Children who care about their friends
Acknowledgements

The following partners have played a valuable role in the co-creation of this storybook:

The North West Province Department of Education, Ngaka Modiri Molema District, South Africa.
The Department of Basic Education, Directorate: Rural Education, South Africa.
London South Bank University, United Kingdom.
The Economic & Social Research Council (ESRC) (ES/T005149/1), United Kingdom (funder).
On Saturday morning, we ran to the gym.
One of our friends fell because he was tired and not fit.
Our coach took him to the gym and gave him some water.
We started exercising. Our bodies can do many things. We jump, we run, and we dance.
Our friend got up and exercised with us. We were all very happy.
During the break, we relax, drink water and eat fruit.
Friends continue to exercise and play different games.
Friends, let’s take care of our bodies. Love one another and take care of one another at all times.
Children who care about their friends

Authors:

St. Mary's Primary School, Gr 3A, 2022, North-West Province, South Africa