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## A new meaning for NLP – the trials and tribulations of natural language processing with GPT-3 in ophthalmology

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3 **A new meaning for NLP – the trials and tribulations of natural language processing with**  
4 **GPT-3 in ophthalmology**  
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**ABSTRACT**

Natural language processing (NLP) is a subfield of machine intelligence focused on the interaction of human language with computer systems. NLP has recently been discussed in the mainstream media and the literature with the advent of Generative Pre-trained Transformer 3 (GPT-3), a language model capable of producing human-like text. The release of GPT-3 has also sparked renewed interest on the applicability of NLP to contemporary health care problems. This article provides an overview of NLP models, with a focus on GPT-3, as well as discussion of applications specific to ophthalmology. We also outline the limitations of GPT-3 and the challenges with its integration into routine ophthalmic care.

## INTRODUCTION

Ophthalmologists have conventionally been trained to fear the term ‘NLP’, for it indicates ‘no light perception’ – a level of vision where the patient is effectively blind. In a more modern context, and outside of ophthalmology, however, NLP has grown to most commonly mean ‘natural language processing’ – a subset of machine intelligence focused on the interaction of human language with computer systems.(1)

For as long as computers have existed, NLP has been an area of interest, with Alan Turing’s proposal of what is now called the ‘Turing Test’ – an experiment for determining whether the language generated by a computer is distinguishable from that produced by a human – having been in place since 1950.(2) Modern language models have come remarkably close to passing a Turing Test, with OpenAI’s Generative Pre-trained Transformer 3 (GPT-3) being able to write entire pieces of prose nearly indistinguishable from human authors.(3–5)

GPT-3 is the latest in a series of autoregressive language models that uses deep learning to generate text in a human-like language format. Trained using the Common Crawl, WebText, Books1, and Books2 datasets, and all of English-language Wikipedia, in a ‘few-shot’ approach, GPT-3 is considered to have learned a snapshot of the entire internet.(6,7) Like other autoregressive language models, GPT-3 predicts the next text element in a sequence of words, based upon a query, task, or instruction, given in natural human language. The emphasis with NLP models such as GPT-3, is the production of a result in human-like text, allowing for broad use cases and easy, user-friendly interaction. The reason this is a useful evaluation task pertains to the sentiment of a model correctly predicting the next word in a sequence suggesting that it has a general understanding of the preceding sequence’s meaning and context.

These language models collectively form a group known as ‘transformers’, which are capable of predicting text through a complex mechanism termed ‘attention’, responsible for assigning a contextual value to singular inputs in order to determine the appropriate output. Attention builds upon mechanisms used by earlier language models (called recurrent neural networks or RNNs), which were sequential in nature and would consider all prior inputs in order to determine an output.(8) Transformer models utilize an encoder (responsible for translating the input sequence into a vector which can be interpreted by the model) and a decoder (which converts the model’s processing into human text) in their architecture to complete their queries.

Within the realm of transformers, GPT-3 is especially unique in that it was trained using

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3 175 billion parameters, over 10-times more than prior models with similar architecture, and that  
4 it is able to learn using a ‘few-shot’ approach. Effectively, where other language models require  
5 substantial inputs to contextualize a response, GPT-3 is able to glean appropriate context from  
6 only a few short phrases, or even, single words, and is able to output text that is relevant without  
7 additional training. Moreover, GPT-3 differs from other transformers in that it was developed  
8 primarily with a decoder architecture. Instead of coding user inputs as a vector for the model to  
9 assess, GPT-3 generates responses by processing its own outputs, in the context of prior queries,  
10 through the model, effectively ‘learning from itself’. GPT-3 has gained considerable attention in  
11 the mainstream media for its ability to process natural language inputs across an array of  
12 disciplines and for the breadth of data on which it is trained. For instance, it has been used to  
13 write code (and even complete software programs) through natural language instruction, develop  
14 dialogue for virtual reality experiences, translate between languages, and even analyze customer  
15 experiences.(9–11)

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Despite its powerful processing capabilities, GPT-3, and other autoregressive language models like it, have considerable, and even potentially harmful, limitations. As it was trained on a large portion of internet content, GPT-3 incorporates the biases found across the web in its own processing. These include: gender, racial, and geopolitical biases. In the assessment of gender biases, for example, the developers of GPT-3 focused on the associations between gender and occupation. They noted that occupations requiring higher levels of education, such as finance or academic professor, were more likely to be followed by male identifiers, while those such as nurse, midwife, receptionist, and housekeeper, were more likely to be followed by female identifiers.(6,12) GPT-3 also suffers from difficulty with ‘common sense physics’, and lacks context about the world (and consequently, the tasks requested of it) as it is not grounded in domains outside of language, such as video or real-world interaction. Like all autoregressive language models, GPT-3 is also unable to correct itself once it begins to make mistakes. In writing prose, for instance, it is unable to go back and edit, and often one mistake will lead to many more, as it uses preceding words to predict its next output.

Nonetheless, given its impressive capabilities and the potential for implementation without the need for ground-up programming, GPT-3 has garnered significant attention from the health care community, and offers compelling solutions to contemporary clinical problems.(13) This article will provide an overview of some of the existing health care applications of GPT-3,

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3 and discuss potential uses and challenges in applying it to ophthalmology.  
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### 6 **EXISTING HEALTH CARE APPLICATIONS OF GPT-3**

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8 NLP models have found applications across various health care disciplines, most prominently in  
9 the assessment of electronic health record (EHR) data. Language models are particularly well-  
10 suited to this task, as they can process large volumes of text at a scale unachievable by human  
11 assessors and require little-to-no visual context for extracting requested data. Researchers have  
12 developed NLP models for a variety of EHR use-cases, from extracting physician-reported pain  
13 data from oncologic consultation notes, to identification of potential clinical trial participants by  
14 way of extracting inclusion and exclusion criteria.(14,15)  
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20         Given its initial release and limited availability through a restricted-access program  
21 requiring formal application and approval, health care applications of GPT-3 remain sparse.  
22 Most recently, Logé and colleagues at Stanford University developed a dataset for assessing bias  
23 in medical question-answering systems and tested it using both GPT-3 and its predecessor, GPT-  
24 2.(16) This work represents a particularly challenging use of autoregressive language models as  
25 it introduces a highly complex and multifactorial clinical problem. Pain-management in the  
26 clinic is complicated by the individual lived experience of pain across patients, variable  
27 manifestations of pain sequelae, inherent subjectivity in pain reporting, and clinician biases, both  
28 implicit and explicit.(17–19) They noted that GPT-3 advocated for treating every patient with  
29 pain management, however, there was significant variability across individual medical contexts  
30 and simulated patient gender and race. GPT-3 was 3.6% more likely to refuse pain treatment to  
31 black patients than white patients, and, equally more likely to refuse pain treatment to  
32 women.(16) This work demonstrates, that, although highly trained autoregressive language  
33 models like GPT-3 have the potential to address complex clinical problems, clinicians should be  
34 wary that inherent societal biases may be incorporated in their training data and resulting  
35 implementations.  
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### 50 **POTENTIAL APPLICATIONS OF GPT-3 IN OPHTHALMOLOGY**

51 Within ophthalmology, NLP has been trialed in EHR-driven use-cases as well.(20) For instance,  
52 NLP pipelines have been developed to identify patients with an array of ocular diseases,  
53 including glaucoma, herpes zoster ophthalmicus, cataracts, and pseudoexfoliation syndrome.(21–  
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3 24) NLP has also been developed to triage ophthalmic referrals, and has found uses in predicting  
4 the rate of antibiotic use and intraoperative complications from operative notes, as well as  
5 predicting patient quality of life in association with vision loss in the setting of chronic ocular  
6 disease.(25–28) All of the above applications required *de novo* development of pipelines along  
7 with requisite planning for large training and validation datasets. Although impressive in their  
8 capacity, these pipelines also remain siloed in their own use cases, unable to pull data across  
9 fields to inform their tasks. For instance if a patient with cataracts presents and is triaged by a  
10 herpes zoster ophthalmicus model, the outputs of the model will not be meaningful.

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17 GPT-3 offers ophthalmologists and researchers the opportunity to build from a ready-to-  
18 use application programming interface (API) and remains ‘informed’ about multiple disciplines  
19 as its training effectively encompasses the English Internet. GPT-3 is also noteworthy in that it  
20 can be trained using minimal input (called zero-shot, or few-shot learning), improving the ease  
21 with which solutions can be developed and deployed and also reducing upstart costs. Few-shot  
22 learning removes the need for costly expansive training datasets as GPT-3 can effectively ‘learn’  
23 from a handful of inputs, and sometimes no inputs at all. For instance, GPT-3 could be used to  
24 form the backbone of an ophthalmic triage system that offers human-like responses to emergent  
25 questions, with minimal training on potential prompts. Such a system could be implemented in  
26 emergency departments or optometrist offices to ensure clinical resources are used in a timely,  
27 equitable, and efficient manner. Moreover, this system could also implement GPT-3’s language  
28 translation capabilities to accept questions in an array of local languages and relay responses  
29 back in a patient-friendly dialect. Intelligent triage systems have already shown promise in the  
30 practice of ophthalmology during the COVID-19 pandemic, and an implementation with GPT-3  
31 would fill an important, unmet need.(29) GPT-3 could also be used to develop a consultation  
32 note creation system that standardizes ophthalmology notes across subspecialties and clinicians.  
33 Although NLP, and more broadly, machine intelligence, have been used to develop ambient  
34 virtual scribe systems, such as AutoScribe, these implementations remain limited as they can  
35 only record dialogue and offer suggestions to clinicians, requiring review of raw speech data and  
36 substantial cognitive and time effort.(30) As GPT-3 has been shown to write prose from ‘few-  
37 shot’ learning, it could conceivably be trained to create consult notes for ophthalmology from a  
38 few keywords entered by clinicians. Coupling this capacity with dictation software could create a  
39 powerful EMR tool which would create standardized, mail-ready consult notes. Such a system  
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3 could streamline already overloaded ophthalmology clinics, improve the timeliness of responses  
4 to referring physicians, and ease involvement of patients in research. GPT-3's intelligent  
5 language capabilities could also be used to create teaching tools for global ophthalmology  
6 outreach. For instance, charities like Orbis, could implement GPT-3 to improve translation of  
7 highly technical medical data and streamline patient education and local physician training on  
8 medical missions. Finally, and perhaps most compellingly, GPT-3's ability to write nascent code  
9 with little training could aid other ophthalmologists and vision science researchers in developing  
10 their own AI solutions. Our group has previously evaluated performance of clinicians without  
11 coding experience in the development of AI solutions and we have resolved that clinician-driven  
12 AI requires appropriate education of physicians in the nuances of the field.(31,32) A GPT-3-  
13 based coding platform would leap many of these educational requirements and open the field of  
14 AI solution development to end-user clinicians, paving the way for previously unexplored  
15 applications.  
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### 27 **CHALLENGES IN IMPLEMENTATION OF GPT-3 IN OPHTHALMOLOGY**

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29 Despite these possibilities, use of GPT-3 in clinical practice carries inherent challenges. Because  
30 GPT-3 was trained using a large proportion of the internet, it carries within its processing  
31 capabilities congruent biases of gender, race, and politics, which within a health care setting,  
32 could be devastating in patient-facing implementations. Such biases could work to alienate  
33 already vulnerable patient populations, lead to inequitable and inadequate care, and further  
34 cement such biases in contemporary medical practice. To combat this, clinicians using GPT-3  
35 should consider building safeguards; for instance, within ophthalmology, as gender and race data  
36 is not required for triaging many ocular emergencies, such data could be omitted at the collection  
37 stage.  
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45 In addition to inherent biases, implementation of GPT-3 within clinical practice is also  
46 limited by its inability to correct mistakes, and more worryingly, press on with an inaccurate  
47 processing stream. For instance, GPT-3 was widely criticized in the mainstream media for  
48 encouraging a simulated patient to commit suicide when trialed in a psychiatric question-answer  
49 implementation.(33) In order to prevent similar catastrophic results from an ophthalmic  
50 implementation of GPT-3, clinicians could ensure that key outputs are assessed for raw quality  
51 by a human evaluator. Although this increases required resources, it would still create a 'semi-  
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3 autonomous' system, which, if implemented for instance as a triage tool, could nonetheless  
4 improve access to care. To minimize the need for clinician resources, a filtering system could be  
5 developed, whereby only significant interventions, if suggested by an intelligent system, need to  
6 be reviewed by a human evaluator. Interventions or recommendations which do not have  
7 potential for harm to patients may not require human approval, thereby reducing the required  
8 human cognitive resources. Such systems would be analogous to modern academic medical  
9 practice, where junior doctors often make simple clinical decisions independently, but review  
10 more complex interventions with senior supervisors or consultants.

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12 Implementation of GPT-3 into ophthalmology is also limited by its lack of image  
13 processing capability. Ophthalmology is a highly visual specialty, with examination findings at  
14 the slit lamp or multimodal imaging guiding most treatment decisions. To address this, clinicians  
15 could turn to transformer models based on GPT-3 which combine text and imaging data, for their  
16 solutions. OpenAI, for instance, has recently announced the Contrastive Language-Image Pre-  
17 training (CLIP) model and the DALL-E 2 model, both of which combine text and image  
18 processing functionality. In fact, DALL-E 2 has gained considerable attention recently for its  
19 ability to create nascent images from text input, offering ophthalmologists a powerful augment to  
20 GPT-3's language processing capabilities.(34,35) Lastly, implementation of GPT-3 into routine  
21 ophthalmic care has been limited by access to the platform itself. GPT-3 was initially available  
22 only through a web-based API, managed by OpenAI, but licensed 'exclusively' to Microsoft. As  
23 of November 2021, OpenAI has expanded availability of the API to end users in a pre-defined  
24 list of countries, however, use of the API remains subject to adherence with OpenAI's  
25 guidelines.(36) While democratization of AI tools and arguments for open access versus  
26 privately developed algorithms are beyond the scope of this article, it remains important to  
27 consider that any potential health care applications require compliance with institutional and  
28 regulatory agency privacy laws as well as consistent reliable performance with limited  
29 downtime. Clinicians should consider real-world integration as an important aspect of any AI  
30 solution prior to piloting implementations.

## 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 **CONCLUSIONS**

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53 In summary, autoregressive language models such as GPT-3, offer clinicians tremendous  
54 potential for addressing complex clinical problems. Within ophthalmology, GPT-3 is especially  
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3 compelling as it has the capability to improve use of valuable ophthalmic clinical resources,  
4 improve clinic flow, and bring AI-solution development to end-user clinicians. Ophthalmologists  
5 and researchers should remain wary of GPT-3's inherent biases and consider their impact on  
6 patients within each specific use-case. Careful implementation of GPT-3 and combination text-  
7 image models, such as DALL-E 2, holds the potential for transforming patient care and  
8 revolutionizing contemporary ophthalmology.  
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## 15 **COMPETING INTERESTS**

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17 Dr. Nath, Mr. Marie, and Mr. Ellershaw, have no financial disclosures. Dr. Korot has acted as a  
18 consultant for Google Health and Genentech and is an equity holder in Reti Health. Dr. Keane  
19 has acted as a consultant for DeepMind, Roche, Novartis, Apellis, and BitFount, and is an equity  
20 owner in Big Picture Medical. He has received speaker fees from Heidelberg Engineering,  
21 Topcon, Allergan, and Bayer.  
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**RE: bjophthalmol-2022-321141 - A new meaning for NLP - the trials and tribulations of natural language processing with GPT-3 in ophthalmology**

Dear Frank,

We would like to extend our sincerest thanks to the editors and reviewers for your comments, suggestions, and constructive criticisms of our manuscript. We have carefully revised our work by modifying the text and responding to reviewers and the editorial office in a point-by-point format, with editorial comments presented in bold text and our responses directly below in non-bolded format. We have grouped our responses under the headings: Responses to Reviewer #1, Responses to Reviewer #2, and Responses to Editor-in-Chief. Thank you kindly for considering our paper and for the opportunity to provide a revised submission. We do truly hope that our revised manuscript will be of interest to the broad readership of the *British Journal of Ophthalmology*.

### **Responses to Reviewer #1**

#### **General comments**

**This paper provides a timely overview of this important intersection between Ophthalmology and NLP that has garnered growing interest as the availability of GPT3 has accelerated the translation of clinical AI text applications from bench to bedside.**

Thank you for your feedback. We hope that our manuscript will serve as a resource for ophthalmologists and researchers embarking on development of digital health solutions with GPT-3.

#### **Major comments**

**The manuscript is highly informative for readers. There may be some updates wrt page 4 (and similar repeat on page 7): "Given its recent release and limited availability through a restricted-access program requiring formal application and approval") e.g. open AI themselves has released an API for GPT3 access without the waitlist:**

**<https://openai.com/blog/api-no-waitlist/>**

We agree; since its initial launch via a semi-private API, access to GPT-3 has now expanded considerably. We have revised the sections on page 4 and page 7 of the manuscript to reflect the present accessibility of GPT-3, while maintaining the role its initial exclusivity may have had in limiting the rapid development of ophthalmological applications.

**The manuscript provides an excellent discussion of potential applications for AI such as GPT3 in Ophthalmology, such as triage. Some existing literature may be relevant for this discussion, such as this study during COVID-19 whereby the use of AI-based chatbots for over 10,000 eye-related visits were reported: Wu X, Chen J, Yun D, et al. Effectiveness of an Ophthalmic Hospital-Based Virtual Service during the COVID-19 Pandemic. Ophthalmology 2021;128(6):942-945. doi:10.1016/j.ophtha.2020.10.012**

Thank you for your suggestion. We have included the above study as a reference within the revised manuscript and commented upon its importance.

**The authors have highlighted important limitations and potential safety issues from GPT3 that may warrant a semi-autonomous model. Some further expansion for the final point regarding the need for clinicians to consider real-world integrations may be beneficial for readers. Are there any key considerations or suitable clinical operational models for GPT3 that the authors may recommend?**

While there are not any previously defined clinical operational models within the literature for use with GPT-3, one well-established model which implementations of GPT-3 could be made analogous to is that of the junior doctor and the consultant. Much like how a junior doctor is able to make independent decisions when the risk for harm to a patient is minimal, a GPT-3-driven implementation may not require supervision when interventions or care it recommends have little to no potential harm for patients. Akin to junior doctors reviewing complex cases with their consultant supervisors, in situations where an intelligent GPT-3-based system recommends a route which has the potential for significant harm to a patient, it could create an automatic 'flag' which prompts a human assessor to intervene and audit the proposed pathway. We have amended the revised manuscript to include the above as a potential clinical operational model, in line with your suggestions.

#### **Minor comments**

**Minor awkward phrasing "most equated with..." (pg 3 line 8-9)**

The phrasing of the above sentence has been revised to improve readability.

#### **Responses to Reviewer #2**

**This paper provides a brief review of the language model GPT-3 and a perspective on how it can be used in ophthalmology. Please find my comments below.**

Thank you for your time and effort taken to assess our manuscript and provide feedback.

**First, considering the audience, the description on GPT-3 could be more precise. For instance, in the Introduction, it mentions the 'few-shot' approach without any explanations. Potential readers may not understand it.**

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3 Thank you for this suggestion. We have improved upon the description of GPT-3 within the  
4 Introduction. We have incorporated further explanation of the architecture of language models,  
5 and how GPT-3 works, including its 'few-shot' learning capabilities.  
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8 **Second, a more thorough review and comparison of GPT-3 with other language models**  
9 **are needed. For instance, one important difference of GPT-3 compared with other**  
10 **language models is that it focuses on the decoder part (for text generation,**  
11 **summarization, and translation purpose) whereas many other similar language models**  
12 **focus on the encoder part (mostly for text representation). The intro only mentions their**  
13 **similarities but not the differences. This is important because it shows the unique part of**  
14 **GPT-3 for specific use cases in the Application section.**  
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16 We appreciate this suggestion. In line with your comments, we have added a section to the  
17 Introduction where GPT-3 is compared against existing language models, with emphasis on its  
18 unique attributes. We agree this lends better to the discussion of use cases later on in the  
19 manuscript.  
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22 **In addition, there are similar articles on GPT-3 in the medical domain (e.g.,**  
23 **<https://www.nature.com/articles/s41746-021-00464-x>).** The study should compare with  
24 **the existing studies and discuss in more depth especially in the ophthalmology domain.**  
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26 Thank you for raising this point. The above referenced study is included in our bibliography and  
27 is an excellent starting point for clinicians looking to become equated with GPT-3. Our study  
28 differs in that it focuses specifically on applications of GPT-3 in ophthalmology with potential  
29 real-world examples and key barriers to implementation. In line with your suggestion and  
30 feedback from the review process, we have further expanded upon the specific ophthalmic  
31 applications.  
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### 34 Responses to Editor-in-Chief

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36 **The journal encourages submissions on applications of AI and relevant new**  
37 **developments in this field. This manuscript is well written and the section headings well**  
38 **chosen. However as pointed out by reviewer #2 and as you will be aware, the challenge**  
39 **for authors is to introduce this and similar topics to non-expert readers with adequate**  
40 **explanation of concepts and significance. Please bear this in mind throughout your**  
41 **revision.**  
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44 Thank you for your comments and positive feedback. We have revised our manuscript in line  
45 with the comments put forth by both reviewers in order to improve the readability of our paper  
46 for a non-expert audience.  
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3 We thank the reviewers and editors for their input and feedback and for the opportunity to  
4 provide an improved report. We do hope our revised manuscript will be of interest to the broad  
5 readership of *British Journal of Ophthalmology*.  
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8 Respectfully re-submitted on behalf of the group,  
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