Rapid and Accurate Diagnosis of Pediatric Tuberculosis Disease (RaPaed-TB): A Diagnostic Accuracy Study for Pediatric Tuberculosis

Laura Olbrich[®], MD, DPhil,*†[‡] Marriott Nliwasa[®], MD, PhD,§* Issa Sabi[®], MD, PhD,¶ Nyanda E. Ntinginya[®], MD, PhD,¶ Celso Khosa[®], MD, PhD,** Denise Banze[®], MD,** Elizabeth L. Corbett[®], MD, PhD,†† Robina Semphere[®], MD, MSc,§ Valsan P. Verghese[®], MD,^{‡‡} Joy Sarojini Michael, MD,§§ Stephen M. Graham, MD, PhD,¶¶ Uzochukwu Egere[®], MD, MPH, PhD,||| H. Simon Schaaf[®], MD, PhD,*** Julie Morrison, MD,*** Timothy D. McHugh, PhD,††[†] Rinn Song[®], MD, MSc,‡ Pamela Nabeta[®], MD, MSc,‡‡ Andre Trollip, PhD,‡‡‡ Christof Geldmacher[®], PhD,*† Michael Hoelscher[®], MD,*†|| Heather J. Zar, MD, PhD,§§§ and Norbert Heinrich[®], MD*†||; on behalf of the RaPaed-AIDA-TB Consortium

Introduction: An estimated 1.2 million children develop tuberculosis (TB) every year with 240,000 dying because of missed diagnosis. Existing tools suffer from lack of accuracy and are often unavailable. Here, we describe the scientific and clinical methodology applied in RaPaed-TB, a diagnostic accuracy study.

Methods: This prospective diagnostic accuracy study evaluating several candidate tests for TB was set out to recruit 1000 children <15 years with presumptive TB in 5 countries (Malawi, Mozambique, South Africa, Tanzania, India). Assessments at baseline included documentation of TB signs and symptoms, TB history, radiography, tuberculin skin test, HIV testing and spirometry. Respiratory samples for reference standard testing (culture, Xpert Ultra) included sputum (induced/spontaneous) or gastric aspirate, and nasopharyngeal aspirate (if <5 years). For novel tests, blood, urine and

Study registration: ClinicalTrials.gov Identifier: NCT03734172.

This is an open-access article distributed under the terms of the Creative Commons Attribution-Non Commercial-No Derivatives License 4.0 (CCBY-NC-ND), where it is permissible to download and share the work provided it is properly cited. The work cannot be changed in any way or used commercially without permission from the journal.

ISSN: 0891-3668/23/XXXX-0000

DOI: 10.1097/INF.000000000003853

stool were collected. All participants were followed up at months 1 and 3, and month 6 if on TB treatment or unwell. The primary endpoint followed NIH-consensus statements on categorization of TB disease status for each participant. The study was approved by the sponsor's and all relevant local ethics committees.

Discussion: As a diagnostic accuracy study for a disease with an imperfect reference standard, RaPaed-TB was designed following a rigorous and complex methodology. This allows for the determination of diagnostic accuracy of novel assays and combination of testing strategies for optimal care for children, including high-risk groups (ie, very young, malnourished, children living with HIV). Being one of the largest of its kind, RaPaed-TB will inform the development of improved diagnostic approaches to increase case detection in pediatric TB.

- This project is part of the EDCTP2 program supported by the European Union (grant number RIA2016MC—1623—RaPaed-TB); further funding is contributed by the German Center for Infection Research (DZIF). Beckman Coulter Inc provided testing kits and instruments at no cost, and funded the clinical activities at the Indian study center. Cepheid, Inc, provided test kits and analyzers at no cost. The funding sources had no role in the design of this study and will not have any role during its execution, analyses, interpretation of the data, or decision to submit results.
- Sponsor Name and contact: Division of Infectious Diseases and Tropical Medicine University Hospital, Ludwig-Maximilians-Universität (LMU) Munich, Contact Name: Prof. Michael Holscher, Email: olbrich@lrz.uni-muenchen.de. The authors have no conflicts of interest to disclose.
- L.O and M.N shared first authorship to this article.
- The project received ethical approval from the Ethics commission of the Ludwig Maximilian University of Munich (Projekt Nr: 18-205) and ethics committees of participating sites as follows: The College of Medicine and Research Ethics Committee (COMREC) (REF: P.10/18/2495) in Malawi; Comité Nacional de Bioética para a Saúde (CNBS) (REF- 559/CNBS/18) in Mozambique; The Human and Research Ethics Committee, Faculty of Health Sciences, University of Cape Town (REF: 429/2018) in South Africa; The Ethics Committee of the National Institute of Medical Research in Tanzania (REF: NIMR/HQ/R.8a/Vol IX/2855); and the Institutional Review Board of Christian Medical College, Vel lore, India (REF: 11,638). Parents or legal guardians of participating children provided signed written informed consent for having children participate in the study.
- Data generated from this project will be made available on request by contacting Dr Heinrich Norbert through e-mail: Norbert.Heinrich@med.uni-muenchen.de.
- The study and its protocol was designed by N.H., L.O., M.H., H.J.Z., M.N., N.E.N., I.S., C.K., J.S.M., V.P.V., S.M.G., and E.L.C., while the clinical and laboratory procedures were designed and implemented by C.G., H.J.Z., T.M., P.N., A.T., D.B., and R.S. Additional methodological contribution was given by S.M.G., R.S., U.E., S.H.S., and J.M. L.O., M.N., N.H., and I.S. drafted the article. All authors contributed to revisions of the manuscript, all authors reviewed and agreed with the final version.
- Address for correspondence: Laura Olbrich, MD, DPhil, Division of Infectious Diseases and Tropical Medicine, LMU Klinikum, Leopoldstraße 5, 80802 Munich, Germany. E-mail: olbrich@lrz.uni-muenchen.de.
- Supplemental digital content is available for this article. Direct URL citations appear in the printed text and are provided in the HTML and PDF versions of this article on the journal's website (www.pidj.com).

Accepted for publication January 3, 2023

From the *Division of Infectious Diseases and Tropical Medicine, University Hospital, LMU Munich, Munich, Germany; †German Centre for Infection Research (DZIF), Partner Site Munich, Munich, Germany; ‡Oxford Vaccine Group, Department of Paediatrics, and the NIHR Oxford Biomedical Research Centre, University of Oxford, Oxford, United Kingdom; §Helse Nord Tuberculosis Initiative, Department of Pathology, Kamuzu University of Health Sciences, Blantyre, Malawi; National Institute for Medical Research - Mbeya Medical Research Centre, Mbeya, Tanzania; ICentre for International Health, University Hospital, LMU Munich, Munich, Germany; **Instituto Nacional de Saúde (INS), Marracuene, Mozambique; ††Clinical Research Department, London School of Hygiene and Tropical Medicine, London, United Kingdom; **‡**‡Pediatric Infectious Diseases, Department of Pediatrics, Christian Medical College (CMC), Vellore, India; §§Department of Clinical Microbiology, Christian Medical College (CMC), Vellore, India; ¶¶Centre for International Child Health, University of Melbourne Department of Paediatrics, Royal Children's Hospital, Melbourne, Australia; IIIDepartment of International Public Health, Liverpool School of Tropical Medicine, Liverpool, United Kingdom; ***Department of Paediatrics and Child Health, Faculty of Medicine and Health Sciences, Stellenbosch University and Tygerberg Hospital, Cape Town, South Africa; †††Centre for Clinical Microbiology, Division of Infection & Immunity, University College, London, London, United Kingdom; 111FIND (Foundation for Innovative New Diagnostics), Geneva, Switzerland; and §§§Department of Paediatrics & Child Health, SA-MRC Unit on Child & Adolescent Health, University of Cape Town, Cape Town, South Africa.

Copyright © 2023 The Author(s). Published by Wolters Kluwer Health, Inc.

Key Words: tuberculosis, children, diagnosis, diagnostic accuracy study

(Pediatr Infect Dis J 2023;XX:00-00)

Tuberculosis (TB) in children remains a significant cause of morbidity and mortality worldwide. In 2020, of the estimated 1.3 million TB deaths, 208,000 (16%) occurred in children below 15 years of age and over 80% of these deaths were in young children (<5 years).^{1,2} Once diagnosed, TB treatment outcomes are excellent with a mortality of <1%; hence, undiagnosed TB cases account the vast amount of pediatric TB deaths.² The 2018 United Nations General Assembly High Level Meeting on the Fight Against TB committed to diagnosing and treating 3.5 million children with TB by 2022³; however, over half of the incident TB cases in children are still not diagnosed nor reported annually.¹

Addressing the diagnostic challenge that pediatric TB poses is central and critical to progress in achieving targets for prevention, detection and treatment.³ Children often present with nonspecific clinical and radiological findings.^{4,5} Obtaining respiratory samples for microbiological confirmation is difficult in children, and the paucibacillary nature of pediatric TB results in cases being missed.¹ Thus, sample collection is often not attempted and most children are initiated on TB treatment based on clinical grounds.^{6,7} In clinical studies, microbiological confirmation of TB is established in only 2–50% of evaluated children, highlighting the need for more sensitive and accurate diagnostics, limiting misdiagnosis and enabling rapid initiation of appropriate therapy.^{8–11}

Recently, there has been increased attention towards evaluating novel diagnostics for pediatric TB. In 2014, the World Health Organization (WHO) target product profiles (TPPs) were developed to define and align priority needs of the end users with the optimal performance characteristics of new tests that should be met by developers.¹² The development of TPPs coupled with increased advocacy has led to several new tests being developed with potential to become game changers for pediatric TB diagnostics.¹³

In this article, we describe the methodology of RaPaed-TB, a multicountry consortium set up to evaluate novel TB diagnostic tests and sample collection strategies in children investigated for TB. In the absence of a reliable reference standard for pediatric TB, a rigorous methodological approach was chosen, and a highly standardized diagnostic workup was implemented across sites. The primary objective was to evaluate diagnostic accuracy of novel candidate tests and accessible sample types for diagnosing TB in children <15 years as well as key subgroups of children in India and 4 African countries. The study also aimed to assess accuracy and efficiency of combining various novel tests and sample types in algorithms composed of screening (ie, rule-out) tests together with confirmatory tests. The goal was to identify candidate tests that meet the TPPs for impact on TB diagnosis in children globally.

MATERIALS AND METHODS

Study Partners and Setting

The RaPaed-TB consortium included several academic and research institutions, stakeholders and industry partners. The consortium was coordinated by researchers from the Division of Infectious Diseases and Tropical Medicine at the University of Munich (LMU), Germany. The recruiting sites were hospitals or tertiary pediatric care centers in 5 high-TB burden countries, namely India, Malawi, Mozambique, South Africa and Tanzania. In India, the study center was located at the Christian Medical College, Vellore (Tamil Nadu, India), and recruitment was based at the Pediatric Infectious Diseases Department, including inpatients and outpatients. In Malawi, the Kamuzu University of Health Sciences and The Malawi-Liverpool-Wellcome Trust clinical research program oversaw the participant recruitment in the Queen Elizabeth Central hospital, the only major public health facility for Blantyre city and the teaching hospital for the University of Health Sciences. In Mozambique, the Instituto Nacional de Saúde (INS) recruited at 2 research units, in Mavalane Health Centre (City of Maputo) and in Machava General Hospital (Province of Maputo), primarily recruiting outpatients. In South Africa, recruitment was conducted at Red Cross War Memorial Children's Hospital, a major pediatric tertiary hospital and referral center for the Western Cape. In Tanzania, the study was led by the National Institute of Medical Research, Mbeya Centre, and participant recruitment was conducted at the outpatient and inpatient department of the Mbeya Regional Referral hospital.

The consortium also included the Foundation for Innovative New Diagnostics (FIND), a not-for-profit organization based in Geneva, Switzerland, which facilitates the development of novel diagnostics for diseases of poverty, and brings together country partners, academia, industry partners and public funders, and ensures access to promising novel diagnostic tests. Representatives of the coordinating institute (LMU), principal investigators of participating sites, partners and invited scientists formed the steering committee of the consortium.

Study Design

RaPaed-TB was a prospective single-gate diagnostic accuracy study evaluating several novel index tests and diagnostic approaches in children <15 years with presumptive TB. The aim was to recruit 1000 children investigated for TB disease and follow them up during TB treatment or, if not diagnosed with TB, until symptom resolution (Fig. 1). Participant recruitment was conducted between January 21, 2019, and July 1, 2021, analysis of laboratory test results is ongoing.

Participant Eligibility

Eligibility was assessed and recorded following the criteria listed in Table 1. Before any study-specific procedure, signed written consent by the parent or legal guardian and assent by the child was obtained. The threshold for child assent was guided by local institutional review boards. In case of illiteracy, witnessed oral consent/assent was obtained.

Recruitment

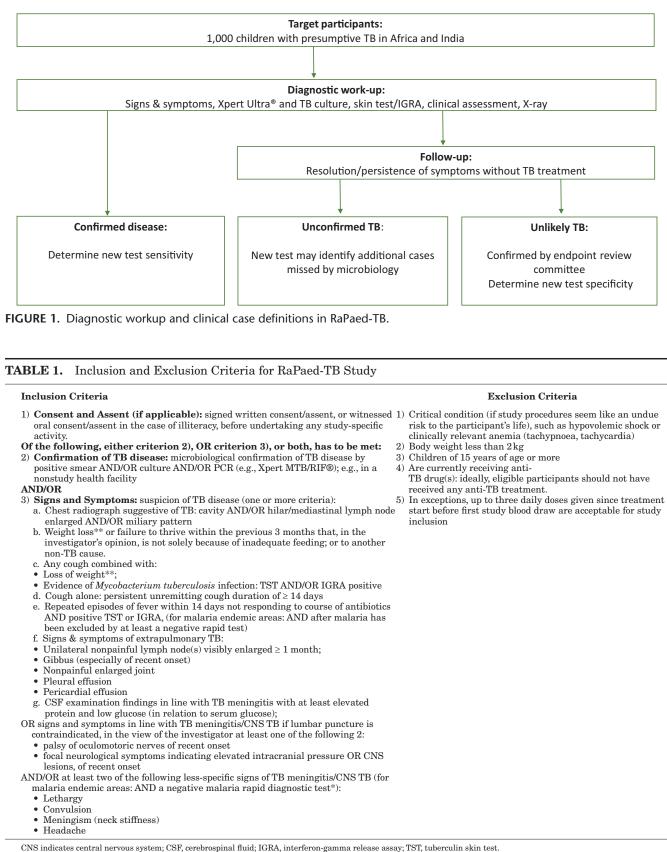
Recruitment of children was conducted in participating health facilities, with collaboration from the National TB control Programs (NTPs). In communities, recruitment was enhanced by individual and community awareness through advertisement, posters, radio announcements, community sensitization and so on depending on local legal requirements and approval by ethics committees.

Study Procedures

The study consisted of a baseline visit and follow-up visits at month 1 and month 3, if children were started on TB treatment or clinically unwell, an additional visit at month 6 was performed. The sites in Mozambique enrolled participants in a spirometry substudy with additional visits at months 9 and 12. Study procedures for each study visit were conducted according to the schedule of events (Table 2). While all children were followed for the time periods as outlined above, treatment (both preventive as well as for TB disease) was provided by the local NTPs.

Study Procedures at Baseline

After informed consent, study-specific diagnostic procedures were performed and documented. Data from standard diagnostic procedures were recorded in electronic Case Report Forms (eCRFs). The



| | Visit 1: | | | Visit 4: Week 26/Day | | Visit 6 ^A : Week 40/ | Visit 7 ^A : Week 52/ |
|---|---|--|---|--|---|---|--|
| Schedule of Events | Days 2 and/ Day 1 or 3 | Visit 2: Week 4/ Day 28± 4 days | Visit 3: Week 12/ Day 84 ± 7 days | 162 ± 14 days (if on TB treatment or unwell at Month 3) | Treatment (if EOT is later than Week 26 + 14 days) | Day 280 ± 14 days (Follow-up spirometry) | Day 365 ± 14 days (Follow-up spirometry) |
| Clinical Assessment Informed consent Questionnaire Physical examination & Symptoms | XX | X | Х | × | Х | ¥. | ¥, |
| Chest radiograph (other radiology | X | | | | | X | X |
| n nuceaeed Treatment compliance Spirometry ^A TR Reference Standard Mismohiology | A XA | Х | $\mathbf{X}_{\mathbf{X}}$ | X xA | X A | $\mathbf{A}_{\mathbf{X}}$ | $\mathbf{A}_{\mathbf{X}}$ |
| Sputum/sample for (microbiology ^B (| X X Culture (LJ ^B + Culture (LJ ^B MGIT) + MGIT) Pellet: GeneX- Pellet: cryos- pert Ultra® torage | 1 X ^c (if sputum produced spontaneously, and initial bacte- riology positive) | 1 X ^c | 1 X ^c 1 X ^c (if sputum produced spon- (if sputum produced taneously, and initial spontaneously, an bacteriology positive) initial bacteriolog positive) | 1 X ^C (if sputum produced spontaneously, and initial bacteriology positive) | | |
| Separate Sputum for storage X <i>Children</i> ≤ 5yr: nasopharyngeal X t about thirdd) | X (if possible during scheduled visits) X (Xpert MTB/RIF Ultra®) | | | | | | |
| Routine diagnostics Routine diagnostics Incl. hematology/storage/ EDTA and biochemistry, if applicable Malaria testing HIV serology ^F Tuberculin Skin Test ^H | X X/ Cd4 if HIV positive X | Q _x | Qx | ٩, | <mark>Ф</mark> х | | |
| Experimental tests Experimental tests PaxGene® RNA tube TAM-TB ^H IGRA ^H Total maximum volume (blood) | X X X ^A X | XXXQ | d ^x d ^x d ^x d ^x | xD xD xD xD According to body weight ¹ | 9999 | | |
| Laboratory (urine) Urine analysis by dipstick FujiFilme (LAM) Uri-TB direct (LAM) Total maximum volume (urine) ^J Laboratory (stool) Laboratory (stool) Schol (Xpert MTB/RIF Ultra®) | X 1 ml 20 ml 21 ml X | 1 m ¹ ^b x ^D 20 m ^{1^b} 21 m ^{1^b} | $\begin{array}{c} 1 \text{ m}_{\mathrm{D}}^{\mathrm{D}} \\ 20 \text{ m}_{\mathrm{D}}^{\mathrm{D}} \\ \mathbf{21 \text{ m}}^{\mathrm{D}} \end{array}$ | $\begin{array}{c} 1 \text{ m}^{\text{D}}_{\text{X}} \\ 20 \text{ m}^{\text{D}}_{\text{D}} \\ \textbf{21 m}^{\text{D}} \end{array}$ | $\begin{array}{c} 1 \ m_{\rm D}^{\rm D} \\ 20 \ m_{\rm D}^{\rm D} \end{array} \\ \textbf{21 m}^{\rm D} \end{array}$ | | |
| Stool (storage) X Study Schedule of Events Study Schedule of Events Please note: sample volumes between individual tests may vary, however maximum volumes given will not be exceeded. The standard diagnostic schedule is a nonbinding recommendation and based on current practice in study sites. ^A , Optional visits/procedures for substudies: in a subset of children and not in all sites. ^B , Sputum or induced sputum according to patient age and center preference. Other diagnostic samples; e.g., bronchial secretion, or fine needle aspirate biopsy according to decision of attending clinician and best medical practice. Standard microbiology assessments include culture in MGIT and LJ media, smear, PCR (GeneXpert Ultra®). LJ culture may be omitted in centers with a low contamination rate if agreed with the sponsor. Cultures positive for AFBs should be taken with an molecular drug resistance testing. Isolates are to be cryopreserved in glycerol. ^C . Sputum culture after visit 1 only in patients on TB treatment who are started on anti-TB treatment; and not at all sites. | X dividual tests may vary, however m ies: in a subset of children and not to patient age and center preferenc ude culture in MGIT and LJ media alyzed by HAIN LPA for species, at alyzed by HAIN LPA for species, at itients on TB treatment who were s mase – only to be taken in children v | aximum volumes given v in all sites. e. Other diagnostic samj t, smear, PCR (GeneXpel ad molecular drug resist putum positive in any r who are started on anti-' | vill not be exceeded. The oles, e.g., bronchial secr et Ultra©). LJ culture π aroce testing. Isolates ai ircrobiological test initi. IB treatment; and not ε | standard diagnostic schedule etion, or fine needle aspirate l tay be omitted in centers with re to be cryopreserved in glyce and who are able to produce tall sites. | is a nonbinding recommend siopsy according to decision a low contamination rate if rol. | lation and based on curre of attending clinician an f agreed with the sponson | ant practice in study sit d best medical practice r. |
| ⁸ . Only in malaria endemic settings ^p . To be omitted if HIV status was ever documented positive, or documented negative less than 3 months ago. ^o Before day 8, only if HIV positive: Cd4 count, HIV viral positive. | ocumented positive, or documented count, HIV viral load. | l negative less than 3 mc | onths ago. | | | | |
| "LikhA: Interferon-gamma release assay TST: tuberculm sknt test. TST is to be applied after blood for TAM-TB is taken, to avoid interaction between TST antigen and TAM-TB Maximum blood volumes | y TST: tuberculm skin test. A-TB is taken, to avoid interaction | between TST antigen an | d TAM-TB. | | | | |

Downloaded from http://joumals.lww.com/pidj by BhDMf5ePHKav1zEoum1tQfN4a+kJLhEZgbsIHo4XMi0hCywCX1AW nYQp/IIQrHD3i3D0OdRyi7TvSFI4Cf3VC1y0abggQZZdgGj2MwlZLel= on 03/22/2023

¹Minimum total urine volume should be not less than 10ml, otherwise repeated collection is advised IGRA indicates Interferon-gamma release assay; LAM, Lipoarabinomannan assay; LJ, Lowenstein Jensen medium; MGIT, Mycobacterium growth indicator tube; TAM-TB, T-cell activation marker assay.

baseline visits included collection of demographic information, medical history and physical examination. Clinical investigation included HIV testing, tuberculin skin tests (TST) and chest radiograph or other imaging, if clinically indicated. If not performed before enrollment as part of the screening procedures, TST testing was conducted after blood collection for novel tests following established guidelines.¹ In short, 0.1 mL (2T.E. = 0.04 μ g Tuberculin PPD RT23) was applied intradermally and the widest lateral induration was marked with a pen and read within 48–72 hours by 2 independent readers.

Baseline procedures occurred on 2–3 days according to the preference of the center. Participants' demographic, clinical and laboratory data were recorded on paper worksheets and concurrently entered onto eCRFs using OpenClinica software (Open-Clinica Version: 3.12; OpenClinica LLC, Waltham, MA, United States). For confidentiality, participant ID numbers were used (ie, pseudonymization) throughout the study.

Study Procedures at Follow-up Visits

At each follow-up visit, the following procedures were performed: TB symptoms assessment, physical examination, radiological assessment and treatment documentation. Collection of respiratory samples and other samples for TB microbiology were performed if clinically indicated. For children on TB treatment, index tests were conducted to evaluate their use for monitoring treatment (Table 2).

Sample Collection

Sample collection was standardized across study sites and included blood, urine, respiratory specimens (sputum/nasopharyngeal aspirate) or gastric aspirate, stool and, if applicable and feasible, extrapulmonary specimens.

For each child, 2 respiratory samples were to be obtained as reference sample. All staff was trained in respiratory sample collection using well-established procedures.¹⁶ Consecutive sputum samples were collected in sterilized, well-lockable labeled sputum container. If possible, spontaneous (ie, voluntarily expectorated) sputum samples were collected; in younger children, sputum induction (ie, at the African sites) or gastric aspirate (ie, at the Indian site) were performed as previously described.^{16,17} For sputum induction, children inhaled hypertonic saline (up to 6%) until they started coughing productively. Nasopharyngeal suctioning

using a sterile catheter with an appropriate diameter was performed to collect the sample with a mucus trap. In children under 5 years of age, a nasopharyngeal aspirate was collected in addition.

Other specimens for TB investigations, such as pleural fluid, ascites or cerebrospinal fluid (CSF) and fine needle aspiration biopsies or tissue from biopsies, were collected when clinically indicated following local standard operating procedures (SOPs).

Blood samples were collected for evaluation of new tests, such as T-cell activation marker assay (TAM-TB), RNA transcriptomics, and serum for analysis of potential host-biomarkers. Other blood tests for routine hematology and clinical chemistry were performed as clinically indicated to exclude TB or diagnosis of coinfections. Maximum volumes of blood collected depended on the participant's weight in accordance with the WHO recommendations for clinical studies in children.¹⁸ Urine and stool samples were collected into designated containers. Children, guardians, and study staff were instructed to ensure a clean collection of urine samples. To reduce contamination, the study staff was instructed to clean the genitals with water before applying adhesive collection bags in younger and noncompliant children. As comparator, Alere Determine TB-LAM Ag (AlereLAM; Abbott, Palatine, IL, United States) was performed.

TB-specific Laboratory Procedures

All laboratory procedures (apart from specific assays planned in the substudies) were performed at each study site. Each procedure was outlined in the detailed RaPaed-TB laboratory manual and the respective staff were trained thoroughly. At the study laboratory, the standard TB diagnostic tests included Xpert MTB/ RIF Ultra assay (Cepheid Inc., United States), liquid (BACTEC Mycobacterial Growth Indicator Tube 960 automated system, Becton Dickinson (BD) Microbiology Systems, Sparks, MD, United States) and solid culture (Löwenstein–Jensen). In case growth was detected, all culture samples underwent further testing, including Ziehl-Neelsen smear to identify acid-fast bacilli. If positive, further speciation was performed using the MPT64 Ag test, an immunochromatographic detection of the mycobacterial protein MPT64.¹⁹ In all patients with positive cultures, at least 1 GenoType MTBDRplus V2 line-probe assay (Hain Lifescience, Germany) was done.

For characterization of MTB strains, sputum samples were stored for mycobacterial DNA extraction and further analysis will be performed centrally using classical molecular MTB typing

TABLE 3. New Assays Being Investigated in RaPaed-TB Study

| Name of Assay and Developer | - Assay Characteristics | Sample Types | Relevant References |
|---|---|----------------------------|---|
| Stool processing kit coupled with Xpert MTB/RIF Ultr | Novel method to process stool (≥0.2 g-1.2g) specimens for direct detection a of MTB using Xpert MTB/RIF Ultra | n Stool | Banada, 2016 ⁴⁰ Walters, 2018 ⁴¹ |
| Xpert MTB Host Response [MTB-HR] prototype | Analyses messenger RNA (mRNA) expression levels of 3 genes (GBP5, DUSP3, and KLF2) to determine a score for discrimination between active TB and other diseases | Fingerstick blood | Sweeney, 2016^{22} Sutherland, 2021^{23} |
| T-cell activation marker assay | Immunodiagnostic test using phenotypic characterization of MTB-specifi T-cells. Uses flow cytometry technique | c Blood | Portevin, 2014^{21} Ahmed, 2018^{20} |
| Uri-TB direct, Karolinska Institutet, Sweden | Detection of lipoarabinomannan, a cell wall constituent of MTB using a lateral flow assay | Urine | Hamasur, 2015 ²⁴ |
| SILVAMP TB-LAM FujiLAM, FujiFilm and FIND | Detection of lipoarabinomannan, a cell wall constituent of MTB using a lateral flow assay | Urine | Broger, 2019 ²⁵ Nicol, 2021 ²⁶ |
| Host biomarker signature (University of Cape Town and FIND) | Proteomic signatures of TB disease risk | Blood/plasma | ${ m Penn-Nicholson^{42}}$ |
| Host biomarker combination (University of Stellen- bosch) | Seven-marker host serum protein signature | Serum/fingerstick blood | Chegou, 201643 |
| Host RNA biomarker (LMU) | 16-gene signature to predict TB progression | Blood | Zak, 201644 |
| | | | |

FIND indicates Foundation for Innovative New Diagnostics; LAM, lipoarabinomannan; LMU, University of Munich.

TABLE 4. Case Definitions by Which the Reviewers' Classifications Are Assessed

| Diagnostic Classificatio | n Description of Definition | | |
|-----------------------------|---|--|--|
| Confirmed tuber | Confirmed tuber- Bacteriologic confirmation obtained | | |
| culosis | Requires Mycobacterium tuberculosis to be confirmed (culture or Xpert® MTB/RIF (Ultra®) assay) from at least 1 specimen | | |
| Unconfirmed tuberculosis | Bacteriologic confirmation NOT obtained AND at least 2 of the following: | | |
| | •Symptoms suggestive of TB | | |
| | •CXR consistent with TB | | |
| | • Recent exposure or immunologic evidence of MTB infection (TST and/or IGRA positive) | | |
| | Positive response to TB treatment | | |
| | Requires documented positive clinical response on tuberculosis treatment - no time duration specified | | |
| | oWith <i>M. tuberculosis</i> infection | | |
| | Immunologic evidence of M. tuberculosis infection (TST and/or IGRA positive) | | |
| | oWithout <i>M. tuberculosis</i> infection | | |
| | No immunologic evidence of M. tuberculosis infection | | |
| Unlikely tuber- culosis | Bacteriological confirmation NOT obtained AND criteria "unconfirmed TB" not met | | |
| | oWith <i>M. tuberculosis</i> infection | | |
| | Immunologic evidence of M. tuberculosis infection | | |
| | (TST and/or IGRA positive) Without M. tuberculosis infection | | |
| | | | |
| | No immunologic evidence of M. tuberculosis infection | | |

methods (genotyping) as well as next generation sequencing. This will allow for a detailed classification of circulating MTB lineages in the pediatric study population and the alignment or comparison of sequences with results of rapid molecular tests.

Laboratory Procedures of Novel Tests

The performance of several new tests and possible biomarkers for TB was assessed in different compartments of the body (sputum, blood, urine). Staff conducting the new tests were blinded to the diagnostic classification of the children. An overview of new tests assessed in the RaPaed-TB study is given in **Table 3**.

Sample Storage

Several samples were stored, including urine, sputum, mycobacterial isolates from positive liquid or solid culture, sputum pellet and blood (PAXgene, EDTA-whole blood, serum; see Table, Supplemental Digital Content 1, http://links.lww.com/INF/E932). Stored specimens will be used for the evaluation of future emerging TB diagnostics, genetic markers and biomarkers, or new diagnostics for other infectious diseases. Consent for storage of samples was obtained at recruitment.

Data Management

Data entry was monitored and reviewed regularly during the course of the study, including comparing source data with entries in OpenClinica. OpenClinica is a web-based Electronic Data Capture software and was used in this study as Clinical Data Management System (CDMS). The subject data was entered by study site personnel directly into electronic Case Report Forms.

Primary Outcome and Clinical Case Definitions

Disease classification followed the clinical case definitions of intrathoracic TB in children as outlined in an National Institutes for Health (NIH) consensus statement.²⁷ These were adapted to allow for the inclusion of extrapulmonary TB. The primary endpoint of the study was the confirmation/rule-out of TB disease, with the degrees of certainty "confirmed TB," "unconfirmed TB" or "unlikely TB" (Table 4). Children were classified using information on microbiological testing, clinical signs and symptoms suggestive of TB, radiological findings, TB contact history, determination of MTB infection, and treatment response/clinical trajectory. The latter included attendance of visits, treatment compliance, resolution of symptoms, and anthropometrics over time. Allocation into respective diagnostic categories followed the criteria as outlined in Table 4, all datapoints were recorded separately to facilitate indepth analysis.

External radiologic experts reviewed the baseline chest radiographies of all participants (see Supplemental Digital Content 2, http://links.lww.com/INF/E933, for the datapoints collected). These experts were blinded to the participants' clinical information to prevent bias. For overall diagnostic classification, an independent endpoint review committee (ERC) was set in place to review all children recruited in RaPaed-TB (Fig. 2). A Microsoft Access ERC review tool was used to standardize classification approach between reviewers. Information provided included demographic information, clinical history (ie, TB history, exposure and medication history, baseline symptoms follow-up, physical examination and results of routine TB and non-TB investigations), and the results from the external radiological review, as well as the images themselves. Members of the ERC were chosen based on their clinical experience. Two experts reviewed clinical data from all children and assigned diagnostic categories (confirmed, unconfirmed, or unlikely TB) based on their clinical judgement. In case of disagreement, a third reviewer was consulted, and rule of majority applied.

Sample Size

The study aimed to recruit 1000 participants across 5 sites (200 each) over a 2-year period. The aim was to achieve 25% microbiological confirmation; this approach would allow to enroll at least 250 with confirmed TB across all sites. The number of 250 participants with confirmed TB would allow for detection of

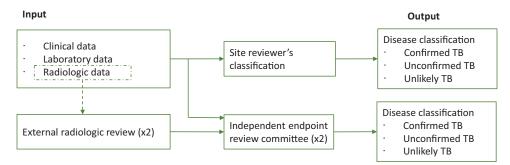


FIGURE 2. Demonstration of the review process among the site investigators and the endpoint review committee.

a sensitivity increase from 62% (Xpert MTB/RIF) to 82%, with more than 90% power at the 95% confidence level. Importantly, this sample of 250 participants with confirmed TB disease would allow for meaningful subgroup analyses within and between age groups, HIV, and nutritional status. For example, assuming HIV coinfection in approximately 40% of the children, and new test sensitivity of 82% in HIV-negative children, the minimum detectable difference to a lower sensitivity in HIV-positive children is 17.7% (absolute sensitivity 64.8%), with a power of 80% at the 95% confidence level. Comparing age groups, at assumed sensitivity of 82% in the age group of 9–14 years (30% of children); the minimum detectable difference in sensitivity to the age group of 0–4 (40% of children) years is -22% (ie, 60% sensitivity in this group).

Ethical Consideration

This study was performed in accordance with the study protocol, the declaration of Helsinki,²⁸ as well as any other applicable national and other regulatory guidelines. The protocol and the informed consent document used in this study were submitted to the coordinators and all local institutional review board (see Table, Supplemental Digital Content 3, http://links.lww.com/INF/E934).

DISCUSSION

The RaPaed-TB study was 1 of the largest TB diagnostic studies in children, evaluating multiple sampling strategies and novel tests in children investigated for TB with innovative mechanisms of action. In this article, we provide an in-depth description of the study procedures implemented and share the tools, definitions, and approaches chosen to facilitate standardization of methods for diagnostic accuracy studies in children.

In the past, many diagnostic studies for pediatric TB were characterized by heterogeneous methodologies and in the absence of a reliable reference standard, studies were mostly reported using varying case definitions, impeding cross-comparison and pooling of data.²⁹ The RaPaed-TB study used multiple sites, with standardization of clinical and laboratory procedures, intensive investigations for confirmation of TB disease, and thorough participant follow-up, all ensuring better diagnostic case classification in line with published consensus statements.²⁷ In addition, standard clinical case definitions were used and only slightly adjusted to include children with extrapulmonary TB. In addition, an independent endpoint review committee provided an extra layer of confidence regarding the diagnostic classification of participants. In this article, we present a through description of the study activities implemented to ensure transparency and standardization of future studies.

The design of the RaPaed-TB study, including screening, sampling, and clinical approaches, was aimed to achieve a high number of microbiologically confirmed children to allow for the generation of reliable and solid diagnostic test accuracy estimates in this well-characterized cohort. Conducting diagnostic studies with an imperfect reference standard results in several challenges. Strict criteria were applied to classify children following published clinical case definitions, which subsequently informed reference standards for diagnostic test accuracy estimates.^{27,29,30} Previous projects evaluating novel diagnostics in children often suffered from a relatively low number of microbiologically confirmed children, ranging from 5.2% to 35.6%.31-35 In RaPaed-TB, thorough sampling of reference samples was implemented with at least 2 respiratory specimens collected, including induced sputum or gastric aspirate. Most of the RaPaed-TB study sites were affiliated with tertiary care centers, which often provide care to children with advanced disease, and with expected high rate of microbiological confirmation for TB. As a result, data generated here are not necessarily

representative of those populations undergoing testing in primary health care facilities, where most children investigated for TB present first. However, this approach is needed to generate solid data accuracy estimates on novel tests at this stage of evaluation, which will need to be evaluated in less stringently recruited cohorts in the future.²⁹

The WHO declared a high-priority need for new TB diagnostics, particularly for children and extrapulmonary disease.¹² These were outlined in the TPPs for new TB diagnostics. More importantly, a new test should at least be as specific as Xpert MTB/ RIF (98%) and at least ≥66% sensitive. In children, diagnostic yield represents both the diagnostic accuracy of a test and the feasibility of obtaining a specimen and is improved by the availability of a specimen such as blood, urine or stool, compared with sputum alone.³⁶ As diagnosis of pediatric TB in health programs is limited, in part because available sampling and testing strategies are delivered mostly in tertiary-level facilities, the WHO highlighted the requirement for rapid biomarker-based nonsputum tests for TB suitable for children¹⁴ but also for a community-based point of care triage or referral test.¹⁵ Thus, the RaPaed-TB study evaluated primarily noninvasive sampling approaches such as urine, stool and nasopharyngeal aspirate, which would allow TB diagnostic services to be decentralized to lower levels of the health system. Additionally, it would enable reaching more children, similar to other projects focusing on the aspect of expanding access to diagnosis using these easy-to-collect samples in secondary and primary care facilities in low-resource settings.37-39

The determination of accuracy of each individual assay in diagnostic studies is only the first step in ensuring that novel assays have an actual impact on patient care. As part of future analysis of the RaPaed-TB study, we will assess whether individual tests being investigated can be combined in algorithms for maximal impact on correct diagnosis of pediatric TB. Furthermore, the RaPaed-TB study served as a platform for substudies, which included an evaluation on lung outcome applying spirometry and extended evaluation of the role of coinfections such as with cytomegalovirus. Finally, within RaPaed-TB, a large repository of samples was created to facilitate future test evaluation within this well-characterized cohort.

As one of the largest diagnostic cohorts in low- and middleincome countries, the RaPaed-TB study will generate important evidence on diagnostic accuracy of promising novel tests for pediatric TB, contribute to new test development using its established biorepository, and contribute to a harmonization of research methodologies.

Acknowledgements

The authors thank all study participants, participating sites, and project team members for their contributions to the success of this project. In a special way we acknowledge the contribution of Mr. Craig Dalgano, the consortium administrator.

REFERENCES

- 1. World Health Organisation. Global tuberculosis report. 2021.
- Dodd PJ, Yuen CM, Sismanidis C, et al. The global burden of tuberculosis mortality in children: a mathematical modelling study. *Lancet Glob Heal*. 2017;5:e898–e906.
- 3. World Health Organisation. *Roadmap Towards Ending TB in Children and Adolescents*. Geneva; 2018.
- Perez-Velez CM, Marais BJ. Tuberculosis in children. N Engl J Med. 2012;367:348–361.
- Oliwa JN, Karumbi JM, Marais BJ, et al. Tuberculosis as a cause or comorbidity of childhood pneumonia in tuberculosis-endemic areas: a systematic review. *Lancet Respir Med.* 2015;3:235–243.
- 6. Gunasekera KS, Walters E, van der Zalm MM, et al. Development of a treatment-decision algorithm for human immunodeficiency

Downloaded from http://journals.lww.com/pidj by BhDMf5ePHKav12Eoum1tQtN4a+kiLhEZgbsH64XMi0hCywCX1AW nYQp/IIQrHD3i3D00dRyi7TvSFI4Cl3VC1y0abggQZXdgGj2MwIZLel= on 03/22/2023 virus-uninfected children evaluated for pulmonary tuberculosis. *Clin Infect Dis.* 2021;73:e904–e912.

- Marcy O, Borand L, Ung V, et al. A treatment-decision score for HIVinfected children with suspected tuberculosis. *Pediatrics*. 2019;144:2018– 2065.
- Tebruegge M, Ritz N, Curtis N, et al. Diagnostic tests for childhood tuberculosis. *Pediatr Infect Dis J*. 2015;34:101410149–101411019.
- Detjen AK, DiNardo AR, Leyden J, et al. Xpert MTB/RIF assay for the diagnosis of pulmonary tuberculosis in children: a systematic review and meta-analysis. *Lancet Respir Med.* 2015;3:451–461.
- Marais BJ, Gie RP, Schaaf HS, et al. Childhood pulmonary tuberculosis: old wisdom and new challenges. *Am J Respir Crit Care Med.* 2006;173:1078– 1090.
- Marais BJ, Gie RP, Schaaf HS, et al. The natural history of childhood intrathoracic tuberculosis: a critical review of literature from the pre-chemotherapy era. *Int J Tuberc Lung Dis.* 2004;8:392–402.
- World Health Organization. High-priority target product profiles for new tuberculosis diagnostics: report of a consensus meeting. 2014:1–96.
- Treatment Action Group. The tuberculosis diagnostics pipeline report: advancing the next generation of tools. 2020.
- Drain PK, Gardiner J, Hannah H, et al. Guidance for studies evaluating the accuracy of biomarker-based nonsputum tests to diagnose tuberculosis. J Infect Dis. 2019;220 220 Suppl 3:S108–S115.
- Nathavitharana RR, Yoon C, Macpherson P, et al. Guidance for studies evaluating the accuracy of tuberculosis triage tests. *J Infect Dis.* 2019;220 220 Suppl 3:S116–S125.
- Zar HJ, Hanslo D, Apolles P, et al. Induced sputum versus gastric lavage for microbiological confirmation of pulmonary tuberculosis in infants and young children: a prospective study. *Lancet (London, England)*. 2005;365:130–134.
- 17. Zar HJ, Tannenbaum E, Hanslo D, et al. Sputum induction as a diagnostic tool for community-acquired pneumonia in infants and young children from a high HIV prevalence area. *Pediatr Pulmonol.* 2003;36:58–62.
- Howie SRC. Blood sample volumes in child health research: review of safe limits. *Bull World Health Organ*. 2011;89:46–53.
- Grønningen E, Nanyaro M, Sviland L, et al. MPT64 antigen detection test improves diagnosis of pediatric extrapulmonary tuberculosis in Mbeya, Tanzania. *Sci Rep.* 2021;11:17540.
- Ahmed MIM, Ntinginya NE, Kibiki G, et al. Phenotypic changes on Mycobacterium tuberculosis-specific CD4 T Cells as surrogate markers for tuberculosis treatment efficacy. *Front Immunol.* 2018;9:2247.
- Portevin D, Moukambi F, Clowes P, et al. Assessment of the novel T-cell activation marker-tuberculosis assay for diagnosis of active tuberculosis in children: a prospective proof-of-concept study. *Lancet Infect Dis.* 2014;14:931–938.
- Sweeney TE, Braviak L, Tato CM, et al. Genome-wide expression for diagnosis of pulmonary tuberculosis: a multicohort analysis. *Lancet Respir Med*. 2016;4:213–224.
- Sutherland JS, van der Spuy G, Gindeh A, et al. Diagnostic accuracy of the Cepheid 3-gene host response fingerstick blood test in a prospective, multisite study: interim results. *Clin Infect Dis.* 2021;74:2136–2141.
- Hamasur B, Bruchfeld J, van Helden P, et al. A sensitive urinary lipoarabinomannan test for tuberculosis. *PLoS One*. 2015;10:e0123457.
- Broger T, Sossen B, du Toit E, et al. Novel lipoarabinomannan point-of-care tuberculosis test for people with HIV: a diagnostic accuracy study. *Lancet Infect Dis.* 2019;19:852–861.
- Nicol MP, Schumacher SG, Workman L, et al. Accuracy of a novel urine test, Fujifilm SILVAMP tuberculosis lipoarabinomannan, for the diagnosis of pulmonary tuberculosis in children. *Clin Infect Dis.* 2021;72:e280–e288.

- Graham SM, Cuevas LE, Jean-Philippe P, et al. Clinical case definitions for classification of intrathoracic tuberculosis in children: an update. *Clin Infect Dis.* 2015;61 Suppl 3:S179–S187.
- Declation of Helsinki. Ethical principles for medical research involving human subjects. 2008.
- Cuevas LE, Browning R, Bossuyt P, et al. Evaluation of tuberculosis diagnostics in children: 2. Methodological issues for conducting and reporting research evaluations of tuberculosis diagnostics for intrathoracic tuberculosis in children. Consensus from an expert panel. *J Infect Dis.* 2012;205 Suppl:S209–S215.
- Graham SM, Ahmed T, Amanullah F, et al. Evaluation of tuberculosis diagnostics in children: 1. Proposed clinical case definitions for classification of intrathoracic tuberculosis disease. Consensus from an expert panel. *J Infect Dis.* 2012;205 Suppl 2:S199–S208.
- Sabi I, Kabyemera R, Mshana SE, et al. Pulmonary TB bacteriologically confirmed by induced sputum among children at Bugando Medical Centre, Tanzania. *Int J Tuberc Lung Dis*. 2016;20:228–234.
- Rachow A, Clowes P, Saathoff E, et al. Increased and expedited case detection by Xpert MTB/RIF assay in childhood tuberculosis: a prospective cohort study. *Clin Infect Dis.* 2012;54:1388–1396.
- Anderson ST, Kaforou M, Brent AJ, et al. Diagnosis of childhood tuberculosis and host RNA expression in Africa. N Engl J Med. 2014;370:1712–1723.
- 34. Zar HJ, Workman L, Isaacs W, et al. Rapid diagnosis of pulmonary tuberculosis in African children in a primary care setting by use of Xpert MTB/RIF on respiratory specimens: a prospective study. *Lancet Glob Heal*. 2013;1:e97–104.
- Bates M, Mudenda V, Mwaba P, et al. Deaths due to respiratory tract infections in Africa: a review of autopsy studies. *Curr Opin Pulm Med.* 2013;19:229–237.
- 36. Lawn SD, Kerkhoff AD, Burton R, et al. Diagnostic accuracy, incremental yield and prognostic value of Determine TB-LAM for routine diagnostic testing for tuberculosis in HIV-infected patients requiring acute hospital admission in South Africa: a prospective cohort. *BMC Med.* 2017;15:67.
- Denoeud-Ndam L, Otieno-Masaba R, Tchounga B, et al. Integrating pediatric TB services into child healthcare services in Africa: study protocol for the INPUT cluster-randomized stepped wedge trial. *BMC Public Health*. 2020;20:623.
- Vessière A, Font H, Gabillard D, et al. Impact of systematic early tuberculosis detection using Xpert MTB/RIF Ultra in children with severe pneumonia in high tuberculosis burden countries (TB-Speed pneumonia): a stepped wedge cluster randomized trial. *BMC Pediatr.* 2021;21:136.
- Dongo JP, Graham SM, Nsonga J, et al. Implementation of an effective decentralised programme for detection, treatment and prevention of tuberculosis in children. *Trop Med Infect Dis.* 2021;6:131.
- Banada PP, Naidoo U, Deshpande S, et al. A novel sample processing method for rapid detection of tuberculosis in the stool of pediatric patients using the Xpert MTB/RIF Assay. *PLoS One*. 2016;11:e0151980.
- Walters E, Scott L, Nabeta P, et al. Molecular detection of Mycobacterium tuberculosis from stools in young children by use of a novel centrifugationfree processing method. *J Clin Microbiol.* 2018;56:e00781–e00818.
- Penn-Nicholson A, Hraha T, Thompson EG, et al. Discovery and validation of a prognostic proteomic signature for tuberculosis progression: a prospective cohort study. *PLoS Med.* 2019;16:e1002880.
- 43. Chegou NN, Sutherland JS, Malherbe S, et al. Diagnostic performance of a seven-marker serum protein biosignature for the diagnosis of active TB disease in African primary healthcare clinic attendees with signs and symptoms suggestive of TB. *Thorax*. 2016;71:785–794.
- Zak DE, Penn-Nicholson A, Scriba TJ, et al. A blood RNA signature for tuberculosis disease risk: a prospective cohort study. *Lancet (London, England)*. 2016;387:2312–2322.