

1 **ECG-I Phenotyping of Persistent AF Based on Driver Burden and Distribution**  
2 **to Predict Response to Pulmonary Vein Isolation (PHENOTYPE-AF).**

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5 Dhillon GS MRCP BSc, Honarbakhsh S MRCP BSc, Graham A MRCP BSc, Abbass H MSc, Welch  
6 S PhD, Daw H MSc, Sporton S MD FRCP, Providencia R PhD, Chow A FRCP MD, Earley MJ MD  
7 FRCP, Lowe M MD FRCP, Lambiase PD PhD FHRS, Schilling RJ MD FRCP, Hunter RJ PhD FESC  
8 FEHRA.

9

10 Barts Heart Centre, St Bartholomew's Hospital, Barts Health NHS Trust, London, United  
11 Kingdom.

12

13 Corresponding Author:

14 Professor Ross J Hunter FESC PhD

15 Director of Electrophysiology Research

16 Barts Heart Centre

17 Barts Heart NHS Trust

18 EC1A 7BE

19 Email: ross.hunter3@nhs.net

20

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23

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30 Ross Hunter, Richard Schilling, and Shohreh Honarbakhsh were inventors of the STAR  
31 mapping system and are shareholders in Rhythm AI Ltd.

32 **DATA AVAILABILITY STATEMENT**

33 The data that support the findings of this study are available from the corresponding author  
34 upon reasonable request.

35

36 **ABSTRACT**

37 Background:

38 This prospective trial sought to phenotype persistent AF based on AF mechanisms using ECGI  
39 mapping to determine whether this would predict long term freedom from arrhythmia after  
40 pulmonary vein isolation (PVI).

41

42 Methods:

43 Patients with persistent AF of < 2 years duration underwent cryoballoon PVI. ECGI mapping  
44 was performed prior to PVI to determine potential drivers (PDs) defined as rotational  
45 activations completing  $\geq 1.5$  revolutions or focal activations. The co-primary end point was  
46 the association between (1) PD burden (defined as the number of PD occurrences) and (2) PD  
47 distribution (defined as the number of segments on an 18 segment model of the atria  
48 harbouring PDs) with freedom from arrhythmia at 1 year follow up.

49

50 Results:

51 Of 100 patients, 97 completed follow up and 52 (53.6%) remained in sinus rhythm off  
52 antiarrhythmic drugs. Neither PD burden nor PD distribution predicted freedom from  
53 arrhythmia (HR 1.01, 95% CI 0.99 – 1.03,  $p = 0.164$ ; and HR 1.04, 95% CI 0.91 – 1.17,  $p = 0.591$   
54 respectively). Otherwise, the burden of rotational PDs, rotational stability, and the burden of  
55 PDs occurring at the pulmonary veins and posterior wall all failed to predict arrhythmia  
56 recurrence (all  $p > 0.10$ ).

57

58 Conclusions:

59 AF mechanisms as determined using ECGI mapping do not predict outcome after PVI for  
60 persistent AF. Further studies using different methodologies to characterise AF mechanisms  
61 are warranted. (NCT03394404)

## 62 INTRODUCTION

63

64 Although pulmonary vein isolation (PVI) is effective for paroxysmal atrial fibrillation (AF), it is  
65 only moderately effective for persistent AF. Registry data have reported 12-month freedom  
66 from atrial arrhythmia in the region of 50-60 % in persistent AF patients following catheter  
67 ablation<sup>1,2</sup>. PVI has been shown to be at least as effective as other ablation strategies that  
68 incorporate PVI with additional substrate ablation such as targeting of fractionated  
69 electrograms or linear ablation<sup>3,4</sup>.

70

71 Studies have suggested that time spent in persistent AF, increasing left atrial dimensions, and  
72 atrial scarring all impact on success rates after persistent AF, but it remains unclear why some  
73 patients with persistent AF respond to PVI and others do not. Recent studies investigating the  
74 mechanisms of persistent AF utilising non-invasive mapping and contact electrograms have  
75 suggested persistent AF is maintained by localised sources termed drivers<sup>5-7</sup>. These 'drivers'  
76 have been described as either focal or rotational activation patterns that can seemingly  
77 originate in either atria, the pulmonary veins or vena cava<sup>6,8</sup>. It is possible that the burden and  
78 distribution of these drivers might determine the success with a PVI strategy and that it might  
79 therefore be possible to phenotype AF in this way that would usefully determine the response  
80 to ablation therapy.

81

82 The Electrocardiographic Imaging (ECGI) system (CardioInsight, Medtronic, USA) is a non-  
83 invasive mapping technology that panoramically analyses both atria to identify focal and  
84 rotational activation patterns that are potential drivers (PDs) of persistent AF<sup>8-10</sup>. We recently

85 published a trial utilising the ECGI system to target ablation of potential drivers in persistent  
86 AF patients<sup>11</sup>. However, this study utilized the ECGI system to evaluate PD burden and  
87 distribution in patients with persistent AF prior to PVI to determine whether these factors  
88 predicted response to therapy in a prospective clinical trial. It was hypothesized that patients  
89 with a lower burden of PDs that were less widely distributed would be more likely to remain  
90 free from atrial arrhythmia at long term follow up.

## 91 **METHODS**

### 92 **Patient Population**

93 Consecutive patients undergoing first time catheter ablation for persistent AF of less than two  
94 years duration were prospectively enrolled as this was perceived by our group to be the most  
95 common cohort of patients undergoing catheter ablation for persistent AF and would allow  
96 comparison to similar other AF outcome studies<sup>10,12-14</sup>. All participants provided written  
97 informed consent. The study was approved by the national ethics committee and was  
98 prospectively registered on clinicaltrials.gov (NCT03394404). Exclusion criteria are detailed  
99 within Supplementary Methods 1.

100

### 101 **Catheter Ablation**

102 Patients underwent cryoablation PVI as detailed within Supplementary Methods 2. A small  
103 number of patients underwent additional cavotricuspid isthmus (CTI) ablation where sustained  
104 typical atrial flutter had been documented previously or where AF terminated to sustained typical  
105 atrial flutter with PVI, but no other structures were targeted with ablation.

106

### 107 **Contact Mapping**

108 Cycle lengths (CLs) were recorded from each PV, the left atrial appendage (LAA), right atrial  
109 appendage (RAA) and proximal coronary sinus (CS) over 30 consecutive cycles. With the  
110 exception of the PVs, CLs were recorded at these sites again following PVI unless the patients  
111 were in sinus rhythm.



112

### 113 **Non-invasive ECGI Mapping**

114 ECGI mapping methods have described previously and is detailed in supplementary methods  
115 3<sup>8</sup>.

116

### 117 **Potential Driver Analysis**

118 PD burden was defined as the total number of PD occurrences. This was assessed in the atria  
119 overall, but also divided into those occurring at the PVs and posterior wall, and those  
120 occurring elsewhere. To assess the distribution of PDs we utilised an 18 segment biatrial  
121 model that has been described previously<sup>8</sup>. The PD distribution was then defined as the  
122 number of segments on the 18 segment model harbouring PDs. We discarded rotational  
123 wavefronts with an unstable wandering core. Where a PD occupied an area that straddled  
124 more than one segment on the 18-segment model, it was counted as a single driver  
125 occurrence but ascribed to more than one segment for the purposes of assessing distribution.  
126 We evaluated the temporal stability of rotational activation patterns defined as the mean  
127 number of rotations per PD occurrence, and the proportion of PDs that were rotational or  
128 focal.

129

### 130 **Follow up and definitions of clinical success**

131 Patients were evaluated clinically at three, six, nine and at twelve months. Clinical evaluation  
132 included 12 lead ECG and assessment of patient symptoms. In addition, patients underwent  
133 24-hour ECG holter monitoring at six and twelve months. Clinical success was determined at

134 1 year and was defined as freedom from documented atrial arrhythmia lasting  $\geq$  30 seconds  
135 following a 3 month blanking period after a single procedure off antiarrhythmic drugs as per  
136 guidelines<sup>15</sup>. During the blanking period antiarrhythmic drugs were permitted.

137

### 138 **Study End Points**

139 The co-primary end points were the association between PD burden (defined as the number  
140 of PD occurrences) and distribution (defined as the number of segments harbouring PDs on  
141 the 18-segment model) on baseline ECGI maps, and clinical success at 12-months. Secondary  
142 end points were exploratory and included an assessment of whether other PD features were  
143 associated with clinical success at 1 year.

144

### 145 **Statistical Analysis**

146 Normally-distributed data were expressed as mean  $\pm$  standard deviation or, if not normally-  
147 distributed, as median with interquartile range. Student's t test was performed for normally-  
148 distributed variables and Mann-Whitney U test was performed for non-parametric variables.

149

150 The burden and distribution of PDs as defined above were continuous variables. Cox  
151 regression analysis was performed on a univariate basis to analyse association between  
152 factors including PD burden and distribution and clinical outcomes. As a secondary alternate  
153 analysis, receiver operating characteristics (ROC) analysis was used to test the association  
154 between PD burden and distribution with clinical success at 1 year. Optimal cut offs were  
155 determined manually from ROC curves aiming for balanced sensitivity and specificity. All

156 Statistical analysis were performed using SPSS (IBM SPSS Statistics, Version 25 IBM Corp,  
157 Armonk, NY, USA). A P-value of <0.05 was taken to indicate statistical significance.

## 158 **RESULTS**

159 100 patients were enrolled between January and December 2018. Patient demographics are  
160 displayed in Table 1. Mean age was  $61.3 \pm 12.1$  with 74 being male. Median duration of  
161 continuous AF was 8 (5 – 15) months. 93 patients were managed on a direct oral  
162 anticoagulant. Three patients died during the follow up period for non-procedure or AF  
163 related illness and were excluded from the follow up analysis (acute myocardial infarction at  
164 7 months post procedure, complications post elective coronary bypass operation at 7 months,  
165 and metastatic pancreatic cancer at 9 months) and therefore 97 patients completed 1 year of  
166 follow up. ECGI mapping was unsuccessful in one patient due to inability to reduce the  
167 ventricular rate sufficiently and the occurrence of frequent ventricular ectopy with  
168 intravenous adenosine. Therefore, 96 patients had 1 year follow up data and baseline ECGI  
169 mapping data for inclusion in the ECGI outcome analysis.

170

### 171 **Pulmonary Vein Isolation**

172 Procedural data for this cohort has been published previously<sup>8</sup>. In brief, all 4 PVs were  
173 successfully isolated in all patients using the cryoballoon. In ten patients an additional  
174 cavotricuspid isthmus line was ablated using an irrigated radiofrequency ablation catheter.  
175 Procedure time was 57 (48 – 68) minutes. The median number of applications per vein was  
176 1.5 (1.25 – 1.75) including applications that were abandoned. The median total freeze time  
177 was 15.7 (13.0 – 20.3) minutes per patient. Median fluoroscopy time was 4.1 (3.0 – 6.0)  
178 minutes. Following cryoablation, 85 patients were not in sinus rhythm and required  
179 cardioversion.

180 Two major complications occurred: a tamponade detected at the end of the procedure  
181 (thought to be due to a difficult transseptal puncture) requiring percutaneous drainage and  
182 one phrenic nerve palsy in a patient with a right common PV (occurred at -36°C, 56 seconds)  
183 which persisted at the end of the procedure but had recovered by 3 months.

184

## 185 **Clinical Outcomes**

186 Clinical outcomes of this study are summarised in Figure 2. Of the 97 patients that completed  
187 follow up 52/97 (53.6%) remained free from atrial arrhythmia at 12-months and off  
188 antiarrhythmic drugs after a single procedure (although none of the 3 subjects who died  
189 during follow up had AF documented in the follow up period prior to death, these patients  
190 were excluded as they did not reach 1 year of follow up). This measure was used for the below  
191 analysis of factors predicting clinical success at one year. Freedom from AF was 62/97 (63.9%)  
192 at 1 year and this was used for a secondary analysis of factors predicting recurrent AF in  
193 particular.

194

195 45/97 (46.4%) patients had documented recurrence of atrial arrhythmia. Of these 35/45  
196 (77.7%) had recurrent AF, 5/45 (11.1%) had atrial tachycardia and 5/45 (11.1%) had typical  
197 right atrial flutter.

198

## 199 **ECGI Baseline Maps**

200 Pre-PVI baseline maps were obtained in 96 of the 97 patients with 1 year follow up data. The  
201 mean duration of cumulated intervals per map was 15352.0 (15112.0 – 15599.5) ms  
202 comprised of 15 (13 – 16) intervals. An example of a focal and rotational PD are shown in  
203 Figures 3.1 and 3.2. The number of patients with PDs at the PV ostia and therefore the number  
204 of patients in whom PDs were targeted with ablation was 95.

205

206 **Primary end-point: Prediction of Long-term Outcomes from Baseline Arrhythmia**  
207 **Mechanisms**

208 For analysis of the primary end point, Cox regression analysis (Table 2) showed no significant  
209 relationship between either the burden of PDs or their distribution and the recurrence of  
210 arrhythmia at 1 year. An alternative analysis using ROC analysis also showed no relationship  
211 between these parameters and outcome (Supplemental Table 1).

212

213 Examining the association between PD burden and PD distribution and recurrent AF in  
214 particular showed no significant association on either Cox regression or ROC analysis  
215 (Supplemental Tables 2 & 3 respectively).

216

217 *Burden of PDs and arrhythmia recurrence*

218 The total number of PD occurrences (HR 1.014, 95 % CI 0.994 – 1.034, p = 0.164) did not  
219 predict arrhythmia recurrence. Examining the constituents of this, an increasing number of  
220 focal activations predicting arrhythmia recurrence failed to reach significance (HR 1.041, 95  
221 % CI 0.996 – 1.089, p = 0.076), and there was no impact of the burden of rotational activations

222 (HR 1.004, 95 % CI 0.995 – 1.014, p = 0.368). On a regional analysis, neither the burden of PD  
223 occurrences at the PVs and posterior wall (HR 1.038, 95 % CI 0.978 – 1.101, p = 0.216) nor the  
224 burden of PD occurrences excluding the PVs and Posterior wall (HR 1.014, 95 % CI, 0.991 –  
225 1.037, p = 0.234) were significant predictors of arrhythmia recurrence. Furthermore, the  
226 proportion of PD occurrences at the PVs and PW relative to elsewhere did not predict  
227 arrhythmia recurrence (HR 0.889, 95 % CI 0.192 – 4.112, p = 0.881).

228

### 229 *Distribution of PDs and arrhythmia recurrence*

230 The total number of segments harbouring drivers did not predict arrhythmia recurrence (HR  
231 1.035, 95 % CI, 0.912 – 1.174, p = 0.591). On a regional analysis, neither the number of  
232 segments at the PVs and posterior wall (HR 1.020, 95 % CI 0.777 – 1.340, p = 0.885), nor the  
233 number of segments elsewhere excluding the PVs and posterior wall (HR 1.053, 95% CI, 0.893  
234 – 1.241, p = 0.538) were significant predictors of arrhythmia recurrence. Furthermore, the  
235 proportion of segments harbouring PDs at the PVs and PW relative to elsewhere did not  
236 predict arrhythmia recurrence (HR 7.139, 95 % CI 0.115 – 444.259, p = 0.351).

237

### 238 **Comparison of AF Mechanisms in patients with and without arrhythmia recurrence**

239 Comparison of the burden and distribution of PDs at baseline in those with and without  
240 arrhythmia recurrence at 12 months showed no significant differences between groups (Table  
241 3). Comparison of patients with AF recurrence in particular to those who remained in sinus  
242 rhythm showed no significant differences either (Supplemental Table 4).

243

244 **The response to PVI and long-term outcome**

245 *Termination of AF and outcome*

246 Fifteen patients acutely terminated to sinus rhythm following PVI. There was no significant  
247 difference in arrhythmia recurrence between patients that terminated acutely compared to  
248 those who did not ( $p = 0.781$ ), nor was there a significant difference in AF recurrence between  
249 patients who acutely terminated following PVI compared to those who did not ( $p = 0.780$ ).

250

251 *Cycle length slowing and outcome*

252 Baseline CL measurements were performed at the left atrial appendage, the right atrial  
253 appendage, the coronary sinus, and the pulmonary veins. Although none of these predicted  
254 arrhythmia recurrences at 1 year with Cox regression analysis (Table 2), ROC analysis  
255 performed revealed shorter LAA (AUC, 0.632, 95% CI, 0.514 – 0.750,  $p = 0.031$ ) and mean PV  
256 CL (AUC, 0.627, 95% CI, 0.512 – 0.742,  $p = 0.037$ ) were weakly predictive of AF recurrence at  
257 1 year.

258

259 Comparison of CL change following PVI (in those who remained in AF post PVI prior to  
260 cardioversion) in patients with and without atrial arrhythmia recurrence at 12 months  
261 (Supplemental Table 5) did not reveal a significant difference. Similarly, Cox regression and  
262 ROC analysis showed no association between CL slowing following PVI and freedom from  
263 either atrial arrhythmia or AF in particular (Table 2 and Supplemental Tables 1-3).

264



265 *Acute impact of PVI on PDs and outcome*

266 Excluding the 15 patients in whom PVI acutely terminated AF, 81 patients had ECGI maps  
267 recorded post PVI. Of these 81 patients, atrial arrhythmia recurred in 38 (46.9%). ROC analysis  
268 did not reveal a significant relationship between PD burden and distribution post PVI and  
269 arrhythmia recurrence or AF recurrence at 1 year (Supplementary Tables 6). Comparing  
270 patients with and without arrhythmia recurrence at 1 year there was no difference in the PD  
271 burden or the PD distribution recorded post PVI (Supplemental Table 7).

272

273 **Patient factors and arrhythmia recurrence**

274 Of the patient factors analysed, increasing LA dimensions showed an association with  
275 recurrence of arrhythmia (Table 2). The duration of persistent AF prior to ablation was not  
276 found to be predictive (within the range of patients recruited into the study, since only  
277 patients with a duration of AF < 2 years were included).

## 278 **DISCUSSION**

### 279 **Main Findings**

280 This is the first study to evaluate whether the mechanisms sustaining persistent AF, as  
281 determined non-invasively using the ECGI mapping system, predict the outcome after PVI for  
282 persistent and long-standing persistent AF of up to 2 years duration. In a prospective trial of  
283 100 patients, neither of the co-primary end points of PD burden or PD distribution impacted  
284 on freedom from atrial arrhythmia or freedom from AF at 1 year. No other factor assessed  
285 including the proportion of PDs that were focal or rotational, the stability of rotational PDs,  
286 or their concentration at the PVs significantly affected outcome. The burden of rotational PDs  
287 did not affect outcome, but a weak influence of the burden of focal PDs on outcome cannot  
288 be excluded. Similarly, no features on mapping post PVI predicted outcomes at 1 year, nor  
289 did the acute impact of PVI on PD characteristics.

290

#### 291 **1. Outcomes of Pulmonary Vein Isolation for persistent AF**

292 This study reports on the largest cohort of patients with persistent and longstanding  
293 persistent AF undergoing catheter ablation with the cryoballoon with formal clinical trial  
294 follow up with systematic monitoring of asymptomatic patients. Freedom from atrial  
295 arrhythmia off antiarrhythmic drugs was achieved in 53.6 % of patients at 12 months follow  
296 up, with freedom from AF achieved in 63.9%. This is in keeping with large registry data of  
297 clinical outcomes<sup>1,2</sup>. Recent registry data has suggested similar outcomes for patients with  
298 mostly early persistent AF when using the cryoballoon to achieve pulmonary vein isolation<sup>16,17</sup>.

299

300 There are several factors which have been shown to predict recurrence of arrhythmia  
301 following catheter ablation for persistent AF, most noticeably female gender, time in  
302 persistent AF, left atrial dimensions and obesity<sup>16-18</sup>. Scoring systems have been devised  
303 combining these factors and others in attempts to predict outcomes for AF ablation<sup>19-21</sup>, but  
304 there remains scope for improvement in patient selection and possibly for strategy selection  
305 in terms of PVI alone or with additional ablation. MRI data has attempted to evaluate the left  
306 atrial substrate for evidence of disease progression beyond left atrial dimensions in terms of  
307 scarring<sup>22</sup>. However, the predictive value of these techniques remains limited and it is often  
308 unclear why some patients respond to ablation whereas others do not. This study aimed to  
309 phenotype patients on a mechanistic level, to examine the burden, distribution and other  
310 properties of drivers in persistent AF with the aim of determining a mechanistic phenotype  
311 likely to respond to PVI.

312

## 313 **2. Mechanisms of AF**

314 Studies utilising contact mapping systems such as basket catheters or other multipolar  
315 mapping catheters suggest that AF is driven by localised sources, which are spatially stable  
316 but with temporal periodicity. Such drivers display focal and rotational activation patterns  
317 with significant variation in the burden and distribution of these drivers<sup>6,12,23</sup>. This is in keeping  
318 with the picture painted of the mechanisms sustaining persistent AF observed in other studies  
319 using the ECGI system such as the multicentre AFACART study,<sup>8,10,24</sup> and is compatible with  
320 the observations regarding AF mechanisms in this study.

321

322 Although PVI appears to be a fairly effective treatment for persistent AF, it is unclear why this  
323 is the case. It is unclear whether PVI simply removes PV triggers, whether it eliminates antral  
324 drivers, or whether it eliminates sites of ganglionated plexi innervation. Given the anatomical  
325 variation and patient specific locations of drivers, the differing burdens between patients, the  
326 difference in how distributed drivers are throughout the atria or how concentrated they are  
327 at the PV ostia, and the differences in the mix of focal versus rotational drivers, it is unclear  
328 which factors might be relevant to the outcome of PVI for persistent AF.

329

### 330 **3. Mechanisms of AF predicting outcome after ablation**

331 PVI in AF impacts significantly on the burden of fractionated electrograms and dominant  
332 frequency in the atria<sup>25,26</sup>. We have previously published on the acute impact of PVI in this  
333 cohort, using the ECGI mapping system to study AF mechanisms before and after PVI<sup>8</sup>. In fact,  
334 although PVI reduced the total burden of PDs through its effect at the PVs and posterior wall,  
335 it had no acute impact upon the total number of PD occurrences outside of these areas, the  
336 overall distribution of PDs outside of this area, the proportion of PDs that were focal versus  
337 rotational, or any other factor studied. This is compatible with previous work using different  
338 contact mapping modalities, suggesting that drivers outside the pulmonary veins seem  
339 relatively unaffected by PVI<sup>6,7,12</sup>. However fewer focal PDs were found to be predictive of acute  
340 termination of AF with PVI<sup>8</sup>. Other work using contact mapping has observed AF termination  
341 exclusively with targeting of focal drivers<sup>27</sup>. Furthermore, in patients undergoing targeting of  
342 focal and rotational activations based on contact mapping, ablation at sites of focal  
343 activations may better predict AF termination<sup>28</sup>.

344

345 This study found that persistent AF mechanisms as determined using the ECGI mapping  
346 system did not determine clinical outcome at 1 year following a PVI procedure. Ablation  
347 procedures involved only PVI since this was believed to be current practice. No other ablation  
348 was allowed and PDs were deliberately not targeted since this might have obscured the result.  
349 Neither the burden of PDs (in terms of the number of PD occurrences) nor distribution of PDs  
350 (in terms of how many segments on an 18 segment model of the atria harboured PDs) had  
351 any impact on subsequent freedom from arrhythmia, or freedom from AF in particular. On  
352 further analysis, neither the proportion of drivers found at the PVs and posterior wall, the  
353 proportion of drivers that were focal verses rotational, nor the temporal stability of rotational  
354 PDs were significant predictors of outcome. There was a trend in favour of more focal drivers  
355 predicting recurrent arrhythmia ( $p = 0.076$ ) which may have reached significance in a larger  
356 study, but given that 96 patients were included in this analysis it is unlikely that this would  
357 emerge as a strong predictor of arrhythmia recurrence that would go on to be clinically useful  
358 for patient selection if it did not reach significance in this cohort. Notably, PD characteristics  
359 post PVI did not predict 1 year outcome either.

360

361 It might have been expected that patients with a high proportion of PDs at the PVs and  
362 posterior would benefit from PVI. However, this was not evident in this cohort. The examples  
363 shown in Figure 4 illustrate that patients with a lower burden of drivers concentrated at this  
364 location did not necessarily benefit from PVI. This could be taken as evidence that targeting  
365 of driver regions may not impact outcomes.

366

367 Of the other factors studied only left atrial dimensions predicted outcome at 1 year. Time in  
368 persistent AF did not reach significance in this cohort, but then there was a fairly narrow range  
369 of persistent AF duration which is always difficult to estimate accurately, and the time with  
370 progressive paroxysmal AF prior to AF becoming persistent is difficult to account for. Similarly,  
371 factors such as baseline AF cycle length, cycle length slowing post PVI, or acute termination  
372 of AF with PVI were not significant predictors of freedom from atrial arrhythmia or AF at 1  
373 year. Novel mapping strategies are needed to examine AF mechanisms, both to determine  
374 who is likely to benefit from PVI, who might benefit from some sort of additional ablation,  
375 and who does not stand to benefit from ablation at all.

376

### 377 **Validation of ECGI**

378 ECGI has been used in several studies to record PD data and has been validated in terms of  
379 mapping focal and re-entrant tachycardias<sup>29</sup>. To date there have been limited studies  
380 published using ECGI in AF. The AFACART study was a multicentre study in which patients  
381 underwent ablation guided by ECGI. Acute termination was high with 64% of patients acutely  
382 terminating and 76.8% were free from AF at 12 months, but 49% of these experienced at least  
383 one episode of AT<sup>10</sup>. Haissaguerre et al, reported 75% acute AF termination following ECGI  
384 guided driver ablation<sup>24</sup>. We reported similar results in the recent TARGET AF trial<sup>11</sup>. Further  
385 validation of the ECGI system in terms of its ability to map AF drivers is desirable, although  
386 this remains difficult as there is no accepted gold standard method to map AF drivers for the  
387 purposes of validation – indeed there is not yet a firm consensus on the mechanisms  
388 maintaining AF. Clarification of which PDs reported by the system are mechanistically  
389 important and refinement of this detection process may improve PD characterisation.

390 Ultimately this study has shown that AF mechanisms as determined by the ECGI system did  
391 not predict clinical outcome with PVI, but this may reflect limitations of the technology, and  
392 further studies using different approaches to studying AF mechanisms remain desirable.

393

## 394 **Limitations**

395 This study has relied on the ECGI mapping system for mapping of PDs. Although there are  
396 several published studies using this technology it is accepted that not all PDs visualised using  
397 the system are necessarily real or mechanistically relevant. Further validation of the ECGI  
398 system is required. It is recognised that ECGI assessment of AF mechanisms is only one 'view'  
399 of this disease process, and the lack of any demonstrable relationship between AF  
400 mechanisms and clinical outcome with PVI may be clouded by limitations of the technology.  
401 Further investigations using different technologies remains desirable.

402

## 403 **Conclusion**

404 AF mechanisms as determined by the ECGI mapping system did not predict clinical outcome  
405 at 1 year with PVI. AF cycle length at baseline, cycle length slowing with PVI, and AF  
406 termination with PVI also showed no association with clinical outcome. This arguably suggests  
407 that the efficacy of PVI in persistent AF relates more to removal of initiating PV ectopy or  
408 autonomic modification than to any impact on the mechanisms sustaining persistent AF once  
409 initiated. Further assessment of AF mechanisms in relation to treatment modalities and  
410 clinical outcomes using different technologies for different 'views' of AF mechanisms remains  
411 desirable.

412

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491

492

493 **FIGURES**

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495 **Figure 1. Image of the portable ECGI workstation.**

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507 Left: Posterior-Anterior (PA) view of a bi-atrial activation map of the focal potential driver  
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513 A: Sequential views of a rotational driver rotating superior to the Left Superior Pulmonary  
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515 B: ECGI composite map showing the same rotational potential driver with the number of  
516 rotations shown on map (1.8 in this example). The green line highlights the wandering core  
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518 C: Activation map with 6 coloured points selected by the ECGI workstation with the  
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523 **Figure 4.0. ECGI composite maps from patient 22 in whom AF recurred compared to**  
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525 Posterior-Anterior and Left Anterior Oblique views of patient 32 and patient 22. Patient 32  
526 ECGI maps revealed a high burden of PDs which were widely distributed but remained in  
527 sinus rhythm at 1 year post PVI, compared to patient 22 who had a low burden of PDs  
528 primarily at the PVs and posterior wall yet had recurrent AF post PVI.

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530

531 **Table 1. Demographics of enrolled participants**

532

Baseline Characteristics	
Number of Patients	100
Age (years) Mean $\pm$ SD	61.3 $\pm$ 12.1
Male n (%)	74 (74.0)
Hypertension n (%)	47 (47.0)
Diabetes Mellitus n (%)	14 (14.0)
Ischaemic Heart Disease n (%)	10 (10.0)
Cerebrovascular Accident n (%)	9 (9.0)
CHA2DS2VASC Score mean $\pm$ SD	1 (0 – 3)
LA Diameter (mm)	39 (33 – 43)
LA Volume (ml)	62 (49 – 83)
Median duration of AF: diagnosis to procedure (months)	24 (16 – 48)
Duration of Persistent AF (months)	8 (5 -15)
Persistent AF (< twelve months)	67 (67.0)
Longstanding AF (> twelve months)	33 (33.0)
Number of Anti-arrhythmic Drugs failed	1 (1 - 1)
Anticoagulation with direct oral anticoagulant n (%)	93 (93.0)

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534 Values are given as no. (%), mean  $\pm$  standard deviation or median (Interquartile Range).

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537

**Table 2. Cox Regression analysis of factors in predicting atrial arrhythmia recurrence at 12 Months**

Factor	Hazard Ratio	95% Confidence Interval	P Value
<b>Burden of PDs</b>			
Total PD Occurrences	1.014	0.994 – 1.034	0.164
Total Number of Foci	1.041	0.996 – 1.089	0.076
Total Rotations	1.004	0.995 – 1.014	0.368
No of PD Occurrences at PV and PW	1.038	0.978 – 1.101	0.216
No of PD occurrences exc. PVs and PW	1.014	0.991 – 1.037	0.234
Proportion of PDs at PVs and PW (%)	0.889	0.192 – 4.112	0.881
Rotational Stability	1.400	0.742 – 2.640	0.299
<b>Distribution of PDs</b>			
Total Segments with PDs	1.035	0.912 – 1.174	0.591
No of Segments with PDs at PVs and PW	1.020	0.777 – 1.340	0.885
No of Segments excluding the PVs and PW	1.053	0.893 – 1.241	0.538
Proportion of Segments with PDs at PVs and PW (%)	7.139	0.115 – 444.259	0.351
<b>Demographic Factors</b>			
LA Diameter (mm)	1.035	1.000 – 1.070	0.048
LA Area (cm <sup>2</sup> )	1.037	0.984 – 1.094	0.179
LA Volume (ml)	1.009	0.999 – 1.020	0.089
Time from diagnosis AF to PVI (Months)	1.002	0.996 – 1.008	0.462
Duration of continuous Persistent AF (Months)	1.002	0.959 – 1.047	0.941
<b>Cycle Length Measurements</b>			
LAA CL	0.996	0.986 – 1.005	0.357
RAA CL	0.995	0.987 – 1.003	0.207
Prox CS CL	0.997	0.989 – 1.004	0.373
Average of LAA, RAA and Prox CS	0.994	0.985 – 1.004	0.225
Average of PVs	0.994	0.982 – 1.005	0.263
Ratio CL of PVs to LAA	1.245	0.119 – 12.999	0.855
LAA Difference post PVI	1.006	0.991 - 1.021	0.439
LAA percent change	0.996	0.976 – 1.017	0.733
RAA Difference post PVI	1.000	0.997 – 1.004	0.853
RAA percent change	1.000	0.992 – 1.007	0.936
Average of LAA, RAA and Prox CS difference Pre and Post	1.001	0.995 – 1.007	0.800
Average Percent change of LAA, RAA and Prox CS difference Pre and Post	1.000	0.987 – 1.013	0.992

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541 **Table 3. Comparison of baseline ECGI maps in patients with and without arrhythmia**  
 542 **recurrence at 12 Months.**

Factor	No Arrythmia Recurrence	Arrhythmia Recurrence	P Value
No of PDs at PVPW	8.38 ± 4.78	9.39 ± 4.64	0.302
No of PDs elsewhere	30.90 ± 11.47	34.11 ± 14.00	0.220
Total Number of PDs	39.29 ± 13.57	43.50 ± 16.58	0.174
Rotational Stability	2.31 ± 0.46	2.40 ± 0.41	0.324
Proportion of PDs at PVs and PW	0.26 ± 0.28	0.25 ± 0.17	0.850
Total Number of Segments with PDs	12.42 ± 2.25	12.80 ± 2.78	0.471
No of Segments with PDs at the PVs and Posterior Wall	3.52 ± 1.08	3.55 ± 1.21	0.911
No of Segments with PDs excluding the PVs and Posterior Wall	8.90 ± 1.66	9.25 ± 2.18	0.380

543

544 Values are given as no. (%), mean ± standard deviation. P value of > 0.05 taken to be  
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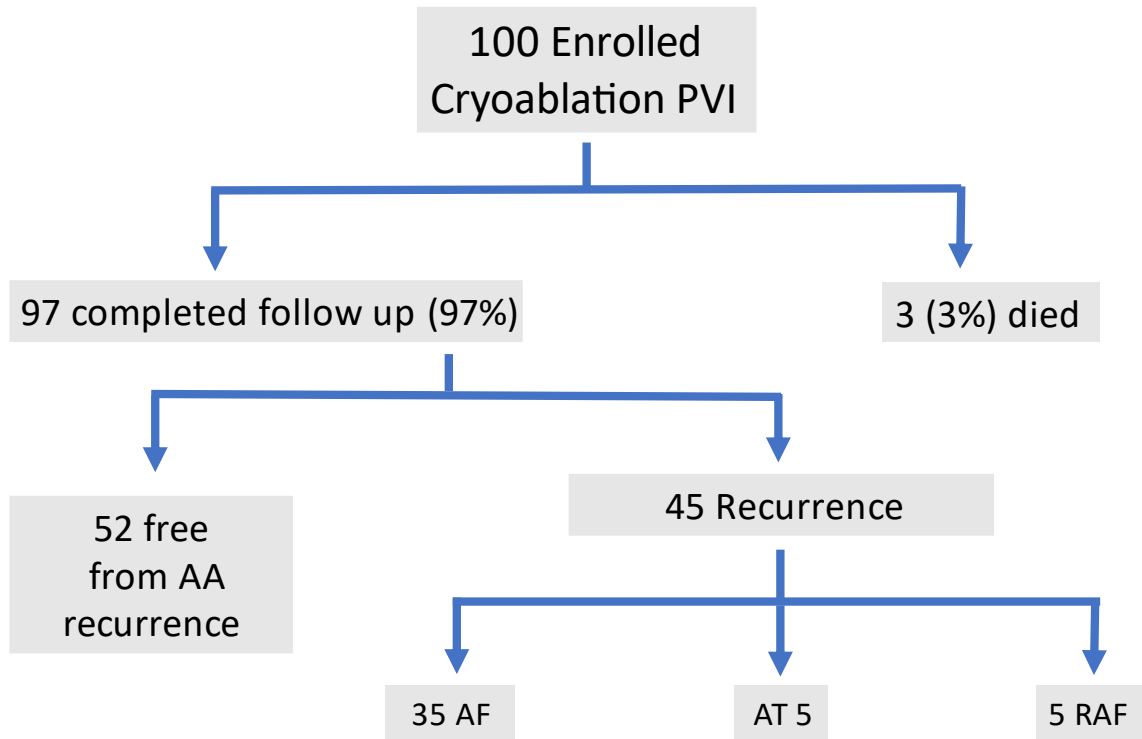
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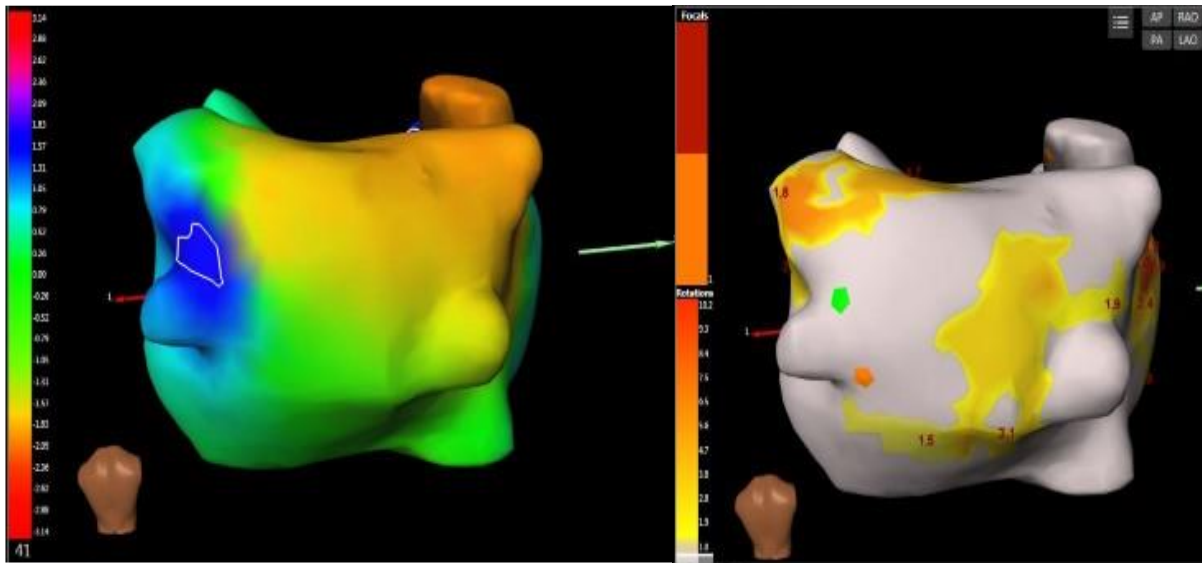
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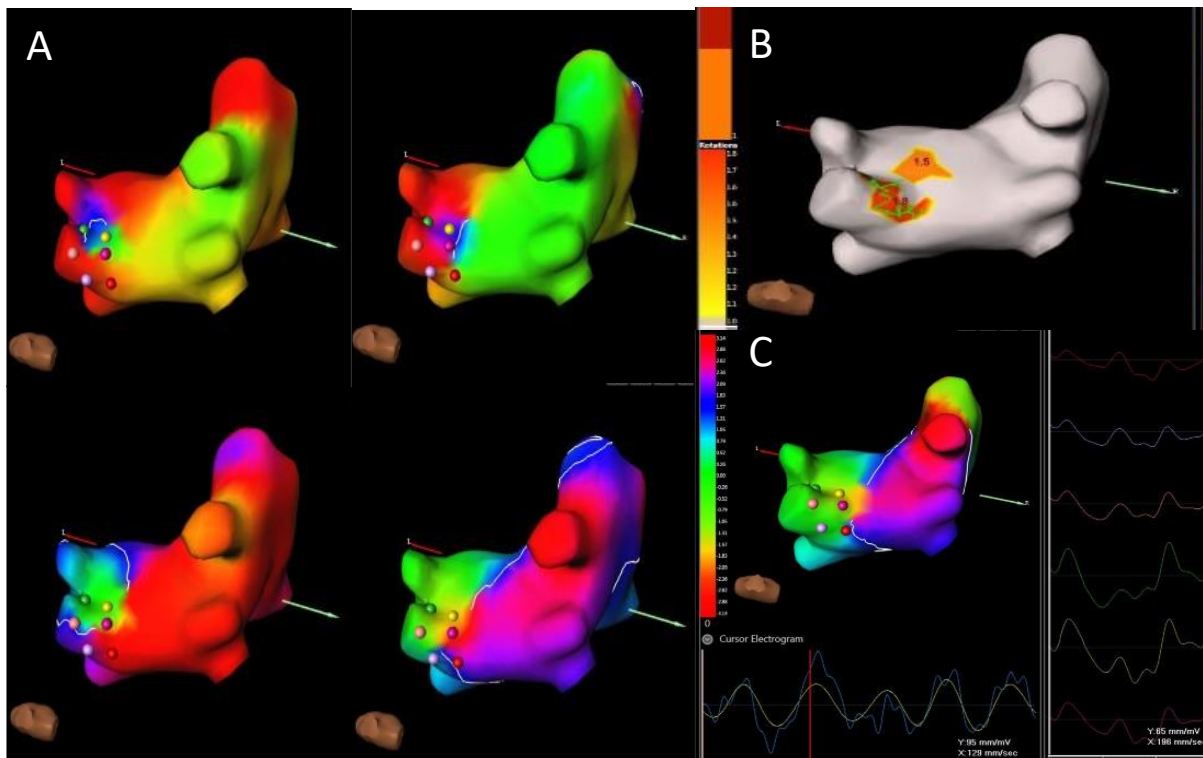
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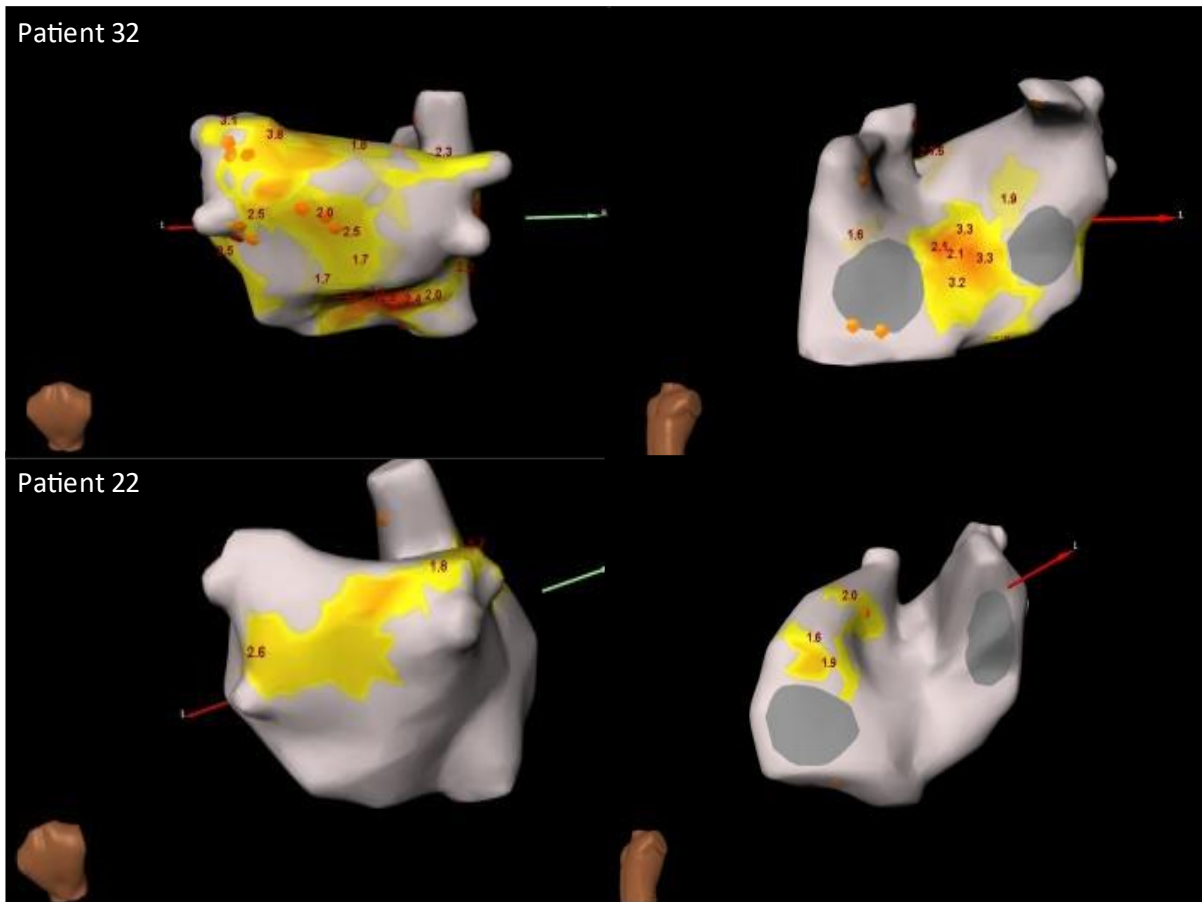
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