

An environmental benefit analysis of bike sharing in New York City

Abstract: Bike-sharing systems provide the public with more transport choices. To elaborate more effectively and comprehensively bike sharing's prospective contribution to urban sustainable development, a quantitative estimation of bike sharing's environmental benefits is performed through a case study of New York City's bike-sharing systems. Using a long-term series of big data, the environmental benefits of bike sharing in New York City are evaluated from a spatiotemporal perspective. Data on a total of 48 million bicycle trips between January 2014 and December 2017 are analysed. During 2014-2017, bike travellers saved 13,370 tonnes of oil equivalent, and decreased 30,070 tonnes of carbon emissions and 80 tonnes of nitrogen oxides. Evaluation of gender dynamics reveals that men produced greater environmental benefits through the bike-sharing initiative.

Keywords: bike-sharing systems, big data, energy consumption, carbon emissions, nitrogen oxides, gender

35 **1. Introduction**

36 The popularity of private motor vehicles and a well-developed transport network system have
37 led public to rely strongly on motorised travel modes (Khreis et al., 2016; Morton, 2018).
38 Carbon emissions from transportation represent approximately a quarter of human activities,
39 and fossil energy consumption from transportation negatively impacts the environment.
40 Therefore, governments of various countries pay great attention to the transportation industry
41 and have taken measures to reduce the carbon emissions during transportation (Aamaas and
42 Peters, 2017). To accelerate the development of sustainable transportation methods, many
43 governments promoted the use of shared bicycle systems (Chen et al., 2020). For example,
44 bike-sharing systems proved popular in the US. In 2016, the number of participants exceeded
45 28 million, an increase of 25 per cent over 2015. The total number of shared bicycles closely
46 aligns with the total number of American rail trips (Wang et al., 2018). International
47 environmental protection organizations are demanding the promotion of vehicles that
48 contribute to environmental sustainability – including bicycles and low-energy-consuming
49 electric vehicles – with the intention to reduce urban pollution indexes and improve traffic
50 safety (Dora et al., 2000). To achieve these aims, cities can either provide subsidies to private
51 owners of bicycles and low-energy automobiles, or they can promote sharing economy
52 solutions such as bike-sharing and ride-sharing schemes through a variety of schemes (Mi and
53 Coffman, 2019), which are becoming increasingly popular with younger consumers. Austwick
54 et al. (2013) and Zhang et al. (2015) point out that bike sharing leads to a significant drop in
55 CO₂ emissions, reduces the use of fossil fuels, and provides people with a practical mode of
56 transport. Bocken et al. (2014) add that the bike-sharing system is key to reduce levels of
57 pollution and car use, as well as providing people with a healthy means of transport and
58 supporting the drive to use alternative energy sources. These benefits are enabled by
59 alternatives to commute by automobile and to greater public transit use for all types of journeys
60 (Caulfield et al., 2017; Shaheen et al., 2013). Sharing bicycles as a means of transport provides
61 travel convenience for citizens. Such systems can effectively reduce traffic congestion and
62 reduce environmental pollution.

63
64 Many scholars have explored and analyzed the bike-sharing systems in different cities. Scott
65 and Ciuro (2019) provide a practical case study of Hamilton bike-sharing systems. They
66 analysed the city's climate, time variables and road transport hub. They found that when the
67 bike sharing stations near the university, it would attract more users. Pfrommer et al. (2014)
68 focused on the Barclays bicycle rental programme. Due to a combination of improved vehicle

69 redistribution between users and better price incentives, shared mobility systems allow more
70 efficient operation of transport within cities. Bicycle sharing system initiatives lead to a drop
71 in rush hour traffic, fewer people fighting for parking spaces downtown and rush hour
72 bottlenecks and congestion caused by heavy traffic. Frade et al. (2015) found that communities
73 which have adopted a bike-sharing system have found it an excellent alternative and
74 supplement to the car, and ideal for commuting. Half of Nice Ride's members reduced the
75 number of trips they made in cars thanks to a bike-sharing system (Pfrommer et al.,2014) and
76 if this becomes a widespread activity, communities will have less congested roads, use cars
77 less frequently, thereby making it easier to travel through urban areas.

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79 The existing literature on bike-sharing systems is vast, but studies focussing on the long-term
80 environmental benefits of shared bicycle's studies are very limited. Therefore, this paper aims
81 to quantitatively evaluate the environmental benefits of shared bicycles in New York. The
82 driving trajectory of shared bicycles undergoes analysis from a spatial perspective, and the use
83 of big data analysis obtains the energy consumption saved by using shared bicycles. This
84 research primarily makes two contributions. Firstly, data covering four years helps explore the
85 environmental benefits of shared bicycles. Using a longer period of data as the basis for
86 analysis can provide more accurate estimates. Secondly, the study introduces gender as mode
87 of analysis and separately calculates the environmental benefits of shared bicycles used by men
88 and women to provide data support for future research.

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90 **2. Literature review**

91 **2.1 The environmental benefits of bike-sharing systems**

92 Bike-sharing systems is one of the most energy-efficient forms of transport available at present,
93 so bike-sharing schemes will play a major role in minimising carbon emissions and other types
94 of pollutants (Circella et al., 2016). A rise in the number of people using bike-sharing schemes
95 will provide a solution to the first and last-mile issues which undermine public transit systems,
96 and eradicate the need for short one-way fossil-fuel powered journeys. In 2013, bike-sharing
97 systems users rode 560,424 miles, and in the process saved the atmosphere from being polluted
98 by 1,028,836 pounds of CO₂ emissions in Sacramento (Muarer, 2011). Investing in bicycles
99 results in substantial savings for communities. This means that bicycling and bike-sharing
100 systems play a role in protecting the environment, since the fall in carbon emissions leads to
101 less air pollution and thus tackles the globate climate change issue facing all of us.

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103 Bike-sharing programmes have been adopted in many countries around the world, making
104 contributions to the urban environmental benefits (Rojas-Rueda et al., 2012). In New York
105 City, the number of people using bike sharing has gradually increased. The use of bicycles can
106 increase the amount of exercise, reduce environmental pollution (Dora et al., 2000). Bike
107 sharing can promote the sustainability in cities, by reducing vehicle emissions and reducing air
108 pollution. Some researchers focus on estimating environmental benefits in a specific city, like
109 Shanghai, China (Zhang and Mi, 2018). They found that when users use shared bicycles in
110 Shanghai can saved 8,358 tonnes of gasoline. Nitrogen oxides and carbon dioxide were reduced
111 by 64 tonnes and 25,240 tonnes, respectively. From a spatial perspective, Shanghai is a densely
112 populated city, the environmental benefits are more significant. In addition, according to the
113 United States Census Bureau (2014), London and Washington D.C. have 36 per cent and 46
114 per cent of residents respectively go to work by car, but the car mode substitution rate
115 calculated through the bike-sharing programme is a low 2 per cent and 7 per cent, respectively.
116 If these short car journeys were replaced by bicycle rides, this would make an enormous impact
117 on congestion and lower pollution levels.

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119 Participation in the shared bicycle programme can both positively and negatively impact the
120 urban environment. The production of bicycles requires raw materials, such as steel and
121 aluminium products. A large amount of aluminium (55.43 per cent) and rubber (16.27 per cent)
122 are used in the production process, and the environmental pollution caused by the creation of
123 raw materials cannot be ignored (Mao et al., 2021). An additional study found that the ageing,
124 underutilisation and increase of shared bicycles will harm the environment (Zheng et al., 2019).
125 In view of these findings, it is clear that the formation of an effective and sustainable bicycle
126 production and transportation industry will reduce the negative impact on the environment
127 (Leister et al., 2018). According to Mao et al. (2021), the positive environmental impact during
128 the use phase will offset the negative impact caused by the production and recycling of shared
129 bicycles.

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131 **2.2 Temporal variables and spatial variables**

132 Distinct time periods may influence engagement in bike sharing initiatives. Faghih-Imani et al.
133 (2016) identified a time variation effect on the number of bicycles used in Montreal, Canada.
134 Found in other research, bicycle flow peaked in the morning and evening. Compared with the
135 morning peak time, the evening peak time was longer, and bikers travelled longer distances.

136 Significantly, the frequency of bike sharing increased on Friday and Saturday nights. Moreover,
137 Gebhart and Noland (2014) identified daily variations between peak and non-peak periods for
138 bike-sharing systems use in Washington, DC, along with seasonal variations (accounting for
139 weather and darkness variables). Usage peaks in the morning and afternoon on weekdays,
140 indicating that such programmes are commonly used as a means of commuting (O'Brien et al.,
141 2014).

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143 Spatial variables, capturing elements of urban planning and the built environment, significantly
144 affect bike-sharing systems usage. Bachand-Marleau et al. (2012) employed BIXI data to
145 analyse the contexts in Vancouver, Canada, and Seattle, USA. With assistance from
146 government and city advisory agencies, potential station locations were identified in these
147 cities. The survey results demonstrated that bicycle station infrastructure, surrounding land use
148 and the built environment affect the usage of bike-sharing programmes. Wang et al. (2015)
149 replicated this research, determining that cycle path planning is imperative for encouraging
150 consumer uptake. Ultimately, they found that when cycle paths are planned effectively, the
151 bike-sharing initiative usage rate will markedly increase. Nair et al. (2013) undertook an
152 investigation in Sao Paulo, Brazil. Statistical analysis identified a positive correlation between
153 the number of bicycles used and travel between each terminal. However, a negative correlation
154 was found for train stations with high traffic. Therefore, Buck and Buehler (2012) concluded
155 that having docks close to public stations would attract more shared bicycle customers. The
156 higher incidence of bicycle passengers was connected to areas with high job density and around
157 food vendors. Cao et al. (2019) used the kernel density estimation method to analyse the spatial
158 distribution of shared bicycles. From the perspective of spatial distribution, the distribution of
159 shared bicycles correlates with the urban public transport system. The location, 500m away
160 from the bus station and 1.5km away from the subway station, will act as the main distribution
161 area of the shared bicycle system. The number of shared bicycles stored varies according to the
162 distance of the city's bus system. In addition, According to the research results of Jahanshahi
163 et al. (2020), there exists inequality in the distribution of shared bicycle sites. People with
164 higher education and income levels tend to be close to shared bicycle facilities, as do young
165 people's communities. Barbour et al. (2019) confirmed this view and found that super-users
166 are more likely to be young men residing close to bike-sharing systems stations with an income
167 level under \$75,000. Therefore, urban planners and policy-makers need to optimise the spatial
168 distribution of shared bicycles to promote the sustainable development of urban shared bicycle
169 systems.

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3. Data and methods

3.1 Bike-sharing systems and data collection

New York City’s bike-sharing service, Citi Bike, is the largest such program in the USA. Since its launch in May 2013, it has expanded to become a fundamental component of New York City’s transport infrastructure. The bikes can be unlocked at one station and returned to any other station in the system, making them ideal for various trip purposes, whether for school/work commuting or leisure activities. Firstly, the bike-sharing system value approach considers how the business model meets a specific customer need - for example, by offering ‘the last mile’ solution, encouraging tourists to use energy-efficient and environmentally friendly travel modes. Secondly, the profit formula is also used by researchers to determine how companies generate profit, whether through a pay-per-ride approach, subscriptions or advertising. Thirdly, studies can concentrate on key processes, which allow the service proposition to be realised, and this includes features such as the maintenance and relocation of bikes (Boons et al., 2013). The trip data used here are publicly available and easily downloaded from the program’s official website (<https://www.citibikenyc.com/>). The data provide detail on basic trip attributes, such as trip duration, start/end time, start/end stations, station ID, the longitude and latitude of the start/end stations, bike ID, and user type. The data adopted in this paper cover a four-year period (between January 2014 and December 2017), with a total of 48.23 million trips. Of these trips, 11.17% were taken by customer users (those holding a 24-hour pass or 3-day pass), while 88.83% were taken by subscribed users (annual members). The total number of bike trips, the total number of stations and the total duration of bike trips steadily increased between 2014 and 2017, while the mean trip duration remained relatively stable over the years (Table 1).

Table 1 Basic description of bike trips taken in bike-sharing systems in New York City.

	2014	2015	2016	2017	2014-2017
Average trip duration (minutes)	14.19	16.13	15.99	16.58	15.9
Total number of bike trips (million)	8.08	9.94	13.85	16.37	48.23
Total number of bike stations	332	492	653	811	870
Total duration of bike trips (years)	218.12	305.07	421.09	516.11	1460.39

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3.2 Methods

198 **3.2.1 Estimating trip distances and locations**

199 To estimate the environmental advantages, the first stage involves analysing the location of the
200 bicycle stations and the number of people the stations serve. The bike-sharing data include trip
201 distance, trip origin and destination stations' longitudes and latitudes. To provide a more
202 accurate estimation of bike station locations, the steps of the station location estimation are as
203 follows.

204 Step 1: Extract all cyclable roads in New York City from OpenStreetMap. Road extraction is
205 realised using OSMnx, the Python package will be used to download administrative boundary
206 outlines and road grids from OpenStreetMap.

207 Step 2: Construct road networks using the Network Analysis function provided by ArcGIS, the
208 most widely applied commercial GIS software.

209 Step 3: Extract the specific location of the bicycle parking station from ArcGIS and the number
210 of people at each station. Analyse the concentrated area of the bicycle docking stations
211 according to OpenStreetMap.

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213 **3.2.2 Assess the energy savings and environmental benefits of the bike-sharing system**

214 The main purpose of this paper is to assess the environmental benefits of using shared bicycles.
215 Therefore, we need to evaluate the total amount of gasoline and diesel oil consumption saved
216 by the use of shared bicycles. In general, travel distances and travel times often result in
217 commuters choosing different modes of travel. According to Joachim (2010) travellers may
218 choose different modes of transport for different travel distances, energy consumption can be
219 calculated (Table 2). In this calculation, walking and using shared bicycles are considered to
220 be zero consumption and have no negative environmental impact. In the US, citizens by
221 considering differences based on culture, population density, climate, etc., are more likely to
222 take a car within the long distance. Gasoline and diesel oil are consumed during transport and
223 use, so we assess the energy consumption of gasoline and diesel oil exploitation and
224 distribution. Different vehicles are used according to different driving distances, and we set
225 different thresholds to calculate the energy consumption of a vehicle (Table 3).

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Table 2 Modal split by trip distance.

Km	On foot	Bicycle	Bus	Car
≤ 0.2	94%	5%	0%	1%
0.2-0.4	81%	11%	0%	7%
0.4-0.6	64%	19%	0%	17%

228	0.6-0.8	38%	19%	1%	40%
229	0.8-1	56%	21%	1%	21%
230	1.0-1.5	25%	19%	3%	53%
231	1.5-2.0	18%	17%	5%	60%
232	2-3	10%	14%	7%	68%
233	3-5	4%	9%	10%	77%
234	5-7	1%	6%	11%	81%
235	7-10	1%	4%	12%	82%
236	10-20	0%	2%	10%	87%
237	> 20	1%	1%	13%	85%

Data source: Joachim (2010).

Table 3 Basic parameters of energy consumption calculation.

Symbol	Indicator Unit	Bus	Data source	Car	Data source
P	Fuel consumption L/Km	0.006	PENNSTAT E, 2012	0.088	ANDC, 2017
ρ	Fuel density Kg/L	0.85	SpeightJ, 2011	0.72	SpeightJ, 2011
λ_e	Exploitation efficiencies /	0.93	Ou et al., 2010	0.87	Yu et al., 2017
λ_t	Transport efficiencies /	0.99	Ou et al., 2010	0.95	Yu et al., 2017
CO₂	Carbon dioxide emission factor Kg/Kg	3.09	IPCC, 2006	2.93	IPCC, 2006
NO_x	Nitrogen oxide emission factor Kg/Kg	0.055	Ježek et al., 2015	0.006	Ježek et al., 2015

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242 The energy consumption of a vehicle is calculated as

$$243 \quad N = \begin{cases} \frac{d \cdot p_1 \cdot \rho_1}{\lambda_{e1} \cdot \lambda_{t1}} \\ \frac{d \cdot p_2 \cdot \rho_2}{\lambda_{e2} \cdot \lambda_{t2}} \end{cases} \quad (1)$$

244 N refers to the energy expended by the vehicle, d refers the commute distance (unit: km), p_1
245 (unit: L/km) refers to the bus's diesel consumption per unit commute distance, p_2 (unit:L/km)
246 indicates private car petrol consumption per unit commute distance. ρ_1 refers to the bus density
247 of the diesel oil (unit: kg/L), and the ρ_2 means the car density of the gasoline (unit: kg/L). The
248 λ_{e1} and λ_{t1} express the diesel oil efficiency of exploitation and transportation. The λ_{e2} is used
249 to indicate gasoline mining efficiency, and the λ_{t2} symbol is used to indicate the efficiency of
250 gasoline transport. In this study, we pay attention to the CO₂ and NO_x emissions, which are

251 calculated according to the following formula. E is the emissions of vehicle gasoline and diesel
252 oil consumption, and f_i is the emission factor of CO₂ and NO_x.

$$253 \quad E = \begin{cases} d \cdot p_1 \cdot \rho_1 \cdot f_i \\ d \cdot p_2 \cdot \rho_2 \cdot f_i \end{cases} \quad (2)$$

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255 Our sample data are from a company that divided the final result of energy consumption by the
256 Citi company's market share (41%) to more fully assess the environmental benefits of the bike-
257 sharing programme in New York City (from 2014-2017). We calculate the energy consumption
258 of different vehicles based on different driving distances.

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260 **4 Results**

261 **4.1 Assessing the spatiotemporal characteristics of bike-sharing programmes**

262 The New York City's basic characteristics relevant to the bike-sharing programme are
263 demonstrated in Fig. 1, including bicycle platforms, urban road construction, the majority of
264 building locations and river orientation. The bike station locations are displayed in ArcGIS,
265 which shows a clear concentration of bicycle platforms in the Manhattan area (Midtown and
266 Lower Manhattan). Roads were extracted from the OpenStreetMap, a pervasively adopted free
267 spatial data source, using Boeing's (2017) OSMnx tool. Manhattan contains New York City's
268 business district and the world's financial centre. Its population is very large given that the area
269 has the highest density of employment places, with business, finance and catering all
270 concentrated there. From a spatial point of view, New York is a densely populated city. Close
271 to bus stations, subway stations, and shared bicycles around large shopping malls are frequently
272 used. From a spatial point of view, New York represents a densely populated city. Shared
273 bicycles are in frequent use around bus stations, subway stations and large shopping malls.
274 This finding bears similarities with the work of Buck and Buehler (2012), who believe that
275 areas with high-density work transportation and food service attract travellers to use shared
276 bicycles. In addition, in the downtown area where the environmental benefits prove more
277 significant, travellers in city center areas demonstrate greater willingness to use shared bicycle
278 systems. Promoting participation in the plan provides a solution to urban environmental
279 pollution.

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281 Furthermore, in Fig. 1, blue, green, yellow and red signs represent the number of bicycles
282 rented across Manhattan. Red signs, representing the largest number of trips, are particularly
283 concentrated within the vicinity of city centre. This shows that shared bicycle use has become

284 a widespread means of travel to public transport locations. Many of the existing bike-sharing
 285 systems run into problems trying to balance supply and demand, particularly during peak
 286 commuting times, or if their bike stations are located near bus stops or metro stations which
 287 experience heavy commuter traffic. One of the solutions is to use lorries to pick up and drop
 288 off bikes, to meet demand, or to introduce incentives which will make it more likely that users
 289 will move bikes to less occupied stations

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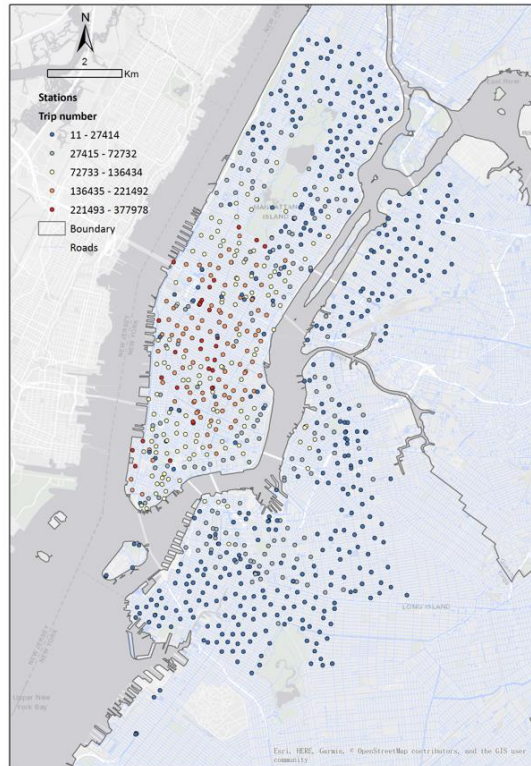


Fig. 1. New York City’s bike sharing distribution.

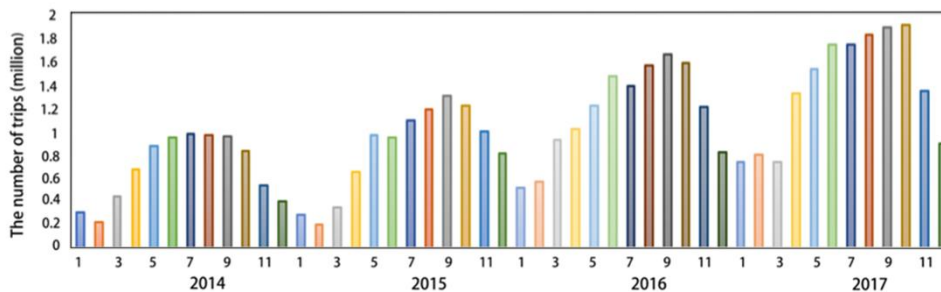


Fig. 2. The number of trips per month (from 2014-2017).

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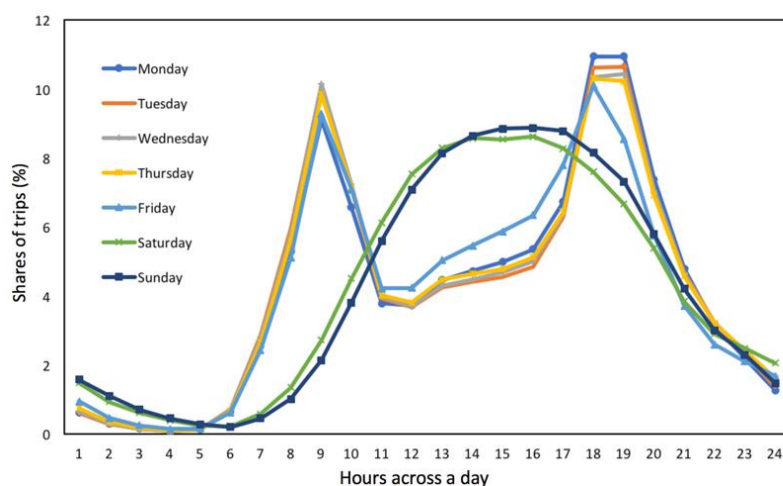
Between 2014 and 2017, the number of trips generated has steadily increased (Fig. 2). Bike sharing is used most in the summer months (June-September), whereas during winter

312 (particularly in January-February), the number of trips declines substantially, with peak winter
 313 use not occurring until March. The low use in winter is primarily due to adverse weather
 314 conditions. Meanwhile, between 2014 and 2017, a general increase in the number of users is
 315 apparent. In 2015, the number of riders trended slightly downward starting in June and rose in
 316 September. The downward trend in June may also be related to the New York City school
 317 holidays. New York City's school holidays fall in June and July, which could lead to a drop in
 318 the number of users choosing bike-sharing systems.

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320 The travel time spent using the bike-sharing programme was calculated according to travel
 321 statistics records (Fig. 3). As may be expected, during weekdays, the bike-sharing programme
 322 is used as a commuter tool. On workdays, two peak usage periods occur: from 8 am-9 am and
 323 from 6 pm-8 pm. The bicycle use period is longer at night than in the morning, evidencing
 324 cyclists' engagement in a broader array of activities and greater flexibility after work.
 325 Moreover, the data shows a small peak usage period around 1 pm, which likely corresponds to
 326 a minor fluctuation stemming from office employees travelling short distances to purchase
 327 lunch. More interesting data appears on the weekend, with user levels increase between 10 am
 328 and 4 pm. This result confirms the perspective of Nosal and Miranda-Moreno (2014), who
 329 found that bike-sharing is used as a means for leisure-related activities during weekends. In
 330 this regard, the peak period for commuting is from around 11 am to 7 pm. This result is
 331 attributed to weekend leisure, during which time users are more willing to use bicycle-sharing
 332 facilities as a mode of leisure transport.

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342 **Fig. 3.** Travel time distribution of shared bikes.

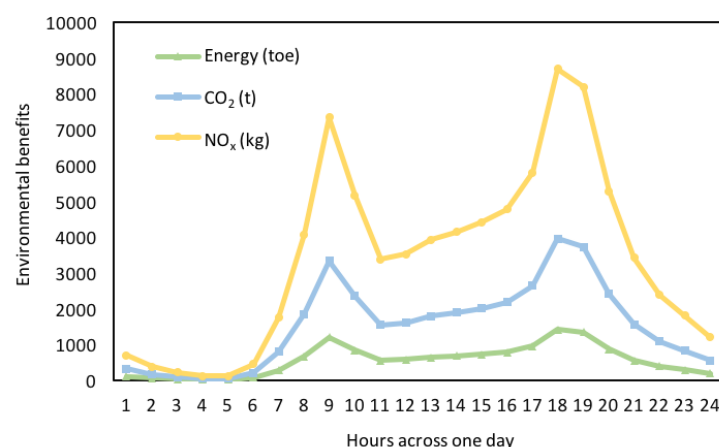
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344 **4.2. The environmental advantages of bike sharing**

345 In 2017, New York City emitted approximately 54 million tonnes of CO₂ into the atmosphere,
 346 of which 35% originated from the transport sector (Pasion et al., 2017). The city's population
 347 is approximately 8.6 million, and the commutes cover a total distance of over 11.5 billion miles.
 348 The government's aim is to reduce CO₂ emissions from New York City's transport sector by
 349 45% by 2030, which is an ambitious target (Environmental Protection Agency, 2017). The
 350 EPA (2017) has suggested that travellers are willing to choose low-carbon modes of travel,
 351 such as public transport. Regardless, the optimum solution is a zero-carbon mode, such as
 352 bicycles.

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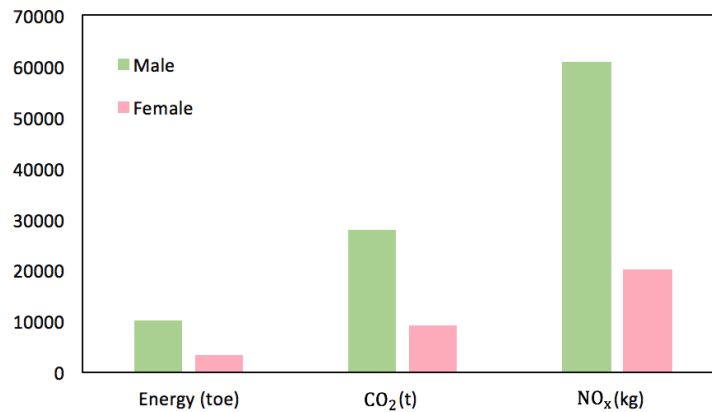
354 Currently, although just 31% of trips in New York City as single occupants of personal vehicles,
 355 the CO₂ emissions of this commuter group account for 60% of the overall traffic volume.
 356 Notably, 74% of New Yorkers support bike sharing as a means of travel. This statistic suggests
 357 that bike sharing is the right model for supporting commuting systems in cities to decrease CO₂
 358 emissions (O'Brien et al., 2014). We calculated the energy savings from the bike-sharing
 359 systems between 2014 and 2017. Over time, bike use has a significant positive environmental
 360 effect (Fig.4). Concerning the morning and evening peaks of transport use, bike sharing's
 361 environmental advantages are most clearly evidenced. From 2014 to 2017, the use of bike-
 362 sharing systems saved 13,370 tonnes of oil equivalent, and decreased 30,070 tonnes of CO₂
 363 and 80 tonnes of NO_x. At 6 pm, the highest peak appeared. At this time, bike sharing saved
 364 1,420 tonnes of oil equivalent, saving 3,950 tonnes and 8 tonnes of CO₂ and NO_x respectively.
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366 **Fig. 4.** Temporal distributions of the environmental benefits of bike sharing.

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368 4.3 Environmental benefits of engaging in bike sharing by gender groups



369 **Fig. 5.** Environmental benefits from female and male riders.

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371 Gender also impacts on the usage of bike-sharing systems and related environmental benefits.
372 Men saved more energy consumption via bike-sharing programmes than women (Fig. 5).
373 Males use bicycles more often than females and spend more time riding. Males saved a total
374 of 10,020 tonnes of oil equivalent, saved 27,800 tonnes and 60 tonnes of CO₂ and NO_x,
375 respectively. Females saved 3,340 tonnes of oil equivalent, saved 9,260 tonnes of CO₂ and 20
376 tonnes of NO_x. This difference could be attributed to the bulkiness of shared bicycles: the
377 weight of the bicycle might be too heavy for women, meaning they cannot ride flexibly. In
378 addition, it is not safe for women to ride bicycles at night or in areas with low population
379 density. As dockless bicycles become more common, bicycle designs should become more
380 flexible and lighter, thus able to better accommodate female riders. According to the data, the
381 majority of users take part in the programme. Therefore, both firm-level decision-makers and
382 government and third-sector stakeholders in the shared bicycle system can introduce
383 preferential policies to attract more people to participate in the project. In addition, the bicycle
384 infrastructure correlates with the number of participants. City planners should build a strong
385 bike-friendly infrastructure and plan clear bicycle roads with added safety protection measures
386 for cyclists, thereby increasing the number of female users.

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388 5. Conclusions

389 This paper has discussed the environmental benefits of the bike-sharing programmes in New
390 York City from three perspectives. The majority of bike-sharing sites are located in Manhattan,
391 and the distance between stations is relatively standardised. This is primarily to provide
392 travellers with a convenient transport method. Between 2014 and 2017, an increasing number
393 of users participated in the bike-sharing programme. We calculated energy emissions based on

394 travellers' preferences for commuting modes. With regard to the time distribution of
395 environmental benefits, peak energy conservation was achieved around 8 am and 6 pm. From
396 2014 to 2017, the use of bike-sharing systems saved 13,370 tonnes of oil equivalent, and
397 decreased 30,070 tonnes of CO₂ and 80 tonnes of NO_x. This result contributes to urban traffic
398 road management and low-carbon travel mode planning. Concerning gender dynamics, males
399 have saved more energy through the bike-sharing programme than females, because men make
400 a higher proportion of trips and tend to take longer rides.

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402 The data confirmed that bicycle use as a mode for commuting can significantly diminish the
403 urban pollutants. New York City has introduced plans for the transport sector, and citizens will
404 be encouraged to work with city policymakers. This paper's calculations demonstrate that the
405 shift in commuting patterns can contribute to diminishing the city's CO₂ footprint. When
406 commuting distance is longer, people are more willing to take public transport. But using bike-
407 sharing systems instead of public transport or cars has become a reasonable assumption. The
408 increase in the use of shared bicycles may reduce the use of cars. The greater the proportion of
409 bicycling that replaces previous travel by car, the greater the impact of the plan on reducing
410 the number of rides and all related environmental benefits. Additionally, the energy
411 conservation of males and females was calculated separately in this paper. Along with the
412 potential physiological limitations on the wider use of bike schemes by females, further
413 variables potentially restricting women's use should be considered, such as bicycles' comfort
414 levels or bicycle parking locations, which could deter women from using shared bicycles at
415 night. Therefore, the shared bicycle system requires continuous improvement to meet the needs
416 of more users. For example, policymakers and planners need to establish a complete and
417 dynamic regulatory system to supervise, adjust and dispatch shared bicycles to ensure the
418 effective use of bicycles in each area. This recommendation is consistent with a recent study
419 investigating the potential of bike-sharing to promote transport resilience in the event of mass
420 transit outages, which is another potential indirect source of environmental benefits that could
421 be further elaborated (Cheng et al., 2021). In the context of energy conservation and emission
422 reduction, the shared bicycle plan has already entered the international arena.

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424 Although this research has concentrated on the bike-sharing programme's environmental
425 benefits, there are several avenues for further analysis. The first relates to privacy issues, as we
426 did not obtain specific driving routes for each journey. Records are sorted only in chronological
427 order. Secondly, regional economic development and social demographic factors affect the

428 urban environment's sustainable development, urban population backgrounds (for example,
429 education and income levels) must also be considered in statistical assessments to inform future
430 development recommendations. Thirdly, weather fluctuations deserve greater elaboration; they
431 influence the number of users of bike-sharing systems, and may also affect the demographics
432 of the ridership, thereby exacerbating gender-specific dynamics (Lin et al., 2020). This will
433 provide support for the environmental benefits of using the shared bicycle system and
434 encourage more travellers to participate in the plan.

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