Depot- and Diabetes-Specific Differences in Norepinephrine-Mediated Adipose Tissue Angiogenesis, Vascular Tone, Collagen Deposition and Morphology in Obesity

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1 Abstract

2 Aims: Norepinephrine (NE) is a known regulator of adipose tissue (AT) metabolism, 3 angiogenesis, vasoconstriction and fibrosis. This may be through autocrine/paracrine effects 4 on local resistance vessel function and morphology. The aims of this study were to 5 investigate, in human subcutaneous and omental adipose tissue (SAT and OAT): NE 6 synthesis, angiogenesis, NE-mediated arteriolar vasoconstriction, the induction of collagen 7 gene expression and its deposition in non-diabetic versus diabetic obese subjects. 8 Materials and Methods: SAT and OAT from obese patients were used to investigate tissue 9 NE content, tyrosine hydroxylase (TH) density, angiogenesis including capillary density, 10 angiogenic capacity and angiogenic gene expression, NE-mediated arteriolar 11 vasoconstriction and collagen deposition. *Key findings:* In the non-diabetic group, NE concentration, TH immunoreactivity, 12 angiogenesis and maximal vasoconstriction were significantly higher in OAT compared to 13 SAT (p<0.05). However, arterioles from OAT showed lower NE sensitivity compared to 14 SAT (10⁻⁸ M to 10^{-7.5} M, p<0.05). A depot-specific difference in collagen deposition was also 15 16 observed, being greater in OAT than SAT. In the diabetic group, no significant depotspecific differences were seen in NE synthesis, angiogenesis, vasoconstriction or collagen 17 deposition. SAT arterioles showed significantly lower sensitivity to NE (10^{-8} M to $10^{-7.5}$ M, 18 19 p < 0.05) compared to the non-diabetic group. 20 Significance: SAT depot in non-diabetic obese patients exhibited relatively low NE synthesis, 21 angiogenesis, tissue fibrosis and high vasoreactivity, due to preserved NE sensitivity. The 22 local NE synthesis in OAT and diabetes desensitizes NE-induced vasoconstriction, and may 23 also explain the greater tissue angiogenesis and fibrosis in these depots.

Key words: adipose tissue vasculature; norepinephrine; angiogenesis; vasoconstriction;
collagen; obesity

26 Abbreviations

27 ABC, Avidin Biotin Complex; BMI, body mass index; CS-GAG, sulfate-glycosaminoglycan; 28 DAPI, 4',6-diamidino-2-phenylindole, dihydrochloride; DM, Type 2 diabetic obese patients, 29 ECM, extracellular matrix; EGF, epidermal growth factor; fGF-2, fibroblast growth factor 2; 30 NRP-1, neuropilin-1; FITC, fluorescein isothiocyanate; GS, griffonia simplicifolia; HDL, 31 high density lipoprotein; HOMA, homeostasis model assessment; LDL, low density 32 lipoprotein; NE, Norepinephrine; Non-DM, non-diabetic obese patients, OAT, omental 33 adipose tissue; $R_{V/A}$, neovasculature to adipose tissue ratio; SAT, subcutaneous adipose tissue; TH, tyrosine hydroxylase; UEA, ulex europaeus; VEGF, vascular endothelial growth factor 34

35 **1 Introduction**

36 Abdominal obesity, consequent to expansion of both the subcutaneous (SAT) and omental 37 (OAT) adipose tissue depots, is associated with elevated sympathetic activity [1-3]. Evidence 38 suggests that sympathetic activity is more closely related to the deposition of OAT rather than 39 SAT [3, 4], and that sympathetic dysfunction is further exaggerated in obese patients with 40 Type 2 diabetes [1, 5]. A consequence of elevated sympathetic innervation and reactivity is 41 an increase in plasma norepinephrine (NE) levels, along with elevated local NE spillover in 42 multiple organs, including kidney and heart [6]. Recent data in rodents suggests that the AT 43 may itself contribute to this peripheral pool of NE via the regulation on catecholamine 44 synthesizing enzymes [7]. As NE mediates several functions of the AT, including 45 metabolism, secretion, angiogenesis as well as vascular and tissue remodeling [8-11], 46 changes in its levels are likely to have wide-ranging effects. Also, because sympathetic

47 activity is more closely related to deposition of OAT, alterations in the NE axis could
48 differentially impact both SAT and OAT.

49 The angiogenic effect of NE has been mostly investigated in brown AT of rodents. NE 50 stimulated brown adipocyte proliferation and capillary growth in vitro by elevating fibroblast 51 growth factor 2 (fGF-2) mRNA and protein expression [12]. Cold exposure was associated 52 with elevated vascular endothelial growth factor (VEGF) mRNA expression, which was abolished by sympathetic denervation but mimicked by NE administration via the β-53 54 adrenergic /cAMP/protein kinase A pathway [13-15]. However, NE-associated angiogenesis in human white AT is still under investigation. 55 56 Emerging data shows that the microvasculature embedded within the AT is directly regulated 57 by local autocrine and paracrine signals and this is an area of much recent research activity 58 [16]. We have previously shown NE-mediated changes in secretory function of AT [17]. NE 59 is a classic vasoreactive molecule regulating vascular tone by binding to its functional 60 adrenergic a and Breceptors. It is also a potent regulator of extracellular matrix (ECM) 61 deposition, inducing both tissue and vessel remodelling in the liver and lungs of rodents [18-62 21]. In humans, there is greater AT fibrosis in obese patients compared with lean individuals, 63 and more collagen deposition surrounding vessels in OAT than SAT depots [22]. While it is 64 probable that vascular tone is altered by the accumulation of collagens around the vessels, 65 there is no direct evidence for this in microvessels of human AT. .

Thus, the aims of this study were to investigate, in human SAT and OAT, the depot- and
diabetes-specific differences in NE production, NE-mediated angiogenesis, vasoconstriction
and tissue remodelling.

69 **2 Methods**

70 **2.1 Patient recruitment**

71 Morbidly obese patients (N=44, 86% female) undergoing laparoscopic bariatric surgery for

72 weight loss were recruited from the pre-operative clinic (North London Obesity Surgery

73 Service, Whittington Hospital, London, UK). Patients with coronary artery disease,

74 malignancy or terminal illness, connective tissue disease or other inflammatory conditions

75 likely to affect cytokine levels, immunocompromised subjects and those with substance abuse

or other causes for poor compliance were excluded. According to the clinical diagnosis,

patients were separated into non-diabetic (N=28) and diabetic groups (N=16). National

78 Ethical Committee approval was obtained for the studies and all participants provided written

79 informed consent.

80 **2.2 Anthropometric measurements**

81 Body mass index (BMI) was calculated as the weight (kg) divided by the square of the height

82 (m²). Arterial blood pressure was measured with a digital blood pressure monitor (Datex-

83 Ohmeda Patients Monitor, GE Healthcare, UK).

84 2.3 Blood and AT collection

85 On the day of the operation, blood samples were taken from an ante-cubital vein following an

86 overnight fast and immediately after induction of anaesthesia. Plasma and serum samples

87 were stored at -80 $^{\circ}$ C until further analysis.

- 88 AT from the abdominal subcutaneous and intra-abdominal greater omental depots was
- 89 obtained during surgery (~5g each) and immediately transported in serum-free medium
- 90 (Cellgro, Mediatech Manassas, VA) to the laboratory.

91 **2.4 Histochemistry and immunohistochemistry**

92 **2.4.1 Estimation of catecholamine synthetic enzyme**

93 300 mg tissue from each depot was fixed in 10% formalin for 24 hours at room temperature 94 and then transferred to 50% ethanol at 4 °C prior to being embedded in paraffin. 3 µm 95 sections were deparaffinised in Xylene (Sigma-Aldrich, UK) for 20 minutes, followed by 96 dehydration in 60, 70, 80, 90, 100 % ethanol. AT sections were then immunostained for the 97 catecholaminergic marker tyrosine hydroxylase (TH). Slices were washed in 0.1M PBS for 30 minutes, permeabilized and blocked with 0.1% Triton in 10% FBS for 60 minutes. Tissue 98 99 was then incubated overnight at 4°C in sheep anti-TH antibody (all at 1:250, Abcam, UK). 100 Sections were washed and subsequently incubated in 488 Alexa Fluor rabbit anti-sheep 101 antibody (1:1000) for 1 hour. Sections were cover-slipped with Vectashield HardSet 102 mounting medium containing DAPI (Vector Laboratories, USA). The TH-stained area was 103 isolated using the colour threshold function in ImageJ (https://imagej.nih.gov/ij/). TH-104 immunoreactive fibre density was calculated by measuring grey density of positive TH-105 stained areas with the gel analysis function. The data was expressed as arbitrary units of grey 106 density per area.

107 2.4.2 Estimation of capillary density, adipocyte number and size

108 With the same preparation described above, the sections were also incubated for 30 minutes 109 in a humid chamber with the staining solution containing lectin fluorescein isothiocyanate 110 (FITC) conjugate (from Griffonia simplicifolia [GS], 25 µg/ml, Sigma-Aldrich), lectin 111 tetramethylrhodamine isothiocyanate conjugate (from Ulex europaeus [UEA], 10 µg/ml, 112 Sigma-Aldrich), and 4',6-diamidino-2-phenylindole, dihydrochloride (DAPI, 0.3 µg/ml, 113 Sigma-Aldrich). The GS lectin stains the plasmalemma, UEA stains the capillaries [23], and 114 DAPI stains nuclei [24]. Sections were rinsed with 0.1M sodium phosphate buffer (PBS, pH 7.4) for 40 minutes and then mounted on glass slides with water-soluble mounting medium 115

116 (Cardinal Health, Dublin). Images of the stained sections were captured with a Zeiss 117 Axioplan 2 upright microscope (Intelligent Imaging Innovations, Denver, USA) using a Photometrics CoolSnap HQ CCD camera and a Sutter Lambda LS 175W Xenon arc lamp. 118 119 Images were then analysed by ImageJ, capillaries shown as orange spots or lines were 120 labelled and counted, and expressed as capillary number per section. Adipocyte number per 121 section was counted by numbering all the adipocytes on the image. Damaged or incompletely displayed adipocytes were excluded. Adipocyte size was measured by tracing the pixel area. 122 123 For tracing the pixel area, "Free Hand" function was selected in ImageJ and the border of 124 each adipocyte was traced manually.

125 **2.4.3 Estimation of collagen deposition**

Sections were deparaffinised and rehydrated to distilled water, followed by incubation with Verhoeff's haematoxylin for 30 minutes. After washing, sections were differentiated in 2% ferric chloride solution for elastic fibre staining. Slides were then rinsed and iodine was removed. Finally, sections were counterstained in Van Giessen's for 5 minutes and then dehydrated and cover-slipped. For collagen deposition analysis, elastic fibre staining (black) was filtered using the ImageJ threshold function and the collagen staining area (pink) was measured. The data was expressed as the pixel area of collage deposition.

133 **2.4.4 Estimation of macrophage infiltration**

Slides were washed in Tris buffered saline for 2 minutes and blocked at room temperature for
5 minutes in DAKO peroxidase blocking solution and 10% horse serum. CD68 affinity
purified rabbit anti-human polyclonal antibody (Sigma-Aldrich, UK) was added and
incubated for 60 minutes at room temperature and secondary antibody (1 in 1000 dilution of

- 138 anti-rabbit IgG peroxidase conjugated antibody: Sigma-Aldrich, UK) for 45 min. Detection
- 139 was by standard Avidin Biotin Complex (ABC)/DAB method.

140 2.5 Tissue culture, protein extraction and NE ELISA

- 141 50 mg of AT was minced and incubated for 24 hours in 500 µl Cellgro medium (containing 1%
- 142 (v/v) penicillin/ streptomycin) at 37 °C in 5% CO₂. The medium was then harvested, snap-
- 143 frozen in liquid nitrogen and stored at -80 °C until used for NE analysis. Tissue lysate was
- 144 prepared with RIPA buffer (Sigma-Aldrich, UK) from ~150 mg of AT and the total protein
- 145 was estimated (Novagen BCA protein Assay, EMD Chemicals, CA, USA).
- 146 NE concentrations were determined using a high sensitivity ELISA kit (Labor Diagnostika
- 147 Nord GmbH & Co.KG, Germany). The concentration was expressed as NE in pg per mg of
- 148 total tissue protein (pg/mg) for each sample.
- 149 **2.6 NE induction of Collagen gene expression**
- 150 To investigate collagen gene expression by NE, 50 mg of AT was minced and incubated for 6
- 151 hours in 500 μ l Cellgro medium with 1 μ M NE. The tissue was stored at -80 °C prior to total
- 152 RNA extraction and analysis of gene expression.
- 153 **2.7 Estimation of angiogenic capacity**
- 154 SAT and OAT was cut into $\approx 1 \text{ mm}^3$ pieces and embedded into individual wells of a 96-well
- 155 plate with 50 µl growth factor reduced Matrigel (BD Bioscience, UK). Each well was then
- 156 incubated with 200 µl EGM2-MV medium (Lonza, UK), and half of the medium was
- 157 replaced every other day [25]. Incubation was terminated at Day10 and images were captured
- 158 at 40x magnification using a Nikon TMS microscope and ProgResC14 software (resolution
- 159 1300x1030). For each sample, images were captured with five sections (whole tissue, up,
- 160 down, left and right). Image information was then analysed using ImageJ. The pixel area

161	covered by neovasculature was traced manually and adjusted by AT area ($R_{V/A}$). Data was
162	also analysed by particle measurement. Background of image was filtered and capillaries
163	were isolated using the ImageJ threshold function. Then capillary quantity was estimated
164	with the particle measurement function.

- 165 **2.8 Total RNA extraction, angiogenesis microarray and real-time PCR**
- 166 SAT and OAT from non-diabetic and diabetic patients was ground in liquid nitrogen. ~0.15 g
- 167 AT was used for total RNA extraction by TRIzol-chlorform extraction [26].
- 168 Angiogenic gene regulation was performed using the commercially available RT² Profiler
- 169 PCR array for human angiogenesis (PAHS-024, Qiagen, UK). The analysis and comparison
- 170 of microarray data was performed automatically using Qiagen online software

171 (https://dataanalysis.qiagen.com/pcr/arrayanalysis.php). For each gene, average value of delta

172 Ct in each group was calculated, and the gene expression was calculated as 2^{(-average delta}

- 173 Ct), and the fold change was calculated as the ratio of average gene expression between two
- 174 groups [27].
- 175 Otherwise, cDNA was synthesized from 500 ng total RNA using a Reverse Transcription
- 176 Reagent Kit (Applied Biosystems, New Jersey, USA) followed by Real-time PCR. The

177 mRNA expression of collagen gene type I α 1 was determined with β -actin chosen as a house-

178 keeping gene. Data was expressed as a Ct ratio of β -actin Ct/target gene.

179 **2.9 Western Blot**

- 180 Ground tissue was homogenized in RIPA buffer (Sigma-Aldrich, UK). Lysates were
- 181 collected after centrifugation (3200rpm, 4°C, 15 minutes), protein content measured
- 182 (Novagen BCA protein Assay, EMD Chemicals, CA, USA), tissue extracts (5 µg/10 µl)
- 183 loaded onto NuPAGE 4-12% Bis-Tris Gel (Novex, Life technologies, CA,USA) and

transferred to the membrane (0.45 um PVDF filter paper sandwich, Novex, Life technologies, CA,USA). Membranes were rinsed in PBS-T (Phosphate Buffer Solution + 0.1% Tween 20), blocked and incubated with antibodies to β -actin (1:1000, Sigma-Aldrich, UK) and NRP-1 (1:1000, Santa Cruz, CA, USA) at 4°C overnight. Membranes were incubated with the appropriate secondary antibody (donkey anti-goat IgG, Santa Cruz, CA; or sheep anti-mouse IgG, GE Healthcare, UK) and developed using ECL Plus Western Blotting Detection System (GE Healthcare, UK). Data were expressed as the ratio of NRP-1 / β -actin grey density.

191 **2.10** Assessment of vascular reactivity

192 **2.10.1 Vascular tissue preparation**

According to the guidelines for the measurement of vascular function and structure inisolated arteries and veins [28], small arterioles were isolated from the AT under a dissecting

195 microscope and cut into segments (~2 mm). They were mounted on 2 wires (40 µm diameter)

196 in an isometric myograph (500 A; DMT, Denmark) containing normal physiological salt

197 solution (NPSS). The NPSS contained (in mM) 112 NaCl, 5 KCl, 1.8 CaCl₂, 1 MgCl₂, 25

198 NaHCO₃, 0.5 KH₂PO₃, 0.5 NaH₂PO₃, and 10 glucose (with 95% O₂/5% CO₂ to pH 7.4).

199 Vessels were continuously aerated at 37 °C and pre-tensioned to an equivalent of 100 mmHg

200 (13.3 kPa). The normalized luminal diameter of each segment was obtained as described

201 previously [29]. An equilibration period of at least 1 hour was allowed during which time

202 vessels were contracted with KCl (100 mM) to determine tissue viability.

203 2.10.2 Experimental protocol

204 Following equilibration, vasoconstriction was assessed by constructing cumulative

205 concentration-response curves for NE $(10^{-9} - 10^{-5.5} \text{ M})$ and the thromboxane analogue

206 U46619 (10^{-9} - $10^{-5.5}$ M). Where possible, the dose–response curves were obtained in the

same preparation separated by a washout period of 30–60 minutes. With this protocol, there

208 was no apparent time-dependent change in the response to any of the vasoconstrictors.

209 Myography data were recorded and analysed using Myodaq and Myodata (Danish. Myotech,

- 210 Aarhus, Denmark). In response to each dose, peak value of vessel tension was recorded;
- 211 tension increase was calculated by peak value for each dose minus basal vessel tension (mN).

212 2.11 Assays

213 Plasma glucose concentration was assayed with glucose oxidase reagent (Beckman, Brea, CA, 214 USA). Serum insulin levels were determined by ELISA (Mercodia, UK). Serum triglycerides, 215 total, low density lipoprotein (LDL-) and high density lipoprotein (HDL-) cholesterol were 216 assayed with commercial reagents (total-cholesterol: Boehringer-Mannhein, Sussex, UK and 217 triglycerides: Roche Diagnostics, Herts, UK). LDL-cholesterol was calculated using the 218 Friedwald formula [30]. All lipid assays were performed by Dr David Wickens (Chemical 219 Pathology, Whittington Hospital, London, UK). Insulin resistance was calculated using the 220 homeostatic model assessment (HOMA) where HOMA = (glucose in mmol/L x insulin in 221 mIU/L)/22.5 [31]. Adipokines were measured using human 2-site ELISAs (R&D Systems, 222 Oxon, UK) as previously described [32].

223 2.12 Statistical Analysis

Data were analysed using SPSS version 14 for Windows (Statistical Package for the Social
Sciences, SPSS UK Ltd, Chertsey, UK). Normality of distributions was tested with the
Kolmogorov-Smirnov test. Data are shown as mean (standard deviation), or for non-normally
distributed data as median (interquartile range), in text and in tables. Within the same group,
the comparison between SAT and OAT was done using paired non-parametric test (Wilcoxon
matched-pairs test), while between non-diabetic and diabetic groups, unpaired Mann-

230 Whitney rank test was used. Pearson or Spearman rank correlations were used for the 231 bivariate analysis. Significance was defined as $p \le 0.05$.

232 **3 Results**

Patient characteristics are shown in **Table 1**. Compared to the non-diabetic group, diabetic
patients were slightly older. The non-diabetic obese patients maintained normoglycaemia, but
at the expense of hyperinsulinaemia. Levels of HOMA-IR, serum lipids and blood pressure
were all comparable between the two groups.

237 Adiponectin, which is generally considered a protective adipokine, was elevated in diabetic 238 patients, probably due to metformin therapy [33]. However serum MCP-1, a proinflammatory 239 chemokine, was also elevated in these patients. These differences between the groups may be 240 a consequence of medication (Medication regimen: None of the 44 patients were treated with 241 α or β -blockers. In the non-diabetic group only 4 out of the 28 patients were taking any 242 medication [statins n=3 and ACE inhibitors n=1]. The diabetic patients were all treated with 243 metformin [n=11] or diet alone. Additional medication included statins [n=6] and ACE 244 inhibitors [n=5]).

Variables	Non-diabetic(N=28)	Diabetic(N=16)	<i>p</i> value
Gender (Male/Female)	4/24	2/14	-
Age (year)	39.9(12.3)	48.4(8.4)	0.01
BMI (kg.m ⁻²)	47.7(8.9)	45.0(7.8)	0.41
SBP (mmHg)	131.4(16.3)	136.4(20.1)	0.54
DBP (mmHg)	79.2(9.1)	76.4(11.8)	0.59
MABP (mmHg)	96.6(10.1)	96.4(13.6)	0.76
FPG (mmol/L)	5.1(1.0)	7.7(3.2)	< 0.01
Insulin (mIU/L)	11.3(8.1-16.1)	7.1(5.7-14.4)	0.04
HOMA-IR	2.5(1.7-3.9)	2.7(1.3-5.5)	0.66
TG (mmol/L)	1.8(1.2-2.3)	1.1(0.8-2.4)	0.12
Total-chol (mmol/L)	4.2(1.2)	3.8(1.1)	0.35
LDL-chol (mmol/L)	2.6(1.3)	2.2(1.0)	0.16
HDL-chol (mmol/L)	0.9(0.2)	1.0(0.2)	0.10
Adiponectin (µg/ml)	2.53(1.61-4.48)	5.2(3.9-10.4)	< 0.01
IL-6 (pg/ml)	2.14(1.48-2.60)	1.9(1.3-3.0)	0.61
MCP-1 (pg/ml)	174.4(120.4-276.6)	258.6(401.5)	0.01

245 *Table 1 Patients' characteristics.*

246 Data shown as mean (standard deviation) or median (interquartile range); BMI: body mass

247 index, SBP, systolic blood pressure, DBP, diastolic blood pressure; MABP: mean arterial

248 blood pressure; FPG, fasting plasma glucose; chol: cholesterol; TG: triglycerides; HOMA-

249 IR, homeostasis model assessment of insulin resistance; Adiponectin, serum adiponectin; IL-

250 6, serum interleukin-6, MCP-1, serum monocyte chemoattractant protein-1.

251 **3.1 Tissue NE synthesis**

In order to test the hypothesis that chronically elevated locally synthesized NE in the OAT and in diabetic patients may lead to vessel insensitivity to the catecholamine, the expression of the rate limiting synthetic enzyme, TH, as well as tissue and explant levels of NE were determined.

TH immunoreactivity was associated with the adipocytes, as well as with the vasculature.
Lower TH density was apparent in SAT compared to OAT depots in the non-diabetic group

257 Lower TH density was apparent in SAT compared to OAT depots in the non-diabetic group

258 (n=15, SAT versus OAT: 9.9 [7.9-12.9] versus 11.7 [10.0-13.9] ×10⁴ arbitrary unit [AU], p=

259 0.03, Figure 1A & B). However, in the diabetic patients both depots expressed equal levels

260 of TH. When all the patients were considered together, tissue NE levels were significantly

lower in SAT compared to OAT. However, when the groups were analysed separately it was

262 only in the non-diabetic group that this depot specific difference became apparent (n=6, SAT

263 *versus* OAT: 6.1 [0.8-563.6] versus 534.8 [2.2-2819.2] pg/mg total protein; p=0.03, Figure

1C), while in diabetic patients, tissue NE was comparable in the two depots (SAT versus

265 OAT: 194.7 [1.4-529.7] *versus* 335.6 [6.4-3457.7] pg/mg total protein; p=0.17). Very low

266 concentrations of NE were detected in explant medium of both SAT and OAT (0.57[0.27-

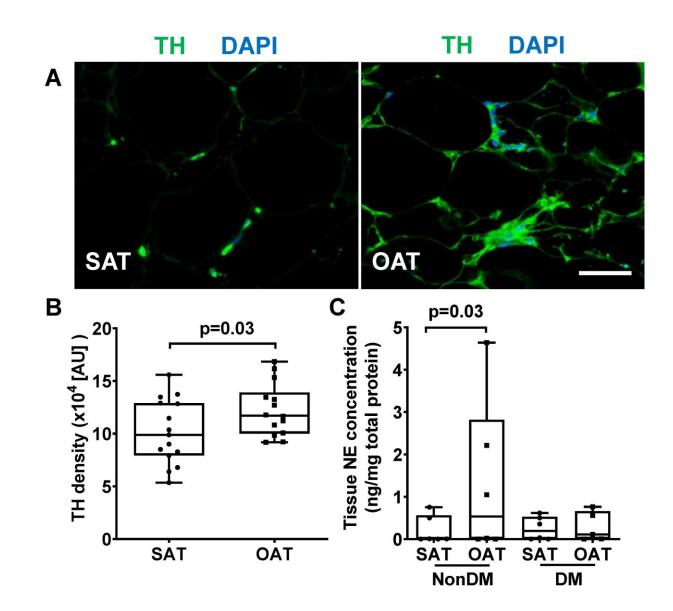
267 0.85] and 0.28[0.22-0.5] pg/ml respectively), suggesting a mainly autocrine/paracrine, rather

than an endocrine, effect.

269 Low levels of AT macrophage infiltration was observed in both SAT and OAT and there was

270 no significant difference between the depots and groups, suggesting the depot-specific

271 difference in TH is not attributed to macrophage infiltration.



272 Figure 1. Depot- and diabetes-specific differences in TH density and NE levels

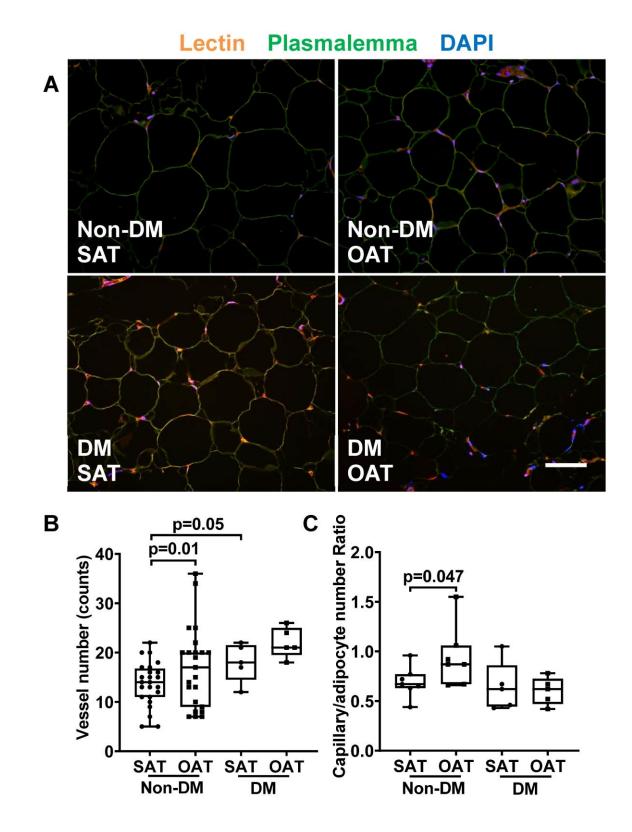
273 (A) Tyrosine hydroxylase (TH) positive staining (green) was apparent around the adipocytes

- of both SAT and OAT. (A&B) In tissue from non-diabetic subjects TH staining was
- significantly less in SAT than OAT (p=0.03). Within the diabetic group there were no
- significant differences in TH staining between the depots (p=0.17). (C) Local NE levels were
- 277 significantly higher in OAT compared to SAT in non-diabetic while no depot-specific
- 278 *difference was found in diabetes. Non-DM: non-diabetic obese patients; DM: Type 2 diabetic*
- 279 *obese patients; Scale: 100 μm*
- 280 **3.2 Depot- and diabetes-specific differences in AT angiogenesis**

281 **3.2.1** Capillary density and angiogenic capacity

As displayed in Figure 2A, in the non-diabetic group, SAT showed a significantly lower

- 283 capillary number compared to OAT (p=0.01), while in the diabetic patients, no significant
- 284 depot-specific difference was observed. Furthermore, capillary numbers were greater in SAT
- of diabetic, compared to non-diabetic, patients (p=0.05). This finding was confirmed by
- 286 manually counting the capillary numbers in each section (Figure 2B). Moreover, the
- 287 capillary density was calculated as the number of vessels per adipocyte, the depot-specific
- difference remains significant in non-diabetic group (n=7, SAT: 0.67 [0.63-0.77] versus OAT:
- 289 0.87[0.67-1.06], **Figure 2C**)

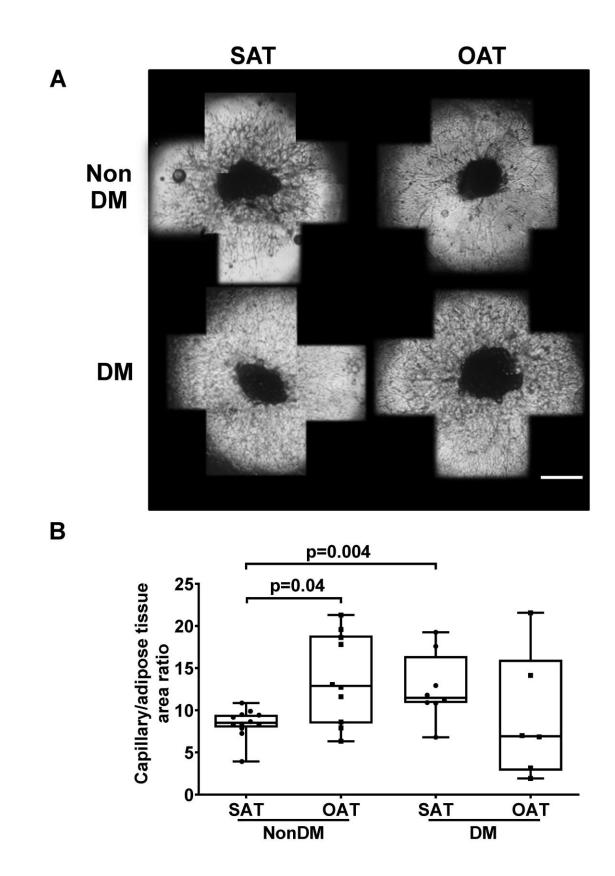


290 Figure 2. Depot- and diabetes-specific differences in AT angiogenesis

291 (A) Capillary density is significantly lower in SAT than OAT in non-diabetic group, while no

significant depot-specific difference was observed in diabetic group, SAT and OAT showed

- 293 elevated but comparable numbers of capillaries. (B) Nonparametric comparison showed SAT
- in non-diabetic group has the lowest numbers of capillaries compared to OAT and diabetics.
- 295 (C) The depot-specific difference of capillaries remained significant after calibrating to
- *adipocyte number. Scale: 100 μm.*
- 297 Angiogenic capacity was also significantly different between the depots in the non-diabetic
- group, with greater neovasculature in OAT compared to SAT (n=12, R_{V/A} SAT: 8.5[8.0-9.5]
- versus OAT: 12.9[8.4-18.9], p=0.03, Figure 3A top panel &B). However, no significant
- 300 depot-specific difference of angiogenic capacity was detected in the diabetic group (Figure
- 301 **3A bottom panel &B**). The angiogenic capacity of the SAT of diabetics was higher
- 302 compared to that of non-diabetics ($R_{V/A}$ non-diabetic SAT: 8.5[8.0-9.5] versus diabetic SAT:
- 303 11.5[10.8-11.4], p=0.004, **Figure 3B**).



304 Figure 3. Depot- and diabetes-specific differences in AT neovascular sprouting

305 (A) In the non-diabetic group, less neovasculature expansion was seen in SAT compared to

306 OAT. In the diabetic group, no significant depot-specific difference was observed in SAT

307 *compared to OAT. Furthermore, SAT in the diabetic group showed significantly higher*

308 angiogenic capacity compared to SAT in the non-diabetic group. (B) This finding was

309 confirmed by nonparametric test on neovasculature to adipose tissue area ratio $(R_{v/a})$

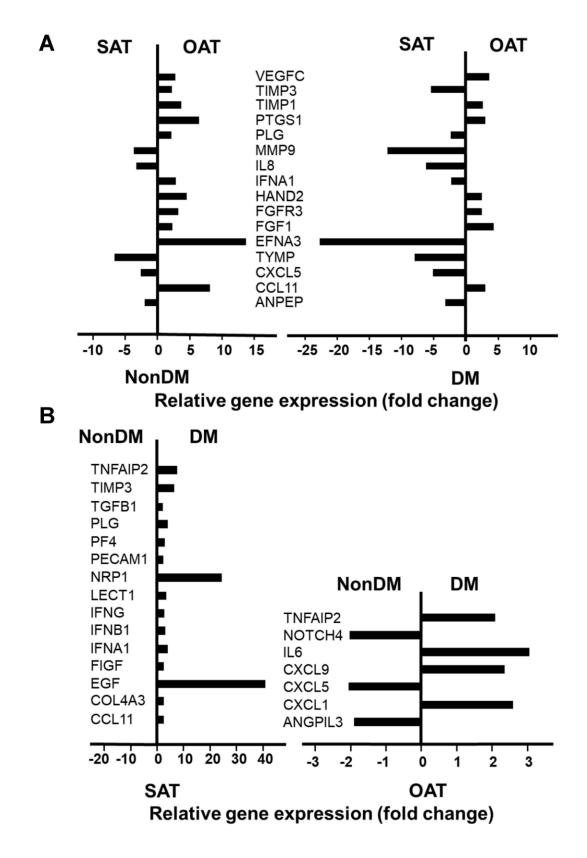
310 showing that SAT in the non-diabetic group showed the lowest angiogenesis compared to

311 OAT and diabetics. Scale: 1mm.

312 **3.2.2 Depot- and diabetes-specific expression of genes regulating angiogenesis**

Given the observed depot- and diabetes-specific differences in capillary density, we investigated the expression of genes considered essential for angiogenesis using a pathway specific array. In the non-diabetic tissue, of the 84 genes on the array, 11 were up-regulated while 5 were down-regulated by > 2-fold in OAT compared to SAT. However, in the diabetic patients, only 7 out of these 11 genes were up-regulated and 9 were down-regulated in the OAT compared to SAT (**Figure 4A**).

319 Assessment of the effect of diabetes on gene expression in the two depots showed a greater 320 number of genes upregulated in the SAT of diabetic, compared to the non-diabetic tissue 321 (Figure 4B), especially those of epidermal growth factor (EGF) and neuropilin-1 (NRP-1). 322 However, in the OAT only 4 genes, mainly chemokines/cytokines, were upregulated in the 323 diabetic, compared to the non-diabetic tissue, while 3 others were lower in the OAT of 324 diabetics compared to the non-diabetics (Figure 4B). To further validate the accuracy of the 325 angiogenesis microarray, NRP-1, a potent mediator of angiogenesis showing the greatest 326 alteration amongst the genes modulated by diabetes in the SAT, was investigated at the 327 protein level. A depot-specific difference was identified with NRP-1 more highly expressed 328 in OAT compared to SAT in non-diabetic group (Supplement Figure 1).



329 Figure 4. Depot- and diabetes-specific differences in AT angiogenesis-related gene

330 expression

- (A) In the non-diabetic group, most angiogenic genes were up-regulated in OAT(n=11)
- 332 compared to SAT (n=5), while diabetic patients showed comparable numbers of gene
- expression in SAT (n=9) and OAT (n=7). (B) In the comparison between the non-diabetic
- and diabetic group, all gene expression was up-regulated in SAT in diabetes, while no
- 335 significant diabetes-specific difference was found in OAT. VEGFC: vascular endothelial
- 336 growth factor C; TIMP: TIMP metallopeptidase inhibitor; PTGS1: prostaglandin-
- 337 endoperoxide synthase 1; PLG: plasminogen; MMP9: matrix metallopeptidase 9; IFNA1:
- 338 interferon, alpha 1; HAND2: heart and neural crest derivatives expressed 2; FGFR3:
- 339 *fibroblast growth factor receptor 3; FGF1: fibroblast growth factor 1 (acidic); EFNA3:*
- 340 *ephrin-A3; TYMP: thymidine phosphorylase; CXCL: chemokine (C-X-C motif) ligand; CCL:*
- 341 *chemokine (C-C motif) ligand; ANPEP: alanyl (membrane) aminopeptidase; TNFAIP2:*
- 342 tumor necrosis factor, alpha-induced protein 2; TGFB1: transforming growth factor, beta 1;
- 343 *PF4: platelet factor 4; PECAM1: platelet/endothelial cell adhesion molecule; LECT1:*
- 344 *leukocyte cell derived chemotaxin 1; IFNG: interferon, gamma; IFNB1: interferon, beta 1,*
- 345 *fibroblast; IFNA1: interferon, alpha 1; FIGF: C-fos induced growth factor (vascular*
- 346 endothelial growth factor D); EGF: epidermal growth factor; COL4A3: collagen, type IV,
- 347 *alpha 3; NOTCH4: notch 4; ANGPIL3: angiopoietin-like 3.*
- 348 **3.3 NE-mediated vasoconstriction**
- 349 In all subjects the vasocontractile function of arterioles with comparable lumen sizes were
- 350 investigated (non-diabetics: SAT versus OAT: 306.9 [215.9-440.0] versus 335.1 [233.4-430.4]
- 351 µm, p=0.73, n=16; diabetics: SAT versus OAT: 278.8 [179.4-442.5] versus 330.8 [181.1-
- 352 592.8] μm, p=0.72, n=10).
- 353 In the non-diabetic group, there was a significant depot specific difference in both the
- 354 sensitivity to NE mediated vasoconstriction and the maximal contractile response. The

arterioles from the SAT showed vasoconstriction at lower, near physiological doses of NE (at

356 dose 10^{-8} M, p=0.01; dose $10^{-7.5}$ M, p=0.02; Log EC₅₀: SAT versus OAT, -7.3[0.6] versus -

357 6.2[0.6], **Figure 5A & B**). However, the maximal contractile response of the OAT vessels

358 was higher compared to SAT vessels (SAT versus OAT: 3.65 [1.90-6.75] versus 8.03 [4.07-

- 359 10.88] mN, p=0.05, **Figure 5A & B**).
- 360 No depot specific differences in the sensitivity or vessel tension were seen in the diabetic

361 group (SAT versus OAT maximal vessel tension, p=0.83, Log EC₅₀: SAT versus OAT, -

362 6.4[0.7] versus -6.4[0.8], **Figure 5A & C**).

363 **3.4 Thromboxane (U44419)-mediated vasoconstriction**

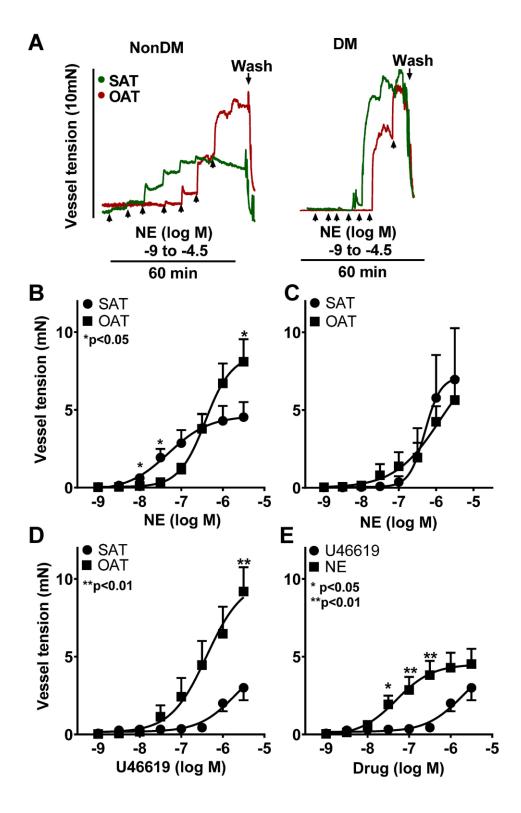
364 To examine if other vasoconstrictors also elicited a similar depot specific difference in

365 response, U46619, a thromboxane mimic and a powerful vasoconstrictor, was tested in the

- 366 non-diabetic group. No difference in sensitivity to U46619-mediated vasoconstriction was
- 367 apparent between SAT and OAT derived arterioles (Figure 5D, Log EC₅₀: SAT versus OAT,
- 368 -6.3[1.0] versus -6.8[0.7], p=0.29, n=9). However, at supra-pharmacological doses OAT
- 369 arterioles exhibited greater vasoconstriction (10^{-6} - $10^{-5.5}$ M, p=0.02).

370 Furthermore, in the comparison between thromboxane- and NE-mediated vasoconstriction in

- the non-diabetic group, the vessel tensions mediated by thromboxane were significantly
- lower compared to those mediated by NE in SAT (10^{-8} M to $10^{-6.5}$ M, p<0.05, Figure 5E),
- 373 while there were no such differences detected in OAT, which suggests a NE-specific vessel
- 374 sensitivity in SAT of non-diabetic patients.



375 Figure 5. Depot- and diabetes-specific differences in NE mediated vasoconstriction

376 (A) Trace readings showed a depot-specific difference in vasoconstriction of the non-diabetic

- 377 group, which was abolished in diabetic patients. (B) In the non-diabetic group, SAT,
- 378 compared with OAT, arteriole showed greater sensitivity to NE-induced vasoconstriction (10⁻

379	⁸ -10 ^{-7.5} M, $p < 0.05$, Log EC ₅₀ : SAT versus OAT, -7.3[0.6] versus -6.2[0.6]) but lower maximal
380	tension (SAT versus OAT, $p=0.02$). (C) However, the NE sensitivity and maximal tension
381	differences were abolished in the diabetic group, which is mainly caused by blunted
382	vasoconstriction in SAT (Log EC ₅₀ : SAT versus OAT, -6.4[0.7] versus -6.4[0.8]). (D) No
383	significant sensitivity difference was found in thromboxane analogue U46619 –mediated
384	vasoconstriction between SAT and OAT in the non-diabetic group, which suggests a NE-
385	specific change of vessel sensitivity in SAT. (E) NE mediated vasoconstriction was
386	significantly higher compared to that mediated by U46619 in SAT of the non-diabetic group
387	$(10^{-8} M \text{ to } 10^{-6.5} M, p < 0.05).$

388 **3.5** Collagen deposition and gene expression, and NE-mediated AT fibrosis

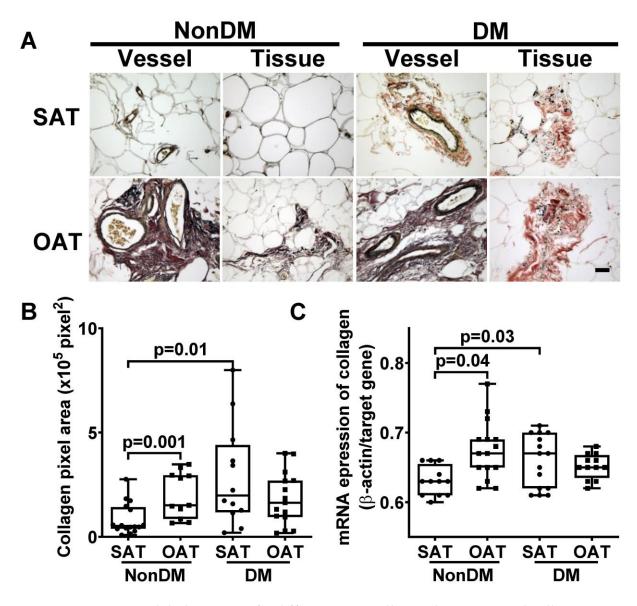
389 As shown in Figure 6A, in SAT of the non-diabetic group, low levels of collagen deposition 390 was observed surrounding the vessels and dispersed within the rest of the tissue, while OAT 391 showed significantly higher collagen staining which was mostly near the vessels, but, also 392 throughout the tissue. Greater fibrosis was observed in all the diabetic tissues. In SAT, 393 collagen staining was observed around the vessels and widely dispersed within the tissue, 394 suggesting tissue fibrosis and perhaps consequent vessel stiffness. Similar results were also 395 found in OAT of this group. This finding was confirmed by collagen pixel area analysis and gene expression data. SAT of non-diabetic subjects displayed the lowest collagen deposition 396 397 compared to OAT of the non-diabetic group and both depots of the diabetic group (Non-398 diabetic group: n=16, diabetic group: n=15, p<0.05, Figure 6B).

399 Collagen gene type Ia1 expression also showed the same trend, with SAT of non-diabetic

400 patients having the lowest mRNA gene expression compared to OAT in the non-diabetic

401 group and both depots in the diabetic group (n=15, **Figure 6C**).

- 402 Significant elevation of collagen type Ia1 mRNA expression was observed in AT incubated
- 403 with 1µM NE, compared with the control [NE: 0.67(0.64-0.68) versus Control: 0.62(0.61-
- 404 0.65), n=6, p=0.03], which implicates NE directly in AT remodeling.



405 Figure 6. Depot- and diabetes-specific differences in collagen deposition and collagen

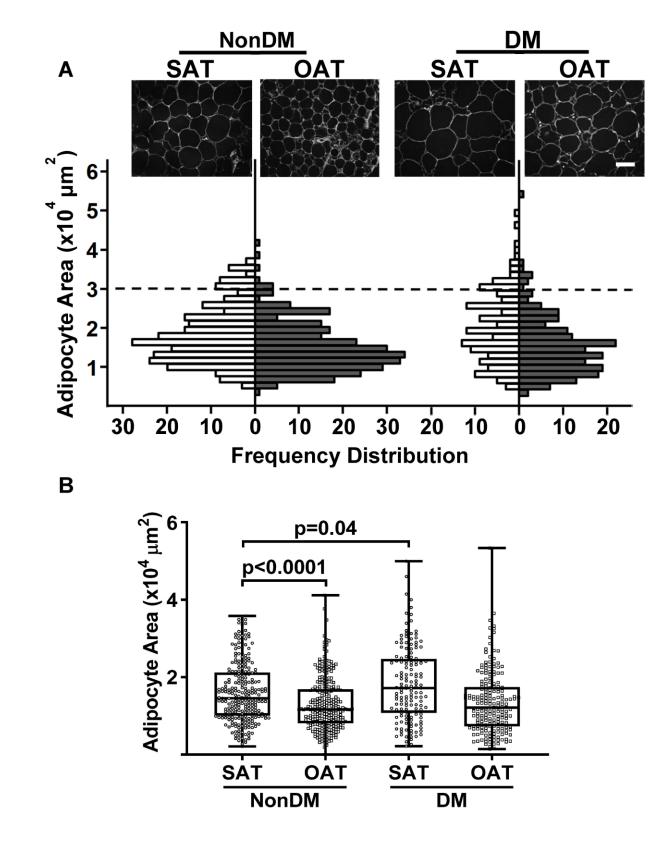
- 406 expression.
- 407 (A) Collagen was stained as pink and elastin was stained as black. Representative images
 408 were selected to show the collagen deposition surrounding the vessels and within the area of
 409 the rest of the tissue. <u>In the non-diabetic group</u>, SAT showed little collagen staining both
- 410 within the vessel area and the surrounding region, while abundant collagen deposition was

411 shown in OAT wrapping the vessel. Also there was clear collagen staining in the rest of the

- 412 *tissue.* In the diabetic group, more collagen deposition was observed compared to the non-
- 413 diabetic group. In SAT, collagen was not only around the vessels but also widely dispersed
- 414 within the tissue. OAT showed a similar collagen distribution and comparable collagen
- 415 quantity. Scale: 100µm. (B) Collagen staining analysis showed the least collagen deposition
- 416 in SAT of non-diabetic patients compared to OAT of non-diabetics and both depots in
- 417 diabetes. (C) The same trend has also been shown in collagen gene Type $I\alpha l$ expression.

418 **3.6 Adipocyte size**

- 419 Adipocyte size was assessed by calculating the pixel area. In the non-diabetic subjects OAT,
- 420 compared to SAT, showed significantly smaller adipocytes (SAT: adipocyte number=260,
- 421 $1.5[1.0-2.1] \times 10^4 \mu m^2$, OAT: adipocyte number= 286, $1.2[0.8-1.7] \times 10^4 \mu m^2$, p<0.0001). The
- 422 SAT depot of diabetic patients had larger adipocytes compared to those of non-diabetic
- 423 patients (diabetic versus non-diabetic SAT: 1.7 [1.1-2.5] $\times 10^4 \mu m^2$ versus 1.5[1.0-2.1] $\times 10^4$
- 424 μ m², p=0.04). However, in the OAT these differences were not significant (diabetic *versus*
- 425 non-diabetic OAT: 1.2 [0.7-1.7] $\times 10^4 \,\mu\text{m}^2$ versus 1.2[0.8-1.7] $\times 10^4 \,\mu\text{m}^2$, p=0.9). Furthermore,
- 426 the largest adipocytes were found most frequently in the diabetic depots (**Figure 7**).



427 Figure 7. Depot- and diabetes-specific differences in adipocyte size

428 (A) A greater number of the smaller adipocytes were observed in OAT compared to SAT in

429 both groups, while SAT and OAT of diabetic patients displayed more large adipocytes

430 compared to those in the non-diabetic group (upon the dotted line). (B) <u>In non-diabetic</u>

431 *group*, adipocyte size was significantly larger in SAT compared to OAT (p<0.0001); <u>In</u>

432 *diabetic group,* adipocytes of SAT showed to be significantly larger than those of non-

433 diabetic group (p=0.04), which suggests tissue hypertrophy. Scale: 100 μ m

434 4 Discussion

435 There are several key and novel findings in this study. Firstly, depot- and diabetes-specific 436 differences of the NE synthesis by human white AT has been observed, with levels being the 437 lowest in the SAT of non-diabetic obese patients. Secondly, this depot also showed less 438 angiogenesis, including lower capillary staining, neovascular sprouting and the expression of 439 angiogenic genes. Thirdly, the arterioles from the SAT of non-diabetic patients also showed 440 higher sensitivity to NE-mediated vasoconstriction, at levels near physiological doses. 441 However, all other depots (OAT of non-diabetics and both SAT and OAT of diabetics) 442 showed lower sensitivity to NE. This difference between depots in sensitivity to 443 vasoconstriction was specific to NE, as thromboxane (U46619)-mediated vasoconstriction 444 was comparable in vessels from SAT and OAT. Fourthly, the SAT depot of the non-diabetic 445 patients also exhibited less collagen deposition, with lower expression of the collagen genes, 446 perhaps a consequence of low NE synthesis locally, as NE directly induced collagen mRNA 447 expression. Finally, the frequency of the largest adipocytes are greater in both the SAT and 448 OAT of the diabetic, compared to the non-diabetic, patients. Perhaps this infers greater 449 necrosis-prone cells in these depots compared to SAT of non-diabetics. Overall these data 450 showed significant depot-specific differences in NE synthesis, NE-associated angiogenesis, 451 vasoconstriction, and collagen deposition in non-diabetic obese individuals. In contrast there 452 was an absence of such differences in patients with diabetes.

453 **4.1 Local NE synthesis in AT**

454 TH, a key enzyme involved in NE synthesis, was found in both depots, but greatly elevated in 455 OAT compared to SAT, specifically around the adipocytes, confirming not only the ability of 456 these depots to synthesize this hormone but also the differences in their ability to express this 457 enzyme. However, the cellular origin of the enzyme i.e. whether from sympathetic nerve 458 endings or derived from any other cellular sources within the AT was not clear. Adipocytes 459 from rodents were shown to synthesize catecholamine as a consequence of stress-related 460 immune response [34-36] and AT macrophages have been shown to produce NE, particularly 461 in response to cold stress [37, 38]. A very recent study also suggests that macrophages and 462 adipocytes could co-regulate the expression of NE synthetic enzymes [39]. Since no 463 differences in macrophage infiltration (determined by CD68 staining) between the depots 464 were found, these cells are unlikely to have contributed significantly to the observed 465 differences in NE synthesis between OAT and SAT in this study. Furthermore, NE was 466 detected in protein extracts from whole AT but not in explant medium suggesting a more localized accumulation, with the potential to impact the embedded microvasculature. 467

468 **4.2 Paradox between high angiogenesis and inflammation/hypoxia in OAT and diabetes**

469 AT angiogenesis has been shown to be beneficial in rodents, with sufficient angiogenesis 470 being able to prevent tissue hypoxia and reverse insulin resistance [40, 41], while it has been 471 reported recently that vascular formation of SAT was inhibited in obesity through TWIST1-472 SLIT2 signalling [42]. In this study, non-diabetic obese patients showed greater capillary 473 numbers and angiogenic capacity in OAT. Also, most of the angiogenic genes were 474 upregulated in OAT compared to SAT. Despite this, the OAT displayed a more inflammatory 475 and hypoxic micro-environment [43-45], which perhaps indicates that increased capillary 476 density and angiogenesis are not sufficient to counter the local AT hypoxia. This could be 477 attributed to the dysfunction in vascular tone, since convincing data demonstrated that the 478 vasodilation was impaired in OAT but preserved in SAT [46-48]. Additionally, current data

479 suggests vasoconstriction was also compromised, perhaps due to the NE desensitization. 480 Another recent in vivo study found that blood flow of brachial artery was 1.6-fold lower in 481 obese patients compared to lean controls, which was significantly correlated with OAT 482 volume [49]. Therefore, vascular tone dysfunction may directly restrict local AT blood flow 483 and contribute to the local hypoxic environment. Furthermore, there was also an elevation of 484 capillary numbers and angiogenic capacity in SAT of diabetic compared to non-diabetic 485 subjects. The effect of hyperglycemia and diabetes on angiogenesis is conflicting. In 486 retinopathy, nephropathy, and atherosclerotic plaque, there was excessive angiogenesis, while 487 the neovascularisation was decreased in wound healing and myocardial perfusion [50]. In this 488 study, SAT in the diabetic group was more angiogenic compared to that of non-diabetics, and 489 the microarray data suggests this increase, besides its association with sympathetic 490 overreaction, could be also caused by the elevation of a series of angiogenic factors.

491 **4.3 NE-mediated vasoconstriction and vascular desensitization**

492 Consistent with higher tissue NE levels, OAT vessels displayed reduced sensitivity to this 493 catecholamine compared to SAT vessels from non-diabetic obese subjects, a finding 494 supported by the recent study showing the impaired vasoreactivity mediated by β-495 adrenoceptors in visceral AT of mice on high fat diet [48]. Although the mechanism is 496 unclear, prolonged exposure to high NE could lead to the desensitization of receptor-G 497 protein coupling domain in response to adrenergic receptor stimulation [51]. In different 498 tissue and cells, desensitization of G-protein-coupled receptors (GPCRs) could occur via 499 GPCR-kinase / β-arrestin pathway [52, 53]. This differential sensitivity to NE was absent in 500 arterioles from obese diabetic subjects in line with the comparable high NE synthesis in both 501 depots and the relative reduction in sensitivity compared with SAT from the non-diabetic 502 obese subjects. This is consistent with the significant increase in microvascular volume 503 observed in non-diabetic compared to the diabetic group following intravenous adrenaline

504 infusion [54]. This could also be explained by the NE desensitization in SAT arterioles of 505 diabetic patients, while the response to the thromboxane analogue U46619 was unaffected in 506 these circumstances, suggesting specific alteration of noradrenergic mechanism in 507 obesity/diabetes. What was clearly not affected in both the non-diabetic and diabetic groups 508 is the higher maximum contractile force generated by OAT vessels compared to SAT vessels. 509 This may simply be a reflection of an inherently greater capacity of OAT vessels to generate 510 more force compared to the SAT vessels and which was unaffected by obesity or diabetes. 511 The maximum contractile force appears to be dissociated from the sensitivity to NE in human 512 AT vessels in obesity/diabetes. The coexistence of dampened vascular sensitivity to NE and 513 endothelial dysfunction (commonly associated with both obesity and diabetes [55-57]) may 514 have a negative impact on local blood flow and tissue metabolism and perpetuate insulin 515 resistance.

516 **4.4 NE-mediated AT fibrosis and its effect on vasoreactivity and adipocyte morphology**

517 Increased tissue stiffness in visceral AT has been reported recently in mice on a high fat diet 518 [48]. Our current study also showed an upregulation of collagen mRNA and collagen 519 deposition in OAT of non-diabetics and in both SAT and OAT of the diabetic group. Again, 520 this may, at least in part, be driven by an increase in NE synthesis in these depots since 521 incubation with NE demonstrably increased collagen mRNA expression in these tissues. 522 Moreover, NE has been shown to increase fibrotic responses in several organs and vessels 523 [20, 21, 58, 59]. An increase in collagen deposition within and around blood vessels in AT in 524 obese or obese diabetic individuals would increase resistance to blood flow and further 525 exacerbate tissue hypoxia, inflammation and necrosis. Furthermore, the mechanical stress 526 associated with increased collagen deposition might also impact on adipocyte size. Although 527 current data is not adequate to identify the specific subtypes of collagen seen in this study, 528 collagen gene Type Ia1 was detected and was also up-regulated by NE incubation. In both rat

and human, the imbalance between collagen Type I deposition and degradation is associated

530 with myocardial fibrosis and essential hypertension [60, 61]. The likelihood of a similar

531 effect on AT vascular function in obesity/diabetes is supported by the current data.

532 5 Conclusion

533 The interaction between the vasculature and AT is crucial in maintaining AT normal function 534 and remodelling capacity. Preserved vascular NE sensitivity as well as low levels of local AT 535 NE synthesis may play a key role to protect AT from tissue fibrosis, inflammation and 536 hypoxia. This study has demonstrated that local NE spillover of AT desensitized adrenergic 537 regulation of vasoconstriction, meanwhile vessel stiffness was increased due to elevating 538 tissue fibrosis, perhaps consequently leading to a vascular hyporeactivity, which may be 539 associated with AT dysfunction. Concomitantly, angiogenesis was triggered, perhaps to 540 compensate for the compromised vascular function, as observed in OAT and diabetes. Due to 541 the vascular dysfunction, neovascularization, even at relatively normal or high levels, may 542 not be adequate to reverse local hypoxia and inflammation but only facilitate the 'unhealthy' 543 tissue expansion.

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551 8 Conflict of Interest

552 None

553 9 Authors' contributions

554 LS collected and processed the samples, performed most experiments and data analysis,

555 prepared and revised this manuscript. MRD provided valuable comments and strong support

throughout the preparation and revision of this manuscript. CC collected and processed the

samples, performed experiments including RNA extraction, ELISA and analysed macrophage

staining data. NNO provided technical support and generated the preliminary data in

559 myography study, and revised the manuscript. IME provided technical support in most

560 studies and revised the manuscript. PS and RG provided clinical support and helped

561 consenting patients and collecting blood and adipose tissue samples during surgeries. VM

be developed the research hypothesis, designed the study, supervised most research works and

563 revised the manuscript. All authors have approved the manuscript.

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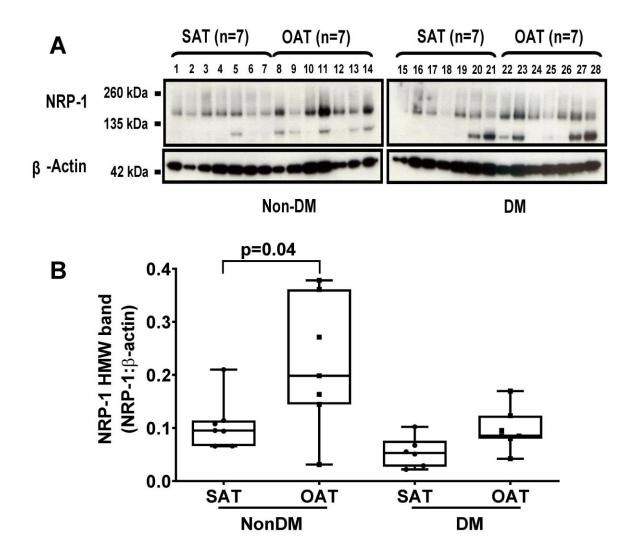
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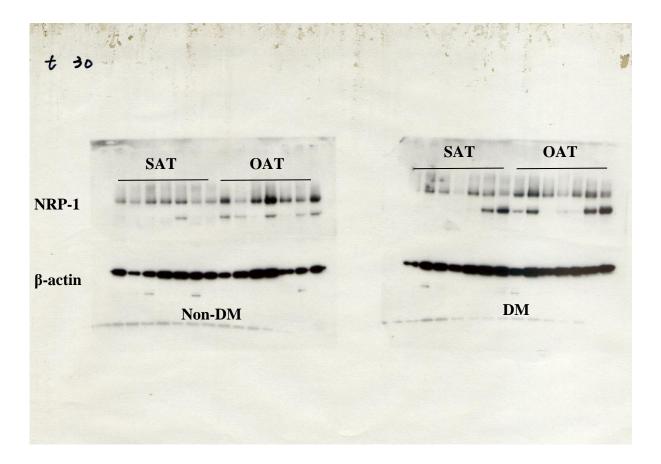
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Supplementary Figure 1 Depot- and diabetes-specific differences in NRP-1 protein
 expression of AT

- 760 (A) Two isoforms of NRP-1 were found in human AT. Overall, the expression of the non-
- 761 modified NRP1 band (~130 kDa) was relatively lower compared with the higher molecular
- 762 weight band (>200 kDa), and was up-regulated in the diabetic compared to non-diabetic
- 763 group, which probably represents glycosylated NRP1 [62]. Furthermore, in the non-diabetic
- 764 group, the protein expression of the non-modified NRP1 bands were observed in OAT of
- 765 more patients (n=5 out of 7) than SAT (n=1 out of 7), while NRP-1 with higher molecular
- 766 weight was more highly expressed in OAT compared to SAT. However, no such depot-

- 767 specific difference was found in the diabetic group. (**B**) Data was analysed by Image J and
- 768 *expressed as grey density ratio between high molecular weight NRP-1 and \beta-actin.*



769 Supplementary Figure 2 Original western blot slide