Supplementary Table 1. Socio-demographic characteristics of the sample

| Socio-demographic Attribute | Overall Sample (N=382) |                       |
|-----------------------------|------------------------|-----------------------|
| Age (years)                 | Mean                   | Standard<br>deviation |
|                             | 63.9                   | 10.44                 |
|                             | Median                 | Range                 |
|                             | 65                     | 34-94                 |
|                             | N                      | %                     |
| Sex                         |                        |                       |
| Male                        | 109                    | 28.5                  |
| Female                      | 273                    | 33.0                  |
| Country                     |                        |                       |
| Norway                      | 53                     | 13.9                  |
| UK                          | 50                     | 13.1                  |
| France                      | 48                     | 12.6                  |
| Italy                       | 39                     | 10.2                  |
| Denmark                     | 35                     | 9.2                   |
| Canada                      | 28                     | 7.3                   |
| The Netherlands             | 28                     | 7.3                   |
| Brazil                      | 23                     | 6.0                   |
| Portugal                    | 21                     | 5.5                   |
| Australia                   | 18                     | 4.7                   |
| Sweden                      | 13                     | 3.4                   |
| Cyprus                      | 12                     | 3.1                   |
| Turkey                      | 8                      | 2.1                   |
| Greece                      | 6                      | 1.6                   |
| Place of assessment         |                        |                       |
| Hospital                    | 319                    | 83.5                  |
| Home                        | 57                     | 14.9                  |
| Unspecified                 | 6                      | 1.6                   |
| Highest education level     |                        |                       |
| Compulsory school education | 117                    | 30.6                  |

| Socio-demographic Attribute                              | Overall Sample<br>(N=382) |      |
|--|---------------------------|------|
| Less than compulsory school education                    | 23                        | 6.0  |
| Post compulsory school education, below university level | 130                       | 34.0 |
| University level or above                                | 99                        | 25.9 |
| Unspecified  | 13                        | 3.4  |
| Employment status  |                           |      |
| Retired  | 197                       | 51.3 |
| Full time  | 81                        | 21.2 |
| Sick leave   | 55                        | 14.4 |
| Unemployed   | 28                        | 7.3  |
| Part time  | 27                        | 7.1  |
| Self-employed  | 19                        | 5.0  |
| Homemaker/parent/carer                                   | 13                        | 3.4  |
| Other <sup>1</sup>                                       | 7                         | 1.8  |
| Unspecified  | 9                         | 2.4  |
| Employment level   |                           |      |
| Skilled manual   | 110                       | 28.8 |
| Administrative/middle management                         | 109                       | 28.5 |
| Professional/senior management                           | 99                        | 25.9 |
| Unskilled  | 42                        | 11.0 |
| Unspecified  | 22                        | 5.8  |
| Marital status   |                           |      |
| Married/partner  | 205                       | 53.7 |
| Separated, divorced, widowed                             | 97                        | 25.4 |
| Single   | 70                        | 18.3 |
| Unspecified  | 10                        | 2.6  |
| Domestic status  |                           |      |
| Live alone   | 126                       | 33.0 |
| Live with family/loved ones                              | 242                       | 63.3 |
| Other <sup>2</sup>                                       | 5                         | 1.3  |
| Unspecified  | 9                         | 2.4  |

<sup>&</sup>lt;sup>1</sup>Unable to work due to poor health (n=3); Casual work (n=1); In prison (n=1); Unspecified other (n=2) <sup>2</sup>Live with friend (n=3); Unspecified other (n=2)