#### RESEARCH

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# APOE ε4 gene dose effect on imaging and blood biomarkers of neuroinflammation and beta-amyloid in cognitively unimpaired elderly

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#### Abstract

**Background** Neuroinflammation, characterized by increased reactivity of microglia and astrocytes in the brain, is known to be present at various stages of the Alzheimer's disease (AD) *continuum*. However, its presence and relationship with amyloid pathology in cognitively normal at-risk individuals is less clear. Here, we used positron emission tomography (PET) and blood biomarker measurements to examine differences in neuroinflammation and beta-amyloid (A $\beta$ ) and their association in cognitively unimpaired homozygotes, heterozygotes, or non-carriers of the *APOE*  $\varepsilon 4$  allele, the strongest genetic risk for sporadic AD.

**Methods** Sixty 60–75-year-old *APOE*  $\epsilon$ 4 homozygotes (n = 19), heterozygotes (n = 21), and non-carriers (n = 20) were recruited in collaboration with the local Auria biobank. The participants underwent <sup>11</sup>C-PK11195 PET (targeting 18-kDa translocator protein, TSPO), <sup>11</sup>C-PiB PET (targeting A $\beta$ ), brain MRI, and neuropsychological testing including a preclinical cognitive composite (APCC). <sup>11</sup>C-PK11195 distribution volume ratios and <sup>11</sup>C-PiB standardized uptake value ratios (SUVRs) were calculated for regions typical for early A $\beta$  accumulation in AD. Blood samples were drawn for measuring plasma glial fibrillary acidic protein (GFAP) and plasma A $\beta_{1-42/140}$ .

**Results** In our cognitively unimpaired sample, cortical <sup>11</sup>C-PiB-binding increased according to *APOE*  $\epsilon$ 4 gene dose (median composite SUVR 1.47 (range 1.38–1.66) in non-carriers, 1.55 (1.43–2.02) in heterozygotes, and 2.13 (1.61–2.83) in homozygotes, P = 0.002). In contrast, cortical composite <sup>11</sup>C-PK11195-binding did not differ between the *APOE*  $\epsilon$ 4 gene doses (P = 0.27) or between A $\beta$ -positive and A $\beta$ -negative individuals (P = 0.81) and associated with higher A $\beta$  burden only in *APOE*  $\epsilon$ 4 homozygotes (Rho = 0.47, P = 0.043). Plasma GFAP concentration correlated with cortical <sup>11</sup>C-PiB (Rho = 0.35, P = 0.040), but not <sup>11</sup>C-PK11195-binding (Rho = 0.13, P = 0.47) in A $\beta$ -positive individuals. In the total cognitively unimpaired population, both higher composite <sup>11</sup>C-PK11195-binding and plasma GFAP were associated with lower hippocampal volume, whereas elevated <sup>11</sup>C-PiB-binding was associated with lower APCC scores.

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**Conclusions** Only A $\beta$  burden measured by PET, but not markers of neuroinflammation, differed among cognitively unimpaired elderly with different *APOE*  $\epsilon$ 4 gene dose. However, *APOE*  $\epsilon$ 4 gene dose seemed to modulate the association between neuroinflammation and A $\beta$ .

**Keywords** Alzheimer's disease, Microglia, Astrocytes, Beta-amyloid, PET, TSPO, *APOE*, Apolipoprotein E, GFAP, Biomarker

#### Background

The number of persons affected by Alzheimer's disease (AD) across its pathological continuum was recently estimated to be as high as 416 million [1]. From this global estimate, 3/4 of individuals were classified as preclinical AD, characterized by the presence of beta-amyloid (A $\beta$ ) plaques but absence of clinical symptoms [1]. In addition to the hallmark pathologies, i.e., A $\beta$  plaques and neurofibrillary tangles, inflammation in the central nervous system (CNS) is recognized to have an important, partly independent, role in Alzheimer's continuum [2]. In the brain, inflammation is mainly mediated by microglia and astrocytes [3], and in AD, compiling evidence suggests that increased microglial and astrocytic reactivity could be present already during early, possibly protective processes [4–7].

Apolipoprotein E (APOE) ɛ4 allele is the strongest genetic risk factor of sporadic AD; it increases the risk of disease and decreases the age of onset when compared with the most common APOE  $\varepsilon$ 3 or the protective APOE ε2 alleles [8]. APOE ε4 gene dose-related increase in brain A $\beta$  load is present already in cognitively normal individuals [9-11], and it has been suggested to be caused by impaired degradation and clearance of  $A\beta$ , a task which is performed by glial cells and affected by APOE isoforms [12, 13]. In neuropathological studies, *APOE* ε4 has been seen to associate with increased microglial number in the brains of individuals with AD [14] and higher microglial cell reactivity around A $\beta$  plaques in a mouse model of A $\beta$ deposition and human APOE alleles [15]. Still, clinical investigations concerning the relationship between early ongoing neuroinflammatory processes and  $A\beta$  in cognitively unimpaired APOE ɛ4 carriers are scarce.

Investigation of regional neuroinflammation in AD in vivo has been enabled by PET imaging and specific ligands such as <sup>11</sup>C-PK11195 that target 18-kDa translocator protein (TSPO) as a proxy for microglial reactivity. TSPO is present in the outer mitochondrial membranes of microglia and elevated in the brain in relation to injuries or pathology [16]. In humans, increased TSPO ligand-binding has recently been suggested to represent changes in cell density rather than protein overexpression [17], and to be mostly covered by microglia, and to a lesser extent astrocytes and endothelial cells [18, 19]. Previous studies using TSPO PET imaging have shown increased regional ligandbinding in patients with AD [20–23], mild cognitive impairment [4, 24, 25], and some also in A $\beta$ -positive compared with A $\beta$ -negative controls [7, 26]. However, results are partly inconclusive since also minor or no differences between diagnostic groups have been reported [27–29].

In addition to imaging, more easily accessible biomarkers for AD pathology measured in blood have become available recently thanks to the development of more sensitive methods [30]. Unfortunately, since proteins expressed by microglia in the CNS are also present in peripheral macrophages, the development of blood-based assays targeting microgliosis is demanding, and interpretation of measurements from blood is complicated [31]. However, one interesting fluid biomarker for glial reactivity, glial fibrillary acidic protein (GFAP, a marker of reactive astrocytosis), is measurable from blood using the single molecule array (Simoa) technology and has been recently shown to be associated with A $\beta$  deposition and increased already in early stages of AD [32–34].

Based on previous literature suggesting an early involvement of neuroinflammation during the AD continuum, we hypothesized that in vivo TSPO binding and plasma GFAP concentrations would be elevated in cognitively normal APOE £4 homozygotes or APOE ɛ4 heterozygotes, representing different genetically increased risk for  $A\beta$  accumulation and sporadic AD, compared to age-matched non-carriers. To test this hypothesis, we evaluated differences in (i) regional A and TSPO PET and (ii) plasma  $A\beta_{42/40}$  and GFAP concentrations and their associations primarily among cognitively normal APOE £4 homozygotes, heterozygotes, and non-carriers. In addition, we performed secondary analyses between Aβ-positive (representing Alzheimer's pathological change or preclinical AD [35]) and A $\beta$ -negative individuals and investigated the association between imaging and fluid biomarkers of neuroinflammation and  $A\beta$  deposition and markers of disease progression (cognitive performance and volumetric brain changes) in our cohort comprised by cognitively unimpaired participants enriched with APOE ε4 carriers.

#### Methods

#### Study design and participants

The study design is illustrated in Fig. 1 and detailed study protocol including power calculations has been previously published [36]. Briefly, participants in this cross-sectional, observational study were recruited in collaboration with the local Auria biobank (Turku, Finland). Set inclusion criteria were 60-75 years of age and CERAD total score > 62 points at screening. Main exclusion criteria were dementia or cognitive impairment; other severe neurological or psychiatric disease; diabetes; chronic inflammatory condition; and contraindication for MRI or PET. In total, sixtythree cognitively normal individuals were recruited. However, one individual from the APOE £4 heterozygotes and of the non-carriers discontinued the study (two experienced claustrophobia inside the scanner; one had an unexpected and excluding finding in MRI); thus, sixty participants from three groups were included in the analysis (APOE  $\varepsilon$ 4 homozygotes: n = 19, median MMSE = 28 (interquartile range (IQR) 27-29); APOE  $\epsilon$ 4 heterozygotes: n = 21, median MMSE = 29 (IQR 28-30), non-carriers: n = 20, median MMSE = 29 (IQR 27-30)).

#### **Brain imaging measurements**

Structural T1-weighted brain MRI scan was performed on either a Philips Ingenuity 3.0 T TF PET/MRI (n = 38; Philips Healthcare, Amsterdam, the Netherlands) or a Philips Ingenia 3.0 T (n = 22; Philips Healthcare, Amsterdam, the Netherlands). PET scans were acquired on an ECAT high-resolution research tomograph (HRRT, Siemens Medical Solutions, Knoxville, TN). For amyloid imaging, <sup>11</sup>C-PiB scans (n = 60) were acquired 40 to 90 min post injection (mean injected dose 497 (standard deviation (SD) 30) MBq), and for TSPO imaging, dynamic <sup>11</sup>C-PK11195 scans (n = 57) were acquired for 60 min post injection (mean injected dose 494 (SD 21) MBq). All images were reconstructed with 3D ordinary Poisson ordered subset expectation maximization algorithm (OP-OSEM3D), and list mode data was histogrammed into 8 (6  $\times\,5+2\,\times\,10$  min,  $^{11}\text{C-PiB})$  and 17  $(2 \times 15; 3 \times 30; 3 \times 60; 7 \times 300; 2 \times 600 \text{ s}, {}^{11}\text{C-PK11195})$ time frames.



**Fig. 1** Study flowchart. Altogether 60 individuals were recruited based on their APOE  $\epsilon 4$  gene dose (APOE  $\epsilon 4/\epsilon 4$ , n = 19, APOE  $\epsilon 4/\epsilon 3$ , n = 21, APOE  $\epsilon 3/\epsilon 3$ , n = 21). All underwent positron emission tomography (PET) imaging targeting A $\beta$  using <sup>11</sup>C-PiB, 18-kDa translocator protein (TSPO) as a proxy for glial reactivity using. <sup>11</sup>C-PK11195, magnetic resonance imaging (MRI), and cognitive testing. A blood sample was drawn for laboratory measurements, including plasma markers of A $\beta$  pathology (A $\beta_{1-40}$  and A $\beta_{1-42}$ ) and reactive astrocytosis (glial fibrillary acidic protein, GFAP)

#### Brain image analysis

PET and MR image preprocessing and analysis was performed using an automated pipeline at Turku PET Centre [37] which executed the PET data frame by frame realignment, PET-MRI co-registration, FreeSurfer ROI parcellation, and PET data kinetic modeling. Regional and voxel level <sup>11</sup>C-PiB-binding was quantified as standardized uptake value ratios (SUVR) calculated for 60 to 90 min post injection, using the cerebellar cortex as reference region. Regional <sup>11</sup>C-PK11195-binding was quantified as distribution volume ratios (DVR) within 20-60 min post injection using a reference tissue input Logan's method with pseudo-reference region extracted using supervised clustering algorithm [38, 39]. Voxel-level kinetic modeling for <sup>11</sup>C-PK11195 was carried out using basis function implementation of simplified reference tissue model with respect to the aforementioned clustered pseudo-reference region and with 300 basis functions calculated within the  $\Theta_3$  parameter limits  $0.06 < \Theta_3 < 0.6$  [40]. Partial volume effect (PVE)-corrected data was used for all <sup>11</sup>C-PK11195 analysis in order to minimize the effect TSPO uptake in sinuses to cortical regions. PVE correction was carried out using PETPVE12 toolbox [41] in both region-of-interest (ROI, geometric transfer matrix method) and voxel-level (Muller-Gartner method) data. ROI-level analysis for both <sup>11</sup>C-PiB and <sup>11</sup>C-PK11195 data was performed in a priori defined regions known for early AB deposition (prefrontal cortex, parietal cortex, anterior cingulum, posterior cingulum, precuneus, lateral temporal cortex, and a volume weighted composite containing all the regions).<sup>41</sup> For <sup>11</sup>C-PK11195, additional volume-weighted ROIs for transentorhinal (Braak I-II) and limbic composite (Braak III-IV) regions [42] were analyzed to investigate TSPO-binding in regions associated with early tau deposition. Details of the combined FreeSurfer regions are previously published [36]. Spatially normalized parametric SUVR and  $BP_{ND}$  images in MNI152 space were smoothed using Gaussian 8 mm FWHM filter and used for all voxel-wise statistical analysis. For all figures, BP<sub>ND</sub> were transformed to DVRs for clarity, using the formula:  $DVR = BP_{ND} + 1$ . A $\beta$  positivity was defined as cortical composite <sup>11</sup>C-PiB SUVR>1.5 [43, 44].

Total hippocampal volume and total entorhinal area volume (left+right, ml) normalized for intracranial volume, age, and sex were obtained from the T1-weighted MR images using an automatic cNeuro image analysis tool (Combinostics Oy, Tampere, Finland) [45, 46]. Since two different instruments were used for acquiring MRI images the used scanner was added as a covariate in all analyses including hippocampal or entorhinal volumes.

#### **Cognitive testing**

All participants completed CERAD cognitive test battery at screening, as well as more extensive neuropsychological testing

during one of the study visits as previously described [36]. CERAD total score, mini-mental state examination (MMSE) score, and Alzheimer's Prevention Initiative Preclinical Composite Cognitive test (APCC) score were used to investigate the association between both imaging and blood biomarkers and cognitive performance.

#### **Blood biomarker measurements**

All plasma biomarker measurements were performed in the Clinical Neurochemistry Laboratory, Mölndal, Sweden. Plasma  $A\beta_{1-40}$  and  $A\beta_{1-42}$  concentrations were measured using an in-house immunoprecipitation mass spectrometry method (IP-MS) described in detail elsewhere [47, 48]. Briefly,  $A\beta$  peptides were immunoprecipitated from 250 µl of sample using 4G8 and 6E10 anti- $A\beta$ antibodies (BioLegend) coupled to Dynabeads<sup>TM</sup> M-280 Sheep Anti-Mouse IgG magnetic beads and a KingFisher Flex instrument (Thermo Fisher Scientific) and further analyzed by liquid chromatography-tandem mass spectrometry (LC–MS/MS). Recombinant  $A\beta_{1-40}$  and  $A\beta_{1-42}$ peptides were used as calibrators, and heavy labeled peptides were added to both samples and calibrators for internal standards.

Plasma GFAP concentration was measured using the Single molecule array (Simoa) platform, a HD-X analyzer (Quanterix, Billerica, MA), and a commercial GFAP discovery kit (Quanterix, #102,336) following the instructions provided by the manufacturer. Two internal quality control (QC) samples with mean concentrations of 100 pg/ml and 608 pg/ml were measured in the beginning and after samples in both plates. Calibrators and QC samples were measured as duplicates and samples as singlicates. The intra-assay precision (variation within run,  $CV_r$  (%)) and inter-assay precision (variation between runs,  $CV_{rw}$  (%)) were <5% and <15%, respectively.

#### Statistical analysis

All data following normal distribution are presented as mean (SD), otherwise as median (IQR). Normality of the data was established visually and from the residuals. Missing data points for each variable are presented in eTable 1 in Additional file 1. For continuous variables, differences in group demographics and in regional <sup>11</sup>C-PiB and <sup>11</sup>C-PK11195-binding between the three APOE ε4 gene doses were tested using one-way ANOVA with Tukey's honest significance test or Kruskal-Wallis test with Dunn's method for multiple comparisons depending on the distribution of data.  $\chi^2$  test was used for testing categorical variables. Associations between regional PET data and fluid biomarker concentrations were evaluated using Spearman's rank correlation. Differences in <sup>11</sup>C-PK11195-binding between Aβ-positive and Aβ-negative individuals were first tested with Student's *t*-test. We also wanted to see if regional <sup>11</sup>C-PK11195binding differed between Aβ-positive and Aβ-negative individuals accounting for *APOE* ε4 status, so we additionally tested the effect of *APOE* ε4 gene dose, amyloid positivity, and their interaction (ε4 gene dose × amyloid positivity) on <sup>11</sup>C-PK11195 in a priori defined ROIs with linear regression models. If an interaction term with *P*<0.1 was found, a post hoc comparison of all groups was performed to explore the nature of the interaction.

Voxel-level differences in <sup>11</sup>C-PIB and <sup>11</sup>C-PK11195binding between *APOE*  $\epsilon$ 4 gene doses were evaluated using one-way ANOVA, followed by post hoc pairwise comparisons in Statistical Parametric Mapping (SPM12 v12; Wellcome Trust Centre for Neuroimaging, London, UK) running on MATLAB, whereas voxel-level <sup>11</sup>C-PIB SUVRs and <sup>11</sup>C-PK11195 BP<sub>ND</sub> Spearman's rank correlation coefficients were calculated using builtin MATLAB functions. False discovery rate-corrected cluster level threshold was set at *P*<0.05. Differences in blood biomarker concentrations between *APOE*  $\epsilon$ 4 gene doses were analyzed using Kruskal–Wallis test with Dunn's method for multiple comparisons.

Finally, we used multivariable linear regression models adjusted for age, sex, and education (and MRI scanner for

models explaining hippocampal or cortical volumes) to test how well PET and fluid biomarkers of A $\beta$  and glial reactivity could explain different cognitive and structural variables that could be interpreted as markers of disease progression. For comparison, standardized  $\beta$ s were calculated and presented in figures.

All statistical analyses were performed using SAS JMP Pro v.15.1.0 (SAS institute, Cary, NC) and visualizations using GraphPad Prism version 9.0.1 (GraphPad, San Diego, California, USA). A *P*-value < 0.05 (2-tailed) was considered statistically significant in all analysis, except for interaction effects, where stratified analysis was run already if *P* (interaction) < 0.1.

#### Results

#### Demographics

Demographics and descriptive data for the APOE  $\varepsilon 4$ gene dose groups are presented in Table 1. No statistically significant differences in age, sex, education, body mass index (BMI), or CERAD total score were present between the APOE  $\varepsilon 4$  gene dose groups (P > 0.37 for all). APOE  $\varepsilon 4$  heterozygotes had significantly higher MMSE than homozygotes (P=0.036). Age had positive correlation with <sup>11</sup>C-PiB cortical composite SUVRs in APOE

**Table 1** Demographics and descriptive data for cognitively unimpaired APOE  $\epsilon$ 4 homozygotes, heterozygotes, and non-carriers included in the study

n	Group					
	ΑΡΟΕ ε4ε4	ΑΡΟΕ ε4ε3	ΑΡΟΕ ε3ε3			
	19	21	20			
Age (years), mean (SD)	67.3 (4.74)	67.3 (4.90)	68.3 (4.55)	0.75		
Sex (M/F), n (%)	7/12 (37/63)	7/14 (33/67)	8/12 (40/60)	0.91		
Education, n (%)				0.37		
Primary school	7 (37)	4 (19)	7 (35)			
Middle or comprehensive school	4 (21)	4 (19)	3 (15)			
High school	7 (37)	6 (29)	7 (35)			
College or university	1 (5)	7 (33)	3 (15)			
BMI (kg/m <sup>2</sup> ), mean (SD)	26.6 (4.48)	26.7 (3.46)	27.3 (4.96)	0.86		
CERAD total score, mean (SD)	84.4 (9.43)	85.9 (7.98)	86.0 (7.42)	0.79		
MMSE, median (IQR)	28 (27–29)	29 (28–30) <sup>a</sup>	29 (27–30)	0.040		
Total leukocyte count (E9/L), mean (SD)	5.38 (1.20)	5.70 (1.68)	5.22 (0.87)	0.49		
<sup>11</sup> C-PIB positivity, <i>n</i> (%)	16 (84)	10 (48)	8 (40)	0.0084		
Computed Fazekas score, median (IQR)	1.09 (0.98)	0.92 (0.62)	0.82 (0.79)	0.80		
<sup>11</sup> C-PIB composite SUVR, median (IQR)	2.13 (1.61–2.83)	1.55 (1.43–2.02)	1.47 (1.38–1.66) <sup>a</sup>	0.0024		
<sup>11</sup> C-PK11195 composite DVR, mean (SD)	1.34 (0.77)	1.33 (0.052)	1.31 (0.058)	0.30		

Data are presented as mean (standard deviation) or median (interquartile range) depending on the distribution

Differences between groups were tested with one-way ANOVA with Tukey's honest significance test or Kruskal–Wallis test with Dunn's method for multiple comparisons for continuous variables.  $P^2$  test was used for testing categorical variables. P value presents overall difference between groups. Significant differences in pairwise comparisons to APOEe4e4 homozygotes (<sup>a</sup>) are also presented

Abbreviations: BMI body mass index, CERAD Consortium to establish a Registry for Alzheimer's disease, DVR distribution volume ratio, MMSE mini-mental state examination, SUVR standardized uptake value ratio

ε4 homozygotes (Rho = 0.63, *P*=0.0039), but not in heterozygotes, non-carriers, or the whole cohort (*P*>0.19 for all). There was no correlation between age and composite cortical <sup>11</sup>C-PK11195 DVRs (*P*>0.42 for all), plasma GFAP (*P*>0.17 for all), or plasma Aβ<sub>1-42/1-40</sub> (*P*=0.22 for all). Using a cut-off value of cortical composite <sup>11</sup>C-PiB SUVR>1.5, 84% (*n*=16) of the *APOE* ε4 homozygotes, 48% (*n*=10) of the heterozygotes, and 40.0% (*n*=8) of non-carriers in our cohort were classified as amyloid positive.

For secondary analyses, we also stratified the cohort based on A $\beta$ -positivity (composite <sup>11</sup>C-PiB SUVR>1.5). Demographics are presented in eTable 2 in Additional

file 1. Significant differences between A $\beta$ -positive and A $\beta$ -negative individuals were found in education level (*P*=0.046), CERAD total score (*P*=0.0034), and MMSE score (*P*=0.0074).

# Fibrillar A $\beta$ deposition distinguishes cognitively unimpaired APOE $\epsilon$ 4 homozygotes from heterozygotes and non-carriers

APOE  $\varepsilon 4$  gene dose-related differences in fibrillar amyloid load were visually detectable from mean <sup>11</sup>C-PiB distribution maps in regions typical for early amyloid deposition (Fig. 2A). ROI-level analysis verified the findings, revealing significant differences in



**Fig. 2** Mean <sup>11</sup>C-PiB and <sup>11</sup>C-PK11195 distribution maps and regional ligand-binding in cognitively unimpaired volunteers stratified by *APOE*  $\varepsilon 4$  gene dose. **A** Mean <sup>11</sup>C-PiB standardized uptake value ratio (SUVR) distribution maps and **B** region-of-interest analysis showed significantly higher uptake in *APOE*  $\varepsilon 4$  homozygotes compared with non-carriers in all evaluated regions and compared with heterozygotes in anterior cingulate and prefrontal cortex (Kruskal–Wallis test with Dunn's method for multiple comparisons). **C** Mean<sup>11</sup>C-PK11195 standardized distribution volume ratio (DVR) maps showed regional differences in tracer-binding, **D** but no significant differences between the *APOE*  $\varepsilon 4$  gene dose groups (one-way ANOVA with Tukey's honest significance test for multiple comparisons). ACIN, anterior cingulate; HIP, hippocampus; LTC, lateral temporal cortex; PFC, prefrontal cortex, PARC, parietal cortex; PCIN, posterior cingulate cortex; PREC, precuneus. \* P < 0.05; \*\* P < 0.01; \*\*\* P < 0.001

<sup>11</sup>C-PiB-binding between gene doses in all evaluated regions (P < 0.016 for all regions, Kruskal–Wallis test). After post hoc comparison of all groups, <sup>11</sup>C-PiB-binding was significantly higher in *APOE* e4 homozygotes compared with heterozygotes in the prefrontal cortex (P = 0.023) and in all evaluated regions when compared with non-carriers (P < 0.017 for all regions) (Fig. 2B, Table 2).

Voxel-level comparisons verified the findings showing significantly higher <sup>11</sup>C-PiB-binding in the prefrontal cortex, precuneus, and lateral temporal cortex of the *APOE*  $\varepsilon$ 4 homozygotes compared with noncarriers (eFigure 1A in Additional file 1). Weaker effects with similar spatial distribution were seen in *APOE*  $\varepsilon$ 4 homozygotes compared with heterozygotes (eFigure 1B in Additional file 1). No significant clusters were found when comparing heterozygotes and non-carriers.

#### Regional 11C-PK11195 binding does not differ between APOE ε4 gene doses

Mean <sup>11</sup>C-PK11195 DVR distribution maps for each *APOE*  $\varepsilon$ 4 gene dose are shown in Fig. 2C. Even though amyloid imaging results showed presence of A $\beta$  pathology in the *APOE*  $\varepsilon$ 4 homozygote group, we did not observe hypothesized increase in TSPO-binding in the same brain regions as a response to presence of A $\beta$  (*P*>0.08 for all, one-way ANOVA, Fig. 2D, Table 3) measured by <sup>11</sup>C-PK11195 PET. In agreement with the ROI-level analyses, no significant clusters were detected in voxel-level comparisons between the *APOE*  $\varepsilon$ 4 gene dose groups.

For secondary analysis, we stratified the cohort based on Aβ-positivity (<sup>11</sup>C-PiB SUVR>1.5). Again, we found no regional differences in TSPO-binding between Aβ-positive and -negative individuals (P>0.21 for all regions, Student's *t* test, eTable 3 in Additional file 1).

Table 2	Regional	<sup>11</sup> C-PiB SUVR values for AF	POE ε4 homozygotes,	heterozygotes, and	1 non-carriers
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Ρ.	-		
- a	P <sub>b</sub>	P <sub>b</sub>	P <sub>b</sub>
0.0007	0.0007	0.023	0.84
0.0098	0.011	0.071	1.00
0.0007	0.0005	0.064	0.37
0.016	0.017	0.12	1.00
0.0041	0.004	0.057	1.00
0.0053	0.0043	0.11	0.77
0.0024	0.002	0.056	0.82
-	P <sub>a</sub> 0.0007 0.0098 0.0007 0.016 0.0041 0.0053 0.0024	$P_a$ $P_b$ 0.0007         0.0007           0.0098         0.011           0.0007         0.0005           0.016         0.017           0.0041         0.004           0.0053         0.0043           0.0024         0.002	Pa         Pb         Pb           0.0007         0.0007         0.023           0.0098         0.011         0.071           0.0007         0.0005         0.064           0.016         0.017         0.12           0.0041         0.004         0.057           0.0053         0.0043         0.11           0.0024         0.002         0.056

Data presented as median (interquartile range)

Par Kruskal-Wallis test; Pb, Dunn's method for pairwise comparisons

Table 2	Pagional <sup>1</sup>	1C DK11105 DVD	aluce for ADO	E c1 homozv	notor hotoroz	vactor and non	corriors
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Region	<sup>11</sup> C-PK11195 binding (DVR, partial volume effect corrected)				ɛ4ɛ4 vs ɛ3ɛ3	ε4ε4 vs ε4ε3	ε4ε3 vs ε3ε3
	ΑΡΟΕε4ε4	ΑΡΟΕε4ε3	ΑΡΟΕε3ε3	P <sub>a</sub>	P <sub>b</sub>	P <sub>b</sub>	P <sub>b</sub>
Prefrontal cortex	1.25 (0.086)	1.24 (0.086)	1.21 (0.087)	0.27	0.24	0.86	0.45
Parietal cortex	1.49 (0.13)	1.49 (0.11)	1.47 (0.13)	0.89	0.91	0.99	0.90
Anterior cingulum	1.11 (0.099)	1.11 (0.079)	1.12 (0.106)	0.87	0.86	0.96	0.96
Posterior cingulum	1.36 (0.13)	1.34 (0.081)	1.35 (0.079)	0.73	0.92	0.71	0.93
Precuneus	1.42 (0.13)	1.40 (0.12)	1.43 (0.095)	0.40	0.97	0.81	0.67
Lateral temporal cortex	1.26 (0.082)	1.29 (0.052)	1.24 (0.060)	0.08	0.71	0.31	0.07
Cortical composite	1.34 (0.77)	1.33 (0.052)	1.31 (0.058)	0.30	0.32	0.97	0.42
Transentorhinal, Braak I–II	1.09 (0.088)	1.08 (0.068)	1.10 (0.073)	0.79	0.93	0.96	0.80
Limbic, Braak III–IV	1.27 (0.070)	1.28 (0.048)	1.26 (0.052)	0.75	0.90	0.97	0.79

Data presented as mean (standard deviation)

 $P_{q}$ , one-way ANOVA;  $P_{b}$ , Tukey's honest significance test for pairwise comparisons

To further evaluate the possible effects of amyloid status on TSPO-binding in different APOE £4 gene doses, we analyzed also the interaction of Aβ-positivity  $\times APOE$ ε4 gene dose for predicting regional TSPO-binding. Whereas amyloid status (accounted for APOE £4 gene dose) did not have a significant effect on TSPO-binding (P > 0.28 for all regions), the interaction term approached statistical significance in the cortical composite (P=0.089), lateral temporal cortex (P=0.063), transentorhinal (Braak I–II, P=0.052), and limbic (Braak III–IV, P=0.019) ROIs (Table 4). Exploratory analysis in those regions showed that median TSPO-binding was higher in Aβ-positive APOE  $\varepsilon 4$  carriers than in non-carriers and, interestingly, also in Aβ-negative non-carriers compared with Aβ-positive non-carriers. However, these differences did not reach statistical significance after post hoc comparison between all six groups (eFigure 2 in Additional file 1). Since we had two highly <sup>11</sup>C-PiB-positive non-carriers (with cortical composite SUVRs of 3.4 and 2.2) included in our cohort, we also verified that the found interactions were still present for LTC (P = 0.079), Braak I–II (P = 0.063), and Braak III–IV, (P = 0.032) when these two individuals were excluded.

#### Regional 11C-PK11195-binding correlates with Aβ load measured by 11C-PiB only in cognitively unimpaired APOE ε4 carriers

No significant correlation between <sup>11</sup>C-PiB and PVEcorrected <sup>11</sup>C-PK11195-binding was present in any of the a priori chosen ROIs in the total study population (Rho = -0.11-0.13, P>0.35 for all) or Aβ-positive individuals (Rho = -0.13-0.21, P>0.23 for all). However, when stratified by *APOE* ε4 gene dose, higher <sup>11</sup>C-PiBbinding in the cortical composite ROI associated with higher TSPO-binding in the cortical (Rho=0.47, P=0.043) and limbic (Rho=0.49, P=0.032) composite ROIs in *APOE* ε4 homozygotes (Fig. 3A), but not in *APOE*  $\varepsilon$ 4 heterozygotes. In contrast, a negative correlation between <sup>11</sup>C-PiB-binding in the cortical composite ROI was observed for non-carriers in the transentorhinal (Rho = -0.63, *P*=0.0065) and limbic ROIs (Rho=-0.68, *P*=0.0025).

Voxel-wise analysis (not limited to specific predefined regions) did reveal clusters with significant positive correlation between <sup>11</sup>C-PiB- and <sup>11</sup>C-PK11195-binding in both *APOE* £4 homozygotes (Fig. 3B, red scale) and heterozygotes (Fig. 3B, yellow scale), whereas only small spare clusters were found in non-carriers (Fig. 3B, green scale). However, many of the clusters were located outside our primary regions of interest (chosen based on presence of early amyloid or tau pathology), such as in the white matter and the paracentral lobule.

## Differences in plasma GFAP concentrations between APOE $\epsilon 4$ gene doses

Absolute plasma GFAP concentrations were higher in *APOE*  $\epsilon$ 4 homozygotes (186 pg/ml, 124–269) compared with *APOE*  $\epsilon$ 4 heterozygotes (150 pg/ml, 104–170) and non-carriers (128 pg/ml, 105–147), (*P*=0.077, Kruskal–Wallis test, Fig. 4A). A trend towards positive association between plasma GFAP and cortical <sup>11</sup>C-PiB-binding was present in the whole cohort (Rho=0.23, *P*=0.085), and a significant positive correlation was observed in Aβ-positive individuals (Rho=0.35, *P*=0.040). No association between plasma GFAP and cortical TSPO-binding was present in the whole cohort (Rho=0.069, *P*=0.61) or in Aβ-positive individuals (Rho=0.13, *P*=0.47, Fig. 4A).

# Differences in soluble AB concentrations estimated by plasma AB1-42/1–40 between APOE $\epsilon 4$ gene doses

Despite the clear differences in regional A $\beta$  PET, plasma A $\beta_{1-42/1-40}$  was not significantly different between *APOE*  $\epsilon$ 4 homozygotes (0.077, 0.059–0.098), *APOE* 

Table 4	Test effects	from multivariate	linear regression	models explaining	regional	<sup>11</sup> C-PK11195 bi	nding

	APOE ε4 gene dose		Aβ status		<i>APOE ε4 gene dose</i> <sup>×</sup> Aβ status	
	F statistic	Р	F statistic	Р	F statistic	Р
Anterior cingulum	0.034	0.97	1.21	0.28	0.0011	1.00
Posterior cingulum	0.10	0.90	0.001	0.97	2.11	0.13
Lateral temporal cortex	3.74	0.031	0.062	0.80	2.93	0.063
Parietal cortex	0.14	0.87	0.0053	0.94	1.75	0.18
Prefrontal cortex	1.14	0.33	0.0046	0.95	0.91	0.41
Precuneus	0.71	0.71	0.22	0.64	0.68	0.51
Cortical composite	0.98	0.38	0.022	0.88	2.54	0.089
Transentorhinal, Braak I–II	0.67	0.52	0.23	0.64	3.14	0.052
Limbic, Braak III–IV	1.05	0.36	0.035	0.85	4.28	0.019



**Fig. 3** Regional association between amyloid PET and TSPO PET in cognitively unimpaired volunteers stratified by *APOE*  $\epsilon$ 4 gene dose. **A** Scatterplots from ROI level data showed positive correlation (Spearman's rank correlation) for *APOE*  $\epsilon$ 4 carriers in cortical and Braak III–IV composite regions, whereas negative associations were present for non-carriers. **B** Most significant voxel-wise positive correlations between <sup>11</sup>C-PiB and <sup>11</sup>C-PK11195-binding were present in the *APOE*  $\epsilon$ 4/ $\epsilon$ 3 heterozygotes (yellow scale) and in *APOE*  $\epsilon$ 4 homozygotes (red scale), whereas only sparse significant voxels were seen in non-carriers (green scale). Partial volume corrected <sup>11</sup>C-PiB SUVR and.<sup>11</sup>C-PK11195 BP<sub>ND</sub> images smoothed using Gaussian 8 mm FWHM filter were used for all voxel-wise analysis. False Discovery Rate corrected cluster level threshold was set at *P* < 0.05

ε4 heterozygotes (0.087, 0.068–0.11)), and non-carriers (0.086, 0.076–0.10) (P=0.50, Kruskal–Wallis test, Fig. 4B). In our cohort, plasma Aβ<sub>1-42/1-40</sub> did not correlate with either cortical composite amyloid load measured by <sup>11</sup>C-PiB PET (Rho=-0.18, P=0.18), or with cortical composite TSPO-binding measured by <sup>11</sup>C-PK11195-binding (Rho=0.066, P=0.64; Fig. 4B).

### Amyloid and neuroinflammatory biomarker associations with markers for disease progression

Finally, we wanted to compare how the different biomarkers associate with cognitive (MMSE, CERAD total score, APCC score) and structural variables (total hippocampal and entorhinal volume) that could be seen as proxies for future disease progression (Fig. 5). In the whole cognitively unimpaired cohort, higher cortical composite <sup>11</sup>C-PiB-binding ( $\beta_{std} = -0.29$  (95% CI-0.52to -0.067), P = 0.012), but not higher <sup>11</sup>C-PK11195-binding ( $\beta_{std} = -0.041$  (-0.26 to 0.18), P = 0.70), was associated with lower APCC scores. However, higher cortical <sup>11</sup>C-PK11195-binding was associated both with lower hippocampal volume ( $\beta_{std} = -0.35$  (-0.61 to -0.10), P = 0.0066) and entorhinal volume ( $\beta_{std} = -0.47 \ (-0.72)$ to -0.22), P = 0.0004). Higher plasma GFAP concentration was associated with both lower hippocampal volume ( $\beta_{\text{std}} = -0.34$  (-0.60 to -0.084), P = 0.011), MMSE  $(\beta_{\text{std}} = -0.35 \ (-0.59 \ \text{to} -1.10), P = 0.0060)$ , and APCC scores  $(\beta_{\text{std}} = -0.29 \ (-0.51 \ \text{to} -0.070), P = 0.011)$ . Plasma A $\beta_{1-42/1-40}$  was not associated with any of the cognitive or volumetric variables (*P*>0.18 for all analysis). All models were adjusted for age, sex, and education and used MRI scanner for structural variables.

#### Discussion

Microglial and recently also astrocytic reactivity has been suggested to be early events during the long AD continuum [3, 4, 6]. In this study, we used TSPO PET imaging and plasma GFAP to investigate early neuroinflammatory differences in cognitively unimpaired individuals stratified by their APOE £4 gene dose and thus risk for AD. Despite the verified presence of A $\beta$  pathology in *APOE* ε4 carriers, we found no significant regional differences in TSPO-binding between APOE £4 gene doses or cognitively normal Aβ-positive subjects (presenting Alzheimer's pathological change or preclinical AD) compared with  $A\beta$ -negative individuals. However, in the whole cognitively unimpaired sample, higher levels of both neuroinflammatory markers were associated with lower hippocampal volume, used as a proxy for future disease progression.

To our knowledge, this study is the first one to compare TSPO PET findings in cognitively normal at-risk



**Fig. 4** Plasma GFAP and plasma  $A\beta_{1-42/1-40}$  concentrations in cognitively unimpaired volunteers stratified by *APOE*  $\epsilon$ 4 gene dose. Differences in biomarker concentrations between *APOE*  $\epsilon$ 4 gene doses, correlations with cortical composite amyloid PET standardized uptake value ratios (SUVRs), and TSPO PET distribution volume ratios (DVRs) for **A** plasma glial fibrillary acidic protein (GFAP) and **B** plasma  $A\beta_{1-42/1-40}$ . Differences between groups were tested with Kruskal–Wallis with Dunn's method for multiple comparisons, and correlations with Spearman's rank correlation

individuals grouped by their APOE ɛ4 gene dose. In previous human in vivo studies, most robust increases in TSPO-binding have been found in Alzheimer's dementia in comparison to controls [20-22, 49], but also in A $\beta$ -positive MCI [4, 24, 25] and A $\beta$ -positive controls [7, 26]. Thus, we had hypothesized that early  $A\beta$  related neuroinflammatory changes should be present also in either cognitively normal APOE £4 homozygotes or APOE  $\varepsilon$ 4 heterozygotes, both representing a genetically increased risk for A $\beta$  accumulation and sporadic AD. Here, despite clearly increased fibrillar  $A\beta$  load, we did not find associated increased TSPO binding in APOE ε4 homozygotes. In addition, our secondary analyses were not able to replicate the reported increased TSPObinding in Aβ-positive "at-risk" individuals using <sup>11</sup>C-PK11195 PET, even with a larger sample size compared with previous reports. Our study included approximately 20 participants in each APOE ɛ4 gene dose group and 34 cognitively unimpaired A $\beta$ -positive individuals, whereas the previous studies included only six [7] or seven [26] Aβ-positive controls. However, it should be remembered that our cohort, and especially its Aβ-positive participants, was highly enriched for *APOE*  $\epsilon$ 4 carriers. Neuritic Aβ plaques are known to be surrounded by reactive microglia in AD; however, APOE is also directly liked to immune responses [50, 51], and *APOE*  $\epsilon$ 4 genotype has been suggested to attenuate the response of "amyloid related microglia" towards AD pathology [52]. Here, using TSPO imaging, we are unable to differentiate microglial phenotypes and cannot exclude a direct down modulation of microglial response in *APOE*  $\epsilon$ 4 carriers that could explain the lack of hypothesized increased TSPO-binding in regions with abundant Aβ pathology.

In addition to TSPO PET, we also performed <sup>11</sup>C-PiB PET for all participants to verify the presence of A $\beta$  pathology in our cognitively unimpaired sample. As expected, A $\beta$  deposition in the brain increased in an *APOE*  $\epsilon$ 4 gene dose dependent fashion; significantly elevated cortical <sup>11</sup>C-PiB retention was present in *APOE*  $\epsilon$ 4 homozygotes compared with both heterozygotes and non-carriers in all evaluated regions. These findings are in line with previous PET studies [9–11, 53, 54] as well



**Fig. 5** Comparison of PET and blood biomarkers of A $\beta$  deposition and glial reactivity and their association with cognitive performance and brain structure. Higher cortical composite <sup>11</sup>C-PiB-binding (**A**) but not plasma A $\beta_{1.42/1-40}$  (**B**) was associated with lower entorhinal volumes and lower scores in the Alzheimer's Prevention Initiatives preclinical cognitive composite (APCC) battery. **C** Cortical composite <sup>11</sup>C-PK11195 PET was associated only with lower hippocampal and entorhinal volume, whereas **D** elevated plasma GFAP levels were associated with lower APCC and Mini Mental State Examination (MMSE) scores. The results are shown as standardized estimates (betas) derived from liner models adjusted for age, sex, and education (and used MRI scanner for structural variables). CERAD<sub>TS</sub>, Consortium to Establish a Registry for Alzheimer's Disease total score; V<sub>T</sub>, total volume

as with a recent study by the Amyloid Biomarker Study Group summarizing *APOE*  $\varepsilon$ 4 gene dose-related effects on temporal course of A $\beta$  accumulation [55]. In our study, all *APOE*  $\varepsilon$ 4/ $\varepsilon$ 4 participants over the age of 63 were already A $\beta$ -positive, whereas approximately 50% of the heterozygotes were still A $\beta$ -negative, and 40% of non-carriers were classified as A $\beta$ -positive. Activated microglia are known to be located in the proximity of A $\beta$  plaques in AD, and using PET imaging in vivo, A $\beta$  pathology has been shown to correlate with TSPO-binding in some, although not all studies [7, 25, 27, 56–58]. Our voxel level analysis showed significant positive correlations between 11C-PiB and 11C-PK11195 both in cognitively normal *APOE*  $\varepsilon$ 4 homozygotes and heterozygotes. However, significant clusters were found also in regions outside our a priori chosen regions of interest, such as the white matter, suggesting that these effects might not all be due to higher TSPO binding associated with  $A\beta$  plaques.

Here, we also found that A $\beta$  positivity modulated the effect of *APOE*  $\epsilon$ 4 gene dose on <sup>11</sup>C-PK11195-binding in regions known for early tau deposition, where A $\beta$ -positive *APOE*  $\epsilon$ 4 homozygotes seemed to have increased TSPO binding compared with A $\beta$ -positive non-carriers. In addition to A $\beta$ , *APOE*  $\epsilon$ 4 is known to accelerate tau pathology that again has been suggested to be closely associated with microglial reactivity [59], and increased tau PET signal in the entorhinal cortex has been reported for cognitively unimpaired A $\beta$ -positive *APOE*  $\epsilon$ 4 homozygotes and heterozygotes compared with A $\beta$ -positive non-carriers [53]. Since A $\beta$  build up starts earlier in *APOE*  $\epsilon$ 4 carriers, we could hypothesize that increased tau deposition and related inflammatory processes in *APOE*  $\epsilon$ 4 carriers would be driving this interaction. Unfortunately, lack of tau PET or CSF tau measurements in our cohort prevented us from investigating the interaction with TSPO-binding and tau further in our cohort.

During recent years, significant efforts have been made to measure various biomarkers of AD pathology in plasma that would provide a less invasive and more easily accessible alternative to brain imaging and lumbar puncture [30]. Plasma GFAP has been recently reported to be an early marker of astrocytosis in response to AD pathology that strongly correlates with A $\beta$  pathology [34, 60] but not with tau when accounting for A $\beta$  [32]. In our cohort, plasma GFAP levels showed elevated concentrations in the most AB positive individuals and correlated with composite amyloid PET SUVRs. Interestingly, plasma GFAP was the only biomarker showing significant associations with both cognitive performance and hippocampal volume that could be considered as markers for progression in the Alzheimer's continuum. On the contrary, plasma GFAP concentration did not correlate with composite TSPO-binding (Fig. 4). This is not surprising, considering that the two inflammatory markers present different targets; plasma GFAP is expected to reflect more astrocytic reactivity associated with AB pathology [34], whereas TSPO PET is thought to reflect microglial density [17]. Our results with GFAP support the previous findings suggesting that reactive astrocytosis is present already in cognitively normal individuals and related to A $\beta$  pathology [32–34]. Despite clear differences in fibrillar A $\beta$  levels measured by PET, we did not see significant differences between the APOE E4 gene doses in plasma  $A\beta_{1\text{-}42/1\text{-}40}$  measured by previously described IP-MS method [47]. Plasma  $A\beta_{1\text{-}42/1\text{-}40}$  was previously reported to correlate with global cortical  $A\beta$ PET signal in another study including cognitively normal individuals using the same IP-MS method [48]. We could not replicate this finding in our cohort, comprised of slightly older and highly APOE ε4-enriched cognitively normal participants, although a trend towards a negative association could be seen in the whole cohort.

Last, we also wanted to compare all the biomarkers and their associations with cognitive and structural variables that could serve as proxies for disease progression in our "at-risk" cohort. We found a negative association between composite cortical TSPO-binding and hippocampal and entorhinal volumes, suggesting that more global elevation in TSPO-binding, and thus microglial density, could be present in individuals with subtle neurodegeneration. Interestingly, higher plasma GFAP associated with both lower cognitive performance and lower hippocampal volume in our cognitively normal cohort. Previously, Hamelin and colleagues reported a positive correlation with both hippocampal volume and MMSE score, suggesting that higher glial reactivity associated with higher hippocampal volume would likely be protective [7]. However, our study population is composed of only cognitively unimpaired individuals highly enriched for APOE  $\varepsilon$ 4 carriers, and all having MMSE scores > 25, thus likely presenting more subtle structural brain changes compared with the population of the previous study. In addition, we did not find any association with TSPO-binding and MMSE, CERAD total score, or the preclinical cognitive composite, in line with other studies performed with <sup>11</sup>C-PK11195 [25]. Based on our results, increased TSPO-binding in the preclinical phase, at least in APOE ɛ4 carriers, could be more related to a later preclinical phase when subtle neurodegeneration already starts to be present.

#### **Strengths and limitations**

The strength of this study is our well characterized and balanced cohort of cognitively unimpaired participants stratified by their APOE £4 gene dose and related risk for sporadic AD and a relatively large number of rare homozygotic carriers of the APOE ɛ4 allele. In most studies, group comparisons are done between APOE E4 carriers against non-carriers and especially cognitively unimpaired homozygotes are rarely studied. In addition, we have measured both imaging and more easily available fluid biomarkers for amyloid deposition and neuroinflammatory processes from the same individuals and were able to combine them with additional information concerning brain structure and cognitive data. However, this study does not go without limitations. First, it would have been optimal to compare TSPO PET findings with CSF biomarkers specific to microglial responses, but unfortunately, we did not have CSF samples available from the whole cohort. Thus, plasma GFAP analysis were included. However, we are fully aware that TSPO PET and plasma GFAP reflect different neuroinflammatory processes. Second, we were not able to include tau PET or CSF tau measurements to further investigate association of glial biomarkers and early tau pathology in our cohort. The lack of tau biomarkers prevented us also from evaluating possible early tau pathology as a confounding factor that could have contributed to the reported variation in <sup>11</sup>C-PK11195 retention seen in this study. However, since the cohort was comprised of cognitively unimpaired individuals, we did not expect widespread tau pathology. Third, even though <sup>11</sup>C-PK11195 has shown robust changes in primary inflammatory conditions such as multiple sclerosis, it has been suggested that its sensitivity is limited and outperformed

by the second generation TSPO ligands, such as <sup>11</sup>C-PBR28. However, affinity of the second generation TSPO ligands is affected by a single nucleotide polymorphism rs6971 in the *TSPO* gene, leading to division of people into high, mixed, and low affinity binders. Due to the difficulty of recruiting rare homozygotic *APOE*  $\epsilon$ 4 carriers, we wanted to avoid the unfortunate scenario of having multiple homozygotic participants excluded due to low-binding *TSPO* genotype.

#### Conclusion

Our study on cognitively unimpaired "at-risk" individuals carrying either one or two copies of the *APOE*  $\epsilon$ 4 gene showed clear differences in fibrillar A $\beta$  load in the brain, but the changes were not accompanied by higher glial reactivity as measured with TSPO PET either in *APOE*  $\epsilon$ 4 carriers, or in A $\beta$ -positive individuals, representing preclinical AD. However, cortical TSPO binding was associated with lower hippocampal and entorhinal volumes in the whole cognitively unimpaired sample. These findings suggest that in our cognitively unimpaired cohort enriched by *APOE*  $\epsilon$ 4 carriers, neuroinflammatory processes measured by TSPO PET are related to a more advanced preclinical phase of AD where A $\beta$  accumulation is accompanied by subtle structural changes.

#### Abbreviations

Αβ	Beta-amyloid peptide
APCC	Alzheimer's prevention Initiative Preclinical Composite Cognitive
	test
APOE	Apolipoprotein E gene
АроЕ	Apolipoprotein E
BMI	Body mass index
CERAD	The Consortium to Establish a Registry for Alzheimer's Disease
CNS	Central nervous system
DVR	Distribution volume ratio
GFAP	Glial fibrillary acidic protein
MMSE	Mini-mental state examination
MRI	Magnetic resonance imaging
PET	Positron emission tomography
PVE	Partial volume effect
Simoa	Single molecule array
SUVR	Standardized uptake value ratio
TSPO	18-KDa translocator protein

#### Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s13195-023-01209-6.

Additional file 1: eTable 1. Data availability for all variables. eTable 2. Demographics stratified by A $\beta$  positivity. eTable 3. Regional TSPO binding in A $\beta$ + and A $\beta$ - participants. eFigure 1. Voxel-level differences in 11C-PiB binding between (A) APOE  $\epsilon$ 4 homozygotes and non-carriers, and (B) APOE  $\epsilon$ 4 homozygotes and APOE  $\epsilon$ 4 heterozygotes. eFigure 2. Interaction between A $\beta$  status and APOE  $\epsilon$ 4 gene dose on regional 11C-PK11195 binding.

#### Acknowledgements

The participants of ASIC-E4 study are warmly acknowledged for their commitment to the study. The authors would also like to acknowledge the staff of Turku PET Centre and Auria biobank for their assistance during the recruitment and data collection for this study. We also want to thank Dr Tomi Karjalainen for his help with the automated analysis pipeline and Jyrki Lötjönen from Combinostics Ltd for assistance concerning the cNeuro software.

#### Authors' contributions

J.O.R and A.S. designed the study concept. A.S. drafted the manuscript. A.S., L.L.E., M.Ko,, R.P., M.Ka, J.L., M.B. and S.H. contributed to data collection. A.S., L.L.E. and J.T. analyzed data. E.L. designed the statistical analysis plan. J.O.R, A.S., L.L.E, M.Ka, NJ.A., T.K.K., H.Z., K.B., and M.S. contributed to study design and interpretation of the data. J.O.R., H.Z. and K.B. supervised the study. All authors read and critically revised the manuscript for its content and approved the submitted version.

#### Funding

AES was supported by the Emil Aaltonen foundation, the Paulo Foundation, the Orion Research Foundation sr, Finnish Governmental Research Funding (ERVA) for Turku University Hospital and Academy of Finland (#341059). LLE was supported by the Emil Aaltonen foundation and the Juho Vainio foundation. MS is supported by the Knut and Alice Wallenberg Foundation (Wallenberg Centre for Molecular and Translational Medicine; KAW2014.0363), the Swedish Research Council (2017–02869, 2021–02678 and 2021–06545), the Swedish state under the agreement between the Swedish government and the County Councils, the ALF-agreement (ALFGBG-813971 and ALFGBG-965326), the Swedish Brain Foundation (FO2021-0311), and the Swedish Alzheimer Foundation (AF-740191). HZ is a Wallenberg Scholar supported by grants from the Swedish Research Council (#2018–02532), the European Research Council (#681712 and #101053962), Swedish State Support for Clinical Research (#ALFGBG-71320), the Alzheimer Drug Discovery Foundation (ADDF), USA (#201809-2016862), the AD Strategic Fund and the Alzheimer's Association (#ADSF-21-831376-C, #ADSF-21-831381-C and #ADSF-21-831377-C), the Bluefield Project, the Olav Thon Foundation, the Erling-Persson Family Foundation, Stiftelsen för Gamla Tjänarinnor, Hjärnfonden, Sweden (#FO2022-0270), the European Union's Horizon 2020 research and innovation program under the Marie Skłodowska-Curie grant agreement No 860197 (MIRIADE), the European Union Joint Programme - Neurodegenerative Disease Research (JPND2021-00694), and the UK Dementia Research Institute at UCL (UKDRI-1003). KB is supported by the Swedish Research Council (#2017-00915), the Alzheimer Drug Discovery Foundation (ADDF), USA (#RDAPB-201809-2016615), the Swedish Alzheimer Foundation (#AF-742881), Hjärnfonden, Sweden (#FO2017-0243), the Swedish state under the agreement between the Swedish government and the County Councils, the ALF-agreement (#ALFGBG-715986), the European Union Joint Program for Neurodegenerative Disorders (JPND2019-466-236), the National Institute of Health (NIH), USA, (grant #1R01AG068398-01), and the Alzheimer's Association 2021 Zenith Award (ZEN-21-848495). JR has received funding from the Academy of Finland (#310962), Sigrid Juselius Foundation, and Finnish Governmental Research Funding (VTR) for Turku University Hospital.

#### Availability of data and materials

Metadata of the project will be made public using national Finnish Etsin and Qvain services, as required by the open access policy by the Academy of Finland. The de-identified data used during the current study are available to qualified researchers from the corresponding author on reasonable request.

#### Declarations

#### Ethics approval and consent to participate

The study was approved by the Ethical Committee of the Hospital District of Southwest Finland. All participants signed a written informed consent according to the Declaration of Helsinki.

#### Consent for publication

Not applicable.

#### **Competing interests**

HZ has served at scientific advisory boards and/or as a consultant for Abbvie, Alector, ALZPath, Annexon, Apellis, Artery Therapeutics, AZTherapies, CogRx,

Denali, Eisai, Nervgen, Novo Nordisk, Passage Bio, Pinteon Therapeutics, Red Abbey Labs, reMYND, Roche, Samumed, Siemens Healthineers, Triplet Therapeutics, and Wave, has given lectures in symposia sponsored by Cellectricon, Fujirebio, Alzecure, Biogen, and Roche, and is a co-founder of Brain Biomarker Solutions in Gothenburg AB (BBS), which is a part of the GU Ventures Incubator Program (outside submitted work). KB has served as a consultant, at advisory boards, or at data monitoring committees for Abcam, Axon, Biogen, JOMDD/Shimadzu. Julius Clinical, Lilly, MagQu, Novartis, Roche Diagnostics, and Siemens Healthineers, and is a co-founder of Brain Biomarker Solutions in Gothenburg AB (BBS), which is a part of the GU Ventures Incubator Program. MS has served on a scientific advisory board for Servier Pharmaceuticals (outside submitted work). AS, LLE, JT, MKo, NJA, JL, TKK, SH, MB, MKa, EL, RP, and JR report no competing interests.

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### Received: 29 September 2022 Accepted: 13 March 2023 Published online: 04 April 2023

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