Unlocking the potential of qualitative research for the implementation of artificial intelligence-enabled healthcare

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Artificial intelligence (AI)-enabled clinical decision support tools (CDSTs) are complicated technologies, which form the basis of complex AI-enabled healthcare interventions. Research of AI-enabled CDSTs has proliferated, with 57,844 model development studies and 5,073 comparative or real-world evaluation studies readily identifiable on PubMed at the time of writing (1). Despite this proliferation of evidence, a notable translational gap persists with little real-world implementation of AI-enabled healthcare interventions (2). While research communities have acknowledged the value and importance of studying AI implementation in real-world clinical settings, there is limited evidence on how to translate the potential of AI into everyday healthcare practices. This persistent translational failure is multifactorial, but there is clear opportunity for impact from the research community if they can deliver the evidence that healthcare systems’ decision makers need to fully evaluate complex interventions such as those involving AI-enabled CDSTs (2). This need for a holistic evidence base exists because AI-enabled CDSTs cannot be considered as inert and isolated technologies, but as components of a complex system which shape and are shaped by the adopters and organisations which enable their impact. The complexity surrounding the clinical implementation of AI tools and applications requires therefore to better understand the interplay between agency, social processes, and contextual conditions shaping implementation. Qualitative research provides a valuable approach to study AI implementation because it allows research communities to explore the interplay between social processes and contextual factors shaping the implementation of change (3). Qualitative research can also surface how these factors may be anticipated or modified to support judicious and successful implementation efforts across varied sociotechnical contexts. In so doing, it helps to answer complex questions such as how and why efforts to implement best practices may succeed or fail, and how patients and providers experience and make decisions in care (4).

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Research of AI-enabled CDSTs using qualitative methods represents a minority of the literature (4). An update up to October 2022 of an AI implementation qualitative evidence synthesis search strategy identified just 201 studies, 98 of which focused on machine learning-enabled CDSTs (4). Schouten et al.’s mixed-methods study of the barriers and facilitators to clinical AI implementation represents a valuable contribution to this qualitative evidence base (5). Drawing upon qualitative interviews and focus groups with 15 physicians the authors aim to enhance the generalisability of their findings through the employment of a widely used framework to guide assessment of contextual determinants of implementation (6). Additionally, they go beyond a descriptive analysis of their data to support distant adopters of AI-enabled healthcare interventions in answering the key question of “how” they might succeed in their own context (7). Schouten et al.’s approach to clinical AI implementation research enhances the actionability of qualitative research and aligns with established guidelines in implementation science (8). Due to the sociotechnical complexity of AI-enabled healthcare interventions, however, there are unavoidable limits to the transferability of learnings derived from one specific pairing of intervention and context to another (9). This important caveat is not always explicit in the outputs of theoretical approaches and can risk misplaced reductionism for much of the clinical AI community for whom the evaluation of qualitative research is unfamiliar. This editorial will discuss how the contexts on which qualitative research focuses and the theoretical approaches which are applied to the data can respect these limits whilst delivering actionable and proportionately transferable insights. The aim is to support a wider range of current and potential adopters of AI-enabled healthcare interventions in unlocking the value of qualitative research within their scope of practice and to propose priorities for researchers progressing this valuable evidence base.

The role of implementation theory

There is a great and growing breadth of theoretical approaches for implementation researchers and practitioners to choose from (9). These theoretical approaches can be categorised under various taxonomies and put to various uses but are united by their purpose to abstract empirical insights from research to make them more transferable across implementation efforts (10).

Transferability is a valuable contribution which helps to compensate for the relative scarcity of qualitative research. This value is derived from the production of insights which can transcend differences in technological, clinical and social aspects to deliver impact outside of the specifications of the study itself. The extent to which insights generated through implementation efforts are transferable is influenced by the theoretical approach selected and its alignment with the underlying qualitative research (9). This is not to say that there is a “correct” theoretical approach to choose. However, a considered choice of theoretical approach is likely to enhance the degree and legitimacy with which insights derived from one implementation effort could be translated to another (Table 1). Understanding researchers’ rationale for selecting a theoretical approach can be useful in evaluating how this has been addressed in qualitative studies of AI-enabled clinical interventions, but is not commonly reported (4). Even in cases where this rationale is reported, it also seems likely that ready access to a full range of contender theoretical approaches and confidence in selecting between them is not common in the AI research community. As yet, there are no clear trends in these areas for improvement, but there are well-established mechanisms by which they could improve. Journal editors and reviewers have a role to play in advocating for relevant guidelines (8). In doing so, they promote a detailed and transparent explanation of all methodological aspects of a qualitative study, including its guiding theoretical aims and methodological principals. There are also systematically searchable libraries of theoretical approaches relative to implementation science and emerging training programmes in implementation science principles which can improve accessibility across a greater variety of theoretical approaches (9,16).

The importance and scarcity of authentic insight

The accuracy with which qualitative data can represent stakeholder perceptions of real-world implementations of AI-enabled interventions is another important consideration in unlocking the value of qualitative research. Few AI-enabled interventions have been implemented in real-world care (2). Qualitative research of these real-world implementation efforts and the authentic insights they can provide are even more scarce. Drawing on authentic insights from adjacent interventions involving technologies such as rule-based CDSTs represents an opportunity to mitigate against this scarcity (4). AI-enabled CDST do hold certain sociotechnical distinctions, but there is a great deal of overlap with adjacent innovations such as rule-based CDSTs and authentic insights from their
real-world implementation should not be undervalued. It is increasingly important because hypothetical AI-enabled healthcare scenarios compose the majority of the qualitative evidence base for implementation. The value of insights derived from studying hypothetical scenarios have clear limitations in guiding the implementation of specific AI-enabled interventions into specific contexts. Already, strong triangulation has been achieved on the themes raised by clinician and patient participants in diverse studies of hypothetical AI-enabled healthcare scenarios, which risks research waste from repeating similar studies (4). This presents a need for authentic insights, which is not unique to AI implementation but a general consideration across qualitative research. The methodology of phenomenology highlights this by requiring that the essence of a phenomenon is understood through the perspectives of individuals with lived experience of it (17). Before committing to qualitative study settings and designs, researchers should ask themselves where their resources and expertise can be applied most productively (4).

We would suggest two priorities for AI-enabled healthcare to be addressed through qualitative research. Firstly, in the common absence of clinically integrated AI-enabled interventions to study, hypothetical studies should pursue a narrow focus with a specified AI-enabled CDST and use case. This is exemplified by Schouten et al.’s work, which presented clinical vignettes involving a real pre-clinical AI-enabled CDST to predict the outcome of blood cultures to its potential users (5). Secondly, opportunities to explore perspectives from all stakeholders in clinically integrated AI-enabled healthcare interventions should be pursued. Whilst the insights will inevitably originate from a single specific context, they will have a high level of authenticity and the use of theoretical approaches can make their value transferable to other implementation efforts (Table 2). This offers a means to move the field beyond abstract syntheses of generalised perspectives and improve the actionability of the insights for practitioners seeking to close the translational gap for AI-enabled healthcare (2).

### How can things improve?

Valuable contributions from qualitative research to AI-enabled healthcare interventions are approaching consensus on how stakeholders may feel about hypothetical scenarios (4). Further investments in qualitative research need to avoid replicating these insights to continue progressing the field (2). This progress will depend upon qualitative research that improves the design of a wide range of specific AI-enabled healthcare interventions and tailors strategies for their implementation across a range of contexts (7). Supporting such a breadth of intervention and context pairings requires insights from qualitative research to be transferable outside of the studies from which they arose, whilst remaining accessible

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### Table 1 Three diverse examples of considered selection and application of theoretical approaches in qualitative research of AI-enabled interventions

<table>
<thead>
<tr>
<th>First author and year</th>
<th>Research aim</th>
<th>Theoretical approach</th>
<th>Role in research</th>
<th>Relevant characteristics (9)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buck 2022 (11)</td>
<td>“To investigate which determinants influence GPs’ attitudes toward AI-enabled systems in diagnosis”</td>
<td>Two component model of attitude (12)</td>
<td>Informing data analysis</td>
<td>A process model focusing on individuals’ (GPs) characteristics and attitudes</td>
</tr>
<tr>
<td>Fujimori 2022 (13)</td>
<td>“To evaluate the acceptance, barriers, and facilitators to implementing AI-based CDSSs in the emergency care setting”</td>
<td>Consolidated Framework for Implementation Research (6)</td>
<td>Informing data collection</td>
<td>A determinant framework focusing on factors influencing implementation across policy, organisational and individual levels</td>
</tr>
<tr>
<td>Chen 2021 (14)</td>
<td>“To explore the knowledge, awareness and attitudinal responses related to AI amongst professional groups in radiology, and to analyse the implications for the future adoption of these technologies into practice”</td>
<td>Innovation-decision process framework (15)</td>
<td>Informing data analysis</td>
<td>A classic theory arising from change management focusing on networks and relationships between individuals</td>
</tr>
</tbody>
</table>

AI, artificial intelligence; GP, general practitioner; CDSS, computerised decision support systems.
to a broad community of implementation practitioners (9). Rather than creating more “novel” theoretical approaches, the research community can promote the accessibility of the insights they provide by applying more established theoretical approaches to satisfy the need for transferability (9). Researchers should also exercise restraint in pursuing hypothetical research questions, which may fail to deliver new insights. Instead, perspectives from any stakeholders with lived experience of integrated AI-enabled healthcare interventions should be prioritised (Table 2). A considered selection of theoretical approaches can then be applied to maximise the transferability of these authentic insights whilst respecting the diversity of AI-enabled interventions and contexts for their implementation (Table 1). Whilst the resource requirements of identifying integrated AI-enabled interventions and applying methods such as ethnography may be high, the depth and authenticity of the insights they provide may represent the most efficient means of progressing implementation from its current state (23).

In addition to the evidence elicited by dedicated qualitative researchers, there is an opportunity for other stakeholders such as developers to share important qualitative and quantitative insights, such as those derived from post market surveillance (24). It is important that developers and regulators understand the extent to which this performance and usability data may be helpful in our understanding of implementation (both for the specific CDST and more generally), and support the more open sharing of this data. Providers themselves could also work with developers to design their local procurement and implementation procedures to incorporate a local evaluation of the intervention (including implementation issues) as part of a trial phase prior to full contracting (25). Networks between providers could also help for peer-support and authentic insights into AI-enabled healthcare interventions and their implementation (25). These adaptions would help to leverage existent implementation insights arising outside of the research setting, but funding and strategic shifts from healthcare policy makers, leaders and managers to integrate researchers within the practice of AI implementation could expand this opportunity further (25).

It is time for the community of stakeholders in clinical AI to focus on qualitative research that is grounded in the real-world integration of AI-enabled interventions. This practical emphasis could unlock more of the value of qualitative research of AI-enabled healthcare interventions to secure and expedite scalable benefit for patients and providers across sociotechnical contexts.

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