To eat healthy food
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United Kingdom (funder).
Goratileone was a learner who loved athletics and his schoolwork.
But he liked junk food such as potato chips, sweets, and cold drinks.
His body became weak because he was not eating nutritious food.
During the athletic competition, he could not participate because of malnutrition, weakness and shaky legs.
He was behind with his schoolwork. His hands were weak, and he was not able to write.
Goratileone saw it was better to plant fruits and vegetables at his home.
He started always eating healthy food.
After that, he was able to enter the athletics competition.
And he was also able to do his schoolwork again because his hands were strong.
He started to keep his body healthy at all times by eating healthy food and always exercising.
To eat healthy food

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