

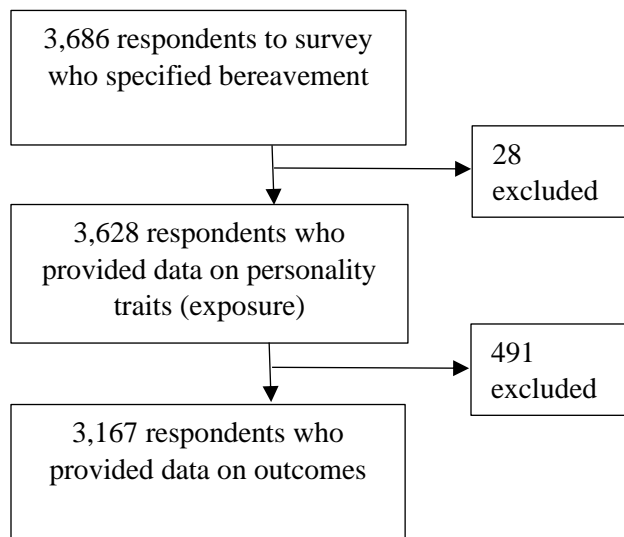
**Box 1:**

**Wording of the Standardised Assessment of Personality - Abbreviated Scale (SAPAS)**

The following 8 questions are about your personality - the way you typically think, feel or behave.

1. In general, do you have difficulty making and keeping friends?
2. Would you normally describe yourself as a loner?
3. In general, do you trust other people? Please base your answer on whether you think that the description applies *most of the time* and in most situations.
4. Do you normally lose your temper easily?
5. Are you normally an impulsive sort of person?
6. Are you normally a worrier?
7. In general, do you depend on others a lot?
8. In general, are you a perfectionist?

**Figure 1. Participant flowchart**



**Figure 2: Distribution of dysfunctional personality traits in sample (n=3,167)**

