

# Research Letter | Nephrology

# Effectiveness and Safety of Dapagliflozin for Black vs White Patients With Chronic Kidney Disease in North and South America A Secondary Analysis of a Randomized Clinical Trial

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# Introduction

Black and White patients experience a distinct array of comorbid conditions and can respond differently to interventions.<sup>1,2</sup> Black patients are more likely to develop salt-sensitive hypertension, less responsive to renin-angiotensin-aldosterone system inhibitors, and nearly 4-fold more likely to develop progressive chronic kidney disease (CKD), leading to kidney failure.<sup>3-5</sup> Sodium-glucose cotransporter-2 (SGLT2) inhibitors have been demonstrated to lower risks of progressive kidney disease, cardiovascular events, and premature death for patients with CKD. However, it is unclear whether the effectiveness and safety of SGLT2 inhibitors differ between Black and White patients with CKD. This substudy of the DAPA-CKD trial (NCTO3O36150) investigated the effectiveness and safety of dapagliflozin for Black vs White patients with CKD (trial protocol and statistical analysis plan in Supplement 1).

# **Methods**

This is a post hoc secondary analysis of the DAPA-CKD trial, a randomized, double-blind, placebocontrolled, multicenter trial conducted at 386 study sites in 21 countries from February 2, 2017, to June 12, 2020.<sup>6</sup> All participants provided written informed consent, and the trial was approved by an ethics committee at each trial site. This study followed the CONSORT reporting guideline. A 2-tailed P < .05 indicated statistical significance. The methods and patient flow diagram are presented in the eMethods and eFigure in Supplement 2, respectively. A total of 4304 adults with CKD, with or without type 2 diabetes, with estimated glomerular filtration rate (eGFR) of 25 to 75 mL/min/1.73 m<sup>2</sup> and urinary albumin to creatinine ratio of 200 to 5000 mg/g were randomized to dapagliflozin (10 mg/d) or placebo. This analysis included only Black and White patients enrolled in North and South America. Race was self-reported. Primary end point was a composite of 50% or more sustained eGFR decline, end-stage kidney disease (ESKD), or death from kidney or cardiovascular disease. Secondary end points were a kidney composite end point of 50% or more sustained eGFR decline, ESKD, or death from kidney disease; a cardiovascular composite end point of hospitalization for heart failure or death from cardiovascular disease; and all-cause mortality. All analyses were performed using Stata, version 14.2 (StataCorp).

# **Results**

Of 4304 patients (mean [SD] age, 61.8 [12.8] years; 33.1% women), 1725 (40.1%) were enrolled in North and South America. Of these, 185 (10.7%) were Black, and 1086 (63.0%) were White. Mean age was lower (62 vs 65 years) and proportion of women higher (44.3% vs 29.4%) for Black vs White patients. Mean eGFR (44 vs 43 mL/min/1.73 m<sup>2</sup>), median urinary albumin to creatinine ratio (897 vs 809 mg/g), prevalence of diabetes (72.4% vs 72.5%), and other baseline characteristics were similar between Black and White patients, except for history of heart failure (15.1% vs 8.0%). During median follow-up of 2.2 years, 20 Black patients (10.8%) and 139 White patients (12.8%) developed the

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Hazard ratio (95% CI)

primary composite end point, corresponding to event rates of 5.3 and 6.2 per 100 patient-years, respectively. Dapagliflozin was associated with reduced risk of the primary composite end point vs placebo for Black (hazard ratio [HR], 0.35; 95% CI, 0.14-0.88) and White patients (HR, 0.64; 95% CI, 0.45-0.89; P = .31 for interaction) (**Figure**). Consistent benefits were associated with all secondary end points (Figure). Reduction in total (randomization to end of follow-up) eGFR decline with dapagliflozin was 1.2 mL/min/1.73 m<sup>2</sup>/y (95% CI, -0.11 to 2.5 mL/min/1.73 m<sup>2</sup>/y) for Black patients and 1.0 mL/min/1.73 m<sup>2</sup>/y (95% CI, 0.5-1.6 mL/min/1.73 m<sup>2</sup>/y) for White patients (P = .82 for interaction), and reduction in chronic (week 2 to the end of treatment) eGFR decline was 2.8 mL/min/1.73 m<sup>2</sup>/y (95% CI, 1.5-4.1 mL/min/1.73 m<sup>2</sup>/y) for Black patients and 2.3 mL/min/1.73 m<sup>2</sup>/y (95% CI, 1.7-2.8 mL/min/1.73 m<sup>2</sup>/y) for White patients (P = .44 for interaction). Serious adverse events were less frequent with dapagliflozin than with placebo among Black patients (30.4% vs 39.8%) and White patients (34.9% vs 39.0%).

# Figure. Effectiveness of Dapagliflozin for Black vs White Patients in North and South America

End point	Dapagliflozin (n = 632; 102 Black and 530 White patients)		Placebo (n = 639; 83 Black and 556 White patients)					
	No. (%)	Events/100 patient-years	No. (%)	Events/100 patient-years	Hazard ratio (95% CI)	Favors dapagliflozin	Favors placebo	P value for interaction
Primary outcome								
eGFR decline ≥50%, er	nd-stage kidney	disease, or kidney	or cardiovascula	ır death				.31
Overall population	60 (9.5)	4.5	99 (15.5)	7.6	0.59 (0.43-0.81)			
Black (n = 185)	7 (6.9)	3.2	13 (15.7)	8.0	0.35 (0.14-0.88)			
White (n = 1086)	53 (10.0)	4.8	86 (15.5)	7.6	0.64 (0.45-0.89)			
Secondary outcomes								
eGFR decline ≥50%, er	nd-stage kidney	disease, or kidney	death					.87
Overall population	38 (6.0)	2.9	74 (11.6)	5.7	0.51 (0.34-0.75)			
Black (n = 185)	6 (5.9)	2.8	8 (9.6)	4.9	0.48 (0.17-1.40)			
White (n = 1086)	32 (6.0)	2.9	66 (11.9)	5.8	0.50 (0.33-0.77)			
Cardiovascular death o	or hospitalizatio	n for heart failure						.08
Overall population	42 (6.6)	2.9	50 (7.8)	3.5	0.81 (0.54-1.22)		-	
Black (n = 185)	4 (3.9)	1.7	9 (10.8)	5.1	0.30 (0.09-0.98)			
White (n = 1086)	38 (7.2)	3.1	41 (7.4)	3.3	0.95 (0.61-1.47)		—	
All-cause death								.25
Overall population	41 (6.5)	2.8	59 (9.2)	4.1	0.68 (0.46-1.01)			
Black (n=185)	4 (3.9)	1.7	8 (9.6)	4.3	0.33 (0.10-1.12)		-	
White (n = 1086)	37 (7.0)	3.0	51 (9.2)	4.0	0.75 (0.49-1.15)		-	

#### **B** Total and chronic eGFR slopes

	Mean (SD) eGFR slope (mL/r					
Slope	Dapagliflozin (n=632; 102 Black and 530 White patients)	Placebo (n = 639; 83 Black and 556 White patients)	Difference (95% CI)	Favors placebo	Favors dapagliflozin	P value for interaction
Total slope				_		.82
Black (n = 185)	-3.6 (0.4)	-4.8 (0.5)	1.2 (0.11-2.5)	_	<b>_</b>	
White (n = 1086)	-2.6 (0.2)	-3.7 (0.2)	1.0 (0.5-1.6)			
Chronic slope						.44
Black (n=185)	-1.7 (0.4)	-4.5 (0.5)	2.8 (1.5-4.1)		<b>_</b>	
White (n = 1086)	-1.2 (0.2)	-3.4 (0.2)	2.3 (1.7-2.8)			
				-1 (	D 1 2 3 4 Difference (95% CI)	5

A, Clinical end points. B, Total (randomization to end of follow-up) and chronic (3 months to end of follow-up) estimated glomerular filtration rate (eGFR) slopes.

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# Discussion

Among Black and White patients with CKD, dapagliflozin was associated with reduced risks of progressive kidney disease (including kidney failure), cardiovascular events, and all-cause mortality, with safety similar to that of placebo. This secondary analysis is limited by small numbers of Black and White patients; therefore, the power to detect effect modification by designated race was low. However, based on available information, Black and White patients appear to experience similar kidney and cardiovascular benefits of dapagliflozin.

### **ARTICLE INFORMATION**

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Concept and design: All authors.

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Drafting of the manuscript: Vart, Wheeler, Chertow.

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SUPPLEMENT 1. Trial Protocol and Statistical Analysis Plan

SUPPLEMENT 2. eMethods. eFigure. Flow Chart of Study Sample Selection

# SUPPLEMENT 3.

**Data Sharing Statement** 

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