

Gr 3 Storybook



I am a healthy learner

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Page 3: Mpofo Kgotlaltsile
Page 4: Itshegetseng Reneilwe
Page 5: Motlhamme Modisaotsile
Page 6: Biyana Koketso
Page 7: Keipopele Rearabilwe
Page 8: Moitsi Kerotse

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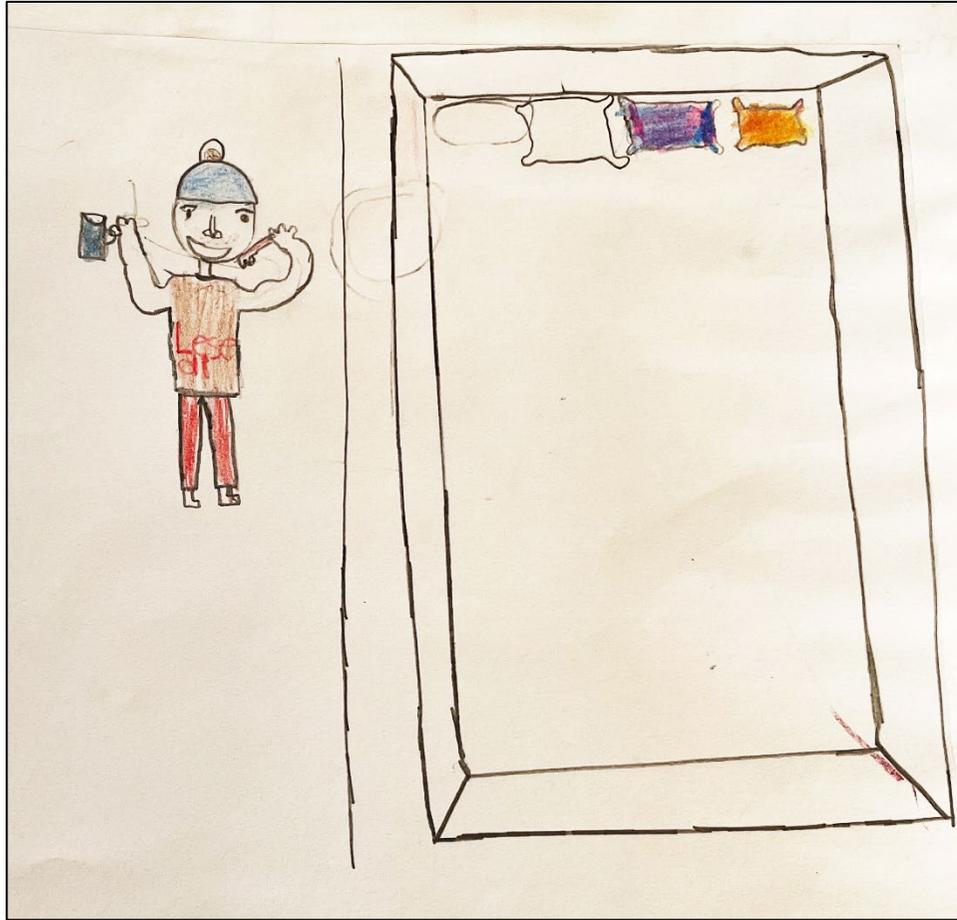
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When I wake up in the morning, I exercise for ten minutes.



3

When I am done, I
brush my teeth and
wash my body.

4



I eat porridge with sugar and milk. I also take an apple with me when I go to school.



I walk with my friends
who care about me.



When I enter the classroom, I open the windows, and I wipe my chair and table.



During break time, the teacher serves us healthy food.



When it's time to play,
some play skipping rope
while others play soccer.



When I finish playing, I
drink water to stay
healthy.

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