

HCMV Carriage in the Elderly diminishes Anti-viral Functionality of the Adaptive Immune Response resulting in Virus Replication at Peripheral Sites

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Conflict of interest statement

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

Author contribution statement

SJ, MR and MW designed research. ED, MN, EL, CH, GO, CA and SJ performed research. ED, MN, SJ, MR and MW analysed data. SJ and MW wrote the paper. All authors contributed to the article and approved the submitted version.

Keywords

Human cytomegalovirus (hcmv), Immune senescence, anti-viral T cells, Aging, neutralizing antibodies, Anti-viral assays, latent infection

Abstract

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Human cytomegalovirus (HCMV) infection and periodic reactivation is, generally, well controlled by adaptative immune responses in the healthy. In older people, overt HCMV disease is rarely seen despite the association of HCMV with increased risk of mortality; evidence from studies of unwell aged populations suggest that HCMV seropositivity is an important co-morbidity factor. HCMV genomes have been detected in urine from older donors, suggesting that the immune response prevents systemic disease but possibly immunomodulation due to lifelong viral carriage may alter its efficacy at peripheral tissue sites. Previously we have demonstrated that there were no age-related expansions of T cell responses to HCMV or increase in latent viral carriage with age and these T cells produced anti-viral cytokines and viremia was very rarely detected. To investigate the efficacy of anti-HCMV responses with increasing age, we used an in vitro Viral Dissemination Assay (VDA) using autologous dermal fibroblasts to determine the anti-viral effector capacity of total PBMC, as well as important subsets (T cells, NK cells). In parallel we assessed components of the humoral response (antibody neutralization) and combined this with qPCR detection of HCMV in blood, saliva and urine in a cohort of young and old donors. Consistent with previous studies, we again show HCMV specific cIL-10, IFN γ and TNF α T cell responses to peptides did not show an age-related defect. However, assessment of direct anti-viral cellular and antibodymediated adaptive immune responses using the VDA shows that older donors are significantly less able to control viral dissemination in an in vitro assay compared to young donors. Corroborating this observation, we detected viral genomes in saliva samples only from older donors, these donors had a defect in cellular control of viral spread in our in vitro assay. Phenotyping of fibroblasts used in this study shows expression of a number of checkpoint inhibitor ligands which may contribute to the defects observed. The potential to therapeutically intervene in checkpoint inhibitor pathways to prevent HCMV reactivation in the unwell aged is an exciting avenue to explore.

Contribution to the field

Human cytomegalovirus (HCMV) infection lasts for a lifetime, due to the establishment of a latent persistent infection. HCMV has been associated with detrimental changes to the immune response in older people and an increased risk of mortality from cardiovascular diseases. Overt disease caused by HCMV is rarely seen in the healthy old suggesting that their immune response retains functionality, but the lifelong persistence of HCMV may effect its efficacy. Previous studies of the HCMV immune response in older populations have focused on quantifying the total HCMV specific cellular response to stimulation by HCMV proteins in the absence of an active viral infection, which does not determine the effector function of T cells against a spreading HCMV infection when immune evasion proteins are expressed. Using an autologous viral dissemination assay we showed that total PBMC, CD4+ and CD8+ T cells from older HCMV+ donors had significantly decreased control of viral spread compared to young donors. Serum from young HCMV+ donors demonstrated superior neutralization of epithelial cell infection compared to the old. Finally, we detected HCMV DNA in saliva from older donors only. Together this suggests there is a defect in aspects of the adaptative immune response to HCMV in older donors.

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Ethics statements

Studies involving animal subjects

Generated Statement: No animal studies are presented in this manuscript.

Studies involving human subjects

Generated Statement: The studies involving human participants were reviewed and approved by North of Scotland Research Ethics Committee 1 (NS/17/0110). The patients/participants provided their written informed consent to participate in this study.

Inclusion of identifiable human data

Generated Statement: No potentially identifiable human images or data is presented in this study.

Data availability statement

Generated Statement: The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.



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- 24 Keywords: Human cytomegalovirus (HCMV), immune senescence, anti-viral T cells, aging,
- 25 neutralizing antibodies, anti-viral assays, latent infection. (Min.5-Max. 8)
- 26

27 Abstract

28 Human cytomegalovirus (HCMV) infection and periodic reactivation is, generally, well controlled by 29 adaptative immune responses in the healthy. In older people, overt HCMV disease is rarely seen 30 despite the association of HCMV with increased risk of mortality; evidence from studies of unwell 31 aged populations suggest that HCMV seropositivity is an important co-morbidity factor. HCMV 32 genomes have been detected in urine from older donors, suggesting that the immune response 33 prevents systemic disease but possibly immunomodulation due to lifelong viral carriage may alter its 34 efficacy at peripheral tissue sites. Previously we have demonstrated that there were no age-related 35 expansions of T cell responses to HCMV or increase in latent viral carriage with age and these T cells produced anti-viral cytokines and viremia was very rarely detected. To investigate the efficacy 36 37 of anti-HCMV responses with increasing age, we used an in vitro Viral Dissemination Assay (VDA) 38 using autologous dermal fibroblasts to determine the anti-viral effector capacity of total PBMC, as 39 well as important subsets (T cells, NK cells). In parallel we assessed components of the humoral response (antibody neutralization) and combined this with qPCR detection of HCMV in blood, saliva 40 41 and urine in a cohort of young and old donors. Consistent with previous studies, we again show HCMV specific cIL-10, IFNy and TNFa T cell responses to peptides did not show an age-related 42 43 defect. However, assessment of direct anti-viral cellular and antibody-mediated adaptive immune responses using the VDA shows that older donors are significantly less able to control viral 44 45 dissemination in an in vitro assay compared to young donors. Corroborating this observation, we detected viral genomes in saliva samples only from older donors, these donors had a defect in cellular 46 47 control of viral spread in our *in vitro* assay. Phenotyping of fibroblasts used in this study shows 48 expression of a number of checkpoint inhibitor ligands which may contribute to the defects observed. 49 The potential to therapeutically intervene in checkpoint inhibitor pathways to prevent HCMV 50 reactivation in the unwell aged is an exciting avenue to explore.

51

52 331 words (350 words limit)

53 **1** Introduction

54 Susceptibility to new infections, malignancies and autoimmune diseases with poor outcomes is a

hallmark of aging populations due to age-related changes of the immune response. The main driver

- 56 of the physiological changes that comprise the aging phenomenon throughout the human body is the 57 process of senescence of individual cells (1). Senescent cells are in a state of stable cell arrest
- 57 process of senescence of individual cens (1). Senescent cens are in a state of stable cen arest 58 triggered by a variety of mechanisms including DNA damage due to replication shortening of
- 59 telomeres, stress induced senescence mediated via reactive oxygen species or oncogene induced
- 60 senescence (2). Whilst incapable of replication, these cells are still metabolically active and can
- 61 therefore induce changes in both the local microenvironment and systemically via secretion of
- 62 cytokines and chemokines. Specifically, immunosenescence is the term that refers to the changes in
- 63 immune cell function and subset composition including decreased responsiveness of B cells to
 64 stimulation; and increased activity of dendritic cells in the absence of infection leading to increased
- 65 autoimmune responses (1). It is becoming increasingly clear that another important modulator of the
- 66 immune response and immune cells throughout our lifespan is the human virome, which comprises a
- 67 range of viruses and bacteriophage that co-exist with their host (3). Herpesviruses comprise part of
- this human virome and are characterized by their persistence due to their ability to establish lifelong
- 69 persistent infections and thus the potential to have long term impacts on the immune system (4). Of
- 70 particular interest in understanding how herpes viruses can manipulate the immune response through
- 71 a lifetime of carriage is the beta herpes virus human cytomegalovirus (HCMV) a large DNA virus
- that devotes a prodigious amount of genetic resources for immune modulation (5).
- 73 Primary infection with HCMV does not usually cause obvious disease in healthy people due to the
- 74 induction of a comprehensive immune response involving both secreted and cellular components
- 75 which controls the infection (6). However, HCMV infection can be a significant burden in
- 76 immunocompromised transplant patients (7) and also causes disease when the immune system is
- 77 immature such as the unborn fetus *in utero* (5). Despite this vigorous immune response in the
- healthy, the virus is not cleared from the host and persists as a latent infection in cells of the bone
- 79 marrow and myeloid cells (8). The ability of HCMV to persist as a lifelong latent infection is likely
- due to the large number of immune evasion molecules encoded by the virus during both lytic and
 latent phases of its lifecycle (9-11). A latent infection was characterized by the presence of viral
- genomes in the absence of production of infectious virus but retains the capacity to reactivate (12).
- 82 Whilst this remains true, it is clear that there is gene transcription (13-16) of various latency
- 84 associated transcripts which act to maintain the latent phase of infection and prime the cellular
- 85 environment for reactivation (17-19). Persistence of HCMV in the host is likely maintained by
- 86 periodic phases of reactivation (20, 21) which are usually subclinical and controlled by the memory
- 87 immune responses in the healthy (22). HCMV has been shown to perturb the composition of the
- 88 memory T cell compartment in numerous independent studies (detailed here (22, 23)) resulting in
- 89 expansions of CD4+ and CD8+ polyfunctional (capable of secreting different cytokines and cytotoxic
- 90 functions) HCMV specific T cells with effector memory and differentiated phenotypes (24-26).
- 91 These observations have been confirmed with the results from twin studies with discordant HCMV
- 92 infection status between twins showing that there are increases in effector memory T cell populations
- and secreted cytokines in the HCMV positive twin (27).
- A number of studies have implicated long-term HCMV carriage in older people with detrimental
- 95 changes to the immune response, often termed the immune risk phenotype (IRP), resulting in an
- 96 increased risk of all-cause mortality in over 70 year olds compared to HCMV negative individuals
- 97 (28-33). The increased risk in older donors from novel infections can be exacerbated by HCMV
- 98 infection, most recently seen in the COVID-19 pandemic where HCMV seropositivity has been

- 99 associated with increased risk of hospitalization (34). An increased risk of mortality from
- 100 cardiovascular disease has been associated with HCMV seropositivity in a number of population
- 101 cohort studies in both the USA and UK (35-40) although two recently published studies did not find
- 102 an association between HCMV infection and cardiovascular mortality (41, 42). The link between
- 103 HCMV infection and cardiovascular disease is further supported by the association between 104 expansions of T cell differentiated CD28 null populations in HCMV positive donors with vascul
- expansions of T cell differentiated CD28 null populations in HCMV positive donors with vascular
 damage (43); and T cells expressing the fractalkine receptor CX3CR1 are enriched among HCMV
- specific T cells and can home to vascular endothelium (44). In patients who are HCMV positive there
- 107 is evidence of adverse left ventricular modelling post myocardial infarction (MI) (45) and HCMV
- 108 carriage increases the levels of inflammatory cytokines in chronic heart failure patients (46). HCMV
- 109 DNA has also been detected in the urine (47) and blood (48) of elderly people suggesting that there is
- 110 reduced control of reactivating virus, possibly due to reduced functionality of the adaptive immune
- response in the old. Despite this evidence, no overt disease driven directly by HCMV infection is
- 112 recognized in older people, suggesting that the HCMV specific immune response retains sufficient
- 113 functionality to prevent serious morbidity.

114 There have been a number of contradictory studies investigating whether there are expansions of 115 HCMV specific T cells in older donors (reviewed (23)) that could contribute to the adverse impacts 116 observed in older HCMV positive donors. It is likely that these differences are due to differences in the geographical location of the study and the socio-economic groups included. The etiology of 117 118 acquisition of HCMV infection differs between high income countries, where prevalence is lower 119 and increases with age, and low and middle income countries where there is higher seroprevalence 120 and acquisition of the virus commonly occurs during early childhood (49). To address this issue 121 directly we have previously investigated whether the immunomodulatory environment (10) induced 122 by lifelong latent carriage of HCMV alters the composition and specificity of the T cell response and 123 whether there is an effect on the carriage of latent viral genomes in the older donors. A large study 124 cohort were recruited, encompassing young (early twenties) through to older aged donors (late 125 seventies). Whilst we observed an expected decline in absolute naïve T cell numbers, there were no changes in magnitude of the HCMV specific T cell response with age. There were also no increases 126 127 in latent viral carriage in monocytes with age, but latent virus load was positively correlated with 128 increased size of the HCMV specific T cell response (50). This study used overlapping peptide pools 129 of HCMV proteins as a surrogate to look at the T cell response and we had evidence that there may 130 be a loss of functional control of viral infection in vitro in older donors (51).

131 To address the question of whether lifelong carriage of HCMV results in less functional immune 132 responses which are less capable of controlling viral replication post reactivation in older donors, we 133 conducted a new study: "Assessing Quality of Antiviral Responses in Ageing - AQUARIA". 134 Twenty-six young and old donors were recruited, and a skin punch biopsy was performed allowing 135 the establishment of dermal fibroblast lines to use in an *in vitro* anti-viral assay we have developed – 136 the viral dissemination assay (VDA) (51-54). We also collected blood, urine and saliva samples in 137 order to interrogate whether there is an associated increase in *in vivo* detection of CMV DNA in the 138 older donor cohort. Several other parameters were also measured in the AQUARIA study group, 139 including enumeration of immune cell subset numbers in whole blood, the number of T cells 140 producing IFNγ, TNFα and IL-10 in response to HCMV protein stimulation and the amount of HCMV specific immunoglobulins (IgG). While we did not observe significant effects of age on the 141 magnitude of the HCMV specific T cell and total IgG responses, there was however a clear defect in 142 143 the ability of the T cells from older donors to control HCMV infection and dissemination in a VDA. 144 We also examined the ability of serum antibodies to neutralize HCMV infection of endothelial cells. 145 This showed that neutralization capacity in older donors was significantly less effective compared to

- 146 the young cohort. Finally, we looked for CMV DNA in blood, urine and saliva samples from each of
- 147 the donors; we did not detect HCMV DNA in any of the young donor cohort but did detect HCMV
- 148 genomes in the saliva specimens of two older donors. Together the results from the anti-viral assays
- and the detection of HCMV DNA *in vivo* suggests that there is a loss of T cell control of HCMV in
- 150 older donors that at least in some donors can result in viral replication at peripheral tissue sites. The
- 151 resulting increased viral activity and inflammation may contribute to the role of HCMV infection as a
- 152 co-morbidity factor in the unwell aged.
- 153
- 154

155 2 Materials and Methods

156 **2.1 Ethics and Donor cohort information**

157 The donor cohort were recruited for the Assessing Quality of Anti-viral Responses in Ageing

158 (AQUARIA) study by the National Institute of Health Research (NIHR) Cambridge Bioresource

159 Centre (CBR) with ethical approval from the North of Scotland Research Ethics Committee 1

- 160 (NS/17/0110). Known HCMV seropositive and seronegative donors were recruited in two age
- 161 groups: Young (18 40 years) and Old (65 years and older) and informed written consent was 162 obtained from all participants in accordance with the Declaration of Helsinki. Volunteers were
- excluded from the study if they were being treated with oral or intravenous immunomodulatory drugs
- 164 (including steroids, tacrolimus, cyclosporins, azathioprines, mycophenolate, methotrexate, rituximab
- and cyclophosphamide) within the last 3 months, undergoing injected anti-TNF treatments for
- 166 rheumatoid arthritis as well as anyone receiving current or recent (last 24 months) cancer
- 167 chemotherapy. Twenty-six donors had been recruited to this study by March 2020 when recruited
- 168 was paused due to the COVID-19 pandemic and the introduction of government restrictions in the
- 169 United Kingdom. All participants provided a 2-mm skin punch biopsy, 2ml saliva sample (collected
- 170 using the Salivette® system with untreated cotton swab (Sarstedt AG & Co. KG, Germany)), 5ml
- 171 Urine sample and a 50ml peripheral blood sample comprising 1.2ml clotted blood, 1.2ml EDTA
- treated blood and 47.6ml lithium heparin treated blood samples. The characteristics (age, sex and
- serum HCMV specific IgG levels) of the 26 recruited AQUARIA donors are summarized in Table 1.

174 2.2 Isolation of Human Dermal Fibroblasts

175 Primary human dermal fibroblasts were derived from the 2-mm skin punch biopsy for each donor,

- following the method described (55). Briefly, under sterile conditions the skin biopsy was cut into
- 177 fine tissue sections and immobilized under a sterile glass coverslip and then cultured in high glucose
- 178 Dulbecco's Modified Eagle's Medium (DMEM: Sigma-Aldrich, Poole, UK) supplemented with 20%
- 179 Foetal Bovine Serum (FBS) Sera Plus (PAN Biotech UK Ltd, Wimborne, UK), 100 U/ml Penicillin
- and 100 µg/ml Streptomycin (Gibco, Thermo Fisher Scientific, Paisley, UK) at 37°C 5% CO₂ in a
- 181 humidified environment. Cells emerge from the tissue section after 5 days culture; initially epithelial
- 182 cells grow from the section and then fibroblasts emerge from beneath the epithelial cell layer
- 183 (pictured in (23)). Once established the dermal fibroblasts lines were maintained in supplemented
- 184 DMEM and once expanded cryopreserved in 10% Dimethyl sulfoxide (DMSO: Sigma-Aldrich) and
- 185 90% FBS (PAN Biotech UK Ltd).

186 2.3 Peripheral Blood Mononuclear Cell (PBMC) Isolation

- 187 Peripheral blood mononuclear cells were isolated from the heparinized blood samples using
- 188 Lymphoprep (Axis-shield, Oslo, Norway) or Histopaque-1077 (Sigma-Aldrich) density gradient
- 189 centrifugation. Isolated PBMC were cryopreserved in either a 10% DMSO 90% FBS solution or a
- 190 serum-free freezing media composed of 60% IMDM (Iscove's Modified Dulbecco's Medium,
- 191 Sigma-Aldrich), 10% DMSO and 30% Panexin serum replacement (PAN Biotech).
- 192 Frozen PBMC samples were removed from liquid nitrogen storage and rapidly warmed cells were
- 193 immediately diluted in excess defrosting media (warmed DMEM (Sigma-Aldrich) or X-VIVO 15
- 194 (Lonza, Slough, UK) or TexMACS (Miltenyi Biotec, Woking, UK) supplemented with 10U/ml
- 195 Benzonase (Merck Millipore, Dorset, UK)). Cells were washed by centrifugation for 10 minutes at
- 196 300xg before being resuspended in X-VIVO 15 supplemented with 10U/ml Benzonase and incubated

- 197 for 1 hour at 37°C. Cells were again washed by centrifugation for 10 minutes at 300xg and
- 198 resuspended in TexMACS and rested overnight at 37°C prior to use.

199 2.4 Absolute count enumeration of lymphocyte subsets

- 200 The absolute number of immune cells present in whole blood samples was enumerated using Becton
- 201 Dickinson Trucount tubes (BD Biosciences, Oxford, UK) following the manufacturer's instructions.
- 202 Briefly, 50µl of the EDTA treated whole blood samples was stained in the Trucount tube with a pre-
- 203 mixed antibody cocktail (detailed in Table S1) allowing the identification of monocytes, B cells,
- 204 CD4+ and CD8+ T cells and T cell memory subsets, NK cells and NKG2C+ NK cells. Following
- staining, the red blood cells were lysed and the cells fixed using FACS Lysing solution (BD
- Biosciences) before being stored at -80°C until acquisition (56). Samples were acquired on a 5-laser
 LSR Fortessa (BD Biosciences) with Fluorescence Minus One Controls and single colour
- LSR Fortessa (BD Biosciences) with Fluorescence Minus One Controls and single colour
 compensation controls (AbC Total Antibody Compensation Bead Kit Thermo Fisher Scientific)
- 209 utilized. Samples were analysed and enumerated using Flowjo software v 10.8 (BD Biosciences)
- following the gating strategy and the formula illustrated in Figure S1. Results were expressed as the
- number of each immune cell subset per microliter of blood (cells/µl).

212 2.5 HCMV ORF Peptide Mixes

213 Libraries consisting of 15mer peptides overlapping by 10 amino acids were synthesized from 11

- HCMV ORF encoded proteins [UL138, LUNA (UL81-82as), US28, UL111A (vIL-10), UL83
- 215 (pp65), UL144 (with known strain variants included), UL123 (IE1), UL122 (IE2), US3, UL82 (pp71)
- and UL55 (gB)] by either ProImmune PEPScreen (Oxford, UK) or JPT Peptide Technologies GmbH
- 217 (Berlin, Germany) as detailed previously (50). The individual lyophilized peptides were reconstituted
- as described (52) and the individual HCMV ORF encoded proteins were combined into peptide pool
- groups consisting of 5µg/peptide/ml of (i) Latency Associated Proteins (LAT: UL138, US28, LUNA,
- vIL-10), (ii) pp65 and UL144, (iii) IE1 and IE2, (iv) pp71 and US3 and (v) gB proteins the
- 221 maximum number of peptides included in each pool did not exceed 200.

222 2.6 Triple Fluorospot assay

223 Triple Fluorospot plate kits (Mabtech AB, Nacka Strand, Sweden) were coated with capture 224 antibodies to Human IFNy, IL-10 and TNFa following the manufacturer's instructions and incubated 225 at 4°C overnight prior to use. Defrosted and rested PBMC were depleted of CD4+ T cells or CD8+ T 226 cells by MACS using anti-CD4+ direct beads or anti-CD8+ direct beads using an AutoMACS Pro 227 (Miltenvi Biotec) according to the manufacturer's instructions. Efficiency of depletion and 228 enumeration of CD3+ T cells present in each sample was determined by staining cells with a CD3-229 FITC, CD4-PE and CD8-PerCPCy5.5 antibody mix (BioLegend, San Diego, CA, USA) and 230 LIVE/DEAD Fixable Far Red Dead Cell Stain (Thermo Fisher Scientific) and a known volume was acquired and analysed by a BD Accuri C6 plus flow cytometer. A maximum of 1.5 x 10⁵ PBMC 231 232 depleted of CD4+ or CD8+ T cells suspended in TexMACS were incubated in the coated FluoroSpot 233 plates in triplicate with the five HCMV ORF peptide mixes described in section 2.5 (final peptide 234 concentration 2 µg/ml/peptide), an unstimulated and positive control mix [containing anti-CD3 235 (Mabtech AB), Staphylococcus Enterotoxin B, Phytohemagglutinin, Pokeweed Mitogen, and 236 Lipopolysaccharide (all Sigma-Aldrich)] at 37°C in a humidified CO₂ atmosphere for 48 h. The cells 237 and medium were decanted from the plate and the assay developed following the manufacturer's 238 instructions. Developed plates were read using an AID iSpot reader (Oxford Biosystems, Oxford, 239 UK) and counted using AID EliSpot v7 software (Autoimmun Diagnostika GmbH, Straberg,

240 Germany) using distinct counting protocols for IFNγ, IL-10 and TNFα secretion. Donor results were

- 241 quality controlled as previously described (50), presented data is corrected for background cytokine
- secretion and expressed as spot forming units per million T cells (sfu/CD3 10⁶). Previous
- 243 comparison of the distribution of the response from HCMV seropositive and seronegative donors to
- HCMV proteins and the positive control (50) was utilized to determine the threshold of the positive
- 245 response of 100 sfu/CD3+ T cells million for all 3 cytokine responses.

246 2.7 Generation of Immune Cell Subsets

247 Defrosted and rested PBMC from each donor were enriched for CD4+ T cells, CD8+ T cells and NK

- 248 cell subsets by MACS using CD4+ direct beads, CD8+ T cell isolation and NK cell isolation kits
- 249 (Miltenyi Biotec). Cells were separated using an AutoMACS Pro Separator (Miltenyi Biotec).
- 250 Efficiency of isolation of the three subsets in each sample was determined by staining cells with a
- 251 CD3-FITC, CD4-PE or CD56-PE and CD8-PerCPCy5.5 antibody mix (BioLegend, San Diego, CA, 252 USA) and LWE/DEAD Eivable For Ped Deed Call Stein (Therma Fisher Scientific) and evaluated by
- USA) and LIVE/DEAD Fixable Far Red Dead Cell Stain (Thermo Fisher Scientific) and analysed by
- a BD Accuri C6 plus flowcytometer. Typically, we saw 0 0.2% residual CD8+ T cell content in the CD4+ T cell fraction 0 0.6% residual CD4+ T cells in the CD8+ T cells in the CD8+
- 254 CD4+ T cell fraction, 0 0.6% residual CD4+ T cells in the CD8+ T cell isolation and the mean
- residual CD3+ T cell content was 2.71% in the NK cell isolation.

256 2.8 Autologous Viral Dissemination Assay

257 Fluorescently labelled Merlin mCherry-P2A-UL36 GFP-UL32 strain of HCMV was a kind gift from

- 258 Richard Stanton, Cardiff University, UK. The generation, propagation and growth kinetics of this
- 259 virus have been fully described previously (53). Human primary dermal fibroblasts (HDFs) from the
- 260 AQUARIA cohort were defrosted from liquid nitrogen storage and maintained in supplemented
- 261 DMEM with 20% FBS. Once revived the HDFs were seeded into half-area 96-well plates (Greiner
- Bio-One, Stroudwater, UK) at a density of 1×10^4 cells per well. Following overnight culture in supplemented DMEM to allow the HDFs to reach confluency in the well, the cells were infected with
- the mCherry-GFP Merlin virus at a pre-determined low MOI (Multiplicity of Infection typically
- 265 0.01). Twenty-four hours post infection the different immune cell subsets: total PBMC, CD4+ T
- 266 cells, CD8+ T cells and NK cells were added at a range of effector to target ratios in TexMACS
- 267 media and co-cultured at 37°C. After 11 days, PBMC or lymphocyte subsets were washed off and
- 268 HDFs were harvested with trypsin and fixed in a 2% PFA solution for flow cytometry quantification
- 269 of viral spread (Figure S7A). Flow cytometry analysis of the viral dissemination assay was
- 270 performed on the Thermo Fisher Attune NxT flow cytometer or the BD Fortessa HTS both equipped
- with a blue and yellow-green laser for analyzing the GFP and mCherry signals. Data were then
- analysed with FlowJo v10.8 and viral spread in each well determined as percentage of control
- infected wells without effector cells and control uninfected wells to determine background as
- 274 previously described (53).

275 **2.9** Fibroblast inhibitory molecule analysis

276 Dermal fibroblasts at a low passage were harvested using AccutaseTM following the manufacturer

- 277 instructions and washed in FACS wash Buffer (composition: 1x PBS without calcium and
- 278 magnesium, 0.5% BSA, 2mM EDTA and 2mM Sodium Azide). Cells were then blocked with
- 279 TruStain FcX (BioLegend) and subsequently stained with 2 panels of antibodies and matching
- 280 isotype controls (Table S3) with brilliant stain buffer (BD Biosciences) and LIVE/DEADTM Fixable
- 281 Aqua Dead cell stain in polypropylene tubes at 4°C. Cells were washed in FACS wash Buffer and
- 282 fixed using FluoroFix Buffer (BioLegend). Samples were acquired on a 5-laser LSR Fortessa (BD
- 283 Biosciences) with single colour compensation controls (AbCTM Total Antibody Compensation Bead
- 284 Kit and ArCTM Amine Reactive Compensation Bead kit (Thermo Fisher Scientific) and MACS Comp

- 285 Bead Kit anti-REA (Miltenyi Biotec) utilized. Samples were analysed using Flowjo software v10.8
- 286 (BD Biosciences) following the gating strategy illustrated in Figure S2, the geomean fluorescence
- intensity was normalized to the corresponding isotype and normalized expression over 100 units was
- 288 deemed positive expression of each marker as described (57).

289 2.10 HCMV IgG Antibody Levels Protocols

- 290 Human cytomegalovirus serostatus was confirmed and quantified using serum from the clotted blood
- sample and HCMV IgG levels determined using an IgG enzyme-linked immunosorbent (EIA) assay,
- 292 HCMV Captia (Trinity Biotech, County Wicklow, Ireland), following the manufacturer's
- 293 instructions. The EIA assay is semi-quantitative, containing negative, positive and calibrator controls
- allowing the computation of an immune status ratio (ISR) value for the amount of anti-HCMV IgG
- present in the sample, CMV negative serostatus was determined with an ISR value of less than 0.9
- and positive serostatus with an ISR greater than 1.1.
- 297 Total IgG antibodies for HCMV gB and pentamer protein were measured using an adapted
- 298 previously described method (58, 59). Briefly, a high binding ELISA 96-well plate was coated with
- 299 0.75µg/ml HCMV gB (ab43040) (Abcam, Cambridge, MA) or Pentamer protein (The Native
- 300 Antigen Company, Upper Heyford, UK) in coating buffer (pH9.4-9.8) and incubated overnight at
- 301 4°C. Plates were blocked with 2% foetal calf serum in PBS for 1 hour at 37°C then washed with PBS
- 302 supplemented with 0.1% tween-20. Serum dilutions in blocking buffer were then added to the wells
- and incubated for a further hour at 37°C. Unbound antibody was removed by washing and
- 304 peroxidase-conjugated secondary antibody (goat-anti-human IgG, Dianova) was added for 1 h, 37°C.
- 305 After washing, $100 \,\mu$ l of tetramethylbenzidine peroxidase substrate was added to each well for 30
- 306 minutes, diluted 1:1 in peroxidase substrate solution B (KPL, USA). The reaction was stopped by
- 307 adding 100 µl of 1M phosphoric acid to each well. The optical density at 450 nm (OD450) was
- determined using an Emaxmicroplate reader (Eurofins MWG Operon). Previously determined CMV
 negative serum was set as baseline.

310 **2.11 Neutralization assays**

- 311 Measurement of the functional capacity of CMV specific antibodies in AQUARIA donor serum
- 312 samples was performed using neutralization assays with infected autologous human dermal
- 313 fibroblasts (HDFs) or Adult Retinal Pigment Epithelial (ARPE-19) cells. 1 x 10⁴ cells/well were
- seeded in a half-area 96 well plate and incubated overnight. In order to assess neutralizing capacity,
- 315 the dual tagged Merlin virus (for infecting the HDFs) or TB40E-UL32-GFP (a gift from Dr
- Christian Sinzger, University of Ulm for infecting the ARPE-19 cells) at a MOI of 1.0 was pre-
- incubated with heat-inactivated sera over a range of dilutions for 1 hour at room temperature. The
- 318 sera/virus cocktail was transferred onto the HDF or ARPE cells in triplicate and rocked for 3 hours at
- room temperature. Media was removed and the cells washed with PBS and fresh media replenished.
- 320 After 72 96 hours culture the adherent cells were trypsinised and fixed in a 2% paraformaldehyde
- 321 solution and analysed by flow cytometry as previously described. Data were then analysed with
- FlowJo v10 and the percentage viral infection in each well was normalized to the infected control wells.
- 323 wells.

324 **2.12 DNA extraction from whole blood, saliva and urine samples**

- 325 For each donor the provided biological samples of whole blood, saliva and urine samples were
- processed on the day of collection, a 1ml EDTA treated whole blood sample was stored and the urine
- 327 sample was aliquoted into a maximum of 3 x 5ml cyrovials under sterile conditions. Following

- 328 collection, the Salivette® tube containing the saliva sample was processed by centrifugation at
- 329 1000xg for 2 minutes and the recovered saliva transferred to 2ml cyrovials in a class II MSC. All
- biological samples were then stored at -20°C until DNA extraction. Prior to DNA extraction 0.5ml of
- the saliva sample (diluted to 4ml with PBS (Thermo Fisher Scientific)) and 4ml of the urine sample
- 332 for each donor were concentrated using Amicon Ultra-15 10K Centrifugal Filter Devices (Sigma-
- Aldrich) to a 200µl and 140µl sample size respectively. DNA was extracted from the 1ml blood
- using QIAamp DNA Blood Midi kit (Qiagen, Manchester, UK) following the manufacturer's
- instructions. The concentrated saliva sample was processed using the QIAamp DNA Blood Mini kit
- (Qiagen) using the instructions in appendices F and K to maximise viral DNA recovery. DNA was
 extracted from the concentrated urine samples using the OIAamp Viral RNA Mini kit (Oiagen) using
- extracted from the concentrated urine samples using the QIAamp Viral RNA Mini kit (Qiagen) using
 the protocol "Purification of Cellular, Bacterial or Viral DNA from Urine" as the buffer used in this
- 339 procedure inactivates PCR inhibitors known to be found in urine.

340 **2.13 Measurement of HCMV DNA in biological specimens**

- Real time quantitative PCR was performed on the extracted DNA samples using a StepOne Plus Real
- 342 Time PCR system (Applied Biosystems, Thermo Fisher Scientific) using a method adapted from
- 343 (60). Amplification of HCMV DNA used glycoprotein B primers (61) and detection with a Taqman
- 344 probe (60) (specific sequences are detailed in table S2) mixed with ABI Universal Mastermix
- 345 (Applied Biosystems, Thermo Fisher Scientific). The final assay volume comprised 25µl with a 5µl
- extracted DNA sample or control sample included. PCR cycling conditions were 2 minutes at 50°C,
 10 minutes at 95°C and 45 cycles of 15 seconds at 95°C and 60 seconds at 60°C. All donor samples
- 10 minutes at 95°C and 45 cycles of 15 seconds at 95°C and 60 seconds at 60°C. All donor samples were screened in triplicate with a standard curve of $1 - 10^4$ HCMV genomes (WHO International
- 349 Standard (62)) and spiked positive and negative HCMV DNA controls from blood, saliva and urine
- were generated as previously described (50) and run alongside the unknown samples. HCMV DNA
- 351 copies detected was calculated using the StepOne software (Applied Biosystems, Thermo Fisher
- 352 Scientific) from the standard curve run cycle threshold (Ct) values (Figure 7A) and required a
- 353 minimum of 2/3 positive wells to report a result expressed as HCMV copies per milliliter.

354 **2.14 Statistics**

- 355 Statistical analysis was performed using GraphPad Prism version 8 and 9 for Windows (GraphPad
- 356 Software, San Diego, CA, USA). Absolute count data was transformed and analysed by ordinary 1-
- 357 way ANOVA with post hoc Fisher's LSD test to compare groups. Fluorospot data was transformed
- and analysed by ordinary 1-way ANOVA with post hoc Bonferroni's multiple comparisons test. The
- 359 normalized viral spread data was plotted for each immune cell subset and the area under the curve
- 360 (AUC) calculated (illustrated in Figure S7C). The calculated AUC data was compared between
- 361 groups by 2-way ANOVA with multiple comparisons controlled by the False Discovery Rate using
- the two stage step up Method of Benjamini, Krieger and Yekuteli and geomeans and 95%
- 363 Confidence intervals of each group calculated. The comparison of the expression of inhibitory 364 molecules on dermal fibroblasts derived from young and old donors was performed by multiple
- 364 molecules on dermal fibroblasts derived from young and old donors was performed by multiple 365 unpaired t-test of the transformed normalized fluorescence. The serum dilution curves from the gB
- and pentameric IgG ELISAs had AUC calculated; absolute IC50 curves were fitted where possible to
- 367 the triplicate neutralization data and AUC calculated. The antibody quantification and neutralization
- 368 data were compared using a one-way ANOVA Kruskal–Wallis test with multiple comparisons
- 369 controlled by the False Discovery Rate. A non-linear Sigmoidal 4-parameter logistic curve was fitted
- to the qPCR standard curve.

372 **3 Results**

373 3.1 Characterization of the AQUARIA study cohort

374 We have previously demonstrated that neither the magnitude nor breadth of HCMV specific T cell 375 responses (following stimulation with overlapping peptide pools specific for multiple HCMV 376 proteins) were diminished with increasing donor age (50). Whilst this approach can enumerate these 377 responses and determine secretion of antiviral effectors such as IFN γ , TNF α and immune suppressive 378 IL-10 it does not assess antiviral effector function in the context of HCMV infected cells where the 379 virus is expressing the full range of its immune evasion genes. The aim of this study was to 380 investigate whether the functionality of the HCMV specific immune response was affected by donor 381 age using an *in vitro* viral dissemination model to interrogate the ability of different immune cell 382 populations to control viral infection in combination with quantifying HCMV DNAemia and viral 383 loads in peripheral sites (saliva and urine). A cohort of 26 donors was recruited according to the 384 criteria detailed in the methods and provided a 2mm skin punch biopsy enabling the establishment of 385 autologous dermal fibroblast lines from each donor. The age, sex and total HCMV IgG levels for the 386 AQUARIA study cohort are summarized in Table 1; in this study all the old donors were aged over

387 70 years at the time of recruitment.

388 A detailed phenotypic analysis was performed on whole blood from all donors enabling the

determination of absolute counts of different cellular subsets. Total CD4+ and CD8+ T cells in

addition to memory and differentiation subsets, monocytes, B cells and NK cells were enumerated;

the data is summarized in Figures S3, S4 and S5. The results show that numbers of CD14+

392 monocytes were significantly increased (Figure S3A) and B cells (CD19+ CD3- cells) (Figure S3B)

393 were significantly decreased in HCMV seropositive donors irrespective of donor age. NK cell

numbers were not significantly different between HCMV positive and negative donors but there was
 a trend towards lower numbers of NK cells in HCMV seropositive donors (Figure S3E). Therefore,

396 when comparing the proportion of NKG2C+ NK cells between HCMV seronegative and seropositive

donors there was a significant increase in this population in the HCMV seropositive donors (Figure

398 S3H), a phenotype previously described in many different donor cohorts (63, 64).

399 Examination of CD4+ T cell numbers revealed that there was a significant decrease in total CD4+ T

400 cells in the HCMV seropositive group irrespective of age (Figure S4A) and also a significant

401 decrease in activated CD4+ T cells (HLA DR+) in the same group (Figure S4B). Analysis of the

402 memory subsets defined by expression of CD27 and CD45RA (T_{NAIVE} : CD45RA+ CD27+; TCM:

403 CD45RA- CD27+; TEM: CD45RA- CD27-; TEMRA: CD45RA+ CD27-) showed a significant

404 decrease in naïve T cell numbers in old CMV seropositive donors (Figure S4D). Highly

405 differentiated T cells can be defined by the loss of expression of CD28 and gaining expression of

406 CD57, in the CD4+ T cells this subset was significantly increased in all the HCMV seropositive

407 donors irrespective of donor age (Figure S4G). There were no differences in the numbers of CD8+ T

408 cells between the HCMV serostatus age groups (Figure S5A), there was however a significant

409 decrease in naïve CD8+ T cells with donor age (Young CMV+ vs Old CMV+) as well as a

significant decrease in naïve CD8+ T cell numbers in all HCMV positive donors compared to HCMV

411 negative (Figure S5D). These results show that there is a decrease in the naïve T cell pool and an

412 increase in differentiated T cells that is a well-established phenotype in long-term carriage of HCMV

413 (65).

414 **3.2** T cell cytokine responses to HCMV peptide pool stimulation

415 To further characterize our immune cell populations, we measured the frequency HCMV specific 416 IFNy, IL-10 and TNFa producing CD4+ and CD8+ T cells using a combination of five HCMV 417 protein peptide pools, representing the latency associated transcript (LAT) proteins (UL138, LUNA, 418 US28 and vIL-10), pp65 and UL144 proteins, IE1 and IE2 (IEs) proteins, pp71 and US3 proteins and 419 gB protein. Figure 1 summarizes the spot forming units (sfu) per million CD3+ T cells responses 420 generated by the HCMV seropositive donors split into young and old donors for both CD4+ (right-421 hand column) and CD8+ (left-hand column) T cells for all 3 cytokines. The results show that there were strong IFNy responses (Figure 1A & 1B) to all HCMV proteins stimulation from both old and 422 423 young donors; all of the cohorts producing above threshold responses to at least 3 out of 5 of the 424 HCMV protein pools (Figure S6A). There were no differences between the young and old cohort in 425 the amount of IFNy produced by CD4+ T cells in responses to HCMV protein stimulation, however 426 in the CD8+ T cell subset there was a significant increase in the production of IFNy by the older 427 donors in response to pp71 and US3 stimulation. All of the five HCMV protein mixes were capable 428 of generating a TNFa T cell response in at least half of all donors regardless of age (Figure S6B and 429 C). The vast majority (11/12 CD8+ and CD4+ T cells – Figure S6A) of the donors in this study 430 produced TNFa in response to stimulation by at least one of the HCMV protein mixes. Whilst there 431 is variation in the mean observed between the young and old groups (Figure 1C and D) there is no 432 significant difference in the magnitude of the TNFa response between the young and old donors in

433 this study cohort.

434 Production of IL-10 in response to HCMV protein stimulation was at a lower frequency in numbers 435 of responding donors (Figure S6) compared to the IFNy and TNFa cytokine responses. IL-10 was 436 produced by both CD4+ and CD8+ T cells in response to stimulation with the LAT protein mix and 437 the pp71 and US3 proteins mix (Figure 1E, 1F and S6B S6C), with pp71 and US3 protein stimulation 438 resulting in a considerable amount of IL-10 production from both T cell subsets (Table S4). There 439 was no defect in either the magnitude or breadth of the IL-10 T cell responses to HCMV in the old as 440 compared to the young and production of IL-10 by both CD4+ and CD8+ T cells replicates our 441 observations in a previous cohort analysis (50, 51). Overall, the results from measuring IFN γ , TNF α 442 and IL-10 T cell responses to stimulation with HCMV protein mixes of overlapping peptides did not 443 show a major effect of age on magnitude, breadth or frequency of the cytokine responses. This result 444 for IFNy and IL-10 responses is in agreement with a previous independent cohort analysis (50, 51). 445 Overall, the cytokine production data in response to HCMV protein overlapping peptide pools shows 446 that both young and old CMV seropositive donors have high frequency IFNy and TNFa anti-viral T 447 cells and we see a similar pattern of expression of the immunosuppressive IL-10 in response to 448 specific groups of HCMV peptides between the two age cohorts. A lack of differences in surrogate 449 markers of T cell function led us to investigate direct effector functions of CD4+ and CD8+ T cells in 450 response to HCMV infection.

451 **3.3** The anti-viral T cell effector functionality is diminished in older donors

452 The use of overlapping peptide pools of viral proteins is useful in mapping out T cell responses but is 453 limited in determining T cell functionality in response to lytic cycle infected cells where HCMV can 454 express its full range of immune evasion genes. In order to determine and quantify the anti-viral 455 effector function of the immune cells derived from the AQUARIA donor cohort, we have utilized an 456 autologous in vitro HCMV dissemination assay that we have previously developed (51-54) termed 457 the viral dissemination assay (VDA). Utilizing HCMV infected dermal fibroblast lines, grown from 458 the individual donor skin biopsy, allowed investigation of the capacity of whole PBMC as well as 459 isolated CD4 and CD8+ T cells and NK cells to control viral spread in a fully autologous setting. 460 HCMV infections were performed with a dual tagged Merlin HCMV strain which expresses mCherry 461 linked to UL36 (an immediate early protein) and UL32-GFP fusion (pp150 a true HCMV late gene).

- When fibroblasts are infected with a low MOI the virus spreads through the fibroblasts over time,this virus has been characterized and the kinetics of expression of mCherry at early time points and
- 464 GFP and mCherry at late times of infection over a twelve day time-course has been measured (53).
- 465 The mCherry signal is visible from 18 hours post infection by fluorescent microscope observation
- 466 with increasing expression with time; by about 72 hours post infection the mCherry+ cells become
- 467 GFP+ as they proceed through HCMV DNA replication and expression of late genes with the
- 468 assembly and release of new virions. New virions infect surrounding uninfected cells which can be
- seen by the subsequent temporal expression of mCherry and then GFP. The functions of the proteins
- 470 encoded by the two viral genes tagged in this strain of virus used also allow us to determine whether
- 471 the virus has entered the cell and initiated viral gene expression (UL36 mCherry expression) and
- whether this results in viral DNA replication and production of infectious virion progeny (UL32 GFP
 expression along with continuing mCherry). The VDA assays presented here were co-cultured with
- 474 different immune cell subsets for between 9 12 days, which in the virus only control wells allows
- 475 enough time for significant viral replication and spread. Figure S7A shows the appearance of the
- 476 infected control at this timepoint, where the two phases of infection are clearly observed.

477 Autologous fibroblasts were infected and co-cultured with either total PBMC, purified NK cells,

478 CD4+ T cells or CD8+ T cells at a range of E:T ratios; wells with no immune cells added acted as an

479 untreated control to determine the maximum virus spread during the assay. Fibroblasts were

- 480 harvested and analysed for the expression of mCherry and GFP by flow cytometry and the data was
- 481 normalized to the untreated controls. The percentage normalized HCMV infected cells in the early
- 482 (mCherry+ GFP-) and late (mCherry+ GFP+) phases of infection were plotted against the effector to

target (E:T) ratios (PBMC co-culture example of early phase infection: Figure S7B). <u>The average</u>

response of the four different cellular subsets, PBMC, NK cells, CD8+ and CD4+ T cells from the

three different cohorts over the range of E:T ratios examined are illustrated in Figure S8. To enable

- 486 <u>statistical</u> comparison of the ability of different donors immune cells to control viral dissemination
 487 over the same range of E:T ratios the area under the curve (AUC) was calculated (shaded area in
- 487 Figure S7C). The AUC value enables direct comparison of the four different immune cell
- 489 populations derived from young and old HCMV seropositive donors and HCMV seronegative donors
- 490 to control viral dissemination. A lower AUC value indicates more effective control of in vitro viral
- 491 infection.

492 The calculated AUC values from the early and late gene phases were collated for each of the four 493 cellular subsets examined. The collated results are shown in box and whisker plots for total PBMC 494 (Figure 2B), NK cells (Figure 3B), CD8+ (Figure 4B) and CD4+ T cells (Figure 4D) from HCMV 495 seronegative, young HCMV seropositive and old HCMV seropositive donors. The results show that 496 that total PBMC derived from young HCMV seropositive donors are significantly better at 497 controlling viral spread (mCherry+ GFP- cells) than the old seropositive donors and seronegative 498 donors. There was no significant difference in the inhibition of late gene expression although the 499 trend was that PBMC derived from HCMV positive old or young donors were more suppressive than 500 those derived from HCMV seronegative donors. PBMC is composed of CD4+ and CD8+ T cells as 501 well as innate immune effectors such as NK cells and monocytes. Donors that are HCMV 502 seronegative will not have developed HCMV specific memory T cell responses, explaining the poor 503 ability of PBMC from these donors to control viral spread. However, the inability of PBMC from 504 older HCMV positive donors to control mCherry expression compared to younger HCMV positive 505 donors was striking and pointed towards a possible defect in HCMV specific memory T cell 506 response.

507 The results from the purified NK cell co-cultures demonstrate that there is no difference in the level

- 508 of control of viral spread or suppression of late gene expression between NK cells from CMV
- 509 seropositive or CMV seronegative donors. It was noted that there is a range of NK cell effector 510 function between the different donors but this range is overlapping in all three groups. Given the
- 510 previous results with total PBMC, this suggests that there may be defects in the T cell effector
- 512 function in the elderly cohort. This conclusion was verified when looking at the results from the co-
- 513 culture of purified CD8+ and CD4+ T cell subsets with autologous HCMV infected fibroblasts.
- 514 Analysis of this data clearly demonstrates that both T cell subsets derived from the young
- 515 seropositive donors were significantly better at controlling viral dissemination than the old donors
- 516 (Figure 4B and 4D). The ability to suppress late gene expression is not statistically significantly
- 517 better for the CD8+ T cells but is clearly demonstrated by the CD4+ T cells from young donors.
- Taken together the analysis of NK and T cells indicate that the adaptive immune response in older
- donors is less effective in controlling HCMV dissemination. <u>Correlation of the magnitude of the total</u>
 HCMV specific CD8+ and CD4+ T cell response (illustrated in figure 1) with the anti-viral activity
- 520 <u>HCMV specific CD8+ and CD4+ T cell response (illustrated in figure 1) with the anti-viral activity</u> 521 of the T cell subsets did not reveal a significant association between an expanded HCMV specific T
- 521 <u>of the T cell subsets did not reveal a significant association between an expanded HCMV spe</u> 522 cell population and effective control of viral spread (Figure S9).

523 It is clear that the age associated decline in the immune responses encompasses many factors, there is 524 evidence from other studies that defects in the local microenvironment, such as the skin, may affect 525 the outcomes of an immune response. An increase in senescent fibroblasts in the skin results in the 526 recruitment of monocytes which inhibit the antigen specific response (66) and increased expression 527 of HLA-E, which can interact with the inhibitory molecule NKG2A, is a marker of these senescent 528 fibroblasts in older humans (67). We therefore hypothesised that the differences in immune control 529 observed could potentially be linked to the possibility that dermal fibroblasts derived from the older 530 donors in this study may have increased expression of inhibitory molecules that affect the ability of 531 older HCMV positive donors to control viral spread. To investigate this, we measured the expression 532 levels of fifteen different inhibitory ligands molecules alongside fibroblast lineage markers to 533 determine which molecules are expressed on dermal fibroblasts and whether the expression differs 534 between old and young donors. We identified eight molecules of the sixteen measured which were 535 expressed by the twenty-five dermal fibroblast lines examined (Figure S8S10), MHC Class I (HLA 536 ABC), HVEM (CD270), PVR (CD155), PD-L1 (CD274) and PD-L2 (CD273), CD86 (B7-2), B7-H3 537 (CD276) and HLA-E. The expression of these eight molecules on dermal fibroblasts derived from 538 young and old donors in the AQUARIA cohort are summarised (Figure 5). There was no age 539 difference in expression of MHC Class I molecules, but there was a trend towards increased 540 expression of HVEM, PD-L2, PVR, PD-L1 and CD86 on dermal fibroblasts from old donors. The 541 orphan ligand B7-H3 and HLA-E were significantly increased on older donor dermal fibroblasts.

542 **3.4** Antibody neutralization of HCMV infection is diminished in older donors

543 Finally, we examined aspects of the humoral response in young and old donors. HCMV infection 544 induces antibody responses some of which have the capacity to neutralize HCMV infection. Using a 545 diagnostic HCMV ELISA we determined the total HCMV specific IgG (measured as the mean of the 546 Immune status ratio) of the donor cohort, (summarized in Table 1 and Figure 6A). There was no 547 significant difference in the amount of CMV specific IgG measured between the young and old CMV 548 seropositive donors. Analysis of the amount of IgG specific to the gB protein and the pentameric 549 complex (gH/gL/pUL128-130-131 (68)) of HCMV were also analysed in this cohort. The results show that as expected young and old CMV seropositive donors have significantly more of both gB 550 551 specific (Figure 6B) and pentamer specific (Figure 6C) antibodies compared to the seronegative 552 cohort. There were however no significant differences in the amount of these antibodies between the

- 553 young and old seropositive cohorts, although we noted a trend towards lower amounts of both gB and
- 554 Pentamer specific IgG antibodies in the older donor cohort.

555 The measurement of HCMV specific IgG levels does not measure the effector function of these

- antibodies, an important characteristic is the ability to neutralize HCMV infection. As such, we also
- performed neutralization assays against HCMV infection of both fibroblasts and ARPE-19 cells in
- order to measure the capacity of both trimer specific and pentamer specific neutralizing antibodies(68). The percentage of infection achieved in the presence of serially diluted complement inactivated
- 560 donor serum was measured and the area under the curves calculated. Antibodies from CMV positive
- 561 donors were significantly better at neutralizing infection in fibroblasts compared to seronegative
- 562 donors as expected (Figure 6D), however there was no statistical difference between the young and
- old seropositive cohorts. Strikingly, neutralization of the HCMV infection of ARPE-19 cells (an
- indication of neutralizing anti-pentamer antibodies) was clearly superior and significantly higher in
- serum from the young donors compared to the old donors (Figure 6E). The avidity of the binding of the serum IgG specific to both gB and the pentameric complex from the young and old HCMV
- 567 seropositive donors were measured. By using urea treatment to displace weakly bound antibody the
- 568 percentage loss of HCMV specific IgG can be quantified (Figure S9S11C). There were no
- 569 differences in the percentage loss of antibodies specific to both HCMV proteins between the young
- and old HCMV seropositive donors. This suggests that the neutralizing defect we observed is not due
- 571 to poor avidity in the old donor cohort as the pentamer specific IgG binding did not differ between
- 572 the age groups and the percentage loss was increased in the young donors compared to the old.

573 **3.5** In vivo detection of CMV genomes: CMV genomes are detected in saliva of older donors

574 HCMV DNAemia is detected in immune suppressed transplant patients following primary infection 575 or reactivation but also at peripheral sites e.g., salivary glands and the kidney. We hypothesized that 576 if elderly HCMV seropositive individuals had defects in effector function of HCMV specific immune 577 response this might be reflected *in vivo* by the detection of HCMV in blood, saliva or urine. These 578 samples were taken from all 26 members of the cohort, following DNA extraction a quantitative real-579 time PCR assay detecting HCMV DNA was performed on the biological samples. The assay was

- able to detect a minimum of 5 genome copies (Figure 7A). HCMV copies per ml in blood, urine and
- saliva were calculated from a standard curve, no HCMV DNA was detected in the HCMV
- 582 seronegative donors. No HCMV genomes were detected in any of the three biological samples in the
- 583 young donors, HCMV genomes were however detected in the saliva sample from two old donors 584 (1317 and 3030 copies per ml for donors AOU007 and AOU022 respectively) (Figure 7B)
- 584 (1317 and 3930 copies per ml for donors AQU007 and AQU022 respectively) (Figure 7B).

585 We compared these HCMV saliva positive older donors anti-viral functionality and immune cell 586 composition to the remainder of the older donor cohort and young and seronegative donors to see if 587 this provided an explanation for the detection of virus. The viral dissemination (in co-culture assays 588 with PBMC, NK cells, CD4+ and CD8+ T cells) and antibody neutralization results of the individual 589 older donor cohort are shown with the range of the young donor (better viral control) and the 590 seronegative donors (decreased viral control) indicated with the AQU007 and AQU022 responses 591 superimposed on these charts for both phases of infection (Figure 7C and 7D). Both donors with 592 detectable HCMV DNA in vivo had poor PBMC control of viral spread, overlapping the seronegative 593 range, at both phases of infection. AQU007 CD4+ and CD8+ T cell control of viral spread was poor 594 and worse than the seronegative donor cohort at the early phase of infection and overlapped with the 595 seronegative range at late phases of infection, whereas AQU022 AUC values for both T cell subsets 596 overlapped with the young CMV positive range. Both donors had better NK cell control of viral 597 dissemination than most of the other older donors and the young donor cohort at both phases of

15

- 598 infection (Figure 7C and 7D). When analyzing the antibody neutralization results AQU007 had poor
- neutralization of HCMV infection of both fibroblasts and ARPE-19 cells, however, AQU022
- 600 demonstrated extremely good neutralization of infection in fibroblasts with poorer pentamer
- 601 neutralizing antibodies than the young range (Figure 7E). Analysis of the absolute numbers of the
- major immune cell subsets showed that donors AQU007 and AQU022 have low numbers of B cells
- and T cells compared to the other older CMV positive donors (Figure $\frac{$10S12}{$10}$).

604 4 Discussion

- The aim of this study was to investigate if there is an effect of donor age on the control of HCMV by
- 606 examining peripheral sites for evidence of HCMV replication *in vivo* in addition to measuring the
- anti-HCMV cellular and humoral immune responses *ex vivo*. HCMV seropositive and seronegative
- healthy donors were recruited in two age cohorts of young (aged 40 years and younger) and old (aged
- 609 65 years and older) donors allowing the effect of age on the measured parameters to be performed.
- 610 Recruitment to the study was paused in March 2020 due to United Kingdom government national
- 611 lockdown measures in response to the COVID-19 pandemic, therefore all the samples analysed in
- this study were likely unaffected by infection with SARS-CoV2.
- 613 Using a comprehensive antibody phenotyping panel, we enumerated the absolute numbers of CD14+
- 614 monocytes, CD19+ B cells, CD56 and CD16 defined NK cells and total CD3+ T cells in addition to
- 615 the CD8+ and CD4+ memory and differentiation defined T cell subsets. This revealed that within the
- 616 AQUARIA cohort there was a significant impact of age on the numbers of naïve CD8+ T cells
- 617 present in the peripheral blood, which is consistent with observations we and others have previously
- 618 seen that have shown a loss of naïve T cell numbers with increasing age (50, 69-71). HCMV
- 619 seropositivity irrespective of age made a significant difference to the size of various different T cell
- 620 populations including significantly decreasing the numbers of naïve CD4+ and CD8+ T cells and
- 621 increasing the numbers of highly differentiated (measured by loss of CD28 expression) T cells. An
- 622 increase in the proportion and numbers of differentiated T cells with concomitant loss of naïve T cell
- numbers in HCMV infected individuals has been reported in previous studies where absolute cell
- numbers were determined (50, 69-71).
- 625 The numbers of NK cells and different subsets have also been studied by others, the increase in 626 NKG2C expression on NK cells in HCMV positive individuals has been reported in many studies (63, 64). In this cohort there were no significant differences with age or HCMV serostatus on the 627 628 total numbers of NK cells or NKT cells, which is broadly supported by other studies which have 629 enumerated NK cells, although one study did observe an increase in CD56dim NK cells with age 630 (70), and another study saw a significant decrease in NKT numbers associated with HCMV positivity 631 (69). We also observed an association of HCMV seropositivity with decreasing numbers of CD19+ B 632 cells, which is unique to this cohort as two prior studies have not observed this effect associated with 633 total B cell numbers (69, 70). Lastly, we also enumerated the numbers of monocytes present in our 634 donor cohort, with the numbers of CD14 positive monocytes significantly increased in the HCMV 635 positive donors. The importance, if any, of this observation is unclear except that monocytes are a 636 known site of HCMV carriage in humans (8), however a large population study did not see an effect 637 of HCMV on monocyte numbers but did see a significant decrease in plasmacytoid dendritic cells in 638 older CMV positive donors (72). Measurement of lymphocyte numbers in the peripheral blood of the 639 donor cohort is important for establishing that the recruited healthy donors have cell numbers within 640 typical reference values, which was the case for this cohort.
- 641 To date our understanding of the cellular response to HCMV within an ageing population has been
- based on determining the magnitude of the HCMV specific T cell response, in many cases to one or
- 643 two immunodominant proteins as either peptide pools or using MHC allele mapped epitopes.

- 644 Although expanding the number of HCMV proteins surveyed for responses provides more
- 645 information about the entire HCMV reactive T cell pool (73), it has been shown to have limited
- 646 applicability to predicting protective immune responses (74). In the murine cytomegalovirus
- 647 (MCMV) model system the phenomenon of memory inflation over time post infection has been well
- 648 established. However, in contrast, there is limited evidence of inflation of the memory CMV specific
- 649 responses in humans over time and with increasing age (23). In this donor cohort, measuring the 650 cytokine responses to five HCMV protein pools of overlapping peptides, we did not observe an effect
- 650 cytokine responses to five HCMV protein pools of overlapping peptides, we did not observe an effect 651 of age on the magnitude or breadth of the IFN γ , TNF α or IL-10 responses to HCMV peptide
- 652 stimulation. Although we did see a significant increase in the magnitude of the CD8+ T cell IFNy
- response to stimulation by the pp71 and US3 protein peptide mix in the older donors, this may be the
- 654 effect of the smaller cohort as we did not observe any effect of age on the magnitude of the T cell
- response to any of the different HCMV proteins previously in a larger donor cohort (50). <u>There also</u>
- 456 was no effect of age on the relationship between the magnitude of the summed IFNγ response with
- the anti-viral capacity of CD4+ and CD8+ T cells, there was no significant association between
- 658 HCMV specific T cell responses and control of viral dissemination in either the young or old
- 659 <u>seropositive donors.</u>
- 660 The use of overlapping peptide pools of HCMV proteins to assess T cell cytokine responses allows
- better enumeration and determination of the breadth of the anti-HCMV T cell responses but does not
- determine the effector function of these T cells against HCMV infected cells when the virus is
- 663 expressing immune evasion proteins. T cell responses to HCMV infected dendritic cells (DCs) tend
- to be more polyfunctional than those elicited by peptide pool stimulation and others consider infected
- 665 DCs as the best predicator of anti-HCMV T cell immunity (75). A viral dissemination assay was
- 666 developed as a fully autologous system that allows the determination of cellular responses to HCMV 667 infection *in vitro*, using this system we have established that it is possible to interrogate and compare
- the abilities of CD8+ T cell, CD4+ T cell and NK cells to control the spread and replication of CD8+ T cell, CD4+ T cell and NK cells to control the spread and replication of
- 669 HCMV (51-54). Our previous studies with this system have shown that while HCMV lysate
- 570 stimulated PBMC secreted proteins have an anti-viral effect this varies between donors and depletion
- of IFNγ did not abrogate the anti-viral response (53). The ability of CD8+ T cells to control viral
- 572 <u>spread requires antigen presentation via MHC class I molecules as neutralizing this interaction results</u>
- 673 in increased viral dissemination. In addition to direct cytotoxic actions against infected cells, both
- 674 <u>CD8+ T cells and NK cells can control viral dissemination using non-cytotoxic mechanisms where</u>
- 675 granzymes are released into the infected cell and degrade IE proteins (76). Here we show there is an
- age-related defect in the ability of the adaptative cellular immune response to control viral
- 677 dissemination, with total PBMCs, CD8+ T cells and CD4+ T cells from younger donors being
- 678 significantly better at control of viral spread measured by early phase infection. However, it is also
- 679 clear that the adaptative cellular response from the older donor cohort does show anti-viral control of
- 680 HCMV compared to the seronegative donor cohort which is expected given that HCMV
- seronegatives have no HCMV antigen specific memory T cells. <u>Deciphering which element of the</u>
- 682 <u>complex system of secreted proteins and cell to cell interactions comprise the age-related defect we</u>
- have observed will help to inform ongoing studies to develop new therapeutic interventions to
- prevent viral reactivation and the subsequent morbidity and mortality in vulnerable patient groups.
- 685 The NK cells co-culture experiments revealed that there is no association with HCMV infection

- status and the ability of NK cells to control viral dissemination. We observed a range of NK cell
- 687 effector function among the three donor cohort groups analysed and the factors influencing the ability
- of NK cells from some donors to control viral dissemination in these assays while other do not
- 689 warrants further investigation.

690 There is increasing evidence that the detrimental age associated effects of immune responses is 691 associated with age related changes in the microenvironment where immune cells are recruited (77). 692 This has been seen in the tumour microenvironment where the incidence of cancers increases and the 693 ability of the immune system to control them decreases in older humans (78). Evidence from studies 694 in humans of the immune response in the skin has shown that an increase in the number of senescent 695 fibroblasts, identified by upregulation of non-canonical human leukocyte molecule HLA-E (67), 696 leads to the recruitment of monocytes which inhibit the antigen specific T cell response to immune 697 challenge by VZV skin tests (66). This confirmed earlier observations that there was no difference in the composition of VZV specific T cells between young and old donors isolated from the peripheral 698 699 blood, however in the older donor's skin there was an increase in the number of T regulatory cells 700 and in PD-1 expression compared to the young donor skin resident VZV specific cells, suggesting 701 that older donor skin resident T cells are functional and it is local environmental signals that may

affect the responses observed (79).

703 There is also clear evidence from studies in humans and using aging mouse models that there are 704 changes to stromal cells in the lymph node which effect the triggering of important recall immune 705 responses due to defective location of memory T cells in the aged lymph node (80-82). This evidence 706 suggested to us that the defect in the ability of HCMV specific T cells to control viral spread in our 707 VDA system may be a result of increased expression of inhibitory ligands on the dermal fibroblasts 708 and their corresponding receptors on the T cells. We have examined a range of inhibitory ligands on 709 the dermal fibroblasts used in this cohort. We observed increased expression of PD-L1 and CD86 on 710 the older donor dermal fibroblasts and significantly increased expression of B7-H3 and HLA-E. 711 HCMV encodes a polymorphic glycoprotein UL40, which encodes a sequence that can bind HLA-E 712 independently and effect the affinity of the interaction of HLA-E with the CD94 and NKG2C or 713 NKG2A dimers, the effects of the different sequences can reduce HLA-E expression on the cell 714 surface or reduce the affinity of HLA-E binding with the NKG2 receptor (83). Certain of these UL40 715 variants are associated with highly viremic episodes post lung transplant, due to better inhibition of the NKG2A+ NKG2C- NK cells (84). UL40 also induces an unconventional HLA-E restricted CD8+ 716 717 T cell response (85), this population which also expresses multiple NK associated receptors may 718 contribute to poorer outcomes post kidney transplantation (86). HLA-E expression has been observed 719 to be increased on older human dermal fibroblasts identified in skin biopsy staining and blocking the 720 interaction between NKG2A and HLA-E boosted immune responses in the skin (67) and the 721 interaction of HLA-E with a non-conventional HCMV specific CD8+ T cell population that 722 expresses multiple NK associated receptors may contribute to poorer outcomes post kidney 723 transplantation (86). Senescent cells that express HLA-E are usually cleared by cytotoxic NK and 724 CD8+ T cells via interaction with the activating NKG2C receptor and ligation of MICA/ULBP2 with 725 the NKG2D receptor (77), however HLA-E also binds the inhibitory NKG2A receptor which may

prevent cytotoxic activity of the HCMV specific T cell against the infected fibroblast. <u>An analysis of</u>

- 727 NKG2 A, C and D expression levels on T cell and NK cells between our young and old donor
- 728 <u>cohorts would also be informative in understanding the balance between activating and inhibitor</u>
- 729 <u>signalling that might be occurring through these important receptors.</u> The receptor for PD-L1, PD-1,
- is known to be expressed by HCMV specific CD4+ T cells and is associated with a reduction in anti-
- viral cytokine production (87, 88). In sepsis patients HCMV reactivation is associated with
- vpregulation of PD-1 expression on CD8+ T cells and a loss of polyfunctionality (89). The evidence
- from the literature of inhibitory receptor expression on HCMV specific T cells and our observations
- of inhibitory ligand expression on the dermal fibroblasts suggests that understanding which of these
- inhibitory ligand and receptor interactions are occurring within the AQUARIA cohort could provide
- an explanation for the age associated defect we observed. Further work investigating the impact of
- HCMV infection on the expression of inhibitory ligands on both infected and bystander cells, as well
 as characterizing the expression or not of inhibitory receptors on HCMV specific T cells is
- warranted. If these pathways prove to be involved in the loss of control of viral spread *in vitro* it
- 740 opens the possibility of therapeutic intervention using the well-established immune checkpoint
- 741 blockade reagents utilized in cancer treatment (90) to improve patient outcomes in the pathogenesis
- 742 of HCMV and other infectious diseases (91).
- 743 Whilst the cellular immune response to HCMV is essential in controlling primary and reactivating
- infection (6), the humoral immune response is also likely to play an important role in the adaptative
- immune response and that a protective response to HCMV is heterogenous in nature, requiring
- cellular and humoral components (92). The humoral memory response to a reactivating viral
- 747 infection is composed of protective antibodies secreted by plasma cells and also by antibodies
- secreted following reactivation of memory B cells populations (93). The first antibody produced in
- the anti HCMV humoral immune response are the low affinity IgM isotype (94) and following
- affinity maturation of antibodies the isotype switches to IgG and also IgA which is associated with
- the salivary mucosa (95).
- 752 The majority of diagnostic assays for HCMV measure the amount of IgG antibody present to
- antigens derived from virus cultured in fibroblasts or fibroblast lysate, often using the laboratory
- adapted strain AD169, such as is used by the commercial Captia EIA used in this study or
- alternatively recombinant CMV antigens to specific HCMV membrane associated proteins (96).
- 756 Measurement of the total IgG present in the serum of the AQUARIA cohort reactive to HCMV
- antigens, as well as gB and the pentameric complex (gH/gL/pUL128-130-131 (68)) proteins did not
- reveal a significant difference between the amount of IgG in young donor serum compared to old
- donor serum, although there was a trend in all three assays to lower titers in the old donor cohort.
- 760 However, measuring the total anti-HCMV serum IgG titers does not provide information about the
- 761 HCMV neutralizing capacity of the humoral immune response in our donor cohort. In order to assess
- this, neutralization assays were performed on fibroblasts and epithelial (ARPE-19) cells to determine
- how effective the serum derived from these donors was at preventing infection. The use of the two
- different cell types provided useful information about the target of the neutralizing antibody response $\frac{1}{2}$
- as it has been shown that the trimer complex of gH/gL/gO is required for HCMV entry into fibroblast cells and the pentamer complex of gH/gL/pUL128-130-131 is required for viral entry into endothelial
- and epithelial cells, both complexes are considered major targets of neutralizing antibodies (97). The

older donors had significantly poorer neutralization of HCMV infection of epithelial cells compared

- to the young HCMV seropositive donor cohort, indicating that there is a defect in the memory
- response when it directly encounters the virus, which is not observed when measuring the total
- amount of HCMV specific IgG. Measurement of the avidity of the binding of the gB and pentamer
- specific IgG in the HCMV seropositive donors did not show any effect of age, indicating that the
- antibodies in older donors are not worse but they possibly undergone affinity maturation towards
- epitopes that are not required for neutralization.

775 While a defect in neutralization of HCMV infection has not been described in the context of aging, 776 others have shown that in primary infection in pregnant women the development of neutralizing 777 antibodies against the pentamer complex correlated with prevention of transmission to the fetus (68). 778 However, in another study virus neutralization was not predictive of protection against HCMV 779 reactivation in solid organ transplant recipients whereas T cell responses to HCMV infected dendritic 780 cells were (98). While a defect in the functionality of antibodies produced by the memory B cell 781 response to HCMV in the elderly has not been reported, there have been studies looking at the effect 782 of age on HCMV B cell memory. The first study reported an increase in the memory B cell pool 783 reactive to HCMV in older healthy volunteers and observed an increase in HCMV specific IgG 784 plasma levels (99), which is the opposite of our observations. Analysis of the B cell heavy chain 785 repertoire in young and old donors stratified by CMV serostatus observed a similar effect on 786 diversity and memory populations as in T cells, where there is a decrease in naïve sequences and 787 diversity with age which is also seen in CMV positive young donors (100). Exploring the 788 functionality of neutralizing antibody responses against a clinical HCMV viral strain has revealed 789 that whilst the older donors do have functional antibodies as they are able to neutralize infection 790 compared to seronegative donors there is a loss in the quality of neutralization capacity of the 791 antibodies produced possibly due to age related effects on antibody affinity maturation (101). It may 792 also be due to long term carriage of the virus by older donors as the production of pentamer specific

antibodies arises early during primary infection (102).

794 We have previously shown that detection of HCMV DNA in HCMV seropositive donors is rare 795 event (1/41 donors aged > 65 years) (50), suggesting that there may be a slight loss of control of viral 796 replication in older CMV positive donors which does not result in overt disease. We hypothesized 797 that if we looked at bodily fluids from other peripheral tissue sites such as urine and saliva in addition 798 to whole blood we may be able to detect HCMV reactivation in vivo within the donor cohort. There 799 have been previous studies in adults that suggest HCMV can be detected in both urine from older 800 donors (47) and saliva from young and old donors (103, 104). We detected HCMV DNA in the saliva 801 of 2/9 of the older HCMV positive donor cohort, but no HCMV DNA was detected in any of the 802 young donor blood, urine or saliva samples. This confirms previous studies which have shown that 803 there is increased detection of HCMV DNA in older donors which is absent in young (47, 48) and 804 supports the idea that there is a loss of functional quality of the adaptative immune response to 805 HCMV infection by the older donor cohort. Analysis of the quality of the immune response of the 806 two older donors with HCMV DNA detectable in their saliva also supports this hypothesis, in that 807 these two donors have decreased control of viral spread by their PBMC and CD4+ T cells at the early 808 phase of infection. Interestingly, they have better control of viral dissemination by their NK cells

- 809 compared to all the other donors examined, suggesting there may be an alteration in the balance
- 810 between innate and adaptative immune response in resulting in HCMV reactivation at mucosal sites
- 811 and detectable HCMV DNA.

812 Overall, we have shown that there is a defect in aspects of the adaptative cellular and humoral 813 response to HCMV in older donors and this loss of functional control of HCMV correlates with 814 evidence of increased viral replication at peripheral tissue sites in some of these donors. The resulting 815 increased inflammation from viral reactivation may help to explain the reports of HCMV as a co-816 morbidity factor in the unwell aged including poorer outcomes in SARS-CoV2 infections (34, 105), 817 increased mortality in older severe sepsis patients with HCMV reactivation (89) and the many 818 associations of HCMV carriage with increased pathology in cardiovascular disease (35-40, 45, 46). 819 The results from this study underline the importance of examining immune functions in response to 820 active infections using clinical strains of HCMV in vitro as the interaction of the immune response 821 with the virus reveals differences in the quality of the immune response in the old which merely 822 measuring the magnitude of T cell and antibody responses to HCMV proteins alone did not. Using 823 functional studies investigating immune cells ability to control viral spread and infection will also 824 increase our understanding of how these processes occur in the body. Furthermore, they also 825 demonstrate the importance of examining the antigen presenting cell (APC) – we clearly observe 826 expression of some inhibitory ligands is increased on the dermal fibroblasts grown from the older 827 donors. Through a functional assay that allows both the APC and immune cell to be interrogated in 828 concert (e.g., the viral dissemination assay) it becomes possible to interrogate whether the interaction 829 of these ligands with inhibitory receptors on the HCMV specific T cells plays a role in diminishing 830 the ability of adaptative immune cells to control viral spread. If the interactions between these 831 checkpoint inhibitory receptors and ligands are shown to play a role in causing the defect in the 832 HCMV immune response in the old observed in this study, it provides a potential opportunity to 833 therapeutically intervene to prevent HCMV reactivation using well established checkpoint inhibitor 834 treatments.

835

836 5 Conflict of Interest

The authors declare that the research was conducted in the absence of any commercial or financial
relationships that could be construed as a potential conflict of interest.

839 6 Author Contributions

SJ, MR and MW designed research. ED, MN, EL, CH, GO, CA and SJ performed research. ED, MN,
SJ, MR and MW analysed data. SJ and MW wrote the paper. All authors contributed to the article
and approved the submitted version.

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- 1190
- 1191 **10 Tables**
- 1192 Table 1 AQUARIA Cohort Donor Characteristics

		YOUNG (<40 years)		OLD (>65 years)		All donors		All donors	
		HCMV+	HCMV-	HCMV+	HCMV-	HCMV+	HCMV-	YOUNG (<40 years)	OLD (>65 years)
Donors n (M/F)		8 (1/7)	5 (4/1)	9 (2/7)	4 (1/3)	17 (3/14)	9 (5/4)	13 (5/8)	13 (3/10)
Age (Mean ± S.D.)	Years	36.88 ± 3.14	39.80 ± 1.94	73.11 ± 2.23	75.75 ± 0.43			38.00 ± 3.21	73.92 ± 2.33
$\begin{array}{c} \text{HCMV} \\ \text{IgG} \\ \text{(Geo Mean} \\ \pm \text{S.D.)} \end{array}$	ISR	3.44 ± 1.95	0.57 ± 1.13	2.77 ± 1.88	0.97 ± 1.32	3.07 ± 1.90	0.72 ± 1.40		

1193

1194 **11 Figure Legends**

1195 Figure 1 – Magnitude of T cell IFNγ, TNFα and IL-10 responses to HCMV protein stimulation.

1196 The cytokine secreting CD8+ and CD4+ T cell response to five HCMV protein mixes and positive

1197 control stimulation were measured in the 17 HCMV seropositive donors by triple colour fluorospot.

1198 The fluorospot results have been converted into spot forming units per million CD3+ T cells

- (sfu/CD3 10⁶) with background counts for each cytokine subtracted. The cytokine response to the
- 1200 positive control, latency associated proteins (LAT: UL138, US28, LUNA, vIL-10), pp65 and UL144,
- 1201 IE1 and IE2 (IEs), pp71 and US3 and gB proteins are shown for both young (turquoise points) and
- (PBMC with CD8+ T cells depleted. The IFNγ CD8+ (A) and CD4+ T cell (B) responses, TNFα
 CD8+ (C) and CD4+ T cell (D) responses and IL-10 CD8+ (E) and CD4+ T cell (F) responses are
- 1204 cD3+ (c) and cD4+ 1 cen (D) responses and iL-10 cD3+ (E) and cD4+ 1 cen (F) responses are 1205 shown (with the geomean and geometric standard deviation (S.D.) indicated for each group). The
- 1206 fluorospot cytokine data was transformed and analysed by ordinary 1-way ANOVA with post-hoc
- Bonferroni's multiple comparison tests to compare young and old responses to each protein mix
- 1208 stimulation for each T cell subset and cytokine, significant differences are marked on the graph with
- 1209 the p-value indicated.

1210 Figure 2 – Anti-viral activity of whole PBMC from Young and Old Seropositive and Seronegative

- 1211 donors.
- 1212 Untouched donor PBMCs over a range of effector:target (E:T) ratios were co-cultured with
- 1213 autologous dermal fibroblasts infected with the dual fluorescence tagged Merlin strain of HCMV.
- 1214 After 11 days the cultures were harvested and analysed for mCherry and GFP expression by flow
- 1215 cytometry. Representative curves of normalized viral dissemination for a young seropositive
- 1216 (AQU002), old seropositive (AQU006) and seronegative (AQU017) donors for both Early
- 1217 (mCherry+) and late (GFP+ and mCherry+) infection are shown (A). Areas under the curve (AUC)
- 1218 were calculated for all donors and the results grouped according to age and serostatus <u>and presented</u>
- 1219 <u>as a min max box and whiskers plots with median and upper and lower quartiles indicated (B)</u>. The
- 1220 calculated AUC data was compared between groups by 2-way ANOVA with multiple comparisons,
- 1221 controlled by the False Discovery Rate using the two stage step up method of Benjamini, Krieger and
 1222 Yekuteli, performed to compare the three groups (Young Pos, Old Pos and Neg) at both viral
- Yekuteli, performed to compare the three groups (Young Pos, Old Pos and Neg) at both viral infection timepoints. Significant differences between the groups are shown as the p-value.
- Figure 3 Anti-viral activity of isolated NK cells from Young and Old Seropositive and
- 1225 Seronegative donors.
- 1226 Isolated NK cells were co-cultured with infected autologous dermal fibroblasts as described in Figure
- 1227 2. Representative curves of normalized viral dissemination from the young (AQU002), old
- 1228 (AQU006) and seronegative (AQU017) donors are shown for both Early and Late infection (A).
- 1229 Calculated AUC for all donors are shown grouped according to age and serostatus <u>and presented as a</u>
- 1230 <u>min max box and whiskers plot with median and upper and lower quartiles indicated (B)</u>. The NK
- 1231 cell AUC data was compared by 2-way ANOVA with multiple comparisons, there were no
- significant differences in the ability of NK cells to control viral dissemination between seropositiveand seronegative donors.
- Figure 4 Anti-viral activity of isolated CD8+ and CD4+ T cells from Young and Old Seropositive
 and Seronegative donors.
- 1236 Isolated CD8+ T cells or isolated CD4+ T cells were co-cultured with infected autologous dermal
- 1237 fibroblasts as previously described. Shown are representative curves of normalized viral
- 1238 dissemination from the young (AQU002), old (AQU006) and seronegative (AQU017) donors for the
- 1239 CD8+ (A) and CD4+ (C) T cell co-culture. AUC were calculated for all donors and the results are
- summarized graphically for CD8+ (B) and CD4+ (D) T cells, the data is presented as a min max
- 1241 <u>box and whiskers plots with median and upper and lower quartiles indicated</u>. 2-way ANOVA with
- 1242 post-hoc multiple comparisons controlled by the False Discovery Rate was performed to compare
- 1243 young and old seropositive donors and the seronegative donor results. Significant differences
- between the three groups are shown on the graphs as the p-value.
- 1245 Figure 5 Expression of inhibitory ligands by Young and Old AQUARIA human dermal fibroblasts.
- 1246 The AQUARIA cohort derived dermal fibroblasts were analysed for the expression of inhibitory
- 1247 ligands by flow cytometry. Geomean fluorescence intensity (gMFI) was normalized to the
- 1248 corresponding isotype and normalized expression greater than 100 units was deemed as positive cell
- 1249 surface expression of the protein. <u>SummarisedSummarized</u> is the normalized <u>gMFI</u> expression of
- 1250 MHC Class I (HLA-ABC), HVEM (CD270), PD-L2 (CD273), PVR (CD155), PD-L1 (CD274),
- 1251 CD86 (B7-2), B7-H3 (CD276) and HLA-E for each age group <u>presented as box and whisker min –</u>
- 1252 <u>max plots with median and quartiles indicated</u>. Multiple unpaired t-tests of the transformed

- 1253 normalized expression data were performed and the significant differences between the age cohorts
- 1254 are indicated as the p-value. There is no significant difference in the expression of MHC Class I
- 1255 between the young (Turquoise symbols) and old (purple symbols) fibroblasts. The remaining
- 1256 molecules are arranged from left to right according to the increased expression of the molecule by the
- 1257 older donor dermal fibroblasts, with significant differences observed between the expression of B7-
- 1258 H3 and HLA-E.
- Figure 6 HCMV Antibody quantification and neutralization capacity of young and old seropositive
 and seronegative donors.
- 1261 The amount of antibody specific to HCMV was quantified in the sera from the AQUARIA donor
- 1262 cohort. The amount of IgG reacting to the virus was first quantified by the Captia HCMV EIA with
- results expressed as an immune status ratio (ISR) (A) the negative boundary of 0.9 (green dotted line)
- and positive boundary of 1.1 (pink dashed line) are shown for reference. The amount of IgG
- 1265 antibodies in donor sera reactive to gB protein (B) and the pentameric complex (C) are shown as
- 1266 AUC calculated from OD 450 values from a range of serum dilutions (1:100 1:10000).
- 1267 Neutralization assays with heat inactivated sera were performed on fibroblasts (D) and epithelial cells
- 1268 (E), serum was diluted and pre-incubated with the fluorescence tagged virus prior to adding to the
- 1269 cells. Representative curves for young (AQU002), old (AQU006) seropositive and seronegative
- 1270 (AQU017) donors are shown for late gene GFP expression for both cell types. AUC were calculated 1271 for all donors and the results for the three age and serostatus groups are shown and presented as a
- 1271 for all donors and the results for the three age and serostatus groups are shown and presented as a 1272 min – max box and whiskers plots with median and upper and lower quartiles indicated. All data wa
- 1272 <u>min max box and whiskers plots with median and upper and lower quartiles indicated</u>. All data was
 1273 analysed using a one-way ANOVA Kruskall-Wallis test with post-hoc multiple comparisons
- 1275 analysed using a one-way ANOVA Kruskan-wants test with post-noc multiple comparisons 1274 controlled by the False Discovery Rate. The p-values for all these comparisons are shown on each
- 1275 graph, a significant difference is a result of p<0.05.
- 1276 Figure 7 HCMV genomes are detected in the saliva of older AQUARIA donors.
- Realtime quantitative PCR was performed on extracted DNA samples from all donors' biological
 samples. The Ct values of the standard curve of the HCMV genomes is shown (A) showing detection
 to 5 genome copies. HCMV copies per ml were calculated using the standard curve in the Step One
 software as described in the methods. No HCMV DNA was detected in the CMV seronegative
 donors summarized (B) are the results for the Young and Old HCMV positive donors Blood, Saliva
- and Urine samples. CMV genomes were detected in the saliva of 2 old donors AQU007 (orange
- 1283 triangle) and AQU022 (red square). The anti-viral cellular results of the AQUARIA cohort are
- summarized for early gene (C) and late gene (D) phases of viral infection and antibody neutralization
- 1285 (E) showing the <u>other individual Old Positive donors</u> (purple symbols) AUC responses and the
- geomean and range of the young positive (turquoise) and negative donor (green) responses
 illustrated, the responses of donors AQU007 (orange triangle) and AQU022 (red square) are
- 1287 highlighted for each cellular category and antibody neutralization. The young seropositive donor
- range of response generally represent anti-viral control and the negative donor range of responses
- reflect a loss of anti-viral control the trend of decreasing control of the virus is shown as the green
- 1291 arrow on each graph.
- 1292















Figure 7.TIFF

