

**Table 1: Demographic and disease related data**

	<b>Total (n=311)</b>	<b>CR + EX (n=77)</b>	<b>CR + EX-S (n=79)</b>	<b>CR-S + EX (n=80)</b>	<b>CR-S+EX-S (n=75)</b>
Age, mean (SD)	52.6 (7.2)	52.6 (8.0)	52.9 (6.7)	51.6 (6.9)	53.4 (7.1)
Sex*, n (%)					
Female	194 (62 %)	49 (64 %)	46 (58 %)	54 (68 %)	45 (60 %)
Male	117 (38 %)	28 (36 %)	33 (42 %)	26 (32 %)	30 (40 %)
School, mean (SD) years	13.9 (3.3)	13.7 (3.6)	14.1 (3.2)	14.2 (3.1)	13.8 (3.5)
Highest level of education completed, n (%)					
Primary	25 (8.0)	9 (11.7)	2 (2.5)	4 (5.0)	10 (13.3)
Secondary (high school)	146 (46.9)	36 (46.8)	42 (53.2)	36 (45.0)	32 (42.7)
College / University	140 (45.0)	32 (41.6)	35 (44.3)	40 (50.0)	33 (44.0)
EDSS, median [25 <sup>th</sup> , 75 <sup>th</sup> ]	6.0 [4.5, 6.5]	6.0 [4.5,6.5]	6.0 [4.5,6.5]	5.5 [4.0,6.0]	6.0 [4.0,6.5]
Type of MS, n (%)					
Primary progressive	84 (27 %)	24 (31 %)	22 (28 %)	20 (25 %)	18 (24 %)
Secondary progressive	227 (73 %)	53 (69 %)	57 (72 %)	60 (75 %)	57 (76 %)
Duration of MS (in years)	14.5 (9.6)	14.2 (10.0)	14.1 (9.2)	13.9 (8.7)	15.9 (10.6)
Medications					
Stimulants, n (%)	47 (15 %)	11 (14 %)	12 (15 %)	11 (14 %)	13 (17 %)
Anxiolytics/Hypnotics, n (%)	23 (7 %)	6 (8 %)	4 (5 %)	5 (6 %)	8 (11 %)
Antidepressants/mood stabilizers, n (%)	96 (31 %)	26 (34 %)	22 (28 %)	25 (31 %)	23 (31 %)
Analgesics, n (%)	64 (21 %)	16 (21 %)	22 (28 %)	13 (16 %)	13 (17 %)
DMTs, n (%)	134 (43 %)	31 (40 %)	38 (48 %)	37 (46 %)	28 (37 %)

EDSS=Expanded Disability Status Scale; School=total years of schooling; DMTs=Disease modifying therapies; \*Self-identified sex.

