

Gr R Storybook



Health is important

Published by: The UCL Centre for Educational Leadership, University College London & The Centre for the Study of Resilience, University of Pretoria.

This publication can be copied, translated or adapted when necessary steps have been taken to acknowledge all relevant sources.

Authors: G.J. Podile Primary School, Grade R (A), 2022:

Future Bumhudza, Onkgopotse Diphoko, Karabo Jobondo, Tlhompo Kesbile, Botlhale Khumalo, Reotshepile Kongo, Keletso Leburu, Koketso Letlhoo, Neo Loeto, Omphile Mabati, Blessing Magashula, Oreneile Maiketswana, Goitseone Marumo, Resegofetse Masalesa, Khanyisiwe Mashaba, Rethabile Matshane, Bontle Mere, Omatla Mhele, Remoabetswe Mobeane, Tshiamo Mogotsi, Marina Mokoma, Oreabetse Moroke, Olerato Mothibi, Atlegang Mporu, Ryan Muchenje, Mosetsanagape Muhujane, Reatile Phajane, Keaotshepa Ramontja, Albert Sam, Oratile Sekao, Rorisang Sekao, Kgologano Seoloane, Realeboga Sereo, Tshepang Setlhare, Xolisile Soul, Mpho Thousand, Lethabo Tlatsana, Lethabo Tshenyego.

School: G.J. Podile Primary School
Principal: Setlhare Modise
Teacher: Mapule Phanyane
CRC: Kesaleboga Kesimolotse
Fieldworker: Nomhle Mboneni

Illustrators:

Cover: Ryan Muchenje
Page 1: Botlhale Khumalo
Page 2: Sikhanyisile Mashaba
Page 3: Botlhale Khumalo
Page 4: Future Bumhudza
Page 5: Atlegang Mporu
Page 6: Keletso Leburu
Page 7: Oreabetse Moroke
Page 8: Reatile Phajane

Font within booklet: Grade 1 font by Edu-Aid

Websites and links were correct at the time of publication.

For further information about the project, please visit

<http://www.ucl.ac.uk/ioe/enabling-schools>

Acknowledgements

The following partners have played a valuable role in the co-creation of this storybook:

The North West Province Department of Education, Ngaka Modiri Molema District, South Africa.

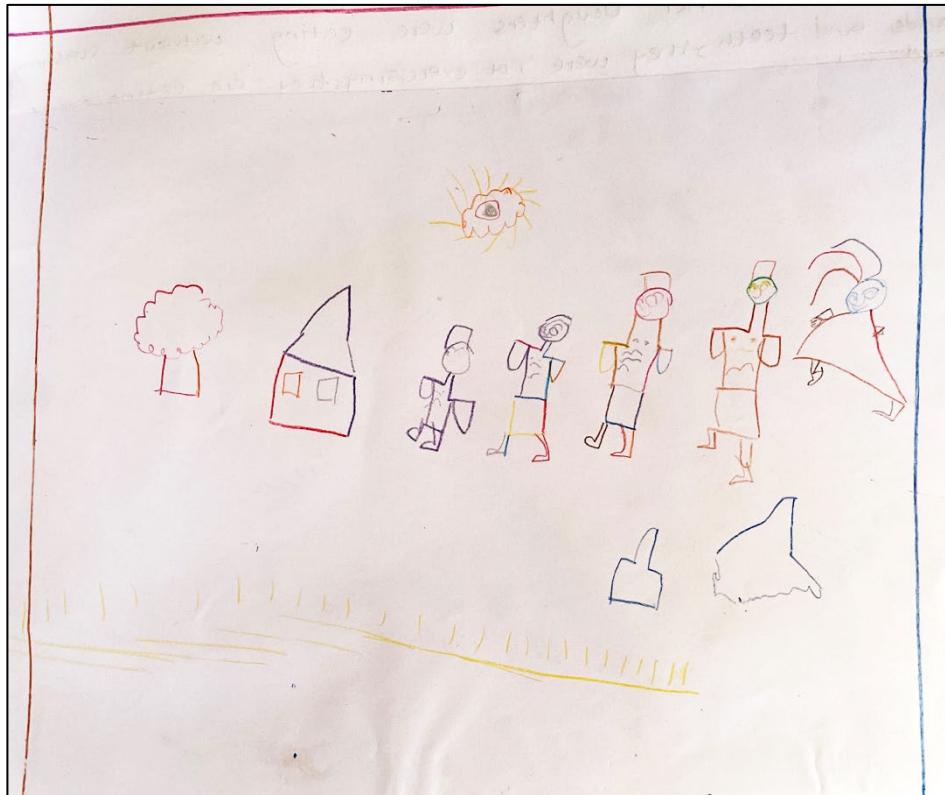
The Department of Basic Education, Directorate: Rural Education, South Africa.

London South Bank University, United Kingdom.

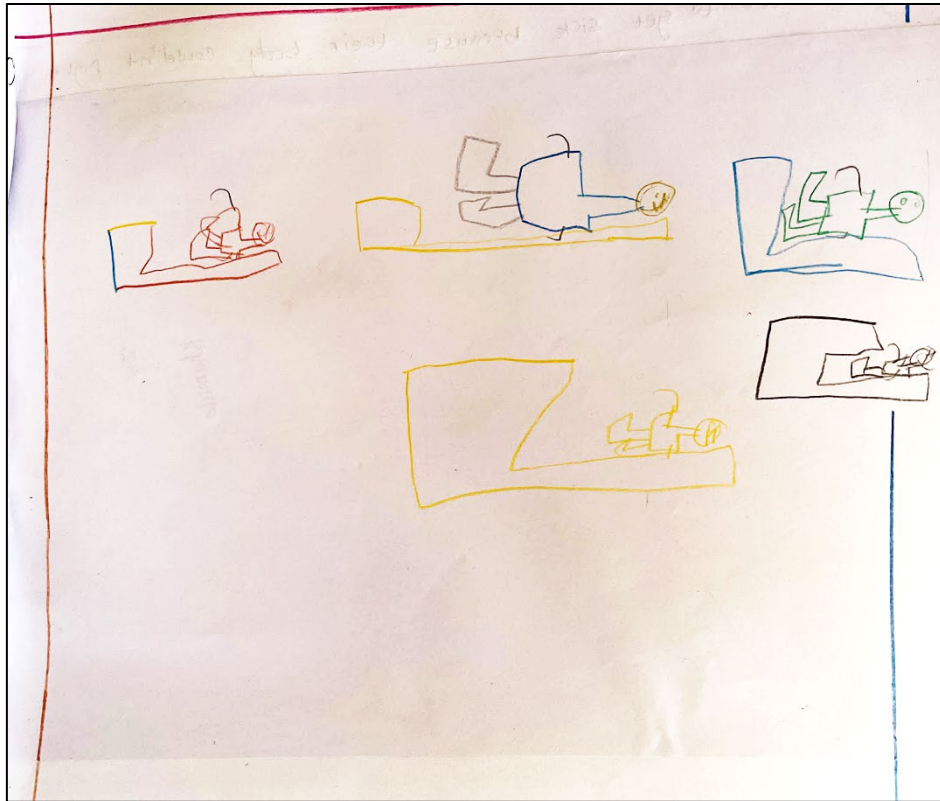
The Economic & Social Research Council (ESRC) (ES/T005149/1), United Kingdom (funder).



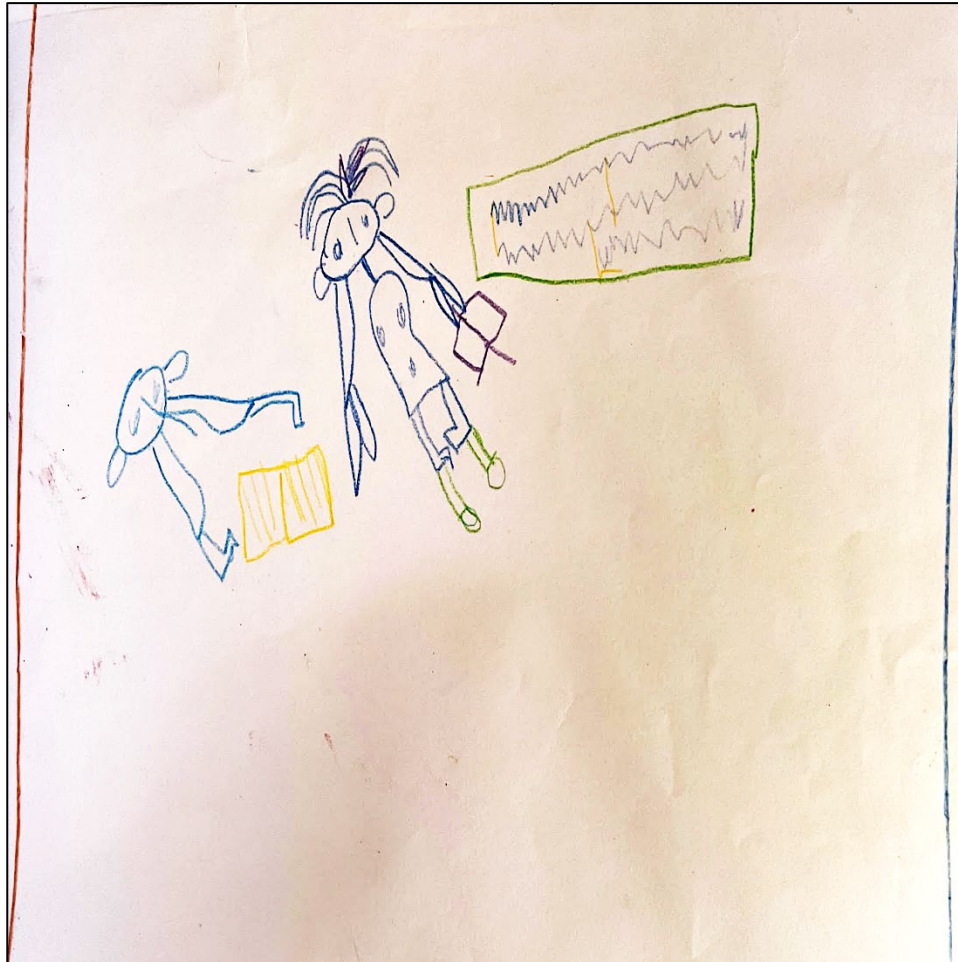
There was a boy called Pule. He lived with his parents. They lived in a village called Dioloane. They had a good relationship with their neighbours. The neighbours were a family of five: the mother, Segametsi and her four daughters Koketso, Neo, Kamogelo, and Remofilwe.



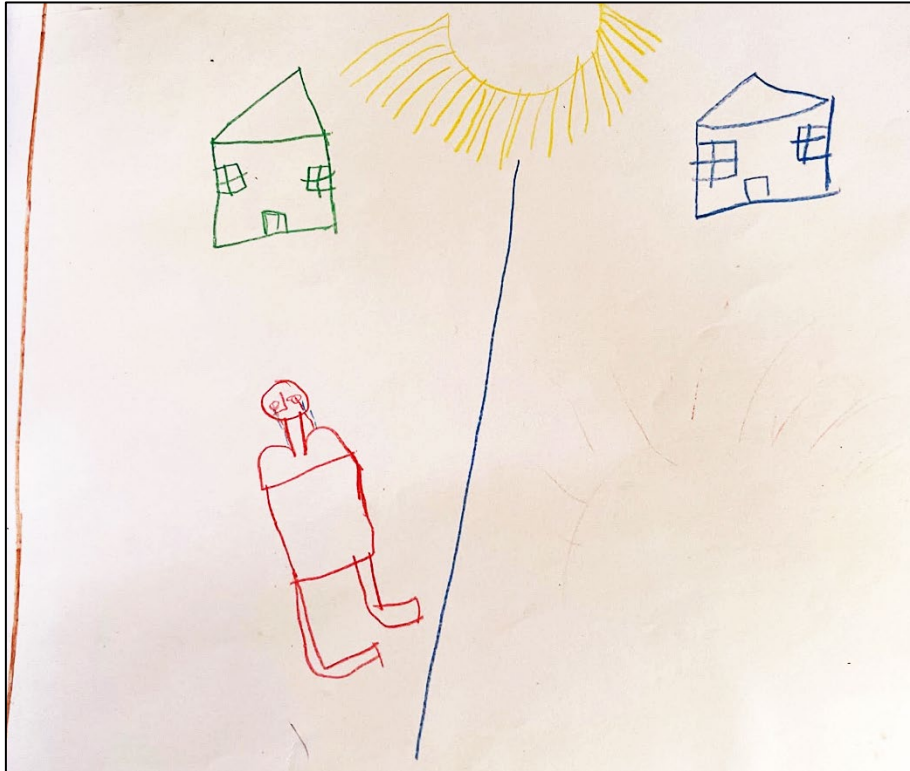
Segametsi and her daughters were eating without washing their hands and brushing their teeth. They were not exercising or eating healthy.



They started to get sick because their bodies could no longer fight against the germs. They did not know the cause of their illness.



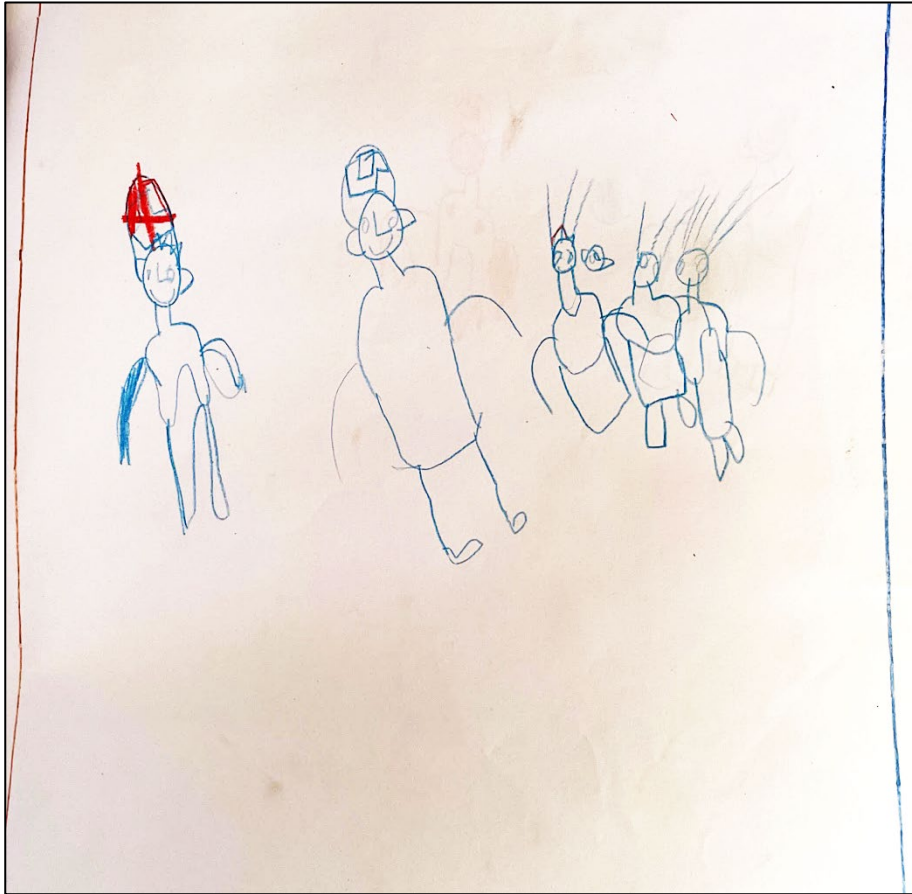
Pule was a fast learner. He understood what he was taught at school, and what to do if you wanted to live a healthy life.



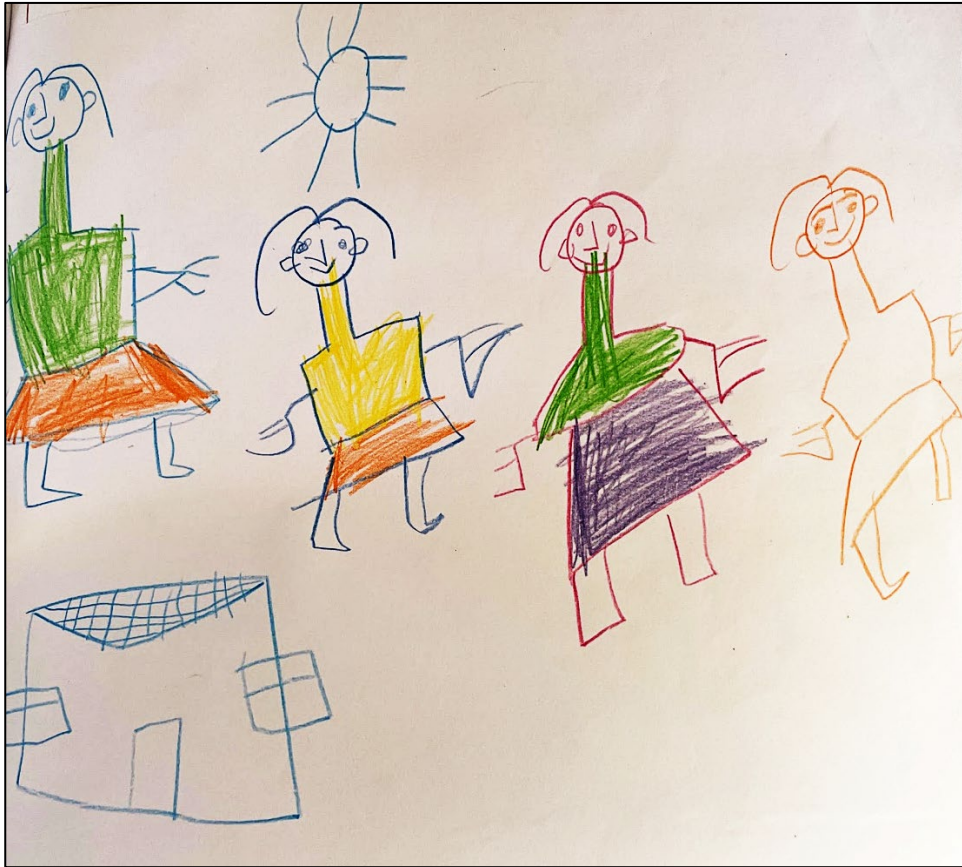
Pule was sad to see his neighbours sick. He saw them as his family. He told them what he was taught at school.



He said they were taught in school to wash their hands before they eat, because your hands touches everything, and to exercise because the body needs to exercise every day. They must brush their teeth, eat different types of fruit and vegetables, and eat breakfast, because it is an important meal.



The neighbours went to the hospital, and the doctor told them everything Pule had said. From that day on, they did what the doctor told them. They praised Pule for helping them with this information.



Segametsi and her daughters
were healed and now knew
how to keep their
bodies healthy.

The contents of this booklet can be copied, translated or adapted as long as the relevant sources have been acknowledged properly.

Health is important

Authors:

G.J. Podile Primary School, Gr IB, 2022, North-West Province, South Africa

<http://www.ucl.ac.uk/ioe/enabling-schools>

