1 Representation of Women Among Individuals with Mild Variants in

2 ABCA4-associated Retinopathy: A Meta-analysis

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- 30
- 31
- 32 Key points
- 33 Question
- 34 Are women overrepresented among different groups of *ABCA4*-associated retinopathy?

35 Findings

- 36 In this meta-analysis of six cohorts including 3,154 individuals, a significant overrepresentation of
- 37 women was observed among individuals with ABCA4-associated retinopathy carrying a mild variant
- 38 with reduced penetrance, but not among individuals with ABCA4-associated retinopathy without such
- a variant.
- 40 Meaning

These findings indicate that among individuals with *ABCA4*-associated retinopathy carrying a mild^{rp} *ABCA4* variant, sex is likely a modifying factor in developing *ABCA4*-associated retinopathy or in presenting to the clinic.

44 Abstract

45 Importance

- 46 Previous studies indicated that female sex might be a modifier in Stargardt disease, which is an ABCA4-
- 47 associated retinopathy.

48 **Objective**

- 49 To investigate if women are overrepresented among individuals with ABCA4-associated retinopathy: (i)
- 50 carrying at least one mild allele, and (ii) carrying non-mild alleles.

51 Data Sources

- 52 Literature data, data from two European centers and a new study. Data from a Radboudumc database
- and from the Rotterdam Eye Hospital were used for exploratory hypothesis testing.

54 Study Selection

- 55 Studies investigating the sex ratio in individuals with ABCA4-AR and data from centers that collected
- 56 ABCA4 variant and sex data.

57 Data Extraction and Synthesis

Random-effects meta-analyses were conducted to test if the proportions of women among individuals with *ABCA4*-associated retinopathy with (i) mild and (ii) non-mild variants differed from 0.5, including subgroup analyses for mild alleles. Sensitivity analyses were performed excluding data with possibly incomplete variant identification. Chi-square tests were conducted to compare the proportions of women in adult onset autosomal non-*ABCA4*-associated retinopathy and adult onset *ABCA4*associated retinopathy, and to investigate if women with suspected *ABCA4*-associated retinopathy are more likely to obtain a genetic diagnosis.

66 Main Outcomes and Measures

67 Proportion of women per ABCA4-associated retinopathy group. Exploratory: Sex ratio comparisons for

68 individuals with ABCA4-AR versus those with other autosomal retinopathies and for individuals with

69 ABCA4-associated retinopathy who underwent genetic testing versus those who did not.

70 Results

Women were significantly overrepresented in the mild variant group (proportion: 0.59, 95% confidence interval [0.56; 0.61], P < .001); but not in the non-mild variant group (proportion: 0.50, 95% confidence interval [0.46; 0.54], P = .89). Sensitivity analyses confirmed these results. Subgroup analyses on mild variants showed differences in the proportions of women. Furthermore, in the Radboudumc database the proportion of adult women among *ABCA4*-associated retinopathy individuals (652/1154 = 0.56) was 0.10 (95% CI [0.05;0.15]) higher than among individuals with other retinopathies (280/602 = 0.47).

77 Conclusions and Relevance

This meta-analysis supports the likelihood that sex is a modifier in developing *ABCA4*-associated retinopathy for individuals with a mild *ABCA4* allele. This will be relevant for prognosis predictions and recurrence risks of individuals with *ABCA4*-associated retinopathy.

81 Introduction

The inherited retinal degeneration Stargardt disease (STGD1) is caused by biallelic pathogenic variants in *ABCA4*. Its clinical hallmarks are macular degeneration, fundus flecks and peripapillary sparing of the retina.¹ The disease has a highly variable onset, but typically starts in the second decade of life.² Individuals with early- or late-onset retinopathy may not show all clinical hallmarks, and therefore the entire disease spectrum is described as *ABCA4*-associated retinopathy (*ABCA4*-AR). *ABCA4*-AR is the most frequent heritable macular dystrophy.

ABCA4-AR is caused by the disrupted function of the ABCA4 protein that normally reduces the number of cytotoxic molecules in photoreceptors and the retinal pigment epithelium. The combined severity of genetic variants, categorized as mild, moderately severe and severe, relate to a more severe phenotype of *ABCA4*-AR, ranging from early-onset STGD1 and panretinal cone-rod dystrophy to intermediate and late-onset STGD1 (Figure 1A).^{3,4} Two mild variants usually do not cause *ABCA4*-AR.³

93 However, this ABCA4 genotype-phenotype model does not predict the penetrance of disease: The mild variant c.5603A>T,⁵ has an allele frequency which indicates that in the general population only ~5% of 94 95 people carrying this variant with a severe pathogenic variant in trans can be affected. Siblings with c.5603A>T and a same second ABCA4 variant have shown a difference of multiple decades in disease 96 97 onset as well as discordance in disease penetrance, where men seem to be less (severely) affected.⁶ 98 Follow-up studies also indicate reduced penetrance for other mild variants.^{4,7} Apart from reduced penetrance of variants that are present in biallelic individuals in whom disease is expected, the 99 100 opposite has also been observed: individuals with an STGD1-like phenotype who have two mild variants.⁸⁻¹¹ These examples indicate that ABCA4-AR is possibly multifactorial: modifiers could impact 101 102 the onset and severity of the disease.

In 2020, Runhart *et al.* found that the ratio of women to men with biallelic *ABCA4* variants who carry a
 non-complex mild reduced penetrant (mild^{rp}) variant is higher compared to the ratio in patients
 carrying two non-mild variants, where the ratio equaled one.⁷ Later, Lee *et al.* could not replicate these

findings, reporting more women in both groups. Similar to the findings of Runhart *et al.* multiple studies examining >75 individuals with *ABCA4*-AR report a higher number of women among individuals carrying *ABCA4* variants, while only one such study reports more men and one study reports approximately the same numbers of men and women.²

Overall, these studies might indicate that more women are affected by *ABCA4*-AR than men and that this difference is larger in the group of affected individuals with a mild^{rp} *ABCA4* variant. In the present study, meta-analyses were performed, which include published data^{7,12,13} and three novel datasets, in order to further investigate if women are overrepresented among individuals with *ABCA4*-AR who carry a known mild^{rp} variant as well as among individuals with *ABCA4*-AR who do not carry such a variant. 115 Methods

116 <u>Objective</u>

Based on the hypothesis that sex is a modifying factor that impacts all groups of *ABCA4*-AR with a bigger effect in the milder range of the spectrum (Figure 1A), it was investigated if women are overrepresented in two groups of individuals with *ABCA4*-AR; (i) mild^{rp} group: individuals with a mild^{rp} variant; (ii) non-mild group: individuals without known mild^{rp} variants.

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For this meta-analysis MOOSE guidelines were followed.¹⁴ Data collection, sequencing methods, 122 123 variant categorization and statistical analyses are described in the eMethods. Variant categorization in short: variants were categorized as mild as described earlier,⁷ apart from the exclusion of c.769-784C>T, 124 125 which based on underrepresentation among STGD1 individuals was re-classified as benign (FPM 126 Cremers, unpublished data). Additional variants that were suspected to be mild were categorized as 127 'uncertain' and excluded from the 'non-mild' groups. Statistics in brief: random effects meta-analyses were subdivided into main and, exploratory, sensitivity analyses for mild^{rp} and non-mild groups. 128 129 Exploratory subgroup analyses were performed for mild^{rp} variants. In all aforementioned analyses, 130 proportions of women were compared to 0.5. P-values for the two main objectives were considered 131 statistically significant if smaller than 0.025. Exploratory analyses were conducted on genetic datasets 132 from Radboudumc and Rotterdam Eye Hospital to compare the proportions of women among adult onset ABCA4-AR versus autosomal (non-ABCA4) retinopathies and among adult individuals with a 133 134 differential diagnosis including STGD1 that were referred for genetic testing versus those not referred 135 for genetic testing.

136 Results

137 Novel ABCA4 variant data

138 Data from 244 and 645 individuals with ABCA4-AR from scanning and exon-sequencing techniques, 139 respectively, from Lille University Hospital were included in the study, as well as data from 800 persons 140 from Moorfields Eye Hospital London and 271 individuals described by Corradi et al.¹³ In total, these data included 18 individuals with two mild^{rp} non-complex variants. Individuals with c.2588G>C without 141 142 c.5603A>T were mainly reported in the scanning dataset from Lille University Hospital and the 143 Moorfields Eye Hospital London dataset. These datasets likely reported only a few cases with 144 c.5603A>T in cis because the latter variant was long considered benign due to its high frequency. An 145 overview of the data is given in Table 1.

146

147 Proportion of women in the mild^{rp} and non-mild groups

148 The random effects meta-analysis on the proportion of women in the mild^{rp} group shows that the 149 proportion of women in this category is significantly higher than 0.5 (average proportion 0.59, 95% 150 confidence interval [0.56; 0.62], 95% prediction interval [0.54; 0.64], P < .001; Figure 2, eTable 2), while 151 the proportion of women in the non-mild group was estimated to be 0.50 (95% confidence interval 152 [0.46; 54], 95% prediction interval [0.41; 0.60], P = .89; Figure 3, eTable 3). The sensitivity analyses show 153 similar results (average proportion for mild^{rp}: 0.61, confidence interval [0.56; 0.65], prediction interval 154 [0.53;0.67]; average proportion for non-mild: 0.51, confidence interval [0.48; 0.54], prediction interval 155 [0.46;0.56]; eFigures 1-2) indicating that the main findings are robust. Study differences in proportions 156 of women may be caused by cultural and/or genetic differences.

The exploratory subgroup analyses on the specific mild^{rp} variants show differences between mild^{rp} variants, although these are not significant (main analysis (P = .04; Figure 4, eFigure 3; sensitivity analysis (P = .70; eFigure 4)). In the main analysis, variant c.6089G>A has the highest overall proportion of women (0.67 with 95% confidence interval [0.54; 0.77]). Also c.5603A>T has a high proportion of
women (0.64 with 95% confidence interval [0.58; 0.69]). The variants c.2588G>C and c.5714+5G>A
show the lowest overall proportions of women (both 0.53 with 95% confidence interval [0.45; 0.61]).
Only variants c.5603A>T, c.5882G>A and c.6089G>A excluded the proportion of 0.5 from their 95%
confidence intervals.

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166 <u>Genetic-diagnoses in adult women and men with ABCA4-AR and autosomal non-ABCA4-AR</u>

167 Individuals with ABCA4-AR caused by mild^{rp} variants often experience a later onset of the disease than 168 individuals without mild^{rp} variants. Therefore, the overrepresentation of women in the mild^{rp} group 169 might be due to a difference in obtaining a diagnosis as a result of differences in healthcare-seeking 170 behavior between adult men and women. If this is true, an overrepresentation of women is also 171 expected among adult individuals with other retinopathies. The exploratory hypothesis that the sex 172 ratio in obtaining a genetic-diagnosis in adults is different for individuals with ABCA4-AR than for 173 individuals with non-ABCA4-associated retinopathy was investigated by consulting a genetic IRD 174 database of the Radboudumc for the number of women and men who are genetically diagnosed with 175 an autosomal form of retinopathy and who had genetic material sent in for testing after their 18th 176 birthdays. The proportion of women (652/1154=0.56) among individuals with an ABCA4-AR , (average 177 age 44.6, SD: 17.0 years) was 0.10 higher than the proportion of women (280/602=0.47) among 178 individuals with a retinopathy caused by variants in another autosomal gene (average age 44.3, SD: 179 14.8 years) (95% CI [0.05;0.15])).

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181 Genetic-diagnoses in adult women and men with a clinical STGD1 diagnosis

182 The exploratory hypothesis that adult women are more likely than men to obtain a genetic diagnosis 183 after having received a clinical diagnosis was tested. The proportion of women in Dutch patients from 184 the Rotterdam Eye Hospital that were given a differential diagnosis including STGD1 at the age of 18 185 years or older who were sent in for genetic testing was compared to the proportion of women in 186 patients who were not sent in for genetic testing. The number of women and men among adult 187 individuals that did not obtain a genetic diagnosis were 21 and 27, respectively, while among 188 individuals that did obtain a genetic diagnosis, there were 74 women and 58 men. Although 78% of 189 women (for whom testing status was known) had genetic testing versus 68% of men, the proportions 190 of women between the genetically tested (0.56) and not genetically tested (0.44) groups was not 191 significantly different (difference -0.12, 95% CI [-0.28; 0.04]).

192 Discussion

In 2020, a sex imbalance between *ABCA4*-AR patients from multiple countries with mild^{rp} variants versus those without mild variants was reported⁷. A later study from the USA could not significantly replicate this imbalance.¹² In this meta-analysis, data from both studies as well as new data from three European centers were analyzed to investigate if women are overrepresented among patients with mild^{rp} variants as well as among patients without known mild variants. The proportion of women was significantly higher than 0.5 among individuals with a mild^{rp} *ABCA4* variant. This effect was not observed among individuals without a known mild^{rp} variant.

200 Previous studies showed no significant difference in the age of onset or best corrected visual acuity 201 between women and men with the mild variants c.5603A>T or c.5882G>A, respectively. Lee et al. 202 suggested that a sex imbalance may therefore not be caused by a difference in the biological disease 203 mechanism between women and men, and instead may be explained by a difference in healthcare-204 seeking behavior between women and men. Interestingly, when the sex data from adult individuals 205 with an autosomal retinopathy other than ABCA4-AR, from an IRD database from Radboudumc, were 206 compared to those with an ABCA4-AR, the proportion of women was higher in the group of individuals 207 with ABCA4-AR. This suggests that the identified overrepresentation is specific for ABCA4-AR and might 208 not be based on sex-specific healthcare-seeking behaviour, although there might be a discrepancy 209 between healthcare-seeking and obtaining a diagnosis. Sex may therefore be a modifying factor 210 specifically for individuals with mild^{rp} variants.

211

212 <u>Mild variants</u>

Subgroup analyses show that particularly c.5882G>A, c.5603A>T and c.6089G>A show a high proportion of women (0.58, 0.64 and 0.67), of which the confidence intervals do not include 0.5. It may be expected that these proportions would correlate negatively with the estimated reduced penetrance of the variants. However, this does not clearly seem to be the case (eTable 1). Nevertheless, the mild^{rp} variants were placed in the genotype-phenotype model based on the overall proportion of women per
variant, where a higher proportion of women is assumed to relate to a smaller negative effect on ABCA4
function (Figure 1B).

The individual mild^{rp} variants likely result in a spectrum of residual ABCA4 activity and thereby their pathogenic effects. We propose a quantitative model based on remaining ABCA4 activity. This may be true for splice variants resulting in variable proportions of differentially spliced mRNA transcripts, but missense variants might exert different spatiotemporal effects in photoreceptor cells and the retinal pigment epithelium (RPE). The variant c.5882G>A has been associated with a specific phenotype, possibly indicating a specific variant effect.¹⁵

226

227 <u>Contradictory findings on causes of the observed sex imbalance</u>

Retrospective data from Runhart and Lee indicate that women with mild^{rp} variants do not have an earlier onset or a worse visual acuity than men with mild^{rp} variants.^{7,12} However, in general women with STGD1 do show an earlier age of onset than men.¹⁶ Furthermore, a Radboudumc genetic IRD database shows a difference between the proportions of women among individuals with *ABCA4*-AR and among individuals with autosomal retinopathies not associated to *ABCA4*, suggesting an *ABCA4*-specific effect.

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234 <u>Biological sex differences possibly impacting the ABCA4-AR disease mechanism</u>

Diseases that are not directly related to sex specific characteristics can still show differences in prevalence and expression between women and men.¹⁷⁻¹⁹ Moreover, sex differences in the retina have been observed in humans.²⁰⁻²² Therefore, possible sex differences should be considered and investigated carefully.

No biological mechanism involved in *ABCA4*-AR is currently known to be associated to sex. One factor
that might be investigated more closely is the effect of high-density lipoproteins (HDL) cholesterol

241 levels, which are higher in women and have been suggested as possible risk factors in age-related macular degeneration.²³ These have been localized in the RPE, ganglion cells and rod photoreceptor 242 cells, suggesting a retina-specific processing and maturation of HDL cholesterol.²⁴ Recently, the lipid 243 profile of the RPE and the retina in general has been associated with STGD1,^{25,26} further suggesting a 244 245 possible link between HDL-cholesterol and STGD1. Furthermore, mitochondrial function, for which sex 246 differences have been shown and which has been suggested to play a role in diseases that involve the RPE such as STGD1, could be investigated more.^{27,28} Finally, especially among teenagers with STGD1, 247 248 more girls than boys are observed, which could indicate a relationship between hormones and disease 249 onset.16

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251 <u>Behavioral sex differences possibly impacting healthcare-seeking behavior</u>

Lee *et al.* suggest that a possible sex imbalance in STGD1 is likely caused by differences in healthcareseeking behaviour.¹² Multiple studies indeed report that women are more likely to seek healthcare.²⁹⁻ ³² However, these studies do not or barely control for sex-specific healthcare needs, which have been reported to likely exist³⁰ and may be caused by increased healthcare needs during and years after fertility treatment and pregnancy,^{33,34} healthcare related to the menstrual cycle, (peri)menopause and contraception.³⁵⁻⁴⁶ Interestingly, the difference in seeking healthcare between men and women is absent after the post-menopausal age of 65³¹.

Apart from sex-specific healthcare needs, it has also become apparent that women historically have been receiving healthcare that has been designed for men,⁴⁷⁻⁵⁰ is less effective for women or may have adverse side effects for women,⁵¹ which could increase healthcare need. Moreover, studies show that women are often discriminated against in receiving the right healthcare, likely increasing the number of necessary visits.^{50,52,53}

Overall, a sex difference in healthcare-seeking behavior could still exist after correction for the possible
 increased healthcare needs of women. Several publications suggest that men may view healthcare

seeking as "less masculine" and avoid healthcare.⁵⁴⁻⁵⁶ Furthermore, there might also be a sex difference
 specifically in seeking a genetic diagnosis.

Alternatively, a difference in healthcare seeking behavior could be caused by confounding factors that correlate with sex or gender. Studies show that people with more academic education more often visit a specialist, get a genetic diagnosis or test for genetic predisposition related to cancer.^{29,57} The sex imbalance might therefore, partially be explained by factors such as education.

272

273 <u>Possible discrimination impacting medical treatment</u>

The latter study further reports that the type of education does not seem to be associated with an individual's obtaining genetic counseling.⁵⁷ They mention that physicians may refer individuals with certain educational backgrounds more than others, meaning that individuals may be discriminated based on their education.

Since women are reported to have less access to healthcare and seek less healthcare in middle- and low-income countries compared to high-income countries,⁵⁸⁻⁶² it should be noted that this metaanalysis contains data from high-income countries. Therefore, if the identified overrepresentation of women in the group with mild^{rp} variants is caused by, rather than just associated with, a difference in behavior or treatment, this effect might be high-income country specific. More specifically, it might be related to healthcare access, possibly related to income, of participating individuals in research studies.

284

285 Limitations

With the expectation of modifiers influencing the disease outcome of individuals with *ABCA4*-AR, it was hypothesized that occasionally *ABCA4*-AR is caused by two mild^{rp} variants and, therefore, individuals with two mild^{rp} variants were included in the mild^{rp} groups. If sex is a modifier, the proportion of women in the group with two mild^{rp} variants might be even higher than among

individuals with one mild^{rp} variant. The subgroup analysis results for individuals with two mild^{rp} variants (proportion 0.55, confidence interval [0.21; 0.85]), does not support this theory. However, the subgroup is small (24 patients) and could contain individuals that do not have *ABCA4*-AR as well as individuals in which additional *ABCA4* variants have been missed, potentially creating a bias in the group.

Furthermore, the inclusion of c.2588G>C and c.5714+5G>A in the mild^{rp} category may be incorrect. Variant c.2588G>C commonly co-occurs with c.5603A>T. When not *in cis* with c.5603A>T, it most likely is benign (Z. Corradi, F.P.M. Cremers, unpublished data). Additionally, c.5714+5G>A has been indicated not to be a mild variant⁶³. and may reside at the boundary of the intervals for mild and moderately severe variants (Figure 1B)). However, the overall proportion of women in the group of mild^{rp} variants would be even higher if these variants were not included in this meta-analysis.

Finally, we assume that all individuals in this study are cisgender and that they are male or female. However, studies indicate that this is not the case for up to 2% of individuals.^{64,65} This could have affected the results, although such an effect would be limited.

304

305 Conclusions and implications

306 This study shows that among individuals with an ABCA4-AR diagnosis who are recruited mainly from 307 centers in the USA and western Europe, women are overrepresented in the group of individuals that 308 have a mild^{rp} allele. Future studies should further investigate whether the overrepresentation of 309 women is caused by differences in the disease mechanism, in healthcare-seeking behavior or by 310 healthcare discrimination between women and men with ABCA4-AR. A sex difference in the disease 311 mechanism would mean that women are at an approximately 1.4-fold increased risk of developing 312 ABCA4-AR compared to men when they carry a mild^{rp} variant. This effect could be incorporated in earlier described risk estimates used for genetic counselling.⁶⁶ 313

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335 The authors declare no competing interests.

336

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358	
359	
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366	
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529

Figure 1. Genotype-phenotype model. A. Model showing the relationship between the *ABCA4* genotype and the
 retinal phenotype^{1,3} including a possible modifier effect and the distinction between mild^{cp} and mild^{rp}. B.
 Suggested relationship between variant severity and remaining ABCA4 function. Variant severity is depicted
 based on literature and the female:male proportion in this meta-analysis.

535

536 Figure 2. Forest plot of proportions of women among individuals with mild^{rp} variants. The x-axis displays the 537 proportion of women. Dark blue boxes indicate the proportion of women per study. The box sizes are 538 proportionate with the number of individuals per study. Horizontal lines indicate the 95% confidence interval per 539 study. The dotted line indicates the total proportion of women. The light blue diamond indicates the combined 540 estimate of the proportion of women with the 95% confidence interval. The red line indicates the prediction 541 interval of the estimated combined proportion.. Data from Runhart et al. 2020 were derived from two studies 542 that were taken up separately in this meta-analysis. Data from Lille University Hospital were divided based on the 543 technique used to identify genetic variants. The vertical reference line indicates the proportion of 0.5, that the 544 data were compared to.

545

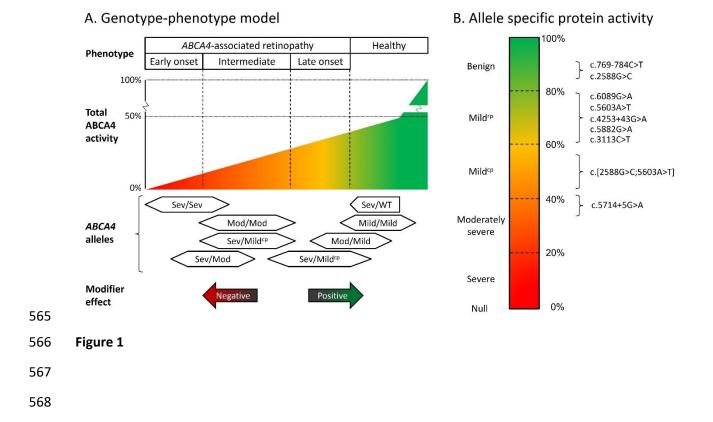
546 Figure 3. Forest plot of proportions of women among individuals with non-mild variants. The x-axis displays the 547 proportion of women. Dark blue boxes indicate the proportion of women per study. The box sizes are 548 proportionate with the number of individuals per study. Horizontal lines indicate the 95% confidence interval per 549 study. The dotted line indicates the total proportion of women. The light blue diamond indicates the combined 550 estimate of the proportion of women with the 95% confidence interval. The red line indicates the prediction 551 interval of the estimated combined proportion. Data from Runhart et al. 2020 were derived from two studies that 552 were taken up separately in this meta-analysis. Data from Lille University Hospital were divided based on the 553 technique used to identify genetic variants. The vertical reference line indicates the proportion of 0.5, that the 554 data were compared to.

555

- 556 Figure 4. Summarized forest plot of proportions of women among individuals with specific mild^{rp} variants in
- 557 the main analysis. The x-axis displays the proportion of women. The light blue diamonds indicate the combined
- estimate of the proportion of women with the 95% confidence interval per variant. The dark blue box indicates
- the data for c.769-784C>T, which were reported in (Runhart *et al.* 2020) only. The vertical reference line indicates
- the proportion of 0.5, that the data were compared to.

562 Table 1 Study participants from novel sources

	Lille Unive	rsity	Lille Unive	rsity					
	Hospital (Scanning)		Hospital (Exon sequencing)		Moorfield	s Eye Hos-	Corradi <i>et al</i> .		
					pital London		(2023)		
ABCA4 mild ^{rp}									
allele	Women	Men	Women	Men	Women	Men	Women	Men	
c.2588G>C	7	9	6	5	39	33	-	-	
c.3113C>T	3	-	6	6	2	2	1	1	
c.4253+43G>A	2	-	10	2	5	2	8	3	
c.5603A>T	4	-	41	17	19	12	25	17	
c.5714+5G>A	9	8	15	15	20	20	4	2	
c.5882G>A	23	21	77	55	92	74	53	36	
c.6089G>A	2	2	5	4	13	5	5	-	
c.2588G>C &									
c.5714+5G>A	-	-	-	-	1	-	-	-	
c.3113C>T &									
c.5714+5G>A	-	-	-	-	-	1	-	-	
c.5714+5G>A &									
c.5882G>A	-	-	1	-	-	-	-	-	
c.5714+5G>A									
(homozygous)	-	-	-	-	1	1	-	-	
c.5882G>A									
(homozygous)	-	1	1	-	5	2	3	1	
-	50		1.62	104	107	452		60	
Total mild ^{rp}	50	41	162	104	197	152	99	60	
ABCA4 non-mild			100	100	100				
alleles	88	65	189	190	199	252	57	55	



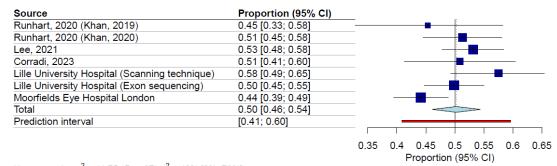
Main analysis for mild^{rp} variants

Source	Proportion (95% CI)						
Runhart, 2020 (Khan, 2019)	0.59 [0.43; 0.74]						
Runhart, 2020 (Khan, 2020)	0.64 [0.58; 0.71]						
Lee, 2021	0.56 [0.51; 0.62]			1		-	
Corradi, 2023	0.62 [0.54; 0.70]				-		
Lille University Hospital (Scanning technique)	0.55 [0.44; 0.65]			-			
Lille University Hospital (Exon sequencing)	0.61 [0.55; 0.67]						
Moorfields Eye Hospital London	0.56 [0.51; 0.62]		-				
Total	0.59 [0.56; 0.62]			~	\sim	-	
Prediction interval	[0.54; 0.64]						
				I			
		0.45	0.5	0.55	0.6	0.65	0.7
2			Proportion (95% CI)				

Heterogeneity: χ_6^2 = 6.11 (*P* = .41), *I*² = 2% [0%; 71%] Test for H0: proportion of women = 0.5: *t*₆ = 6.77 (*P* < .001)

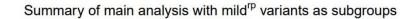
- 570 Figure 2
- 571
- 572

Main analysis for non-mild variants



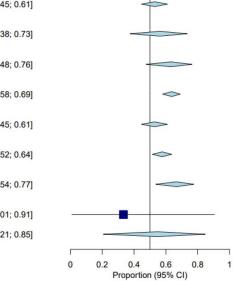
Heterogeneity: χ_6^2 = 11.75 (*P* = .07), *I*² = 49% [0%; 78%] Test for H0: proportion of women = 0.5: *t*₆ = 0.15 (*P* = .89)

- 574 Figure 3
- 575
- 576



Source Variant = c.2588G>C Proportion (95% CI) 0.53 [0.45; 0.61] Total Heterogeneity: $\chi_3^2 = 0.81 (P = .85), l^2 = 0\% [0\%; 85\%]$ Variant = c.3113C>T 0.56 [0.38; 0.73] Total Heterogeneity: χ_5^2 = 3.5 (*P* = .62), *I*² = 0% [0%; 75%] Variant = c.4253+43G>A Total 0.63 [0.48; 0.76] Heterogeneity: χ_6^2 = 6.43 (*P* = .38), *I*² = 7% [0%; 73%] Variant = c.5603A>T 0.64 [0.58; 0.69] Total Heterogeneity: χ_6^2 = 4.41 (*P* = .62), *I*² = 0% [0%; 71%] Variant = c.5714+5G>A Total Heterogeneity: χ_6^2 = 3.62 (*P* = .73), *I*² = 0% [0%; 71%] **Variant = c.5882G>A** 0.53 [0.45; 0.61] Total Heterogeneity: χ_6^2 = 9.4 (*P* = .15), *I*² = 36% [0%; 73%] **Variant = c.6089G>A** 0.58 [0.52; 0.64] Variant = C.0003CA Total Heterogeneity: $\chi_6^2 = 3.22 \ (P = .78), \ l^2 = 0\% \ [0\%; 71\%]$ Variant = c.769-784C>T Runhart, 2020 (Khan, 2020) Variant = Two mild variants 0.67 [0.54; 0.77] 0.33 [0.01; 0.91] Total 0.55 [0.21; 0.85] Heterogeneity: $\chi_4^2 = 5.12 \ (P = .28), \ I^2 = 22\% \ [0\%; \ 67\%]$

Test for subgroup differences: χ_8^2 = 16.53 (P = .04)



577

578

Figure 4 579