

1 **Genetic Treatment for autosomal dominant inherited retinal dystrophies: approaches, challenges, and targeted**  
2 **genotypes**

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15

16 **Word count:** 3447 words

17 Abstract

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19 Inherited retinal diseases (IRD) have been in the frontline of gene therapy development for the last decade, providing a  
20 useful platform to test novel therapeutic approaches. More than 40 clinical trials have been completed or are on-going,  
21 tackling autosomal recessive and X-linked conditions, mostly through adeno-associated viral (AAV) vector delivery of a  
22 normal copy of the disease-causing gene. However, only recently has autosomal dominant disease (ad/AD) been  
23 targeted, with the commencement of a trial for rhodopsin (*RHO*) associated retinitis pigmentosa (RP), implementing  
24 antisense oligonucleotide (AON) therapy, with promising preliminary results (NCT04123626).

25 Autosomal dominant RP represents 15 to 25% of all RP, with *RHO* accounting for 20-30% of these cases. Autosomal  
26 dominant macular and cone-rod dystrophies (MD/CRD) correspond to approximately 7.5% of all IRDs, and approximately  
27 35% of all MD/CRD cases, with the main causative gene being *BEST1*. Autosomal dominant IRDs are not only less  
28 frequent than recessive, but also tend to be less severe and later onset; e.g. an individual with *RHO*-adRP typically would  
29 be severely visually impaired at an age 2 to 3 times older than in X-linked *RPGR*-RP.

30 Gain-of-function and dominant negative aetiologies are frequently seen in the prevalent adRP genes *RHO*, *RP1*, and  
31 *PRPF31* among others, which would not be effectively addressed by gene supplementation alone and need creative,  
32 novel approaches. Zinc fingers, RNA interference, AON, translational read-through therapy, and gene editing by  
33 CRISPR/Cas are some of the strategies that are currently under investigation and will be discussed herein.

## 34 Introduction

35 The complex group of inherited retinal dystrophies (IRDs) has been under the spotlight for the last two decades.<sup>1,2</sup> The  
36 accessible ocular anatomy, relative immune privilege, lack of photoreceptor mitosis, state-of-the-art instruments to  
37 evaluate the retina, nearly-exclusive monogenic aetiology, and small volume of the eye, have made IRDs a promising field  
38 for the development of cutting-edge gene therapies.

39 Autosomal recessive and X-linked IRDs have been the main therapeutic target, with gene supplementation being the  
40 leading technique.<sup>3</sup> Over 40 clinical trials have been completed or are on-going, using mostly adeno-associated viral  
41 (AAV) vectors to supply a normal copy of the disease-causing gene and create a normal, fully functioning protein. In 2019,  
42 the first gene-specific nucleic acid therapeutic approach phase 1/2 trial for an autosomal dominant (ad/AD) IRD started,  
43 recruiting individuals with *RHO* P23H-related retinitis pigmentosa (RP; NCT04123626). Preliminary results of  
44 improvements in best corrected visual acuity (BCVA) and retinal sensitivity are promising  
45 ([https://www.proqr.com/files/2021-11/Analyst-Event-2021\\_FOR-DOWNLOAD\\_OK.pdf](https://www.proqr.com/files/2021-11/Analyst-Event-2021_FOR-DOWNLOAD_OK.pdf)). It is anticipated that this will be the  
46 first of a new wave of clinical trials for the large unmet need of treatments for AD IRDs.

47 Herein, we discuss the current clinical and preclinical landscape of the therapeutic approaches for ad-IRD, and prioritise  
48 the most investigated genotypes and most likely to be translated to clinical trial(s).

49

## 50 Dominant IRD and potential therapeutic approaches

51 Autosomal dominant RP accounts for approximately 15 to 22% of all RP.<sup>4-6</sup> The most common causative gene is  
52 rhodopsin (*RHO*), found in 20-30% of cases.<sup>7-9</sup> The missense p.(P23H) is the most common variant, as well as the first  
53 point mutation identified to cause adRP in humans.<sup>7,10</sup> Rhodopsin is followed in frequency by *PRPF31* (8-10%),<sup>11</sup> *RP1* (8-

54 10%),<sup>8,12</sup> *PRPH2* (10%),<sup>13</sup> *IMPDH1* (5-10%),<sup>14</sup> *NR2E3* (1-3.5%, with p.(G56R) being the second most commonly  
55 associated variant with adRP),<sup>15</sup> *SNRNP200* (1.5-2.3%),<sup>9,16</sup> and *CRX* (1%).<sup>9,16</sup>

56 AD macular and cone-rod dystrophies (MD/CRD) account for approximately 7.5% of IRD, and 34% of MD/CRD cases in  
57 total.<sup>17,18</sup> The main causative gene is *BEST1* (3.5%), followed by *PRPH2* (2%), and then *EFEMP1*, *TIMP3*, *GUCA1A*,  
58 *GUCY2D*, *PRDM13*, *ELOVL4* and *PROM1*, each with less than 1% frequency.<sup>17</sup>

59 Dominant conditions are not only less frequent than recessive, but also tend to be less severe. Individuals with *RHO*-  
60 related RP are reported to reach legal blindness at a mean age of 79 years old.<sup>19</sup> Whilst in patients with recessive  
61 *USH2A*-RP, this occurs at a median of 58 years old,<sup>20</sup> and in X-linked *RPGR*-RP, by the third to fourth decade of life.<sup>21</sup>  
62 Patients with Best disease (*BEST1*) can maintain good BCVA over time, often showing no significant differences between  
63 baseline and follow up acuity in longitudinal studies.<sup>22,23</sup> On the other hand, individuals with recessive *ABCA4*-related  
64 Stargardt disease, often lose three or more ETDRS lines over 10 years.<sup>24</sup>

65 A challenge that AD conditions face is that haploinsufficiency is rarely their mechanism of disease. Gain-of-function and  
66 dominant negative aetiologies are frequently seen in the most prevalent AD genes: *RHO*, *RP1*, and *PRPF31*, among  
67 others.<sup>25</sup> These cannot be treated by gene supplementation alone and need creative, novel approaches that are in the  
68 early stages of first in man testing (Table 1). These methodologies (Figure 1) include:

- 69 • Zinc fingers (ZFs), are proteins that bind promoters and function as artificial transcription factors,  
70 enhancing/suppressing transcription;<sup>26</sup>
- 71 • Antisense oligonucleotides (AONs), single-stranded RNA or DNA molecules that bind pre-mRNA or mRNA, and  
72 alter its splicing, and/or block translation;<sup>27</sup>
- 73 • RNA interference (RNAi), a naturally occurring pathway that identifies viral RNA and prevents their translation  
74 through: (i) short-interfering RNA (siRNA), highly selective double-stranded complex that binds and cleaves mRNA;

- 75 (ii) microRNA (miRNA), single-stranded RNA molecules that commonly bind to the 3' untranslated region and block  
76 mRNA translation;<sup>27</sup> and (iii) short-hairpin RNA (shRNA), double-stranded RNA sequences linked by a short loop,  
77 capable of DNA integration, are subsequently transformed into siRNA in the cytosol.<sup>28</sup>
- 78 • Translational read-through therapy, is an approach applicable for nonsense point mutations where drugs bind to  
79 ribosomes and force translation beyond the erroneous stop codon, leading to a full-length protein;<sup>29,30</sup>
  - 80 • And CRISPR (clustered regularly interspaced short palindromic repeats)/Cas genome editing system, correcting  
81 disease-causing variants in native alleles.<sup>31</sup>

82

### 83 Prioritised Disease-Causing Genes

#### 84 *RHO*

85 *RHO* encodes rhodopsin, a G protein–coupled receptor located in the disc membrane of rod outer segments, which is the  
86 first component of the phototransduction cascade.<sup>32</sup> *RHO*-related retinopathy is common, with a well understood  
87 molecular basis. It can be classified either according to the genotype or phenotype. Sung *et al.* divided the causative  
88 variants into two classes according to their biochemical properties: Class I - accumulating in the plasma membrane and  
89 resembling the wild-type regarding regeneration of 11-cis-retinal; and Class II - with variable regeneration of the  
90 chromophore and accumulation in the endoplasmic reticulum.<sup>33</sup> Cideciyan *et al.* classified on the basis of disease severity,  
91 where class A presents with severe, widespread loss of rods, and class B corresponds to sector RP, often involving the  
92 inferior retina.<sup>34</sup> Genotype-phenotype correlations have been attempted, with a relationship observed between rhodopsin  
93 destabilization and phenotype severity. However, disease often presents with markedly variable severity, even within  
94 families, indicating possible epigenetic interactions.<sup>35,36</sup>

95 *RHO*-adRP is characterized by a slow rate of progression (particularly Class B), posing a challenge when determining  
96 clinical endpoints. It has been suggested that a vertical foveal photoreceptor and retinal pigment epithelium (RPE) band  
97 thickness and ellipsoid zone (EZ) width may be possible outcome measures,<sup>37</sup> as well as the hyperautofluorescent ring  
98 diameter seen on short wavelength-autofluorescence (SW-AF).<sup>37-39</sup>

99 The most common disease-causing variants in *RHO* are gain-of-function and have a dominant negative effect.<sup>40,41</sup> This  
100 means that the defective protein is retained intracellularly, inducing the unfolded protein response and the degradation of  
101 both the abnormal and wild-type protein. Animal models resembling the human disease have been successfully achieved  
102 in mice,<sup>42,43</sup> setting the basis for testing novel preclinical therapeutic approaches.<sup>44</sup> A natural history study for *RHO*-RP is  
103 currently active and taking place in USA and France (NCT04285398, Table 2).

104 Many techniques have been explored to treat *RHO*-retinopathy. Price *et al.* have used the somewhat classical technique  
105 of AAV-associated gene supplementation in P23H mice, and found that the retinal degeneration persisted, suggesting that  
106 excessive amounts of rhodopsin alone cannot rescue photoreceptors.<sup>25,45</sup> AAV-delivered ZFs have also been employed,  
107 targeting the *RHO* promoter, and were associated with mutation-unspecific decreased translation and improved disease in  
108 a mouse model.<sup>26</sup> Another method to interfere with promoter function that has been tested is through AAV-mediated  
109 ectopic expression of a transcription factor capable of silencing *RHO* (KLF15), with structural and functional protection  
110 observed in mouse models.<sup>46</sup>

111 Post-transcriptional protein knockdown has also been attempted through hammerhead and hairpin ribozymes designed to  
112 target and cleave P23H, with good specificity *in vitro*.<sup>47</sup> In addition, a dual-approach to both suppress the mutated gene  
113 and supplement a wild type gene is being actively developed. Suppression has been implemented via RNA silencing (e.g.  
114 RNAi and siRNA)<sup>48-50</sup> and CRISPR/Cas9<sup>51</sup>, combined with gene supplementation (RNAi-resistant where applicable),  
115 leading to visual function improvement in mouse models. This was assessed by electrophysiology, where rod-isolated

116 responses improved significantly post-treatment, and by histology, with preservation of the outer nuclear layer (ONL) and  
117 the outer segments of photoreceptors.<sup>48–51</sup> Different groups have tried allele specific CRISPR/Cas9 editing alone, with VA  
118 and retinal function improvement in  $Rho^{S334}$  and  $Rho^{+/P23H}$  mouse models.<sup>52–54</sup> RNA knockdown alone has also shown  
119 significant improvement in retinal function and structure in P23H rats and mice.<sup>55</sup> The latter has led to a phase I/II clinical  
120 trial of AON and targets patients with P23H *RHO*-RP (NCT04123626), with favourable preliminary results.

121 Translational read-through drugs have also been tested in *RHO* S334ter rat models, with an increased number of  
122 surviving photoreceptors and improved electroretinography (ERG) recordings.<sup>56</sup> Gregory-Evans *et al.* tested the use of a  
123 read-through drug combined with neuroprotection in the same rats, and found indistinguishable histology from unaffected  
124 controls.<sup>57</sup>

125 Neuroprotection has also been investigated with a subretinal injection of an AAV vector expressing a glial cell line derived  
126 neurotrophic factor (GDNF), which was shown to result in preservation of ONL thickness and increased ERG responses in  
127 mouse models.<sup>58</sup> Lastly, Yao *et al.* found that reducing autophagy in P23H photoreceptors through hydroxychloroquine  
128 oral treatment and/or deletion of the autophagic gene *ATG5*, decreased cell death in mice and had a protective effect.<sup>59</sup>  
129 This led to another ongoing clinical trial (NCT04120883), which uses oral hydroxychloroquine to alter the autophagy  
130 pathway in P23H-*RHO* photoreceptors.

131 In summary, individuals will likely need detailed genetic characterization to determine the most suitable therapeutic  
132 approach. Allele-specific approaches may lead to fewer eligible patients, small cohorts, and conclusions with limited  
133 external validity. Nevertheless, the breadth of treatment avenues being explored in *RHO*-retinopathy has resulted in the  
134 first on-going dominant IRD gene therapy clinical trial, with several more approaches anticipated to be in early phase trials  
135 in the near future.

136

137 *PRPF31*

138 *PRPF31* encodes one of the core components of spliceosomes and has a key function in RNA splicing processes and in  
139 modulating alternative splicing.<sup>60,61</sup> Most variants in *PRPF31* are loss-of-function and cause decreased splicing efficiency  
140 and mis-splicing.<sup>62</sup> Haploinsufficiency with dominant negative effect has been proposed as the pathogenic mechanism,  
141 given the milder presentation in patients with large deletions versus in those with point mutations.<sup>11,63</sup> This gene affects  
142 ciliogenesis in the retina,<sup>64</sup> and therefore *PRPF31* could be considered a 'ciliopathy gene'.<sup>65</sup>

143 Individuals carrying a heterozygous disease-causing variant in *PRPF31* can develop RP, however marked intrafamilial  
144 variability and incomplete penetrance is one of the hallmarks of this gene.<sup>66</sup> Age of onset is also highly variable, reported  
145 between 6 and 71 years of age.<sup>66</sup> *PRPF31* non-penetrance has been associated with the co-inheritance of a 4-copy  
146 MSR1 repeat, with the complete underlying basis of variable expressivity remaining unclear.<sup>67</sup> Genotype-phenotype  
147 correlations have been investigated, with an earlier age of onset observed in those with null versus missense variants.<sup>11</sup>

148 An exponential yearly decline in kinetic visual field, cone ERG responses, and EZ area, has been reported.<sup>66</sup> However,  
149 others have identified heterogeneous disease progression.<sup>68</sup>

150 Mouse models with late-onset RP,<sup>69</sup> and induced pluripotent stem cells (iPSC) have been developed from a patient with  
151 *PRPF31*-RP and a related non-penetrant subject, to improve our understanding.<sup>70</sup> The latter have been used to create  
152 iPSC-RPE cells *PRPF31*<sup>+/-</sup> and conduct a proof of concept AAV-mediated gene augmentation. Brydon *et al.* reported a  
153 rescue in ciliogenesis, phagocytosis, and cell morphology.<sup>71</sup>

154 A natural history study for individuals with *PRPF31*-RP and non-penetrant subjects is currently ongoing (NCT04805658,  
155 Table 2), which will likely be informative in terms of clinical endpoints. Developing a treatment trial for *PRPF31* will likely  
156 require further preclinical work of different approaches that take into account its dominant negative basis, potentially



157 regulating interacting genes such as *MSR1*, and possibly considering alternative disease models which better recapitulate  
158 human disease.

159

### 160 *RP1*

161 *RP1* protein is located in the connecting cilia of photoreceptors,<sup>72</sup> and is thought to have a role in the stacking of outer  
162 segment discs.<sup>73</sup> It can cause adRP and autosomal recessive (ar) RP, early onset severe retinal dystrophy (EOSRD), MD  
163 and *CORD*.<sup>74,75</sup> Genotype-phenotype correlations have been described, where truncations affecting the middle portion of  
164 the gene were associated with adRP (Arg677Ter being the third most common adRP variant described), while those in  
165 the N- and C-terminals caused arRP.<sup>76,77</sup> adRP1 has a similar phenotype to *RHO*-RP, and also often presents with wide  
166 phenotypic variability, with asymptomatic carriers described.<sup>8</sup>

167 The disease mechanism is reported to be dominant negative, where the truncated *RP1* competes with the wild type  
168 protein for binding to axonemal microtubules.<sup>78</sup> Mouse models of heterozygous *RP1* damaging variants had half the  
169 normal protein concentration, but did not show significant retinal structural or functional abnormality.<sup>78</sup> Gene  
170 supplementation has been tested in the aforementioned mouse models and proven successful in biallelic *RP1* disease,  
171 but no preclinical work towards treating ad*RP1*-retinopathy, which is by far the most common mode of inheritance, is  
172 present in the literature to date.<sup>78</sup>

173

### 174 *PRPH2*

175 *PRPH2* has great phenotypic variability, being associated with adRP, MD, pattern dystrophy, central areolar choroidal  
176 dystrophy, and EOSRD.<sup>75,79-81</sup> Despite the noteworthy inter- and intrafamilial variation and even incomplete penetrance,

177 genotype-phenotype correlations have been developed, where Arg142Trp and Arg172Trp generally result in MD, and  
178 variants between Pro210 and Pro216, in adRP.<sup>82</sup> Patients with pattern dystrophy tend to remain asymptomatic until the  
179 fifth decade of life, while the majority of individuals with adRP have symptoms between the third and fifth decade.<sup>82</sup>

180 *PRPH2* encodes a tetraspanin transmembrane protein, key in the formation and stabilization of outer segment discs.<sup>83</sup>  
181 Homozygous and heterozygous mouse models have been developed, with similar phenotype to their human  
182 counterparts.<sup>84</sup> No outer segments were noticed in *Prph2*<sup>-/-</sup> mice,<sup>85</sup> while disorganised yet present discs were found in  
183 *Prph2*<sup>+/-</sup>, suggesting a dose-dependent variation in phenotypic expression.<sup>86</sup> Loss-of-function,<sup>87</sup> dominant negative,<sup>88</sup> a  
184 combination of the two,<sup>89</sup> and gain-of-function have been described as the pathophysiology of *PRPH2*-associated  
185 diseases.<sup>90</sup> However, it is thought that rod-dominant RP generally occurs due to haploinsufficiency, while cone-dominant  
186 MD and pattern dystrophy are secondary to dominant-negative effect.<sup>91</sup>

187 Nour *et al.* had good structural results when supplementing a wild-type copy of *PRPH2* in a loss-of-function transgenic  
188 mouse model of RP, but failed in a gain-of-function, CORD model.<sup>92</sup> Compacted DNA nanoparticles (NP) injection caused  
189 sustained gene expression, and long term, yet circumscribed, structural and functional improvement in a heterozygote  
190 mouse model.<sup>93</sup> Although over-expressing *PRPH2* appears to be well tolerated by the retina,<sup>94</sup> complete, widespread,  
191 longstanding rescue has not been accomplished thus far through gene supplementation alone.<sup>91</sup>

192 Subretinal injections of siRNA and siRNA-resistant *PRPH2* has shown efficacy in a mouse model and mouse retinal  
193 explants, with preserved ERG responses and decreased *Prph2* mRNA and protein expression, becoming a promising  
194 mutation-independent approach for this gene.<sup>95,96</sup> Georgiadis *et al.* also used AAV-mediated subretinal injections of  
195 miRNA-adapted shRNA in mice, finding silencing of *PRPH2* as early as three weeks post-injection.<sup>97</sup> AAV was also used  
196 to deliver ciliary neurotrophic factor into the subretinal space, showing long-term rescue of photoreceptors, however with  
197 panretinal rod photoreceptor nuclear changes that require further investigation.<sup>98,99</sup>

198 *PRPH2* has well-characterized animal models and a small size (~1.1 kb coding region). However, the large phenotypic  
199 variability, the multiple postulated disease mechanisms, and often relatively good prognosis till later adult age, makes  
200 therapy development challenging.<sup>91</sup> Gene augmentation could indeed work for loss-of-function alleles, and gene  
201 knockdown combined with supplementation may have a positive effect on gain-of-function alleles.

202

### 203 *IMPDH1*

204 Disease-associated variants in inosine monophosphate dehydrogenase 1 (*IMPDH1*) are known to cause adRP and, less  
205 frequently, EOSRD.<sup>100</sup> *IMPDH1*-RP has been characterised as having a relatively rapid rate of progression, with early  
206 decreased VA.<sup>101</sup> Significantly decreased VA and visual fields usually occurs within the second decade of life.<sup>102</sup> The  
207 D226N allele accounts for about 1% of all adRP cases,<sup>103</sup> and families with incomplete penetrance have also been  
208 reported.<sup>104</sup>

209 IMPDH proteins form homotetramers and are key in the synthesis of guanine nucleotide, having a direct effect on the  
210 intracellular concentration of GMP, GDP, and GTP.<sup>100</sup> Although having ubiquitous expression, *IMPDH1* transcripts have a  
211 high concentration in the retina, particularly in the periphery.<sup>105</sup> Alternative splicing-resulting transcripts are also expressed  
212 solely in the retina.<sup>105</sup> Given that disease-associated variants in *IMPDH1* cause protein misfolding and aggregation, with  
213 preserved enzymatic activity, it is likely that the disease mechanism is due to a dominant-negative effect exerted by the  
214 abnormal protein.<sup>106</sup>

215

216 Mouse models have been developed through AAV inoculation of the mutant allele. Double knock-out mice models and  
217 mice with an additionally inoculated copy of *IMPDH1* displayed only minimal retinopathy, proving that both scenarios are  
218 well tolerated.<sup>102,106</sup> Tam *et al.* used an AAV-mediated RNAi suppression strategy in vitro and in vivo (mice), and found

219 effective and sequence-specific suppression of IMPDH1 mRNA and protein, and preserved retinal structure.<sup>102</sup> It appears  
220 that by suppressing both normal and mutant *IMPDH1* alleles, the dominant negative effect exerted by the mutant protein  
221 might be abolished and the retinal degeneration slowed. This strategy, with the possible inclusion of an RNAi-resistant  
222 *IMPDH1* transgene, holds substantial promise, however characterisation studies are not yet in place and preclinical work  
223 still needs to show extensive conclusive data.

224

## 225 *BEST1*

226 *BEST1* encodes a transmembrane, calcium-activated chloride channel that is located in the RPE.<sup>107</sup> Autosomal dominant  
227 disease-associated variants lead to Best Disease (BD) and adult vitelliform macular dystrophy, the latter with a later  
228 disease onset.<sup>81,108</sup> These two conditions are characterized by an excess of lipofuscin within the RPE cells and the  
229 formation of subretinal vitelliform lesions.<sup>109</sup> *BEST1* can also cause vitreoretinopathies (ADVIRC) and  
230 Bestrophinopathy, both affecting the retina in a broader, more severe fashion.

231 BD can have a variable age of onset and progression rate, even among family members.<sup>109</sup> Although this phenotypic  
232 heterogeneity makes VA prediction challenging, visual impairment occurs mostly in adulthood. The disease-causing  
233 mechanisms of BD entail loss-of-function in a dominant-negative manner in most cases, particularly in the alleles  
234 associated with the chloride and calcium binding sites.<sup>110,111</sup> Variants linked to the channel gate/neck, outside the neck,  
235 and also some at the calcium binding sites, appear to have a gain-of-function mechanism.<sup>111,112</sup>

236 Animal models for *BEST1*-associated diseases have naturally occurred in dogs (recessive models),<sup>113</sup> and have also  
237 been developed in mice (dominant).<sup>114</sup> In vitro models have been generated from patient samples, iPSC-RPE emulating  
238 both the ad and ar forms.<sup>115</sup> Different treatment approaches have been tested in these models. Lentivirus- and AAV2-  
239 mediated gene augmentation increased wild-type protein transduction and improved retinal detachments both in biallelic

240 models of BD in vitro and in vivo.<sup>116,117</sup> Lentivirus gene augmentation was also tested in BD in vitro models and the result  
241 depended on the variant affected.<sup>117</sup> Arg218Cys and Asn296His were fully responsive, with a functioning calcium channel  
242 and preserved voltage, while Ala146Lys did not show any changes. Sinha *et al.* have attempted gene editing through  
243 CRISPR-Cas9 in these three heterozygous variants, demonstrating efficient editing and high in vitro allele specificity in  
244 all.<sup>117</sup>

245 BD is certainly an attractive target, with strengths such as a significant prevalence, wide window of opportunity, extensive  
246 preclinical data, and multiple approaches showing promise, however, the not insignificant challenges include patient  
247 selection given often the relatively good prognosis.

248

#### 249 Gene-independent approaches

250 Novel approaches that could apply to many genes by targeting cellular metabolomics, proteomics, and oxidative stress  
251 are currently under development. Although not specific and with possibly dose-dependent toxicity, they could slow down  
252 progression until a long-term treatment was administered.<sup>118</sup>

253 The insulin/mammalian target of rapamycin (mTOR) pathway has been found to be neuroprotective in mouse models.<sup>119–</sup>  
254 <sup>121</sup> Adenosine monophosphate activated protein kinase (AMPK) regulates mTOR and is activated by metformin. Treating  
255 mice with metformin has shown a positive effect on photoreceptors, preserving their function and structure, possibly by  
256 reducing oxidative stress.<sup>122</sup> Metformin has also been tested in iPSC-derived RPE from patients with late onset retinal  
257 dystrophy, alleviating the disease cellular phenotype.<sup>123</sup> A clinical trial of metformin in individuals with *ABCA4*-retinopathy  
258 is currently ongoing (NCT04545736).

259 N-acetylcysteine (NAC), a commonly used mucolytic, also serves as an enhancer of the formation of glutathione, a  
260 powerful neuronal antioxidant.<sup>124</sup> An active phase I clinical trial (NCT03999021) is assessing the effects of oral NAC in  
261 patients with RP, with promising early results.<sup>125</sup> A phase 3 NAC trial is planned.

262

### 263 Conclusions

264 *RHO*-RP is the most advanced ad IRD with respect to potential therapy, with multiple mechanisms tested and various  
265 animal models developed. *BEST1* and *PRPF31* are the next likely targets, with extensive pre-clinical data and various  
266 approaches under investigation (Table 1). Key factors in the design of an IRD treatment trial include the determination of  
267 (i) eligibility criteria, (ii) endpoints for the evaluation of clinical efficacy, (iii) a window of opportunity, and (iv) the suitability  
268 of the contralateral eye as the control (symmetry between eyes). The phenotypic heterogeneity and wide range of severity  
269 of ad IRD,<sup>126,127</sup> usually not associated with age and often slow progression or relative stability, may thereby be  
270 challenging. The ability to predict participants who will have a poor prognosis would be valuable.

271 Nevertheless, cutting edge techniques are being developed, showing promising results at a cellular level. Dominant-  
272 negative mechanisms, in which the abnormal protein competes with the wild-type, are potentially amenable through gene  
273 augmentation therapy. Gain-of-function variants, on the other hand, will require gene or RNA editing/knockdown to  
274 suppress the mutant allele and prevent toxic protein production.<sup>78</sup> Promising results in mouse models have been seen by  
275 delivering these components through AAV vectors or NP.<sup>128</sup>

276 However, modulation of these silencing therapeutics will be key to their success, aiming for optimal protein concentrations  
277 that can lead to photoreceptor survival, also importantly avoiding off target effects.<sup>26</sup> Regulatory agencies closely  
278 overseeing the safety of novel therapeutic approaches such as CRISPR-mediated DNA (Cas9) and RNA (CasRx)<sup>129</sup>

279 editing will be necessary. Gene regulation of certain novel approaches, including the RNA editors, might also aid their  
280 safety profile.

281 Although the development of mutation-specific therapies may not be time or economically efficient at present,  
282 personalized medicine is increasingly being championed, and may become more feasible with technological  
283 advancements e.g. through faster and cheaper personalized iPSCs.<sup>130</sup> There is no doubt that IRD will continue to be on  
284 the frontline of novel therapies for the next decade, with dominant diseases at the heart of these developments.

285 Legend Figure 1: Disease mechanisms and therapeutic approaches for autosomal dominant inherited retinal dystrophies  
286 (IRDs).

287 **A) Normal.** We see the normal process of DNA transcription to messenger RNA (mRNA), and then RNA  
288 translation to protein. The wild type gene is depicted in yellow and its promoter in darker shade. Normal proteins  
289 are seen in pink, two of them bound to their receptor.

290 **B) Loss-of-function (LOF),** where the gene is seen in red. In this case, the mRNA transcript is shorter due to a  
291 null disease-causing variant prematurely stopping transcription, consequently halting translation and leading to  
292 truncated/absent protein. The yellow squares represent the therapeutic approaches under development to treat  
293 LOF IRDs, at the location where they have their therapeutic effect. The \* corresponds to the only mechanism  
294 currently approved to treat LOF *RPE65*-associated retinal dystrophy.

295 **C) Gain-of-function (GOF),** with the gene in blue. We see abnormal protein formed (light blue), toxic to the cell,  
296 and the yellow squares representing therapeutic avenues.

297 **D) Dominant negative effect (DNE),** with a light green gene. In this situation, abnormal proteins (green) compete  
298 with the wild type for binding receptors. In yellow, therapeutic mechanisms.

299 AON: antisense oligonucleotides; CRISPR: clustered regularly interspaced short palindromic repeats.



300 Contributors: All authors contributed to the design of this review article, literature review, manuscript preparation and  
301 review. The authors were responsible for all content and editorial decision.

302

303 Declaration of interest: The authors alone are responsible for the content and writing of this article. MM consults for  
304 MeiraGTx Ltd and TG is MeiraGTx Ltd staff.

305 Funding: This work was supported by grants from The Wellcome Trust [099173/Z/12/Z], the National Institute for Health  
306 Research Biomedical Research Centre at Moorfields Eye Hospital NHS Foundation Trust and UCL Institute of  
307 Ophthalmology, Moorfields Eye Charity, Retina UK and the Foundation Fighting Blindness (no specific grant/award  
308 number for the latter). The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or  
309 the Department of Health.

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622 Table 1: Gene therapy strategies currently being investigated for autosomal dominant inherited retinal dystrophies

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<b>Gene</b>	<b>Variant</b>	<b>Mechanism (drug)</b>	<b>Route of delivery</b>	<b>Status</b>
<i>RHO</i>	P23H	Antisense oligonucleotide (QR-1123)	Intravitreal	Phase I/II CT (NCT04123626; ProQR Therapeutics)
<i>RHO</i>	P23H	Autophagy reduction (Hydroxychloroquine)	Oral	Phase I/II CT (NCT04120883; University of Michigan)
<i>RHO</i>	P23H	Transgenic gene supplementation	-	Mouse models <sup>45</sup>
<i>RHO</i>	Unspecific	Zinc Fingers	Subretinal	Mouse models <sup>26</sup>
<i>RHO</i>	Unspecific	Ectopic silencing transcription factor (KLF15)	Subretinal	Mouse models <sup>46</sup>
<i>RHO</i>	P347S	Coadministration of two AAV containing RNAi and a codon-modified gene replacement	Subretinal	Mouse models <sup>48</sup>
<i>RHO</i>	P23H	Administration of one AAV containing both siRNA and a codon-modified gene replacement	Subretinal	Mouse models <sup>49</sup>
<i>RHO</i>	P347S	Administration of shRNA-expressing AAV and an AAV expressing shRNA-resistant rhodopsin	Subretinal	Mouse models <sup>50</sup>
<i>RHO</i>	P23H & D190N	Ablate-and-replace strategy, with dual AAV injection of CRISPR/Cas9 and gene replacement	Subretinal	Mouse models <sup>51</sup>
<i>RHO</i>	S334	Allele-specific ablation using CRISPR/Cas9 with targeting-guide RNA constructs	Subretinal	Mouse models <sup>52</sup>
<i>RHO</i>	P23H	AAV delivered CRISPR/Cas9 with short guide RNA	Intravitreal	Mouse models and human cells <sup>53</sup>
<i>RHO</i>	P23H	AAV delivered CRISPR/Cas9 with short guide RNA	Subretinal	Mouse models <sup>54</sup>
<i>RHO</i>	P23H	Antisense oligonucleotide	Intravitreal	Mouse and rat models <sup>55</sup>

<i>RHO</i>	S334	Aminoglycoside read-through (gentamicin or geneticin)	Subcutaneous	Rat model <sup>56</sup>
<i>PRPF31</i>	Unspecific	AAV-mediated gene augmentation	-	Induced pluripotent stem cells - RPE cells <sup>71</sup>
<i>PRPH2</i>	Unspecific	Nanoparticles containing wild-type <i>PRPH2</i>	Subretinal	Mouse models <sup>93</sup>
<i>PRPH2</i>	Unspecific	AAV-delivered siRNAs and resistant <i>PRPH2</i>	Subretinal	Mouse models <sup>95</sup>
<i>PRPH2</i>	Unspecific	si/shRNAs and resistant <i>PRPH2</i>	-	Retinal organotypic culture <sup>96</sup>
<i>PRPH2</i>	Unspecific	AAV-delivered shRNAs	Subretinal	Mouse models <sup>97</sup>
<i>IMPDH1</i>	Unspecific	AAV-delivered shRNA and resistant <i>IMPDH1</i>	Subretinal	Mouse models <sup>102</sup>
<i>BEST1</i>	R218H, 234P, A243T, 293K, & D302A	AAV-mediated gene augmentation	-	iPSC-RPEs <sup>110</sup>
<i>BEST1</i>	D203A, I205T, & Y236C	Baculovirus-based silencing vector delivery of CRISPR/Cas9 and resistant <i>BEST1</i>	-	iPSC-RPE cells <sup>111</sup>
<i>BEST1</i>	R218C & N296H	Lentivirus mediated gene augmentation	-	iPSC-RPE <sup>117</sup>
<i>BEST1</i>	R218C, N296H, & A146K	Lentivirus construct delivery of CRISPR/Cas9	-	iPSC-RPE <sup>117</sup>

624

625 Abbreviations: CT: clinical trial; AAV: adeno-associated virus; RNAi: RNA interference; siRNA: short-interfering RNA;  
626 shRNA: short-hairpin RNA; CRISPR: clustered regularly interspaced short palindromic repeats; RPE: retinal pigment  
627 epithelium; iPSC: induced pluripotent stem cells.

628

629 Table 2: Ongoing natural history studies being conducted on autosomal dominant IRD genes.

<b>Gene</b>	<b>ClinicalTrials.gov Identifier</b>	<b>Status</b>	<b>Location</b>	<b>Estimated completion date</b>	<b>Sponsor</b>
<b><i>RHO</i></b>	NCT04285398	Active, not recruiting	USA and France	June 2026	SparingVision
<b><i>PRPF31</i></b>	NCT04805658	Recruiting	Norway	February 2025	Oslo University Hospital

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