

## **Small-molecule autocatalytic networks are universal metabolic fossils**

**Joana C. Xavier<sup>1\*</sup>, Stuart Kauffman<sup>2</sup>**

1. Department of Genetics, Evolution and Environment, University College London, Gower Street, London WC1E 6BT, UK, <https://orcid.org/0000-0001-9242-8968>. 2. Institute for Systems Biology, Seattle, USA.

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### **Summary**

Life and the genetic code are self-referential, and so are autocatalytic networks made of simpler, small molecules. Several origins of life theories postulate autocatalytic chemical networks preceding the primordial genetic code, yet demonstration with biochemical systems lacks. Here, small-molecule reflexively autocatalytic food-generated networks (RAFs) ranging in size from 3 to 619 reactions were found in all of 6683 prokaryotic metabolic networks searched. The average maximum RAF size is 275 reactions for a rich organic medium and 93 for a medium with a single organic cofactor, NAD. In the rich medium, all universally-essential metabolites are produced with the exception of glycerol-1-p (archaeal lipid precursor), phenylalanine, histidine and arginine. The 300 most common reactions, present in at least 2732 RAFs, are mostly involved in amino acid biosynthesis and the metabolism of carbon, 2-oxocarboxylic acid and purines. ATP and NAD are central in generating network complexity, and because ATP is also one of the monomers of RNA, autocatalytic networks producing redox and energy currencies are a strong candidate niche of the origin of a primordial information-processing system. The wide distribution of small-molecule autocatalytic networks indicates that molecular reproduction may be much more prevalent in the Universe than hitherto predicted.

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\*Author for correspondence (joana.xavier@ucl.ac.uk).

†Present address:

Department of Genetics, Evolution and Environment, University College London, Gower Street, London WC1E 6BT, UK

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## 1 Introduction

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3 Around four billion years ago or before, in a geochemical setting not far away, a major split occurs: the  
4 partition between chemical information storage (a primordial genotype) and chemical function (a primordial  
5 phenotype) into different yet collectively self-reproducing molecules. That moment, the origin of a primitive  
6 code, is seminal in biology perhaps like no other. Yet, it remains a deep mystery in origins literature [1–5], the  
7 complexity of which remains unmatched by any known abiotic system. Whereas the canonical genetic code is  
8 the set of rules by which cells translate genotype to phenotype (i.e. triplets of nucleotides in DNA to amino  
9 acids in proteins), the process of *coding* (comprising both encoding and decoding by replication, transcription  
10 and translation) seems irreducible, involving hundreds of *encoded* proteins. This makes life and coding self-  
11 referential, while also requiring all other processes the cell needs for energy, biosynthesis and homeostasis.  
12 Today, the smallest self-replicating cells known (highly dependent on more complex life) have genomes with  
13 ~112 kbp [6]. In each cell there are also hundreds of thousands of RNA molecules [7], millions of proteins and  
14 lipids [8,9] and hundreds of millions of small molecules [10]. This is substantial complexity, self-replication  
15 and self-organization in a tiny, tiny space. After the origin of coding life was *en route* to the last universal  
16 common ancestor (LUCA) [11], bacteria [12,13] and archaea [14]. Before and towards that moment hypotheses  
17 abound, all of them sharing the quest for the identity and mechanism of the first self-replicating evolving  
18 entities [15–17], also known as the Initial Darwinian Ancestor (IDA) or First Universal Common Ancestor  
19 (FUCA) [2]. As mentioned, known minimal self-replicating cells do not exist without the translation,  
20 transcription and replication apparatuses, yet strikingly they require few encoded catalytic sequences  
21 (enzymes) when provided with a stable environment and supply of nutrients [18–20]. One appealing  
22 hypothesis is that a similarly stable environment—notwithstanding important thermal and electrochemical  
23 gradients [21–23]—with steady nutrient supply was required at the origin of a primordial information-  
24 processing machinery. Small-molecule collectively autocatalytic networks can potentially generate stable and  
25 persistent yet evolvable biochemical production, particularly when combined with compartmentalization [24–  
26 29]. Therefore, their causal and temporal precedence over a primordial genetic code (a set of rules translating  
27 simpler self-replicating genetic molecules and peptides) is parsimonious. Recent work suggested that  
28 autocatalysis, in its varied stoichiometric motifs, must be much more widespread in chemical systems than  
29 hitherto assumed [30]. In previous work, a particular type of small-molecule non-enzymatic autocatalytic  
30 networks was predicted in the metabolism of *Escherichia coli* [31], and later in two prokaryotes regarded as  
31 ancient as well as in the global space of oxygen-independent prokaryotic metabolism, producing several  
32 amino acids and bases [32]. This type of autocatalytic network is called RAF—reflexively food-generated  
33 autocatalytic network—a network in which each reaction is catalysed by a molecule from within the network,  
34 and where all molecules can be produced from a set of food molecules by the network itself. The largest RAF  
35 found in a biochemical system (with the maximum possible number of reactions) is called maxRAF [33,34].  
36 Here, the metabolic networks of 6683 prokaryotes were searched for maxRAFs without encoded enzymatic  
37 activity. We show that small-molecule RAFs are universally embedded in prokaryotic metabolic networks,

working with combinations of all the different possible trophic modes known in the simplest life forms. We also expose and analyse the centrality of the universal metabolic currencies—the NAD/ATP pair—in autocatalysis in prokaryotic metabolism, and reflect on the implications of these findings for future experiments on the emergence of sufficient and stable chemical diversity for the origin of protocells.

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## 44 Results and Discussion

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### 46 Small-molecule autocatalysis is a universal metabolic fossil

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48 The metabolisms of three prokaryotes—*Escherichia coli* [31], *Methanococcus maripaludis* and *Moorella*  
49 *thermoacetica* [32]—were previously explored for small-molecule autocatalytic networks, as well as the global  
50 space of oxygen-independent prokaryotic metabolism [32]. In all of those networks, RAFs were found without  
51 the aid of enzymatic catalysis. The distribution and composition of small-molecule RAFs in metabolic  
52 networks made up of different reaction combinations can inform on the nature, emergence and evolution of  
53 self-replicating chemical systems. Here we ask which of all 6683 prokaryotic genomes with metabolic  
54 annotations in KEGG contain small-molecule RAFs (full list, including an additional 110 genomes not  
55 annotated, in Supplementary Data 1). With a rich medium (elsewhere referred to as food set) containing  
56 inorganic catalysts, organic carbon and cofactors and small-molecule catalysis annotations as used before (See  
57 Methods, Supplementary Data 2-3 and [32]), all genomes contained RAFs, ranging in maximum size  
58 (maxRAF) from 3 to 619 reactions (Fig. 1a; Supplementary Data 4). We note that the smallest maxRAF possible  
59 contains 3 reactions classified as spontaneous, and these are allowed to occur in all simulations (see Methods).  
60 The average maxRAF size obtained with a rich medium is 275 reactions.

61

62 Previous work exposed the centrality of NAD in generating complex autocatalytic networks based on  
63 prokaryotic metabolism [32,34], and therefore here we proceeded to ask if maxRAFs could be found just with  
64 this one organic cofactor in the growth medium of all prokaryotes. In a medium with just NAD and no other  
65 organic cofactors, maxRAFs ranged in size from 3 to 232 reactions, with the same smallest RAF possible  
66 consisting of spontaneous reactions, and with average maxRAF size of 93 reactions (Fig. 1b; Supplementary  
67 Data 5).

68

69 The nature of metabolism is such that a very small number of molecules catalyses a large number of different  
70 reactions [32,35] (see Conclusion). Furthermore, reactions fall within classes assigned to the enzymes known  
71 to catalyse them; these are Enzyme Commission (E.C.) numbers, and the seven umbrella categories comprise  
72 redox reactions, functional transfers, hydrolyses, non-hydrolytic eliminations or additions, isomerizations,  
73 ligations and (recently classified) translocations. In many of these, the enzyme is the pocket where the small-  
74 molecule cofactor is the *de facto* catalyst. Regardless, the number of E.C. annotations in a genome is a proxy

75 for the chemical complexity predicted to occur in the metabolism of a single cell. The maxRAF size grows  
 76 linearly with the number of E.C. annotations assigned to each genome, both in the archaeal and bacterial  
 77 domains (Fig. 1). This indicates that the structure of autocatalysis embedded in metabolism is such that it is  
 78 able to grow at least linearly with the addition of new possible chemical routes.

79

80 **Figure 1 – Size of largest autocatalytic networks (maxRAFs) obtained vs. number of different Enzyme  
 81 Commission (EC) annotations for 6683 prokaryotic metabolic networks.** a) maxRAF size with a rich medium  
 82 containing organic cofactors, metals, and organic carbon. b) maxRAF size when medium contains only  
 83 inorganic cofactors, organic carbon and NAD. Blue represents bacterial networks and orange archaeal ones.

84

85 Of 5994 reactions annotated with small-molecule catalysts, 1070 are used at least once in a prokaryotic  
 86 maxRAF with a rich organic medium (Supplementary Data 4). But how many reactions are very often used in  
 87 several maxRAFs? We found that the most prevalent 300 reactions appear in at least 2732 maxRAFs, and  
 88 participate in pathways all across metabolism, majorly in amino acid biosynthesis, carbon metabolism, 2-  
 89 oxocarboxylic metabolism, purine metabolism, the glycolysis/gluconeogenesis trunk and pyruvate  
 90 metabolism (Fig. 2). These are quite central pathways in prokaryotic metabolism. Even though very few, if  
 91 any, genetic sequences are universally conserved [36], the analysis of prokaryotic metabolism done here and  
 92 elsewhere reveals that chemistry, and small-molecule autocatalysis, are heavily conserved and a universal  
 93 feature of life as we know it on Earth.

94

95 **Figure 2 – Annotations for the 300 metabolic reactions most prevalent in prokaryotic maxRAFs.** The boxes are  
 96 sized proportionally to the number of reactions annotated to each functional category (number after the  
 97 comma), taking into account the annotations of the 300 reactions most prevalent in all prokaryotic maxRAFs  
 98 obtained for 6683 prokaryotic metabolic networks with a rich medium.

99

100 The linear growth of maxRAF sizes with the expanding biochemical space (Fig. 1) indicates that small-  
 101 molecule maxRAFs can potentially generate sufficient chemical diversity—nucleotides, amino acids and other  
 102 essential small organic catalysts—necessary for the emergence of small-polymers that would then lead to a  
 103 primordial genetic code in a single localized system. We therefore proceeded to ask which of the universal  
 104 molecules required for the essential coding machinery in prokaryotic biomass can be produced by small-  
 105 molecule RAFs embedded in prokaryotic metabolism.

106

## 107 **Metabolic currencies required before coding**

108

109 To further investigate the potential of RAFs in individual metabolic maps, we asked which networks  
 110 produced molecules considered universally-essential for a primordial genetic code: amino acids, nucleobases,  
 111 lipid precursors for archaea and bacteria respectively [37] and cofactors. We note that cofactors were all  
 112 provided in the rich medium, but not always used (Fig. 3). Strikingly, the medium with just one organic

113 cofactor, NAD, allowed for the production of the bacterial lipid precursor but not the archaeal, all RNA bases  
114 (UTP and CTP in only 10 metabolic networks) and only four amino acids – alanine, asparagine, aspartic acid  
115 and cysteine. As before [34] we note that NAD is converted to ATP in a reversible reaction used by 94% of all  
116 maxRAFs (both in the Rich or NAD-only media) - the Nicotinic Acid Mononucleotide Adenylyltransferase  
117 reaction. The implications of this interconversion in autocatalysis were previously explored [34], but here we  
118 expand on these with a broader perspective. This reaction is the simplest link in metabolism between ATP and  
119 NAD, the most prevalent biochemical currencies (energy and redox, respectively), which are essential in any  
120 known minimal metabolism. The appearance of the pair of currencies, both containing adenine in its structure,  
121 is a particularly interesting moment in the origins' path, not only because ATP is also a genetic monomer in  
122 RNA chains, but also because both NAD and ATP are cofactors in a very large portion of the metabolic space  
123 [32]. Redox and energy currencies allow for coupling between different parts of biochemical networks, one of  
124 the most striking features of metabolism: energy is stored in the ATP molecule, and reductive power in the  
125 NADH molecule, and those are delivered to endergonic and anabolic steps respectively, which significantly  
126 increase network complexity. These represent a major innovation in chemical function before the origin of  
127 coding, one that is another deep question in origins [2]. We return to the question of the origin of energetic  
128 and redox couplings in the Conclusion.

129

130 Energy and redox currencies are not the only essential cofactors in a minimal metabolism, though, and the  
131 simulation with NAD as the single organic cofactor in the medium confirms that there are other very  
132 important catalytic bottlenecks in prokaryotic biochemistry as we know it (Fig. 2). When NAD is the only  
133 organic cofactor added to the medium, the majority of amino acids cannot be produced, and the signal for all  
134 deoxyribonucleotides other than dATP is lost (dATP can be produced from ATP and formate). This indicates  
135 that there is a vast number of reactions not included in biochemical databases that were of utmost importance  
136 in prebiotic chemistry, or, that there is a vast number of catalysis rules hitherto unknown. Promisingly, recent  
137 experiments have shown the potential and ubiquitousness of metals in non-enzymatic catalysis [38–40]. Also,  
138 other organic catalysts are known to be efficient in the absence of the respective enzyme [41–45] and some  
139 have been produced abiotically (reviewed in [46]).

140

141 The results with NAD as the only organic cofactor in the medium indicate that very important pieces in the  
142 puzzle of the origin of metabolism and life are missing, but also that when redox and energy coupling  
143 emerged, significant chemical organization could also emerge. Assuming that RNA arose before ATP is nearly  
144 impossible, as ATP is a monomer of RNA (the activated form). RNA polymerases only work with NTPs and  
145 most prebiotic chemists agree that NTPs precede RNA chains [47,48] as NMPs cannot be polymerized without  
146 strong condensing agents. Assuming that once AMP (ADP or ATP) arose it only participated in RNA  
147 polymerization seems naïve. It is possible and quite plausible that the first currencies invented in prebiotic  
148 chemistry were simpler than the pair NAD / ATP, which is universal in prokaryotes and therefore emerging  
149 front and centre in our results. Yet, for the origin of genetic polymers concurrent with sufficient amino acids  
150 for peptides and a primordial code, the pair together with other organic cofactors seems to be essential (Fig. 3).

151  
152 **Figure 3 – Production of universally-essential molecules by maxRAFs obtained in 6683 prokaryotes.** Molecules  
153 are organized in classes of amino acids, bases, cofactors (all provided in the simulation with rich medium) and  
154 lipid precursors. The size of the bars corresponds to the percentage of maxRAFs that can produce the given  
155 molecule in the two sets of simulations (grey in rich medium, black in a medium with a single organic  
156 cofactor, NAD).

157  
158

## 159 Conclusion

160  
161 In the elusive path towards the origin of the first cells, for functional and selectable polymers to arise  
162 monomers must have been produced steadily and consistently. Autocatalytic chemical networks made of  
163 small-molecules are not only a solution to that requirement, extensively fulfilled by distinct organic syntheses  
164 even if in non-compatible conditions (reviewed in [15,49]); autocatalytic networks can provide closure [50], a  
165 localized emergence of self-referential reproduction in the Universe. Autocatalytic chemical networks open  
166 doors to self-organization, persistence, order, and catalytic function expressed in a primitive phenotype that  
167 can evolve upon growth and modification [25–27,29].

168  
169 Previously, we showed that the biochemistry of three prokaryotes concealed small-molecule autocatalytic  
170 networks that could in theory generate several of the building blocks of life. Here, we explored the genomes of  
171 all prokaryotes so-far annotated in a widely used biochemical database [51], in total 6683, in the same exercise.  
172 Strikingly, we find that all metabolic networks can, under our set of assumptions (see Methods, Discussion  
173 below and [32]), generate small-molecule autocatalytic networks (Fig. 1a). The universal redox currency NAD,  
174 which is directly converted to ATP, the universal energetic currency, must be present in the medium (food set)  
175 to generate an interesting level of complexity (Fig. 1b; Fig. 3). This result confirms that the emergence of ATP  
176 and NAD is a vital step in prebiotic chemical evolution [52–54]. Their emergence allowed for chemical  
177 coupling between distinct parts of the network and the feasibility of endergonic and unfavourable steps that  
178 were nevertheless advantageous for the chemical phenotype. Even if most likely preceded by simpler  
179 molecules that carried phosphorylating and reductive power, the pair was almost certainly essential at the  
180 time of the emergence of functional polymers required for a primordial code. Adenine, present in both  
181 currencies as well as in other universally-essential cofactors as FAD and CoA [35] is also one of the genetic  
182 monomers.

183  
184 It is likely that for the complexity of the networks we describe, their size, organization and persistence,  
185 compartmentalization was required [27], and the compartments were themselves actively involved in the  
186 chemical, energetic and structural maintenance of the network [22,23,55]. The extent to which these  
187 compartments were complex, and their roles in the chemical network are still quite unknown and further

188 experimental work in this direction is desired. The maxRAFs here analysed can produce the universal  
189 precursor of bacterial lipids, glycerol-3-phosphate, and several routes have been described for prebiotic lipid  
190 production (reviewed in [15,49]), as well as micelle and vesicle replication in autocatalytic routes [56].  
191

192 Some recent criticism to the use of the RAF framework in the study of early metabolism [57] requires  
193 addressing. First, it is important to reinforce that the RAF framework does not force all of the network to be  
194 catalysed. Both in previous work [31,32] and here, the introduction of a catalyst named ‘spontaneous’ allows  
195 the model to include reactions that are not catalysed. The model assumes those reactions occur spontaneously  
196 because ‘spontaneous’ is always added in all media simulated. Secondly, the catalyst ‘peptide’ was not  
197 introduced to catalyse reactions not linked to cofactors, it was introduced as an annotation. The catalyst  
198 ‘peptide’ is, contrarily to the catalyst ‘spontaneous’, never added to the medium in simulations relevant to the  
199 origin of metabolism [32]. Reactions catalysed by ‘peptide’ are not annotated to any small-molecule catalyst,  
200 and therefore are not part of the small-molecule networks here or elsewhere described as relevant to the origin  
201 of metabolism. Thirdly, the cyclic nature of cofactors is taken into account in the RAF model, which uses the  
202 full stoichiometry of metabolic reactions where cofactors are modified. For example, in reactions that use ATP,  
203 the reaction is modelled with ADP on the products side, and ATP is counted both as a reagent and as a  
204 catalyst. Equally, reactions that use NADH are modelled with NAD on the other side, and ‘NADs’, the high  
205 class that equates NAD(P)H, is counted as a catalyst. Those reactions associated to recycled cofactors may be  
206 associated to other cofactors or metals in the database we used, the Universal Protein Resource  
207 Knowledgebase [58], and those are taken into account as well. Fourthly, in this model, as in biochemistry,  
208 every reaction is not controlled by a specific catalyst. In our simulations, among 5723 molecules participating  
209 in 5994 annotated reactions, only 47 small-molecules or classes thereof act as catalysts. We use classes as  
210 ‘flavins’, ‘nads’, ‘folates’ and ‘divalent cation’ to equate structurally or chemically similar catalysts, which  
211 generalizes catalysis even more than what is natural in the cell. Finally, because ATP is a monomer of RNA, in  
212 agreement with others we are confident that the origin of ATP before the origin of RNA is quite parsimonious  
213 – in fact, it seems to be a necessity, given the difficulty to polymerize NMPs directly to RNA. Because ATP  
214 allows for much more chemically than polymerization, it is parsimonious to assume that other chemical  
215 reactions occurred in the same chemical niche where ATP originated, before and concurrently with its  
216 polymerization with other bases to form RNA strands.  
217

218 There are, however, and despite confounding criticism addressed, significant and real weaknesses in the  
219 model that we hope to be addressed in the future. The curation of reaction reversibility, and the assignment of  
220 different catalysts to reactions running in reverse, are required improvements, which require the annotations  
221 of thousands of reactions to be curated manually. One example is the synthesis of cysteine, which occurs in  
222 our simulations in small RAFs from pyruvate, ammonia and hydrogen sulphide, in a highly-endergonic  
223 reverse direction of a reaction from a common cysteine degradation pathway. Encouragingly, another  
224 weakness of the model is also expected to be a strong mitigator of the latter. The oxygen-independent network  
225 used here and before represents a myopic portion of the possible chemical space in organic chemistry, a space

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226 which can in theory generate tens of thousands of reactions from just a handful of starting molecules [28] (and  
227 where many millions more of molecules are known). This means that many chemical routes and catalysts are  
228 not taken into account in this work, routes which most likely are able to overcome highly endergonic steps  
229 taken in our simulations. The accurate computational prediction and assignment of small-molecule catalysis to  
230 individual reactions is still infeasible, and the use of known biochemistry reveals much about the fundamental  
231 principles and network structure while opening doors to future work. When more is revealed about general  
232 rules of catalysis and complex chemical systems, it is most likely that different, larger and more versatile  
233 autocatalytic networks will be found, and confirmed experimentally.

234

235 The fact that small-molecule autocatalytic chemical networks can be found universally in prokaryotic  
236 metabolism is a strong indication that they were the initial step of molecular reproduction in the Universe. In  
237 the clear wording of H. Morowitz , “*In any case the problem must begin at the beginning. In my view the  
238 beginning is the network in small molecule space*”[59]. Recent work identified universal core autocatalytic  
239 motifs and analysed their kinetic viability [30]. In these motifs every molecule is an autocatalyst, and each  
240 motif contains a fork of one molecule to two, amplifying the number of autocatalysts. Among five such motifs,  
241 each higher numbered is better at survival. It is now possible to examine the set of metabolic transformations  
242 in any prokaryotic map to access the distribution of the five motifs, their location in metabolic maps and their  
243 roles in prebiotic and early biotic evolution. Autocatalysis in a non-equilibrium system can increase the  
244 concentrations of some metabolites. Do motifs increase concentrations of metabolites that would be low in the  
245 absence of other catalysts? If early life required a stable source of building blocks as amino acids and  
246 nucleotides, we expect to see such a correlation. Also, the distribution of core motifs in metabolic maps could  
247 be compared to random or abiotic chemistry. The global network used here uses significant levels of external  
248 catalysis (by metal ions or organic catalysts produced in yet unknown prebiotic routes), but as mentioned in  
249 [30] the core autocatalytic motifs should not be altered. In accordance with the suggestion of an unappreciated  
250 abundance of autocatalysis in chemistry based on core motifs [30], and with findings of high chemical  
251 diversity in meteorites [60] and other astrological bodies [61], our results indicate that molecular reproduction  
252 started over four billion years ago, much earlier than the last universal common ancestor [62] with small-  
253 molecule autocatalytic networks in constrained yet favourable [63] geochemical settings on Earth, and perhaps  
254 much earlier all over the Universe.

255

## 256 Additional Information

### 257 Data Accessibility

258

259 The list of prokaryotes used in this study is provided in ESM Supplementary Data 1. Metabolic annotations for  
260 each genome are available in KEGG [51]. The full oxygen-independent metabolic network annotated with  
261 small-molecule catalysis with some reaction directions curated is available in ESM Supplementary Data 2, and

262 the food sets are available in Supplementary Data 3. All maxRAFs obtained here are provided in ESM  
263 (Supplementary Data 4 and 5). The RAF algorithm used was the same as published in [32].

264

## 265 **Authors' Contributions**

266 JCX conceived and designed the study, collected data, performed data analysis and visualization and wrote  
267 the first draft of the manuscript. SK contributed in the study conception, data interpretation and analysis and  
268 in the writing of the final manuscript. All authors read and approved the manuscript.

269

## 270 **Competing Interests**

271 The authors declare that they have no competing interests.

272

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275

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278 the topics of autocatalysis and the origin of metabolism.

279

280

# 281 **Methods**

282

## 283 **Data Preparation**

284

285 Genome annotations to E.C. numbers were obtained from the KEGG database [51]. The list of prokaryotic  
286 genomes used here, the corresponding number of E.C. annotations and number of reactions for each is  
287 available in Supplementary Data 1. Whereas the full list of 6793 prokaryotes is provided, the results for 110  
288 genomes with no E.C. annotations were not taken into account in results analyses. In the annotation of  
289 metabolic reactions, the generalist categories “Metabolic pathways”, “Biosynthesis of secondary metabolites”,  
290 “Biosynthesis of antibiotics” and “Microbial metabolism in diverse environments” were excluded.

291

292 The set of oxygen-independent catalysis-annotated reactions used here is the same as in previous work, where  
293 small-molecule catalysis rules were obtained from Uniprot [58] and from some reactions themselves [32] with  
294 small exceptions. The modifications done here include a curation of the directions for some  
295 deoxyribonucleotides syntheses reactions (identifiers in the KEGG database are R02022, R02020, R02023,  
296 R02017, R02018, R02019, R02024), which were previously taken in the wrong direction as stated in KEGG; the  
297 curated network is available as Supplementary Data 2. Furthermore, thioredoxin (previously absent from all

298 food sets used) was now added in the rich media to allow for dNTP production; the rich media used here is  
 299 therefore Food Set 3 in [32] with the single addition of thioredoxin, and the NAD media used here is Food Set  
 300 2 in the same study with the single addition of NAD (Supplementary Data 3). Both media tested contain the  
 301 'spontaneous' and 'pooling' catalysts (but not 'peptide') as before. When building individual metabolic  
 302 networks for running the maxRAF algorithm, the full set of reactions annotated to each genome was  
 303 considered, with the addition of 147 spontaneous reactions allowed to always occur.

304

### 305 **maxRAF calculation**

306 The algorithm for the calculation of maxRAFs used here was published in previous work [32]. All RAFs  
 307 obtained are available in Supplementary Data 4 and 5.

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309

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