I am a healthy learner
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When I wake up in the morning, I exercise for ten minutes.
When I am done, I brush my teeth and wash my body.
I eat porridge with sugar and milk. I also take an apple with me when I go to school.
I walk with my friends who care about me.
When I enter the classroom, I open the windows, and I wipe my chair and table.
During break time, the teacher serves us healthy food.
When it’s time to play, some play skipping rope while others play soccer.
When I finish playing, I drink water to stay healthy.
I am a healthy learner

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