

Country-level factors associated with the early spread of COVID-19 cases at 5, 10 and 15-days since the onset

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Abstract

30 The COVID-19 pandemic is causing a significant global health crisis. As the disease continues to spread
31 worldwide, little is known about the country-level factors affecting the transmission in the early weeks.
32 The present study objective was to explore the country-level factors, including government actions, that
33 explain the variation in the cumulative cases of COVID-19 within the first 15 days since the first case
34 reported.

35 Using publicly available sources; country socioeconomic, demographic and health-related risk factors,
36 together with government measures to contain COVID-19 spread, were analysed as predictors of the
37 cumulative number of COVID-19 cases at three-time points ($t=5, 10$ and 15) since the first case reported
38 (n=134 countries).

39 Drawing on negative-binomial multivariate regression models, HDI, healthcare expenditure and
40 resources, and the variation in the measures taken by the governments, significantly predicted the
41 incidence risk ratios of COVID-19 cases at the three-times points. The estimates were robust to different
42 modelling techniques and specifications.

43 Although wealthier countries have elevated human development and healthcare capacity in respect to
44 their counterparts (low-and-middle income countries) the early implementation of effective and
45 incremental measures taken by the governments are crucial to controlling the spread of COVID-19 in the
46 early weeks.

47

48 *Keywords:* COVID-19; country-level factors; government measures; pandemic; coronavirus; global
49 health.

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Introduction

54 Since the outbreak of the 2019 Novel Coronavirus (National Committee on Covid-19
55 Epidemiology & Medical Education), the world has experienced a devastating global health crisis,
56 causing an economic, governmental, and human wellbeing catastrophe (Baker, Peckham, & Seixas, 2020;
57 Dong & Bouey, 2020; Ferguson et al., 2020; Fernandes, 2020; Miller, Becker, Grenfell, & Metcalf, 2020;
58 Sohrabi et al., 2020; Tuite, Bogoch, et al., 2020; Tuite, Ng, et al., 2020; Velavan & Meyer, 2020; Word
59 Health Organization, 2020; Yang et al., 2020).

60 There has been a shift in the epicentre from China to Europe and the United States, where the
61 number of confirmed cases and deaths greatly surpassed those in China (Kokudo & Sugiyama, 2020).
62 Many of these are in developed countries with sound surveillance systems in place leading to a greater
63 concerns over the poorer countries that could experience far greater suffering (Peters, Vetter, Guitart,
64 Lotfinejad, & Pittet, 2020). Poverty and inequality contribute to the burden exacerbating the spread of
65 infectious diseases (Goscé & Johansson, 2018; Jackson & Stephenson, 2014; Li, Richmond, & Roehner,
66 2018; Quinn & Kumar, 2014), while the lack of resources and underfunded health systems severely limit
67 the country's capacity to cope with the extent of this pandemic. This makes early detection and
68 containment their top priority (Acharya, 2020). The aim of this study, therefore, is to explore the country-
69 level factors, including government actions, that could determine the variation in the cumulative cases of
70 COVID-19 within the first 15 days since the first case reported.

71 The recent literature has shown a significant focus on the formulation of policies (i.e. potential
72 measures to be taken by governments) to control the transmission of COVID-19 (Maier & Brockmann,
73 2020) Recorded government measures range from social distancing and isolation practices to nationwide
74 lockdowns including the halt of economic activities and closing of borders (Hale & Webster, 2020;
75 Leung, Wu, Liu, & Leung, 2020; McIntosh, 2020). While it is too early to evaluate these measures fully,
76 studies using early figures in China has indicated the effectiveness of the isolation measures in
77 suppressing the spread (Maier & Brockmann, 2020; Zhang et al., 2020) . Furthermore, previous studies

78 from Severe Acute Respiratory Syndrome (SARS) pandemic suggest that early and rapid implementation
79 of control measures, such as social isolation and quarantine, are effective in reducing the transmission
80 (Koo et al., 2020; Wallinga & Teunis, 2004; Zhang et al., 2020). Therefore, it is likely that early
81 government actions are a significant factor in determining the spread that could prevent the health
82 systems from being overloaded (Grasselli, Pesenti, & Cecconi, 2020; Hasan & Narasimhan, 2020; Koo et
83 al., 2020; Melnychuk & Kenny, 2006; Rosenthal, 2020).

84 In addition to the importance of taking early restrictive measures to diminish the transmission, the
85 latest clinical evidence indicates that there are gender and age-related differences in the severity of
86 symptoms and mortality rates of COVID-19 cases (R. Li et al., 2020). The elderly, particularly older men,
87 appear to be more vulnerable to the disease and suffer from a higher risk of mortality globally (Betron,
88 Gottert, Pulerwitz, Shattuck, & Stevanovic-Fenn, 2020; R. Li et al., 2020; Wenham, Smith, & Morgan,
89 2020). People with underlying health conditions have been linked to an increased risk of severity and
90 fatality, especially for those with tuberculosis and high blood sugar levels (diabetes) (Bornstein, Dalan,
91 Hopkins, Migrone, & Boehm, 2020; Guan et al., 2020; Wingfield, Cuevas, MacPherson, Millington, &
92 Squire, 2020). Other risk factors include smoking, alcohol consumption, high blood pressure
93 (hypertension), and obesity (Dietz & Santos-Burgoa, 2020; Emami, Javanmardi, Pirbonyeh, & Akbari,
94 2020; Guan et al., 2020; Xu, Mao, & Chen, 2020; Zhou et al., 2020), all of which are common risk factors
95 for non-communicable diseases (NCDs). Moreover, some parameters of the health systems are critical to
96 tackle infectious diseases including the number of physicians, hospital beds, and health resources and
97 expenditures, which indicates the capacity to conduct testing and the availability of personal protective
98 equipment for health workers in an attempt to contain the infection (Dewar, Barr, & Robinson, 2014;
99 Lancet, 2020). Finally, the transmission of infectious diseases is known to depend on the frequency and
100 the nature of contact between the infectious and the healthy individuals (Aagaard-Hansen, Nombela, &
101 Alvar, 2010; Goscé & Johansson, 2018). Hence, population characteristics, e.g. urbanicity, and population
102 size, may determine the speed of the spread of the disease.

103 This study evaluates the association of the accumulated number of COVID-19 cases in the first
104 two weeks with specific country-level factors across the world.

105

106 **Material and Methods**

107 **1.1 Study data**

108 The study was conducted using cross-section and panel data derived from secondary sources. Using data
109 from the European Centre for Disease Prevention and Control (ECDC), a new database was generated
110 containing information on the number of COVID-19 cases for 134 countries, taken at different time points
111 (time “t” =5, 10, 15 days) since the first case was reported in the respective countries. Additionally,
112 country-level socioeconomic and sociodemographic factors, population risk-factors for NCDs, healthcare
113 resources and expenditures, and government measures, among other specific characteristics, were
114 obtained from the same 134 countries (excluding government measures, N=93). Data were collected from
115 various sources including the World Bank (WB), United Nations (UN), World Health Organization
116 (WHO), and the Oxford University online repositories (supplementary material, section A).

117

118 **1.2 Dependent variable**

119 The cumulative number of COVID-19 cases at time “t” = 5, 10, 15 days since the first confirmed
120 case were used to allow for meaningful comparison between countries. This was necessary to account for
121 the reported variation in the estimated incubation period of the virus from 4 to14 days (Lauer et al., 2020);
122 thus the timespan was divided into three equivalent periods.

123 Information on the number of daily reported cases are publicly available at ECDC (European
124 Center of Disease Control and Prevention, 2020); a total of 134 countries that recorded data a minimum
125 of 15 days since first confirmed case as of the 10th April 2020, were included in the analysis.

126 **I.3 Independent variables**

127 Six country-level factors used in the analysis are outlined below with a brief description of the variables
128 (supplementary material, section A for further details).

129 1. Socioeconomic factors: to account for the possible impact of wealth and inequality, the model includes
130 both Human Developed Index (Sohrabi et al.) and the GINI coefficient. The HDI summarises “*key*
131 *dimensions of human development*” including a long and healthy life represented by the life expectancy at
132 birth; the level of access to knowledge, represented by the expected and mean years of schooling; a decent
133 standard of living, indicated by the Gross National Income (GNI) per capita (Conceição, 2019). The GINI
134 coefficient is derived from the difference in the cumulative proportion of population and income to
135 indicate the level of inequality within a country (Organization of Economic Cooperation and
136 Development, 2020 (accessed 20th of April 2020)). Both datasets are publicly available from the UN and
137 WB official reports (Conceição, 2019; Organization of Economic Cooperation and Development, 2020
138 (accessed 20th of April 2020)).

139 2. Sociodemographic factors: four variables including the proportion of the urban population, the median
140 age (in years) of the people, the dependency ratio and the percentage of the female population are
141 accounted in the index.

142 3. Risk factors for non-communicable diseases (NCDs): accounts for five key risk indicators including,
143 daily cigarettes consumption per smoker, annual alcohol consumption per person (in litres), high blood
144 sugar levels (diabetes), obesity status, and high blood pressure levels (hypertension) of the population.

145 4. Healthcare resources and expenditures: three variables including health expenditure as a percentage of
146 the GDP by nation, the number of beds per 10,000 people and the number of physicians per 10,000
147 people are accounted in the index.

148 5. Government measures in response to the outbreak of COVID-19: Oxford COVID-19 Government
149 Response Tracker (OxCGRT) contains information on 11 indicators of government response against the

150 COVID-19 crises across countries and time (recorded daily, date accessed: 6 April 2020). This article
151 uses the government stringency index comprised of seven indicators related to containment and closure
152 policies which are believed to effectively reduce the spread of virus (Hale & Webster, 2020). Included in
153 the seven indicators are policy response measures related to public gatherings (school and workplace
154 closures, public event cancellations), restriction on population movement (closure of public transport,
155 restriction on internal and international travel) as well as general public health campaigns. By rescaling
156 each of the ordinal values for the seven categories, the Oxford dataset generates a government stringency
157 index ranging from 0 (no government stringency) to 100 (very strict government stringency) offering a
158 standardised measure in comparing government responses at t=5, 10 and 15 days since the onset. This
159 index is being constantly monitored and updated to include more details (see supplementary material,
160 section A).

161 6. Other factors: include historical incidence of tuberculosis as a percentage of the population, the
162 quantity of international inbound tourists and population size per country.

163 All variables were standardised by subtracting the mean and then dividing by the general SD.
164 Based on the reliability analysis (supplementary material, section B), three indices were constructed:
165 sociodemographic status, health expenditure and risk factors (NCDs). Each of these indices was derived
166 from combining variables within items 2, 3 and 4, which was computed based on the sum of the
167 respective standardised variables. Finally, a small proportion of missing data (<10% of the original
168 sample) were replaced following a specific protocol (supplementary material, Table D1, D2, D3).

169 **1.4 Statistical analysis**

170 To study the association between country-level factors and the accumulated number of COVID-
171 19 cases, univariate and multivariate models were fitted to the data to understand the most relevant factors
172 that explain the variation in the number of worldwide COVID-19 cases. Firstly, the correlation between
173 each variable were analysed in a univariate setting. Secondly, the regression model was formulated by

174 employing different functional forms of the outcome at t=5,10, and 15 days after the first case occurred.
 175 Finally, based on the modelling diagnostics, cross-section and population-averaged (GEE, (Hardin,
 176 2005)) negative binomial regressions model were used to report the incidence risk ratios (IRR) for each of
 177 the country-level factors used as explanatory variables (see 1). The distribution of the number of cases
 178 emulate that of count-variable (supplementary material, Figure C1-3) and the coefficients (β) in the
 179 model indicates the association between the number of cases and each of the explanatory variables. To
 180 capture the effect of the government measures on the number of cases, the difference between the
 181 government index at time t=5 and t=10 was added to the model analysing the number of COVID-19 cases
 182 at t=10, and the difference between t=15 and t=10 to the model accounting for the cases at t=15. Robust
 183 standard errors were applied accordingly, and simple robustness checks were performed to account for the
 184 delay in the impact of the government measures on the number of COVID-19 cases.

185

$$\begin{aligned}
 186 \quad & \log(N^o \text{ of cases})_{ct} \\
 187 \quad & = \beta_0 + \beta_1 * HDI_c + \beta_2 * GINI_c + \beta_3 * Sociodemographic_c + \beta_4 \\
 188 \quad & * RiskFactorsNCD_c + \beta_5 * Healthcare_c + \beta_6 * Tuberculosis_c + \beta_7 \\
 189 \quad & * International tourists_c + \beta_8 * Population_c + \beta_9 \\
 190 \quad & * \Delta_{(t-[t-1])}(\text{government measures})_c \mu_c
 \end{aligned} \tag{1}$$

191 \forall country c . “t” stands for 5, 10 and 15 days. Cross-section and panel data models are used; the “t” term
 192 is constrained depending on the specification of the model. Therefore, for cross-section models, t is
 193 fixed and equal to only one time period.

195

196 Additional variables were tested (i.e. weather characteristics, contamination, lack of
197 immunization, population with basic sanitation, stock of immigrants), however, excluded from the
198 principal analysis based on the overall significance of the model and R^2 .

199 All analyses were done using STATA 15.1 (StataCorp, College Station, TX, USA) and QGIS 3.6
200 (QGIS Geographic Information System).

201

202 Results

203 Table 1 summarises the descriptive statistics of the sample of 134 countries. It was possible to
204 observe a rapid growth in the average number of confirmed cases, where t=10 is five times the number of
205 cases at t=5, and t=15 is almost seventeen times the cases at day five ($\text{Mean}_{(t:5)}=11.31$, $\text{SD}_{(t:5)}=14.40$,
206 $\text{IQR}_{(t:5)}=12$; $\text{Mean}_{(t:10)}=50.97$, $\text{SD}_{(t:10)}=117.23$, $\text{IQR}_{(t:10)}=51$; $\text{Mean}_{(t:15)}=179.31$, $\text{SD}_{(t:15)}=555.27$, $\text{IQR}_{(t:15)}=168$). The sampled countries consisted of a higher female middle-aged population living in the urban
207 areas ($\text{Mean}_{(\text{female})}=50.48\%$, $\text{SD}=3.26$; $\text{Mean}_{(\text{age})}=32.3$, $\text{SD}=9.03$; $\text{Mean}_{(\text{urban})}=64.16\%$, $\text{SD}=20.73$). The
208 sample population also displayed a high concentration of NCDs with a sizeable proportion indicating high
209 blood pressure or hypertension ($\text{Mean}=23.81\%$, $\text{SD}=5.79$) and obesity levels ($\text{Mean}=19.67$; $\text{SD}=9.31$).
210 Furthermore, the average annual consumption of alcohol ($\text{Mean}=6.77$, $\text{SD}=4.14$) was slightly above the
211 world average of 6.4 litres per person (Ritchie & Roser, 2018), however, this varied considerably across
212 countries indicated by the higher IQR in comparison to the mean ($\text{IQR}>\text{Mean}$; $\text{IQR}=7.10$). Healthcare
213 resources and expenditure as a proportion of the GDP was consistent across countries, however, the
214 number of beds, and in particular, the physicians, varied considerably ($\text{IQR}>\text{Mean}$). Same observations
215 can be made with the incidence of tuberculosis ($\text{Mean}=87.09$; $\text{IQR}=101$) and the number of international
216 tourists ($\text{Mean}=9,117.05$; $\text{IQR}=9,202$). Finally, the government index changed, in comparison with t=5,
217 by 44.63% at t=10, and by 87.87% at t=15 where the highest level of variations in government responses
218 were observed across countries indicated by the IQR ($\text{Mean}_{(t:5)}=25.88$, $\text{SD}_{(t:5)}=23.97$, $\text{IQR}_{(t:5)}=35.72$;
219 $\text{Mean}_{(t:15)}=48.62$, $\text{SD}_{(t:15)}=29.48$, $\text{IQR}_{(t:15)}=47.62$).

221

222

[INSERT TABLE 1 HERE]

223

224 The univariate analysis indicated that HDI, the risk factors (NCDs), the government indices and
225 the GINI coefficient were positively correlated to the number of COVID-19 cases for all three periods
226 (Pearson coefficient ranging from 0.07 to 0.41; supplementary material, Table C1). On the other hand,
227 health resources index and incidence of tuberculosis were inversely correlated (Pearson coefficient
228 ranging from -0.16 to -0.03). The remaining variables were inconsistently correlated to the number of
229 cases at different points in time.

230 Figures 1 and 2 illustrates the changes in the number of COVID-19 cases and the government index
231 respectively, by quartiles, over the specified time period of interest. From figure 1, we observe the
232 tendency that middle-income countries experience the highest increase in the number of cases over this
233 period. Furthermore, those nations with the higher number of COVID-19 cases at time “t” appear to have
234 more stringent measures imposed by the government. Figure 3 shows the cross-country variation of the
235 three indices we have constructed. A higher sociodemographic status is observed within countries in the
236 northern hemisphere, while regions with the higher risk factors (NCDs) were found in some east-central
237 European countries and Chile, Peru and Venezuela in South America. Finally, the countries with the
238 lowest expenditure and investment in healthcare were found in African, Central Asian and Central and
239 Southern Americas countries.

240

241

[INSERT FIGURE 1 AND FIGURE 2 HERE]

242

243 Table 2 shows the main results of the multivariate analysis using negative binomial regression
244 (see supplementary material, section E, for how the approach was derived and the main assumptions
245 tested). Note that, for the first analysis, β_9 parameter from Equation 1 is excluded to understand how
246 countries' fixed characteristics were associated with the dependent variable. Countries with higher
247 dependency rate and proportion of females middle-aged population living in the urban area were
248 associated with an 8.1% and 8.7% decrease in the IRR of COVID-19 cases at times 5 and 10 ($IRR_{(t:5)}$
249 =0.919, SE=0.06; $IRR_{(t:10)}$ =0.913, SE=0.06). Higher accumulation of risk factors (NCDs) amongst the
250 population was associated with a higher rate of spread where one unit increase in the index resulted in a
251 rise of 13.7% on the IRR of COVID-19 cases at t=5 days ($IRR=1.14$, SE=0.05). Higher healthcare
252 resources and expenditures, on the other hand, were associated with a 12% to 19% decrease in the IRR of
253 cases at t=5 and t=15 respectively ($IRR_{(t:5)}=0.88$, SE=0.06; $IRR_{(t:15)}=0.81$, SE=0.07). HDI was a constant
254 positive predictor of the IRR of COVID-19 cases over time, while the incidence of tuberculosis was
255 associated with a reduced IRR of COVID-19 cases at t=5, although the association gradually declined as
256 time moved forward to t=15. Finally, inbound international tourists, sociodemographic index, GINI, and
257 population size weakly associated with COVID-19 cases at t=5, the statistical power of these variables
258 were lost beyond this point. Section H of the supplementary material shows how these results did not
259 differ after adjusting the number of cases by population size as dependent variable using two different
260 modelling approaches.

261

262 [INSERT TABLE 2 HERE]

263

264 Table 3 summarises the results of the multivariate analysis incorporating the variation in the
265 government index (β_9) over time. Table 2 indicates that the effect of the covariates on IRR of COVID-19
266 cases are consistent with the direction displayed under model 1 at t=10 and t=15. The results indicate that

267 stricter measures imposed by the government are associated with a decrease in the IRR at t=10 (IRR=0.95; SE=0.02) and even lower at t=15 (IRR= 0.94; SE=0.02)

269 As a robustness check, a separate model was constructed to contrast the number of COVID-19
270 cases at t=15 with the government measures taken at t=5. This was done to account for the estimated time
271 lag of about 10 days between government measures and the effect on the COVID-19 cases reported by the
272 euro-surveillance team (Eurosurveillance Editorial Team, 2020). The results from this analysis
273 corresponded to the predicted associations from the earlier models demonstrating consistency with the
274 results from Table 1 and 3 (supplementary material, Table F1).

275

276 [INSERT TABLE 3 HERE]

277

278 Table 4 presents the panel data results from the negative binomial regression using a GEE
279 population-averaged model. In line with the previous results, there is a consistent positive short-term
280 association for risk factors (NCDs) and HDI (IRR=1.16, SE=0.08; IRR=1.46, SE=0.32, respectively) and
281 an inverse relationship for health expenditures (IRR=0.79, SE=0.09). The results, including the
282 government index, are also compatible with previous models (IRR=0.93, SE=0.01), where countries with
283 lower stringency are associated with a higher number of COVID-19 cases. Additionally, exploratory
284 analysis revealed that government measures with lower stringency at t=15 were inversely correlated to
285 HDI (supplementary material, section G).

286

287 [INSERT TABLE 4 HERE]

288

289

Discussion

290 This study presents evidence to support the implementation of early and progressive government
291 measures enforcing social distancing. The results indicate that during the first two weeks since the first
292 case reported, up to 4% of the cross-country variation of the cumulative number of COVID-19 cases can
293 be explained by country-level factors only. More importantly, government measures within the first 5
294 days were a strong predictor of the spread of the COVID-19 during the next 10 days.

295 Sociodemographic factors, the HDI, the prevalence of NCDs risk factors, healthcare resources
296 and expenditure, and government intervention are important factors to determine the IRR of cases at the
297 first 5 days. Nevertheless, as the virus progress to day 10 and 15 since the first case reported, the country
298 differences are predicted mainly by the HDI, healthcare resources and expenditure. Higher HDI has been
299 generally associated with better health outcomes and better management of infectious diseases in previous
300 years (Atkinson & Mabey, 2019; Quinn & Kumar, 2014). However, the most recent outbreaks of
301 coronaviruses (SARS and MERS) also occurred in countries with very high HDI (Wallinga & Teunis,
302 2004; Yang et al., 2020). Two hypotheses have been formulated in attempt to explain this seemingly odd
303 relationship by looking at the components of HDI. Firstly, Higher HDI indicates increased level of Gross
304 National Income and better living conditions, suggesting more robust economic activities, higher volume
305 of international trade and population movement within and outside of the country (Deb, 2015). Evidence
306 from China suggests that social and economic activities, as well as travelling, increase the likelihood of
307 importing and spreading the virus (Leung et al., 2020). However, international inbound of tourists was not
308 a significant factor as it does not fully account for population's movement through economic activities,
309 and it is strongly affected by seasonality. Instead, airport flight activity may have provided a better proxy
310 of the population's movement for the specific timeframe, however this data was not immediately
311 available. Secondly, higher HDI indicates extended life expectancy, which in itself is a risk factor for
312 respiratory illnesses, because older adults are generally more vulnerable to infectious disease (Gavazzi &

313 Krause, 2002; X. Li et al., 2020). Consequently, although countries with elevated HDI are wealthier, they
314 also possess a higher concentration of older adults (United Nations, 2019). The number of cases in this
315 study were, likewise, predicted by healthcare resources and expenditures, indicating that health systems
316 with substantial amount of investment and health workers are essential in tackling the early spread of the
317 disease. As there are currently no pharmaceutical interventions available, this may link to the availability
318 of appropriate PPE amongst healthcare professions and the capacity to conduct testing – both of which are
319 likely to be correlated with healthcare resources and expenditures (Chang et al., 2019; Goenka & Liu,
320 2019; Palagyı et al., 2019).

321 Interestingly, we found that countries with a higher incidence of tuberculosis had a lower IRR for
322 COVID-19 cases at 5, 10, and 15 days. Based on the higher incidence of tuberculosis in South-East and
323 Africa (MacNeil, Glaziou, Sismanidis, Maloney, & Floyd, 2019), a potential explanation could be an
324 unmeasured effect modification because of the region of the countries. Consequently, our results showed
325 that contrary to South East Asia, countries in Africa had lower cumulative cases of Covid-19. Further
326 research is needed to understand the apparent differences between these regions. Additionally, some
327 similarities between both diseases, especially considering the common risk factors, could mean a strong
328 and positive correlation between them over time, however, the nature of this relationship is yet to be
329 clarified (World Health Organization, 2020).

330 In line with findings from other studies that note the effectiveness of different government actions
331 (Ferguson et al., 2020; Hale & Webster, 2020; Wallinga & Teunis, 2004), the analysis of the government
332 interventions to address the propagation of COVID-19 suggest that higher government stringency is a key
333 predictor for the cumulative number of cases at t=5, 10 and 15 days. It also becomes more critical as we
334 move forward over time and overshadows the impact of other country-level factors. Therefore, early
335 intervention by the government in enforcing strict social distancing measures is key in slowing down the
336 spread of the diseases.

337 Due to its limitations, the results of this study should be interpreted cautiously. First, the study
338 uses the reported number of cases by each government and this varies across countries, because of the
339 limited capacity for testing and the higher presence of mild/asymptomatic cases that go undetected (R. Li
340 et al., 2020). Therefore, we are inevitably observing the accumulated incidence of more severe cases (i.e.
341 patients at ICUs) for which the underlying risk factors are critical, and hence, a reduced sample size of the
342 population is examined. Second, many countries had missing data for either the number of COVID-19
343 cases at time “t” or the selected covariates, which limited the sample size and the more significant cross-
344 country variability. Third, the covariates were formed from country-level data, which reflect the ability of
345 each country to collect accurate data on their national data systems. Fourth, neither the data on society’s
346 culture nor how people behaved following the instructions dictated by the government were captured.

347 Fifth, studies from broader literature relating to other diseases, including evidence from previous
348 outbreaks of Coronaviruses, were used. Sixth, the government stringency index is comprised of 7
349 components, and while this is a useful measure, it was not possible to analyse the level of variation in the
350 implementation or which measures in particular were effective in containing the spread within each
351 country.

352 Future research could measure the long-term effects of the measures taken by the governments
353 incorporating additional time-varying characteristics of the population that could be linked to the spread
354 of COVID-19.

355 The present article depicts how countries’ HDI, healthcare resources and expenditures, and the
356 higher presence of NCDs in the population, are associated to the cumulative number of COVID-19 at
357 time t=5, 10 and 15 since the first reported case. Furthermore, although the underlying characteristics of
358 the countries play a key role in determining the spread, earlier interventions by the government enforcing
359 strict social distancing measures are crucial to control the short term spread of COVID-19.

360

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363

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365

366 *Contributors:* KA, TT and WM conceived and designed the study. KA conducted data analyses,
367 interpreted the findings, and prepared the main draft. TT and WM supported data analysis and
368 interpretation of results and handled the data to be put together. All authors critically reviewed and edited
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370

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375

376

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529

Tables & Figures

530 Table 1

531 Descriptive Statistics (N=134 countries)

532

Variables	Mean	SD	IQR (75%-25%)
COVID-19 testing at t=5,10,15 days after the first case appeared			
Number of cases at t=5	11.31	14.40	12.00
Number of cases at t=10	50.97	117.23	51.00
Number of cases at t=15	179.39	555.27	168.00
Socio-economic factors			
Human Development Index (HDI)	74.84	14.49	19.02
GINI coefficient	37.58	7.60	9.60
Sociodemographic factors ^a			
Urban population (%)	64.16	20.73	30.50
Median age in years	32.30	9.03	14.84
Dependency ratio	15.65	9.99	16.84
Male population (%)	49.52	3.26	1.00
Risk factors (NCDs) ^a			
Daily cigarettes consumption per smoker	17.31	7.79	13.00
Annual alcohol consumption per person (in litters)	6.77	4.14	7.10
High blood sugar level or diabetes (%)	8.50	2.65	2.90
High blood pressure level or hypertension (%)	23.81	5.79	6.80
Obesity status (%)	19.67	9.31	17.20
Healthcare resources and expenditures ^a			
Number of physicians (per 10,000 people)	20.33	15.59	24.67
Hospitals beds (per 10,000 people)	31.98	24.61	32.00

Health expenditure (% of the GDP)	6.77	2.5	3.919
Other country-level characteristics			
Tuberculosis Incidence (per 100,000 people)	87.09	119.12	101.00
International inbound tourists (in thousands)	9,117.05	15,529.03	9,202.00
Population (in 1,000,000)	52.87	171.54	30.80
Government measures*			
Government index at t=5	25.88	23.97	35.72
Government index at t=10	37.43	27.38	42.85
Government index at t=15	48.62	29.48	47.62

533 **Notes:** ^aThe distribution of the standardized indices is shown in Figures C4-C6.
 534 ^b: stands for infants of one-year-old.
 535 * These variables were included in the subsample analysis (N=93). IQR expresses the difference in the
 536 two middle quartiles of the distribution. ^[c] variable used only for descriptive purposes, not included
 537 in the analysis as HDI is calculated based on it.

538

539 Table 2

540 Negative binomial regression results (N=134 countries)

Independent variables	Model 1		Model 2		Model 3	
	Nº of cases 5-days' time	(SE)	Nº of cases 10-days' time	(SE)	Nº of cases 15-days' time	(SE)
Main factors						
HDI	1.572**	(0.29)	1.858***	(0.34)	2.002***	(0.54)
GINI	1.183*	(0.11)	1.138	(0.12)	1.165	(0.14)
Sociodemographic ^[a]	0.919*	(0.06)	0.913*	(0.06)	0.969	(0.09)
Risk factors (NCDs) ^[a]	1.137***	(0.05)	1.157***	(0.06)	1.080	(0.07)
Healthcare ^[a]	0.884**	(0.06)	0.832**	(0.06)	0.808**	(0.07)

Other factors

Tuberculosis incidence	0.734***	(0.08)	0.760**	(0.10)	0.741*	(0.12)
International tourists	0.836	(0.12)	1.026	(0.30)	1.177	(0.41)
Population	1.188*	(0.13)	0.963	(0.15)	0.810	(0.13)
Constant	9.894***	(0.89)	40.330***	(4.65)	135.403***	(19.77)
F-test(p-value)	48.02(p-value<0.001)		57.61(p-value<0.001)		46.23(p-value<0.001)	
Pseudo R^2	3.9%		3.5%		2.6%	
AIC	913		1281		1570	
Ln(alpha), SE	0.775**(0.09)		1.16***(0.13)		1.641***(0.18)	

541 Notes: * $p < 0.1$; ** $p < .05$; *** $p < .01$ (two-tailed tests). Robust standard errors were used. [a] Index
542 variable computed through the standardisation of sub variables.

543

544

545 Table 3

546 Negative binomial regression results including government index (N=134 countries)

	Model 1		Model 2	
	Nº of cases 10-days' time		Nº of cases 15-days' time	
Independent variables	IRR	(SE)	IRR	(SE)
Main factors				
HDI	1.634***	(0.28)	1.819**	(0.46)
GINI	1.118	(0.12)	1.133	(0.13)
Sociodemographic ^a	0.909	(0.06)	0.977	(0.09)
Risk factors (NCDs) ^a	1.191***	(0.07)	1.122*	(0.07)

Healthcare ^[a]	0.840**	(0.06)	0.795***	(0.07)
Other factors				
Tuberculosis incidence	0.734**	(0.10)	0.734*	(0.12)
International tourists	0.930	(0.26)	1.042	(0.37)
Population	0.976	(0.15)	0.822	(0.14)
Government index ^b				
Δ day t=10 and t=5	0.954***	(0.02)		
Δ day t=15 and t=10			0.940***	(0.02)
Constant	46.716***	(6.19)	161.864***	(27.30)
F-test(p-value)	68.59(p-value<0.001)		63.46(p-value<0.001)	
Pseudo R ²	3.8%		2.9%	
AIC	1278		1576	
Ln(alpha), SE	1.13***(0.13)		1.592***(0.18)	

547 **Notes:** * p < 0.1; ** p < .05; *** p < .01 (two-tailed tests). Robust standard errors were used.

548 ^aIndex variable computed through the standardisation of sub variables.

549 ^bMissing data for government measures were imputed based on the mean of the population at the
550 corresponding time period.

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557 Table 4

558 Negative binomial panel regression results including government index

GEE Population average model			
Nº of cases of COVID-19			
Independent variables	IRR	(SE)	(P-value)
Main factors			
HDI	1.462*	(0.32)	0.084
GINI	1.126	(0.14)	0.347
Sociodemographic ^a	1.010	(0.07)	0.875
Risk factors (NCDs) ^a	1.155**	(0.08)	0.032
Healthcare ^[a]	0.786**	(0.09)	0.044
Other factors			
Tuberculosis Incidence	0.708**	(0.12)	0.044
International tourists	0.935	(0.20)	0.757
Population	0.899	(0.10)	0.331
Government index			
Δ in government measures ^b	0.926***	(0.01)	<0.001
Constant	83.774***	(12.03)	<0.001
<i>Chi</i> ² (p-value)	169.8(p-value<0.001)		
Number of observations	402		
Number of countries	134		
VCE	robust		

560 **Notes:** * p < 0.1; ** p < .05; *** p < .01 (two-tailed tests). Random effects were used.

561 ^a Index variable computed through the standardisation of sub variables.

562 ^bMissing data for government measures were imputed based on the mean of the population at the
563 corresponding time period.

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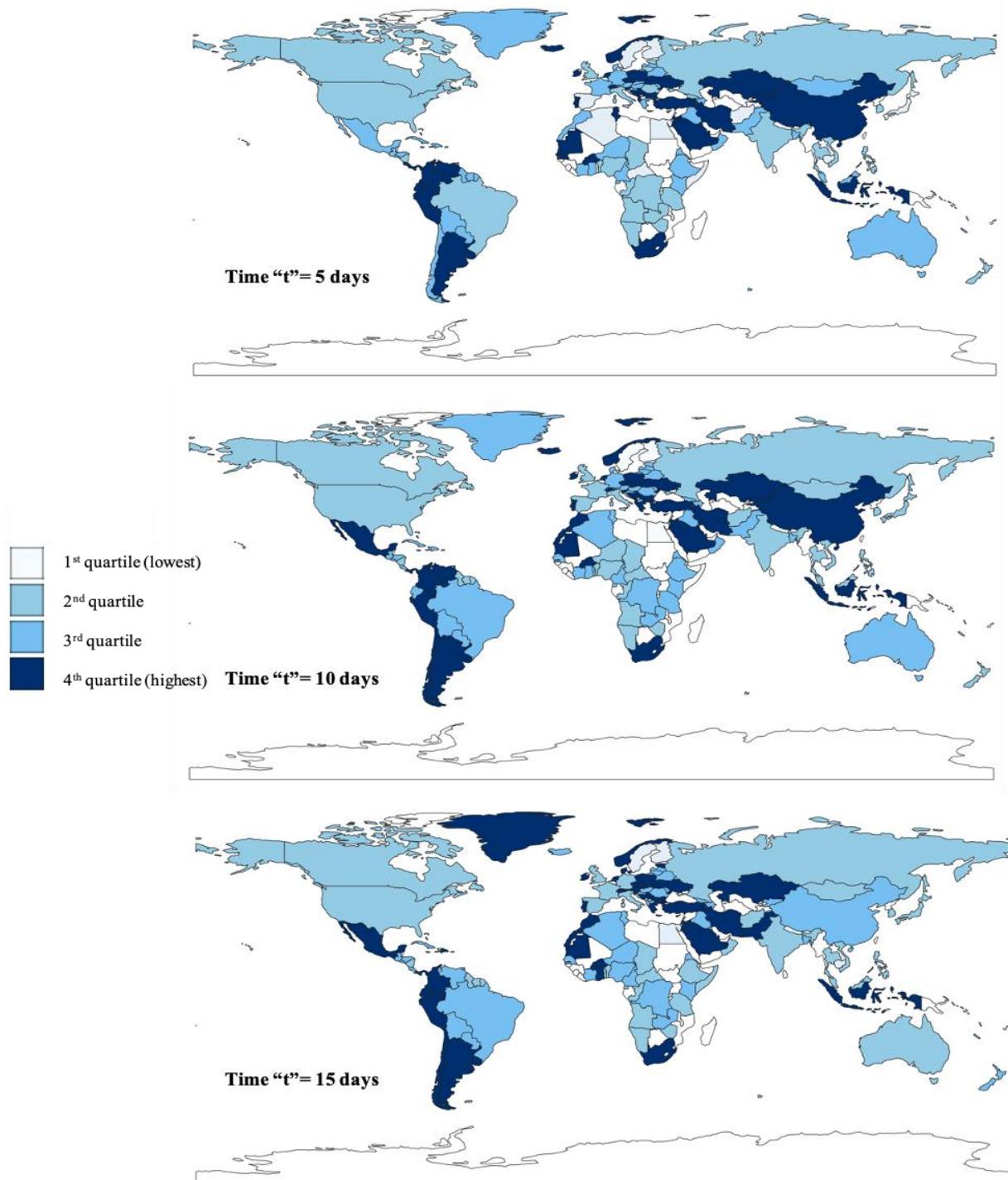
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570 Figure 1

571 Map of the distribution of the number of cases by period (N=134)

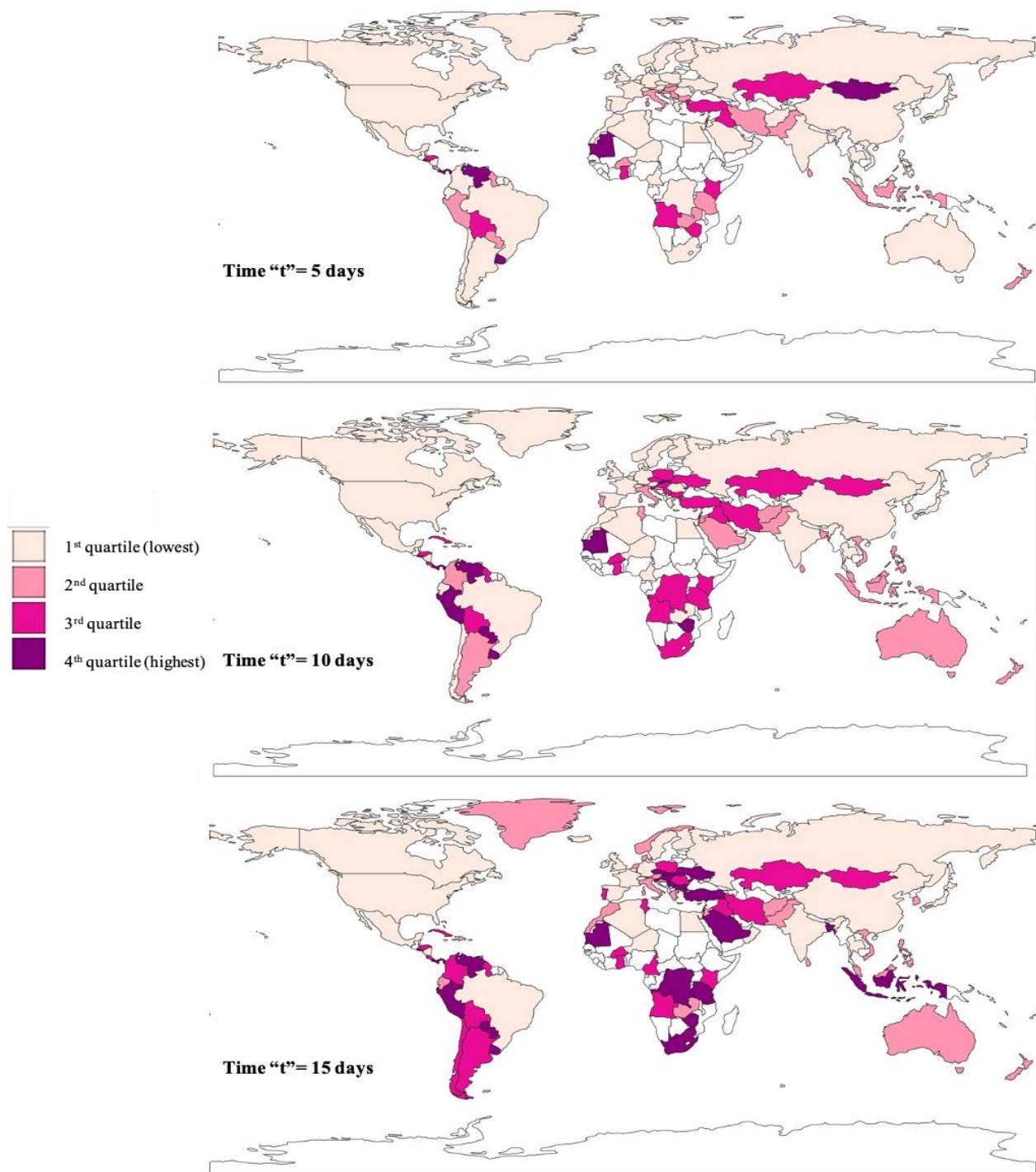


572

573 Notes: The 4th quartile indicates the higher number of cases accumulated at time "t". Blank areas are
574 missing data.

575 Figure 2

576 Map of the distribution of the government index (N=93)

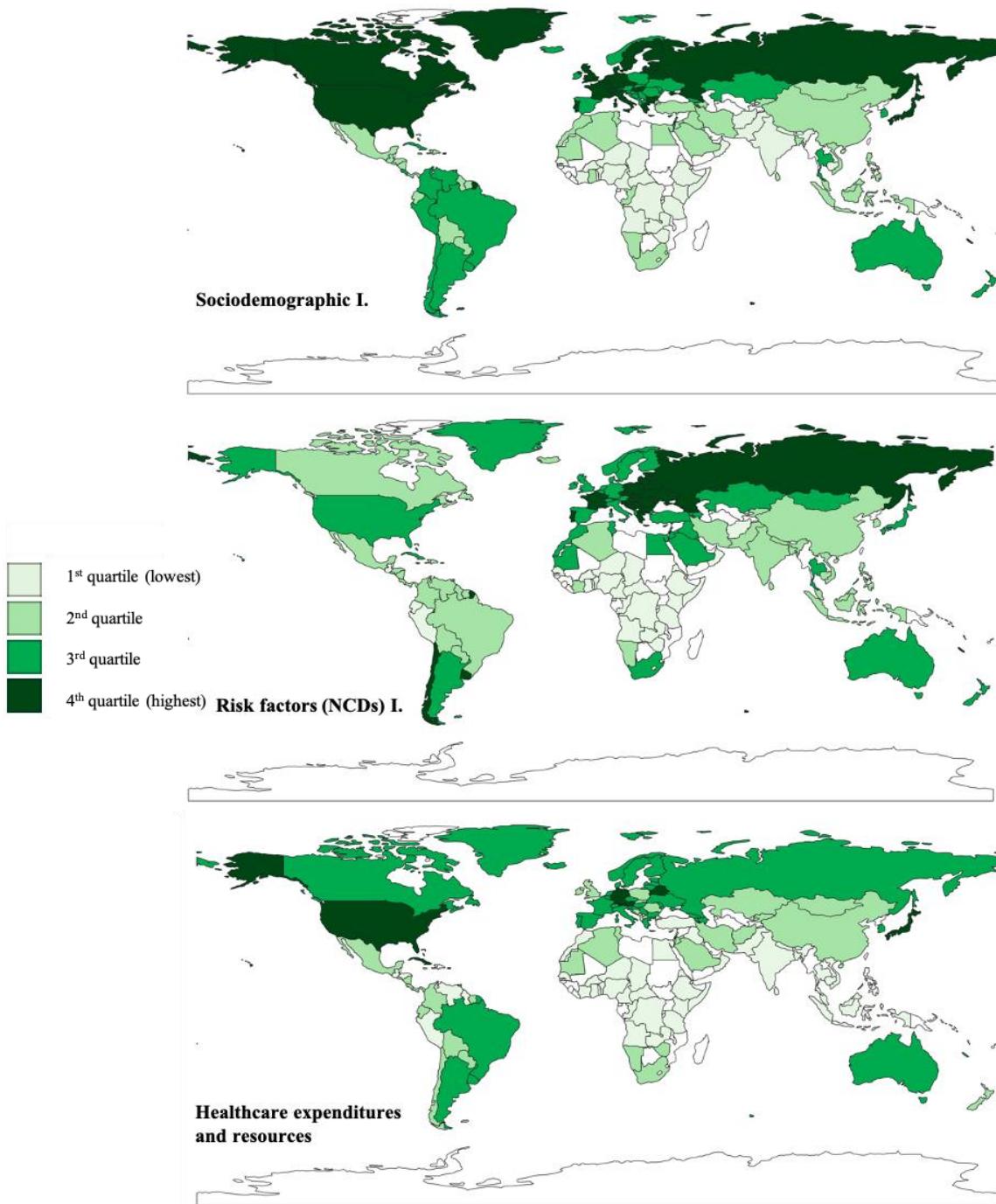


577

578 **Notes:** The 4th quartile indicates the higher restrictions or policies taken by the government. Blank areas
579 are missing data.

580 Figure 3

581 Map of the distribution of the socio-demographic indexes constructed (N=134)



582

583 **Notes:** The 4th quartile indicates the wealthier sociodemographic index and health system, while it also
584 presents the higher accumulation of comorbidities as for risk factors (NCDs). Blank areas are
585 missing data.