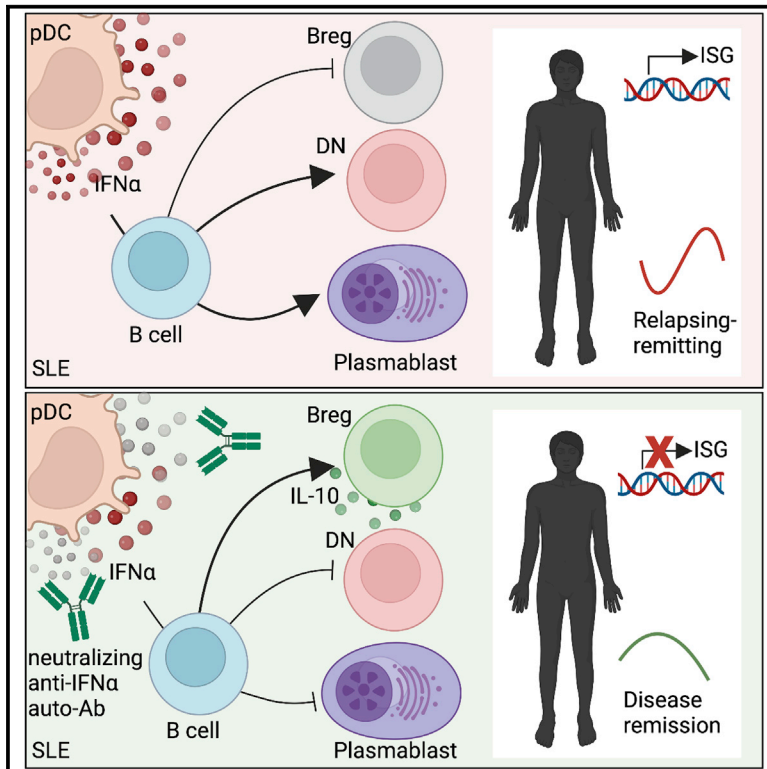


# Inactive disease in patients with lupus is linked to autoantibodies to type I interferons that normalize blood IFN $\alpha$ and B cell subsets

## Graphical abstract



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## In brief

Bradford et al. characterize the prevalence of anti-IFN $\alpha$ -Abs in patients with SLE and their association with serum levels of IFN $\alpha$ , clinical parameters, and B cell abnormalities. Patients with SLE harboring autoantibodies that neutralize IFN $\alpha$  show reduced serum IFN $\alpha$  levels and ISG expression, disease severity, and normalized B cell compartments.

## Highlights

- 14% of patients with SLE harbor natural anti-IFN $\alpha$ -Abs
- Neutralizing anti-IFN $\alpha$ -Abs are associated with reduced serum IFN $\alpha$  levels
- Neutralizing anti-IFN $\alpha$ -Abs are associated with reduced disease activity
- Normalization of B cell subsets in patients with SLE with neutralizing anti-IFN $\alpha$ -Abs



## Report

# Inactive disease in patients with lupus is linked to autoantibodies to type I interferons that normalize blood IFN $\alpha$ and B cell subsets

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## SUMMARY

Systemic lupus erythematosus (SLE) is characterized by increased expression of type I interferon (IFN)-regulated genes in 50%–75% of patients. We report that out of 501 patients with SLE analyzed, 73 (14%) present autoantibodies against IFN $\alpha$  (anti-IFN-Abs). The presence of neutralizing-anti-IFN-Abs in 4.2% of patients inversely correlates with low circulating IFN $\alpha$  protein levels, inhibition of IFN-I downstream gene signatures, and inactive global disease score. Hallmarks of SLE pathogenesis, including increased immature, double-negative plasmablast B cell populations and reduction in regulatory B cell (Breg) frequencies, were normalized in patients with neutralizing anti-IFN-Abs compared with other patient groups. Immunoglobulin G (IgG) purified from sera of patients with SLE with neutralizing anti-IFN-Abs impedes CpGC-driven IFN $\alpha$ -dependent differentiation of B cells into immature B cells and plasmablasts, thus recapitulating the neutralizing effect of anti-IFN-Abs on B cell differentiation *in vitro*. Our findings highlight a role for neutralizing anti-IFN-Abs in controlling SLE pathogenesis and support the use of IFN-targeting therapies in patients with SLE lacking neutralizing-anti-IFN-Abs.

## INTRODUCTION

Systemic lupus erythematosus (SLE) is a heterogeneous autoimmune disease affecting multiple organ systems. Abnormal B cell proportions including expansion of atypical memory, also known as double-negative (DN) B cells, and autoantibody-secreting plasma cells contribute to autoimmune inflammation and tissue injury.<sup>1–3</sup> In addition to B cell dysfunction, ~50%–75% of patients with SLE present an upregulation of type I interferon (IFN-I)-stimulated genes (ISGs) that directly correlate with disease severity. The IFN-I family includes IFN $\beta$ , IFN $\omega$ , IFN $\epsilon$ , IFN $\kappa$ , and 13 additional subtypes of IFN $\alpha$  that bind to the same receptor, IFNAR.<sup>4</sup> We and others have previously shown that a finely tuned IFN $\alpha$  response is required to induce the differentiation of immature B cells into plasma cells that produce antibodies during, for example, viral infection, as well as regulatory B cells (Bregs) that restore homeo-

stasis.<sup>5,6</sup> In SLE, chronic IFN $\alpha$  production fuels autoimmunity by promoting the differentiation of monocytes to dendritic cells (DCs),<sup>7,8</sup> which activate autoreactive T cells; the generation of effector and memory CD8<sup>+</sup>T cells<sup>9–11</sup>; and the differentiation of B cells into autoantibody-producing plasma cells but not Bregs.<sup>5,12</sup> The pathogenic role of IFN $\alpha$  in SLE is supported by several clinical observations. Patients with monogenic diseases, including complement and FASL deficiency and TREX-1 mutation, which all lead to IFN-I overproduction, display SLE-like symptoms.<sup>13–15</sup> Patients treated with IFN-I for cancer and chronic infections develop a lupus-like disease and/or anti-double-stranded DNA (dsDNA) antibodies.<sup>16,17</sup> IFN- $\alpha$  kinoid vaccination induces antibodies that cross-neutralize all IFN $\alpha$  subtypes, which in ~50% of immunized SLE patients has shown therapeutic efficacy.<sup>18</sup> IFN-I blockade has also been shown to be beneficial in patients with SLE.<sup>19,20</sup>



**Table 1. Demographic and clinical characteristics of patients with SLE with neutralizing or non-neutralizing anti-IFN-Abs, anti-IFN-Ab-negative patients, and controls**

	Control (n = 312)	Cross-sectional Ab <sup>neg</sup> (n = 428)	Cross-sectional Ab <sup>non-neut</sup> (n = 47)	Cross-sectional Ab <sup>neut</sup> (n = 28)
Age (range)	66.0 (31–87)	47.0 (17–86)	45.1 (23–73)	47.5 (28–72)
Age at diagnosis (range)	–	29.1 (1–75)	29.5 (12–63)	28.4 (8–51)
Gender (female:male)	(146:166)	(394:34)	(42:5)	(26:2)
Gender (% female:male)	(47.8:53.2)	(92:8)	(89.4:10.6)	(92.9:7.1)
Ethnicity (% AC/W/SA/EA/O)	(0/100/0/0/0)	(17.9/60.9/13.4/4.9/2.8)	(38.3/46.8/12.7/2.1/0)	(42.8/39.3/10.7/7.1/0)
<b>Treatment (%)</b>				
HCQ	–	49.4	35.6	39.3
Pred	–	50.1	68.9	42.9
MTX	–	3.8	6.7	0
MMF	–	9.6	22.2	14.3
Aza	–	16.2	17.8	4.8

Patients fulfilling the revised classification criteria for SLE were assessed for disease activity with the British Isles Lupus Assessment Group Index (BILAG). The BILAG index is a clinical measure of disease that distinguishes activity in nine different organ systems. Each organ system was given a grade, A, B, C, D, or E, where A was the most active and E the least active. Grades were converted into numerical scores using the BILAG-2004 index, where A = 12, B = 8, C = 1, D = 0, and E = 0. Global BILAG scores were calculated by adding the sum of the values from all organ systems. Patients with a global score higher than 6 were considered active. The following abbreviations are used: AC, African-Caribbean; W, White; SA, South Asian; EA, East Asian; O, other; HCQ, hydroxychloroquine; Pred, prednisolone; MTX, methotrexate; MMF, mycophenolate mofetil; Aza, azathioprine. Reported in this table are all patients measured for anti-IFN-Abs throughout the duration of the study.

Neutralizing autoantibodies to IFN-I has been reported to develop in patients treated with IFN $\alpha$ 2 or IFN $\beta$  therapy<sup>21,22</sup>; in the majority of patients with autoimmune polyendocrinopathy syndrome type I (APS-1)<sup>23,24</sup> or thymoma<sup>25</sup>; at lower frequencies in rheumatic diseases, including cross-sectional lupus cohorts<sup>26–28</sup>; and more recently in a subset of patients with life-threatening COVID-19.<sup>29,30</sup>

Here, we showed that neutralizing autoantibodies against IFN $\alpha$  (anti-IFN-I-Abs) cross-react with all IFN $\alpha$  subtypes in a cross-sectional and longitudinal cohort of patients with SLE and are associated with significantly reduced levels of circulating IFN $\alpha$  levels, disease activity, and restored B cell responses, suggesting a disease-aggravating role for non-neutralizing anti-IFN-Abs.

## RESULTS

### Neutralizing anti-IFN-Abs reduce circulating IFN $\alpha$ and IFN $\alpha$ downstream signaling

To evaluate whether patients with SLE develop endogenous autoantibodies to IFN $\alpha$  or/and other cytokines, we tested sera from 474 patients with SLE and 312 healthy controls (controls) for autoantibodies (autoAbs) against cytokines with the luciferase immunoprecipitation system (LIPS) assay (clinical characteristic, genders, and ethnicities are reported in Table 1, and the study population described in detail in the STAR Methods). AutoAbs to cytokines were measured in groups that included IFN $\alpha$  (IFN $\alpha$ 1, IFN $\alpha$ 2, IFN $\alpha$ 8, IFN $\alpha$ 21); IFN $\omega$ ; IFN $\gamma$ ; IFN $\beta$ 1; T helper 17 (Th17; IL-17A, IL-17F, IL-22); IFN $\lambda$  (IL-28A, IL-28B, IL-29); interleukin (IL; IL-6, IL-7, IL-10, IL-15, IL-1 $\beta$ ); and tumor necrosis factor (TNF; TNF, LTA, BAFF, APRIL) pools (Figure 1A; Table S2).

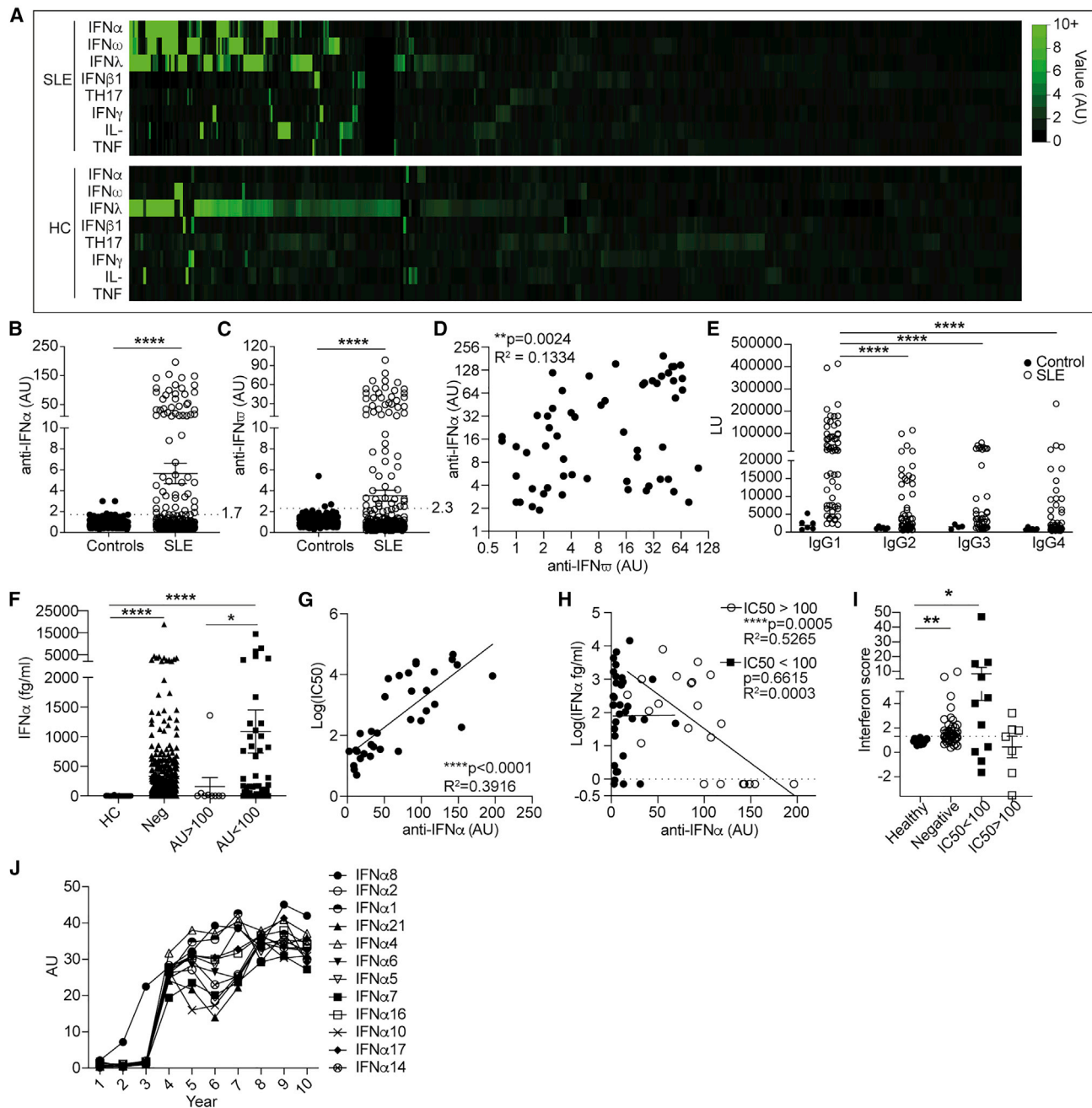
Most autoAbs to cytokines were either undetectable or produced at low concentrations in patient or control sera. High

levels of autoAbs to IFN $\lambda$  were detected in patients and controls (Figure 1A). We detected a significant increase in autoAbs to IFN $\alpha$  (66 out of 474 patients) and IFN $\omega$  (59 out of 474 patients) in patients with SLE compared with controls (Figures 1B and 1C). Reactivity toward IFN-I subtypes was partially overlapping as 12% (n = 43) of patients had autoAbs to both IFN $\alpha$  and IFN $\omega$ , whereas anti-IFN $\alpha$  or -IFN $\omega$  single-positive patients comprised 4% each. Interestingly, the levels of anti-IFN-Abs significantly positively correlated with anti-IFN $\omega$ -Abs (Figure 1D). Due to the well-established role of IFN $\alpha$  in promoting SLE pathogenesis, we focused our attention on the cohort of patients that displayed anti-IFN-Abs. Of note, anti-IFN-Abs were predominantly of the immunoglobulin G1 (IgG1) subclass (Figure 1E).

Quantification of serum IFN $\alpha$  levels with the ultrasensitive Simoa method<sup>31</sup> showed that 93% of patients with SLE had IFN $\alpha$  serum levels over the detection limit (0.7 fg/mL) compared with 30% of controls (Figure S1A). The presence of high titers of anti-IFN-Abs mirrored a significant reduction in the levels of circulating IFN $\alpha$  compared with those who were anti-IFN-Ab negative and with those with low anti-IFN-Ab titers (Figure 1F).

The capacity of anti-IFN-Abs to neutralize IFN $\alpha$  was assessed using a reporter-cell-line-based neutralization assay as previously described.<sup>32</sup> Serum samples with high anti-IFN-Ab levels were more efficient in blocking all tested subtypes (IFN $\alpha$ 2, -5, -6, and -8) of IFN $\alpha$  bioactivity *in vitro* (Figures 1G and S1B). Only anti-IFN-Abs with a neutralizing capacity of IC50 >100 negatively correlated with serum levels of IFN $\alpha$  (Figure 1H).

To gain mechanistic insight into the capacity of neutralizing anti-IFN-Abs to reduce downstream IFN-I signaling, we compared the IFN-I composite score,<sup>33</sup> a cumulative measure of mRNA expression of four individual ISGs, *MX1*, *MCL1*, *IRF9*, and *STAT1* (see STAR Methods), in patients with SLE with and without anti-IFN-Abs and controls. IFN-I score was significantly



**Figure 1. Neutralizing anti-IFN-Abs in patients with SLE inversely correlate with circulating IFN $\alpha$**

(A) Heatmap showing levels (arbitrary units [a.u.]) of anti-cytokine autoantibodies (IFN $\alpha$  pool, IFN $\omega$ , IFN $\lambda$  pool, IFN $\beta$ 1, Th17 pool, IFN $\gamma$ , IL-pool, and TNF) in 474 patients with SLE and 312 controls measured by luciferase immunoprecipitation system (LIPS) assay.

(B and C) Levels of (B) anti-IFN $\alpha$  (positive cutoff 1.7 a.u.) and (C) anti-IFN $\omega$  autoantibodies (positive cut-off 2.3 a.u.) in sera from 474 patients with SLE and 312 controls.

(D) Correlation between serum titers of anti-IFN $\alpha$  and anti-IFN $\omega$ -autoantibodies in autoantibody-positive patients.

(E) IgG subclasses of anti-IFN-Abs represented as luciferase units (LUs) for patients with SLE (n = 59) and controls (n = 6).

(F) Serum IFN $\alpha$  concentration of patients with SLE with high (>100 a.u.), low (<100 a.u.), or negative (<1.9 a.u.) titers of anti-IFN-Abs and controls.

(G) Correlation between IC50 and titer of neutralizing anti-IFN-Abs.

(H) Correlation between serum IFN $\alpha$  concentrations (measured by Simoa assay) and anti-IFN $\alpha$ -autoAb titers for patients with SLE grouped according to neutralization capacity (neutralizing IC50 > 100, non-neutralizing IC50 < 100).

(legend continued on next page)

higher in anti-IFN-Ab-negative and non-neutralizing anti-IFN-Ab patients compared with controls and with patients with neutralizing anti-IFN-Abs. The latter displayed an IFN-I score comparable to controls (Figures 1I and S1C). We measured anti-IFN-Ab titers longitudinally over an average of 10 years from the first sample collection. All patients tested have autoAbs against 12 subtypes of IFN $\alpha$  (IFN $\alpha$ 1, -2, -4, -5, -6, -7, -8, -10, -14, -16, -17, and -21) at high titers (Figures 1J and S1D).

### Neutralizing anti-IFN-Abs are a proxy for persistent low levels of IFN $\alpha$ and are associated with a better clinical outcome

We next investigated the effect that the presence of neutralizing anti-IFN-Abs has on disease severity. Patients with at least one neutralizing Ab against an IFN $\alpha$  subtype displayed significantly lower disease activity (as measured by the British Isles Lupus Assessment Group [BILAG] global score [GS]) compared with patients without anti-IFN-Abs in circulation or patients with non-neutralizing anti-IFN-Abs (Figure 2A). Notably, 5 out of 6 patients with neutralizing anti-IFN-Abs that had active disease (GS  $\geq$  5) at the time of sampling displayed a consistently reduced GS in the follow-up clinic appointments, suggesting that the generation of neutralizing anti-IFN-Abs precedes amelioration of disease (Figure S3A). The analysis of organ involvement is depicted in Figure S2. Renal, skin, and musculoskeletal involvement was more common in patients with non-neutralizing Abs than in patients negative for these Abs.

To understand the stability of the anti-IFN-Abs, we assessed the kinetics of anti-IFN-Ab production, circulating IFN $\alpha$  levels, and disease activity in a longitudinal cohort (30 patients with SLE) over a 10-year period (cohort's demographics is presented in Table S2). The presence of high titers of neutralizing anti-IFN-Abs mirrored a reduction of serum pan-IFN $\alpha$  protein to undetectable levels. The prolonged presence of neutralizing anti-IFN-Abs together with a consistently low IFN $\alpha$  concentration also paralleled a persistent inactive clinical score (Figure 2B). Patients with non-neutralizing anti-IFN-Abs in circulation present with high levels of serum IFN $\alpha$  and a more severe disease activity (Figure 2C). We also observed reduced titers of anti-dsDNA autoAbs in patients with neutralizing anti-IFN-Abs but no changes in C3 levels between the different groups (Figures S3B and S3C).

Follow-up analysis of organ involvement showed that both the negative and non-neutralizing groups experienced more disease flares in the renal, musculoskeletal, skin, and hematological systems compared with patients with neutralizing anti-IFN-Abs (Figure S3D). One individual in the neutralizing anti-IFN-Ab group maintained a B score in renal activity; however, this patient had consistently high Ab titers and neutralizing capacity with undetectable serum IFN $\alpha$  for the entire duration and displayed inactive disease in all other organ systems.

The bioactivity of IFN $\alpha$  from the sera of non-neutralizing anti-IFN-Ab and anti-IFN-Ab-negative patients was similar, confirming that non-neutralizing anti-IFN-Abs do not neutralize circulating IFN $\alpha$  (Figure S3E). These results suggest that non-neutralizing anti-IFN-Abs may stabilize circulating IFN $\alpha$  levels as previously suggested for other cytokines.<sup>34–36</sup> Patients lacking anti-IFN-Abs present active disease over time (Figure 2D). Neither the titers of anti-IFN-Abs nor IFN $\alpha$  serum levels were affected by treatment regime (Figures S3F–S3H).

### Restored B cell populations in patients with SLE with neutralizing anti-IFN-Abs

Patients with SLE are known to present with a variety of B cell abnormalities, including increased frequencies of immature, DN B cells and plasmablasts and a decrease in Bregs.<sup>1–3</sup> Previous work by us and others has demonstrated that the level of exposure to IFN $\alpha$  determines immature B cell fate.<sup>5,6,37</sup> Whereas exposure of immature B cells to low-moderate concentrations of IFN $\alpha$  simultaneously expand both Bregs and plasmablasts, high concentrations of IFN $\alpha$  (observed in patients with SLE) biases B cell differentiation toward pro-inflammatory plasmablasts and plasma cells.<sup>6</sup> To evaluate whether the presence of neutralizing anti-IFN-Abs is associated with a normalization of the B cell frequencies and their responses, we quantified *ex vivo* B cell subset frequencies in patient groups defined by the presence or absence of neutralizing and non-neutralizing anti-IFN-Abs and controls (Table S3). Anti-IFN-Ab-negative patients showed a significant increase in immature, DN (CD27<sup>−</sup>IgD<sup>−</sup>) and plasmablast (CD27<sup>+</sup>IgD<sup>−</sup>CD38<sup>hi</sup>) B cells and a reduced frequency of unswitched memory (USM; CD27<sup>+</sup>IgD<sup>+</sup>) and class-switched memory (CD27<sup>+</sup>IgD<sup>−</sup>CD38<sup>low</sup>) B cells compared with controls (Figures 3A and 3B; gating strategy in Figure S4A).

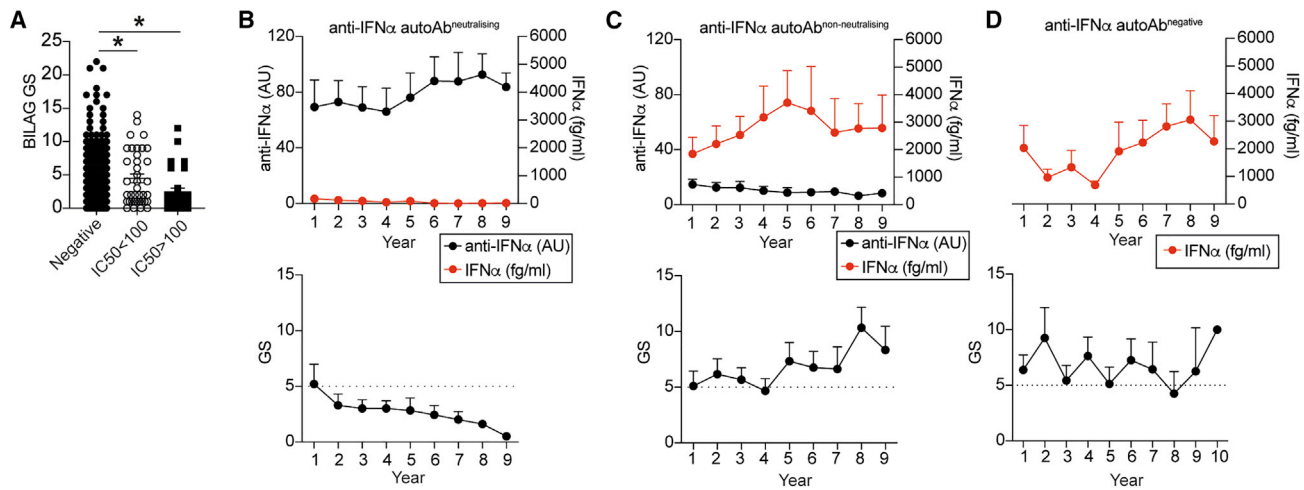
Patients with neutralizing (IC50 > 100) anti-IFN-Abs have similar B cell subset frequencies to controls except for class-switched memory (CD27<sup>+</sup>IgD<sup>−</sup>CD38<sup>lo</sup>) B cells. In contrast, patients with non-neutralizing (IC50 < 100) anti-IFN-Abs display the same degree of altered subset frequencies as anti-IFN-Ab-negative patients (Figure 3C). We show no differences in the frequencies of T follicular helper cell (T<sub>FH</sub>) subsets (circulating [cT<sub>FH</sub>] or activated [aT<sub>FH</sub>]) between patients and controls (Figures S5A and S5B). No differences were detected in CD4<sup>+</sup>CXCR5<sup>−</sup>PD-1<sup>+</sup> T peripheral helper cells (TPH) frequencies, previously described to be expanded in patients with SLE and to be drivers of disease activity<sup>38</sup> between controls and any group of patients with SLE (Figure S5C). This supports a direct role of anti-IFN-Abs in normalizing B cell subset frequencies rather than indirectly via modifications to the T<sub>FH</sub> or TPH compartment.

To establish whether B cells from patients with SLE with anti-IFN-Abs have regained the capacity to differentiate into Bregs (hereafter defined as IL-10<sup>+</sup> B cells), we stimulated peripheral blood mononuclear cells (PBMCs) from patients with SLE and

(I) Interferon score of PBMCs isolated *ex vivo* from patients with neutralizing (n = 8) or non-neutralizing (n = 16) anti-IFN-Abs, anti-IFN-Ab-negative patients with SLE (n = 54), and controls (n = 17). Data represented are a cumulative score of the expression of ISGs *MX1*, *MCL1*, *IRF9*, and *STAT1* measured by qRT-PCR and relative to *GAPDH*.

(J) Representative graph showing the titers of neutralizing anti-IFN-Abs against IFN $\alpha$  subtypes longitudinally in one patient with SLE.

\*p < 0.05, \*\*p = 0.01, \*\*\*\*p < 0.0001 by (D) unpaired Student's t test with Welch's correction, (E and F) Kruskal-Wallis test with Dunn's multiple comparison, (G) two-tailed Spearman correlation, and (I) Mann-Whitney test. Error bars are shown as mean  $\pm$  SEM.



**Figure 2. Neutralizing anti-IFN-Abs are longitudinally stable, neutralize IFN $\alpha$  *in vivo*, and are associated with inactive disease**

(A) Graph shows disease activity as assessed by British Isles Lupus Assessment Group (BILAG) global score (GS) for patients with SLE with neutralizing (IC50 > 100) (n = 28) and non-neutralizing (IC50 < 100) anti-IFN-Abs (n = 47) and anti-IFN-Ab-negative patients (n = 375).

(B–D) Longitudinal analysis of anti-IFN-Ab titers, serum IFN $\alpha$  levels, and GSs for (B) 11 patients with SLE with neutralizing anti-IFN-Abs, (C) 10 patients with SLE with non-neutralizing anti-IFN-Abs, and (D) 9 anti-IFN-Ab-negative patients with SLE. Dotted lines at y = 5 indicate the point at which the GS is considered as active disease.

\*p < 0.05 by (A) Kruskal-Wallis test with Dunn’s multiple comparison. Error bars are shown as mean  $\pm$  SEM.

controls with CpGC for 72 h to induce IFN $\alpha$  production by plasmacytoid DCs (pDCs) and IL-10<sup>+</sup> B cell differentiation, as previously shown by our group.<sup>39</sup> There was a significant decrease in IL-10<sup>+</sup> B cell frequencies in anti-IFN $\alpha$ -autoAb-negative and non-neutralizing anti-IFN-Ab patients but not in patients with neutralizing anti-IFN-Abs compared with controls (Figure 3D).

### IFN $\alpha$ -induced immature and plasmablast B cell expansion is inhibited by IgG from patients with SLE with neutralizing anti-IFN-Abs

In response to viral infections, pDCs rapidly produce IFN $\alpha$  that drives B cell maturation into plasma cells producing Abs against viral antigens.<sup>5</sup> In view of the recent findings showing the detrimental effect of neutralizing anti-IFN-Abs in patients with COVID-19, it is important to understand the impact of neutralizing anti-IFN-Abs on “nascent” IFN $\alpha$  produced by challenged pDCs and how this affects healthy B cell differentiation. PBMCs from controls were stimulated with CpGC and cultured, respectively, with purified total IgG from patients with SLE with no Abs (negative), with non-neutralizing anti-IFN-Abs, and with neutralizing anti-IFN-Abs. Healthy allogeneic IgG was used as a control. An Fc blocking reagent was included to remove the IgG-mediated activation of FcR-expressing immune cell subsets. Inclusion of the Fc blocking reagent did not alter frequencies of immature B cells, plasmablasts, or Blimp1<sup>+</sup> or IL-10<sup>+</sup> B cells compared with CpGC stimulation alone (Figure S5D).

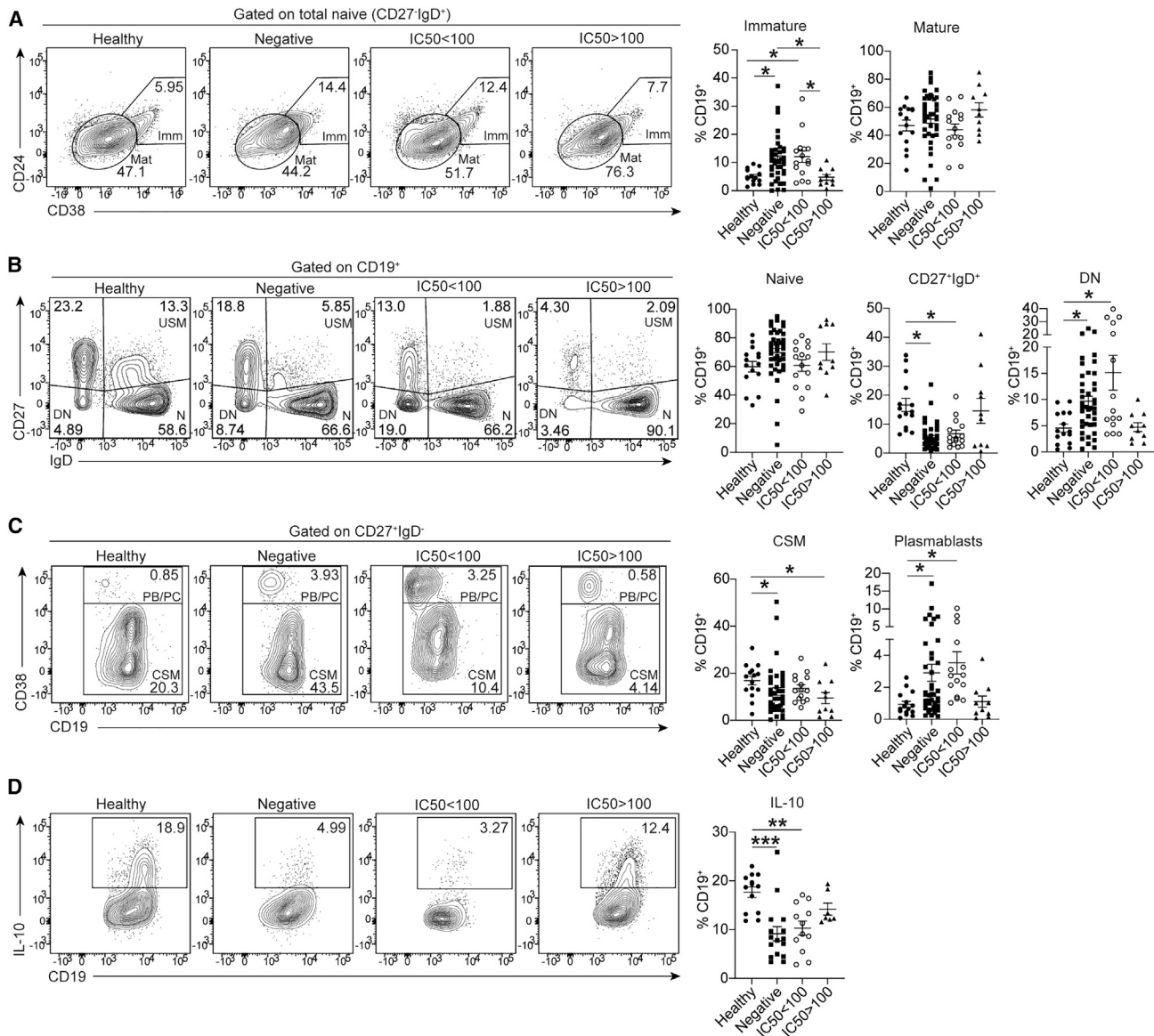
IgG from patients containing neutralizing anti-IFN-Abs significantly downregulated ISG expression in cultured CpGC-stimulated control PBMCs, confirming their ability to inhibit IFN $\alpha$  downstream signaling (Figure 4A). IgG from patients with neutralizing anti-IFN-Abs reduced the levels of IFN $\alpha$  in culture supernatants, whereas non-neutralizing anti-IFN-Abs increased

IFN $\alpha$  concentrations (Figure 4B). Control IgG or IgG from patients with SLE lacking anti-IFN-Abs show no effect.

Addition of control IgG, or IgG from anti-IFN-Ab-negative patients with SLE, did not impair the CpG-induced expansion of immature B cells and plasmablasts. IgG isolated from patients with neutralizing anti-IFN-Abs significantly reduced the expansion of immature B cells and plasmablasts, with the latter also confirmed by a reduced Blimp1 expression, compared with non-neutralizing anti-IFN-Abs (Figures 4C and 4D). IgG from patients with non-neutralizing anti-IFN-Abs increased the frequencies of immature B cells and plasmablasts (and Blimp1<sup>+</sup> B cells), suggesting that these autoAbs stabilize IFN $\alpha$  and enhance B cell responses to IFN $\alpha$ . Only IgG from patients with neutralizing anti-IFN-Abs halted the CpGC-driven IL-10<sup>+</sup> B cell expansion, further confirming their neutralization capacity and the requirement of optimal IFN $\alpha$  levels for Breg differentiation (Figure 4E).

## DISCUSSION

In summary, we report that a subset of patients with SLE harbor neutralizing anti-IFN-Abs that can modulate B cell responses and are associated with a better disease outcome. This is in contrast to patients with non-neutralizing low titers of anti-IFN-Abs, which appear to stabilize IFN $\alpha$  in the blood and expand circulating frequencies of DN memory B cells and plasmablasts. It has been previously shown that CD11c<sup>+</sup> DN B cells are pathogenic in SLE. Although we have not specifically measured this population, it is interesting that the DN B cells were reduced in patients with neutralizing anti-IFN-Abs. Future work with a larger cohort of patients quantifying frequencies of CD11c<sup>+</sup>Tbet<sup>+</sup> DN B cells and their association with the development of neutralizing versus non-neutralizing anti-IFN-Abs are warranted.



**Figure 3. Patients with SLE with neutralizing anti-IFN-Abs display normalized frequencies of peripheral blood B cell subsets**

(A–C) Representative contour plots and graphs shown for patients with SLE with neutralizing anti-IFN-Abs ( $n = 10$ ) or non-neutralizing anti-IFN-Abs ( $n = 14$ ), anti-IFN-Ab-negative patients with SLE ( $n = 41$ ), and healthy individuals ( $n = 15$ ). *Ex vivo* frequencies of (A) immature (Imm;  $CD24^{hi}CD38^{hi}$ ) and mature (Mat;  $CD24^{int}CD38^{int}$ ) B cells gated within the naive ( $CD27^{-}IgD^{+}$ ) subset; (B) naive (N;  $CD27^{-}IgD^{+}IgM^{+}$ ) unswitched memory (USM;  $CD27^{+}IgD^{+}$ ) and double-negative (DN;  $CD27^{-}IgD^{-}$ ) B cells gated within the total  $CD19^{+}$  population; and (C) class-switched memory B cells (CSMs) and plasmablasts/plasma cells (PB/PC) gated within the  $CD27^{+}IgD^{-}$  subset. All values are given as the percentage of total  $CD19^{+}$  population (gating strategy in Figure S3A).

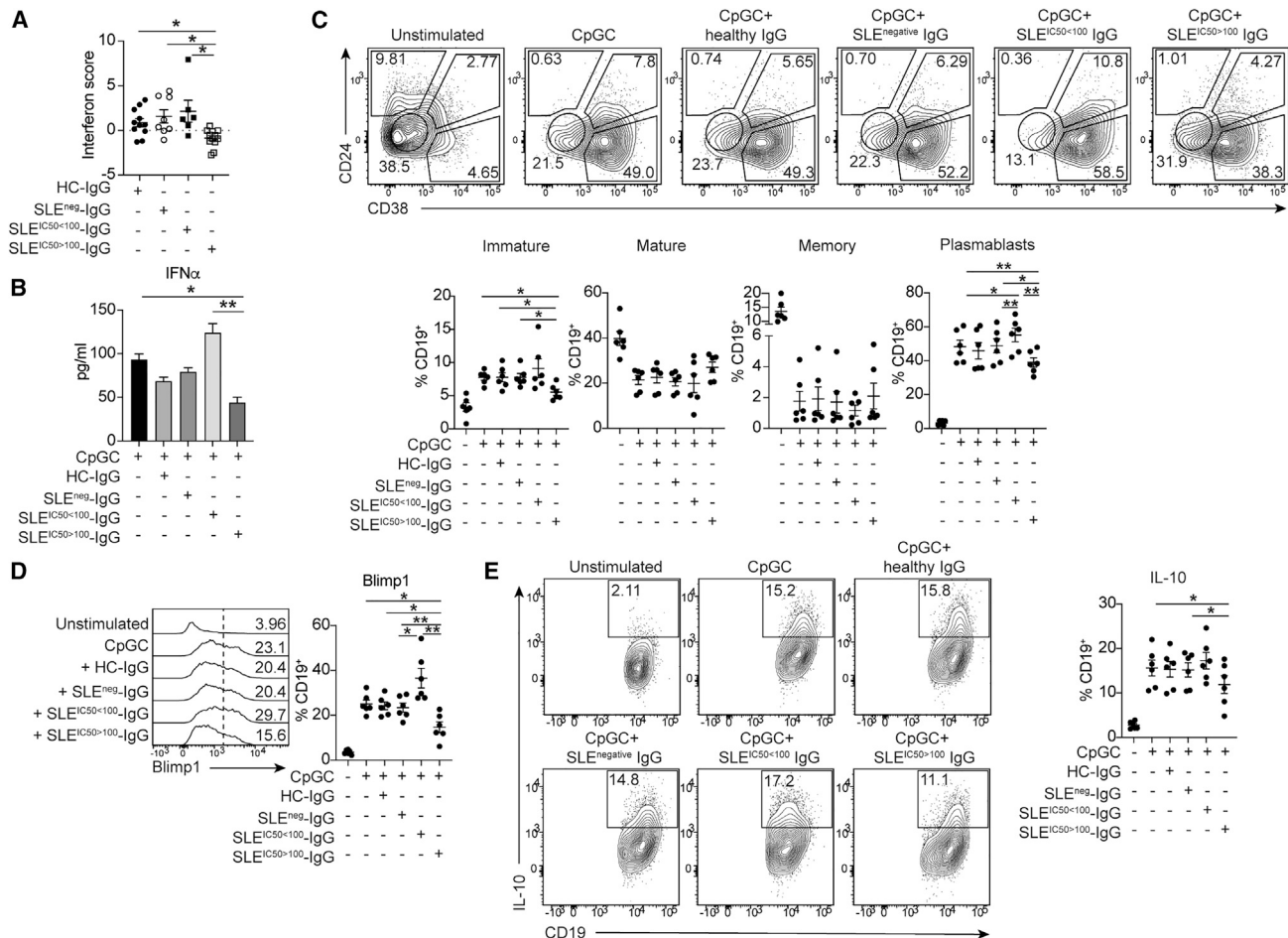
(D) Representative contour plots and graphs show frequencies of  $IL-10^{+}$  B cells within the total  $CD19^{+}$  population following 72 h *in vitro* CpG stimulation of PBMCs isolated from patients with SLE with neutralizing anti-IFN-Abs ( $n = 7$ ) or non-neutralizing anti-IFN-Abs ( $n = 12$ ), anti-IFN-Ab-negative patients with SLE ( $n = 16$ ), and healthy individuals ( $n = 13$ ).

\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  by non-parametric Kruskal-Wallis test with Dunn's multiple comparison. Error bars are shown as mean  $\pm$  SEM. Data are representative of at least 3 independent experiments.

The association of non-neutralizing anti-IFN-Abs with high  $IFN\alpha$  concentrations is intriguing. It has been previously suggested that in certain cases, including more recently in patients with COVID-19,<sup>40</sup> circulating autoAbs can increase the half-life of the molecule they bind, possibly through the uptake and release of immune complexes by the neonatal Fc receptor on

endothelial cells.<sup>41,42</sup> In addition, autoAb binding may change the conformation of  $IFN\alpha$  and lead to more efficient binding to the receptor.

The cellular source of these anti-IFN-Abs remains unknown. It is plausible to speculate that anti-IFN-Abs could be produced either by a pool of memory B cells that, upon  $IFN\alpha$



**Figure 4. IgG from patients with neutralizing anti-IFN-Abs inhibits healthy B cell responses to IFN $\alpha$  PBMCs from controls were stimulated with CpGC in the presence of IgG purified from controls, patients with SLE lacking anti-IFN-Abs, or patients with SLE with non-neutralizing or neutralizing anti-IFN-Abs**

(A) Graphs shows IFN score of control PBMCs following IgG exposure.

(B) Graph showing levels of IFN $\alpha$  in culture supernatants following IgG exposure.

(C) Representative contour plots and graphs show frequencies of CD24<sup>hi</sup>CD38<sup>hi</sup> (Imm), CD24<sup>int</sup>CD38<sup>int</sup> (Mat), CD24<sup>+</sup>CD38<sup>lo</sup> (Memory [Mem]) B cells, and CD24<sup>lo/-</sup>CD38<sup>hi</sup> (PBs).

(D) Histogram and graph show frequencies of Blimp1<sup>+</sup> B cells following culture.

(E) Representative contour plots and graph show frequencies of IL-10<sup>+</sup> B cells.

\*p < 0.05, \*\*p < 0.01 by one-way ANOVA with Tukey's multiple comparisons test (A and C–E) or Mann-Whitney test (B). Error bars are shown as mean  $\pm$  SEM. Data are representative of 2 independent experiments.

challenge, such as following infection, induce the production of anti-IFN-Abs. However, our findings showing a persistent presence of autoAbs matching dramatically reduced levels of IFN-I and clinical score suggest a role for long-lived plasma cells in the production of these Abs. Due to the reduced disease severity afforded by the presence of high titers of neutralizing anti-IFN-Abs, none of these patients were treated with rituximab, which would abrogate circulating IFN $\alpha$ -specific memory B cells.

Our findings are relevant in the current COVID-19 pandemic, where anti-IFN-I-Abs and impaired IFN signaling have been associated with higher susceptibility for serious illness.<sup>29</sup> When administering anti-IFN-I blockade therapy (e.g., anifrolumab, a human monoclonal Ab to IFN-I subunit 1), measuring levels of

anti-IFN-Abs in patient sera would be clinically more practical than measuring the IFN-I PBMC gene signature for pre-screening patients. Anifrolumab has been now approved as a therapy for patients with SLE with moderate and severe disease. It would be important to pre-screen patients to establish the presence and neutralization capacity of anti-IFN-Abs and exclude these patients from this treatment.

#### Limitations of the study

The scale of our analysis of B cells/PBMCs from these patients was limited by restricted sample availability due to the COVID-19 pandemic.

As discussed, the cellular source of neutralizing and non-neutralizing anti-IFN-Abs remains to be determined. Unfortunately,



this type of analysis requires a substantial amount of peripheral blood, which we are unable to obtain both because patients with SLE are frequently lymphopenic and our ethics only permit us to draw 25 mL blood per clinic visit.

The pathogenic role of non-neutralizing autoAbs through stabilization of IFN $\alpha$  levels in the circulation was suggested through indirect evidence; this has yet to be formally proven. Our study was also unable to discriminate autoAb avidity from concentration.

## STAR★METHODS

Detailed methods are provided in the online version of this paper and include the following:

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## SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.xcrm.2022.100894>.

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## AUTHOR CONTRIBUTIONS

H.F.B., L.H., and M.M. designed and performed experiments. T.C.R.M. provided patient and healthy control IgG. K.S. and M.V. assisted with experiments. D.A.I., R.A., C.W., and R.F.G. provided clinical information and expertise. D.D., P.P., and V.B. provided serum IFN $\alpha$  measurements. C.M. and K.K. designed experiments and conceptualized and supervised the study.

## DECLARATION OF INTERESTS

K.K. and P.P. have ownership of the patent USA20190071499A1.

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
<b>Antibodies</b>		
Anti-pan-IFN $\alpha$ (capture), 8H1 clone	ImmunoQure	N/A
Anti-pan-IFN $\alpha$ (detection), 12H15 clone	ImmunoQure	N/A
Biotin mouse anti-Human IgG1	BD Pharmingen	Cat# 555869; RRID:AB_396187
Biotin Mouse anti-human IgG2	BD Pharmingen	Cat# 555874; RRID:AB_396190
Biotin Mouse anti-Human IgG4	BD Pharmingen	Cat# 555882; RRID:AB_396194
Monoclonal anti-Human IgG3-Biotin	Sigma Aldrich	Cat# B3523-2ML; RRID:AB_258549
CD19 BV785, Clone HIB19	Biolegend	Cat# 363028; RRID:AB_2564257
CD24 APCeFluor780, Clone SN3 A5-2H10	ThermoFisher Scientific	Cat# 47-0247-42; RRID:AB_10735091
CD38 PerCPeFluor710, Clone HB7	ThermoFisher Scientific	Cat# 46-0388-42; RRID:AB_1834399
CD27 PE/Cy7, Clone M-T271	Biolegend	Cat# 356412; RRID:AB_2562258
IgD BV605, Clone IA6-2	Biolegend	Cat# 348232; RRID:AB_2563337
IL-10 APC, Clone JES5-16E3	BD Pharmingen	Cat# 17-7101-82; RRID:AB_469502
Blimp1 Alexa Fluor 488, Clone 646702	Biotechne	Cat# IC36081G; RRID:AB_11129439
CD3 Alexa Fluor 488, Clone UCHT1	Biolegend	Cat# 300415; RRID:AB_389310
CD4 PE/Dazzle595, Clone A161A1	Biolegend	Cat# 357412; RRID:AB_2565664
CXCR5 BV421, Clone J252D4	Biolegend	Cat# 356920; RRID:AB_2562303
CCR7 BV785, Clone G043H7	Biolegend	Cat# 353230; RRID:AB_2563630
ICOS PE/Cy7, Clone 7E.17G9	Biolegend	Cat# 117422; RRID:AB_2860637
PD-1 BUV737, Clone EH12.1	BD PharMingen	Cat# 612792; RRID:AB_2870119
<b>Biological samples</b>		
Human serum from healthy controls and SLE patients	University College London Hospital, London UK, Tartu, Estonia.	N/A
Primary human peripheral blood mononuclear cells from healthy controls and SLE patients	University College London Hospital/UCL, London, UK.	N/A
<b>Chemicals, peptides, and recombinant proteins</b>		
Recombinant human IFN- $\alpha$ 2	Miltenyi Biotech	Cat# 130-093-874
Human IFN-Alpha Sampler Set	PBL Assay Science	Cat# 11002
Nano-Glo luciferase assay reagent	Promega	Cat# N1110
QUANTI-Blue colorimetric enzyme assay	InvivoGen	Cat# rep-gbs
CpGC ODN 2395	Invivogen	Cat# tlr1-2395
Phorbol-12-myristate-13 acetate (PMA)	Sigma Aldrich	Cat# 79346
Ionomycin	Sigma Aldrich	Cat# I9657
Brefeldin A	Sigma Aldrich	Cat# B5936
<b>Critical commercial assays</b>		
PicoPure <sup>(TM)</sup> RNA Isolation Kit	ThermoFisher Scientific	Cat# KIT0204
iScript <sup>(TM)</sup> cDNA Synthesis Kit	BioRad	Cat# 1708891
iQ <sup>(TM)</sup> SYBR <sup>(R)</sup> Green Supermix	BioRad	Cat# 1708882
RNase-Free DNase Set	QIAGEN	Cat# 79254
Human Interferon Alpha 2 ELISA Kit	Abcam	ab233622
Multi-IFN-Alpha subtype quantification Digital ELISA kit (Simoa)	Quanterix	Beta-version
<b>Experimental models: Cell lines</b>		
HEK293	ATCC	Cat # CRL-1573; RRID:CVCL_0045
HEK-Blue IFN- $\alpha$ / $\beta$	InvivoGen	Cat# hkb-ifnab; RRID:CVCL_KT26

(Continued on next page)

**Continued**

REAGENT or RESOURCE	SOURCE	IDENTIFIER
<b>Oligonucleotides</b>		
Hs_IRF9_1_SG QuantiTect Primer Assay	QIAGEN	Cat# 249900; GeneGlobe ID: QT00001113
Hs_MCL1_1_SG QuantiTect Primer Assay	QIAGEN	Cat# 249900; GeneGlobe ID: QT00094122
STAT1 Quantitect primer pair	QIAGEN	Cat# 249900; GeneGlobe ID: QT00074123
MX1 custom primer pair	ThermoFisher Scientific	Sequences provided in <a href="#">methods</a>
GAPDH custom primer pair	ThermoFisher Scientific	Sequences described in <a href="#">methods</a>
<b>Recombinant DNA</b>		
pPK-CMV-F4 fusion vector	PromoCell	N/A
<b>Software and algorithms</b>		
GraphPad Prism 9	Graphpad Software	<a href="http://www.graphpad.com">http://www.graphpad.com</a>
Flowjo v.10	Flowjo, LLC	<a href="https://flowjo.com">https://flowjo.com</a>
RStudio v 1db809b8	RStudio, PBC	<a href="https://www.rstudio.com">https://www.rstudio.com</a>
<b>Other</b>		
RPMI-1640 media	Sigma Aldrich	Cat# R8658
DMEM media	Lonza	Cat# 12-614F
Fetal calf serum (FCS)	Biosera	Cat# FB1001/500
Penicillin/Streptomycin	Sigma Aldrich	Cat# P0781
Antibiotic/Antimycotic Mix	Corning	Cat# 30-004-CI
Blasticidin	InvivoGen	Cat# anti-bl-05
Zeocin	InvivoGen	Cat# ant-zn-05
Trypsin	Corning	Cat# 25-052-CI
Lipofectamine	Invitrogen	Cat# 11668-019
OptiMem	Gibco	Cat# 31985-062
Protein G Agarose High Flow Resin	Exalpha Biologicals	Cat# COP28
Streptavidin Agarose Beads	NovaGen	Cat# 69203-3
FcR Blocking Reagent, human	Miltenyi Biotec	Cat# 130-059-901
eBioscience Intracellular Fixation and Permeabilization buffer set	ThermoFisher Scientific	Cat# 88-8824-00
LIVE/DEAD <sup>(TM)</sup> Fixable Blue Dead Cell Stain Kit	ThermoFisher Scientific	Cat# L23105
Protein G FF column (1mL)	Generon	Cat# NB-45-00,048-1-1
Amicon-15 (50kDa NWCO)	Merck	Cat# UFC505096
Pierce(TM) High Capacity Endotoxin Removal Spin Columns, 0.5mL	ThermoFisher Scientific	Cat# 88276
Pierce(TM) BCA Protein Assay Kit	ThermoFisher Scientific	Cat# 23225

**RESOURCE AVAILABILITY**

**Lead contact**

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Professor Claudia Mauri ([c.mauri@ucl.ac.uk](mailto:c.mauri@ucl.ac.uk)).

**Materials availability**

This study did not generate new unique reagents.

**Data and code availability**

- Data reported in this paper will be shared by the [lead contact](#) upon request.
- This paper does not report original code.
- Any additional information required to reanalyze the data reported in this work paper is available from the [lead contact](#) upon request.

## EXPERIMENTAL MODEL AND SUBJECT DETAILS

### Study population

Blood samples for PBMC and serum isolation were collected from SLE patients attending the University College London Hospital (UCLH) rheumatology clinic, and from healthy volunteers following informed consent. Ethical approval was obtained from the UCLH Health Service ethical committee, under REC reference no. 14/SC/1200. Sample storage complied with requirements of the Data Protection Act 1998.

The study was designed in a cross-sectional manner. During the period 2009–2020, 501 patients were recruited at University College London Hospital (UCLH) rheumatology clinic. All patients had to have a diagnosis of SLE satisfying at least 4 of the 11 American College of Rheumatology classification criteria and updated in 1997, with a disease duration of  $\geq 6$  months.<sup>43,44</sup> Patients were positive for antinuclear antibody (ANA or anti-double-stranded DNA (dsDNA) antibodies.

Exclusion criteria were an age under 18, history of treatment with rituximab, participation in any interventional trial and pregnancy. Patients with severe CNS lupus, congestive heart failure, a history of cancer, severe glomerulonephritis, a history of recurrent or active infections such as HIV, tuberculosis, hepatitis B/C viruses and a history of demyelinating disease, for example, multiple sclerosis or optic neuritis, were also excluded.

All participants underwent a structured examination by a rheumatologist. BILAG SLE criteria were recorded.<sup>45</sup> Disease duration was defined as the time (years) from the first point at which an SLE diagnosis was documented in the patient records, until inclusion into this cohort. Disease activity was assessed by the British Isles Lupus Assessment Group (BILAG), a standardized disease activity assessment. Blood tests are performed as part of routine clinic visits and include: anti-dsDNA (double stranded DNA) autoantibody titers, complement C3 levels, complete blood counts, urea/electrolytes/serum creatinine, leukocyturia and haematuria, and a dip stick test for protein with a protein:creatinine ratio requested if + or more is recorded. Fever was defined as a body temperature above 38.5°C, weight loss as a loss of at least 5% of body weight, and cytopenia as leukopenia  $<3$  G/L or thrombocytopenia  $<100$  G/L. Leukopenia related to drugs or benign ethnic causes were not scored in the BILAG.

To provide numerical scores, we used a previous weighting system that assigned a score of 9 to active manifestations (grade A in the BILAG), 3 to grade B manifestations, 1 to grade C manifestations, and 0 to grade D and E manifestations. We used the sum of these scores as a summary index (possible range 0–72).<sup>45</sup> Low lupus disease activity was defined as a BILAG global score of  $\leq 5$  with no activity in major organ systems and no hemolytic anemia or gastrointestinal activity, without new lupus disease activity compared with the previous assessment, and with corticosteroid treatment up to 7.5 mg/day of prednisone (treatment with an immunosuppressant and/or hydroxychloroquine (HCQ) were allowed).<sup>46</sup> In the case of multiple serum samples at different dates for the same patient, only the oldest one was included and established as day 0. The kinetics of anti-IFN- $\alpha$ -autoantibody levels over time were determined in all the available serum samples of patients who tested positive for anti-IFN-Ab more than once.

Demographics, clinical characteristics, routine laboratory testing and therapeutic regimen (reported in Tables 1, S2 and S3) were collected from electronic medical files of the visit to the clinic recorded on the day blood was drawn (Day 0). Healthy controls from UCLH and UCL were enrolled after informed consent.

### Cell and cell lines

#### Primary cells

Prior to experiments, PBMCs from healthy controls and SLE patients were stored in liquid nitrogen in cryovials containing 10% DMSO and 90% fetal calf serum (FCS) and were thawed in warm RPMI 1640 (Sigma-Aldrich) supplemented with 10% FCS and 100 IU/mg penicillin/streptomycin (Sigma-Aldrich). For primary cell cultures, PBMCs were seeded in 96-well plates at a density of  $5 \times 10^5$  cells/mL in RPMI 1640 supplemented with 10% FCS and 100 IU/mg penicillin/streptomycin. PBMCs were stimulated with 1  $\mu$ M CpGC ODN 2395 (InvivoGen), then incubated for 72 hrs at 37°C and 5% CO<sub>2</sub>. For IgG cultures, PBMCs from healthy donors were cultured at  $5 \times 10^6$  cells/mL with 1  $\mu$ M CpGC, sodium azide-free Fc blocking reagent (Miltenyi) and 200  $\mu$ g/mL IgG isolated from healthy donors or SLE patients.

#### Cell lines

HEK293 cells were thawed and plated in DMEM (Lonza) containing 10% FCS and Antibiotic/Antimycotic mix (Corning) into 10mL tissue culture plates. Cells were incubated at 37°C and 5% CO<sub>2</sub> for 72h. Cells were washed with PBS and detached with warm trypsin (Corning) for 1 min. Trypsin was inactivated with the medium and cells pelleted, then seeded at 250,000 cells per 3mL well of a 6 well plate in DMEM containing 10% FCS and Antibiotic/Antimycotic mix. Following overnight incubation at 37°C 5% CO<sub>2</sub> cells were transfected with 4  $\mu$ g DNA, 8  $\mu$ L lipofectamine (Invitrogen) and 250  $\mu$ L OptiMem reduced serum media (Gibco).

HEK-Blue cells were thawed and plated in DMEM containing 10% heat-inactivated FCS and Antibiotic/Antimycotic mix in 10mL culture plates. Cells were incubated at 37°C and 5% CO<sub>2</sub> and maintained and subcultured in growth medium supplemented with 30  $\mu$ g/mL blasticidin and 100  $\mu$ g/mL zeocin (Invitrogen). Cells were passaged upon reaching a 70–80% confluency.

## METHOD DETAILS

### PBMC and serum isolation

A total of 50mL whole peripheral blood was collected from an individual patient or healthy donor for PBMC isolation using Ficoll-based density gradient centrifugation. A total of 10mL whole peripheral blood was collected into serum-separator (SST) tubes, centrifuged for 10 min at 1200 g at RT and serum decanted.

### Luciferase immunoprecipitation system (LIPS) assay

LIPS was performed as previously described.<sup>32</sup> Briefly, different IFN $\alpha$  subtype and cytokine sequences were cloned into modified pPK-CMV-F4 fusion vector (PromoCell GmbH, Germany) where Firefly luciferase was substituted in the plasmid for *NanoLuc* luciferase (Promega, USA). Cloned constructs were transfected into HEK293 cells (ATCC), and after 48h tissue culture media containing fusion proteins were collected and stored at  $-20^{\circ}\text{C}$ . IgG from the serum samples was captured onto Protein G Agarose beads (Exalpha Biologicals, USA) at room temperature for 1h in 96-well microfilter plate (Merck Millipore, Germany). Antigens were added to microfilter plate at  $1 \times 10^6$  luminescence units (LU) per well and incubated at room temperature for 1h. After washing the plate with vacuum system, Nano-Glo Luciferase Assay Reagent was added (Promega, USA). Luminescence intensity was measured by VICTOR X Multilabel Plate Reader (PerkinElmer Life Sciences, USA). The results were expressed as arbitrary units (AU) representing the percent of signal intensity from a positive control sample. Positive negative discrimination level was calculated as mean plus 3 SD from 1% trimmed values of healthy controls.

For the detection of IgG subclass-specificity, serum samples were incubated with fusion protein solutions ( $10^6$  LU per well) overnight at  $+4^{\circ}\text{C}$ . Next day, agarose beads bound with streptavidin (Novagen, USA) were incubated with biotin-conjugated human subclass-specific antibodies (anti-IgG<sub>1</sub>, anti-IgG<sub>2</sub>, anti-IgG<sub>4</sub> from BD Pharmingen, USA; anti-IgG<sub>3</sub> from Sigma-Aldrich, USA) in microfilter plates for 1 h at room temperature. Overnight incubated serum samples with fusion protein solutions were added to microfilter plate and incubated at room temperature for 2h. Microfilter plates were washed, and luminescence intensity measured as above. The results were expressed as luminescence units (LU).

### Neutralization assay

Type I interferon neutralizing capacity was measured by using a reporter cell line HEK-Blue IFN- $\alpha/\beta$  (InvivoGen, USA) as previously described.<sup>32</sup> The cells were grown in DMEM (Lonza, Switzerland) with heat-inactivated 10% FBS, 30 g/mL Blastocidin (InvivoGen, USA) and 100 g/mL Zeocin (InvivoGen, USA). IFN- $\alpha 2$  was used at concentration 25 U/mL (Miltenyi Biotech, Germany). Serial dilutions were made to find the optimal dilution for other IFN- $\alpha$  subtypes (IFN- $\alpha 1$ , IFN- $\alpha 4$ , IFN- $\alpha 5$ , IFN- $\alpha 6$ , IFN- $\alpha 7$ , IFN- $\alpha 8$ , IFN- $\alpha 10$ , IFN- $\alpha 14$ , IFN- $\alpha 16$ , IFN- $\alpha 17$ , IFN- $\alpha 21$  from PBL Assay Science, USA). The dilution that induced approximately the same alkaline phosphatase (AP) concentration as IFN- $\alpha 2$  25 U/mL was selected for further neutralization assays.

3-fold serially diluted serum samples were co-incubated with interferons for 2h at  $37^{\circ}\text{C}$ , 5% CO<sub>2</sub>.  $10^5$  IFN- $\alpha$ -HEK-Blue cells were added to microtiter plate wells and incubated 20-24h at  $37^{\circ}\text{C}$ , 5% CO<sub>2</sub>. QUANTI-Blue (InvivoGen, USA) colorimetric enzyme assay was used to determine AP activity in overnight supernatants. Optical density (OD) was measured at 620 nm with Multiscan MCC/340 ELISA reader (Labsystems, USA). Neutralization activity was expressed as IC50, which was calculated from the dose-response curves and represents the serum dilution at which the IFN bioactivity was reduced to half of its maximum.

### IFN $\alpha$ concentration measurement

Simoa digital ELISA was performed to measure IFN $\alpha$  concentration in patient serum. Patient samples were measured either with a homebrew assay previously described<sup>31</sup> with the specific assay details below, or with a prototype multi-IFN- $\alpha$  subtype assay (Quanterix) that utilizes the same mAbs. Two IFN $\alpha$  specific antibodies (cloned from APECED patients) described previously<sup>32</sup> were used. The 8H1 antibody clone was used as a capture antibody after coating on paramagnetic beads (0.3 mg/mL), and the 12H5 was biotinylated (biotin/antibody ratio = 30/1) and used as the detector. The results are expressed in fg/mL, with a detection limit of 0.7 fg/mL.

IFN $\alpha$  concentrations in cell culture supernatants were quantified using a human interferon alpha 2 ELISA Kit (Abcam).

### RT-qPCR

Total RNA was extracted from total PBMCs using the Arcturus PicoPure kit (ThermoFisher) and RNase-Free DNase Set (Qiagen) as per manufacturer's instructions. RNA was reverse transcribed to cDNA using the iScript cDNA synthesis kit (Bio-Rad) RT-qPCR was performed on cDNA samples using the iQ SYBR Green Supermix kit (Bio-Rad) according to manufacturer's instructions. PCR primers used are as follows; *MCL1*, *IRF9*, *STAT1* (QIAGEN), *MX1* (forward, 5' CACCATTCCAAGGAGGTGCACG, reverse, 5' AGTTTCAGCAC CAGCGGGG) and *GAPDH* (forward, 5' CGCTCTCTGCTCCTCCTGTT, reverse 5' GCAAATGAGCCCCAGCCTTCTC). For interferon scores, ISG relative expression values were summed and score calculated as the number of standard deviations (of summed values from healthy donors; SD(HD)) above the mean of summed healthy donor values; MEAN(HD). Cut-off values were calculated as the MEAN(HD) + 2SD(HD).

$$\text{Interferon score} = \frac{\{(SUM(ISIG\ rel.\ xp)) - MEAN(HD)\}}{SD(HD)}$$

### Flow Cytometry staining and analysis

PBMCs were stained at a maximal concentration of  $5 \times 10^6$  cells/mL in staining buffer in the dark (PBS, 2% FCS, 1mM EDTA) or as indicated below. For exclusion of dead cells from analysis, cells were incubated in the dark for 20 min with 1:500 Live/Dead Fixable Blue Dead Cell Stain Kit (ThermoFisher) at room temperature. Cell surface markers were stained with the following directly conjugated antibodies from BioLegend: CD19 BV785 (HIB19), IgD BV605 (IA6-2), CD27 PE/Dazzle 594 (M-T271). CD24 APCeFluor780 (SN3 A5-2H10) and CD38 PerCPeFluor710 (HB7) were purchased from eBioscience. T<sub>FH</sub> staining was performed using the following directly conjugated antibodies; CD3 Alexa Fluor 488 (BioLegend, UCHT1), CD4 PE/Dazzle594 (BioLegend, A161A1), CXCR5 BV421 (BioLegend, J252D4), CCR7 BV785 (BioLegend, G043H7), ICOS PE/Cy7 (BioLegend, 2D3), and PD-1 BUV737 (BD, EH12.1). For multi-colour flow cytometric surface marker analysis cells were stained for 30 min in the dark at 4°C. Cells were incubated for 10 min at 4°C in fixation buffer containing formaldehyde (eBioscience).

For intracellular cytokine staining of cultured cells, cells were stimulated with PMA (50 ng/mL), ionomycin (250 ng/mL) and brefeldin A (5 mg/mL) for the final 5 h of culture. Surface markers and dead cells were stained as previously described. Following fixation cells were permeabilised (eBioscience) and incubated with IL-10 APC (BD, JES5-16E3), Blimp1 Alexa Fluor 488 (R&D systems, 646,702) for 40 min in the dark at 4°C. Cells were acquired using a Digital LSR II flow cytometer (Becton Dickinson).

### IgG isolation from plasma

IgG was purified by affinity chromatography on an AKTA Start (GE Healthcare) using a Protein G column. Protein G column (1mL, Generon) was washed with 5 column volumes (CV) of elution buffer (0.1M Glycine, pH 2.3) before equilibration with 5 CV of binding buffer (100mM sodium phosphate, 140mM sodium chloride, pH 7.2. Plasma (500 $\mu$ L) was thawed at room temperature and diluted 1:1 with binding buffer and injected into a 1mL loop. Protein was injected manually before washing with 5 CV binding buffer and elution across 5mL elution buffer by isocratic wash. Eluted protein was neutralized using 100 $\mu$ L of Tris per 1mL elution buffer. Samples were then dialyzed using a 50kDa cut-off centrifugal concentrator (Millipore). Samples were centrifuged at 3500xg for 12 min before addition of endotoxin-free PBS to a total of 5mL twice. Samples were then quantified by BCA (Pierce) and endotoxin removed by a column method (Pierce high-capacity endotoxin removal columns). Columns were regenerated with 0.2M sodium hydroxide in 95% ethanol for 1 h at room temperature (5CV), then washed with 2M sodium chloride followed by endotoxin-free water (5CV). Columns were equilibrated with endotoxin-free PBS (5CV) and samples applied. Protein was eluted using endotoxin-free PBS and aliquoted to quantify remaining IgG using the Nanodrop system (Pierce).

### QUANTIFICATION AND STATISTICAL ANALYSIS

Flow cytometric data were analyzed with FlowJo software v.10.4.1 (TreeStar). Statistical analysis was performed with GraphPad Prism (La Jolla, USA), using unpaired t tests or non-parametric analysis using the Kruskal-Wallis test with Dunn's multiple comparison test for multiple comparisons, or one-way ANOVA for data passing Shapiro-Wilk normality tests. Correlations were assessed with non-parametric Spearman correlation coefficient. A p value of <0.05 was considered as significant. ns: not significant, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001, \*\*\*\*p < 0.0001.