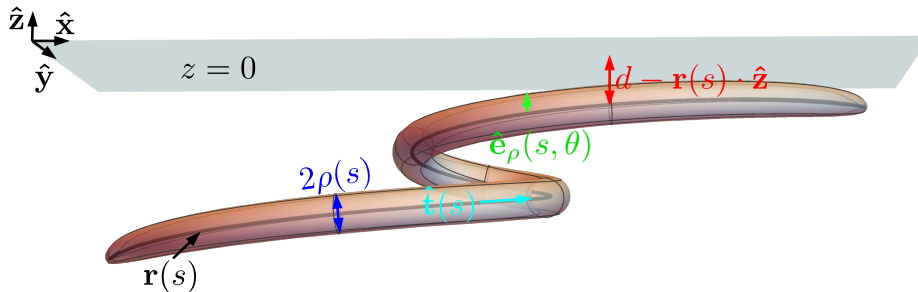


Figure 1: Diagram of a tubular body under a plane interface at $z = 0$. The distance from the plane interface is denoted by d , $\mathbf{r}(s)$ represents the centreline of the tubular body, $\rho(s)$ is the thickness of the body at s , $\hat{\mathbf{t}}(s)$ is the tangent vector to the centreline, and $\hat{\mathbf{e}}_\rho(s, \theta)$ is the local radial vector around the centreline.

133 θ_i is defined such that $d\theta_i/ds = \tau(s)$ for torsion $\tau = d\hat{\mathbf{b}}/ds \cdot \hat{\mathbf{n}}$, which removes
 134 any dependence of our analysis on the torsion (Koens & Lauga 2018). We assume
 135 that the tubular body lies completely under the $z = 0$ plane and it does not
 136 intersect itself, so that $\mathbf{S}(s, \theta) \cdot \hat{\mathbf{z}} < 0$ and $\mathbf{S}(s, \theta) \neq \mathbf{S}(s', \theta')$ if $(s, \theta) \neq (s', \theta')$,
 137 respectively.

138 This fibre parameterisation assumes that the body can be described by a single
 139 centreline, $\mathbf{r}(s)$, and a continuous circular cross-sectional radius, $\rho(s)$. A different
 140 approach would be required for modelling non-traditional fibre shapes, such as
 141 a self-intersecting body or one with discontinuities in the cross-sectional radius.
 142 Furthermore, the present derivation requires that $\rho(s)\partial_s\rho(s)$ is finite everywhere
 143 to regularise the integral kernels (Koens 2022). This differs from the standard
 144 SBT assumption that $\rho(s)$ can only vary slowly and requires ellipsoidal ends.

145 3. Stokes flow and the Green's function for a plane interface

146 The slow viscous flow around a tubular body can be accurately modelled by the
 147 incompressible Stokes equations (Kim & Karrila 2005)

$$148 \quad \mu \nabla^2 \mathbf{u} - \nabla p = \mathbf{0}, \quad (3.1)$$

$$149 \quad \nabla \cdot \mathbf{u} = 0, \quad (3.2)$$

150 where μ is the dynamic viscosity of the fluid, \mathbf{u} is the fluid velocity, and p is the
 151 fluid pressure. The drag force, \mathbf{F} , and torque, \mathbf{L} , on the fluid from the tubular
 152 body are

$$153 \quad \mathbf{F} = \iint_S (\boldsymbol{\sigma} \cdot \hat{\mathbf{n}}_S) dS, \quad (3.3)$$

$$154 \quad \mathbf{L} = \iint_S \mathbf{S} \times (\boldsymbol{\sigma} \cdot \hat{\mathbf{n}}_S) dS, \quad (3.4)$$

155 where the integrals are taken over the surface of the body, $\hat{\mathbf{n}}_S$ is the outward
 156 pointing unit normal to the surface, and $\boldsymbol{\sigma} = -p\mathbf{I} + \mu(\nabla\mathbf{u} + (\nabla\mathbf{u})^T)$ is the fluid
 157 stress tensor.

158 The incompressible Stokes equations are linear and time independent, with the
 159 flow therefore depending only on the instantaneous geometry of the system and

160 any boundary conditions. Hence, the drag force and torque on the fluid from rigid
161 body motion can always be written as

$$162 \quad \begin{pmatrix} \mathbf{F} \\ \mathbf{L} \end{pmatrix} = \mathbf{R} \begin{pmatrix} \mathbf{U} \\ \boldsymbol{\Omega} \end{pmatrix}, \quad (3.5)$$

163 where \mathbf{U} is the linear velocity of the body, $\boldsymbol{\Omega}$ is the angular velocity and \mathbf{R} is
164 the resistance matrix. The resistance matrix is often decomposed into three 3×3
165 sub-matrices of the form

$$166 \quad \mathbf{R} = \begin{pmatrix} \mathbf{R}^{FU} & \mathbf{R}^{F\Omega} \\ (\mathbf{R}^{F\Omega})^T & \mathbf{R}^{L\Omega} \end{pmatrix} \quad (3.6)$$

167 where \mathbf{R}^{FU} , $\mathbf{R}^{F\Omega}$ and $\mathbf{R}^{L\Omega}$ describe the drag force generated from translation, the
168 drag force generated from rotation (or, equivalently, the torque generated from
169 translation), and the torque generated from rotation, respectively.

170 Exact solutions of the incompressible Stokes equations, eqs. (3.1) and (3.2), only
171 exist for simple geometries (Kim & Karrila 2005). As a result, most solutions are
172 found asymptotically or numerically. Many of these asymptotic and numerical
173 methods rely on the Green's function solution for the Stokes equations, called
174 the Stokeslet. The Stokeslet represents the flow from a point force of strength \mathbf{f}
175 on the fluid that is located at \mathbf{y} . The flow from a Stokeslet, \mathbf{u}_S , satisfies

$$176 \quad \mu \nabla^2 \mathbf{u}_S - \nabla p = \mathbf{f} \delta(\mathbf{x} - \mathbf{y}). \quad (3.7)$$

177 along with the incompressibility condition of eq. (3.2). In free space, it is given
178 explicitly as

$$179 \quad 8\pi\mu\mathbf{u}_S(\mathbf{x}) = \mathbf{G}_S(\mathbf{R}) \cdot \mathbf{f}, \quad \mathbf{G}_S(\mathbf{R}) = \frac{\mathbf{I} + \hat{\mathbf{R}}\hat{\mathbf{R}}}{|\mathbf{R}|}, \quad (3.8)$$

180 where \mathbf{x} is a point in the domain and we define $\mathbf{R} = \mathbf{x} - \mathbf{y}$ as the vector from the
181 point force to the point of interest in the flow (Kim & Karrila 2005). Here and
182 throughout, $\hat{\mathbf{R}} = \mathbf{R}/|\mathbf{R}|$, $\hat{\cdot}$ denotes a unit-normalised vector, and $|\cdot|$ denotes the
183 length of the vector.

184 The Stokeslet for more complicated geometries can be constructed using the
185 representation by fundamental singularities. This method places Stokeslets and
186 their derivatives outside the fluid region such that the boundary conditions are
187 satisfied. Such a representation is always theoretically possible for the flow around
188 any body (Kim & Karrila 2005), but the location and strengths of the singularities
189 are often not known a priori. However, the flow due to a point force under a plane
190 interface at $z = 0$ is known. In particular, if the fluid beneath the interface has
191 viscosity μ_1 and the fluid above the interface has viscosity μ_2 , the solution can be
192 found by placing adding a Stokeslet, a force dipole (the derivative of the Stokeslet
193 with respect to its position), and source dipole (Laplacian of the Stokeslet) in the
194 fluid region above the interface (Aderogba & Blake 1978). The resultant flow \mathbf{u}_S^*
195 in the lower fluid region is therefore given by

$$196 \quad 8\pi\mu_1\mathbf{u}_S^*(\mathbf{x}) = \mathbf{G}_S(\mathbf{R}) \cdot \mathbf{f} + \mathbf{G}_S^*(\mathbf{R}') \cdot \mathbf{f}, \quad (3.9)$$

197 where $\lambda = \mu_2/\mu_1$ is the viscosity ratio of the two fluids, $y_z = \mathbf{y} \cdot \hat{\mathbf{z}} < 0$,

$$198 \quad \mathbf{G}_S^*(\mathbf{R}') = \frac{\mathbf{I} + \hat{\mathbf{R}}'\hat{\mathbf{R}}'}{|\mathbf{R}'|} \cdot \mathbf{B} - \frac{2\lambda}{1+\lambda} y_z \left[(\mathbf{R}' \cdot \hat{\mathbf{z}} - y_z) \frac{\mathbf{I} - 3\hat{\mathbf{R}}'\hat{\mathbf{R}}'}{|\mathbf{R}'|^3} + \frac{\mathbf{R}'\hat{\mathbf{z}} - \hat{\mathbf{z}}\mathbf{R}'}{|\mathbf{R}'|^3} \right] \cdot \mathbf{A}, \quad (3.10)$$

$$199 \quad \mathbf{B} = \frac{1 - \lambda}{1 + \lambda} (\mathbf{I} - \hat{\mathbf{z}}\hat{\mathbf{z}}) - \hat{\mathbf{z}}\hat{\mathbf{z}}, \quad (3.11)$$

$$200 \quad \mathbf{A} = \mathbf{I} - 2\hat{\mathbf{z}}\hat{\mathbf{z}}, \quad (3.12)$$

$$201 \quad \mathbf{R}' = \mathbf{x} - \mathbf{A} \cdot \mathbf{y}, \quad (3.13)$$

202 where $\hat{\mathbf{z}}$ is the frame vector parallel to the interface normal. In the above, \mathbf{A} is
 203 the reflection matrix across the $z = 0$ plane. This solution for the flow due to a
 204 Stokeslet underneath a plane interface represents the flow under a free surface
 205 when $\lambda = 0$ and a rigid wall in the limit $\lambda \rightarrow \infty$. The normal velocity of this
 206 Green's function is always 0 at the interface to keep the interface flat, while the
 207 tangential velocity at the interface is continuous and can be non-zero. As a result,
 208 the Green's function does not revert to a point force in free space when $\lambda = 1$.

209 The Stokeslet plays an important role developing numerical and asymptotic
 210 solutions to the incompressible Stokes equations, eqs. (3.1) and (3.2). Several
 211 asymptotic theories use a representation-by-fundamental-singularities approach
 212 to construct approximate solutions for the flow around bodies with special sym-
 213 metries (Keller & Rubinow 1976; Johnson 1979). For example, some slender-
 214 body theories (SBTs) approximate the flow around an isolated slender filament
 215 by placing Stokeslets and source dipoles placed along the centreline of the fibre
 216 (Johnson 1979). The strength of the Stokeslets and source dipoles are determined
 217 by asymptotically expanding the no-slip boundary condition in the inverse aspect
 218 ratio of the body. This expansion sets a linear relationship between the strength
 219 of the Stokeslets and the source dipoles and relates the Stokeslet strength to the
 centreline velocity, $\mathbf{U}_c(s)$, through a one-dimensional integral equation given by

$$220 \quad 8\pi\mu\mathbf{U}_c(s) = \int_{-1}^1 \left(\frac{\mathbf{I} + \hat{\mathbf{R}}_0\hat{\mathbf{R}}_0}{|\mathbf{R}_0|} \cdot \mathbf{q}(s') - \frac{\mathbf{I} + \hat{\mathbf{t}}\hat{\mathbf{t}}}{|s' - s|} \cdot \mathbf{q}(s) \right) ds' \\ 221 \quad + [L_{SBT}(\mathbf{I} + \hat{\mathbf{t}}\hat{\mathbf{t}}) + \mathbf{I} - 3\hat{\mathbf{t}}\hat{\mathbf{t}}] \cdot \mathbf{q}(s), \quad (3.14)$$

222 where $\mathbf{R}_0(s, s') = \mathbf{r}(s) - \mathbf{r}(s')$ is a vector between two points on the centreline
 223 of the bod, $\hat{\mathbf{t}}(s) = \partial_s \mathbf{r}(s)$ is the tangent to the centreline, $\mathbf{q}(s)$ is the Stokeslet
 224 strength, and $L_{SBT} = \ln[4(1 - s^2)/(\rho^2(s))]$. Though structurally similar to a
 225 one-dimensional Fredholm integral equation of the second kind, this equation
 226 does not share the same properties due to the kernel being singular, thereby
 227 making it difficult to solve (Tornberg & Shelley 2004; Tornberg 2020). Even so,
 228 this formulation has been used successfully in varied circumstances (Lauga 2016;
 229 Hernández-Pereira *et al.* 2019; Ganguly *et al.* 2012; Nazockdast *et al.* 2017; Qiu
 230 & Nelson 2015; Magdanz *et al.* 2020; Li & Pumera 2021; du Roure *et al.* 2019)
 231 and derived in many different ways (Keller & Rubinow 1976; Koens & Lauga
 232 2018). Extensions of SBT to include boundaries tend to only apply in limited
 233 regimes (Barta & Liron 1988*b*; Lisicki *et al.* 2016; Brenner 1962; Jeffrey & Onishi
 234 1981; De Mestre & Russel 1975) or for a limited set of geometries (Koens &
 235 Montenegro-Johnson 2021; Man *et al.* 2016).

236 Most numerical approaches to solve the incompressible Stokes equations use
 237 the Green's function nature of the Stokeslet to transform the equations into the
 boundary integrals (Kim & Karrila 2005; Pozrikidis 1992)

$$238 \quad 4\pi\mu\mathbf{U}_S(\mathbf{x}) = \iint_S dS(\mathbf{x}_0) [\mathbf{G}(\mathbf{x} - \mathbf{x}_0) \cdot \mathbf{f}(\mathbf{x}_0)]$$

239

$$+ \mu \iint_S^{PV} dS(\mathbf{x}_0) [\mathbf{U}_S(\mathbf{x}_0) \cdot \mathbf{T}(\mathbf{x} - \mathbf{x}_0) \cdot \hat{\mathbf{n}}_S(\mathbf{x}_0)], \quad (3.15)$$

240 where all the integrals are carried out over the boundaries of the system, $\mathbf{U}_S(\mathbf{x})$ is
 241 the velocity at the surface point \mathbf{x} , $\hat{\mathbf{n}}_S(\mathbf{x}_0)$ is the surface normal pointing into the
 242 fluid, $\mathbf{f}(\mathbf{x}_0) = \boldsymbol{\sigma}(\mathbf{x}_0) \cdot \hat{\mathbf{n}}_S(\mathbf{x}_0)$ is the surface traction, $\mathbf{T}(\mathbf{R})$ is the stress generated
 243 from the Stokeslet, and the superscript *PV* denotes a principal value integral.
 244 We note that the influence of background flows can be included in the boundary
 245 integral equations by replacing $\mathbf{U}_S(\mathbf{x})$ with $\mathbf{U}_S(\mathbf{x}) - \mathbf{u}_\infty(\mathbf{x})$, where $\mathbf{u}_\infty(\mathbf{x})$ is the
 246 background velocity at the surface if the body was not present. The boundary
 247 integrals are exact and apply for any geometry in which the Green's function, \mathbf{G} ,
 248 is known (Pozrikidis 1992). If the volume of the tubular-body is constant, this
 249 equation can be transformed into the single-layer boundary integral

250

$$8\pi\mu\mathbf{U}_S(\mathbf{x}) = \iint_S dS(\mathbf{x}_0) \mathbf{G}(\mathbf{x} - \mathbf{x}_0) \cdot \tilde{\mathbf{f}}(\mathbf{x}_0), \quad (3.16)$$

251 where $\tilde{\mathbf{f}}(\mathbf{x}_0)$ represents the jump in surface traction between the exterior fluid
 252 and a fluid interior to the surface. Notably, the force and torque over any closed
 253 surface can be found identically to eqs. (3.3) and (3.4) but with $\tilde{\mathbf{f}}(\mathbf{x}_0)$ replacing
 254 the traction (Pozrikidis 1992).

255 Since the single-layer boundary integral represents the flow exactly in these
 256 circumstances (Kim & Karrila 2005), we can use it to develop a tubular-body
 257 theory for interfaces (TBTi). Unlike other expansions of the boundary inte-
 258 grals (Koens & Lauga 2018), the TBT approach promises to create a similar
 259 one-dimensional slender-body theory integral operator, but with a compact,
 260 symmetric, and self-adjoint kernel. Furthermore the iterative solving of this
 261 operator can be used to reconstruct the jump in surface traction exactly. This
 262 overcomes several of the numerical issues encountered in SBTs and removes many
 263 of their limitations, most notably slenderness and their approximate nature. In
 264 the absence of slenderness, boundary element methods like that described by
 265 Pozrikidis (2002) are often preferred, which numerically solve the exact boundary
 266 integral equations. However, these exact methods still require the evaluation of
 267 weakly singular integrals, often via non-standard quadrature routines, and are
 268 often prohibitively expensive to apply to objects with high curvatures due to the
 269 fine surface meshes required for accuracy.

270 4. Tubular-body theory for interfaces

271 Tubular-body theory builds off key ideas from both boundary integral methods
 272 and slender-body theories to generate an exact theory with desirable properties.
 273 The structure of the TBT formulation is inspired by the classical SBT formalism,
 274 but overcomes several of the typical SBT restrictions to recover the exactness,
 275 flexibility, and broad applicability similar to standard boundary integral ap-
 276 proaches. To achieve this, TBT transforms the single-layer boundary integral
 277 representation into a series of well-behaved one-dimensional Fredholm integral
 278 equations of the second kind, which can be sequentially inverted to determine
 279 higher order corrections. Fredholm integral equations of the second kind have been
 280 studied extensively and several well established methods exist to numerically and
 281 analytically solve them (Dmitrievich & Vladimirovich 2008). In particular, all the
 282 integral kernels within the TBT formalism are nonsingular, which removes much

283 of the complexity associated with implementing boundary integral formulations
 284 like the boundary element method. Though the focus of this work is on tubular
 285 bodies by plane interfaces, the development of this approach is easily generalised
 286 to other scenarios where Green's functions are available. We have presented our
 287 formulation in a manner that highlights this.

4.1. Regularisation of the boundary integrals.

289 The single-layer boundary integral representation for a tubular body by an
 290 interface can always be expressed as

$$291 \quad 8\pi\mu_1 \mathbf{U}_S(\mathbf{S}(s, \theta)) = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}(s, \theta, s', \theta') \cdot \bar{\mathbf{f}}(s', \theta'), \quad (4.1)$$

292 where $\mathbf{U}_S(\mathbf{S}(s, \theta))$ is the known velocity at $\mathbf{S}(s, \theta)$ on the surface of the body,
 293 $\mathbf{G}(s, \theta, s', \theta') = \mathbf{G}_S(\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')) + \mathbf{G}_S^*(\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta'))$ is the Green's
 294 function for the flow at $\mathbf{S}(s, \theta)$ from a point force located at $\mathbf{S}(s', \theta')$, and $\bar{\mathbf{f}}(s', \theta')$
 295 is the unknown surface traction jump, $\tilde{\mathbf{f}}$, multiplied by the corresponding surface
 296 element at (s', θ') . The integrand of the boundary integrals diverges as $(s', \theta') \rightarrow$
 297 (s, θ) because the free space component of the Green's function, $\mathbf{G}_S(\mathbf{S}(s, \theta) -$
 298 $\mathbf{S}(s', \theta'))$, blows up at this location. The interface corrections $\mathbf{G}_S^*(\mathbf{S}(s, \theta) - \mathbf{A} \cdot$
 299 $\mathbf{S}(s', \theta'))$ are non-singular if $d > 0$. The divergence of the free space Green's
 300 function does not pose an analytical issue as the singularity is integrable over a
 301 (sufficiently smooth) surface, but it does present challenges for asymptotic and
 302 numerical approximations.

303 There are numerous ways to regularise boundary integral representations to
 304 overcome the singularity of the free-space kernel (Cortez *et al.* 2005; Klaseboer
 305 *et al.* 2012; Batchelor 1970). One of the simplest is by adding and subtracting
 306 an existing solution to the boundary integral representation chosen such that the
 307 integrands cancel when $(s', \theta') \rightarrow (s, \theta)$. A simple solution is available for a trans-
 308 lating spheroid in free space (Brenner 1963; Martin 2019), whose translational
 309 mobility matrix \mathbf{M}_A and surface parameterisation $\mathbf{S}_e(s, \theta)$ we give in appendix A.
 310 Choosing the unique spheroid that matches both the position and the tangent
 311 plane of the tubular body at (s, θ) , we can add and subtract the boundary integral
 312 representation of the mobility given in eq. (A 2) from the boundary integral
 313 equations for the tubular body eq. (4.1) to give

$$314 \quad 8\pi\mu_1 \mathbf{U}_S(\mathbf{S}(s, \theta)) = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}_S(\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')) \cdot \bar{\mathbf{f}}(s', \theta') \\
 315 \quad + \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}_S^*(\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta')) \cdot \bar{\mathbf{f}}(s', \theta') \\
 316 \quad - \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}_S(\mathbf{S}_e(s_e, \theta) - \mathbf{S}_e(s', \theta')) \cdot \bar{\mathbf{f}}(s, \theta) \\
 317 \quad + \mathbf{M}_A \cdot \bar{\mathbf{f}}(s, \theta), \quad (4.2)$$

318 where each of \mathbf{S}_e , s_e , and \mathbf{M}_A depend on s and θ . Here and throughout, s_e is

319 the arclength on the regularising spheroid at which it intersects with the tubular
 320 body, defined in appendix A. Notably, the matching of the tubular body and the
 321 spheroid means that the singularity in the first integrand as $(s', \theta') \rightarrow (s, \theta)$ now
 322 precisely cancels with the singularity in the third integrand as $(s', \theta') \rightarrow (s_e, \theta)$.

323 4.2. Identifying exactly integrable terms

324 The next step is to manipulate the regularised boundary integrals in eq. (4.2)
 325 to find terms in the kernel that can be directly integrated. These terms and
 326 their integrals will act as the SBT-like operator in the tubular-body theory
 327 expansion, which one can think of as a first approximation to the solution. In
 328 keeping with the SBT approach, these terms should be structurally equivalent
 329 to a Fredholm integral equation of the second kind, as these are well-posed
 330 problems and have been studied extensively (Dmitrievich & Vladimirovich 2008).
 331 This requires the expansion process to somehow allow the evaluation of the θ'
 332 integration within eq. (4.2) while keeping the expanded Green's function (the
 333 kernel) compact. Additionally, it will be useful if the kernel is symmetric and
 334 self-adjoint, as the operator will have real eigenvalues and additional desirable
 335 properties (Dmitrievich & Vladimirovich 2008).

336 Notably, the integration over θ' can be evaluated if all the θ' terms within the
 337 denominator of the Green's function are moved to the numerator in the expansion
 338 process (Koens & Lauga 2018). If done through a Taylor series of expansion in
 339 the inverse aspect ratio η , which here we don't assume is small, this recovers the
 340 classical slender-body theory equations. The kernel of these equations is, however,
 341 not-compact. Recently there have been many attempts have been made to fix this
 342 (Shi *et al.* 2022; Tătulea-Codrean & Lauga 2021; Andersson *et al.* 2021; Walker
 343 *et al.* 2023, 2020; Maxian & Donev 2022b).

344 In contrast to SBT, the tubular-body theory derivation creates a compact,
 345 symmetric, and self-adjoint kernel by expanding each denominator in the Green's
 346 function using the binomial series. This expansion converges absolutely whenever
 347 $(s, \theta) \neq (s', \theta')$, irrespective of the body geometry or position. In the previous
 348 TBT derivation, this was done using a single binomial expansion, motivated by
 349 an erroneous claim about the triangle inequality. Here, we correct this by applying
 350 the binomial series twice. The final structure, however, remains the same. For the
 351 full details of this manipulation, we refer the interested reader to appendix B.

352 The applications of sequential binomial series allows the free-space Green's
 353 function to be rewritten as

$$354 \quad \mathbf{G}_S(\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')) = \mathbf{K}_S(s, s') + O(R_\Delta^{(i)}(s, \theta, s', \theta')) \quad (4.3)$$

355 for $i = 1, 2$, where $\mathbf{K}_S(s, s')$ is the *first-approximation* kernel and equals

$$356 \quad \mathbf{K}_S(s, s') = \frac{\mathbf{I}}{|\tilde{\mathbf{R}}|} + \frac{\mathbf{R}_0 \mathbf{R}_0}{|\tilde{\mathbf{R}}|^3}. \quad (4.4)$$

357 Here, $\mathbf{R}_0(s, s') = \mathbf{r}(s) - \mathbf{r}(s')$, $|\tilde{\mathbf{R}}|$ is a function only of s and s' , and $R_\Delta^{(i)}(s, \theta, s', \theta')$
 358 are remainder terms defined in appendix B. The first approximation for the
 359 integration of the free space Green's function therefore becomes

$$360 \quad \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}_S(\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')) \cdot \bar{\mathbf{f}}(s', \theta') \approx \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{K}_S(s, s') \cdot \bar{\mathbf{f}}(s', \theta')$$

$$\begin{aligned}
361 \quad &= 2\pi \int_{-1}^1 ds' \mathbf{K}_S(s, s') \cdot \langle \bar{\mathbf{f}}(s', \theta') \rangle_{\theta'}, \\
& \quad \quad \quad (4.5)
\end{aligned}$$

362 where $\langle \cdot \rangle_{\theta'} = \int_{-\pi}^{\pi} d\theta' / (2\pi)$. Hence, the binomial expansion has effectively treated
363 the θ' integration and left a well-behaved integrand. This is the same kernel as
364 found via an erroneous method in the free-space TBT formalism (Koens 2022).

365 The expansion of the free space Green's function naturally includes the reg-
366 ularising spheroid geometry. The result of the regularising spheroid integral
367 can, therefore, be found by recognising that, for the spheroid, $\mathbf{r}(s) \equiv as\hat{\mathbf{x}}$ and
368 $\rho(s) \equiv c\sqrt{1-s^2}$. Hence, the binomial series give

$$369 \quad \mathbf{G}_S(\mathbf{S}_e(s_e, \theta) - \mathbf{S}_e(s', \theta')) = \mathbf{K}_{S,e}(s_e, s') + O(R_{\Delta}^{(i)}(s_e, \theta, s', \theta')), \quad (4.6)$$

370 where

$$371 \quad \mathbf{K}_{S,e}(s_e, s') = \frac{\mathbf{I}}{|\tilde{\mathbf{R}}_e|} + a^2(s, \theta)(s_e(s) - s')^2 \frac{\hat{\mathbf{t}}(s)\hat{\mathbf{t}}(s)}{|\tilde{\mathbf{R}}_e|^3} \quad (4.7)$$

$$372 \quad |\tilde{\mathbf{R}}_e(s_e, \theta, s')|^2 = a^2(s, \theta)(s_e(s) - s')^2 + c^2(s)(2 - s_e^2(s) - s'^2). \quad (4.8)$$

373 The above explicitly includes the additional (s, θ) dependence in $s_e(s)$, $a(s, \theta)$
374 and $c(s)$ as dictated by eqs. (A 7) to (A 12). The first approximation for the
375 integration of the spheroid's Green's function therefore becomes

$$\begin{aligned}
376 \quad \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}_S(\mathbf{S}_e(s_e, \theta) - \mathbf{S}_e(s', \theta')) \cdot \bar{\mathbf{f}}(s, \theta) &\approx \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{K}_{S,e}(s_e(s), s') \cdot \bar{\mathbf{f}}(s, \theta) \\
377 \quad &= 2\pi \int_{-1}^1 ds' \mathbf{K}_{S,e}(s_e(s), s') \cdot \bar{\mathbf{f}}(s, \theta). \\
& \quad \quad \quad (4.9)
\end{aligned}$$

378 The remaining integral over s' can be evaluated exactly (Gradshteyn *et al.* 2000)
379 to give

$$380 \quad 2\pi \int_{-1}^1 ds' \mathbf{K}_{S,e}(s_e(s), s') \cdot \bar{\mathbf{f}}(s, \theta) = \mathbf{M}_a(s, \theta) \cdot \bar{\mathbf{f}}(s, \theta), \quad (4.10)$$

381 where

$$382 \quad \mathbf{M}_a(s, \theta) = \{ \chi_{\parallel}(s_e(s), \theta) \hat{\mathbf{t}}(s) \hat{\mathbf{t}}(s) + \chi_{\perp}(s_e(s), \theta) [\mathbf{I} - \hat{\mathbf{t}}(s) \hat{\mathbf{t}}(s)] \}, \quad (4.11)$$

$$383 \quad \frac{a}{2\pi} \chi_{\parallel}(s_e, \theta) = \frac{1 - \beta}{(-\beta)^{3/2}} L(s_e, \theta) + g(s_e, \theta, 1) - g(s_e, \theta, -1), \quad (4.12)$$

$$384 \quad \frac{a}{2\pi} \chi_{\perp}(s_e, \theta) = \frac{1}{\sqrt{-\beta}} L(s_e, \theta), \quad (4.13)$$

$$385 \quad L(s_e, \theta) = \ln \left(\frac{a(s_e - \beta) + \sqrt{-\beta} |\tilde{\mathbf{R}}_e(s_e, \theta, -1)|}{a(s_e + \beta) + \sqrt{-\beta} |\tilde{\mathbf{R}}_e(s_e, \theta, 1)|} \right), \quad (4.14)$$

$$386 \quad g(s_e, \theta, s') = \frac{2(s_e - s')}{\beta |\tilde{\mathbf{R}}_e(s_e, \theta, s')|} \left(\frac{s' s_e \alpha^2 - (1 - s_e^2) \beta}{2\beta - s_e^2(1 - \beta)} \right), \quad (4.15)$$

387 and a , α , β , and s_e are all also functions of (s, θ) according to eqs. (A 7) to (A 12).

388 The last integrand to expand is the mirror singularities that account for the
 389 plane interface, $\mathbf{G}_S^*(\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta'))$. The binomial series approach can also be
 390 used to achieve this (details provided in appendix C). The derivation shows that
 391 for the mirror singularities it is always possible to express the Green's function
 392 as

$$393 \quad \mathbf{G}_S^*(\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta')) = \mathbf{K}_S^*(s, s') + O(R_\Delta^{*(i)}(s, \theta, s', \theta')) \quad (4.16)$$

394 for $i = 1, 2$, where

$$395 \quad \mathbf{K}_S^*(s, s') = \left(\frac{\mathbf{I}}{|\tilde{\mathbf{R}}^*|} + \frac{\mathbf{R}_0^* \mathbf{R}_0^*}{|\tilde{\mathbf{R}}^*|^3} \right) \cdot \mathbf{B}$$

$$396 \quad - \frac{2\lambda}{1 + \lambda} (\hat{\mathbf{z}} \cdot \mathbf{r}(s') - d)(\hat{\mathbf{z}} \cdot \mathbf{r}(s) - d) \left(\frac{\mathbf{I}}{|\tilde{\mathbf{R}}^*|^3} - 3 \frac{\mathbf{R}_0^* \mathbf{R}_0^*}{|\tilde{\mathbf{R}}^*|^5} \right) \cdot \mathbf{A}$$

$$397 \quad - \frac{2\lambda}{1 + \lambda} (\hat{\mathbf{z}} \cdot \mathbf{r}(s') - d) \left(\frac{\mathbf{R}_0^* \hat{\mathbf{z}} - \hat{\mathbf{z}} \mathbf{R}_0^*}{|\tilde{\mathbf{R}}^*|^3} \right) \cdot \mathbf{A}, \quad (4.17)$$

398 $\mathbf{R}_0^*(s, s') = \mathbf{r}(s) - \mathbf{A} \cdot \mathbf{r}(s) - 2d\hat{\mathbf{z}}$ is a vector between a point on the body centreline
 399 and the mirror centreline, and $R_\Delta^{*(i)}(s, \theta, s', \theta')$ are the remainder terms defined in
 400 appendix C. The first approximation for the integral of the mirror singularities
 401 is therefore

$$402 \quad \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}_S^*(\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta')) \cdot \bar{\mathbf{f}}(s', \theta') \approx \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{K}_S^*(s, s') \cdot \bar{\mathbf{f}}(s', \theta')$$

$$403 \quad = 2\pi \int_{-1}^1 ds' \mathbf{K}_S^*(s, s') \cdot \langle \bar{\mathbf{f}}(s', \theta') \rangle_{\theta'} . \quad (4.18)$$

404 The expansions of the free space (eq. (4.5)), mirror (eq. (4.18)), and regularising
 405 spheroid (eq. (4.10)) can be combined together to create a first approximation of
 406 the regularised boundary integrals, eq. (4.2). This approximation has the form

$$407 \quad \mathcal{L} \bar{\mathbf{f}} = \Delta \mathbf{M}_A(s, \theta) \cdot \bar{\mathbf{f}}(s, \theta) + 2\pi \int_{-1}^1 ds' (\mathbf{K}_S(s, s') + \mathbf{K}_S^*(s, s')) \cdot \langle \bar{\mathbf{f}}(s', \theta') \rangle_{\theta'}, \quad (4.19)$$

408 where $\Delta \mathbf{M}_A(s, \theta) = \mathbf{M}_A(s, \theta) - \mathbf{M}_a(s, \theta)$ is the mobility for the translating spheroid,
 409 eq. (A 2), minus the first-approximation representation for this term, eq. (4.11).
 410 $\Delta \mathbf{M}_A(s, \theta)$ is positive definite (see appendix D) when $\rho(s) \neq 0$. When $\rho(s) = 0$,
 411 $\Delta \mathbf{M}_A(s, \theta)$ has a 0 eigenvalue in the $\mathbf{t}\mathbf{t}$ direction and so care needs to be taken to
 412 not sample the $\rho(s) = 0$ points directly when numerically inverting \mathcal{L} . The above
 413 integral equation is the first-approximation operator that needs to be inverted
 414 for the tubular body theory by interfaces expansion. Technically speaking, this

415 integral equation has a compact, symmetric, and self-adjoint kernel which renders
416 the integral equation amenable to analysis and solution.

417 Though it involves (s, θ) , the approximate integral equation is actually a one-
418 dimensional Fredholm integral equation of the second kind plus a sequence of
419 linear operations (Koens 2022). The equivalence to a one-dimensional Fredholm
420 integral equation and a sequence of linear operations can be shown by considering
421 the problem $\mathbf{Q}(s, \theta) = \mathcal{L}\bar{\mathbf{f}}$. If we multiply this equation by $\Delta\mathbf{M}_A^{-1}(s, \theta)$ and then
average over θ , it becomes

$$422 \quad \langle \Delta\mathbf{M}_A^{-1}(s, \theta) \cdot \mathbf{Q} \rangle_\theta = \langle \bar{\mathbf{f}}(s, \theta) \rangle_\theta$$

$$423 \quad + 2\pi \langle \Delta\mathbf{M}_A^{-1}(s, \theta) \rangle_\theta \cdot \int_{-1}^1 ds' (\mathbf{K}_S(s, s') + \mathbf{K}_S^*(s, s')) \cdot \langle \bar{\mathbf{f}}(s', \theta) \rangle_\theta, \quad (4.20)$$

424 where we have used that $\langle \bar{\mathbf{f}}(s', \theta') \rangle_{\theta'} = \langle \bar{\mathbf{f}}(s', \theta) \rangle_\theta$. The above is a one-dimensional
425 Fredholm integral equation of the second kind for $\langle \bar{\mathbf{f}}(s, \theta) \rangle_\theta$. If this Fredholm
426 integral equation is substituted into $\mathbf{Q}(s, \theta) = \mathcal{L}\bar{\mathbf{f}}$, somewhat cumbersome but
427 elementary manipulation yields

$$428 \quad \langle \Delta\mathbf{M}_A^{-1}(s, \theta) \rangle_\theta \cdot \Delta\mathbf{M}_A(s, \theta) \cdot \bar{\mathbf{f}}(s, \theta) = \mathbf{Q}(s, \theta) - \langle \Delta\mathbf{M}_A^{-1}(s, \theta) \cdot \mathbf{Q} \rangle_\theta + \langle \bar{\mathbf{f}}(s, \theta) \rangle_\theta. \quad (4.21)$$

429 This is a linear equation for $\bar{\mathbf{f}}(s, \theta)$ in terms of $\mathbf{Q}(s, \theta)$ and $\langle \bar{\mathbf{f}}(s, \theta) \rangle_\theta$. Hence,
430 the first-approximation operator of eq. (4.19) is equivalent to a one-dimensional
431 Fredholm integral of the second kind with a compact, symmetric, and self-
432 adjoint kernel (eq. (4.20)), plus a sequence of linear operations (eq. (4.21)). Since
433 Fredholm integral equations of the second kind and linear operations are in some
434 sense well behaved, the inversion of the first-approximation operator, eq. (4.19),
435 is also expected to behave similarly.

4.3. Construct the series

437 The final step in the tubular-body theory derivation is to represent the full
438 traction jump in the exact regularised boundary integrals, $\bar{\mathbf{f}}(s, \theta)$, as an iter-
439 ative series, found through repeatedly solving the first-approximation operator,
440 eq. (4.19). The simplest approach to achieve this is to add and subtract $\mathcal{L}\bar{\mathbf{f}}$ from
441 the regularised boundary integrals and rearrange the equation into

$$442 \quad 8\pi\mathbf{U}_S(\mathbf{S}(s, \theta)) = \mathcal{L}\bar{\mathbf{f}} + \Delta\mathcal{L}\bar{\mathbf{f}}, \quad (4.22)$$

443 where $\Delta\mathcal{L}\bar{\mathbf{f}}$ is the difference between the first-approximation operator and right
444 hand side of the regularised boundary integrals and is given by

$$445 \quad \Delta\mathcal{L}\bar{\mathbf{f}} = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' [\mathbf{G}_S(\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')) - \mathbf{K}_S(s, s')] \cdot \bar{\mathbf{f}}(s', \theta')$$

$$446 \quad - \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' [\mathbf{G}_S(\mathbf{S}_e(s_e, \theta) - \mathbf{S}_e(s', \theta')) - \mathbf{K}_{S,e}(s_e(s), s')] \cdot \bar{\mathbf{f}}(s, \theta)$$

$$447 \quad + \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' [\mathbf{G}_S^*(\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta')) - \mathbf{K}_S^*(s, s')] \cdot \bar{\mathbf{f}}(s', \theta'). \quad (4.23)$$

448 The above expresses the difference terms as integrals to emphasise the relationship
 449 between the boundary integral and the first-approximation terms and captures
 450 all the higher order terms from the binomial expansions.

451 Since the operator \mathcal{L} should be well behaved, it is reasonable to assume that
 452 its inverse exists. Assuming that an inverse \mathcal{L}^{-1} exists, eq. (4.22) can be written
 453 as

$$454 \quad 8\pi\mathcal{L}^{-1}\mathbf{U}_S(\mathbf{S}(s, \theta)) = (1 + \mathcal{L}^{-1}\Delta\mathcal{L})\bar{\mathbf{f}}, \quad (4.24)$$

455 where $1\bar{\mathbf{f}} = \bar{\mathbf{f}}$. The solution to the regularised boundary integrals can therefore
 456 be written as

$$457 \quad \bar{\mathbf{f}}(s, \theta) = 8\pi(1 + \mathcal{L}^{-1}\Delta\mathcal{L})^{-1}\mathcal{L}^{-1}\mathbf{U}_S(\mathbf{S}(s, \theta)). \quad (4.25)$$

458 Provided the eigenvalues of $\mathcal{L}^{-1}\Delta\mathcal{L}$ are within $(-1, 1)$, which we assume and
 459 evidence empirically later, $(1 + \mathcal{L}^{-1}\Delta\mathcal{L})^{-1}$ can be expressed as a Neumann series,
 460 the operator analogue of a geometric series, allowing the solution to be written
 461 as

$$462 \quad \bar{\mathbf{f}}(s, \theta) = 8\pi\sum_{n=0}^{\infty}(-\mathcal{L}^{-1}\Delta\mathcal{L})^n\mathcal{L}^{-1}\mathbf{U}_S(\mathbf{S}(s, \theta)) \quad (4.26)$$

463 or, equivalently,

$$464 \quad \bar{\mathbf{f}}(s, \theta) = \sum_{n=0}^{\infty}\bar{\mathbf{f}}_n(s, \theta), \quad (4.27)$$

465 where

$$466 \quad \mathcal{L}\bar{\mathbf{f}}_0(s, \theta) = 8\pi\mathbf{U}(\mathbf{S}(s, \theta)), \quad (4.28)$$

$$467 \quad \mathcal{L}\bar{\mathbf{f}}_n(s, \theta) = -\Delta\mathcal{L}\bar{\mathbf{f}}_{n-1}(s, \theta) \quad n \geq 1. \quad (4.29)$$

468 Equations (4.27) to (4.29) are the tubular-body theory equations for a body by a
 469 plane interface and are the main result of the paper. They are structurally equiv-
 470 alent to TBT for free space (Koens 2022). Identically to the free space version,
 471 solutions are constructed by iteratively solving a well-behaved one-dimensional
 472 Fredholm integral equation of the second kind. One-dimensional Fredholm inte-
 473 gral equations of the second kind are well-posed structures with many established
 474 methods to solve both numerically and analytically (Dmitrievich & Vladimirovich
 475 2008). In practice, the iterative approach may become efficient, depending on the
 476 difficulty of inverting the first-approximation terms and the number of terms in
 477 the series needed to achieve the desired accuracy. In the numerical implementation
 478 of TBTi described below, denoted TBT-BEM, the cost of computing additional
 479 terms in the series is exceptionally low, essentially negligible when compared
 480 with constructing discrete analogues of the linear operators (also required in
 481 the TBT-BEM approach). We note that, in the previous tubular-body theory
 482 study, no condition was identified for the convergence of the series in eq. (4.27).
 483 The Neumann series approach used here reveals that the series converges if the
 484 eigenvalues of $\mathcal{L}^{-1}\Delta\mathcal{L}$ are within $(-1, 1)$, and applies to general operators, not
 485 simply those employed in this study.

486 5. Numerical implementation

487 One-dimensional Fredholm integral equations of the second kind can be solved
 488 in many ways (Dmitrievich & Vladimirovich 2008). The previous TBT study

489 inverted the first-approximation operator, $\mathcal{L}\bar{\mathbf{f}}_n(s, \theta)$ in eqs. (4.28) and (4.29),
 490 and evaluated the difference integrals, $\Delta\mathcal{L}\bar{\mathbf{f}}_{n-1}$, through a collocation approach
 491 (Koens 2022). This approach was simple to implement, as the kernels are all
 492 non-singular, and was effective as only a few terms in the series, eq. (4.27), were
 493 needed. However, it would not be suitable for tubular-body theory by interfaces
 494 (TBTi) if significantly more terms are needed, as we will see is often the case.
 495 In light of the new conditions on $\mathcal{L}^{-1}\Delta\mathcal{L}$, we also want our method to allow
 496 us to explore the properties of our operator empirically, including estimating
 497 its spectrum. We therefore adopt a Galerkin approach (Pozrikidis 1992; Kim &
 498 Karrila 2005), similar to that often applied to the boundary integral equations
 499 (Pozrikidis 1992). We call this numerical implementation of the TBTi equations
 500 TBTi-BEM due to its similarity with traditional BEM schemes. In summary, the
 501 Galerkin method allows us to estimate the eigenvalues of the operator, quickly
 502 compute iterations and capture the full solution. As such, we have opted for
 503 versatility rather than speed in this numerical approach.

504 In TBTi-BEM, the surface of the tubular body is discretized by dividing
 505 $s \in [-1, 1]$ and $\theta \in [-\pi, \pi]$ into N and M equal subintervals, respectively. The
 506 traction jump is then assumed to be constant over a region of $s \in [s_k - \Delta s/2, s_k +$
 507 $\Delta s/2]$ and $\theta \in [\theta_l - \Delta\theta/2, \theta_l + \Delta\theta/2]$, where (s_i, θ_j) is the center of the (i, j) th cell
 508 on the tubular body and $\Delta s = 2/N$ and $\Delta\theta = 2\pi/M$ are the distance between
 509 points in s and θ , respectively. Akin to typical boundary element methods, this
 510 discretization approximates each surface integral as

$$511 \quad \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{Q}(\mathbf{S}(s_i, \theta_j) - \mathbf{S}(s', \theta')) \cdot \bar{\mathbf{f}}(s', \theta') \approx \sum_{k=0}^N \sum_{l=0}^M \mathbf{Q}_{i,j,k,l} \cdot \bar{\mathbf{f}}(s_k, \theta_l), \quad (5.1)$$

512 where $\mathbf{Q}(\mathbf{R})$ represents the integral kernel of eq. (4.19) or eq. (4.23) and

$$513 \quad \mathbf{Q}_{i,j,k,l} = \int_{s_k - \Delta s/2}^{s_k + \Delta s/2} ds' \int_{\theta_l - \Delta\theta/2}^{\theta_l + \Delta\theta/2} d\theta' \mathbf{Q}(\mathbf{S}(s_i, \theta_j) - \mathbf{S}(s', \theta')). \quad (5.2)$$

514 The integrands in eqs. (4.19) and (4.23) are non-singular, by construction, and are
 515 straightforward to evaluate numerically, in contrast to those usually associated
 516 with boundary element methods (Pozrikidis 2002). With the above discretisation,
 517 eqs. (4.28) and (4.29) are transformed into a system of linear equations, which
 518 can be represented as the matrix equations

$$519 \quad \mathfrak{L}\bar{\mathbf{f}}_0 = 8\pi\mathfrak{U}, \quad (5.3)$$

$$520 \quad \mathfrak{L}\bar{\mathbf{f}}_n = -\Delta\mathfrak{L}\bar{\mathbf{f}}_{n-1}, \quad n \geq 1, \quad (5.4)$$

521 where $\mathfrak{U} = \{\mathbf{U}(\mathbf{S}(s_0, \theta_0)), \mathbf{U}(\mathbf{S}(s_1, \theta_0)), \dots, \mathbf{U}(\mathbf{S}(s_N, \theta_M))\}$ contains the discrete
 522 surface velocities and $\bar{\mathbf{f}}_n = \{\bar{\mathbf{f}}_n(\mathbf{S}(s_0, \theta_0)), \bar{\mathbf{f}}_n(\mathbf{S}(s_1, \theta_0)), \dots, \bar{\mathbf{f}}_n(\mathbf{S}(s_N, \theta_M))\}$ is
 523 the unknown traction jumps weighted by their respective surface elements. We
 524 define the discrete operators \mathfrak{L} and $\Delta\mathfrak{L}$ as

$$525 \quad \mathfrak{L} = \begin{pmatrix} \mathfrak{L}_{0,0,0,0} & \mathfrak{L}_{0,0,1,0} & \dots & \mathfrak{L}_{0,0,N,M} \\ \mathfrak{L}_{1,0,0,0} & \mathfrak{L}_{1,0,1,0} & \dots & \mathfrak{L}_{1,0,N,M} \\ \vdots & \vdots & & \vdots \\ \mathfrak{L}_{N,M,0,0} & \mathfrak{L}_{N,M,1,0} & \dots & \mathfrak{L}_{N,M,N,M} \end{pmatrix}, \quad (5.5)$$

526

527

$$\Delta \mathfrak{L} = \begin{pmatrix} \Delta \mathfrak{L}_{0,0,0,0} & \Delta \mathfrak{L}_{0,0,1,0} & \dots & \Delta \mathfrak{L}_{0,0,N,M} \\ \Delta \mathfrak{L}_{1,0,0,0} & \Delta \mathfrak{L}_{1,0,1,0} & \dots & \Delta \mathfrak{L}_{1,0,N,M} \\ \vdots & \vdots & \ddots & \vdots \\ \Delta \mathfrak{L}_{N,M,0,0} & \Delta \mathfrak{L}_{N,M,1,0} & \dots & \Delta \mathfrak{L}_{N,M,N,M} \end{pmatrix}, \quad (5.6)$$

528 as approximations to the full operators \mathcal{L} and $\Delta \mathcal{L}$, with scalar components

530

$$\mathfrak{L}_{i,j,k,l} = \int_{s_k - \Delta s/2}^{s_k + \Delta s/2} ds' \int_{\theta_l - \Delta \theta/2}^{\theta_l + \Delta \theta/2} d\theta' (\mathbf{K}_S(s_i, s') + \mathbf{K}_S^*(s_i, s')) + \Delta \mathbf{M}_A(s_i, \theta_j) \delta_{i,k} \delta_{j,l}, \quad (5.7)$$

531

532

533

$$\begin{aligned} \Delta \mathfrak{L}_{i,j,k,l} &= \int_{s_k - \Delta s/2}^{s_k + \Delta s/2} ds' \int_{\theta_l - \Delta \theta/2}^{\theta_l + \Delta \theta/2} d\theta' [\mathbf{G}_S(\mathbf{S}(s_i, \theta_j) - \mathbf{S}(s', \theta')) - \mathbf{K}_S(s_i, s')] \\ &+ \int_{s_k - \Delta s/2}^{s_k + \Delta s/2} ds' \int_{\theta_l - \Delta \theta/2}^{\theta_l + \Delta \theta/2} d\theta' [\mathbf{G}_S^*(\mathbf{S}(s_i, \theta_j) - \mathbf{A} \cdot \mathbf{S}(s', \theta')) - \mathbf{K}_S^*(s_i, s')] \\ &- \delta_{i,k} \delta_{j,l} \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' [\mathbf{G}_S(\mathbf{S}_e(s_e(s_i), \theta_j) - \mathbf{S}_e(s', \theta')) - \mathbf{K}_{S,e}(s_e(s_i), s')] . \end{aligned} \quad (5.8)$$

534 Here, $\delta_{i,j}$ is the Kronecker delta, defined to be $\delta_{i,j} = 1$ when $i = j$ and zero
535 otherwise.536 The discretized tubular body theory equations, eqs. (5.3) and (5.4), can be
537 solved by inverting \mathfrak{L} to find

538
$$\bar{\mathfrak{f}}_0 = 8\pi \mathfrak{L}^{-1} \mathfrak{u}, \quad (5.9)$$

539
$$\bar{\mathfrak{f}}_n = (-\mathfrak{L}^{-1} \Delta \mathfrak{L}) \bar{\mathfrak{f}}_{n-1}, \quad n \geq 1. \quad (5.10)$$

540 It is useful to retain the full $-\mathfrak{L}^{-1} \Delta \mathfrak{L}$ matrix as it reduces the task of finding
541 higher iterations of $\bar{\mathfrak{f}}_n$ to matrix multiplication. We note that this matrix multi-
542 plication is exceptionally fast, relative to constructing discrete analogues of the
543 linear operators, \mathfrak{L} and $\Delta \mathfrak{L}$.544 This matrix representation also allows us to compute the infinite summation
545 using the aforementioned Neumann series for matrices, which generalises the well-
546 known geometric series to operators. Specifically,

547
$$\bar{\mathfrak{f}} = \sum_{n=0}^{\infty} \bar{\mathfrak{f}}_n = 8\pi \sum_{n=0}^{\infty} (-\mathfrak{L}^{-1} \Delta \mathfrak{L})^n \mathfrak{L}^{-1} \mathfrak{u} = 8\pi (1 + \mathfrak{L}^{-1} \Delta \mathfrak{L})^{-1} \mathfrak{L}^{-1} \mathfrak{u}, \quad (5.11)$$

548 if the eigenvalues of $\mathfrak{L}^{-1} \Delta \mathfrak{L}$ lie in $(-1, 1)$. These eigenvalues are an approx-
549 imation to the eigenvalues of $\mathcal{L}^{-1} \Delta \mathcal{L}$. Hence, the Galerkin approach can be
550 used to determine the tubular-body theory by interfaces solution exactly using
551 eq. (5.11), estimate the eigenvalues of $\mathcal{L}^{-1} \Delta \mathcal{L}$, and test the convergence of the
552 series representation for the traction jump, eq. (4.27), with relative ease.553 We implemented TBTi-BEM in MATLAB[®] in order to validate the theory,

554 using an optimised boundary element method written in Fortran 90 (Walker *et al.*
 555 2019) for comparison. The time complexity of constructing the largest matrix
 556 in TBTi-BEM is $O(N^2M^2)$, equivalent to that of a traditional BEM scheme
 557 with NM elements†. Hence, TBTi-BEM isn't expected to provide any significant
 558 computational advantages over traditional boundary element methods, though we
 559 remark that TBTi-BEM does not require specialised quadrature schemes, whilst
 560 boundary element schemes do in general. Notably, both TBTi-BEM and BEM,
 561 which can be seen as differing formulations of the boundary integral equations, are
 562 outperformed in terms of simplicity and computational efficiency by slender-body
 563 theories, which are typically $O(N^2)$, though the speed of SBTs is accompanied
 564 by significantly restricted applicability and validity.

565 6. A spheroid by a plane wall

566 In order to numerically evaluate TBTi, we used TBTi-BEM to begin with
 567 perhaps the simplest class of tubular bodies: spheroids. Despite their geometrical
 568 simplicity, spheroids and the flows around them still pose challenging numerical
 569 problems in extreme circumstances, such as when very close to boundaries or
 570 when they have large aspect ratios. In this section, we explore and evidence how
 571 TBTi-BEM is capable of capturing the dynamics of such spheroids, presented
 572 with direct comparison to a numerical implementation of slender-body theory
 573 and a boundary element method. We consider motion in the presence of a rigid
 574 wall, noting that motion near such a boundary generates large stresses that can
 575 be difficult to resolve numerically (Kim & Karrila 2005). We note that the validity
 576 of tubular body theory has been established for non-slender and highly curved
 577 objects by Koens (2022), which we will see is inherited by TBTi. Hence, we will
 578 focus on evidencing validity in the presence of boundaries effects, though will
 579 explore a more complex geometry in section 7.

580 Initially, we consider spheroids whose symmetry axis is taken to be parallel to
 581 the plane boundary. In such a configuration, the spheroid can be parameterised
 582 as

$$583 \quad \mathbf{S}(s, \theta) = s\hat{\mathbf{x}} + \eta\sqrt{1-s^2}\hat{\mathbf{e}}_\rho - d\hat{\mathbf{z}}, \quad (6.1)$$

584 where we have set $\mathbf{r}(s) = s\hat{\mathbf{x}}$ and $\rho(s) = \eta\sqrt{1-s^2}$.

585 6.1. Establishing accuracy with boundary element simulations

586 In order to verify the accuracy of TBTi-BEM (and therefore infer the versatility
 587 of the TBTi equations), we compute resistance matrices for spheroids of vari-
 588 ous aspect ratios and boundary separations. As no general analytical solutions
 589 are available for the hydrodynamic resistance of spheroids near boundaries, we
 590 compare the numerical results to those obtained with a high-accuracy boundary
 591 element method, as described by Walker *et al.* (2019) and Pozrikidis (2002). Of
 592 note, as TBTi regularises the boundary integral equations by the subtraction
 593 of a *free-space* solution for the motion of a spheroid, not one near a boundary,
 594 accurately resolving boundary interactions remains non-trivial.

595 In more detail, we consider spheroids of inverse aspect ratios given by $\eta \in$

† As expected, the optimised BEM implementation is associated with lower computational runtimes than our high-level TBTi-BEM implementation, approximately by a factor of 2–3 in typical examples.

| | $\eta = 1$ | $\eta = 0.2$ | $\eta = 0.1$ |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------|
| $d = 2$ | $\begin{bmatrix} R_{11}^{FU} \rightarrow 1.4\%(0.34) \\ R_{22}^{FU} \rightarrow 1.3\%(0.33) \\ R_{33}^{FU} \rightarrow 1.2\%(0.48) \end{bmatrix}$ | $\begin{bmatrix} 1.3\%(0.10) \\ 1.5\%(0.15) \\ 1.5\%(0.18) \end{bmatrix}$ | $\begin{bmatrix} 1.5\%(0.08) \\ 1.6\%(0.12) \\ 1.6\%(0.14) \end{bmatrix}$ |
| $d = 2\eta$ | $\begin{bmatrix} 1.4\%(0.34) \\ 1.3\%(0.33) \\ 1.2\%(0.48) \end{bmatrix}$ | $\begin{bmatrix} 1.3\%(0.14) \\ 1.4\%(0.23) \\ 1.2\%(0.44) \end{bmatrix}$ | $\begin{bmatrix} 1.3\%(0.12) \\ 1.4\%(0.22) \\ 1.1\%(0.44) \end{bmatrix}$ |
| $d = 1.1\eta$ | $\begin{bmatrix} 1.2\%(0.50) \\ 1.1\%(0.47) \\ 0.2\%(0.46) \end{bmatrix}$ | $\begin{bmatrix} 0.9\%(0.19) \\ 0.9\%(0.31) \\ 0.4\%(1.55) \end{bmatrix}$ | $\begin{bmatrix} 1.0\%(0.18) \\ 0.9\%(0.32) \\ 1.3\%(4.62) \end{bmatrix}$ |

Table 1: The relative error in the non-zero force-translation resistance coefficients $\{R_{11}^{FU}, R_{22}^{FU}, R_{33}^{FU}\}$ for spheroids of varying aspect ratio and boundary separation, as computed with TBTi-BEM and compared against the boundary element method. The absolute errors between the coefficients is given in parentheses. Here, spheroids were aligned parallel to the boundary.

| | $\eta = 1$ | $\eta = 0.2$ | $\eta = 0.1$ |
|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------------------------------------------------------|
| $d = 2$ | $\begin{bmatrix} R_{11}^{L\Omega} \rightarrow 2.2\%(0.56) \\ R_{22}^{L\Omega} \rightarrow 2.2\%(0.56) \\ R_{33}^{L\Omega} \rightarrow 2.2\%(0.55) \end{bmatrix}$ | $\begin{bmatrix} 2.3\%(0.02) \\ 2.4\%(0.11) \\ 2.4\%(0.11) \end{bmatrix}$ | $\begin{bmatrix} 2.4\%(0.004) \\ 2.5\%(0.08) \\ 2.5\%(0.08) \end{bmatrix}$ |
| $d = 2\eta$ | $\begin{bmatrix} 2.2\%(0.56) \\ 2.2\%(0.56) \\ 2.2\%(0.55) \end{bmatrix}$ | $\begin{bmatrix} 2.3\%(0.02) \\ 2.1\%(0.19) \\ 2.3\%(0.13) \end{bmatrix}$ | $\begin{bmatrix} 2.3\%(0.004) \\ 1.9\%(0.17) \\ 2.3\%(0.11) \end{bmatrix}$ |
| $d = 1.1\eta$ | $\begin{bmatrix} 2.1\%(0.77) \\ 2.1\%(0.76) \\ 2.2\%(0.60) \end{bmatrix}$ | $\begin{bmatrix} 2.1\%(0.027) \\ 0.1\%(0.027) \\ 1.9\%(0.16) \end{bmatrix}$ | $\begin{bmatrix} 2.2\%(0.007) \\ 0.9\%(0.33) \\ 1.8\%(0.14) \end{bmatrix}$ |

Table 2: The relative error in the non-zero torque-rotation resistance coefficients $\{R_{11}^{L\Omega}, R_{22}^{L\Omega}, R_{33}^{L\Omega}\}$ for spheroids of varying aspect ratio and boundary separation, as computed with TBTi-BEM and compared against the boundary element method. The absolute errors between the coefficients is given in parentheses. Here, spheroids were aligned parallel to the boundary.

| | $\eta = 1$ | $\eta = 0.2$ | $\eta = 0.1$ |
|---------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| $d = 2$ | $\begin{bmatrix} R_{12}^{F\Omega} \rightarrow 6.0\%(0.0073) \\ R_{21}^{F\Omega} \rightarrow 3.2\%(0.0040) \end{bmatrix}$ | $\begin{bmatrix} 1.7\%(0.0017) \\ 2.5\%(10^{-6}) \end{bmatrix}$ | $\begin{bmatrix} 1.7\%(9 \times 10^{-4}) \\ 6.8\%(2 \times 10^{-7}) \end{bmatrix}$ |
| $d = 2\eta$ | $\begin{bmatrix} 6.0\%(0.0073) \\ 3.2\%(0.0040) \end{bmatrix}$ | $\begin{bmatrix} 0.7\%(0.0056) \\ 16.5\%(9 \times 10^{-4}) \end{bmatrix}$ | $\begin{bmatrix} 0.5\%(3 \times 10^{-4}) \\ 91.6\%(5 \times 10^{-4}) \end{bmatrix}$ |
| $d = 1.1\eta$ | $\begin{bmatrix} 5.8\%(0.12) \\ 4.2\%(0.09) \end{bmatrix}$ | $\begin{bmatrix} 6.6\%(0.20) \\ 64.3\%(0.02) \end{bmatrix}$ | $\begin{bmatrix} 15.1\%(0.2765) \\ 402.9\%(0.0082) \end{bmatrix}$ |

Table 3: The relative error in the non-zero force-rotation resistance coefficients $\{R_{12}^{F\Omega}, R_{21}^{F\Omega}\}$ for spheroids of varying aspect ratio and boundary separation, as computed with TBTi-BEM and compared against the boundary element method. The absolute errors between the coefficients is given in parentheses. Here, spheroids were aligned parallel to the boundary.

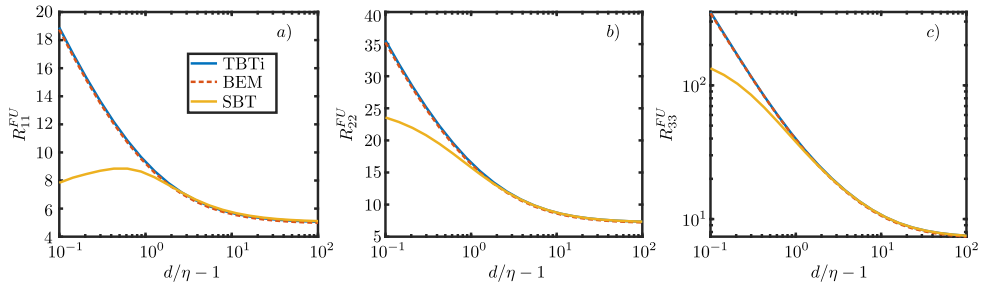


Figure 2: The resistance coefficients for a prolate spheroid perpendicular to a wall normal as a function of gap size. a) force from translation along the symmetry axis of the prolate spheroid, R_{11}^{FU} . b) force from translation along perpendicular to symmetry axis and wall normal of the prolate spheroid, R_{22}^{FU} . c) force from translation along in the direction of the wall normal, R_{33}^{FU} . In each plot, the tubular-body theory by interfaces TBTi-BEM result is in blue, the boundary element method simulations are shown as red dashed lines, and the wall corrected slender-body theory results are shown in yellow. Results are shown for $\eta = 0.1$.

596 $\{1, 0.2, 0.1\}$ at distances $d \in \{2, 2\eta, 1.1\eta\}$, encompassing both slender and non-
 597 slender objects at moderate and extreme boundary proximities. The TBTi-BEM
 598 calculations used $\lambda = 10^4$, $N = 15$ and $M = 300$, while the boundary element
 599 calculations discretised the body into 2×10^4 flat triangles. All numerical results
 600 were verified to have converged to within approximately 1% of the values obtained
 601 using significantly higher resolution computational meshes.

602 In tables 1 to 3, we tabulate the absolute and relative errors in the eight non-
 603 zero resistance coefficients of the spheroids in this configuration, noting that
 604 symmetry of this particular set up removes many degrees of freedom from the
 605 resistance matrix. Here, values obtained from the boundary element simulations
 606 are considered the true values, with absolute and relative errors defined relative
 607 to these quantities. These tables, reporting the force-translation, torque-rotation,
 608 and force-rotation coefficients, respectively, highlight the marked accuracy of
 609 TBTi-BEM across the range of separations and geometries considered here,
 610 particularly given the uniform, non-specific meshing employed. As might be
 611 expected, spuriously large relative errors occur for the force-rotation coefficients
 612 of table 3, which are typically 100x smaller in value than the largest coefficients,
 613 so that the observed absolute errors are in line with approximately 1% error in
 614 computing the force density $\mathbf{\hat{f}}$.

615 Notably, these results suggest that TBTi is accurate even for slender objects
 616 that are very close to a boundary. In the next section, we will assess this accuracy
 617 more systematically as a function of boundary separation.

618

6.2. Beyond the limits of slender-body theory

619 While slender objects are often simulated using wall-corrected slender-body the-
 620 ories, these theories are not expected to be accurate when boundary separation
 621 is on the same scale as the radius of the object. In fig. 2, we compare the
 622 effectiveness of such a numerical implementation of slender-body theory (utilising
 623 the boundary corrections of Barta & Liron (1988a)) against TBTi-BEM by
 624 plotting computed resistance coefficients as a function of boundary separation.
 625 The TBTi equations, in principle, impose no theoretical limits on the boundary
 626 separation. Fixing $\eta = 0.1$, fig. 2 evidences the agreement between the slender-

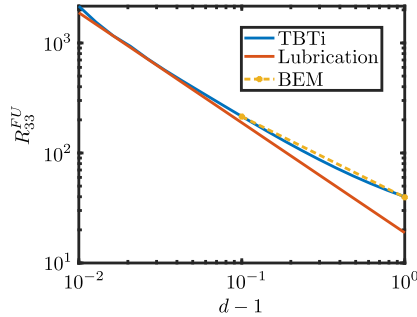


Figure 3: The drag on a sphere as it approaches a plane wall as predicted by TBTi-BEM (blue), and the leading-order lubrication result ($6\pi/(d-1)$). The boundary element method results for larger $d-1$ are included for reference.

627 body theory and TBTi-BEM when boundary separation is large, here quantified
 628 by $d/\eta - 1$. However, as boundary separation decreases to being approximately η
 629 in size, the resistance coefficients computed by TBTi-BEM and SBT diverge. We
 630 also include computations using the boundary element method for comparison,
 631 from which we can immediately conclude that TBTi-BEM remains valid even at
 632 small separations, while the slender-body theory is rendered inaccurate by the
 633 comparable scales of boundary separation and body radius. Hence, the validity of
 634 TBTi appears to extend significantly beyond that of this wall-corrected slender-
 635 body theory. This reflects the fact that no slenderness assumptions are invoked in
 636 the formulation of TBTi, with the boundary integral equations being reformulated
 637 exactly.

638

6.3. Replication of lubrication limits

639 The comparisons with the boundary element simulations and the wall corrected
 640 slender-body theory suggests that the TBTi equations are correctly accounting
 641 for the wall at large to close distances. However when the body gets very close to
 642 the wall, the forces on the body begin to diverge due to the lubrication stresses
 643 (Kim & Karrila 2005). These stresses come from the large gradients in the velocity
 644 present near the wall and are notoriously hard to resolve numerically (Ishikawa
 645 2022). For a sphere approaching a wall the force on the fluid is known to grow as
 646 $6\pi/(d-1)$, while for transverse motion the force grows proportionally to $\ln(d-1)$.

647 The iterative structure means the TBTi equations cannot be effectively ex-
 648 panded in the lubrication limit to investigate if the lubrication behaviour is pre-
 649 served. It is however expected that the lubrication behaviour should be captured
 650 as the TBTi equations are fundamentally equivalent to the boundary integrals,
 651 which are an exact representations of the flow. We tested this by performing
 652 high resolution TBTi-BEM simulations ($N = M = 65$) for a sphere approaching
 653 a wall and compared it to the leading-order lubrication behaviour ($6\pi/(d-1)$)
 654 when $d-1 \in (0.01, 1]$ (fig. 3). We kept the mesh uniform for all simulations. The
 655 transverse singularity requires a higher resolution and proximity to the wall than
 656 available as the gap between the sphere and wall must be minute for $\ln(d-1)$ to
 657 be large. TBTi-BEM simulations is seen to agree well with the BEM simulations
 658 for $d-1 \in (0.1, 1]$ and smoothly connects to the leading-order lubrication results
 659 as $d-1 < 0.1$. The slight deviation between TBTi-BEM and the singularity result
 660 around $d-1 = 0.01$ is due to numerical resolution issues. TBTi-BEM is therefore

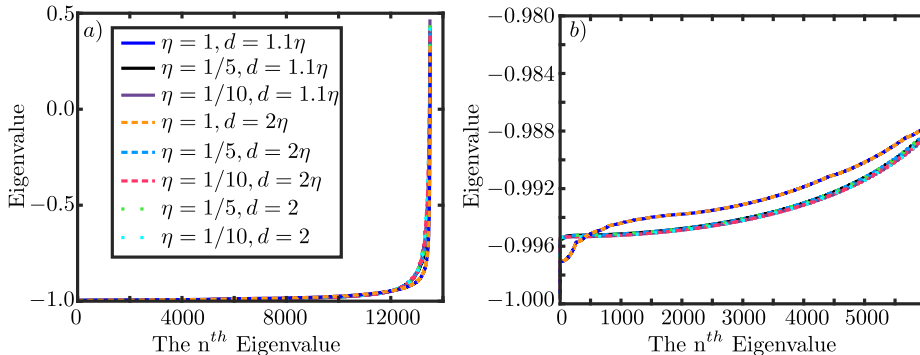


Figure 4: The eigenvalues of the matrix approximation to the TBTi-BEM operator, $\mathfrak{L}^{-1} \cdot \Delta \mathfrak{L}$, for eight of the configurations considered in section 6.1. a) All 135,000 eigenvalues. b) The 6,000 eigenvalues closest to -1 .

661 able to capture the strongest lubrication singularity for a sphere, the approaching
 662 the wall singularity, suggesting that TBTi will be able to resolve the lubrication
 663 on non-spherical bodies (since TBTi is exact representation in theory).

664

6.4. Eigenvalue analysis

665 In order for the series defined in eq. (4.27) to converge, and for the inverse
 666 representation of eq. (5.11) to be valid, the eigenvalues of $\mathcal{L}^{-1} \Delta \mathcal{L}$ are required
 667 to lie within $(-1, 1)$. To establish this in practice, we consider the eigenvalues
 668 of the matrix approximation $\mathfrak{L}^{-1} \cdot \Delta \mathfrak{L}$ to this operator found using TBTi-BEM.
 669 For eight of the configurations considered in section 6.1, we compute and plot
 670 the eigenvalues of this discrete operator in fig. 4 in order. In each case, many
 671 of these eigenvalues can be seen to cluster above -1 , though all remain in the
 672 required interval for convergence. Decreasing η appears to result in the most
 673 extreme eigenvalues more closely approaching -1 , while varying the boundary
 674 separation appears to have no noticeable effect at the scale of these plots. Hence,
 675 this suggests that the series underlying the TBTi formalism converges absolutely,
 676 an observation that appears independent of geometry, at least for the objects
 677 considered here. In a cursory evaluation of a wider range of geometries than we
 678 can succinctly report in this work, we have not encountered any objects that
 679 invalidate this observation of convergence.

680

6.5. Convergence rates

681 The convergence of the tubular-body theory by interfaces summation, eq. (5.11),
 682 as a function of the number of terms retained, was also explored for the eight
 683 different configurations in section 6.1 (fig. 5) using TBTi-BEM. For brevity, only
 684 the force towards the wall from motion in the same direction, R_{33}^{FU} , force in the
 685 minor axis perpendicular to the wall due to rotation around the major axis,
 686 $R_{21}^{F\Omega}$, and the torque in the minor axis perpendicular to the wall normal from
 687 rotation in the same direction, $R_{22}^{L\Omega}$, are shown because they converge the slowest.
 688 The force-translation and torque-rotation both correspond to motions with large
 689 lubricating stresses, while the force-rotation term is a small secondary effect of
 690 the wall.

691 Except when the body is close to the wall, the coefficients are seen to converge
 692 in approximately 10 terms. A similar number of terms was needed to realise

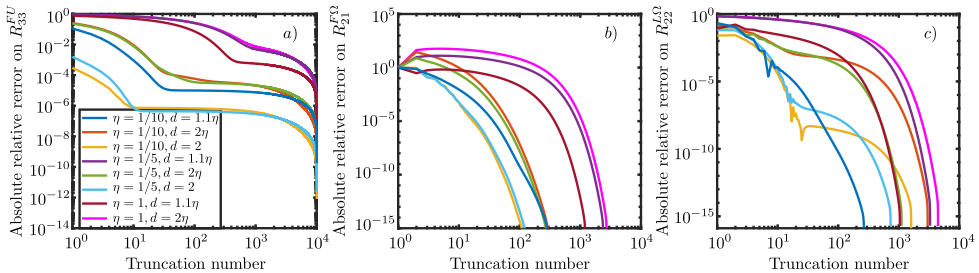


Figure 5: The convergence of the non-zero resistance coefficients predicted by the TBTi series, eq. (4.27) (calculated using TBTi-BEM), as a function of the truncation point in the series. The slowest coefficients to converge, in each sub-matrix, is shown for brevity. The absolute relative error is defined as the absolute value of the difference between the converged value and the iterated value all divided by the converged value. a) The coefficient relating force towards the wall from motion towards the wall, R_{33}^{FU} . b) The coefficient relating force along the minor axis perpendicular to the wall normal from rotation around the major axis, $R_{21}^{F\Omega}$. c) The coefficient relating torque in the minor axis perpendicular to the wall normal from rotation in the same direction, $R_{22}^{L\Omega}$. All coefficients are scaled by their converged value.

693 convergence in the free space TBT equations (Koens 2022). The number of
 694 terms needed to converge increases rapidly when the body is very close to the
 695 wall ($d = 1.1\eta$) and as the thickness of the spheroid η increases. The improved
 696 convergence with slender shapes is due to the first-approximation kernel capturing
 697 the local logarithmic dependence on the drag when very slender, by construction
 698 and shown in Koens (2022). The presence of the interface, however, introduces
 699 significant asymmetry in the traction experienced by the body and so a higher
 700 number of iterations are needed to fully resolve this variation. For the weaker
 701 lubrication singularity, present in $R_{22}^{L\Omega}$ (fig. 5 c), convergence occurs around 100
 702 terms, while for the strongest lubrication singularity, present in R_{33}^{FU} (fig. 5 a),
 703 it takes approximately 1,000 terms to converge. The small coupling term, $R_{21}^{F\Omega}$,
 704 converges in roughly $10^{2.5} \approx 316$ terms. The singular nature of lubrication effects
 705 often makes these singularities hard to resolve numerically, so the increase in the
 706 number of terms needed for convergence is expected.

707 6.6. Force distribution on tilted wall-approaching spheroids

708 In a final example of TBTi applied to simple spheroids, we compute the force
 709 density on tilted spheroids approaching a plane wall with unit normal velocity
 710 using TBTi-BEM. In particular, we consider spheroidal geometry that is some-
 711 what slender ($\eta = 0.1$) and at various separations, one of which lies on the edge of
 712 the regime of validity of slender-body theory identified in section 6.2. Due to the
 713 regular integral kernel, our implementation of TBTi-BEM also does not rely on
 714 specialised quadrature routines, unlike the boundary element method used in the
 715 previous sections, so that solution via TBTi-BEM is relatively straightforward.
 716 The computed magnitude of the force on such a spheroid in three scenarios is
 717 illustrated in fig. 6, from which a significant dependence on the details of the
 718 approach of the spheroid to the boundary can be seen. Here, we have made use
 719 of a fine mesh with $N = 32$, $M = 64$, and have considered $d \in \{0.3, 0.95, 1.1\}$ at
 720 angles of $\{0, \pi/4, \pi/2\}$ to the wall respectively. We note that the largest traction
 721 jump on the spheroid is located at the point on the surface closest to the wall,

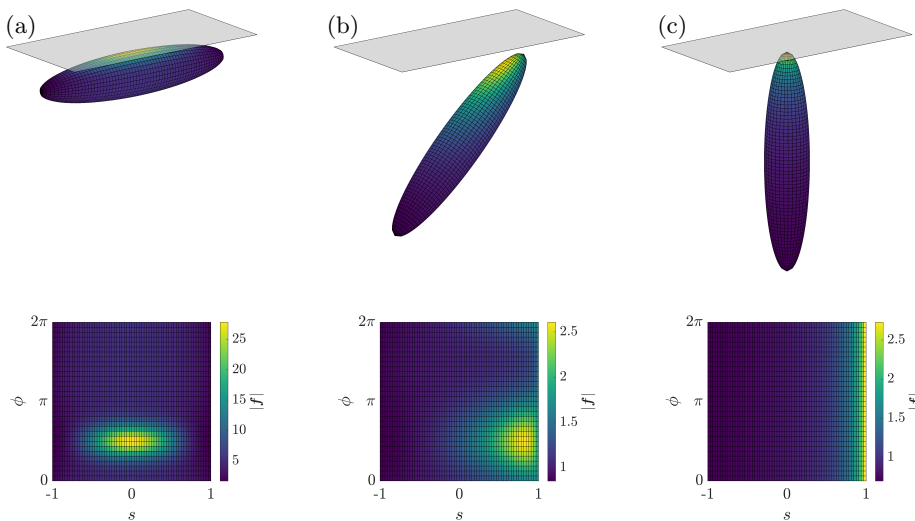


Figure 6: The computed magnitude of the force density on a range of spheroids as they approach an infinite rigid wall at unit velocity normal the boundary. Here, we have fixed $\eta = 0.1$ and considered separations of $d \in \{0.3, 0.95, 1.1\}$ at angles of $\{0, \pi/4, \pi/2\}$ to the wall in (a), (b), and (c), respectively.

722 whether this is in the middle or near the ends. This is in contrast to what would be
 723 found with the wall corrected slender-body approach in which the largest stress
 724 would be found at the point on the centreline closest to the wall.

725 7. Traction jump on helices above an interface

726 Tubular-body theory by interfaces applies to general cable-like bodies by any
 727 plane interface. For example, it can be used to determine the traction jump on a
 728 helix moving close to a free interface and a plane wall. We parameterise a helix
 729 by $\rho(s) = \sqrt{1 - s^2}$ and $\mathbf{r} = r_x \hat{\mathbf{x}} + r_y \hat{\mathbf{y}} + r_z \hat{\mathbf{z}}$, where

$$730 \quad r_x(s) = \alpha_h s, \quad (7.1a)$$

$$731 \quad r_y(s) = R_h \cos(ks + \pi/2), \quad (7.1b)$$

$$732 \quad r_z(s) = R_h \sin(ks + \pi/2), \quad (7.1c)$$

733 $\alpha_h = \Lambda / \sqrt{\pi^2 R_h^2 + \Lambda^2}$ is the axial length of the helix $k = \pi / \sqrt{\pi^2 R_h^2 + \Lambda^2}$ is the
 734 wave-number, R_h is the helix radius and Λ is the helix pitch. The helix-by-an-
 735 interface simulations here used $\eta = 0.05$, $R_h = 0.05109375$, and $\lambda = 0.25$. This
 736 parameterisation was used to simulate the motion of tightly wound helices with
 737 the free-space TBT (Koens 2022). The specific geometry corresponds to the helix
 738 with the largest pitch and smallest helix radius tested by Koens (2022). When
 739 the distance from the interface was large, $d = 1,000$, the results found using
 740 TBTi-BEM and the free space TBT were the same, up to numerical error.

741 The surface traction on this helix was determined in presence of a rigid bound-
 742 ary ($\lambda \rightarrow \infty$) and a free interface ($\lambda = 0$), using TBTi-BEM. The distance to
 743 the wall was $d = 0.15$. Each configuration is illustrated in fig. 7, with fig. 7a and
 744 fig. 7c corresponding to the rigid boundary and the free interface held flat by
 745 surface tension, respectively. In both cases, we prescribe a unit velocity towards
 746 the boundary on the surface of the helix, and colour the surface by the pointwise

747 magnitude of the resulting traction jump (multiplied by the surface element),
 748 with the boundaries shown semi-transparent for visual clarity.

749 The traction distribution on the computational domain, parameterised by
 750 arclength s and angle ϕ , is shown in fig. 7b and fig. 7d. The largest-magnitude
 751 traction jumps (multiplied by the surface element) are found on the three near-
 752 boundary regions of the helix in both cases. The decay of these peaks are skewed
 753 along the helix arms, giving the curving shape on the computational domain.

754 The rigid boundary is seen to generate tractions jumps (multiplied by the
 755 surface element) about twice as large than the free interface in these regions. Since
 756 the traction jump multiplied by the surface element scales with the total force
 757 on the body, this is consistent with the known behaviour of the lubrication force.
 758 When approaching another body, the lubrication force diverges proportionally
 759 with the inverse of the gap size, Δd (Kim & Karrila 2005). The force on the
 760 nearest points of the helix by the wall therefore scales with $1/\Delta d$. However,
 761 a helix approaching a free interface is mathematically equivalent to the helix
 762 approaching a mirrored helix across the interface. Hence, the effective gap size
 763 for the helix approaching the plane interface is doubled. The traction jump on a
 764 helix by a free interface therefore scales with $1/(2\Delta d)$. This difference explains
 765 the apparent factor of 2 observed in the traction strengths and implies that TBTi
 766 can handle complex shapes by different types of interfaces. An investigation of
 767 the eigenvalues of the discrete TBTi-BEM operator, the convergence of the series
 768 expansion, and mesh independence can be found in appendix E.

769 We further highlight the flexibility of TBTi by considering a helix that violates
 770 common assumptions of slender body theory, one that approaches self-intersection
 771 due to its thickness. Taking $\eta = 0.15$ and using an increased separation $d = 0.5$, we
 772 illustrate such a helix in fig. 8 above a rigid boundary along with a representative
 773 computational mesh and the computed traction jump. Appendix E examines this
 774 example in more detail, including an exploration of convergence of the associated
 775 resistance matrix as a function of truncation number and mesh refinement. This
 776 non-slender, non-spheroidal example highlights the flexibility and broad utility
 777 of TBTi, even when an object is approaching self intersection.

778 8. Conclusion

779 This paper extends the tubular-body theory formalism to handle cable-like bodies
 780 by plane interfaces. Similarly to in the free-space case, the employed expansion
 781 allows for the traction jump on the body to be reconstructed exactly by iter-
 782 atively solving a better-behaved slender-body theory-like operator, eq. (4.19).
 783 The iterations are shown to be equivalent to an appropriate analogue of the
 784 geometric series, indicating that the iterations will converge to the exact value if
 785 certain conditions on the eigenvalues of the operator are met. Empirically, these
 786 conditions were found to be satisfied for all geometries considered.

787 The tubular-body theory by interfaces equations (eqs. (4.27) to (4.29)) were
 788 solved numerically using a Galerkin approach (Pozrikidis 1992) in an approach
 789 called TBTi-BEM. The Galerkin approach was taken as it provides an efficient
 790 method to conduct iterations, determine the exact solution, and find approximate
 791 eigenvalues for the system, thereby empirically investigating the properties of
 792 the TBTi equations. The TBTi-BEM simulations were compared to boundary
 793 element simulations for spheroids by a plane wall. All rigid body motions near
 794 a wall generate lubrication stresses that can be hard to determine numerically.

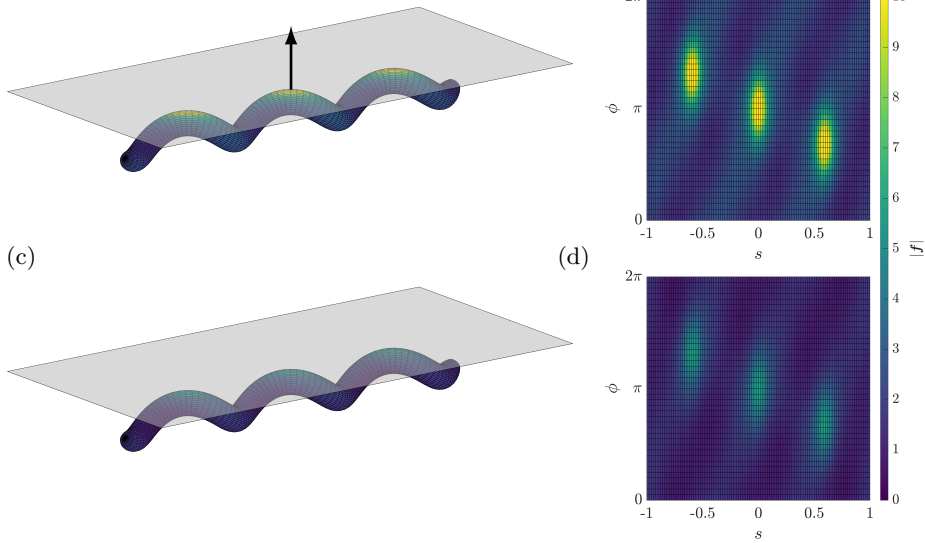


Figure 7: The traction jump on a helical body as it approaches an infinite plane boundary. The colour shows the magnitude of the traction computed using TBTi-BEM for two identical helical bodies moving towards a rigid boundary (a,b) with $\lambda \rightarrow \infty$ and a free interface (c,d) with $\lambda = 0$. In (b) and (d), we show the same traction distributions in the computational domain, from which we observe significant differences between different parts of each body and between the two cases. The approach towards the rigid boundary is associated with significantly larger traction, as expected.

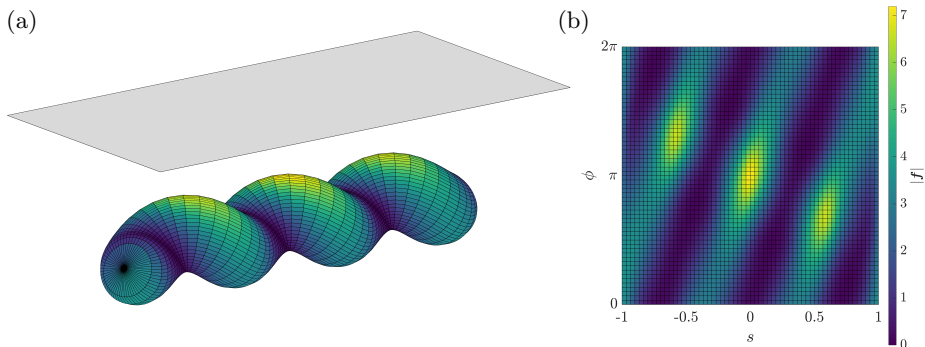


Figure 8: The traction field on a thick tubular body approaching a rigid boundary. (a) The geometry and magnitude of the computed surface traction jump on a helical body whose surface approaches self intersection, where the body approaches the surface in the normal direction at unit speed. As might be expected, the largest magnitude traction jump is localised to the near-boundary side. (b) The traction jump distributions shown in the computational domain, highlighting the heterogeneous surface distribution.

795 The TBTi-BEM results agreed well with both boundary element simulations for
 796 all aspect ratios and distances from the wall and the asymptotic solution to
 797 the lubrication for an approaching sphere when very close to the wall, suggesting
 798 that the TBTi equations can capture the lubrication effect. This is to be expected
 799 as TBTi is an exact representation of the flow. The largest deviations between
 800 the results were found in the weak force-rotation resistance coefficients and was

801 likely due to the numerical errors in both the TBTi-BEM and boundary element
802 method implementations.

803 The TBTi equations were found to converge in around 10 iterations when the
804 body was well separated from the boundary, based on the results of TBTi-BEM.
805 However, when very close to the wall, the rate of convergence decreased. When a
806 body approaches the plane wall it was found to converge in around 1,000 terms,
807 while for other motions it took around 100 terms. The increase in the number of
808 terms reflects the general difficulty with resolving lubrication effects numerically.

809 Finally, the TBTi simulations (TBTi-BEM) were used to look at the motion
810 of helices towards a rigid wall and a free interface. As would be anticipated, the
811 traction (multiplied by the surface element) found in both cases was largest on the
812 parts of the helix closest to the interface and decayed as the distance increased.
813 The maximum traction on the helix near a plane wall was also found to be
814 around twice the size of the maximum traction on the helix by a free interface.
815 Since the hydrodynamics of a body by a free interface is equivalent to two bodies
816 approaching each other at double the separation, the factor of two is consistent
817 with the scaling of the lubrication singularity.

818 The TBTi formalism opens up many new possibilities for exploration. It allows
819 a slender-body theory-like method to explore geometries that lie well beyond the
820 limits of slender-body theory in the presence of interfaces. Further, it presents a
821 viable alternative to general boundary integral methods, removing the need to
822 evaluate weakly singular integrals during numerical solution. Looking forward, we
823 expect that the convergence rate of the representation can be improved should
824 a better regularizing body be found, which is a topic of active development
825 for TBT and TBTi. The derivation could also generalise to other systems that
826 can be represented by integral equations, and other viscous flow configurations.
827 Furthermore, the well-behaved nature of the TBTi operator opens up new avenues
828 for solving for the hydrodynamics of wires near interfaces asymptotically.

829 Declaration of Interests: The authors report no conflict of interest.

830 BJW is supported by the Royal Commission for the Exhibition of 1851.

831 The TBTi-BEM program and data that support the findings of this study are
832 openly available on GitHub at <https://github.com/LKoens/TBTi>.

833 Appendix A. Spheroid solution and matching

834 We make use of the exact solution for the mobility of a translating spheroid
835 in order to regularise the boundary integral equations of our tubular body. We
836 parameterise the surface of a spheroid as

$$837 \quad \mathbf{S}_e(s, \theta) = as\hat{\mathbf{x}}' + c\sqrt{1-s^2}\hat{\boldsymbol{\rho}}(\theta) + \mathbf{q}, \quad (\text{A } 1)$$

838 where a and c are the semi axes of the spheroid, $\hat{\mathbf{x}}'$ is a unit vector along the
839 symmetry axis, $\hat{\boldsymbol{\rho}}(\theta)$ is the radial director perpendicular to the symmetry axis,
840 and \mathbf{q} is the centre of the spheroid. The solution of Brenner (1963) gives

$$841 \quad \mathbf{M}_A \cdot \bar{\mathbf{f}}(s, \theta) = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{G}_S(\mathbf{S}_e(s, \theta) - \mathbf{S}_e(s', \theta')) \cdot \bar{\mathbf{f}}(s', \theta'), \quad (\text{A } 2)$$

842 where $\alpha = c/a$ is the inverse aspect ratio of the spheroid. The matrix \mathbf{M}_A is
843 proportional to the translational mobility matrix of the spheroid and equals

$$844 \quad \mathbf{M}_A = \zeta_{\parallel} \hat{\mathbf{x}}' \hat{\mathbf{x}}' + \zeta_{\perp} (\mathbf{I} - \hat{\mathbf{x}}' \hat{\mathbf{x}}'), \quad (\text{A } 3)$$

$$845 \quad \frac{a\beta^{3/2}}{4\pi\mu_1} \zeta_{\parallel} = (\beta - 1) \arccos(\alpha^{-1}) + \sqrt{\beta}, \quad (\text{A } 4)$$

$$846 \quad \frac{a\beta^{3/2}}{2\pi\mu_1} \zeta_{\perp} = (3\beta + 1) \arccos(\alpha^{-1}) - \sqrt{\beta}, \quad (\text{A } 5)$$

$$847 \quad \beta = \alpha^2 - 1. \quad (\text{A } 6)$$

848 In regularising the boundary integral equations for the tubular body eq. (4.1),
849 we fit a spheroid to the surface of the tubular body at a point (s, θ) by matching
850 the positions and the tangent planes of the two objects. Since the spheroid
851 parameterisation has four independent parameters $(a, \hat{\mathbf{x}}', c, \mathbf{q})$, it is possible
852 to enforce these conditions uniquely, with the point of agreement on the reg-
853 ularising spheroid parameterised as (s_e, θ) , where s_e is the arclength of the
854 spheroid at which the surface and tangent plane matches. Explicitly, we require
855 $\mathbf{S}_e(s_e, \theta) = \mathbf{S}(s, \theta)$, $\partial_{s_e} \mathbf{S}_e(s_e, \theta) = \partial_s \mathbf{S}(s, \theta)$ and $\partial_{\theta} \mathbf{S}_e(s_e, \theta) = \partial_{\theta} \mathbf{S}(s, \theta)$. These
856 conditions give the following relationships between the surface of the body and
857 the parameterisation of the spheroid:

$$858 \quad \hat{\mathbf{x}}' = \hat{\mathbf{t}}(s), \quad (\text{A } 7)$$

$$859 \quad \hat{\boldsymbol{\rho}}(\theta) = \hat{\mathbf{e}}_{\rho}(s, \theta), \quad (\text{A } 8)$$

$$860 \quad \mathbf{q} + as_e \hat{\mathbf{x}}' = \mathbf{r}(s), \quad (\text{A } 9)$$

$$861 \quad 2c^2 = \rho^2(s) + \rho(s) \sqrt{\rho^2(s) + 4(\partial_s \rho(s))^2}, \quad (\text{A } 10)$$

$$862 \quad a = 1 - \hat{\mathbf{t}}(s) \cdot \partial_s \hat{\mathbf{e}}_{\rho}(s, \theta), \quad (\text{A } 11)$$

$$863 \quad c^2 s_e = \rho(s) \partial_s \rho(s), \quad (\text{A } 12)$$

864 where $\hat{\mathbf{t}}(s) = \partial_s \mathbf{r}(s)$ is the tangent to the centreline of the body.

865 Appendix B. Expanding the free space boundary integral kernel

866 In order to cast the boundary integrals in the tubular-body-theory form, first,
867 one writes the argument of the free space Green's function as

$$868 \quad \mathbf{S}(s, \theta) - \mathbf{S}(s', \theta') = \mathbf{R}_0(s, s') + \Delta \hat{\mathbf{e}}_{\rho}(s, \theta, s', \theta'), \quad (\text{B } 1)$$

869 where $\mathbf{R}_0(s, s') = \mathbf{r}(s) - \mathbf{r}(s')$ is a vector between two points on the centreline
870 of the body and $\Delta \hat{\mathbf{e}}_{\rho}(s, \theta, s', \theta') = \rho(s) \hat{\mathbf{e}}_{\rho}(s, \theta) - \rho(s') \hat{\mathbf{e}}_{\rho}(s', \theta')$ is the difference
871 between the cross-section vectors at (s, θ) and (s', θ') . The length squared of the
872 argument is therefore

$$873 \quad |\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')|^2 = |\mathbf{R}_0(s, s')|^2 + |\Delta \hat{\mathbf{e}}_{\rho}(s, \theta, s', \theta')|^2 + 2\mathbf{R}_0(s, s') \cdot \Delta \hat{\mathbf{e}}_{\rho}(s, \theta, s', \theta'), \quad (\text{B } 2)$$

874 where the first two terms are the squared lengths of each of the vectors in eq. (B 1)
875 while the last term is the cross term. This equation can be rewritten as

$$876 \quad |\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')|^2 = \left[|\mathbf{R}_0(s, s')|^2 + |\Delta \hat{\mathbf{e}}_{\rho}(s, \theta, s', \theta')|^2 \right] \left[1 + R_{\Delta}^{(1)}(s, \theta, s', \theta') \right], \quad (\text{B } 3)$$

877 where

$$\left[|\mathbf{R}_0(s, s')|^2 + |\Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')|^2 \right] R_\Delta^{(1)}(s, \theta, s', \theta') = 2\mathbf{R}_0(s, s') \cdot \Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta'). \quad (\text{B } 4)$$

879 The size of $R_\Delta^{(1)}(s, \theta, s', \theta')$ can be bound with the triangle inequality. The triangle
 880 inequality implies that for any two vectors \mathbf{a} and \mathbf{b} , $|\mathbf{a}|^2 + |\mathbf{b}|^2 \geq 2|\mathbf{a} \cdot \mathbf{b}|$, with equal-
 881 ity holding if and only if $\mathbf{a} = \pm\mathbf{b}$. If $\mathbf{a} = \mathbf{R}_0(s, s')$ and $\mathbf{b} = \Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')$, $\mathbf{a} = \pm\mathbf{b}$
 882 can only occur if the tubular-body intersects itself. Hence, provided that the body
 883 does not self intersect, the triangle inequality shows that $|R_\Delta^{(1)}(s, \theta, s', \theta')| < 1$ for
 884 all (s', θ') . This same bound does not hold when considering the cross terms
 885 that result from a sum of three vectors, rather than two. This was the erroneous
 886 assumption that led to the error in the original TBT derivation, though this does
 887 not impact on the derived formalism.

888 The bound on $R_\Delta^{(1)}(s, \theta, s', \theta')$ prompts the denominator of each of the terms
 within the free-space Green's function to be written as

$$|\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')|^{-2n} = \left[|\mathbf{R}_0(s, s')|^2 + |\Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')|^2 \right]^{-n} \left[1 + R_\Delta^{(1)}(s, \theta, s', \theta') \right]^{-n}, \quad (\text{B } 5)$$

891 which is structurally equivalent to a binomial series. Generally, a binomial series
 892 can be written as

$$(1 + x)^\varsigma = \sum_{k=0}^{\infty} \binom{\varsigma}{k} x^k, \quad (\text{B } 6)$$

894 where the generalised binomial coefficient is given by

$$\binom{\varsigma}{k} = \frac{1}{k!} \prod_{n=0}^{k-1} (\varsigma - n). \quad (\text{B } 7)$$

896 The binomial series converges absolutely if $|x| < 1$ and $\varsigma \in \mathbb{C}$. Therefore, taking
 897 $\varsigma = -n$ and $x = R_\Delta^{(1)}(s, \theta, s', \theta')$, the denominators in the free-space Green's
 function can be expressed as

$$|\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')|^{-2n} = \left[|\mathbf{R}_0(s, s')|^2 + |\Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')|^2 \right]^{-n} \sum_{k_1=0}^{\infty} \binom{-n}{k_1} R_\Delta^{(1)}(s, \theta, s', \theta')^{k_1}. \quad (\text{B } 8)$$

900 This first binomial series moves the θ' that is related to the dot product
 901 of $\mathbf{R}_0(s, s')$ and $\Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')$ from the denominator to the numerator of the
 902 Green's function. However, θ' dependence remains within the $|\Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')|^2$
 903 term of the denominator.

904 The θ' dependence that remains within the denominator can be addressed with
 905 a second binomial series. Similarly to the first expansion, the length squared of
 906 $\Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')$ can be written as

$$|\Delta\hat{\mathbf{e}}_\rho(s, \theta, s', \theta')|^2 = \rho^2(s) + \rho^2(s') - 2\rho(s)\rho(s')\hat{\mathbf{e}}_\rho(s, \theta) \cdot \hat{\mathbf{e}}_\rho(s', \theta'), \quad (\text{B } 9)$$

908 allowing the remaining terms in the denominator to be expressed as

$$909 \quad |\mathbf{R}_0(s, s')|^2 + |\Delta \hat{\mathbf{e}}_\rho(s, \theta, s', \theta')|^2 = |\tilde{\mathbf{R}}(s, s')|^2 \left[1 + R_\Delta^{(2)}(s, \theta, s', \theta') \right], \quad (\text{B } 10)$$

910 where

$$911 \quad |\tilde{\mathbf{R}}(s, s')|^2 = |\mathbf{R}_0(s, s')|^2 + \rho^2(s) + \rho^2(s'), \quad (\text{B } 11)$$

$$912 \quad |\tilde{\mathbf{R}}(s, s')|^2 R_\Delta^{(2)}(s, \theta, s', \theta') = -2\rho(s)\rho(s')\hat{\mathbf{e}}_\rho(s, \theta) \cdot \hat{\mathbf{e}}_\rho(s', \theta'). \quad (\text{B } 12)$$

913 Similarly to the first expansion, the triangle inequality tells us that $\rho^2(s) + \rho^2(s') \geq$
 914 $2\rho(s)\rho(s')|\hat{\mathbf{e}}_\rho(s, \theta) \cdot \hat{\mathbf{e}}_\rho(s', \theta')|$. This means that $|R_\Delta^{(2)}(s, \theta, s', \theta')| < 1$ for $s \neq s'$
 915 because the distance between any two points on the centerline is greater than
 916 zero, $|\mathbf{R}_0(s, s')| > 0$, when $s \neq s'$. If $s = s'$, the distance between points on
 917 the centreline goes to zero, so that $|\mathbf{R}_0(s, s')| = 0$ and the triangle inequality
 918 becomes $1 \geq |\hat{\mathbf{e}}_\rho(s, \theta) \cdot \hat{\mathbf{e}}_\rho(s, \theta')|$. Hence, $|R_\Delta^{(2)}(s, \theta, s, \theta')| = 1$ if the local radial
 919 vector at (s, θ) , $\hat{\mathbf{e}}_\rho(s, \theta)$, is parallel to the vector at (s, θ') , $\hat{\mathbf{e}}_\rho(s, \theta')$. These local
 920 radial vectors are parallel if $\theta = \theta' + m\pi$, where m is an integer, meaning that
 921 $|R_\Delta^{(2)}(s, \theta, s', \theta')| < 1$ if $(s, \theta) \neq (s', \theta' + m\pi)$. A binomial series in $R_\Delta^{(2)}(s, \theta, s', \theta')$,
 therefore, allows us to express the denominators as

$$922 \quad |\mathbf{S}(s, \theta) - \mathbf{S}(s', \theta')|^{-2n} =$$

$$923 \quad |\tilde{\mathbf{R}}(s, s')|^{-2n} \sum_{k_1=0}^{\infty} \binom{-n}{k_1} R_\Delta^{(1)}(s, \theta, s', \theta')^{k_1} \sum_{k_2=0}^{\infty} \binom{-n}{k_2} R_\Delta^{(2)}(s, \theta, s', \theta')^{k_2}, \quad (\text{B } 13)$$

924 if $(s, \theta) \neq (s', \theta' + m\pi)$. Geometrically, $|\tilde{\mathbf{R}}(s, s')|^2$ is the total squared lengths
 925 of $\mathbf{R}_0(s, s')$, $\rho(s)\hat{\mathbf{e}}_\rho(s, \theta)$ and $\rho(s')\hat{\mathbf{e}}_\rho(s', \theta')$, while the $R_\Delta^{(i)}(s, \theta, s', \theta')$ contain the
 926 interactions between the vectors, where $i = 1, 2$.

927 The summation over k_2 does not converge when $(s, \theta) = (s', \theta' + m\pi)$. However,
 928 these points are treated with the regularisation of the boundary integrals. The
 929 spheroid used in the regularised boundary integrals, eq. (4.2), was chosen to
 930 mimic the dimensions and tangent plane of the tubular body at (s, θ) . This
 931 means that the radius and radial directors $\hat{\mathbf{e}}_\rho$ of the spheroid match with the
 932 body at this location. Hence, when $s = s'$, the terms $|\tilde{\mathbf{R}}|$, $R_\Delta^{(1)}(s, \theta, s, \theta')$, and
 933 $R_\Delta^{(2)}(s, \theta, s, \theta')$ are the same form for the tubular body and the regularising
 934 spheroid. The subtraction of the spheroid geometry in the regularised boundary
 935 integrals, eq. (4.2), causes each term of the binomial expanded free-space kernel
 936 for the tubular body to cancel with its counterpart from the regularising spheroid,
 937 removing the convergence issue when $(s, \theta) = (s', \theta' + m\pi)$. This is by construction.

938 Appendix C. Expanding the mirror boundary integral kernel

939 Similarly to the free-space Green's function expansion, the expansion of the image
 940 kernels starts by expressing the argument as

$$941 \quad \mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta') = \mathbf{R}_0^*(s, s') + \Delta \hat{\mathbf{e}}_\rho^*(s, \theta, s', \theta'), \quad (\text{C } 1)$$

942 where $\mathbf{R}_0^*(s, s') = \mathbf{r}(s) - \mathbf{A} \cdot \mathbf{r}(s) - 2d\hat{\mathbf{z}}$ is a vector between a point on the
 943 body centreline and the mirror centreline, $\Delta \hat{\mathbf{e}}_\rho^*(s, \theta, s', \theta') = \rho(s)\hat{\mathbf{e}}_\rho(s, \theta) - \rho(s')\mathbf{A} \cdot$
 944 $\hat{\mathbf{e}}_\rho(s', \theta')$ is the difference between the cross-section vectors at (s, θ) and the mirror

945 cross-section vector at (s', θ') , and \mathbf{A} is the reflection matrix in $\hat{\mathbf{z}}$. The length
946 squared of the argument can therefore be expressed as

$$|\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta')|^2 = |\tilde{\mathbf{R}}^*(s, s')|^2 \left[1 + R_{\Delta}^{*(2)}(s, \theta, s', \theta') \right] \left[1 + R_{\Delta}^{*(1)}(s, \theta, s', \theta') \right], \quad (\text{C } 2)$$

947
948 where

$$|\tilde{\mathbf{R}}^*(s, s')|^2 = \mathbf{R}_0^{*2}(s, s') + \rho^2(s) + \rho^2(s'), \quad (\text{C } 3)$$

949
950

$$|\tilde{\mathbf{R}}^*(s, s')|^2 R_{\Delta}^{*(2)}(s, \theta, s', \theta') = -2\rho(s)\rho(s')\hat{\mathbf{e}}_{\rho}(s, \theta) \cdot \mathbf{A} \cdot \hat{\mathbf{e}}_{\rho}(s', \theta'), \quad (\text{C } 4)$$

951
952

$$|\tilde{\mathbf{R}}^*(s, s')|^2 \left[1 + R_{\Delta}^{*(2)}(s, \theta, s', \theta') \right] R_{\Delta}^{*(1)}(s, \theta, s', \theta') = 2\mathbf{R}_0^*(s, s') \cdot \Delta\hat{\mathbf{e}}_{\rho}^*(s, \theta, s', \theta'). \quad (\text{C } 5)$$

953

954 Geometrically, $|\tilde{\mathbf{R}}^*(s, s')|^2$ is again the total squared lengths of each component
955 vector in eq. (C 1), while the $R_{\Delta}^{*(i)}(s, \theta, s', \theta')$ contains the interactions between
956 them. Unlike the free space case, $R_{\Delta}^{*(2)}(s, \theta, s', \theta') < 1$ for all (s', θ') because
957 $|\mathbf{R}_0^*(s, s')| \neq 0$ if the body does not cross the interface. The binomial series,
958 which follow, are therefore always valid. Hence, the denominators in our mirror
Green's functions can always be expanded as

959

$$|\mathbf{S}(s, \theta) - \mathbf{A} \cdot \mathbf{S}(s', \theta')|^{-2n} =$$

960

$$|\tilde{\mathbf{R}}^*(s, s')|^{-2n} \sum_{k_1=0}^{\infty} \binom{-n}{k_1} R_{\Delta}^{*(1)}(s, \theta, s', \theta')^{k_1} \sum_{k_2=0}^{\infty} \binom{-n}{k_2} R_{\Delta}^{*(2)}(s, \theta, s', \theta')^{k_2}. \quad (\text{C } 6)$$

961 Appendix D. Properties of $\Delta\mathbf{M}_A(s, \theta)$

962 The matrix $\Delta\mathbf{M}_A(s, \theta) = \mathbf{M}_A - \mathbf{M}_a$ represents the difference between the exact
963 solution for the effective ellipsoid and the first-approximation term and is im-
964 portant to for invertibility properties of the \mathcal{L} operator. For example, eq. (4.21)
965 shows that $\bar{\mathbf{f}}(s, \theta)$ is linearly related to the driving flow θ dependence through
966 $\Delta\mathbf{M}_A(s, \theta)^{-1}$. We therefore require $\Delta\mathbf{M}_A(s, \theta)$ to be invertible for all s and θ . This
967 can be shown by considering the integrals of the remaining terms.

968 By definition, $\Delta\mathbf{M}_A(s, \theta)$ is a diagonal matrix with at most two distinct eigen-
969 values, corresponding to eigenvectors that are parallel and perpendicular to \mathbf{tt} ,
970 which follows directly from the structures of \mathbf{M}_A and \mathbf{M}_a . Explicitly, we can write

971

$$\Delta\mathbf{M}_A = \lambda_1 \mathbf{tt} + \lambda_2 (\mathbf{I} - \mathbf{tt}) \quad (\text{D } 1)$$

972 where $\lambda_1 = \zeta_{\parallel} - \chi_{\parallel}$ and $\lambda_2 = \zeta_{\perp} - \chi_{\perp}$. The inverse of $\Delta\mathbf{M}_A(s, \theta)$ can therefore be
973 found by taking the reciprocal of these eigenvalues provided they are not 0.

974 From the boundary integral representation, these eigenvalues can be written as

975

$$\lambda_1 = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{t} \cdot [\mathbf{G}_S(\mathbf{S}_e(s_e, \theta) - \mathbf{S}_e(s', \theta')) - \mathbf{K}_{S,e}(s_e(s), s')] \cdot \mathbf{t}$$

976

$$= I_1 + I_2 \quad (\text{D } 2)$$

977

$$\lambda_2 = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \mathbf{b} \cdot [\mathbf{G}_S(\mathbf{S}_e(s_e, \theta) - \mathbf{S}_e(s', \theta')) - \mathbf{K}_{S,e}(s_e(s), s')] \cdot \mathbf{b}$$

978

$$= I_1 + I_3 \quad (\text{D } 3)$$

979 where $\mathbf{b} \cdot \mathbf{t} = 0$ and we define

$$980 \quad I_1 = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \left[\frac{1}{|\mathbf{R}_e|} - \frac{1}{|\tilde{\mathbf{R}}_e|} \right], \quad (\text{D } 4)$$

$$981 \quad I_2 = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \left[\frac{a^2(s)(s-s')^2}{|\mathbf{R}_e|^3} - \frac{a^2(s)(s-s')^2}{|\tilde{\mathbf{R}}_e|^3} \right], \quad (\text{D } 5)$$

$$982 \quad I_3 = \int_{-1}^1 ds' \int_{-\pi}^{\pi} d\theta' \frac{(\mathbf{b} \cdot \Delta \hat{\mathbf{e}}_\rho)^2}{|\mathbf{R}_e|^3}. \quad (\text{D } 6)$$

983 Inspection reveals that the integrand of I_3 is non-negative, so that positivity of
 984 λ_2 relies only on the positivity of I_1 . The behaviours of I_1 and I_2 are less clear.
 985 However, progress can be made by recognising that the negative terms in the
 986 integrands of I_1 and I_2 are simply the first terms in the binomial expansions of
 987 the remaining integrands, found in appendix B. Hence, I_1 and I_2 can be written
 988 in terms of the tails of the binomial series:

$$989 \quad I_1 = \int_{-1}^1 ds' \frac{1}{|\tilde{\mathbf{R}}_e|} \int_{-\pi}^{\pi} d\theta' \sum_{k_2=1}^{\infty} \binom{-1/2}{k_2} [-\varrho \cos(\theta - \theta')]^{k_2}, \quad (\text{D } 7)$$

$$990 \quad I_2 = \int_{-1}^1 ds' \frac{a^2(s)(s-s')^2}{|\tilde{\mathbf{R}}_e|^3} \int_{-\pi}^{\pi} d\theta' \sum_{k_2=1}^{\infty} \binom{-3/2}{k_2} [-\varrho \cos(\theta - \theta')]^{k_2}, \quad (\text{D } 8)$$

991 where $\varrho = 2\rho(s)\rho(s')/|\tilde{\mathbf{R}}_e|^2$ and we have used that $R_\Delta^{(1)} = 0$ for the spheroid
 992 geometry. Interchanging the summation and integration and evaluating the θ'
 993 integral gives

$$994 \quad I_1 = \int_{-1}^1 ds' \frac{1}{|\tilde{\mathbf{R}}_e|} \sum_{k_2=1}^{\infty} \binom{-1/2}{2k_2} \varrho^{2k_2} \frac{2\sqrt{\pi}\Gamma(k_2 + 1/2)}{k_2!}, \quad (\text{D } 9)$$

$$995 \quad I_2 = \int_{-1}^1 ds' \frac{a^2(s)(s-s')^2}{|\tilde{\mathbf{R}}_e|^3} \sum_{k_2=1}^{\infty} \binom{-3/2}{2k_2} \varrho^{2k_2} \frac{2\sqrt{\pi}\Gamma(k_2 + 1/2)}{k_2!}. \quad (\text{D } 10)$$

996 These summations can be evaluated exactly to give

$$997 \quad I_1 = \int_{-1}^1 ds' \frac{1}{|\tilde{\mathbf{R}}_e|} \left[\frac{4K(2\varrho/(1+\varrho))}{\sqrt{1+\varrho}} - 2\pi \right], \quad (\text{D } 11)$$

$$998 \quad I_2 = 2\pi \int_{-1}^1 ds' \frac{a^2(s)(s-s')^2}{|\tilde{\mathbf{R}}_e|^3} \left[{}_2F_1\left(\frac{3}{4}, \frac{5}{4}; 1; \varrho^2\right) - 1 \right], \quad (\text{D } 12)$$

999 where $K(x)$ is the complete elliptic integral of the first kind and ${}_2F_1(a, b; c; x)$ is
 1000 Gauss's hypergeometric function. The above integrands are strictly greater than
 1001 zero unless $\varrho = 0$ for all s' . Since $\varrho = 0$ for all s' can only occur if $\rho(s) = 0$,
 1002 this implies that $I_1 > 0$ and $I_2 > 0$ unless $\rho(s) = 0$, at which point $I_1 = I_2 = 0$.
 1003 Therefore, we have that

$$1004 \quad \lambda_1 = I_1 + I_2 > 0 \quad (\text{D } 13)$$

$$1005 \quad \lambda_2 = I_1 + I_3 > 0 \quad (\text{D } 14)$$

1006 unless $\rho(s) = 0$. Hence, $\Delta \mathbf{M}_A(s, \theta)$ is invertible provided $\rho(s) \neq 0$, which typically
 1007 holds at all points except the endpoints of a tubular body.

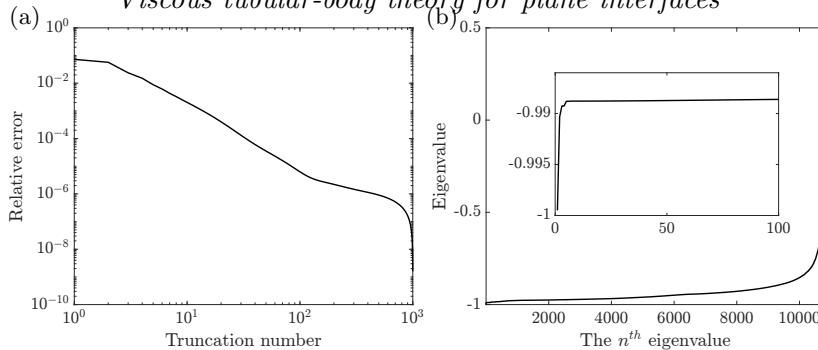


Figure 9: Convergence as a function of truncation number and an eigenvalue analysis. (a) For the thicker helix of section 7, illustrated in fig. 8, we assess the convergence of the resistance matrix as a function of the number of terms taken in the series of eq. (4.27). Error is measured in the Frobenius norm relative to the result corresponding to 1001 terms. Rates of convergence are in line with those associated with spheroids at similar boundary separations (see section 6) (b) For the same helix, we plot the eigenvalues of the discrete operator, which are all seen to lie strictly within $(-1, 1)$. Here, the tubular body is discretised with $N = M = 60$ and we have taken $d = 0.5$.

1008 Appendix E. Eigenvalues and convergence for a thick helix

1009 In order to further explore the example of section 7 in which a tubular body ap-
 1010 proaches self intersection, we investigate the convergence of the resistance matrix
 1011 as a function of the number of terms taken in eq. (4.27) and the level of mesh
 1012 refinement, report in fig. 9a and fig. 10, respectively. From these explorations, we
 1013 see that TBTi-BEM converges rapidly with mesh refinement and with truncation
 1014 number, with the latter expectedly being the slower of the two. In particular, the
 1015 relatively small change ($< 1\%$) in accuracy observed for meshes with $N = M \gtrsim 30$
 1016 justifies the use of what otherwise might be thought of as coarse meshes when
 1017 using TBTi-BEM.

1018 Additionally, fig. 9b reports the distribution of eigenvalues of the discrete
 1019 operator $\mathfrak{L}^{-1}\Delta\mathfrak{L}$, from which it is evident that the eigenvalues of the discrete
 1020 operator lie in $(-1, 1)$. Hence, the discretised series representation of the TBTi
 1021 formalism (TBTi-BEM) is convergent, as supported by the direct assessment of
 1022 convergence in fig. 9a. By comparison with section 6 and the convergence analysis
 1023 presented there for spheroids, this example suggests that the convergence of TBTi
 1024 is not materially impaired by the complex geometry considered here.

1025 Separately, in order to verify the approximate mesh independence of the TBTi-
 1026 BEM calculations, we investigate the convergence of the resistance matrix as a
 1027 function of mesh resolution. Taking $N = M$ and considering the slender helix of
 1028 section 7, the relative error in the resistance matrix is plotted in fig. 10. Here, we
 1029 are evaluating the error via the Frobenius norm relative to the result of taking
 1030 a very fine mesh with $N = M = 160$. The computed resistance matrix can be
 1031 seen to converge rapidly as the mesh is refined, with the error displaying an
 1032 approximately cubic dependence on the mesh resolution. Here, we have taken
 1033 1001 terms in the series of eq. (4.27).

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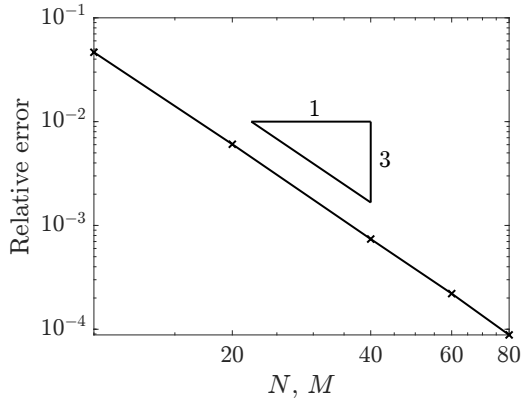


Figure 10: The convergence of resistance matrices as a function of mesh resolution. For the slender helix of section 7, we compute the relative error in the TBTi-BEM resistance matrices as a function of mesh refinement, varying $N = M$ for a fixed configuration. The error is computed as the Frobenius norm of the difference between the result at a given mesh resolution and that obtained with $N = M = 160$, and appears to decrease approximately with $N^3 = M^3$. The relative error falls below 1% by $N = M = 20$ in this case.

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