

Do-able double empathy probings - Specialist (Autism) Mentoring at University

UNIVERSITY OF
BIRMINGHAM



AUTISM CENTRE FOR EDUCATION AND RESEARCH

CRAE

UCL

Brian Irvine

Mentoring

WHAT'S THAT ANYWAY?



Dufour (1834) Telemachus and Mentor's Escape
Wallpaper at Andrew Jackson's Hermitage.

2022
2021
2020
2019
2018
2017
2016
2015
2014
2013
2012
2011
2010
2009
2008
2007
2006
2005
2004
2003

2,730

* first year, first degree

1,205

1,515

1,965

1,995

2,415

2,355

3,065

1,085

3,675

1,400

4,190

1,595

4,395

2,095
pgs

5,130 *

16,685 autistic students
in attendance, UK 2020/21

84%

Completion rate of autistic UK HEI students

vs. 85% of majority students (OfS, 2022)

Being backstage

Reframing

the student's experience of themselves
as failing

(by some normative standard)

- inviting them to look at things differently,
think about what their values are,
how awesome they are as they are,
rather than constantly punishing themselves for not
being 'good enough'.

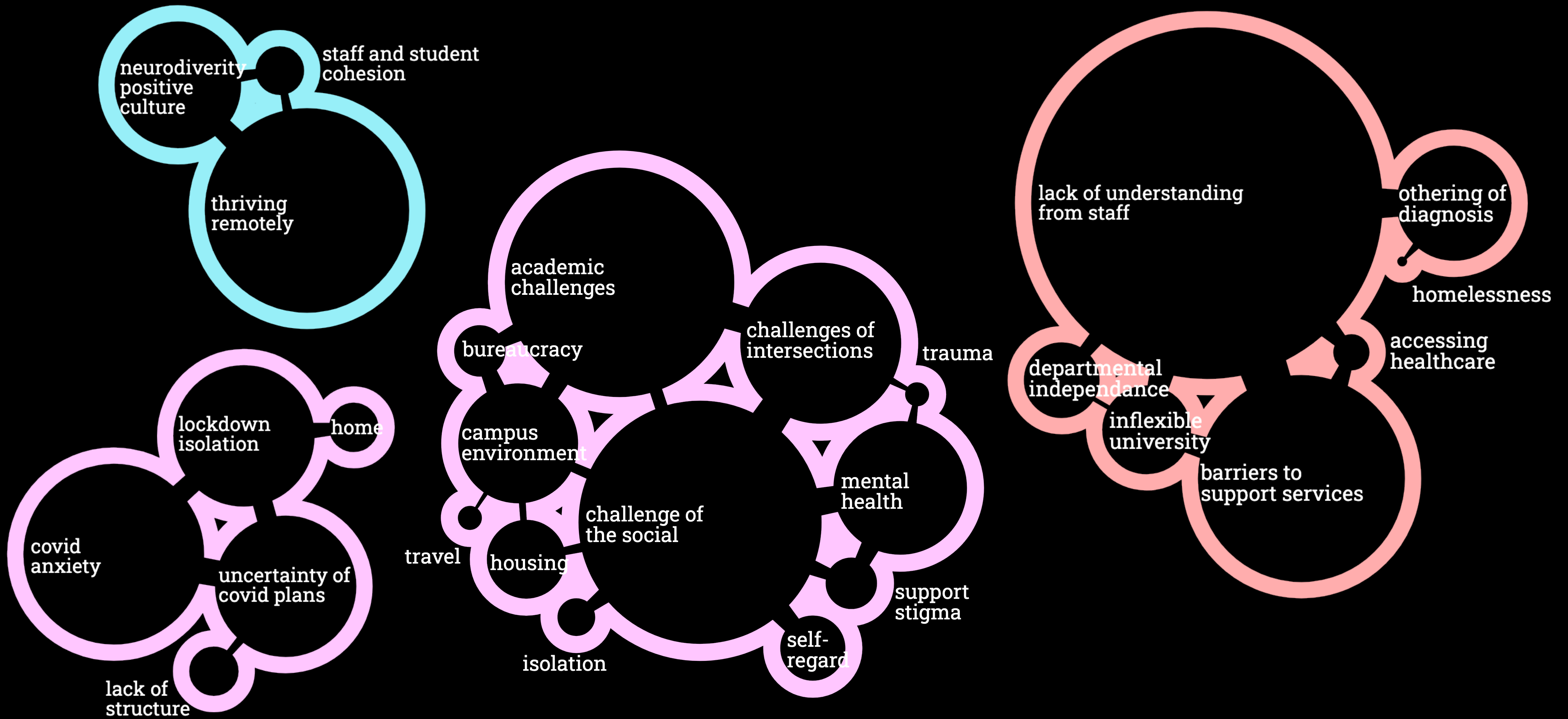
Claire

**Do you actually understand us?
Or do you just listen?**

Hazel

**sometimes I understand,
sometimes I just try**

Jake



Success Challenge Barrier

Responding to **successes**, **challenges** and **barriers**?

Mentoring by **framing** and **reframing**

Mentee seeks to identify joys and issues.

Diagnostic

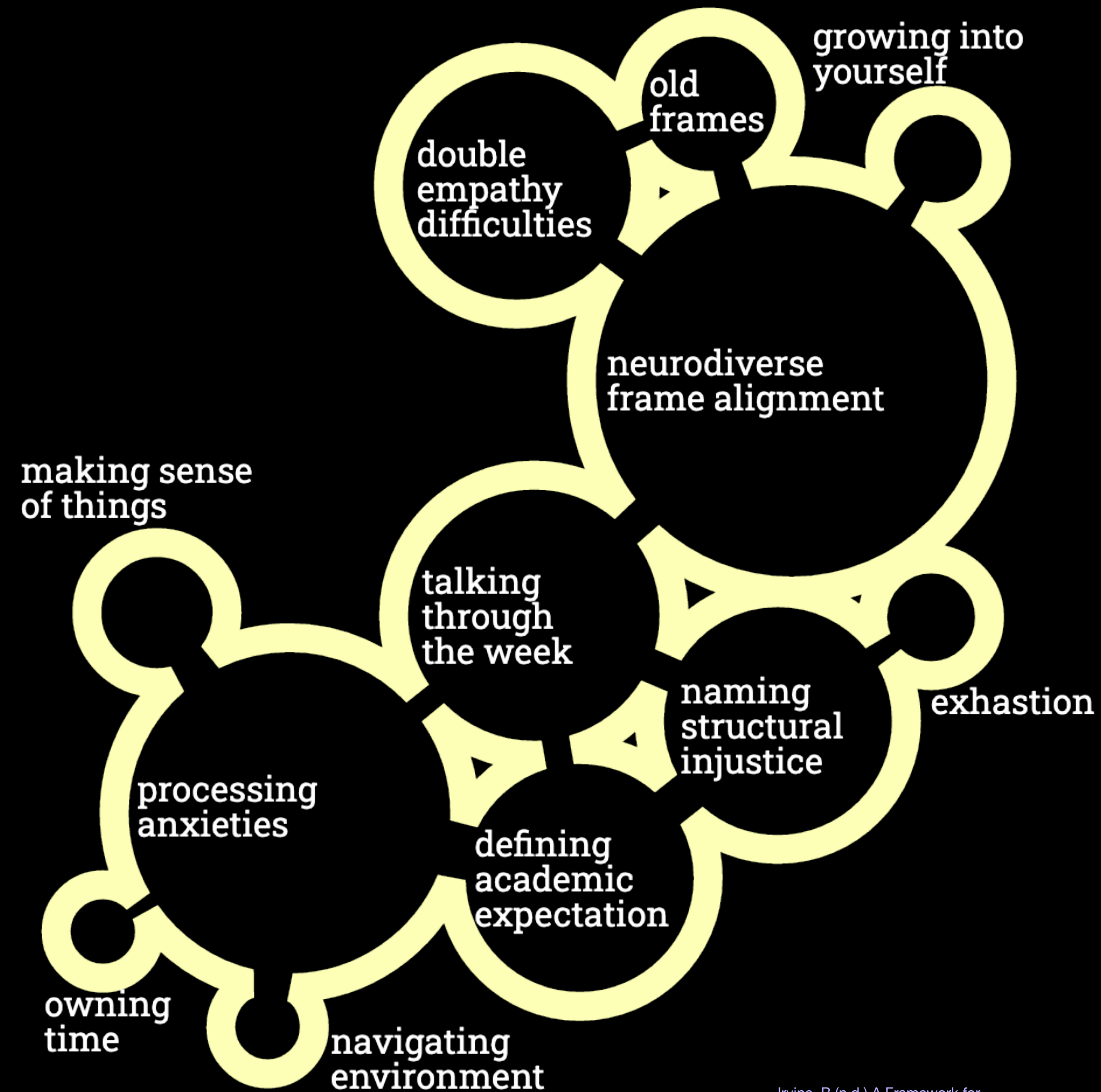
Mentee and mentor come up with strategies to fix the things that don't seem right.

Prognostic

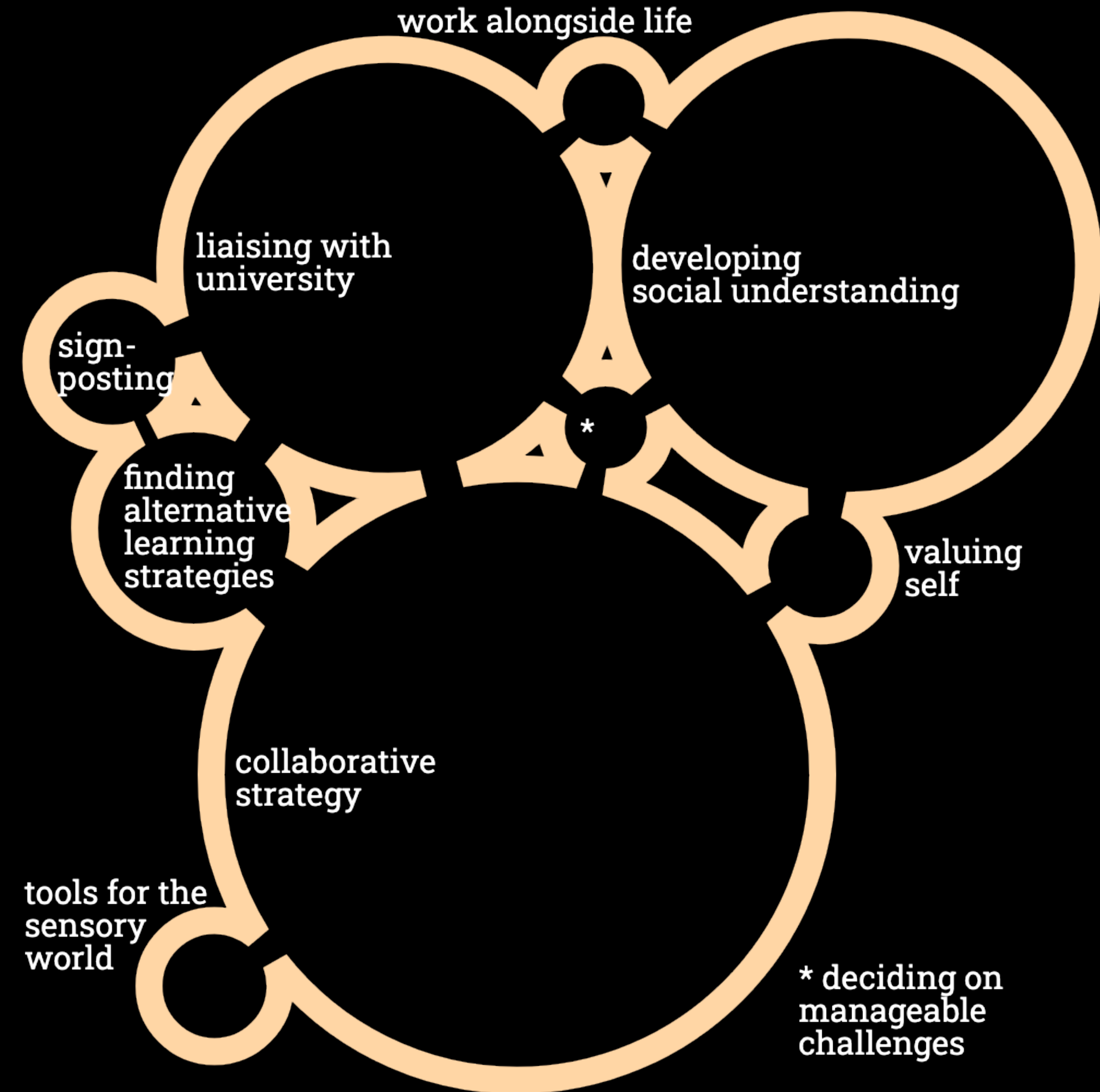
Mentor acts as a cheerleader by passing on kindly reminders.

Motivational

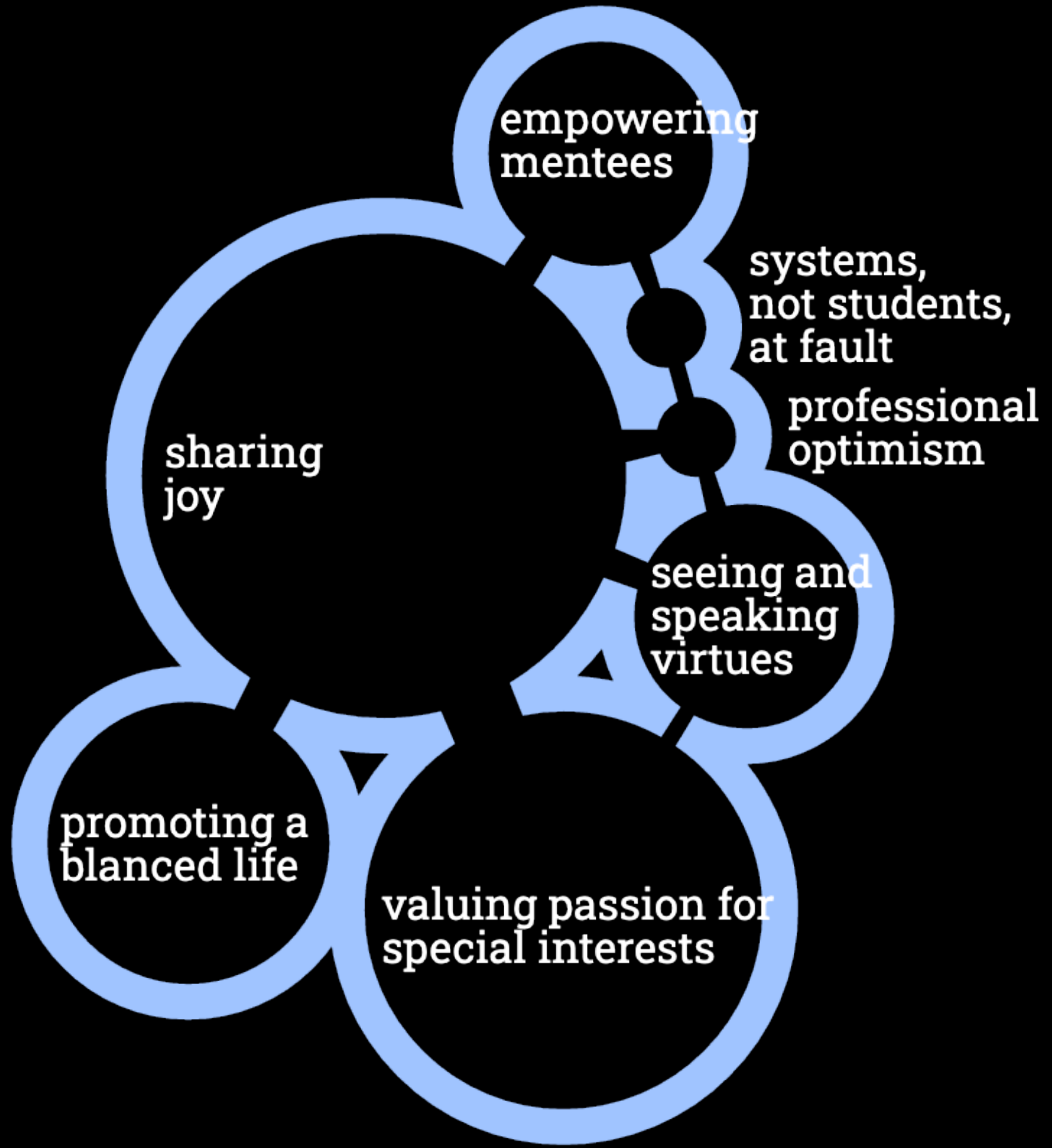
Diagnostic



Prognostic



Motivational



Diagnostic - Prognostic - Motivational

(Snow et al. 1986; Snow & Benford, 1988)

An attitude of
'everything can be sorted'
along with positivity and
an acceptance
and love
of all things different

Lady Bigfoot



linktr.ee/brianirvine