Localisation in Focal Epilepsy

- A Practical Guide

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ABSTRACT

The semiology of epileptic seizures reflects activation, or dysfunction, of areas of brain (often termed the symptomatogenic zone) as a seizure begins and evolves. Specific semiologies in focal epilepsies provide an insight into the location of the seizure onset zone, which is particularly important for presurgical epilepsy assessment. The correct diagnosis of paroxysmal events depends upon the clinician being familiar with the spectrum of semiologies. Here we summarise the current literature on localisation in focal epilepsies using illustrative cases and discussing possible pitfalls in localisation.

INTRODUCTION

The clinical signs (semiology) of seizures are the manifestation of epilepsy due to altered electrical activity in the affected part of the brain; these phenomena can be motor, behavioural or subjective, with or without altered consciousness. Hughlings Jackson recognised this over 150 years ago and in 1868 described the characteristic 'Jacksonian march'—seen in focal motor seizures arising from primary motor cortex—writing that 'there will be all varieties of epilepsy, according to the exact position of grey matter altered'[1]. Careful analysis of semiology, using both the patient's history and data from videotelemetry, can help to localise seizure onset. This is particularly important in presurgical epilepsy assessment, something that should be considered for everyone with medically refractory focal epilepsies. Clinicians also need to be familiar with the spectrum of epilepsy semiologies in order to make the correct diagnosis and to differentiate epileptic seizures from dissociative events, syncope and other nonepileptic events. The symptomatogenic zone is where symptoms and clinical signs originate; it is usually, but not always, close to the epileptogenic zone, which is the part of the brain that must be removed to render the patient seizure free, and is the objective of epilepsy surgery [2]. These and other relevant concepts in presurgical assessment are described further in Table 1. Electrical stimulation studies have helped to identify regions of brain involved in generating different types of semiology; however, these also show that most of cortex is clinically silent, and clinical signs and symptoms occur only when the seizure spreads to activate or disrupt cortical networks [3].

Table 1: Cortical zones defined in presurgical evaluation

Cortical zone	Definition	
Symptomatogenic zone	The area of cortex which when activated by an epileptiform discharge, produces	
	the initial ictal symptoms, which is usually an area of eloquent cortex, and may	
	be outside the epileptogenic zone.	
Seizure onset zone	Area of cortex from which clinical seizures are actually originate.	

Epileptogenic zone	Area of cortex which is necessary for the generation of seizures, and must be	
	removed (or disconnected) to render patients seizure-free after surgery. May be	
	larger that the seizure onset zone, and the epileptogenic lesion.	
Irritative zone	Area of cortex that generates interictal electrographic spikes	
Epileptogenic lesion	Macroscopic lesion seen on MRI that is causative of the epileptic seizures.	

Clinical signs evolve as the seizure propagates, and reflect the anatomical sites involved in its spread. However, seizure propagation comprises two distinct phenomena [4]. There is an ictal wavefront moving at about 1 mm/s as neurones are slowly recruited into firing; this represents, for example, the speed of the Jacksonian march with slow tangential activation of cortex. There is also a much faster ictal discharge spreading at about 300 mm/s, which represents the propagation of excitation/inhibition into neighbouring or connected brain areas. It is this faster propagation that EEG electrodes detect. Thus, an area seen to be recruited into ictal activity on EEG is not necessarily firing, since we are seeing the input to that area not its behaviour. Thus, the seizure semiology can be generated by both activation of brain areas, which occurs slowly, and the disruption of brain networks, which occurs more rapidly. Propagation of seizure activity and semiology is further complicated by the recruitment of subcortical areas, leading to rapid engagement of widespread areas of cortex. It is therefore not surprising that the rate of a seizure's progression depends on several factors, foremost amongst which is localisation. For example, temporal lobe seizures, which mainly depend upon activation of brain areas, evolve more slowly, whereas frontal lobe seizures, which may depend upon disinhibition, propagate quickly. Whilst certain semiologies, in particular those that involve activation of eloquent brain areas, are pathognomonic (such as focal motor seizures that arise from contralateral primary motor cortex) other signs are of less localising value, for example, automotor seizures that can arise from different brain regions.

Before there were EEGs, clinical semiology analysis relied mainly on post-mortem studies. Though EEG enables mapping of the ictal onset and spread, it does not tell us about the behaviour of the underlying cortex when such activity is detected. EEG has further limitations, for example with seizures arising from deep sources such as orbitofrontal cortex, there may be no or widespread EEG changes at the scalp; intracranial recordings can overcome this to some extent. Advances is neuroimaging have also allowed better precision in localising semiology. However, the epileptic region may involve relatively normal brain adjacent to a lesion, and some lesions may be incidental. In addition, ictal manifestations may represent propagation of epileptic activity from its origin, and therefore, the clinician needs to integrate all the available data (history, examination, neuroimaging, neurophysiology and neuropsychology) to determine the epileptogenic zone. However, seizure semiology should certainly not be disregarded. In a recent study looking at a series of patients successfully treated with epilepsy surgery, [5], seizure semiology was correctly lateralising in 74% and correctly localising in 77% of patients, on a par with scalp EEG and MRI.

In this paper, we summarise the current literature on localisation of focal seizures and discuss some of its complexities and possible pitfalls. We have also made available case examples from our centre as supplementary material. There is extensive literature on this topic and so we have focussed on the most common semiologies.

FRONTAL LOBE SEIZURES

The frontal lobe is the largest lobe of the brain. Its high connectivity with other cortical regions can result in rapid, widespread ictal propagation. Moreover, some of the semiological features from more rostral areas may result more from disinhibition (removal of higher cortical control) than from direct activation. Together, these can make frontal lobe seizure semiology complex and difficult to interpret. Nevertheless, seizures have characteristic patterns depending on the area of the frontal lobe involved. In general, frontal lobe seizures are typically brief, may cluster, can have prominent vocalisation, and commonly occur from sleep. Motor features are prominent and include various different motor phenomena, including simple clonic movements, tonic posturing and eye deviation, or more complex movements such as cycling, rocking and grimacing. Seizures can appear bizarre, with bilateral motor phenomena, but with retained awareness. Ictal scalp EEG may show no changes if there is a deep source, or may be obscured by movement artefact, and so frontal lobe seizures may be mistaken for dissociative (non-epileptic) attacks. **Figure 1** summarises the semiology of seizures arising from the frontal lobe by region.

The ictal onset patterns during intracranial studies with stereo-EEG [6,7] show that elementary motor signs (clonic, tonic, versive) arise from precentral and premotor regions, while more complex motor signs arise from more rostral frontal regions. Non-integrated (less natural) gestural behaviour with proximal stereotypies, such as rocking and turning, are from premotor and posterior prefrontal regions, and more integrated (natural) gestural behaviour with distal stereotypies, such as manual automatisms, arise from more anterior prefrontal regions (orbitofrontal cortex, frontal pole, anterior cingulate). In clinical practice, these distinctions may be confounded by rapid propagation.

Primary motor cortex

Seizures from primary motor cortex comprise contralateral unilateral clonic or sometimes tonic or myoclonic activity that can spread to adjacent areas: the 'Jacksonian march', reflecting ictal activity spread through the motor cortex (**Video Case 1**) along the homunculus. It is therefore possible to distinguish lateral from medial precentral seizures, depending on whether the seizure starts in face, upper or lower limb [8]. The spread is typically slow, representing the slow recruitment of neurones during tangential spread of the ictal wavefront.

Case 1: 50-year-old man with seizure onset at aged 28 reported ongoing generalised tonic-clonic seizures. MR scan of brain showed a cystic lesion in the right middle frontal gyrus (**Figure 2:** T1 MRI). Videotelemetry captured a seizure that began with an aura (he can be seen reaching for the button but

later did not recall the aura), followed by behavioural arrest, and clonic movements visible in the left face spreading in a Jacksonian fashion over the left arm as the seizure spreads over the right primary motor cortex, followed by left arm extension (fencing posture) indicating involvement of supplementary motor area, before secondary generalisation. The semiology pointed to right hemispheric onset and ictal EEG showed onset in the right frontocentral region, in keeping with the lesion.

Supplementary motor area

Seizures arising in the supplementary motor area are characterised by asymmetric bilateral tonic posturing, with or without impaired awareness. There may be extension of the upper limb contralateral to the hemisphere of onset, and flexion of the ipsilateral upper limb, known as a 'fencing posture' (**Video Case 1**), along with head and eye deviation contralateral to the hemisphere of onset. The motor features can be preceded by sensory features such as tingling, or tightness. Since the supplementary motor area is highly connected to other parts of the brain, seizures arising from other regions (especially parietal and occipital lobe seizures) can have asymmetric tonic posturing. [9] However, seizures arising from extra-frontal regions are more likely to be preceded by auras or to involve loss of awareness [10,11].

Other frontal regions

Seizures arising from orbitofrontal cortex tend to comprise impaired awareness and automatisms [12], and may evolve to complex motor seizures (**Video case 2**). Olfactory auras occasionally occur and there may be autonomic features such as ictal tachycardia. Seizures arising from frontopolar cortex can also start with impaired awareness and progress to show other motor features. Seizures arising from ventromedial prefrontal regions, including anterior cingulate, have been associated with 'forced thinking' and have hyperkinetic features; patients may appear to be frightened.[6]. Patients with seizures arising from the contralateral dorsolateral frontal cortex (involving the frontal eye fields) may show early head version (forced, sustained and extreme turning of the head with neck extension) and eye version [7]. Seizures arising from frontal operculum are characterised by face clonic movements that may be unilateral, with laryngeal symptoms, hypersalivation and articulation difficulties. Spread to the insula means there is significant overlap of symptoms with seizures arising from the insula (see later). Focal atonic seizures can occur in frontal lobe epilepsies and may indicate involvement of negative motor areas,[13] or the supplementary motor area [14]. Gelastic seizures and ictal pouting may also occur in frontal lobe seizures (mesiofrontal and anterior cingulate) but we discuss these separately below, along with lateralising signs.

Case 2: A 24-year-old man developed hyperkinetic seizures from sleep. MR scan of brain was non lesional, and PET scan showed hypometabolism in the right orbitofrontal region (**Figure 3**). During an intracranial implantation with stereo-EEG, we captured habitual hyperkinetic seizures that progressed to bilateral tonic seizures with loss of awareness. The EEG onset was seen in the right orbitofrontal region,

and there were tonic features when the EEG seizure spread to electrode contacts in the supplementary motor area. He underwent resection of the right orbitofrontal region and is now seizure free.

TEMPORAL LOBE SEIZURES

The temporal lobes are the most frequent site of origin of focal seizures; two thirds of people with refractory epilepsy assessed for potential surgery have temporal lobe seizures. They typically comprise behavioural arrest, manual and oral automatisms in two thirds, and variable degrees of loss of awareness with post-ictal confusion [15] (see **Figure 1** for a summary). Though there is some overlap with frontal lobe seizures, temporal lobe seizures tend to be longer (up to 2–3 minutes) and less frequent, with longer periods of postictal confusion. **Table 2** shows other differentiating factors. Focal impaired awareness seizures arising from the temporal lobe can be distinguished clinically from generalised 'absence' seizures that occur in the genetic (idiopathic) generalised epilepsies. Absences are typically very short periods of motor arrest, lasting seconds, without preceding aura or postictal confusion and occur many times a day. In comparison, focal impaired awareness seizures are longer, may be preceded by aura and are commonly associated with automatisms, described below in more detail.

Features	Frontal	Temporal
Seizure frequency	Often daily	Less frequent
Occurrence during sleep	Typical	Less common
Seizure onset	Abrupt	Gradual
Seizure duration	Brief (usually up to 30 seconds)*	Longer (usually 30 secs to 2 mins)*
Evolution	Rapid	Gradual
Automatisms	Less common Common and longer	
Complex motor features	Early, frequent, prominent	Late, less frequent
Hypermotor	Common	Rare
Vocalisation	Loud, nonspeech (scream, grunt)	Ictal speech (nondominant)
Secondary generalisation	Common	Less common
Postictal confusion	Shorter, less prominent	Longer, more prominent

Table 2: Temporal and frontal lobe seizures differentiating semiological features.
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*Can be longer

Auras

Auras occur commonly in temporal lobe seizures; some are relatively specific. For example an abdominal aura (such as rising epigastric sensation or abdominal discomfort) is highly associated with temporal lobe epilepsy with a probability of 74%, and the evolution of an abdominal aura into an automotor seizure increases the probability of temporal lobe epilepsy to 98%,[16]. Gustatory and olfactory hallucinations are also relatively specific for temporal lobe epilepsy. Somatosensory auras can occur and usually manifest as either unilateral or bilateral tingling [17]. The type of aura can help to differentiate between seizures of mesiotemporal origin versus lateral neocortical origin. In a large study of 187 temporal lobe seizures assessed by intracranial stereo-EEG, abdominal aura and experiential phenomena such as fear, déjà vu and jamais vu indicated mesiotemporal seizures, whereas elemental auditory aura indicated lateral onset (Heschl's gyrus, primary auditory cortex) [18].

Mesial temporal lobe including hippocampus

Seizures arising in the mesial temporal lobe may have the experiential aura described above, but also early autonomic phenomena such as flushing or tachycardia. Early apnoea and tachycardia indicate involvement of amygdala [19]. These symptoms may progress to behavioural arrest, automatisms, and impaired awareness. Automatisms often involve the hands (fumbling, picking, fidgeting) or mouth (chewing, lip smacking, swallowing) (**Video case 3**). Less common automatisms associated with temporal lobe seizures include vocalisations and ictal speech (in non-dominant seizures). Unilateral dystonic posturing can occur and is a contralateral sign.[20] . Seizures tend to be longer that those arising from lateral temporal lobe, and they less commonly evolve to bilateral tonic-clonic seizures [21].

Case 3: A 36-year-old right handed man had seizure onset at the age of 21, characterised by déjà vu and epigastric rising, evolving to automotor features, with rare secondary generalised seizures. Imaging showed a cavernoma in the left amygdala and hippocampal head (**Figure 4**). Videotelemetry captured habitual seizures with EEG confirming onset in the left temporal region. Seizures had typical features of mesiotemporal lobe seizures, with psychic and abdominal aura, followed by oral and manual automatisms, then loss of awareness. Before the seizure generalised, there was head and eye version to the right along with a 'figure-of-4' sign (left arm flexed and right arm extended), which lateralised the onset to the left hemisphere. He subsequently underwent a lesionectomy and remains seizure free.

Lateral / neocortical temporal lobe

Auras are less common in seizures arising from temporal neocortex, and often have auditory or vertiginous features (temporoparietal junction). Complex visual hallucination and illusions can occur with anteromedial and temporo-occipital lobe seizures, but often do not clearly distinguish neocortical from mesial temporal onset. The most common auditory aura is of elementary sounds (humming, ringing, buzzing) indicating involvement of primary auditory cortex, and less frequently complex sounds (voices, songs) or distortions, indicating involvement of auditory association areas. Elementary unilateral auditory aura indicates onset in contralateral hemisphere. Ictal dysphasia may be an early sign of dominant hemisphere involvement (**Video case 4**). Lateral temporal seizures are

shorter than mesial temporal lobe seizures, with earlier loss of awareness and propagation to frontal regions resulting in complex motor features and more common evolution to a bilateral tonic-clonic seizure [18]. However, due to reciprocal connections between mesial and neocortical temporal cortex, the semiology of these seizures overlaps.

Case 4: A 27-year-old woman had seizure onset at age 18 years, which would begin with a psychic aura of fear and anxiety and sometimes a noise in her ears followed by difficulty speaking. MR scan of brain was non-lesional and PET scan showed hypometabolism in the left temporal region (**Figure 5**), which on statistical analysis pointed to left superior temporal gyrus extending to temporo-parieto-occipital junction. Videotelemetry captured stereotypical seizures with ictal dysphasia. Assessment by nurses showed she could engage and follow visual commands but not verbal commands, with impairment of both expressive language and reading. Ictal EEG showed onset in the left temporal region suggesting a neocortical onset.

Temporal pole seizures

Temporal pole seizures tend to have earlier loss of consciousness [21] and more commonly present with hypermotor features [22].

PARIETAL LOBE SEIZURES

Parietal lobe epilepsy is rare, accounting for 5% of epilepsies [23]. However, seizures arising from the parietal lobe can have diverse semiology and can be difficult to diagnose due to their subjective nature. In addition, the rich connections to adjacent structures, within and outside the parietal lobe, means that the symptomatogenic zone may be distant to the seizure onset zone, and therefore, parietal lobe epilepsy may be both misdiagnosed and also under-diagnosed. Epilepsy surgery is least commonly performed on the parietal lobe, and so there are few data on seizure localisation. In two of the larger surgical series of patients with parietal lobe epilepsy [24,25], the most commonly reported aura (in 38% in both series) was contralateral somatosensory aura. Other subjective reported phenomena of parietal lobe epilepsy include vertiginous aura, distortion of body image or visual perception. There may be auditory, olfactory and epigastric aura, suggesting propagation to temporal and limbic areas.

Primary sensory cortex

Seizures arising from the primary sensory cortex in the post-central gyrus tend to start with contralateral tingling and or numbness [23], which may then spread along adjacent body parts as the seizure propagates through the sensory homunculus. Some patients also describe pain or altered thermal sensation. The seizure may propagate to the frontal lobe resulting in clonic motor activity often with tonic posturing.

Parietal association areas

In seizures arising from the non-dominant parietal association cortex, patients may describe distortions of body image. Others describe sensations of twisting or turning sensations [23]. In seizures arising from the superior parietal lobule and precuneus, there may be altered body perception such as macrosomatognosis (body part being enlarged) or microsomatagnosis (body part being shrunken), particularly of the distal extremities.[26]. Other visual illusions include epileptic kinetopsia (illusion of movement of a stationary object) in the superior parietal lobule and intraparietal sulcus [27], and macropsia (objects appearing larger) or micropsia (objects appearing smaller) in the precuneus [25]. Subjective vertiginous sensations may occur in seizures arising from various parts of the parietal lobe. Autoscopic phenomena can occur in both temporal and parietal lobe epilepsies and often implicate the temporoparietal junction and vestibular cortex. In the dominant parietotemporal region, there may be language impairment with difficulties reading and writing. Seizures arising from the secondary sensory area, in addition to poorly localised sensory aura affecting distal extremities and face, may involve a feeling of inability to move the contralateral limbs.

Parietal lobe seizures may propagate in different ways resulting in variable clinical manifestations. Those that propagate to sensorimotor cortex may show focal motor clonic activity contralateral to the epileptogenic zone; those propagating to the supplementary motor area may have tonic posturing of the limbs; and those propagating to the temporal region may develop temporal aura or automatisms. Seizures from more superior areas of the parietal lobe appear to spread preferentially to the frontal lobe while seizures from more inferior regions of the parietal lobe appear to propagate to temporal areas.

OCCIPITAL LOBE SEIZURES

Seizures arising from the occipital lobes are usually (in 40–75% of patients) characterised by visual aura, or less commonly by oculomotor features, such as eye deviation, blinking or nystagmus. However, their seizure semiology may also reflect propagation to temporal or frontal lobes [28,29].

Primary visual cortex

Seizures arising from primary visual (calcarine) cortex cause an elementary visual aura, and tend to be brief, usually less than 2 minutes, and thus are shorter than a typical migrainous aura. Patients may describe flashing coloured or bright white lights, often spherical, but they may take different forms and shapes. The discharges originating in the lateral occipital cortex probably produce the pulsating quality of the visual features. In most patients, the visual phenomena are lateralised and contralateral to the hemisphere of seizure onset; however, up to 30% have more diffuse visual changes [30]. True ictal visual field loss or amaurosis is rare, and may represent a post-ictal phenomenon, particularly if long lasting.

Visual association areas

Complex visual hallucinations may occur in occipital lobe epilepsy but are less common than elementary phenomena. They occur when seizures involve the prestriate cortex or may indicate propagation to adjacent temporo-parietal areas. Patients may report complex formed visual hallucinations connected with past events, or kinetopsia, macropsia or micropsia. Rarely, patients report autoscopy, perceiving mirror images of themselves.

Parieto-occipital junction

Oculomotor manifestations may occur, including eye version, blinking and nystagmus. In a large series [30] 20% of patients had eye blinking at seizure onset. Although eye version may represent propagation, in two reported cases this occurred while ictal discharges were localised to occipital lobe. Epileptic nystagmus may also develop, typically with the fast phase to the contralateral hemisphere and the slow component to the ipsilateral side [31].

CINGULATE GYRUS

The cingulate gyrus forms part of the limbic network; it consists of anterior, middle and posterior parts, and has extensive functional connectivity with other brain regions. Most data on semiology of seizures are from case series of lesional cases. Seizures arising from the anterior cingulate seizures are characterised by intense fright, screaming and vocalisations, with autonomic signs and complex gestural automatisms or hypermotor activity [32]. A later case series [33] that included cases with seizures arising from both posterior and anterior cingulate, identified that there were two groups of patients with seizures arising from the anterior cingulate: those with typical hypermotor seizures with fear, autonomic features and infrequent generalisation, and a subgroup (all with infiltrating astrocytomas) with simple motor features and frequent generalisation. In this series, all those whose seizures arose from the posterior cingulate had symptoms suggesting temporal lobe epilepsy with auras (e.g. psychic, abdominal and gustatory). However, another study [34] reported that seizures arising from the posterior cingulate showed semiology that varied depending on their spread: those spreading to frontal areas showed motor manifestations—including bilateral asymmetric tonic seizures and hypermotor seizures—while those spreading to temporal areas showed dialeptic seizures (where the main feature is loss of awareness and behavioural arrest) or automotor seizures. Gelastic seizures may also arise from the anterior cingulate as well as 'chapeau de gendarme' (down turning of the mouth); these are discussed separately below. In summary, seizures arising from the anterior cingulate tend to present with typical features, whereas those from the posterior cingulate show variable features depending on propagation patterns.

INSULAR SEIZURES

The insular lobe has two parts, a larger anterior part and a smaller posterior part, and is highly connected with several other brain regions, integrating information required for cognitive, behavioural, and sensory processing [35]. Seizures arising from the insular lobe are rare, but have heterogenous semiology that include viscerosensory,

somatosensory, autonomic symptoms (nausea, hypersalivation, piloerection, heart rate changes), language disturbance, complex auditory aura and (due to propagation to frontal and temporal areas) automotor and hypermotor behaviours, tonic and/or clonic motor manifestations [36]. This variability along with often non-localising EEG due to deep location, can mean that clinicians may not recognise such seizures as arising from the insula.

Some studies have suggested that viscerosensory symptoms—such as abdominal aura and laryngeal constriction, and autonomic signs, including nausea, hypersalivation, and sweating—arise from the anterior insula whereas painful sensations—including burning, electric shock, and tingling—more likely arise from the posterior insula [37]. Non-painful somatosensory aura can also occur. Stimulation studies have identified several sensory features that help to differentiate insular seizures from seizures arising from primary and secondary somatosensory cortex: insular responses tend to affect a larger skin territory including perioral regions, can be bilateral or ipsilateral, and more likely evolve to complex motor phenomena.

Seizures arising from hippocampus almost always propagate to the insula; thus an abdominal aura is also common in mesiotemporal seizures. Due to rapid propagation, insular seizures can mimic seizures arising from the temporal or frontal lobe. Nevertheless, the combination of complex visceral and somatosensory auras points towards an insular onset.

SPECIAL SEIZURES

Gelastic seizures:

Gelastic seizures typically arise from hypothalamic hamartomas. However, the act of laughing is part of a complex network involving cingulate, frontal and temporal regions and so laughing also occurs in seizures arising from other regions. In a case series from our centre [14], a third of cases had hypothalamic hamartomas, whereas a third of seizures were temporal, and a third frontal.

- Gelastic seizures arising from hypothalamic hamartomas usually present in early childhood, are brief, stereotyped and very frequent (Video case 5). The laughter is usually mirthless and without impaired consciousness, but autonomic signs, such as facial flushing and pupillary dilation, are common. There may also be a dacrystic (crying) component.
- Gelastic seizures arise from brain structures other than the hypothalamus usually present in adulthood.
 Those in temporal lobe epilepsy are usually part of more complex seizure semiology with automotor features and loss of consciousness.

Case 5: An 18-year-old right-handed man had onset of gelastic seizures from aged 2 years. Imaging confirmed a hypothalamic hamartoma (**Figure 6**). Videotelemetry captured typical gelastic seizure, without mirth, though he lost awareness in some of his seizures.

Chapeau de gendarme:

The 'chapeau de gendarme' or ictal pout sign is characterized by a downturned mouth from bilateral lip and chin contraction [38]. If seen early in the seizure it is highly localising to frontal lobe onset, in particular anterior cingulate, orbitofrontal region or mesio-prefrontal or premotor cortex (**Video case 6**),[39].

Case 6: A 20-year-old man had onset of seizures at aged 12 years. He had seizures with motor features and loss of awareness indicating propagation to frontal areas. MR scan of brain was non-lesional. Videotelemetry captured seizures involving behavioural arrest and then facial grimacing with downturned mouth (chapeau de gendarme) along with other motor features including rocking, chewing and head movement. Ictal EEG was non-localising.

Reflex seizures

Reflex seizures are triggered by specific stimuli [40]. Photosensitive epilepsy is the most common reflex epilepsy; although more commonly associated with idiopathic (genetic) genetic generalised epilepsy, it is also seen on some focal epilepsies. Its occurrence in focal epilepsies suggests an occipital onset. Other reflex focal epilepsies are rare but may also have localising value. For example:

- **Musicogenic seizures** localise to the temporal lobe and can occur in both mesial and neocortical temporal epilepsies;
- Startle-induced tonic or atonic seizures triggered by auditory stimuli localise to onset in or near supplementary motor area;
- Eating-induced seizures usually arise from temporal or extratemporal perisylvian area.

In these epilepsies, spontaneous seizures can also occur.

AURA

This is often the first ictal symptom, and therefore can provide useful localising information. **Table 3** summarises various aura types .

Table 3: Localising value of auras

Aura	Localisation
Somatosensory	

Marching sensory aura	Primary sensory cortex			
Tingling, numbness	Primary or secondary somatosensory cortex,			
	supplementary motor area, insula			
Pain/ warmth	Secondary somatosensory cortex, insula			
Visual aura				
Elementary (lights, shapes)	Primary visual cortex			
Illusions/ distortions	Temporo-parieto-occipital			
Complex visual hallucinations	Temporal			
Auditory				
Elementary	Heschl's gyrus, superior temporal			
Illusions/ distortion	Lateral temporal, insula			
Other				
Gustatory	Insula, mesiotemporal			
Olfactory	Insula, mesiotemporal, orbitofrontal			
Vestibular	Posterior temporal, parietal			
Autonomic	Insula, amygdala, cingulate			

LATERALISING SIGNS

As well as helping with localisation, some signs have lateralising value. Robust lateralising motor signs (positive predictive value of >80%) already discussed include unilateral clonic movements, unilateral tonic or dystonic posturing and early head version: these are clinical signs contralateral to the side of onset. Other lateralising motor phenomena are a 'figure-of-4' sign before secondary generalisation (**Video case 7**) where the extended arm is contralateral to seizure onset, there is asymmetric clonic ending of generalised phase with the last clonic jerk ipsilateral to seizure onset, and post-ictal Todd's paresis contralateral to seizure onset [20]. These features do not differentiate between frontal or extrafrontal onset. Unilateral sensory aura is a contralateral sign[23].

Case 7: A 33-year-old man had seizure onset at age 21 years, starting with psychic/ gustatory aura and evolving to an automotor seizures with some secondary generalised seizures. MR scan of brain was non-lesional and PET scan showed left temporal hypometabolism. Videotelemetry captured two habitual seizures with automotor features evolving to bilateral tonic-clonic seizures. Before generalisation, there was head version (forced, sustained and extreme turning of the head) to the right, followed by a 'figure-of- 4' with right arm extension, indicating left hemispheric onset. In one of the seizures, the last clonic jerk was on the left, which also pointed to left hemispheric onset. Ictal EEG was non-localisable in one but lateralised to the left in another.

Ictal or post-ictal dysphasia lateralises to dominant hemisphere but is of poor localising value and has to be differentiated from speech arrest which is non-lateralising. Ictal speech—speech with formed nonsensical phrases—is a non-dominant sign. Preserved awareness during ictal automatism points to the non-dominant hemisphere [15]. Rhythmic ictal non-clonic hand (RINCH) motions may occur as a contralateral sign in temporal lobe epilepsy [41]. A simple auditory aura, if unilateral (which is rare) is a contralateral sign. Other lateralising signs in temporal lobe epilepsy include peri-ictal drinking, ictal spitting, ictal vomiting and an urge to urinate, which point to a non-dominant focus.

Hemifield visual aura has good lateralising value to the contralateral occipital lobe[30]. Unilateral eye blinking lateralises to the hemisphere ipsilateral to the eye-blinking.[42] In epileptic nystagmus, the fast component is to the side contralateral to hemisphere of seizure onset [21].

CONCLUSION

Careful analysis of seizure semiology can help to localise seizures, which is particularly important when evaluating people for epilepsy surgery. Identifying seizure semiology requires a meticulous history to ascertain details of auras, and careful analysis of seizures captured during video-EEG recordings.

Many seizure symptoms and signs have robust localising and lateralising value. However, seizure localisation can still be challenging for several reasons, including the fact that seizure semiology may become apparent only once a seizure has spread to an eloquent area or has sufficiently engaged brain networks. Moreover, its semiology may relate not only to activation of brain areas but also to disruption of brain function and disinhibition of networks that mediate complex behaviours. Nevertheless, careful interpretation of seizure semiology enhances seizure localisation, particularly when collated with other information including ictal EEG activity, structural and functional imaging, and neuropsychometry.

Key Points

- 1. Seizure semiology reflects altered electrical activity in the affected part of the brain
- 2. Seizures can manifest as motor, subjective, and behavioural phenomena, or loss of awareness, and careful analysis of their semiology can allow localisation of seizure onset.
- 3. Ictal manifestations may represent propagation of the epileptic discharge from its origin.

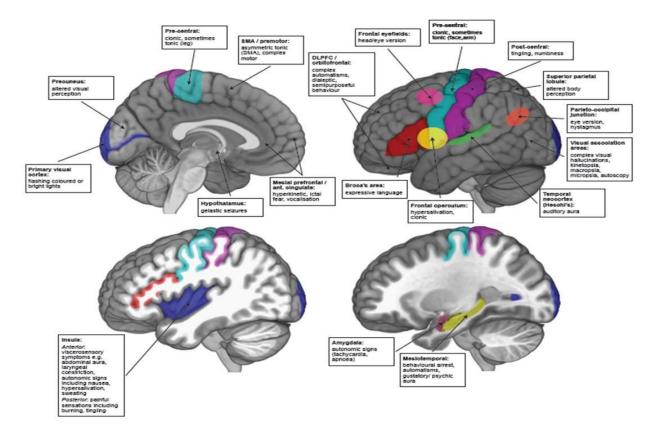


Figure 1: Summary of semiological signs by symptomatogenic zone on mesial and lateral structures

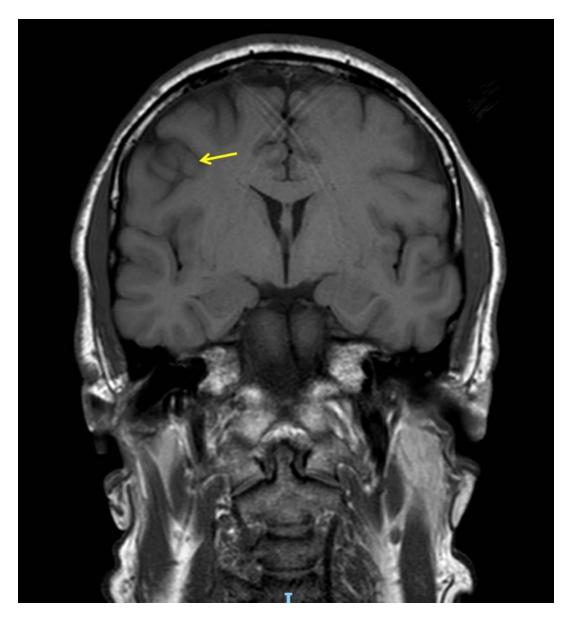


Figure 2: Case 1 T1 MR scan of brain showing lesion in right middle frontal gyrus

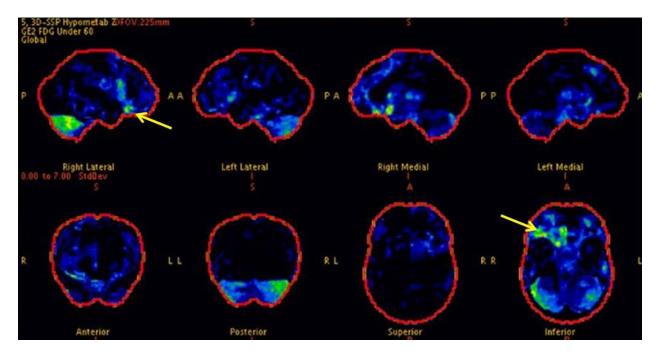


Figure 3: Case 2 PET scan of brain showing hypermetabolism in right orbitofrontal region

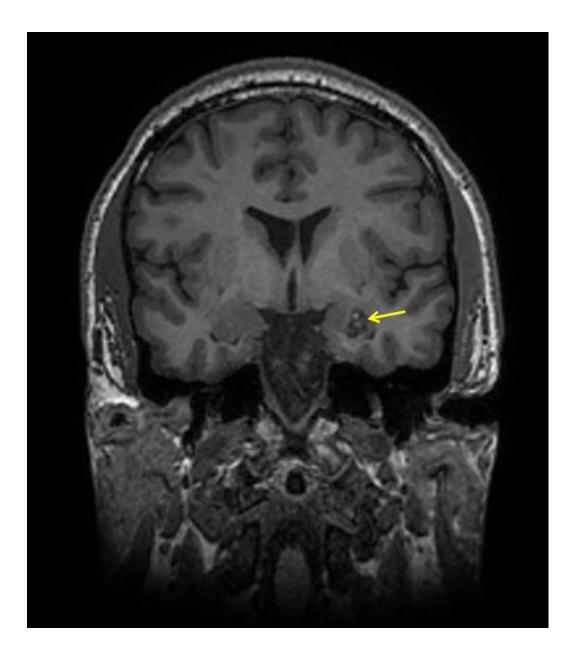


Figure 4: Case 3 T1 MR scan of brain showing cavernoma in left mesiotemporal region

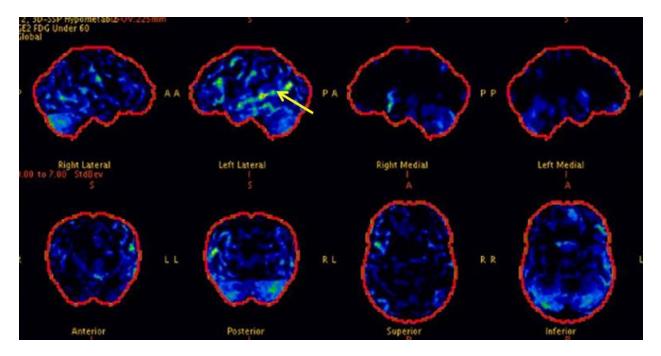


Figure 5: Case 4 PET scan of brain showing hypometabolism in left temporal lobe

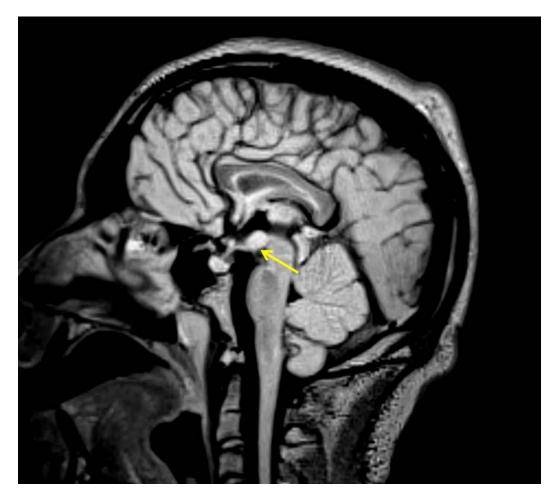


Figure 6: Case 5 Flair MR scan of brain showing hypothalamic hamartoma

Competing interests: nil

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Further Reading

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