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SHORT COMMUNICATION

Residential and healthcare mobility during pregnancy among women living with HIV in the UK, 2009–2019

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Abstract

Introduction: The extent to which individuals living with HIV experience residential and healthcare mobility during pregnancy in the UK is unknown. We aimed to determine a minimum estimate of residential and healthcare mobility during pregnancy in people living with HIV in the UK in 2009–2019 to explore patterns of and factors associated with mobility and to assess whether mobility was associated with specific HIV outcomes.

Methods: We analyzed data from the Integrated Screening Outcomes Surveillance Service to assess pregnancies with HIV in the UK and included livebirths and stillbirths with estimated delivery in 2009–2019. Residential mobility was defined as changing residential postcode between notification and delivery, and healthcare mobility was defined as changing NHS Trust or Strategic Health Authority (SHA) in that same timeframe. We used logistic regression to determine factors associated with residential and healthcare mobility and with detectable delivery viral load.

Results: Among 10 305 pregnancies, 19.6% experienced residential mobility, 8.1% changed NHS Trust, and 4.5% changed SHA during pregnancy. Mobility was more likely to be experienced by younger women, migrants, and those with new antenatal diagnosis; residential but not healthcare mobility declined over time. In a fully adjusted model, mobility was not associated with having a detectable viral load at delivery. Higher proportions of infants were lost to follow-up after mobile pregnancies than after non-mobile pregnancies.

Conclusions: This analysis provides new knowledge on mobility during pregnancy in the context of HIV, but further research is needed to understand its broader impacts and its utility as a marker to help identify families requiring additional follow-up and support.

KEYWORDS

healthcare access, HIV, pregnant, residential mobility, UK

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INTRODUCTION

Around 900 pregnancies occur in people living with HIV in the UK annually, but little is known about the extent to which this population experiences residential and/or healthcare mobility (i.e., changing home address or healthcare provider) during pregnancy. However, around 82% of pregnant women with HIV are migrants, mostly from sub-Saharan Africa but with an increasing proportion from Eastern Europe, including some arriving in the UK while pregnant and who may experience additional challenges in accessing timely healthcare [1–3].

Residential mobility, which could result in changing healthcare providers, is common among young adults and may occur more frequently in pregnancy or after giving birth [4]. Data on mobility in pregnancy and its impact on health outcomes in general are limited, although around 10%-15% of pregnant women in the UK change residence [4, 5]. Relocation can be a stressful life event, particularly if moving country, with potential acute disruption to healthcare access, continuity of care, health behaviours, and social support networks alongside possible longer-term impacts [6-8]. Mobility in pregnancy may thus be associated with adverse parental and child outcomes, particularly in the presence of chronic conditions, such as diabetes or HIV, where optimum management requires regular monitoring and/or sustained treatment [6-8].

No research has been conducted to date in the UK to investigate residential or healthcare mobility during pregnancy in the context of HIV. Our objectives were to determine a minimum estimate of the proportion of people living with HIV in the UK experiencing residential and healthcare mobility during pregnancy in 2009–2019 to explore patterns of and factors associated with mobility and to assess whether mobility was associated with key outcomes, including delivery with detectable HIV RNA viral load (VL) and loss-to-care (LTC) among infants exposed to HIV.

MATERIALS AND METHODS

The Integrated Screening Outcomes Surveillance Service (ISOSS) is commissioned by NHS England as part of the NHS Infectious Diseases in Pregnancy Screening Programme to conduct comprehensive population-based active surveillance of all pregnancies with HIV diagnosed in the UK since 1989 (formerly the National Study of HIV in Pregnancy and Childhood) [1]. Since 2020, ISOSS is an England-only service. Reports of all pregnancies in people living with HIV diagnosed by delivery are submitted to ISOSS by maternity and paediatric NHS respondents at each unit nationally via a secure online portal,

including data on sociodemographics, treatment, pregnancy management, delivery, and outcomes. Data are collected under legal permissions granted under Regulation 3 of the Health Service (Control of Patient Information) Regulations 2002 [2].

Data on gender have been routinely collected since April 2023, with no reports of pregnancies to non-binary or transgender people to date. Therefore, the data presented in this paper only refer to 'women' in the context of pregnancy.

Analyses were restricted to pregnancies ending in livebirth or stillbirth with an estimated date of delivery between 1 January 2009 and 31 December 2019; all had known residential partial postcode and hospital at notification and delivery. Residential mobility was defined as changing residential postcode between ISOSS notification and delivery and/or arrival of non-UK-born woman during pregnancy. Two healthcare mobility groups were defined using the same interval: changing NHS Trust and changing Strategic Health Authority (SHA); changing SHA was restricted to England deliveries (n = 9759), since SHAs are within NHS England only. Pregnancies where women arrived in the UK while pregnant were counted as 'mobile' cases for healthcare mobility. 'Delivery VL' results were those measured from 36 weeks' gestation to 7 days postpartum. Children were classified as LTC if their HIV status was indeterminate and they were older than 3 years or if reported as LTC by respondents.

We used logistic regression models to identify factors associated with mobility; initial models adjusted for delivery year, and a multivariable model adjusted for maternal region of birth, age group, parity, and HIV diagnosis timing. Further logistic regression models were used to explore whether mobility was associated with detectable delivery VL (>50 copies/mL); adjusted models included delivery year, maternal birth region, maternal age group, timing of antiretroviral treatment (ART) start, and mobility (model 1: residential, model 2: NHS Trust, model 3: SHA). In a sensitivity analysis, residential mobility was included in models 2 and 3, and healthcare mobility was included in model 1. Data were analysed using STATA (StataCorp, v17.0, College Station, TX, USA).

RESULTS

Descriptive analysis

Among the included 10 305 pregnancies, 84.4% (8695/10305) of mothers were born outside the UK (of whom most [7331/8584] were born in sub-Saharan Africa). Median age at delivery was 33 years (interquartile range [IQR] 29–37) and in two-thirds of pregnancies

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(4935/7202; 68.5%) the woman had experienced at least one previous pregnancy (ranging from 1 to 7). Most pregnancies were conceived on ART, although 3744 (37.4%) women ART started antenatally (380 in the first trimester, 2955 in the second trimester, and 409 in the third trimester), including 1674 with an antenatal HIV diagnosis. There were 89 stillbirths and 10 216 livebirths.

Residential mobility was identified in 2022 (19.6%) pregnancies, including 225 (3.7%) pregnancies where a non-UK-born mother arrived in the UK during pregnancy. A change in NHS Trust occurred in 8.1% (834/10 305) of pregnancies, including 237 where hospital country (i.e., England, Scotland, Wales, and Northern Ireland) changed between notification and delivery. Among England deliveries, the SHA changed between notification and delivery in 4.5% (443/9759) of pregnancies. Overall, 448 women changed both postcode and NHS Trust; of the women who changed postcode, 22.2% (448/2022) also changed NHS Trust, whereas 46.3% (386/834) of women changing NHS Trust did not have a residential move (Figure S1).

Residential mobility during pregnancy decreased between 2009 (25.9%) and 2019 (9.3%), with a peak in 2015 (30.6%), whereas healthcare mobility remained stable over time (Table S1, Figure S2). Changing SHA was highest among pregnancies booked in South Central (6.1%) and South-East Coast (8.1%) regions and lowest for the North West (2.9%) and Yorkshire and the Humber (3.0%) (Figure S3).

Factors associated with residential and healthcare mobility

Maternal characteristics of mobile and non-mobile women are presented in Table 1. Maternal age (younger), region of birth (non-UK), and lower parity were associated with both residential and healthcare mobility, as was timing of arrival in the UK for migrant women. A higher proportion of mobile than non-mobile women received their HIV diagnosis during the pregnancy, started ART later in pregnancy, and had a detectable delivery VL.

In analyses adjusted for delivery year only, maternal age, region of birth, parity, and timing of HIV diagnosis and ART start were significantly associated with all three mobility types (data not shown). In the fully adjusted models, delivery year was associated with decreased odds of residential mobility and increased odds of healthcare mobility (Table 2). Older women had lower odds of residential mobility, but maternal age was not associated with changing NHS Trust or SHA during pregnancy. Women born outside the UK were more likely to

experience any mobility than were UK-born women; strengths of association were greatest for healthcare mobility, particularly change in SHA, with women born in sub-Saharan Africa having 4.6 (95% confidence interval [CI] 2.70–7.86) times the odds of changing SHA than UK-born women. Women who had previously given birth were less likely to have residential and healthcare mobility than were nulliparous women. Antenatal HIV diagnosis was associated with two-fold increased odds for changing Trust and nearly three-fold increased odds for changing SHA.

Viral load at delivery

Of 6953 mobile and non-mobile pregnancies with available data on delivery VL (67.5% of 10 305 pregnancies), it was detectable in 937 (13.5%); the proportions with detectable VL were 16.3% (227/1396), 17.8% (111/622), and 21.1% (72/341) for those experiencing residential mobility, changing NHS Trust, and changing SHA, respectively. The proportions with detectable VL among those not experiencing each type of mobility were 12.8% (710/5557), 13.0% (826/6331), and 13.0% (804/6198), respectively. In a model adjusted for year of delivery only, women who changed NHS Trust (adjusted odds ratio [AOR] 1.49 [95% CI 1.19-1.86]) or changed SHA (AOR 1.93 [95% CI 1.46-2.55]) were more likely to deliver with a detectable VL than women who did not change; however, this association was not significant for residential mobility (AOR 1.16 [95% CI 0.98–1.37]; p = 0.0811). Further investigation of associations between mobility in pregnancy and detectable delivery VL, adjusting for year, maternal age, origin (born in or outside UK), and timing of ART start, showed that no mobility types were associated with this outcome (Table S2). Results from sensitivity analyses including both types of mobility did not change from the simpler model presented (data not shown).

Vertical transmission and children lost to care

Overall, vertical transmission occurred for 30 (0.3%) of 9617 infants with known HIV status. Of 9856 livebirths, 157 (1.6%) children were classified as LTC. Mobility was higher among pregnancies resulting in children LTC. Of these 157 children LTC, 29.3% (46/157) of their mothers changed postcode, 17.2% (27/157) changed Trust, and 14.2% (22/155) changed SHA during pregnancy, compared with 19.6% (1905/9700), 7.8% (755/9700), and 4.3% (395/9200), respectively, among 9700 children not LTC.

TABLE 1 Descriptive characteristics of pregnant women living with HIV in the UK by mobility status, 2009-2019.

	Residentia	Residential mobility ^a (change in postcode)	nge in postc	ode)		Healthcare	Healthcare mobility ^a (change in NHS Trust)	nge in NH	Trust)		Healthcare	Healthcare mobility ^{a,b} (change in SHA)	ange in SH.	(A)	
	Non-mobil	Non-mobile, $n=8283$	Mobile, $n=2022$	= 2022		Non-mobile, $n=9471$	n=9471	Mobile, $n = 834$	n = 834		Non-mobile, n	e, n = 9316	Mobile, n	n = 443	
Characteristic	N	%	N	%	p value	N	%	N	%	p value	N	%	N	%	p value
Maternal age, years ^c															
<20	69	8.0	27	1.30	<0.001	84	6.0	12	1.40	0.014	82	06.0	8	1.8	<0.001
20–24	530	6.4	194	9.6		159	6.9	73	8.80		949	06.90	45	10.2	
25-29	1506	18.2	454	22.5		1788	18.9	172	20.6		1760	18.90	94	21.2	
30–34	2669	32.2	723	35.8		3106	32.8	286	34.3		3037	32.60	159	35.9	
35–39	2518	30.4	465	23.0		2773	29.3	210	25.2		2727	29.30	26	21.9	
≥40	066	12.0	159	7.90		1068	11.3	18	9.7		1063	11.40	40	9.0	
Maternal ethnicity ^d															
White	1466	17.7	337	16.7	0.208	1682	17.8	121	14.5	0.097	1532	16.5	46	10.4	0.001
Black African	8709	73.0	1490	73.8		1889	72.8	637	76.6		6874	74.0	355	80.3	
Caribbean	278	3.4	72	3.6		326	3.5	24	2.9		334	3.6	111	2.5	
Asian/Indian sub-continent	120	1.5	18	6.0		131	1.4	7	8.0		133	1.4	7	0.5	
Other Asian/Chinese	133	1.6	31	1.5		148	1.6	91	1.9		138	1.5	11	2.5	
Other	237	2.9	20	3.5		280	3.0	27	3.2		282	3.0	17	3.8	
Mother born outside UK/Ireland															
Yes	6943	83.80	1752	9.98	0.002	7943	83.9	752	90.2	<0.001	7895	84.7	423	95.5	<0.001
When arrived in UK ^{e,f}															
During pregnancy	0	0.0	225	17.2	<0.001	0		225	35.4	<0.001	0		225	58.7	<0.001
1 year before conception	219	4.5	06	6.9		273	5.0	36	5.7		277	5.0	6	2.3	
1-5 years before conception	932	19.3	264	20.2		1123	20.4	73	11.5		1114	20.1	32	8.4	
>5 years before conception	3678	76.2	730	55.8		4106	74.6	302	47.5		4157	74.9	1117	30.5	
Maternal region of birth ^g															
UK/Ireland	1340	16.4	270	13.5	0.005	1528	16.3	82	6.6	<0.001	1421	15.4	20	4.5	<0.001
Rest of Europe and North America	172	2.1	44	2.2		961	2.1	20	2.4		192	2.1	111	2.5	
Eastern Europe	317	3.9	102	5.1		372	4.0	47	5.7		351	3.8	26	5.9	
Sub-Saharan Africa	5861	71.6	1470	73.2		2699	71.5	634	76.4		6694	72.7	356	80.4	
Rest of the world	497	6.1	121	00.9		571	6.1	47	5.7		555	0.9	30	8.9	
Parity															
0	0291	29.3	297	39.7	<0.001	1986	30.2	281	44.5	<0.001	1980	30.6	167	49.9	<0.001
1	1866	32.8	462	30.7		2149	32.7	621	28.4		2102	32.5	98	25.7	
7	1322	23.2	280	18.6		1499	22.8	103	16.3		1467	22.7	46	13.7	
3+	839	14.7	991	11.0		937	14.3	89	10.8		920	14.2	36	10.7	
Maternal HIV diagnosis ^h															
Before pregnancy	7084	85.60	1540	76.2	<0.001	8047	85.0	277	69.4	<0.001	7911	85.0	262	59.1	<0.001

TABLE 1 (Continued)

	Residentia	Residential mobility ^a (change in postcode)	ange in post	tcode)		Healthcar	Healthcare mobility ^a (change in NHS Trust)	nge in NH	S Trust)		Healthcar	Healthcare mobility ^{a,b} (change in SHA)	hange in SH	(A)	
	Non-mobil	Non-mobile, $n=8283$	Mobile,	Mobile, $n=2022$		Non-mobi	Non-mobile, $n=9471$	Mobile, $n=834$	n = 834		Non-mobi	Non-mobile, $n=9316$	Mobile, $n=443$	n = 443	
Characteristic	Z	%	Z	%	p value	z	%	Z	%	p value	Z	%	Z	%	p value
During pregnancy	1193	14.40	481	23.8		1419	15.0	255	30.6		1398	15.0	181	40.9	
ART in pregnancy ⁱ															
Yes	8212	8.66	2003	8.66	0.544	9395	6.66	820	99.3	<0.001	9239	8.66	435	99.3	0.013
Timing of ART start ^{j,k}															
Before pregnancy	5249	65.0	1033	52.9	<0.001	2860	63.5	422	52.7	<0.001	5754	63.5	192	45.4	<0.001
1st trimester	599	3.7	81	4.2		348	3.8	32	4.0		344	3.8	17	4.0	
2nd trimester	2253	27.9	702	36.0		2697	29.2	258	32.2		2650	29.2	138	32.6	
3rd trimester	274	3.4	135	6.9		320	3.5	89	11.1		316	3.5	92	18.0	
First viral load in pregnancy															
<50 copies/ml	4375	53.5	929	46.5	<0.001	4921	52.6	383	46.5	0.001	4802	52.2	193	44.2	0.001
Delivery viral load ^m															
<50 copies/ml	4847	87.2	6911	83.7	0.001	5505	87.0	511	82.2	0.001	5394	87.0	569	78.9	<0.001
First antenatal CD4 count ⁿ															
≥500 cells/mm³	3612	46.7	781	40.6	<0.001	4069	45.9	324	40.9	0.002	3985	45.6	157	37.6	<0.001
$350-499 \text{ cells/mm}^3$	2070	26.7	514	26.7		2375	26.8	209	26.4		2354	26.9	601	26.1	
200–349 cells/mm ³	1407	18.2	444	23.1		1660	18.7	161	24.1		1649	18.9	1111	26.6	
<200 cells/mm ³	653	8.4	184	9.6		692	8.7	89	8.6		755	8.6	40	9.6	
Preterm delivery															
Yes (<37 weeks)	1000	12.1	229	11.3	0.352	1109	11.7	120	14.4	0.022	6111	12.0	49	11.1	0.547

Note: The italicised text are numbers, and non-italicised are percentages.

Abbreviations: ART, antiretroviral therapy;

^aAmong all livebirths and stillbirths to pregnant women living with HIV in the UK between 2009 and 2019.

^bExcluded 546 pregnancies due to missing information.

 $^{^{\}circ}\mathrm{Excluded}$ one pregnancy due to missing information.

^dExcluded 25 pregnancies due to missing information.

^eAmong those born outside of the UK.

 $^{^{}f}$ Excluded 4137 pregnancies due to missing information/women not being born abroad.

 $^{^{\}rm g}{\rm Excluded}$ 111 pregnancies due to missing information.

 $^{^{\}rm h} \rm Excluded$ seven pregnancies due to missing information.

¹Excluded 70 pregnancies due to missing information.

^JAmong women who received ART in pregnancy.

 $[^]k$ Excluded 280 pregnancies due to missing information.

¹Excluded 124 pregnancies due to missing information.

 $^{^{\}rm m} Excluded \, 3352 \ pregnancies \ due \ to \ missing \ information.$

ⁿExcluded 640 pregnancies due to missing information.

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TABLE 2 Characteristics associated with residential and healthcare mobility among pregnant women living with HIV in the UK, 2009–2019.

				Healthcare	mobilit	y			
	Residentia	l mobilit	y	Change in	NHS Tru	ıst	Change in	SHA	
Characteristic	% mobile ^a	AOR ^b	95% CI	% mobile ^a	AOR ^c	95% CI	% mobile ^a	AOR ^d	95% CI
Calendar year, per year	-	0.93	(0.91-0.95)	-	1.03	(1.00-1.06)	-	1.06	(1.02-1.10)
Maternal age group, years									
20	28.1	0.98	(0.57-1.66)	12.5	0.99	(0.48-2.06)	8.9	1.39	(0.57-3.41)
20-24	26.8	1.29	(1.03-1.62)	10.1	1.13	(0.81-1.56)	6.5	1.36	(0.89-2.07)
25–29	23.2	1.00		8.8	1.00		5.1	1.00	
30-34	21.3	1.01	(0.86-1.19)	8.4	1.01	(0.80-1.27)	5.0	1.08	(0.79-1.48)
35–39	15.6	0.74	(0.62-0.89)	7.0	0.90	(0.70-1.16)	3.4	0.86	(0.61-1.23)
40+	13.8	0.66	(0.51-0.85)	7.0	1.01	(0.72-1.42)	3.6	0.95	(0.59-1.52)
Maternal region of birth									
UK/Ireland	16.8	1.00		5.1	1.00		1.4	1.00	
Rest of Europe & North America	20.4	1.31	(0.86-2.00)	9.3	1.87	(1.05-3.34)	5.4	4.53	(1.92–10.68)
Eastern Europe	24.3	1.50	(1.11-2.05)	11.2	1.63	(1.04-2.55)	6.9	3.57	(1.76-7.26)
Sub-Saharan Africa	20.1	1.33	(1.12-1.59)	8.6	1.83	(1.39-2.42)	5.0	4.60	(2.70-7.86)
Rest of World	19.6	1.33	(1.00-1.76)	7.6	1.33	(0.86-2.07)	5.1	3.74	(1.89-7.41)
Parity									
0	26.3	1.00		12.4	1.00		7.8	1.00	
1	19.8	0.74	(0.64-0.85)	7.7	0.69	(0.56-0.84)	3.9	0.61	(0.46-0.81)
2	17.5	0.69	(0.58-0.82)	6.4	0.58	(0.45-0.75)	3.0	0.50	(0.35-0.72)
3+	16.5	0.70	(0.57-0.86)	6.80	0.64	(0.48-0.86)	3.8	0.67	(0.45-1.00)
Timing of HIV diagnosis									
Before pregnancy	17.9	1.00		6.7	1.00		3.2	1.00	
During pregnancy	28.7	1.32	(1.14–1.53)	15.2	2.10	(1.73-2.55)	11.5	2.97	(2.31-3.81)

Abbreviation: AOR, adjusted odds ratio (adjusted for year of delivery, maternal region of birth, maternal age group, parity, and timing of HIV diagnosis); CI, confidence interval; SHA, Strategic Health Authority.

DISCUSSION

About one in five pregnancies from 2009 to 2019 in people living with HIV in the UK experienced residential mobility, and 8% and 4% changed NHS Trust and SHA, respectively. All mobility outcomes were associated with younger age, consistent with results from other studies [4, 5, 9, 10] and being born outside the UK (i.e., migrants). Residential mobility significantly declined over time, albeit with a temporary increase in 2014 and 2015, the reasons for which are uncertain; as our adjusted analysis showed, this decline was independent of maternal

age, parity, region of birth, and timing of HIV diagnosis. Meanwhile, healthcare mobility remained stable for much of the study period.

Over 85% of pregnancies were delivered in the context of a suppressed VL, reflected in the very low vertical transmission rate of 0.3%. A significantly higher proportion of women with residential or healthcare mobility had detectable delivery VL, although mobility was not associated with this outcome in adjusted analyses, when taking account of timing of ART start and maternal age, both of which were risk factors. These findings suggest that, although mobility does not seem to increase the risk for

^aRow percentages among pregnancies (leading to livebirths and stillbirths) with information on the sociodemographic measure and mobility outcome. Pregnancies with missing information are excluded from the denominator.

bModel 1: residential mobility as the outcome, adjusted for year of delivery, maternal region of birth, maternal age group, parity, and timing of HIV diagnosis.

Model 2: changed NHS trust as the outcome, adjusted for year of delivery, maternal region of birth, maternal age group, parity, and timing of HIV diagnosis.

dModel 3: changed Strategic Health Authority as the outcome, adjusted for year of delivery, maternal region of birth, maternal age group, parity, and timing of HIV diagnosis.

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delivering with a detectable VL after considering other risk factors, healthcare providers could still use residential and healthcare mobility to identify women at potentially higher risk for delivering with detectable VL. In the current era of very low vertical transmission rates, identifying those at higher risk of transmission is a key priority. Investigation of the few cases of vertical transmission now occurring in the UK by an expert clinical review panel has identified unstable housing as a contributing factor in several cases, alongside other social issues [1].

Minimizing the number of HIV-exposed infants LTC before diagnosis is an important aspect of HIV prevention and care [1, 11]. Although numbers of infants LTC were small, our findings suggest that women who experience mobility while pregnant may need additional support and monitoring postnatally.

Most pregnancies in the UK with HIV diagnosed before conception are to migrants, a group potentially at increased risk for adverse HIV outcomes [1, 12]. Our findings highlight the importance of enhanced follow-up of pregnant migrants to ensure continued care throughout pregnancy and postnatally, especially as the UK's migrant dispersal policy may contribute to mobility [13], although prevention of vertical HIV transmission is listed as a priority in the Healthcare Needs and Pregnancy Dispersal Policy [14].

Limitations of this study include our inability to examine the impact of gestational age at the time of residential move, which may be important as mobility in the first trimester has been associated with increased risk of adverse birth outcomes across all socioeconomic strata [15, 16]. Misclassification of mobility 'exposure' may have occurred if a move happened before booking. We were also unable to ascertain reasons for moving (which could be positive or negative) and whether residential postcode and healthcare facility were changed more than once, though women with more mobility could be at higher risk for disrupted HIV care. We were also unable to investigate whether antenatal and/or postnatal appointments were missed more frequently in the mobile group. A further limitation was the high level of missingness for some variables, including delivery VL.

Despite these limitations, this analysis benefits from population-based national surveillance data, representative of all pregnancies with HIV diagnosed in the UK and fills a knowledge gap around residential and healthcare mobility during pregnancy. Future analyses will be able to draw on data on social circumstances now collected within ISOSS. However, specific additional studies (potentially using mixed methods) are needed to gain a better understanding of the impact of mobility on health service use and outcomes in this population. Future

research could use a similar framework to examine mobility among pregnant women living with hepatitis B or untreated syphilis, and associated outcomes.

AUTHOR CONTRIBUTIONS

ED, HP, and CT conceptualized the study. ED planned and performed the statistical analysis, with contributions from HP and CT. HP was responsible for data acquisition, processing, and verification. ED and CT wrote the initial draft, with contributions from HP and YG. All authors contributed to interpreting the results and reviewing the final draft.

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CONFLICT OF INTEREST STATEMENT

In the last 12 months, YG has received payment for advisory board attendance and educational meetings from ViiV Healthcare. CT has received funding from ViiV Healthcare via the Penta Foundation.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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