What Matters? Using creativity to support PPI engagement: involving palliative care patients and family carers in developing research ideas and proposals

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Aim

........to involve participants in creative activities, to prompt thoughts on what matters at the end-of-life and for related research, including developing research proposals.
Participants, recruitment, set-up

https://www.peopleinresearch.org/
Method

**SESSION 1**
- Discussion of images and words
- General discussion of thoughts & experiences

**INTERVENING WEEK:**
- Creative activity
- Optional online discussion

**SESSION 2**
- Share and discuss the creative work
- Research presentation + feedback
Participants

4 groups; 8 2-hour sessions (2 sessions per group), October-December 2021

12 participants: 2 people with cancer, 4 current carers, 2 x 3 bereaved carers

8 women; 7 White British   4 men; all from other ethnic groups
Results: feedback

<table>
<thead>
<tr>
<th>Session</th>
<th>Location</th>
<th>Timing</th>
<th>Content</th>
<th>Overall</th>
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</thead>
<tbody>
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<td>1</td>
<td>3.6</td>
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<td>2</td>
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Scale: 1 (Worse than expected) to 5 (Better than expected)

- Time to talk
  Small and intimate
  Thought-provoking
  “Felt a little like very good therapy!”
  The content of the boxes
  Online is my preference

- Technical issues & challenges
Results

RELATIONSHIPS

TOPICS RAISED & DISCUSSED

GUILT

SUPPORT

FORGIVENESS

RECOGNITION
Conclusion
Thank you!

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