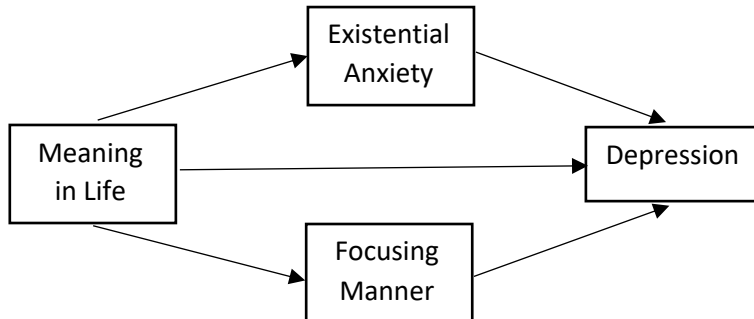


**Figure 1**

Mediation model with existential anxiety and focusing manner as parallel mediators



Direct effect:  $-.0039$  (n.s.)

Total indirect effect:  $-.0636$  (s.)

*Note.* This figure depicts the direct effect of meaning experience on severity of depression and the total indirect effect of meaning experience on severity of depression through existential anxiety and focusing manner. The total indirect effect is the sum of the indirect effect of meaning experience through existential anxiety and the indirect effect of meaning experience on severity of depression through focusing manner.