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Impact of SARS-CoV-2 infection and mitigation strategy during pregnancy on prenatal outcome, growth and development in early childhood in India: a UKRI GCRF Action Against Stunting Hub protocol paper

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ABSTRACT

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Dr Modou Lamin Jobarteh; modou.jobarteh@lshtm.ac.uk **Introduction** The COVID-19 pandemic has offset some of the gains achieved in global health, particularly in relation to maternal, child health and nutrition. As pregnancy is a period of plasticity where insults acting on maternal environment have far-reaching consequences, the pandemic has had a significant impact on prenatal outcomes, intrauterine and postnatal development of infants. This research will investigate both the direct and indirect impacts of the COVID-19 pandemic during pregnancy on prenatal outcomes, growth and development in early childhood.

Methods and analysis Community and hospital data in Hyderabad and Gujarat, India will be used to recruit women who were pregnant during the COVID-19 pandemic and contracted SARS-CoV-2 infection. In comparison with women who were pregnant around the same time and did not contract the virus, the study will investigate the impact of the pandemic on access to healthcare, diet, nutrition, mental health and prenatal outcomes in 712 women (356 per study arm). Children born to the women will be followed prospectively for an 18-month period to investigate the impact of the pandemic on nutrition, health, growth and neurocognition in early childhood. Ethics and dissemination Ethics approval was granted from the institutional ethics committees of the Indian Institute of Public Health Gandhinagar (SHSRC/2021/2185), Indian Council of Medical Research-National Institute of Nutrition (EC/ NEW/INST/2021/1206), and London School of Hygiene and Tropical Medicine (72848). The findings of the study will be disseminated to policy and research communities through engagements, scientific conferences, seminars, and openaccess, peer-reviewed publication.

INTRODUCTION

India has an enduring commitment to improve the nutrition and health of its population.¹ Globally, India has one of the highest

WHAT IS ALREADY KNOWN ON THIS TOPIC

- ⇒ The COVID-19 pandemic has caused unprecedented disruptions to health, food systems, economies and the livelihoods of millions of people.
- ⇒ The pandemic has also contributed to the morbidity and mortality of millions of people globally, and caused unusually higher adverse maternal and birth outcomes, including maternal death, stillbirth and depression.

WHAT THIS STUDY ADDS

- ⇒ This study will improve understanding of the longterm impact of SARS-CoV-2 infection and public lockdown during pregnancy on child growth and development.
- ⇒ It will investigate the impact of the pandemic on access to healthcare, food and nutrition during pregnancy and maternal mental health.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

⇒ This study will support post-pandemic recovery and resilience efforts and help guide the development of evidence-based approaches and strategies to protect women and children.

burdens of undernutrition, with 34.7% of children under-5 years of age having stunted growth and 51.4% of women of reproductive age (ie, 15–49 years) being affected by anaemia,² which are directly attributable to factors such as inadequate dietary intake of nutritious foods, infectious diseases, poor hand hygiene and sanitation.³ These figures

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and other indicators of maternal and child undernutrition and mortality are likely to have increased with the emergence of the coronavirus (COVID-19) pandemic.⁴ The exacerbation is likely due to disruptions to food systems, earnings and nutrition programmes affecting access, affordability of foods and dietary intake.^{5–7}

India has been severely impacted by the pandemic with more than half a million (>530000 as of January 2023) recorded deaths due to COVID-19.⁸ The second wave of the pandemic in India, which started around March 2021, has been the deadliest so far, affecting many sectors of the country including health systems, the economy and food systems.⁹ In India and other affected countries, mitigation strategies such as mandatory face covering, public lockdown and curfews were implemented to curb the spread of the virus, and minimise severe forms of the disease, hospital admission and death.¹⁰ While these mitigation strategies are necessary to reduce high infection rates, its introduction can have unintended consequences on high-risk groups such as pregnant women and offspring.

Research has revealed that pregnancy outcomes have worsened worldwide during the pandemic, with an increase in maternal deaths, stillbirths and maternal depression,¹¹ ¹² and with adverse effect on early childhood neurocognitive development.¹³ During the second wave of the pandemic, hospitals across India reported an unusually high spike in maternal mortality and stillbirths.¹⁴ This was attributed to disruptions in Maternal and Child Health services, in part due to pregnant women not attending routine antenatal clinics for fear of contracting the virus and hospitals struggled to support pregnant women who contracted the virus.¹⁴

This study will investigate the impact of SARS-CoV-2 infection and public lockdown during pregnancy on growth and development in early childhood in Gujarat and Hyderabad, India. Currently, the data on the impact of SARS-CoV-2 infection or public lockdown during pregnancy on childhood growth and development are very limited. As a result, there is high public health interest to establish research cohorts that can provide an understanding of the long-term impacts of the COVID-19 pandemic during pregnancy.

The evidence generated from this study will support post-pandemic recovery and resilience efforts and help support the development of evidence-based approaches and strategies to protect women and children.

METHODS AND ANALYSIS Study design

This cohort study is designed to longitudinally assess the impact of the COVID-19 pandemic on growth and development in early childhood. The study will comprise of two groups of dyads (mother–baby pairs) through recruiting: (a) women who were pregnant during the COVID-19 pandemic in India and had SARS-CoV-2 infection during the pregnancy, and (b) women who

were pregnant around the same time and had no known SARS-CoV-2 infection (i.e., were tested negative) during the pregnancy. Mother-baby pairs in the two groups will be recruited postnatally, between 0 and 24 months after birth, and prospectively followed for an 18-month period. Hospital and community records will be used to match the groups (cases and controls) for age, sex (of the child) and location (community, village, town or city) to facilitate unbiased comparison. Study-specific assessments will be conducted at enrolment into the study (ie, within 1 week of informed consent) and 6, 12 and 18 months later to investigate the impact of SARS-CoV-2 infection and public lockdown during pregnancy on maternal, birth and the development trajectory of children in the two groups. The conceptual framework of the study is elaborated in figure 1.

Outcomes

The primary outcome of this study is growth and development in early childhood, which includes anthropometry (i.e., length, weight, mid-upper arm circumference (MUAC), head circumference, skin fold thickness and associated Z-scores, including length of age Z-score (LAZ) and weight of length Z-score (WLZ)) and neurodevelopment (ie, cognition, motor and social development) during the 18-month follow-up period. Other outcomes of interest are availability, access and affordability of foods, healthcare and maternal mental health during pregnancy, birth/pregnancy outcome, child morbidity, nutritional status, biochemical markers of inflammation, stress, growth hormone, plasma ACE2 and transmembrane protease, serine 2 (TMPRSS2) (table 1).

Recruitment

The study will be conducted in Ahmedabad and Sabarkantha regions of Gujarat, and Hyderabad, Telangana, India. In Gujarat, hospital and community records of women who had COVID-19 infection (confirmed through PCR test) during pregnancy will be used to generate the contacts of women to approach for recruitment. In Hyderabad, women recruited in an existing observational study and tested for COVID-19 infection during pregnancy will be identified for inclusion. Women identified for the study will be approached by study staff. At the first point of contact, study staff will use a brief eligibility questionnaire to confirm the identity and eligibility of the woman. The criteria for eligibility are as follows:

- ▶ Women aged 18–45 years.
- Pregnant during the coronavirus pandemic in India.
- Had a coronavirus test during pregnancy.
- Singleton pregnancy.
- ▶ Baby aged between 0 and 24 months.
- Currently living in and agrees to continue living in areas of Gujarat and Hyderabad during the study period.

Once eligibility is confirmed, staff will use the participant information sheet to explain the details of the study procedures. Women will be given up to 48 hours

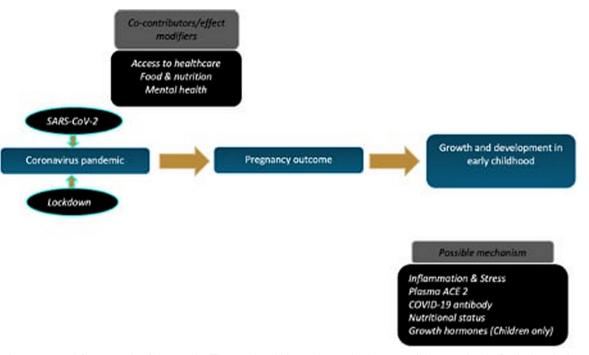


Figure 1 A conceptual framework of the study. The study will investigate the impact of the pandemic (including independently SARS-CoV-2 infection and public lockdown) on pregnancy outcomes and growth and development in early childhood. In addition, the impact of the pandemic on access to healthcare, food and nutrition and mental health in the women and their role, as co-contributor/effect modifiers, in pregnancy and childhood outcomes will be investigated. Furthermore, the study will evaluate possible explanations of the underlying mechanisms through investigation of biomarkers involved in inflammation, stress, plasma ACE2, nutritional status, etc, in mothers and children.

to decide on participation. Informed consent will be obtained through fingerprint or signature, and women who cannot read or write (illiterate) will require the presence of an impartial witness during the consenting process, who must countersign the consent form. In addition, a control group comprising of women who tested negative for SARS-CoV-2 during pregnancy will be recruited alongside the cases. Case and controls will be matched for age and sex of the child, and address (location). Dyads (mother–baby) recruited into the study will be assigned a unique study identification number which will be used in all future analyses.

Data and sample collection Maternal questionnaire

At enrolment, a structured questionnaire will be used to investigate the impact of COVID-19 pandemic on access to food, nutrition, healthcare, morbidity and mental health of women during pregnancy (see online supplemental file). It will include questions on the participant's socioeconomic and health status, including marital status, ethnicity, caste, household size, level of education, employment, sources of income, household water sources, energy type, material possessions, and whether they currently have or had been diagnosed with diseases such as diabetes, hypertension, stroke or cancer.

A non-quantitative Food Frequency Questionnaire will be used to explore dietary habits of the women during the pandemic. Participants' usual dietary intake of foods (including staple foods) and sources of these foods will be investigated. We will determine whether the availability, accessibility, affordability and consumption of the foods have changed during the pandemic. Where changes in dietary habits due to the pandemic are reported, prompts will be asked to establish the extent of the changes. For example, if the affordability of basic foods increases, we will ask how much the increment was, and if changes in food consumption are reported, we will find out whether the changes only relate to the quantity of foods/meals consumed or whether the usual foods/diets were substituted for other foods to facilitate satiety and nutrition.

Participants will be asked whether they visited antenatal clinics during pregnancy, and whether access to the clinics and/or services provided by the clinics was disrupted by the pandemic. Questions will be asked about reasons for non-attendance of antenatal clinics. Where antenatal services were provided during the pandemic, we will explore the level of care received and whether it matches the standard antenatal care in India. Furthermore, participants will be asked whether they have received counselling on COVID-19 during pregnancy, and whether the counselling has helped them understand the disease, its impact on pregnancy, vaccination and misinformation.

The impact of the pandemic on maternal mental health will also be investigated. A qualitative questionnaire will be developed and validated in the population (non-study participants) prior to its use. The questionnaire will ask mothers about the impact of the pandemic

serine 2; TNF, tumour necrosis factor; Zn, zinc.

| imeline | Mother | Child |
|--|---|---|
| Enrolment | Questionnaire: household conditions | Questionnaire: breastfeeding practice |
| | Questionnaire: health and nutrition during pregnancy* | Anthropometry: weight, length, MUAC, head circumference, etc |
| | Anthropometry: weight, height, MUAC and BMI | Questionnaires: cognition (HOME, CREDI, OX-NDA) |
| | Health records: SARS-CoV-2 test, date, variant, vaccination status* | <i>Blood</i> : Fe, Zn, Ca, Vit A/D, IGF-1, IGF-2, IGFBP3, CRP, AGP, IL-1, IL-6, IL-10, TNF-alpha, ACE2, TMPRSS2, serotonin, tryptophan, SARS-CoV-2 antibody |
| | <i>Blood</i> : Fe, Zn, Ca, Vit A/D, IGF-1, IGF- 2, IGFBP3, CRP, AGP, IL-1, IL-6, IL-10, TNF-alpha, ACE2, TMPRSS2, serotonin, tryptophan, SARS-CoV-2 antibody | <i>Diet</i> : usual dietary intake using 2 non-consecutive 24HDR |
| | <i>Diet:</i> usual dietary intake using 2 non- consecutive 24HDR | Questionnaire: health and morbidity |
| | | Health records: birth outcomes (preterm, SGA, LBW, etc)* |
| 6/12/18-month visits | Questionnaire: health and morbidity | Questionnaire: breastfeeding practice |
| | <i>Diet:</i> usual dietary intake using 2 non- consecutive 24HDR | Anthropometry: weight, length, MUAC, head circumference, etc |
| | | Questionnaires: cognition (HOME, CREDI, OX-NDA) |
| | | <i>Blood</i> : Fe, Zn, Ca, Vit A/D, IGF-1, IGF-2, IGFBP3, CRP, AGP, IL-1, IL-6, IL-10, TNF-alpha, ACE2, TMPRSS2, serotonin, tryptophan, SARS-CoV-2 antibody |
| | | Diet: usual dietary intake using 2 non-consecutive 24HDR |
| *These are mostly mothers. AGP, alpha-1-acid | glycoprotein; BMI, body mass index; Ca, calcium | ts. bugh antenatal cards, hospital records and verbal interviews with the n; CREDI, Caregiver Reported Early Development Instrument; CRP, Home Observation for Measurement of the Environment; IGF, insulin- |

during pregnancy on components of their mental health including stress, anxiety, fatigue, depression and insomnia. We will further investigate the risk factors to the mental health of the women during the pandemic, whether it was related to bereavement, isolation, lockdown, worry/fear of getting infected with COVID-19, fear of losing their unborn child, fear of dying, fear of losing a family member, fear of not having enough food, loss of income and inability to attend antenatal clinics. Women can give as many self-reported underlying risk factors as applicable, but we will seek to establish their top three risk factors.

Pregnancy/birth outcome

Antenatal cards, hospital records and interviews will be used to collect data on pregnancy outcomes such as preeclampsia, gestational diabetes, gestational age, preterm birth, congenital deformities and delivery type (vaginalnatural or artificially induced labour, and caesarean section). In addition, health records of neonatal

outcomes such as birth weight, placenta weight, infant length, head circumference and MUAC will be collected.

Breastfeeding practice

At enrolment, a questionnaire will be used to explore whether breastfeeding practices during the pandemic might have differ from standard practice. The women will be asked whether early initiation of breast feeding (usually within 1 hour of birth of the baby to benefit from colostrum breastmilk) was conducted soon after the birth of the baby. Mothers will be asked whether the baby is currently breast feeding, and if not, when was the baby weaned and age when complementary feeds including drinks and/or water were introduced. This questionnaire will provide understanding of the behaviours around adherence to common breastfeeding practices such as exclusive breast feeding under 6 months, continued breast feeding at 1 year, and the stage of introduction of solid, semisolid, and soft food.

Biomarkers of inflammation (C reactive protein (CRP), alpha-1-acid glycoprotein (AGP), interleukin (IL)-1, IL-6, IL-10 and tumour necrosis factor (TNF)-alpha), growth (insulin-like growth factor lider)-1, IGF-2 and insulin-like growth factor binding proteins-3 (IGFBP3)), nutrition (ferritin, calcium, vitamin A, vitamin D and zinc), SARS-CoV-2 receptor proteins (ACE2, TMPRSS2) and COVID-19 antibody will be investigated in mothers and children. These biomarkers will facilitate understanding of the long-term/residual effect of the pandemic on critical physiology, susceptibility to the virus and inter/counteraction between the physiological markers (including between nutrients, vitamin D, zinc, iron and markers of SARS-CoV-2 entry into host cell/severity such as ACE2 and TMPRSS2).

A nurse trained in phlebotomy will collect 5mL of venous blood samples from the children at enrolment and at 6-month follow-up visit, and 10mL of blood sample from the mothers at enrolment only. The samples will be used to estimate nutritional status (iron, zinc, calcium, vitamins A and D), growth factors (IGF-1, IGF-2, IGFBP-3), inflammation markers (CRP, AGP, cytokines (IL-1, IL-6, IL-10, TNF-alpha)) and markers related to COVID-19 susceptibility (ACE2, TMPRSS2, tryptophan, serotonin) and COVID-19 antibody.

Anthropometry

Growth of children will be assessed through anthropometric measurements of weight, length, knee-to-heel length, head circumference, MUAC and skin fold thickness (biceps, triceps and subscapular) at enrolment and follow-up visits. All measurements will be conducted using equipment that is regularly calibrated. Measurements will be conducted in triplicate. The measurements will be used to determine Z-scores using the WHO Growth Standards for LAZ, WLZ, triceps-for-age and subscapularfor-age, and to classify the children as stunted or not stunted (LAZ <-2 SD) and wasted or not wasted (WLZ <-2 SD). The linear growth rate of children will also be determined

In addition, the height, weight and MUAC of mothers will be measured only at enrolment and BMI (body mass index) calculated. Where possible, secondary data on weights of the women during pregnancy will be recorded.

Neurocognitive development

Age-appropriate measurements will be used to investigate the impact of the pandemic on cognitive, motor, language, emotional and social development of children. Three methods will be used to measure both the environment in which childhood development is taking place and the development itself (see online supplemental file).

Home Observation for Measurement of the Environment (HOME)¹⁵ will be used to assess the developmental environment at both visits. HOME assesses the emotional support and cognitive stimulation children receive through their home environment, planned events and family surroundings. HOME contains both observational (by an assessor) and parent/caregiver-reported questionnaire items. The observational items of the assessment cover domains such as the quality of parent–child interactions, cleanliness and order of the home, and distinct features of the dwelling. Self-report items for parents include questions about their child's activities over the past days or weeks, discipline and parent–child interactions.

Caregiver Reported Early Development Instrument (CREDI)¹⁶ and Oxford Neurodevelopment Assessment (OX-NDA)¹⁷ for infants will be used to assess early childhood neurocognitive development. CREDI measures development in five inter-related domains (motor, language, cognition, socioemotional and mental health). CREDI will be administered by assessors to parents/caregivers to report milestones and behaviours that are easy for caregivers to understand, observe and describe. OX-NDA measures several areas of development including cognition, fine and gross motor skills, expressive and receptive language, behaviour (positive, negative and global), executive function, empathy, problem-solving, attention and socioemotional reactivity. OX-NDA assessment consists mainly of observation items which will be completed primarily by an assessor with some questions completed by the parent/caregiver.

Dietary assessment

Multipass, quantitative 24-hour dietary recall method will be used to estimate the food and nutrient intake of mothers and children at enrolment and follow-up visits. Staff trained in the multipass method will visit the homes of participants to complete the dietary questionnaire. The dietary intake of mothers and children will be assessed separately. A dietary application will be used to enter recalls of all the foods and drinks mothers and children consumed in the preceding 24 hours. Food portion sizes will be estimated using real foods/food models whenever feasible, photo album, cost equivalent or number (discrete commercial food such as biscuits) or size (small, medium, large). Food intake data will be translated into intake of energy and nutrients using the Indian food composition table.¹⁸

Health and morbidity questionnaire

A health and morbidity assessment questionnaire will be used to investigate the burden of disease in mothers and children. At enrolment and follow-up visits, mothers will be asked whether she or her child has had any illness over the last preceding months, and if any medication was administered due to the illness. In case of a hospital admission, information on diagnosis and treatments received while at hospital will be collected. In addition, records of childhood vaccination the children have received will be collected.

Analysis plan

Sample size calculations were based on LAZ at 18 months of childhood and conducted using STATA with

the command 'power two means -1.5 -2.0, SD1(1.5) SD2(1.5) power (0.8) alpha (0.05)'. The power of the study and the significance level were set at 80% and 5%, respectively. Mean LAZ in children born to non-infected women was assumed to be -1.5 and we were interested in assessing a minimum difference of 0.5 in LAZ between children in the infected and uninfected groups. The SD of LAZ in both groups was assumed to be 1.5. After considering an attrition rate of 20%, the final sample size was calculated at 712 (ie, 356 participants per group).

Characteristics of pregnant women at the time of recruitment will be summarised and presented by cohort. The summaries will include medians and IQRs in the case of continuous variables, and the number of individuals per category and their percentages in the case of categorical variables. The WHO R package (anthro)¹⁹ will be used to calculate LAZ and WLZ at enrolment and at 6-month follow-up. The analyses will be carried out in R using a Bayesian framework by means of JAGS²⁰ or Stan.²¹ Predictor variables will be standardised to facilitate model convergence and the selection of prior distributions. The parameters' posterior distributions, mean and 95% credible intervals will be computed and compared. Models will be compared with tools such as the Deviance Information Criterion and their Widely Applicable Information Criterion.

Generalised linear mixed models (GLMMs) will be used to evaluate the impact of COVID-19 on children's quantitative outcome variables. GLMMs can account for repeated measures per child over time, by modelling children as random effects. COVID-19 infection status during pregnancy will be modelled as an index variable. Adjusted and unadjusted models will be derived. The latter will include sex of child and study site. Furthermore, the effect of other covariates on children's outcome variables will be investigated by means of univariate and multivariate regression modelling. These covariates include household socioeconomic status, maternal level of education, age, height, weight, parity, as well as selected indicators of access to healthcare, food and nutrition, and mental health.

In addition, index variables will be included in the analysis to independently evaluate the impact of SARS-CoV-2 infection and lockdown during pregnancy on outcomes in childhood. The index variables can take four possible values depending on whether the pregnant woman was COVID-19 positive (c+) or negative (c-) and whether she was exposed (m+) or not (m-) to lockdown during pregnancy: c+m+, c+m-, c-m+, c-m-. Comparisons (ie, contrasts) of the posterior distributions for each of the four cases will enable us to assess the effect associated with each combination of exposures.

Furthermore, generalised mixed models will be used to evaluate the impact of COVID-19 infection on the women's biochemical measurements. These models will be adjusted by gestational age, maternal age, BMI, etc. COVID-19 infection status during pregnancy will be modelled as an index variable. The impact of COVID-19 on birth/pregnancy outcomes will be assessed by means of logistic regression.

Patient and public partnership strategy

The study proposal was devised by stakeholders in India including regional government, hospital and public health officials. A range of community engagement meetings will take place before the recruitment of study participants to inform the communities about the study and its potential impact. The meetings will also provide an avenue to address any concerns or questions regarding the study protocol. Study participants and the public will be involved in the dissemination of the study's findings through community discussion or engagement events.

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Contributors The author's contributions to writing the manuscript were as follows: MLJ wrote the first draft and was responsible for compiling the content of the manuscript for submission. CH, DBS and BK developed the concept of the study. MLJ, CH, DBS, BK, KS, PAS, JD, CA and SKB contributed to writing the original study protocol which forms the basis of this manuscript. MC, KS, TD, DPP, FM and RM contributed to development of the protocol and editing the manuscript. HD-K and EF developed the methods for anthropometry and dietary intake assessment and contributed to writing the manuscript. BC-U and MLJ developed and wrote the analysis plan. All authors contributed to the review of the manuscript for publication.

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Competing interests None declared.

Patient and public involvement Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

Patient consent for publication Parental/guardian consent obtained.

Ethics approval Approval for the study was obtained from the ethics committees of the State Health System Resource Centre, Gandhinagar, Gujarat, India (reference no: SHSRC/2021/2185), Indian Council of Medical Research (ICMR), National Institution of Nutrition, Hyderabad, India (reference no: EC/NEW/INST/2021/1206) and the ethics committee of London School of Hygiene and Tropical Medicine (reference no: 72848). The results of the study will be disseminated through public engagement meetings, presentation at conferences, seminars, meetings and publication in peer-reviewed, open-access journal. The results will also be deposited on an open-access data repository.

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Longitudinal follow-up of babies born to covid-19 positive antenatal mothers in Gujarat -Maternal

Basic Details

| Question | Responses | Remarks | | |
|--|--|---------|--|--|
| Name of District | Ahmedabad Sabarkantha | | | |
| Mother UID | | | | |
| Status of Covid infection during Pregnancy | 0. Negative 1. Positive | | | |
| Date of Interview | | | | |
| GPS location | | | | |
| Name of data collector: | | | | |

Section 1: Socio-demographic details

| No | Question | Response | Instruction |
|----|---|---|---|
| 1 | Mother's s Birth date | DOB | Record verbal age if participants do not remember the birth date |
| 2 | Father's s Birth date | DOB | Record verbal age if participants do not remember the birth date |
| 3 | Religion | Hindu Islam Christian Others | |
| 4 | Caste | SC ST OBC General | |
| 5 | Education | Illiterate Can read and write Primary Secondary Higher Secondary Graduation Postgraduation& above | |
| 6 | What type of Ration card do you have? | APL (white) BPL (yellow) Not any Not aware/don't know | |
| 7 | Occupation | Farmer Labourer Business Job Housewife Any other | |
| 8 | What is your family type? | Joint Nuclear | |
| 9 | Total Number of family members in HH (including you) | | |

| No | Question | Response | Instruction |
|----|--|--|--|
| 10 | List all family members with their age and relation to participants in detail. | | |
| 11 | Status of current Housing | Own Rented Living with relatives/friends Other | |
| 12 | Type of house (current) | No House/rented Hut Kuccha House (walls/floors made from mud, roof made from leaves or other low-quality materials) Semi-pucca House (Partly low quality and partly high- quality material used) Pucca House (High-quality materials used including roof, walls, floor) Mansion | |
| 13 | Was the status and type of housing being same during covid pandemic? | 0. No 1. Yes | If yes, jump to the Q:15 |
| 14 | If no, record the difference in terms of both (Type & status) | | |
| 15 | Household fuel source (current) | Electricity (Government/state grid) Generator (Public/personal) Kerosine Others (specify) | |
| 16 | Was the HH fuel source was same during covid pandemic? | 0. No 1. Yes | If yes, jump to the Q:18 |
| 17 | If No, record the difference in details. | | |
| 18 | Cooking fuel source (current) | LPG Wood/straw Animal waste Coal/Charcoal Kerosine Others (specify) | |
| 19 | Was the Cooking fuel source being same during the pandemic? | 0. No 1. Yes | <i>If yes, jump to the</i> <i>Q</i> :14 |
| 20 | If no, record the difference in details. | | |
| 21 | Material Possession | Livestock (Cow, Sheep, Chicken, etc.) Fridge TV Vehicle (car, motorcycle, etc.) Broadband internet Others Not any | |
| 22 | What is the primary source of water for your Household usage? | Piped water into dwelling Piped water into the yard/plot Piped to neighbour Public-tap/standpipe | |

| No | Question | Response | Instruction |
|----|---|---|---------------------------------|
| | | Tube-well/borehole Dug well Water from spring Rain water Water-vendor -tanker truck/cart delivery Open water source (e.g. River, lake, stream, canal) Other (specify) | |
| 23 | Do you have the same source of drinking water as HH? | 0. No 1. Yes | <i>If yes, jump to the Q:25</i> |
| 24 | If not the same, please specify. (Write option number from Q:22) | | |
| 25 | Do you have to walk/travel to get household/drinking water? | 0. No 1. Yes | If NO, jump to the Q:27 |
| 26 | If Yes, Distance travelled the closest source of water? | | |
| 27 | Do you have a toilet facility in your house? | 0. No 1. Yes | <i>If NO, jump to the Q:29</i> |
| 28 | If yes, what type of toilet | Toilet with water flush or pour-flush Ventilated improved pit (VIP) latrine Pit latrine with slab Pit latrine without slab/open pit Twin pit/composting toilet | - |
| 29 | Since how long are you staying in this house with these amenities? | No of months | |
| 30 | Were these house amenities being same (water source + Toilet facilities _ material passion) during the pandemic? | 0. No 1. Yes | If yes, end the Section here |
| 31 | If no, record the details for each of the three parameters | | |

Section 2: Household Income details

| No | Question | Response | Instruction |
|----|--|-----------------|--------------------------|
| 32 | Are you involved in any paid work? | 0. No 1. Yes | If no jump to the Q:38 |
| 33 | if yes, state the type of work. | | |
| 34 | Do you commute to work? | 0. No 1. Yes | If no, jump to the Q:36. |
| 35 | If yes, state the travel distance and the transportation type used. | | |
| 36 | How much are you paid per month? State the amount, if possible. If not, please give us a close estimation. | | |
| 37 | Since how many years have you been involved with this work? | | |
| 38 | Is your husband involved in any paid work? | 0. No 1. Yes | If no, jump to the Q:44. |
| 39 | If yes, state the type of work. | | |
| 40 | Does he commute to work? | 0. No 1. Yes | If no, jump to the Q:42. |

| No | Question | Response | Instruction |
|----|--|--|--|
| 41 | If yes, state the distance of travel and the type of transportation used. | | |
| 42 | How much does he earn per month? State the amount if possible. If not, please give an estimation. | | Please use 9 if the information is not known or refused. |
| 43 | Since how many years has, he been involved in this same job with the same travelling options? | | |
| 44 | Does anyone else work in your household? | 0. No 1. Yes | If No, end sect. 2 here |
| 45 | If yes, state your relationship (daughter, son, cousin, uncle, etc.) and the type of work. | 1. Type of work 2. Relationship with you | |
| 46 | Do they commute to work? | 0. No 1. Yes | |
| 47 | If yes, state distance of travel and type of transportation. | | |
| 48 | How much do they earn? State the amount if possible. If not please estimate. | | Please use 9 in the data entry if the information is not known/refused. |
| 49 | How much have your total household income each month? State amount if known. | | If not please estimate. Please use 9 in the data entry if the information is refused. |
| 50 | Do you have other sources of income (such as gifts, remittance, inheritance, etc.) | 0. No 1. Yes | |
| 51 | Does the covid-19 pandemic affect your household income? | 0. No 1. Yes | |
| 52 | Whose income was affected in the household? | Self Husband Son Daughter Uncle Any other | |
| 53 | How was the income affected? | Lost job totally lost some earnings Other | |
| 54 | On average, how much earnings would you say your household has lost during the pandemic? State amount. If not, please estimate. | | |

Section 3: Current anthropometry, morbidity and addiction details

| No | Question | Response | Instruction |
|----|--|-----------------|------------------------------|
| | Are you currently pregnant? | 0. No | |
| 55 | | 1. Yes | |
| 56 | Are you currently breastfeeding? | 0. No | |
| | | 1. Yes | |
| 57 | Are you suffering from any of the listed diseases? (current) | 1. Not any | |
| | | 2. Diabetes | Multiple answers possible |
| | | 3. Hypertension | * |

| No | Question | Response | Instruction |
|-----|--|---|--|
| | | 4. Cardiac disease | |
| | | 5. Thyroid | |
| | | 6. Chronic respiratory diseases 7. Immune-compromised status | |
| | | 8. Any other | |
| | | 1. Not any | |
| | | 2. Diabetes | |
| | | 3. Hypertension | |
| -0 | Were you suffering from any of the listed diseases during your pregnancy (please | 4. Cardiac disease | Multiple answers possible – please |
| 58 | consider the pregnancy during the pandemic)? | 5. Thyroid | consider the during the pandemic pregnancy |
| | | 6. Chronic respiratory diseases | pandenne pregnancy |
| | | 7. Immune-compromised status | |
| | | 8. Any other | |
| 59 | Do you have any infection/illness within | 0. No | |
| 0,1 | the past seven days? | 1. Yes | |
| 60 | If yes, record the details. | | |
| | | 1. Not any | |
| | | 2. Cigarette/bidi smoking | |
| 61 | Do you currently have any addiction to any of the listed items? | 3. Tobacco chewing | |
| | | 4. Alcohol | |
| | | 5. Any other | |
| 62 | If any other, record the details about the item's name with frequency/day. | | |
| 63 | If the response is except "not any", then record the frequency/day for each type of received response. | | |
| | | 1. Not any | |
| | | 2. Cigarette/bidi smoking | |
| 64 | Did you have any addiction during pregnancy from the listed items? | 3. Tobacco chewing | |
| | | 4. Alcohol | |
| | | 5. Any other | |
| 65 | If any other, record the details about the item's name with frequency/day. | | |
| 66 | If the response is except "not any", then record the frequency/day for each type of received response. | | |
| 67 | Any other history of hospitalization | 1. No | |
| 07 | (mother) till date? | 2. Yes | |
| 68 | If yes, record the reason & no of days | | |

| No | Question | Response | Instruction |
|----|--|----------|-------------------------------------|
| | | | |
| 69 | Weight in kg during pregnancy (Recorded) | kg | |
| 70 | Level of Hb during pregnancy (Recorded) | | |
| 71 | Level of RBS during pregnancy (Recorded) | | |
| 72 | BP during pregnancy (Recorded) | | |
| 73 | Maternal current weight in kg | | |
| 74 | Weight on the date of the interview | | |
| 75 | Height in cm | cm | |
| 76 | Maternal MUAC on the date of the interview | cm | Current anthropometry will be |
| 77 | Skin fold thickness – Triceps on the date of the interview | mm | taken on every follow- up visits |
| 78 | Skin fold thickness - Biceps on the date of the interview | mm | |
| 79 | Skin fold thickness – Scapula on the date of the interview | mm | |
| 80 | Skin fold thickness – Supra iliac on the date of the interview | mm | |
| 81 | Waist circumference (in cm) on the date of the interview | cm |] |
| 82 | Hip Circumference (in cm) on the date of the interview | cm |] |

Section 4: Covid Infection Prevention and vaccination details

| No | Question | Response | Instruction |
|----|--|--|---|
| 83 | Have you followed any of the following covid-infection preventive measures strictly and regularly? | Face mask wearing Handwashing Use of hand sanitizer frequently Social distancing (Avoiding all general social gatherings) Staying away from infected or suspected patients Not any Any other | Multi response. If Ans: is not any, then jump to 85 |
| 84 | If yes, specify the duration | During all three waves of pandemic During Covid-infection only Only if anyone infected in family/close contact Not Followed | |
| 85 | Have you taken any of the following Prophylactic drugs and dietary supplements to prevent from Covid pandemic | Vitamin C Vitamin D Zink Ayurvedic homemade Gadha All of the above Not any Others | Multi response. If Ans: is not any, then jump to 87 |
| 86 | If yes, specify the duration (no of weeks) and Dosage. | | |
| 87 | Status of during pregnancy | Not vaccinated One dose Two doses Two doses + precautionary | |

| | | 5. | Not vaccinated | |
|----|--|-----------------|------------------------------|-------------------------|
| 88 | Status of covid vaccination on the date of | 6. | One dose | |
| | interview (current) | 7. | Two doses | |
| | | 8. | Two doses + precautionary | |
| 89 | Date & Type of the first vaccine | 1. | Date | |
| | | 2. 1. | Type Date | |
| 90 | Date & Type of the second vaccine | 1. 2. | | |
| | | <u>2.</u> 1. | Type Date | |
| 91 | Date & Type of Precautionary Vaccine | 1. 2. | Type | |
| | | 1. | No | |
| | Did you receive covid-19 counselling | 2. | Yes | If Ans: is no any, then |
| 92 | during pregnancy? | 3. | Not applicable (no guideline | end the sec:3 here |
| | | | introduced at that time) | |
| | | 1. | Any Hospital settings | |
| | if yes, where did you receive the counselling? | | (PHC/CHC/SC/private | |
| | | | clinic) | |
| 93 | | 2. | Mamta day | |
| | | 3. | Mass media (radio, tv,) | |
| | | 4. | Family/friends | |
| | | 5. | Other (write) | |
| | | 1. | Yes – It was helped me to | |
| | If yes, did the counselling help you to | | develop good understanding | |
| 94 | understand the covid-19 disease, | 2. | yes – in somewhat aspects | |
| | vaccination, misinformation, and its impact | 3. | yes – little bit but still I | |
| | on your pregnancy and baby? | | have/had many doubts | |
| | | 4. | Others | |

Section 5: Status of Covid Infection during pregnancy and Management details

| No | Question | Response | Instruction |
|----|---|--|---|
| 95 | Have you been tested positive for COVID 19 during your pregnancy? | 0. No 1. Yes | |
| 96 | If yes, during which wave it was detected? | 1.1st wave- (March 2020 to November 2020) 2.2nd wave- (February 2021 to June 2021) 3.3rd wave- (November 2021 to March 2022) | Skip Q:96 to 117 if the answer of ques. 95 is No |
| 97 | If yes, record the performed confirmatory investigations and result | Test doneResult (0/1)DateRATRTPCRothers | |
| 98 | lf yes, in which trimester of pregnancy? | month | The First Trimester – (0-13 weeks) The Second Trimester –(14- 26weeks) Third Trimester (27 -40) |
| 99 | If yes, record the experienced symptoms | No symptoms Mild Fever High grade fever Cough Cold Headache Myalgia Diarrhea Breathlessness Loss of test/ smell Any other: | |

| No | Question | Response | Instruction |
|-----|---|--|--|
| 100 | Mode of treatment during covid | Home isolation Hospitalization ICU care Any other | |
| 101 | If home Isolation, no of days | Days | Skip Q:101 if the ans. Of Q:100 is other than home isolation |
| 102 | If hospitalized, no of days | Days | Skip Q:102 if the ans. Of Q:100 is other than hospitalization |
| 103 | If admitted to ICU, no of days | Days | Skip Q:103 if the ans. Of Q:100 is other than ICU care |
| 104 | Level of SPO2 | | |
| 105 | H/O oxygen support | 0. No 1. Yes 2. NA | |
| 106 | If yes, no of days | | Skip Q:106 if the ans. Of Q:105 is other than yes |
| 107 | H/O Steroid during covid treatment | 0. No 1. Yes | |
| 108 | H/O Ventilator during covid treatment | 0. No 1. Yes | |
| 109 | Type of facility for covid treatment | Public facility Private facility – Physician Private facility -BAMS/BHMS Trust hospital Self-medication Any other | |
| 110 | Latest prescription or pharmacy bill of COVID treatment (Take picture/Choose image) | | |
| 111 | lab report details | Not performed any CRP D-Dimer HB ACE-2 IL-6 Any Other Performed but not having any record | Take maximum – min value |
| 112 | If performed any, record the details for each with min two values (max, min) and the date | | Skip Q:112 if the ans. Of Q:111 is opt. 8 & 1 |
| 113 | Have you taken any medication after recovering from covid? (Covid follow-up RX and name of the medicine) | 0. No 1. Yes | |
| 114 | If yes, record the detail of the treatment | | Skip Q:114 if the ans. Of Q:113 is No |
| 115 | Have you experienced any pregnancy-related complications during/after covid treatment? | 0. No 1. Yes | |
| 116 | If yes, name the complication. | | Skip Q:116-40 if the ans. Of Q:115 is No |

| No | Question | Response | Instruction |
|-----|---|---|---|
| 117 | If yes, how did you manage this complication? | Hospitalized Consulted doctor Self-medications Any other | Skip Q:117-40 if the ans. Of Q:115 is No |
| 118 | Remarks | | |

Section 6: Reproductive History (previous) & health care access during pregnancy (consider pandemic pregnancy)

| No | Question | Answer | Instruction |
|-----|---|---|--|
| 119 | Status of Gravida | Nulliparous Multi para | |
| 120 | Record the details (in numbers) of | Gravida Parity Abortion Live births Pre-term birth | |
| 121 | Status of (Covid pandemic pregnancy) on the date of interview | Delivered Yet to deliver | |
| 122 | Date of LMP | (dd/mm/year) | |
| 123 | Date of EDD | (dd/mm/year) | End the tool here if baby is yet to delivered |
| 124 | If delivered, outcome of pregnancy | Singleton Twins Triplet Any other | |
| 125 | How many ANC visit you have completed? | Less than 4 Minimum 4 as per national guideline More than 4 | |
| 126 | Record the reasons if less than 4 | | |
| 127 | Record the reasons if more than 4 | | |
| 128 | What services did you receive at the ANC? | BP check Hb Check Glucose check Ultrasound check Heart monitor Urine analysis Lab tasting Anthropometry Other, pls specify Not any | Multiple response is possible |
| 129 | What intervention did you receive at your ANC? | No Intervention Iron -Folic acid tablet Calcium tablet multi-micronutrient De-worming tab Counselling for birth planning | Multiple response is possible |

| No | Question | Answer | Instruction |
|-------|--|--|----------------------|
| | | 7. Others pls specify | |
| 120 | Have you experienced any | 0. No | |
| 130 | complication during pregnancy? | 1. Yes | |
| | | 1. Frequent contraction | |
| | | 2. Vaginal bleeding | |
| | | 3. Vaginal discharge | |
| | | 4. Gestational diabetes | |
| | | 5. Gestational Hypertension | |
| 131 | If yes, | 6. sudden hike of Blood | |
| | | pressure | |
| | | 7. Convulsion | |
| | | 8. Anaemia | |
| | | 9. Severe Headache | |
| | | 10. Any other | |
| | | 11. Not any | |
| | | 1. Prolonged labour pain | |
| | | 2. Excessive vaginal bleeding | |
| | | 3. No cervix dilatation | |
| | | 4. Convulsion | |
| 132 | Have you experienced any complication during labour? | 5. premature rupture of membrane (PROM) | |
| | | 6. Hike blood pressure | |
| | | 7. Vaginal discharge | |
| | | 8. Any other | |
| | | 9. Not any | |
| | | 1. Excessive vaginal bleeding | |
| | | 2. Fever | |
| | | 3. Vaginal discharge | |
| 133 | Have you experienced any complication after labour (during | 4. Convulsion | |
| 100 | 42 days of delivery)? | 5. Vaginal ulcer | |
| | | 6. Not any | |
| | | 7. Any other | |
| 104 | | - | Only for mothers who |
| 134 | Actual Date of Delivery | (dd/mm/year) | have delivered |
| | | 1. Home | |
| | | 2. Private institution | |
| 135 | Place of delivery | 3. Public institution | |
| | | 4. Trust hospital | |
| | | 5. Any other | |
| | | 1. Vaginal | |
| 136 | Type of delivery | 2. C-section | |
| | | 3. Induced labour | |
| 137 | If C-section | 1. Medical indication | |
| | | 2. Elective | |
| 138 | If Medical indication, record the details | | |
| 4.0.0 | In which trimester/term the baby | 1. Full term | |
| | | 2 Duatawa | |
| 139 | was borne? | 2. Preterm | |

| No | Question | Answer | Instruction |
|-----|--|--------|-------------|
| | Were you delivered at the same place (health care facility) where you received the majority of your ANC services? | 1. Yes | |
| 141 | If, No Record the details (reasons, no of hospital approached and shifted) | | |
| 142 | Remarks | | |

Section:6 Maternal Mental Health during the Pandemic

| No | Question | Response | Instructions |
|-----|--|---|------------------|
| 143 | Do you feel the pandemic has affected your mental health? | 1. No 2. Yes | |
| 144 | What impact has the pandemic had on your mental health? | Feeling nervous, anxious, or on edge Not being able to stop or control worrying/ Worrying too much about different things Being so restless that it is hard to sit still Becoming easily annoyed or irritable Feeling afraid, as if something awful might happen Difficulty falling / staying asleep Inadequate / not satisfied sleep - less than 7 hours Sleeping too much Feeling down, depressed, or hopeless Feeling tired or having little energy Poor appetite or overeating Feeling bad about yourself or that you are a failure or have let yourself or your family Trouble concentrating on things, such as reading the newspaper or watching television. Moving or speaking so slowly that other people could have noticed. Or the opposite being so get or restless that you have been moving around a lot more than usual Thoughts that you would be better off dead, or of hurting yourself Stressed Other | |
| 145 | If any other, record the detail | | |
| 146 | If feeling nervous, anxious, or on highest) | edge - rank it using Scale 1 to 5 (1 is the lowest | & 5 is the |
| 147 | If not being able to stop or contro highest) | ol worrying - rank it using Scale 1 to 5 (1 is the lo | owest & 5 is the |
| 148 | | to sit still - rank it using Scale 1 to 5 (1 is the lov | vest & 5 is the |
| 149 | If becoming easily annoyed or im highest) | ritable - rank it using Scale 1 to 5 (1 is the lowest | : & 5 is the |
| 150 | If feeling afraid, as if something a & 5 is the highest) | awful might happen - rank it using Scale 1 to 5 (1 | is the lowest |

| No | Question | Response Instruction | | | | | |
|-----|---|---|-----------------|--|--|--|--|
| 151 | If difficulty falling/staying asleep - rank it using Scale 1 to 5 (1 is the lowest & 5 is the highest) | | | | | | |
| 152 | If problems waking up too early / couldn't complete 7 hours sleep - rank it using Scale 1 to 5 (1 is the lowest & 5 is the highest) | | | | | | |
| 153 | If feeling down, depressed, or hop highest) | If feeling down, depressed, or hopeless- rank it using Scale 1 to 5 (1 is the lowest & 5 is the highest) | | | | | |
| 154 | If feeling tired or having little ene highest) | rgy - rank it using Scale 1 to 5 (1 is the lowest 8 | t 5 is the | | | | |
| 155 | If poor appetite or overeating - ra | nk it using Scale 1 to 5 (1 is the lowest & 5 is th | e highest) | | | | |
| 156 | If feeling bad about yourself or th rank it using Scale 1 to 5 (1 is the | at you are a failure or have let yourself or your lowest & 5 is the highest) | family down- | | | | |
| 157 | If trouble concentrating on things it using Scale 1 to 5 (1 is the lowe | s, such as reading the newspaper or watching te st & 5 is the highest) | levision - rank | | | | |
| 158 | | hat other people could have noticed. Or the opp n moving around a lot more than usual - rank it hest) | | | | | |
| 159 | If thoughts that you would be bet is the lowest & 5 is the highest) | ter o dead, or of hurting yourself- rank it using : | Scale 1 to 5 (1 | | | | |
| 160 | If stressed- rank it using Scale 1 to | o 5 (1 is the lowest & 5 is the highest) | | | | | |
| 161 | What do you think were the reasons your mental health was impacted during the pandemic? | Bereavement Isolation loss of income fear of not having enough food for your household Fear of COVID-19 infection fear of losing your unborn baby Fear of losing a family member Inability to visit ANC/hospital Other (write) | | | | | |
| 162 | If Other, record the details | | | | | | |
| 163 | Do you currently have or had any mental health disorders before the pandemic? | 0. No 1. Yes | | | | | |
| 164 | If yes, record the details using prompt from above Q: what impact has the pandemic had on your mental health? | | | | | | |
| 165 | If yes, Record the reason for present mental health condition | | | | | | |
| 166 | Does anyone in your family currently have or had mental health disorder? | 0. No 1. Yes | | | | | |

Section:7 Current Food frequency questionnaire

| No | Food items | Dail y | Four times a week | Thric e a week | Twice a week | Once a week | Once in 15 days | Once in a mont | Occasio nally /seaso nal | Never |
|--------|--------------------------------|-----------|-------------------------|----------------------|--------------------|-------------------|-----------------------|----------------------|-----------------------------------|-------|
| [A] | Protein-rich foods | | | | | | | h | nai | |
| 1 | Bajra | | | | | | | | | |
| | Wheat flour, | | | | | | | | | |
| 2 | whole | | | | | | | | | |
| 3 | Bengal gram, dal | | | | | | | | | |
| 4 | Green gram, dal | | | | | | | | | |
| 5 | Lentil, dal | | | | | | | | | |
| 6 | Red gram, dal | | | | | | | | | |
| 7 | Soyabean, white | | | | | | | | | |
| 8 | Groundnut | | | | | | | | | |
| 9 | Egg, poultry, whole, boiled | | | | | | | | | |
| 10 | Chicken, breast | | | | | | | | | |
| 11 | Chicken, liver | | | | | | | | | |
| 12 | Salmon | | | | | | | | | |
| 13 | Tuna | | | | | | | | | |
| | Vitamin A and | | | | | | | | | |
| [B] | Beta-carotene- rich foods | | | | | | | | | |
| 1 | Egg, poultry, whole, boiled | | | | | | | | | |
| 2 | Chicken, liver | | | | | | | | | |
| 3 | Goat, liver | | | | | | | | | |
| 4 | Amaranth, leaves | | | | | | | | | |
| 5 | Colocasia, leaves | | | | | | | | | |
| 6 | Drumstick, leaves | | | | | | | | | |
| 7 | Fenugreek leaves | | | - | | | | | | |
| 8 | Spinach | | | | | | | | | |
| 9 | Mango, ripe, kesar | | | - | | | | | | |
| 10 | Sweet potato, brown skin | | | | | | | | | |
| 11 | Carrot, orange | | | | | | | | | |
| [C] | Iron-rich foods | | | | | | | | | |
| 4 | Bengal gram, | | | | | | | | | |
| 1 | whole | | | | | | | | | |
| 2 | Cowpea, brown | | | | | | | | | |
| | Lentil, dal | | | | | | | | | |
| 4 5 | Moth beans | | | | | | | | | |
| 6 | Peas, dry Fenugreek, leaves | | | | | | | | | |
| 6 7 | Drumstick, leaves | | | | | | | | | |
| 8 | Cluster beans | | | | | | | | | |
| Ö | Dates, dry, dark | | | | | | | | | |
| 9 | brown | | | | | | | | | |
| 10 | Mint leaves | | | | | | | | | |
| - | Gingelly seeds, | | | | | | | | | |
| 11 | white | | | | | | | | | |
| 12 | Niger seeds, black | | | | | | | | | |
| 13 | Chicken, liver | | | | | | | | | |
| 14 | Beef, liver | | | | | | | | | |
| נחז | Calcium-rich | | | | | | | | | |
| [D] | foods | | | | | | | | | |

| No | Food items | Dail y | Four times a week | Thric e a week | Twice a week | Once a week | Once in 15 days | Once in a mont h | Occasio nally /seaso nal | Never |
|----|----------------------------|-----------|-------------------------|----------------------|--------------------|-------------------|-----------------------|---------------------------|-----------------------------------|-------|
| 1 | Ragi | | | | | | | | | |
| 2 | Bengal gram, whole | | | | | | | | | |
| 3 | Moth beans | | | | | | | | | |
| 4 | Rajmah, brown | | | | | | | | | |
| 5 | Soyabean, brown | | | | | | | | | |
| 6 | Red gram, whole | | | | | | | | | |
| 7 | Amaranth, leaves, green | | | | | | | | | |
| 8 | Colocasia, leaves | | | | | | | | | |
| 9 | Fenugreek, leaves | | | | | | | | | |
| 10 | Drumstick, leaves | | | | | | | | | |
| 11 | Curry leaves | | | | | | | | | |
| 12 | Mint leaves | | | | | | | | | |
| 13 | Gingelly seeds, white | | | | | | | | | |
| 14 | Paneer | | | | | | | | | |
| 15 | Khoa | | | | | | | | | |

Section:8 Nutrition Access during pandemic

| No | Question | Response Instruction |
|-----|--|---|
| 167 | What foods do you usually eat (i.e., usual dietary intake/staple foods)? List and describe | See the current FFQ |
| 168 | On average, how many times in a week do you eat these foods? | for the details. |
| 169 | Was there a time in the pandemic when you were not able to get these foods? | 0. No 1. Yes 2. Don't know |
| 170 | What foods were you mostly unable to get during the pandemic? List and describe | |
| 171 | How frequently were the foods not available during the pandemic? | 0. Never 1. Often 2. sometimes |
| 172 | What was the reason? | Poverty/low income (chronic) Unemployment Systemic racism and racial discrimination Unavailable near by/in local market Unaffordable (so expensive that people do not have enough money to buy it or pay for it) Inaccessible (very difficult/impossible to get) Others |
| 173 | What was the main reason? | 0.UnavailableWhere the participant said the foods were unaffordable (i.e., prices increased), ask what the increment were.3.Others, specify |

| No | Question | Response | Instruction |
|-----|---|---|-------------|
| 174 | What was the price of these foods before the pandemic? | | |
| 175 | What was the price of these foods during the pandemic? | | |
| 176 | Was there a time you had to change your dietary habits because the foods you usually eat were unavailable, inaccessible, or too expensive? | 0. No 1. Yes 2. Don't know | |
| 177 | What changes in dietary habits did you make? | Reduced the quantity of foods I eat I reduced the amount meals I eat I substituted my usual foods to other types I eat when I can other | |
| 178 | What foods did you eat when the foods you usually eat were not available? | | |
| 179 | Were you eating a three-square meal a day (i.e., breakfast, lunch and dinner) during pregnancy? | Yes-always Yes-sometimes No | |
| 180 | What meals do you almost always (usually) eat during the pandemic? | Breakfast, lunch, dinner breakfast & lunch breakfast & dinner lunch & dinner | |

Longitudinal follow-up of babies born to covid-19 positive antenatal mothers in Gujarat - Children

| Basic details | | | | | | |
|---|---|--|--|--|--|--|
| Unique ID (Children) | | | | | | |
| Name of the districts | Ahmedabad Sabarkatha | | | | | |
| Maternal status of covid infection during pregnancy | 0. No 1. Yes | | | | | |
| Date of Interview | | | | | | |
| Name of RA | | | | | | |

Section:1 Birth Outcome details

| Sr.no | Questions | Response | Instructions |
|-------|---|----------------------------------|--------------|
| 1 | Birth date of the child | dd/mm/yyyy | |
| 2 | Age of the baby | In months | verbal |
| 3 | Gender | 1. Male 2. Female | |
| 4 | Birth weight | Кд | |
| 5 | Did the baby cry immediately after birth? (recorded/maternal recall) | 0. No 1. Yes | |
| 6 | Did respiration rate normal immediately after birth? (recorded/maternal recall) | 0. No 1. Yes | |
| 7 | Did the baby's feeding reflexes normal immediately after birth? (recorded/maternal recall) | 0. No 1. Yes | |
| 8 | Did the baby develop COVID-related symptoms (cough, cold, fever, breathlessness) within 24 hours of birth? | 0. No 1. Yes 2. Don't know | |
| 9 | If yes, record the detail of whether he/she went for confirmatory investigations & if yes, mention the result | 0. No 1. Yes | |
| 10 | Did the child admitted to NICU/PICU? | 0. No 1. Yes | |

| Sr.no | Questions | Response | Instructions |
|-------|--|-----------------|--|
| 11 | If yes, the reason for admission | | Skip Q:11 if the answer is no in Q:10. |
| 12 | Any congenital abnormality in the baby | 0. No 1. Yes | |
| 13 | If yes, please specify | | Skip Q:13 if the answer is no in Q:12. |

Section:2 Anthropometry & Morbidity Profile

| Sr.no | Question | Response | Instruction |
|-------|---|---|---|
| 14 | Current weight in Kg | kg | |
| 15 | Current Height in cm | cm | |
| 16 | Current MUAC in cm | cm | |
| 17 | Head circumference in Cm | cm | |
| 18 | Does the child have any infection within the past seven days? | 0. No 1. Yes | |
| 19 | If yes, record the details. | | |
| 20 | Present status of 1 st baby | Alive and healthy Alive with some health issue Dead | |
| 21 | Specify the condition if alive with some health issue (1st baby). | | Skip Q:21 if answer 20 is other than opt.1 |
| 22 | Any other major health complications to the baby after birth? | 1. No 2. Yes | |
| 23 | If yes, record the details. | | |
| 24 | Any other H/O hospitalization to date? | 0. No 1. Yes | |
| 25 | If yes cause of hospitalization | | Skip Q:25 if the answer is no in Q:24. |

Section:2 IYCF Practice & Immunization details

| Sr.no | Question | Response | Instructions |
|-------|--|--|----------------|
| 26 | Initiation of breastfeeding? | within an hour of birth within 2-4 hours of birth Within 24 hours of birth After one day Within three days any Other | |
| 27 | Did the baby receive the first yellowish breast milk which came out after birth? | | |
| 28 | Till what age baby was given only breastmilk? | months | |
| 29 | Age eligibility for immunization on the date of the 1 st interview | less than six weeks 6 weeks 10 weeks 14 weeks 9-12 months 16 -24 month | |
| 30 | If the child's age is less than six weeks | BCG OPV-0 Hepatitis birth dose Not any | Multi response |
| 31 | If the child's age is up to 6 weeks | BCG OPV-0 Hepatitis birth dose OPV-1 PENTAVALENT-1 FIPV-1 ROTA-1 PCV-1 Not any | Multi response |
| 32 | If the child's age is up to 10 weeks | BCG OPV-0 Hepatitis birth dose OPV-1 PENTAVALENT-1 FIPV-1 ROTA-1 PCV-1 OPV-2 PENTAVALENT-2 ROTA-2 Not any | Multi response |

| Sr.no | Question | Response | Instructions |
|-------|--|---|----------------|
| 33 | If the child's age is up to 14 weeks | BCG OPV-0 Hepatitis birth dose OPV-1 PENTAVALENT-1 FIPV-1 ROTA-1 PCV-1 OPV-2 PENTAVALENT-2 ROTA-2 OPV-3 PENTAVALENT-3 FIPV-2 ROTA-3 PCV-2 Not any | Multi response |
| 34 | If the child's age is up to 9 - 12 months | 1. BCG 2. OPV-0 3. Hepatitis birth dose 4. OPV-1 5. PENTAVALENT-1 6. FIPV-1 7. ROTA-1 8. PCV-1 9. OPV-2 10. PENTAVALENT-2 11. ROTA-2 12. OPV-3 13. PENTAVALENT-3 14. FIPV-2 15. ROTA-3 16. PCV-2 17. MR-1 18. PCV-BOOSTER 19. Not any | Multi response |

| Sr.no | Question | Response | Instructions |
|-------|--|--|---|
| 35 | If the child's age is up to 16- 24 months | 20. BCG 21. OPV-0 22. Hepatitis birth dose 23. OPV-1 24. PENTAVALENT-1 25. FIPV-1 26. ROTA-1 27. PCV-1 28. OPV-2 29. PENTAVALENT-2 30. ROTA-2 31. OPV-3 32. PENTAVALENT-3 33. FIPV-2 34. ROTA-3 35. PCV-2 36. MR-1 37. PCV-BOOSTER 38. MR-2 39. 2. OPV-BOOSTER 40. Not any | |
| 36 | Age eligibility for Vaccination during a follow-up visit (FU) | less than nine months 9-12 months - Full Immunization 13 -24 months - Complete immunization | |
| 37 | Status of immunization for less than nine months (FU) | Received all eligible vaccines with the alignment of the national immunization schedule Received but not as per schedule Not received all eligible vaccine Record not found | PCV is applicable to children born after 20 th October 2021 in Gujarat; PCV was introduced on 20th October 2021 |
| 38 | If received but not as per schedule, record the reasons. (1 FU) | | |
| 39 | If not received all eligible vaccines/missing some, record the reasons. (FU) | | |
| 40 | Status of immunization for 9-12 months (a child is eligible for Full Immunization) (1 st FU) | Received all eligible vaccines with the alignment of the national immunization schedule Received but not as per schedule Not received all eligible vaccine Record not found | Full Immunization: One dose of BCG, Measles/MR/MMR, three doses of OPV, Pentavalent, Rotavirus and PCV, and two doses of IPV. |
| 41 | If received but not as per schedule, record the reasons. (1 st FU) | | |

| Sr.no | Question | Response | Instructions |
|-------|---|---|---|
| 42 | If not received all eligible vaccines/missing some, record the reasons. (1 st FU) | | |
| 43 | Status of immunization for 13-24 months & above (Complete immunization) (1 st FU) | Received all eligible vaccines with the alignment of the national immunization schedule Received but not as per schedule Not received all eligible vaccine Record not found | Complete Immunization: All vaccines described in Q:40 + Second dose of Measles/ MR/MMR, and one booster dose of OPV and DPT |
| 44 | If received but not as per schedule, record the reasons. (1 st FU) | | |
| 45 | Consent for a biochemical marker? | For mother only For baby only For mother and baby both Will let us know after discussion with family Not for any | |

Section: 3 Food Frequency Questionnaire

| No | Food items | Daily | Four /week | Thrice/ week | Twice/ week | Once/ week | Once/ 15 days | Once/ month | Occasi onally /seaso nal | Never |
|-----|---|-------|---------------|-----------------|----------------|---------------|---------------------|----------------|-----------------------------------|-------|
| [A] | Protein-rich foods | | | | | | | | | |
| 1 | Bajra | | | | | | | | | |
| 2 | Wheat flour, whole | | | | | | | | | |
| 3 | Bengal gram, dal | | | | | | | | | |
| 4 | Green gram, dal | | | | | | | | | |
| 5 | Lentil, dal | | | | | | | | | |
| 6 | Red gram, dal | | | | | | | | | |
| 7 | Soyabean, white | | | | | | | | | |
| 8 | Groundnut | | | | | | | | | |
| 9 | Egg, poultry, whole, boiled | | | | | | | | | |
| 10 | Chicken, breast | | | | | | | | | |
| 11 | Chicken, liver | | | | | | | | | |
| 12 | Salmon | | | | | | | | | |
| 13 | Tuna | | | | | | | | | |
| [B] | Vitamin A and Beta-carotene- rich foods | | | | | | | | | |

| No | Food items | Daily | Four /week | Thrice/ week | Twice/ week | Once/ week | Once/ 15 days | Once/ month | Occasi onally /seaso nal | Never |
|---------|--------------------------------|-------|---------------|-----------------|----------------|---------------|---------------------|----------------|-----------------------------------|-------|
| 1 | Egg, poultry, whole, boiled | | | | | | | | | |
| 2 | Chicken, liver | | | | | | | | | |
| 3 | Goat, liver | | | | | | | | | |
| | Amaranth, | | | | | | | | | |
| 4 | leaves | | | | | | | | | |
| 5 | Colocasia, leaves | | | | | | | | | |
| 6 | Drumstick, leaves | | | | | | | | | |
| 7 | Fenugreek leaves | | | | | | | | | |
| 8 | Spinach | | | | | | | | | |
| | Mango, ripe, | | | | | | | | | |
| 9 | kesar | | | | | | | | | |
| 10 | Sweet potato, brown skin | | | | | | | | | |
| 11 | Carrot, orange | | | | | | | | | |
| [C] | Iron-rich foods | | | | | | | | | |
| 1 | Bengal gram, whole | | | | | | | | | |
| 2 | Cowpea, brown | | | | | | | | | |
| 3 | Lentil, dal | | | | | | | | | |
| 4 | Moth beans | | | | | | | | | |
| 5 | Peas, dry | | | | | | | | | |
| | Fenugreek, | | | | | | | | | |
| 6 | leaves | | | | | | | | | |
| 7 | Drumstick, leaves | | | | | | | | | |
| 8 | Cluster beans | | | | | | | | | |
| 9 | Dates, dry, dark | | | | | | | | | |
| 9 10 | brown Mint leaves | | | | | | | | | |
| 10 | Gingelly seeds, | | | | | | | | | |
| 11 | white | | | | | | | | | |
| 12 | Niger seeds, black | | | | | | | | | |
| 13 | Chicken, liver | | | | | | | | | |
| 14 | Beef, liver | | | | | | | | | |
| [D] | Calcium-rich foods | | | | | | | | | |
| 1 | Ragi | | | | | | | | | |
| | Bengal gram, | | | | | | | | | |
| 2 | whole | | | | | | | | | |
| 3 | Moth beans | | | | | | | | | |
| 4 | Rajmah, brown | | | | | | | | | |

| No | Food items | Daily | Four /week | Thrice/ week | Twice/ week | Once/ week | Once/ 15 days | Once/ month | Occasi onally /seaso nal | Never |
|----|----------------------------|-------|---------------|-----------------|----------------|---------------|---------------------|----------------|-----------------------------------|-------|
| 5 | Soyabean, brown | | | | | | | | | |
| 6 | Red gram, whole | | | | | | | | | |
| 7 | Amaranth, leaves, green | | | | | | | | | |
| 8 | Colocasia, leaves | | | | | | | | | |
| 9 | Fenugreek, leaves | | | | | | | | | |
| 10 | Drumstick, leaves | | | | | | | | | |
| 11 | Curry leaves | | | | | | | | | |
| 12 | Mint leaves | | | | | | | | | |
| 13 | Gingelly seeds, white | | | | | | | | | |
| 14 | Paneer | | | | | | | | | |
| 15 | Khoa | | | | | | | | | |

Section: 4 ECD questionnaire

| Sr.no | Question | Response | Instructions |
|-------|---|-------------------|--------------|
| 1 | Birth date | dd/mm/yyyy | |
| 2 | Assessment date | dd/mm/yyyy | |
| 3 | Age eligibility for ECD | 1. INTER-NDA | |
| | | 2. OX-NDA | |
| | | 3. Not applicable | |
| 4 | Status of ECD data collection | 0. Not Collected | |
| | | 1. Collected | |
| 5 | If not collected, record the reason. | | |
| 7 | Relationship of carer to the child | | |
| 8 | What is the child's native (first) language? | | |
| 9 | Does the child speak/understand any language | | |
| | other than his/her nativelanguage? | | |
| 10 | Is the child exposed to any language other than | | |
| | his/her native languagefor more than 30 minutes | | |
| | each day on most days? | | |
| 11 | What is the language in which the assessment is | | |
| | being conducted? | | |

The INTERGROWTH-21st Project Neurodevelopment Assessment - The INTER-NDA

| No | Item | Observed Performance | | | | | |
|----|---|---|---|--|--|---------------------|--|
| 1 | Builds a tower of 5 cubes (trials=3, demonstration=3) | 5 cubes | 3-4 cubes | 2 cubes | No attempt | Unable to assess | |
| 2 | Names 4 colours when asked to do so (trials=1, demonstration=0) | Names 4 colours | Names 3 colours | Names 1 or 2 colors | Does not name anycolor | Unable to assess | |
| 3 | Matches 3 cubes of same colours when requested todo so (trials=1, demonstration=1 of one colour) | Matches 3 colours | Matches 2 colours | Matches 1 colour | Does not match any colour | Unable to assess | |
| 4 | Hands the examiner one cube when asked to do so (Examiner says "Please give me one cube" & keeps palm open for 5 seconds after child has handed over1 cube) (trials=1, demonstration=0) | Hands only oneblock within 5 seconds | Hands only one block in more than 5 seconds | Hands two or more blocks | Does not handany block / No attempt | Unable to assess | |
| 5 | Puts the spoon in the cup when asked to do so <i>(trials=5, demonstration=0)</i> | Puts the spoon in cup in ≤3 trials | Puts the spoon in cup in 4- 5 trials | Takes the spoon or the cup but does not complete action | No attempt | Unable to assess | |
| 6 | Matches shapes on board (trials=5, demonstration=partial – removal only) | All shapes in ≤3 trials | All shapes with repeated demonstrat ion i.e. 4- 5 trials | One or two shapesin 4- 5 trials | No attempt | Unable to assess | |

| 7 | Matches shapes on rotated board (trials=5, demonstration=partial – removal only) | All shapes in ≤3 trials | All shapes with repeated demonstrat ion i.e. 4- 5 trials | One or two shapesin 4- 5 trials | No attempt | Unable to assess |
|---|--|-------------------------------|---|---------------------------------------|------------|---------------------|
|---|--|-------------------------------|---|---------------------------------------|------------|---------------------|

| 8 | Points correctly when asked "Where is thedoor/entrance to the room?" (trials=5, demonstration=0) | Identifies door correctly in ≤3 trials | Identifies door correctly in 4-5 trials | Attempts, but doesnot identify door | No attempt | Unable to assess |
|----|--|---|---|--|------------|------------------------|
| 9 | Puts a raisin precisely inside a small opening in abottle (trials=1, demonstration=1, test both hands) | Precise release of raisin into bottle witheach hand | Clumsy release, raisin falls out of bottle with one ormore hand | Attempts but unsuccessful release with one ormore hand | No attempt | Unable to assess |
| 10 | Drinks water from cup/bottle/sippy cup when placedin front of child (trials=1, demonstration=0; maternal recall if observationnot possible) | Drinks water fromcup/sippy cup without spilling | Drinks clumsily & spills | Attempts but unsuccess ful | No attempt | Unable to assess |
| 11 | Looks towards an object located across the roomwhen pointed at by the examiner (trials=5) | Looks or points atobject in ≤3 trials | Looks or points atobject in 4-5 trials | Looks at the wrongobject, or attempts but cannot identify object | No attempt | Unable to assess |
| 12 | Pretends to drink from a toy cup when placed in frontof him/her (trials=2, demonstration=1 if not spontaneous on firstattempt) | Spontaneously | After 1 demonstrati on | Partial attempt after1 demonstratio | No attempt | Unable to assess |

| BMJ Pae | ediatrics | Open |
|---------|-----------|------|
|---------|-----------|------|

| | | | | n | | |
|----|--|---|--|---|--|------------------------|
| 13 | Able to make a cup of tea with the toy tea set whenrequested by examiner (Examiner says "Can you make a cup of tea?") (trials=2, demonstration=1 if not spontaneous on firstattempt) | Spontaneously, withpouring motion | After 1 demonstrati on | Partial attempt after1 demonstratio n | No attempt | Unable to assess |
| 14 | Feeds doll when requested to (Examiner says "Canyou give the dolly some tea?") (trials=2, demonstration=1 if not spontaneous on firstattempt) | Spontaneously | After 1 demonstrati on | Partial attempt after1 demonstratio n | No attempt | Unable to assess |
| 15 | Imitates straight horizontal scribble (trials=5, demonstration=5) | ≤3 trials | 4-5 trials; with difficulty | Attempts (hold crayon) | Cannot hold crayon | Unable to assess |
| 16 | Identifies glitter bracelet under correct washcloth (trials=5, demonstration=0, test both sides) | Finds bracelet correctly in ≤2 trailson both sides | Find bracelet correctly in 3 trials or on one side only | Find bracelet correctly in 4-5 trialsor on one side only | Does not find bracelet or noattempt | Unable to assess |
| 17 | Correctly identifies object groups using plurals <i>(concurrent observation)</i> | Uses 5 plurals | Uses 3-4 plurals | Uses 1-2 plurals | Does not useany plurals | Unable to assess |

| 18 | Asks for toilet by gesture or verbally (maternal recall) | Always | Occasionally | Partial (only for bowel | Never | Unable to | |
|----|---|--------|--------------|----------------------------|-------|--------------|--|
| | | | | movement) | | assess | |

| 19 | Runs (maternal recall) | Runs steadily | Attempts | Walks only | Walks with suppor t | Unable to assess |
|----|--|--|--|---|------------------------------|------------------------|
| 20 | Throws a ball very near (trials=1, demonstration=1; test both hands) | Good release | Unsteady release | Attempts | No attempt | Unable to assess |
| 21 | Kicks ball (maternal recall) | Kicks ball with kneeflexed | Runs after ball & attempts kicking it | Walks and touchesball with foot | No attempt | Unable to assess |
| 22 | Climbs upstairs holding rail, 2 feet/stair or in adultfashion (maternal recall) | Climbs stairs alone steadily | Climbs stairs alone unsteadily | Climbs stairs with help (uses railing, holds adult's hand) | No attempt | Unable to assess |
| 23 | Uses 2-4 syllable babble such as dada, mama but notspecifically to anything or any person (concurrent observation) | Spontaneously | Mimics | 1 syllabe babble e.g. ba, ma, da | None | Unable to assess |
| 24 | Use two words together (concurrent observation) | Two words, appropriate use | Two words, inappropriate use | One word, appropriate use | No attempt | Unable to assess |
| 25 | Indicates by gesture to say no (concurrent observation or maternal recall) | Indicates verbally orby definite gesture all the time | Indicates verbally orby definite gesture some of the time | Attempts, but incomplet e indication | No attempt | Unable to assess |
| 26 | Use of a pronoun e.g. me, my, she, he, it, I (concurrent observation) | ≥1 pronoun incorrect | ≥1 pronoun, | Use of proper names but | No use | Unable to |

| | | context | incorrect use | not pronouns | | assess |
|----|--|--|--|--|--|------------------------|
| 27 | How many words does the child use during theassessment other than mama/dada (concurrent observation) | ≥8 words | 6-7 words | 4-5 words | ≤3 words | Unable to assess |
| 28 | How many sentences of 3 words or more does thechild use during the assessment? (concurrent observation) | ≥2 | 1 | ≥1 two word utteranc e | None | Unable to assess |
| 29 | In how many instances does the child follow on atopic of conversation providing new information? (concurrent observation) | At least one, using ≥2 words, proving correct information | At least one, uses single words, provides correct information | Uses any number of words, provides incorrect information | Does not follow up on conversati ons | Unable to assess |
| 31 | Positive Affect | | Never or rarely | Some of the time | Most | of the time |
| 32 | Exploration | | Never or rarely | Some of the time | Most | of the time |
| 33 | Ease of engagement | | Never or rarely | Some of the time | Most | of the time |
| 34 | Cooperativeness | | Never or rarely | Some of the time | Most | of the time |
| 35 | Adaptability to change | | Never or rarely | Some of the time | Most | of the time |
| 36 | Distractibility | | Never or rarely | Some of the time | Most | of the time |
| 37 | Negative Affect | | Never or rarely | Some of the time | Most | of the time |

The Oxford Neurodevelopment Assessment for 10 - 14 months

| Item No | Item | Observe | d Performance | | | |
|---------|---|----------------------|-----------------------|------------------|------------|-----------|
| | Builds a tower of 3 cubes | 3 cubes in ≤3 trials | 3 cubes in 4-5 trials | 2 cubes in 5 | No attempt | Unable |
| 1 | (Trials = 5, demonstration = 5) | | | trials | | to assess |
| | | | | | | |
| | Takes 3 cubes out of cup (Examiner says "Look, I | Takes all 3 cubes | Takes 2 cubes out | Takes 1 cube | No attempt | Unableto |
| | am putting the cubes into the cup – one, two and | out of the cup in | of cup | out of cup | | assess |
| 2 | three. Can you take them out?") | ≤3trials | | | | |
| 2 | (Trials =3, demonstration = 0 but visibly place | | | | | |
| | cubes inside cup before asking child to take them | | | | | |
| | out counting as you go) | | | | | |
| | Puts 3 cubes back in cup (Examiner says 'Can you | Puts all 3 cubes | Puts 2 cubes inside | Puts 1 cube | No attempt | Unableto |
| 3 | put the cubes back in the cup?") | inside cup in ≤3 | cup in ≤3 trials | inside cup in ≤3 | | assess |
| | (Trials = 3, demonstration = 0) | trials | | trials | | |
| | Hands the examiner one cube when asked to do so | Precise release of | Clumsy release, | Attempts but | No attempt | Unableto |
| | (Examiner says 'Please can you give me 1 cube?") | one cube into | cube falls out of | unsuccessful | | assess |
| | (Trials = 1, demonstration = 0) | examiner's hand | examiner's or | release with | | |
| 4 | | | child's hand, | oneor more | | |
| 4 | | | childgives | hand | | |
| | | | examiner more | | | |
| | | | than one | | | |
| | | | cube | | | |

| 5 | Squeeze toy to make sound (trials = 1, demonstration = 2 squeezes followed by 2 squeezes) | Squeezes toy to make sound | Squeezes toy but not hard enough to make sound | Picks up toy and plays with it but does not squeeze it | No attempt | Unable to assess |
|---|--|--|---|--|--|---------------------|
| 6 | Drop squeeze toy on floor (Examiner says "Uh oh, where's ducky gone?") (trials = 5 following verbal prompts, demonstration = 0) | Child looks towards object or tries to retrieves it spontaneously | Child looks towards object or tries to retrieve it in ≤3 prompts | Child starts looking for fallen toy on repeated prompting (4-5 prompts) | Child does not look for toy even on repeated prompting | Unable to assess |
| 7 | Finds squeeze toy under cup (Examiner hides toy under cup and says 'Where's ducky gone now?") (trials = 1, demonstration = 0; verbal prompts = maximum 3) | Child retrieves toy spontaneously by inverting cup | Child pushes cup or points to cup but does not retrieve toy | Child looks at cup but does not touch it | No attempt | Unable to assess |
| 8 | Ask child to give squeeze toy to mummy (trials = 5, demonstration = 0) | Child gives toy to mother in in ≤3 trials | Child gives toy to mother with repeated prompting i.e. 4-5 trials | Child does not give toy to mother or gives it and takes it back | No attempt | Unable to assess |

| 9 | Identifies spoon out of 5 objects. Examiner says, "Which one is the spoon?" (trials = 5, demonstration = 0) | Child correctly identifies spoon in ≤3 trials | Child identifies spoon with repeated prompting i.e. 4-5 trials | Child identifies an object but it is not the spoon | No attempt | Unable to asses |
|----|---|--|--|---|---|------------------------|
| 10 | Identifies sock and toothbrush out of 5 objects. Examiner says, "Show me the sock and the toothbrush". (trials = 3, demonstration = 0) | Child correctly identifies sock and toothbrush correctly | Child identifies one object correctly | Child attempts to identify objects but none are correct | No attempt | Unable to asses |
| 11 | Pretends to drink from a toy tea cup when placed in front of him/her (Trials = 2, demonstration = 1 if not spontaneous on first attempt) | Spontaneously | After 1 demonstration | Partial attempt after 1 demonstration | No attempt | Unable To assess |
| 12 | Lifts empty cup by handle (if not concurrently observed with item above; demonstration=1, trial = 1) | Lifts cup to mouth by handle using one hand with pincer grasp | Lifts cup to mouth using one hand with full hand grasp | Lifts cup to mouth using both hands – full grasp | Touches cup but does not lift it or no attempt | Unable to assess |

| 13 | Feeds doll when requested to. Examiner says, "Can you feed dolly some tea?" (Trials = 2, demonstration = 1 if not spontaneous on first attempt) | Spontaneously | After 1 demonstration | Partial attempt after 1 demonstration | No attempt | Unable to assess |
|----|--|----------------------------------|--|---|------------|---------------------|
| 14 | Matches shapes in puzzle (objects in 1 line) (Trials = 5, demonstration = 0) | All shapes in ≤3 trials | All shapes in 4-5 trials | 1 or 2 shapes | No attempt | Unable to asses |
| 15 | Matches shapes on rotated puzzle (objects in 1 line) (Trials = 5, demonstration = 0) | All shapes in ≤3 trials | All shapes in 4-5 trials | 1 or 2 shapes | No attempt | Unable to asses |
| 16 | Unscrews lid of box to retrieve raisins (Trials = 2, demonstration=1 if first attempt unsuccessful) | Unscrews lid in first attempt | Unscrews lid after demonstration | Attempts but unsuccessful | No attempt | Unable to asses |

| 17 | Puts a raisin precisely inside a small opening in a box (Trials =1, demonstration = 1, test both hands) | Precise release of raisin into box with each hand | Clumsy release, raisin falls out of bottle with one or more hand | Attempts but unsuccessful release with one or more hand | No attempt | Unable to assess |
|----|--|---|--|---|---|---------------------|
| 18 | Thumb-finger tip grasp – grasps raisin between thumb and index finger (Observed during item above, trials = 0, demonstration = 0) | Precisely grasps raisin between thumb & index finger on both | Clumsily grasps raisin between thumb & index finger on either | Grasps the raisin with fingers on one or both hands | Tries to grasp raisin with palm or no attempt | Unable to assess |
| | | hands | hand or both hands | | | |
| 19 | Child imitates 4 different consonant-vowel combinations e.g. 'dolly' 'baby' 'lorry' 'happy' 'cookie' (Trials = 4; can ask child to repeat after mother) | Imitates 3-4 consonant-vowel combinations correctly | Imitates 1-2 consonant-vowel combinations correctly | Imitates but not correctly | No attempt | Unable to assess |

| 20 | Responds to name by interrupting activity (scribbling) (Trials = 3, demonstration = 0) | Immediately on calling name when engaged in an activity | Only when mother calls child's name when child is involved in an activity | On repeated calling i.e. 2-3 trials | Does not respond to name | Unable to assess |
|----|---|--|--|---|--|---------------------|
| 21 | Responds to 'no-no' e.g. stops reaching for an object (more crayons) when you say no-no (Trials = 3, demonstration = 0) | Child stops immediately (may or may not continue reaching after a few seconds) | Child stops on repeating no-no 2- 3 times (may or may not continue reaching after a few seconds) | Child does not stop reaching but looks up | Child does not react to no-no | Unable to assess |
| 22 | Transfers ball from one hand to another (Trials =1, demonstration = 1) | Freely transfers ball from right to left and left to right hands | Transfers in one direction only | Unable to release ball during 1 or more transfers | No attempt | Unable to assess |
| 23 | Walks sideways with support (Concurrent observation or maternal recall) | Walks 3-4 steps with stepping movements | Walks 1-2 steps with stepping movements | Stands only (with/without support) | Stands momentaril y or no attempt | Unable to assess |

| 24 | Stands alone for >3 seconds when placed in that position (Concurrent observation/trials = 1) | Stands without support for >3 seconds | Stands without support for <1-3 seconds and then falls/reaches for support | Attempts but cannot stand at all without support | No attempt | Unable to assess |
|----|---|--|--|--|---|---------------------|
| 25 | Walks alone (Concurrent observation/maternal recall) | Walks 5 steps unsupported with stepping movements | Walks 1-3 steps unsupported with stepping movements | Walks forward supported by an adult | Cannot walk even if supported | Unable to assess |
| 26 | Raises self from sitting to standing position (Concurrent observation/maternal recall) | Can stand up himself/herself with support and stay standing for 5 seconds (chair/table/adult's hand) | Can stand up himself/herself with support but cannot stay standing for 5 seconds (chair/table/adu lt's hand) | Tries to stand up with support but not able to stand up completely | Cannot stand up from sitting position at all,– or no attempt | Unable to assess |
| 27 | Two 2-4 syllable babble such as dada, mama but not specifically to any person or any thing (Concurrent observation) | Spontaneously | Mimics | 1 syllable bable e.g. ma, da, pa | None | Unable to assess |

| | Uses one meaningful word | Spontaneously, and | Spontaneously, | Mimics on | Does not | Unable | |
|----|--|--------------------|------------------|------------------|---------------------|------------------|--|
| | (Concurrent observation) | in correct | but in incorrect | hearing | use words | to | |
| | | context | context | | | assess | |
| 28 | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | Uses two meaningful words together | Spontaneously, and | Spontaneously, | Mimics on | Does not | Unable | |
| | (Concurrent observation) | in correct | but in incorrect | hearing | use words | to | |
| | | context | context | | | assess | |
| 29 | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | Combines word and gesture when asked (Do not | Combines word and | Combines word | Combines word | Does not | Unable | |
| | demonstrate, trials = 3, use different examples each | gesture completely | and gesture | and gesture | combine word and | to assess | |
| 20 | time) | and | completely but | incompletely | gesture | | |
| 30 | | appropriately | inappropriately | but | 0 | | |
| | | | | inappropriately | | | |
| | | | | | | | |
| 31 | Positive affect | · | Never or rarely | Some of the time | Most of the time | | |
| 32 | Exploration | | Never or rarely | Some of the time | Most of t | Most of the time | |
| 33 | Ease of engagement | | Never or rarely | Some of the time | Most of t | Most of the time | |
| 34 | Cooperativeness | | Never or rarely | Some of the time | | Most of the time | |
| 35 | Adaptability to change | | Never or rarely | Some of the time | | Most of the time | |
| 36 | Distractibility | | Never or rarely | Some of the time | | Most of the time | |
| 37 | Negative Affect | | Never or rarely | Some of the time | Most of t | he time | |