

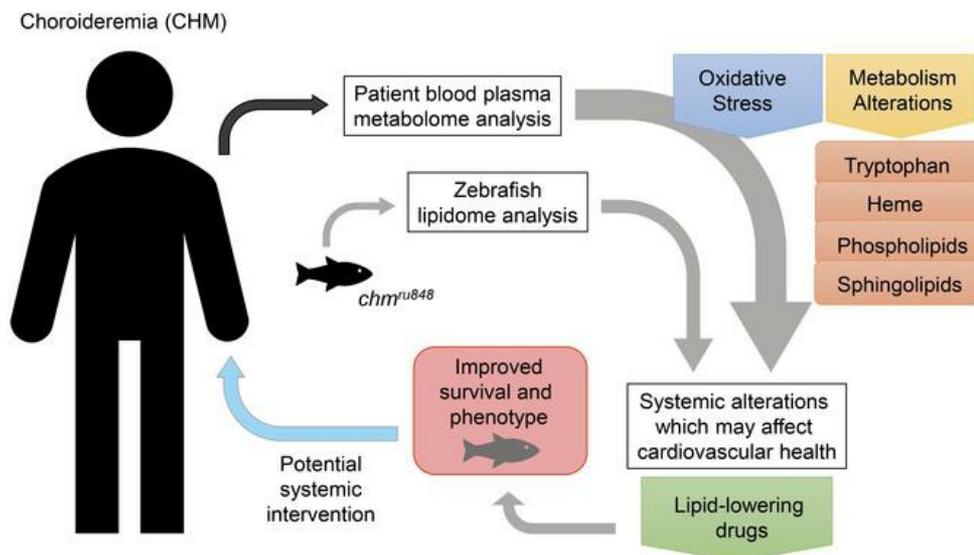
## REP1-deficiency causes systemic dysfunction of lipid metabolism and oxidative stress in choroideremia

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### Graphical abstract



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1 **REP1-deficiency causes systemic dysfunction of lipid metabolism and**  
2 **oxidative stress in choroideremia**

3

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27 **Abstract**

28 Choroideremia (CHM) is a X-linked recessive chorioretinal dystrophy caused by  
29 mutations in *CHM*, encoding for Rab escort protein 1 (REP1). Loss of functional  
30 REP1 leads to the accumulation of unprenylated Rab proteins and defective  
31 intracellular protein trafficking, the putative cause for photoreceptor, retinal  
32 pigment epithelium (RPE) and choroidal degeneration. *CHM* is ubiquitously  
33 expressed, but adequate prenylation is considered to be achieved, outside the  
34 retina, through the isoform REP2. Recently, the possibility of systemic features in  
35 CHM has been debated, hence, in this study whole metabolomic analysis of  
36 plasma samples from 25 CHM patients versus age and gender matched controls  
37 was performed. Results showed plasma alterations in oxidative stress-related  
38 metabolites, coupled with alterations in tryptophan metabolism leading to  
39 significantly raised serotonin levels. Lipid metabolism was disrupted with  
40 decreased branched fatty acids and acylcarnitines, suggestive of dysfunctional  
41 lipid oxidation, and imbalances of several sphingolipids and  
42 glycerophospholipids. Targeted lipidomics of the *chm*<sup>ru848</sup> zebrafish provided  
43 further evidence for dysfunction, with the use of Fenofibrates over Simvastatin  
44 circumventing the prenylation pathway to improve the lipid profile and increase  
45 survival. This study provides strong evidence for systemic manifestations of CHM  
46 and proposes novel pathomechanisms and targets for therapeutic consideration.

47

## 48 Introduction

49 Choroideremia (CHM, OMIM 303100) is a chorioretinal dystrophy, with an  
50 incidence of 1 in 50,000-100,000, characterised by the progressive degeneration  
51 of photoreceptors (PR), retinal pigmented epithelium (RPE) and choroid (1, 2).  
52 Affected male patients typically suffer from nyctalopia in the first decade of life  
53 that progresses to severe peripheral field loss with complete blindness in late  
54 adulthood, with no reports of associated systemic features (3). CHM is a X-linked  
55 recessive, monogenic disorder caused by mutations in the *CHM* gene (OMIM  
56 303390). *CHM* encodes Rab Escort Protein 1 (REP1), an essential component  
57 of the catalytic Rab geranyl-geranyl transferase II (GGTase II) complex, which is  
58 essential for prenylation of Rab GTPase proteins (4, 5). Protein prenylation is a  
59 type of post-translational lipid modification, which involves the covalent addition  
60 of either farnesyl- or geranylgeranyl-pyrophosphate (FPP or GGPP) to proteins  
61 via three different prenyltransferases: farnesyltransferase (FTase) and  
62 geranylgeranyl transferases (GGTase) I and II (4). REP1 and its isoform Rab  
63 Escort Protein 2 (REP2) recruit newly synthesized Rab GTPase proteins and  
64 present them to GGTase II, forming a tight catalytic complex in which two GGPP  
65 are transferred onto the C terminus. After prenylation, REP1/2 escorts the Rabs  
66 to their respective target membrane (6).

67 As *CHM* is ubiquitously expressed, the possibility of systemic manifestations has  
68 long been considered but remains unproven. It is accepted that REP2  
69 compensates for the REP1 deficiency, providing adequate prenylation of Rab  
70 proteins in all extra-retinal tissues (7). Lack of this compensatory mechanism in  
71 the retina, due to preferential binding affinity of Rab27a, 6, 8 and 11 to REP1, is  
72 thought to lead to the accumulation of these unprenylated Rabs, resulting in an

73 isolated ocular phenotype (5). However, an online self-reporting survey of 190  
74 individuals - CHM male patients (n=117), female carriers (n=53) and unaffected  
75 males (n=20) - undertaken by Zhou *et al.* suggested a higher prevalence of  
76 diabetes, high cholesterol and hyperglycemia in CHM male patients, but these  
77 differences were not significant after age adjustment (8). They suggested that  
78 hydroxy-3-methyl-glutaryl-CoA reductase (HMG-CoA) inhibitors (also known as  
79 statins) for the treatment of hypercholesterolemia may have a negative effect on  
80 the visual function of CHM patients (8). GGPP and FPP are both isoprenoids  
81 produced through the mevalonate pathway, which is the main pathway for  
82 cholesterol synthesis and the target of these drugs (9). It has recently been  
83 reported that statins lead to lower pools of both isoprenoids necessary for  
84 GGTases activity and consequent inhibition of both farnesyl and geranylgeranyl  
85 prenylation (10-13).

86 Previously, analysis of lipid contents from blood samples of 5 CHM patients  
87 uncovered systemic fatty acid (FA) abnormalities in both plasma and red blood  
88 cells (RBCs). Specifically, lower levels of eicosenoic acid (C20:1[n-9]), erucic acid  
89 (C22:1[n-9]), and docosadienoic acid (C22:2[n-6]) were found in the plasma, with  
90 elevation of tridecaenoic acid (C13:1), myristolenic acid (C14:2), and  
91 octacosanoic acid (C28:0). RBCs revealed increased levels of capric acid  
92 (C10:0), nervonic acid (C24:1[n-9]), and plasmalogen derivative dimethylacetal  
93 acid (16:0), as well as a decrease in eicosenoic acid (C20:1[n-9]) (14). A follow-  
94 up report refuted these findings, stating no lipid abnormalities were detected in  
95 the plasma of 9 CHM patients, nor could crystal deposits be detected after  
96 transmission and scanning electron microscopy analyses of white blood cells and  
97 RBCs, respectively (15).

98 Herein, we performed whole metabolomic profiling of blood plasma from 25 CHM  
99 male patients and 25 age- and gender-matched controls to identify metabolic  
100 alterations in CHM and gain insights into any systemic involvement. Several  
101 pathways were significantly altered in the disease cohort including sphingolipid  
102 signal transduction, oxidative stress and serotonin production.

103 Zebrafish have been acknowledged as a valuable model for studying metabolism  
104 and metabolic diseases (16, 17). Accordingly, targeted lipidomics analysis of the  
105 CHM zebrafish model *chm<sup>ru848</sup>*, with a C>T nonsense variant (p.(Gln32\*)) in *chm*  
106 exon 2 on chromosome 21, confirmed lipid and sphingolipid alterations found in  
107 humans. Furthermore, we also undertook survival studies and lipidomic analysis  
108 of *chm<sup>ru848</sup>* embryos treated with Simvastatin or Fenofibrate (a fibric acid  
109 derivative mediated via activation of Peroxisome Proliferator Activated Receptor  
110 type alpha [PPAR $\alpha$ ]) to explore if prenylation is affected by statins. Zebrafish  
111 possess only one rep isoform, which leads to retinal degeneration from 4.5 days  
112 post fertilisation (dpf) and multisystemic disease resulting in embryonic lethality  
113 by 5-6 dpf (18, 19).

114 This study discovers the metabolomic signature in CHM, and identifies putative  
115 disease biomarkers, which may be critical to the future development of disease-  
116 modifying or preventative therapies.

117

118

## 119 Results

### 120 **PATIENT DESCRIPTION**

121 Detailed clinical and genetic evaluation of 25 male CHM patients is included in  
122 Supplementary Table 1. Mean  $\pm$  SD age of CHM patients at the time of blood  
123 collection was  $40.6 \pm 11.4$  years (range 20-63 years), with no significant  
124 difference with the control group ( $40.7 \pm 12.3$  years,  $p = 0.938$ ). Analysis of the  
125 food frequency questionnaire (FFQ) revealed no significant dietary differences  
126 between disease and control groups with regards to average consumption of food  
127 and drink over the past 12 months (Supplementary Table 2).

128

### 129 **GLOBAL METABOLITE DIFFERENCES BETWEEN CHM PATIENTS AND** 130 **CONTROLS**

131 Eight hundred and seventeen compounds of known identity were detected in the  
132 blood plasma matrix of CHM patients and controls. Principle component analysis  
133 (PCA) of CHM patient and healthy control samples revealed largely overlapping  
134 grouping with no clear distinction between study groups (Figure 1A).  
135 Consistently, hierarchical cluster analysis of the dataset revealed the same trend,  
136 with interdigitated sample clustering for healthy control and CHM patient samples  
137 (Figure 1B). Welch's two-sample  $t$ -test was used to identify compounds that  
138 differed significantly between CHM and healthy control study groups, with 85  
139 named compounds achieving statistical significance ( $p \leq 0.05$ ) and a further 48  
140 approaching significance ( $0.05 < p < 0.10$ ).

141

142

143 **INDIVIDUAL BIOCHEMICALS CAN DIFFERENTIATE BETWEEN CHM**  
144 **PATIENTS AND CONTROL STUDY GROUPS**

145 Random forest (RF) analysis indicated high probability that individual metabolites  
146 can distinguish between study groups, with a predictive accuracy of 86%. The top  
147 30 metabolites based on distinguishing CHM from control groups are represented  
148 in Figure 1C and in more detail in Supplementary Table 3. These include several  
149 sphingolipid signal transducers [sphingosine, sphingadienine, sphinganine,  
150 hexadecasphingosine (d16:10)\*, sphinganine-1-phosphate, and sphingosine-1-  
151 phosphate]; Stearoyl-glycerophosphoserine (GPS) moieties for both lysolipids  
152 (e.g. 1-stearoyl-GPS [18:0]\*), and phosphatidylserine (PS) derivatives (e.g. 1-  
153 stearoyl-2-arachidonoyl-GPS [18:0/20:4] and 1-stearoyl-2-oleoyl-GPS  
154 [18:0/18:1]). Additionally, several metabolites in the cysteine pathway (cysteine  
155 s-sulfate, cysteine, cysteinylglycine, cys-gly oxidized) were highlighted (Figure  
156 1C).

157 Pathway set enrichment analysis to elucidate the metabolic pathways affected  
158 between CHM patients and controls revealed significant perturbation of multiple  
159 networks, including oxidative stress, tryptophan metabolism, haemoglobin  
160 metabolism and particularly sphingolipid and lipid metabolisms (Figure 1D).

161

162 **CHM PATIENTS EXHIBIT EVIDENCE OF INCREASED OXIDATIVE STRESS**

163 We observed mixed perturbations in the cysteine pathway (Figure 2A), such as  
164 loss of cysteine (FC 0.81,  $p < 0.001$ ) (Figure 2B) and associated dipeptide  
165 cysteinylglycine (FC 0.56,  $p < 0.001$ ) (Figure 2C), which may indicate an  
166 increased demand for the antioxidant glutathione. An elevation of oxidative stress

167 marker cys-gly oxidized (FC 1.35,  $p < 0.01$ ) (Figure 2E) and increase of lipid  
168 oxidation marker 12,13-DiHOME (FC 1.31,  $p < 0.05$ ) (Figure 2I) were also  
169 observed, coupled with an accumulation of hypotaurine (FC 1.53,  $p < 0.01$ )  
170 (Figure 2H). Several other known antioxidants were found in significantly lower  
171 levels in CHM samples, like bilirubin (FC 0.80,  $p < 0.05$ ) (Figure 3I),  
172 indolepropionate (FC 0.40,  $p < 0.05$ ) (Figure 3E), beta-cryptoxanthin (provitamin  
173 A) (FC 0.69,  $p < 0.05$ ), urate (FC 0.87,  $p < 0.05$ ) and suspected antioxidant 3-(3-  
174 hydroxyphenyl)propionate (FC 0.42,  $p < 0.005$ ) (data not shown). Cysteine-s-  
175 sulfate is an incompletely characterised metabolite generated by reaction of  
176 cysteine and inorganic sulfite, and was greatly reduced in CHM plasma (FC 0.10,  
177  $p < 0.001$ ) (Figure 2D). This likely relates to increased sulfite oxidase (SO)  
178 activity, which catalyses the oxidation of sulfite to sulfate, the potentiation of which  
179 may divert away from cysteine-s-sulfate production (Figure 2A). Combined, these  
180 observations seem to point to a deficient management of oxidative stress in CHM  
181 patients, possibly through deregulation of glutathione metabolism, although  
182 glutathione levels are not usually detected in plasma.

183

#### 184 **CHM PATIENTS DISPLAY ALTERATIONS IN TRYPTOPHAN METABOLISM**

185 Tryptophan metabolism pathway was enriched in this study with a score of 1.62  
186 (Figure 1D, 3A), with serotonin levels being strikingly elevated in CHM patients  
187 (FC 3.82,  $p < 0.001$ ) (Figure 3B). Serotonin is an important monoaminergic  
188 neurotransmitter that regulates stress response, sleep, behaviour, amongst other  
189 body functions, and this increase indicates that tryptophan metabolism appears  
190 to be strongly shifted towards monoamine production. This observation is  
191 consistent with lower levels of alternative tryptophan catabolic pathways,

192 involving microbiome-related indolelactate (FC 0.79,  $p < 0.05$ ) and  
193 indolepropionate (FC 0.40,  $p < 0.05$ ) in CHM patients (Figure 3D, E). Also, there  
194 was no significant difference in nicotinamide levels between CHM and control  
195 samples (FC 1.02,  $p = 0.96$ ) (not shown), although higher levels of quinolate (FC  
196 1.45,  $p < 0.05$ ) were detected (Figure 3C).

197

## 198 **DEFECTS IN CYTOCHROME ACTIVITY**

199 Haemoglobin synthesis and porphyrin metabolism pathway showed a high  
200 pathway enrichment score (6.67) in this study (Figure 1D). Although only 6  
201 compounds were analysed overall (Figure 3F), we observed significantly lower  
202 levels of bilirubin isomers (Z, Z) (FC 0.82,  $p < 0.05$ ) (Figure 3I), (E, Z or Z,E)\* (FC  
203 0.82,  $p < 0.05$ ) and (E, E)\* (FC 0.79,  $p < 0.05$ ) (not shown), coupled to a trending  
204 reduction of its precursor biliverdin (FC 0.87,  $p < 0.1$ ) in CHM samples (Figure  
205 3H). In contrast, the product of bilirubin reduction, L-urobilin, was detected in  
206 higher levels (FC 2.53,  $p < 0.01$ ) (Figure 3J). However, levels of heme were not  
207 significantly increased (FC 1.58,  $p > 0.1$ ) (Figure 3G), suggesting alterations  
208 occur downstream in the pathway.

209 While altered levels of bilirubin and urobilin could indicate increased heme  
210 breakdown in CHM patients, broader evidence perhaps indicates lower liver  
211 cytochrome P450 activity. Cytochrome P450s metabolise several  
212 methylxanthines, which largely trend lower in CHM individuals, such as 3, 7-  
213 dimethylurate (FC 0.62,  $p < 0.05$ ), 3-methylxanthine (FC 0.59,  $p < 0.1$ ), caffeic  
214 acid sulfate (FC 0.61,  $p < 0.1$ ), 7-methylurate (FC 0.48,  $p < 0.1$ ), theobromine (FC  
215 0.63,  $p < 0.1$ ) and 7-methylxanthine (FC 0.60,  $p < 0.1$ ) (not shown). Additionally,  
216 cytochrome P450s also catalyse steroid biosynthesis, and a trending decrease in

217 several steroid hormones and related metabolites in CHM patients was observed  
218 (Supplementary Figure 1), which further supports the hypothesis of impaired  
219 cytochrome activity in choroideremia patients.

220

## 221 **CHM PATIENTS EXHIBIT DISRUPTION IN SPHINGOLIPID METABOLISM**

222 Deeper analysis of the compounds identified by RF analysis revealed broader  
223 perturbation of the sphingolipid pathways in CHM patients (Figure 4). The  
224 sphingolipid pathway generates the bioactive  
225 lipid metabolite ceramide. Ceramides can be produced or utilized through three  
226 main pathways; *de novo* biosynthesis, sphingomyelinase (SMase) pathway, or  
227 via the salvage pathway (Figure 4A). We observed increased levels of 3-  
228 phosphoglycerate (FC 1.56,  $p < 0.01$ ) (Figure 4B), a key component to initiate the  
229 *de novo* sphingolipid synthesis, along with several intermediates including  
230 sphinganine (FC 1.41,  $p < 0.001$ ) (Figure 4C) and sphinganine-1-phosphate (FC  
231 1.35,  $p < 0.001$ ) (Figure 4D).

232 In the salvage pathway, sphingosine 1-phosphate (S1P) was significantly  
233 increased (FC 1.24,  $p < 0.01$ ) (Figure 4F) as well as hexadecasphingosine  
234 (d16:1) (FC 1.32,  $p < 0.01$ ) (Figure 4E). S1P is cleaved into hexadecanal, a fatty  
235 aldehyde, and phosphoethanolamine, the latter also increased in CHM patients  
236 (FC 1.40,  $p < 0.01$ ) (Figure 4G); although hexadecanal was not detected in this  
237 study, its product, hexadecanoic acid (also called palmitic acid or palmitate), was  
238 not significantly altered in CHM patients (not shown).

239 A modest depletion of a number of sphingomyelins (SMs) was detected including  
240 SM(d18:1/20:0, d16:1/22:0) (FC 0.91,  $p < 0.05$ ) (Figure 4H) and SM(d18:1/22:1,  
241 d16:1/24:1) (FC 0.92,  $p < 0.05$ ) (Figure 4I). SMs are synthesized by the transfer

242 of a phosphorylcholine residue from phosphatidylcholine to a ceramide by  
243 sphingomyelin synthase. SMs can also be hydrolysed back to release ceramides  
244 and phosphorylcholine residues by the action of SMase (20). In accordance,  
245 several phosphatidylcholines (PC) were also detected in significant lower levels  
246 in CHM patients, such as PC(16:0/22:6) (FC 0.88,  $p < 0.05$ ) and PC(18:1/22:6)  
247 (FC 0.87,  $p < 0.05$ ) (not shown), implying phospholipid deregulation caused by  
248 REP1 deficiency.

249 Ceramide is considered the central molecule in the sphingolipid metabolic  
250 pathway. Surprisingly, none of the ceramides detected in this study showed  
251 significantly altered levels in CHM samples compared to controls (not shown).  
252 Overall, these results could suggest a compensatory mechanism, possibly  
253 mediated by REP2, to regulate the ceramide pool through an increase of both *de*  
254 *novo* and salvage pathways to possibly compensate the underperformance of the  
255 SMase pathway.

256

## 257 **CHM PATIENTS EXHIBIT BROADER ALTERATIONS IN LIPID METABOLISM**

258 Sphingolipid metabolism also contributes to glycerophospholipid metabolism and  
259 disruption of this pathway can reduce glycerolipid levels, leading to broader lipid  
260 metabolism alterations. We observed differential effects of glycerolipid  
261 subclasses, with lower levels of phosphatidylcholine (PC) intermediates (Figure  
262 5A), but increased levels of phosphatidylethanolamine (PE) (Figure 5B) and  
263 phosphatidylserine (PS) lipids (Figure 5C). Of the latter group, two PS  
264 intermediates, 1-stearoyl-GPS(18:0) and 1-stearoyl-2-arachidonoyl-  
265 GPS(18:0/20:4) were particularly increased in CHM patients, with nearly 4- and  
266 6-fold change compared to control samples, respectively (Figure 5C).

267 No major differences were found in CHM patients regarding long chain fatty acid  
268 (FA) levels, in contrast with the study from Zhang et al (13). However, reduced  
269 levels of branched FAs 17-methylstearate (i19:0) (FC 0.75,  $p < 0.05$ ) and 15-  
270 methylpalmitate (i17:0) (FC 0.78,  $p < 0.1$ ) were observed, as well as several  
271 dicarboxylic FAs (DCFAs) (Figure 5D) and acylcarnitines (Figure 5E). Combined,  
272 these results point to impaired lipid oxidation in CHM patients.

273

## 274 **HUMAN CHM LIPID ALTERATIONS ARE RECAPITULATED IN *chm<sup>ru848</sup>*** 275 **ZEBRAFISH**

276 LC-MS based lipid profiling of *chm<sup>ru848</sup>* homozygous mutant zebrafish embryos at  
277 6 days post fertilisation (dpf) further corroborated the alterations in lipid  
278 metabolism detected in the plasma of CHM patients. Lipidomic-based PCA  
279 showed a clear separation between wildtype (wt) and *chm<sup>ru848</sup>* groups, which was  
280 not visible in the human analysis (Figure 6A). Twelve compounds were found  
281 with differential levels between *chm<sup>ru848</sup>* and wildtype samples that were also in  
282 the top 30 biochemicals from the human study, such as lysophosphatidylserine  
283 (Lyso-PS) (18:0) (1-stearoyl-GPS) and sphingosine (d18:1/22:0) (lactosyl-N-  
284 behenoyl-sphingosine). These metabolites were increased in both human and  
285 zebrafish CHM models (Figure 6B, C). Metabolites found in significant lower  
286 levels in *chm<sup>ru848</sup>* as well as in human CHM samples included SM(d16:1/22:0)  
287 (Figure 6F) and several PC compounds, i.e. PC(16:0/22:6), PC(18:0/18:2) and  
288 PC(18:1/22:6) (Figure 6G-I).

289 Sphingosine-1-phosphate (S1P) (Figure 6D), Bilirubin (Figure 6E),  
290 SM(d16:1/24:1) and SM (d18.2/22:0) (not shown) were detected in *chm<sup>ru848</sup>*, but  
291 levels were not statistically significant compared to wt samples. In contrast,

292 carnitine (C18-DC) (Figure 6J) and diacylglycerol DG(16:0/16) (Figure 6K) were  
293 significantly increased and decreased, respectively, in *chm<sup>ru848</sup>*, while the same  
294 compounds had opposite trends in the human study ( $0.05 < p \leq 0.1$ ) (Figure 5E,  
295 not shown). These differences are likely due to the presence of a single REP  
296 isoform in zebrafish, resulting in complete loss of REP activity, compared to  
297 humans, which have the compensatory action of REP2.

298

### 299 **SIMVASTATIN VERSUS FENOFIBRATE TREATMENT IN *chm<sup>ru848</sup>***

300 As the lipid profile in both humans and zebrafish with CHM show disruption, the  
301 effect of HMG-CoA reductase inhibitors (also known as statins) and fibric acid  
302 derivatives (fibrates) were investigated using the zebrafish model. Statins have  
303 been shown to block the mevalonate pathway necessary for cholesterol  
304 synthesis, the same pathway necessary to produce isoprenoids essential for  
305 prenylation and REP1 function (9). Hence, in an already compromised system,  
306 we wanted to investigate if fibrates (whose mode of action circumvents the  
307 mevalonate pathway) would be a safer compound to aid in normalising lipid  
308 dysregulation without exacerbating the underlying biochemical genetic defect in  
309 CHM and potentially accelerating their retinal phenotype.

310 We administered pre-determined doses of 0.3nM Simvastatin and 700nM  
311 Fenofibrate to wt and *chm<sup>ru848</sup>* mutant fish (n=3, 50 embryos per group) from 24  
312 hours, replenished daily till 9 days post fertilisation (dpf). There were no adverse  
313 side effects seen in treated wt embryos, all demonstrating normal stereotyped  
314 motor behaviours that allowed them to navigate their environment including slow  
315 and fast swimming bouts, with no signs of imbalance or lack of movement.

316

317 Characterisation of untreated and treated *chm<sup>ru848</sup>* is presented in Figure 7.  
318 Survival studies showed untreated mutant zebrafish mean survival was  $4.5 \pm 0.5$   
319 days, while fish treated daily with Simvastatin survived  $6.8 \pm 0.4$  days and those  
320 with daily Fenofibrate survived  $7.8 \pm 0.5$  days (Figure 7A). Cholesterol levels were  
321 measured by Amplex Red Cholesterol Assay kit, which suggested a trend  
322 increase in mutant compared to wildtype fish ( $p = 0.032$ ). Simvastatin- and  
323 Fenofibrate-treated mutants both showed comparable reduction of cholesterol  
324 levels compared to untreated fish, although only the Fenofibrate-treated group  
325 showed a significant reduction ( $p = 0.048$ ) (Figure 7B). Histological analysis of  
326 *chm<sup>ru848</sup>* eyes at 6 dpf showed microphthalmia, cataract, and widespread retinal  
327 degeneration with loss of lamination and areas of RPE hypertrophy/atrophy  
328 (Figure 7C). Wholemout analysis of *chm<sup>ru848</sup>* embryos showed characteristic  
329 systemic defects including pericardial and abdominal oedema, an uninflated  
330 swim bladder and persistent yolk sac (Figure 7C) (21). Following treatment, no  
331 obvious phenotypic improvement was detected in Simvastatin-treated retinas,  
332 while Fenofibrate-treated mutants showed clearer retinal lamination and  
333 strikingly, with improved lens structure, although areas with significant RPE  
334 atrophy were still present (Figure 7C).

335

336 We then performed targeted lipidomic analysis of *chm<sup>ru848</sup>* mutant fish treated  
337 with 0.3nM Simvastatin or 700nM Fenofibrate, compared to untreated mutants  
338 and wildtype fish. PCA results show no clear distinction between treated groups  
339 and untreated *chm<sup>ru848</sup>* fish (Figure 6A).

340 The effect of Simvastatin on *chm<sup>ru848</sup>* mutant fish leads to a decrease of Lyso-  
341 PS(18:0) (Figure 6B) and PC(18:1/22:6) (Figure 6I), but the remaining

342 metabolites showed no significant changes between Simvastatin-treated and  
343 untreated groups. Fibrates are PPAR-alpha agonist lipid-lowering drugs that  
344 seem to have a broader effect in lowering overall lipid levels compared to statins  
345 (22). Consistently, *chm* fish treated with 700nM Fenofibrate showed lower levels  
346 of most compounds selected in this lipidomics analysis compared to untreated  
347 *chm<sup>ru848</sup>* samples; metabolites that were already decreased in untreated mutant  
348 samples, particularly SMs (Figure 6F) and PCs (Figure 6G-I) and were reduced  
349 further. These compounds were largely unchanged by Simvastatin, confirming  
350 the different modes of action between the two drugs. However, it must be  
351 mentioned that there was a high variability in Fenofibrate-treated *chm* zebrafish,  
352 suggesting these results need further analysis or require a larger sample number  
353 to reduce variability and reach significance.

354

## 355 Discussion

356 This is the first study to explore systemic disturbances in choroideremia through  
357 whole metabolomic analysis of blood plasma from 25 CHM patients and 25 age-  
358 and gender-matched controls using Ultrahigh Performance Liquid  
359 Chromatography-Tandem Mass Spectrometry (UPLS-MS). Global analysis of the  
360 metabolomic data identified several biochemicals which can be adopted as  
361 biomarkers to distinguish between the two groups including 1-steroyl-GPS and  
362 lactosyl-N-behenoyl-sphingosine. Pathway enrichment analysis highlighted  
363 significant alterations in CHM patients, the key pathways being lipid metabolism,  
364 particularly sphingolipid metabolism, cysteine and glutathione metabolism,  
365 tryptophan metabolism and heme metabolism.

366

367 Sphingolipids are involved in different cellular processes and can have opposing  
368 effects; ceramides and sphinganine are considered pro-apoptotic and can  
369 mediate apoptosis, growth arrest and senescence. In contrast, S1P is associated  
370 with cell proliferation, migration and inflammation, and sphingomyelins (SM) are  
371 linked to cell growth and adhesion (20, 23). In the eye, oxidative stress is shown  
372 to increase ceramide and sphingosine levels, leading to photoreceptor death and  
373 RPE degradation, while S1P acts as a mediator of PR survival, preventing PR  
374 death during development and when exposed to oxidative stress (24). Analysis  
375 of sphingolipid metabolism revealed substantial imbalances in the presumptive  
376 ceramide pathway in CHM plasma, with increased levels of several sphinganine  
377 and sphingosines, including S1P, in parallel with lower levels of sphingomyelins,  
378 suggesting compromised ceramide production via the sphingomyelinase  
379 pathway. It is unclear if these findings correlate with the retinal environment and

380 disease severity, but measuring sphingolipid levels in photoreceptors and RPE  
381 derived from CHM patients, such as through generation of patient-derived  
382 induced pluripotent stem cells, may provide novel information on the effect of  
383 these metabolites in disease pathophysiology.

384

385 Sphingolipid metabolism perturbations can also suggest compromised  
386 degradation of the S1P pathway, that catalyses the conversion of hexadecanal  
387 to hexadecanoic acid. Interestingly, this pattern is similar to metabolic  
388 perturbations identified in Sjögren-Larsson syndrome (SLS) (OMIM 270200), an  
389 autosomal-recessive, neurocutaneous disease characterised by ichthyosis,  
390 mental retardation and spastic diplegia (25). SLS is caused by mutations in the  
391 *ALDH3A2* gene which encodes the membrane-bound fatty aldehyde  
392 dehydrogenase (FALDH), that catalyses the dehydrogenation of hexadecanal in  
393 the S1P degradation pathway (26). FALDH is present in the retina, RPE and  
394 choroid (27), with ocular defects recently identified in SLS patients including  
395 perifoveal crystalline inclusions, RPE atrophy with lipofuscin granules, retinal  
396 thinning and deficient macular pigment (28). Given the similar perturbations  
397 between diseases, we hypothesize that FALDH could also be a target for REP1,  
398 as it also has been found to require prenylation for proper localisation and  
399 function (10). In fact, other aldehyde dehydrogenases, *ALDH3B1* and *ALDH3B2*,  
400 are also reported to be prenylated, through both farnesylation and  
401 geranylgeranylation (29, 30).

402

403 Analysis of specific metabolites related to lipid metabolism pointed to disruption  
404 of different phospholipid classes. For example, while a reduction of

405 phosphatidylcholine (PC) intermediates in CHM patients was detected, we also  
406 observed increased levels of some phosphatidylethanolamines (PE) and,  
407 particularly high accumulation of phosphatidylserine (PS) lipids. These different  
408 phospholipid subclasses are metabolically and structurally similar; PS is  
409 synthesized by PS synthases 1 and 2 in the endoplasmic reticulum (ER), that  
410 exchange serine for choline or ethanolamine in PC or PE, respectively.  
411 Conversely, PS can be converted to PE by phosphatidylserine decarboxylase  
412 (PSD) in the mitochondria (31). These observations may imply decrease activity  
413 of these enzymes, particularly PSD. Increased PS levels have not been  
414 associated with any human phenotype to date, but PS are increased in neuronal  
415 cells through docosahexaenoic acid (DHA), inhibiting neuronal cell death (32).  
416 However, levels of DHA in choroideremia were not significantly altered (FC 0.72,  
417  $p > 0.1$ ). PS can also result from phospholipase A-type enzymatic activity; this is  
418 a massive enzymatic family involved not only in phospholipid remodelling but also  
419 in cholesterol metabolism, cell differentiation, maintenance of mitochondrial  
420 integrity, cell proliferation and cell death (33). Interestingly, some phospholipase  
421 A enzymes have also been described as essential for RPE survival and regulation  
422 of POS phagocytosis (34, 35) and tightly linked to protein prenylation (36).

423

424 Unlike Zhang et al, no significant differences in saturated FAs, mono or  
425 polyunsaturated FAs were detected in our cohort (14), except for a reduction of  
426 branched FA 17-methylstearate (i19:0). These results were in accordance to the  
427 study by Radziwon et al, who did not detect FA metabolism differences in a cohort  
428 of 9 CHM patients (15). Nervonic acid, the only FA altered in CHM patients in  
429 both studies, was not detected through UPLS-MS. However, we observed

430 reduced levels of a few dicarboxylated FAs (DCFAs) as well as lower levels of  
431 acylcarnitines, which, combined with a trend reduction of branched FAs, may  
432 suggest impaired lipid beta oxidation.

433

434 Through targeted lipidomic analysis, we show that the zebrafish CHM model,  
435 *chm<sup>ru848</sup>*, also presents distinct lipid profiles to the wt zebrafish. It should be noted  
436 that absence of rep1 in *chm<sup>ru848</sup>*, coupled with the evolutionary lack of a  
437 compensatory rep2 isoform in zebrafish, results in a very severe systemic  
438 phenotype that leads to embryonic lethality by 5-6 dpf. This contrasts with the  
439 human form of the disease, and may have a global influence on the metabolic  
440 parameters. However, systemic lipid abnormalities are characterised by overall  
441 decreased levels of several PC and SM, which are recapitulated in the CHM  
442 patient plasma. Accordingly, 1-steroyl-GPS is significantly increased in *chm<sup>ru848</sup>*,  
443 highlighting this compound as a putative novel biomarker for choroideremia,  
444 although its role and relation to CHM has not been uncovered yet.

445

446 Several recent studies have described the inhibitory effect of statins on the  
447 isoprenoid pathway as well as on prenylation of several Rab proteins, namely  
448 Rab7 (10-12). The *chm<sup>ru848</sup>* zebrafish model showed a trend increase of  
449 cholesterol levels that were reduced following treatment with both statins and  
450 fibrates. Overall survival was increased in both drug treated mutants, however  
451 the Fenofibrate-treated eyes showed a mild rescue with increased overall eye  
452 size and a less compacted lens. Interestingly, it was suggested that prenylation  
453 of GTP-binding proteins is also necessary for lens homeostasis (37).  
454 Coincidentally, statins (lovastatin) treatment induced cataract formation in cultured

455 rat lenses, which was alleviated by addition of GGPP (13), reinforcing the  
456 evidence that statins reduce the GGPP pool in the mevalonate pathway, making  
457 its use less indicated for CHM patients. We can also suggest that rep1 deficiency  
458 causes cataract formation in fish likely due to deficient prenylation. Patients with  
459 CHM develop posterior subcapsular cataracts, however the cause of this remains  
460 unclear. In retinitis pigmentosa, increased aqueous flare (which is related to the  
461 amount of protein present from increased breakdown of the blood-retinal-barrier  
462 and inflammation) has been found in patients with posterior subcapsular  
463 cataracts, potentially suggesting a similar inflammatory mechanism in CHM (38,  
464 39). Considering the broad action of PPAR alpha agonists, the mechanism by  
465 which Fenofibrate-treatment potentially reduces cataract formation in the *chm<sup>ru848</sup>*  
466 embryos is not fully understood, but may be through lowering cholesterol levels,  
467 which can cause cataracts when disturbed (40). However, Simvastatin-treated  
468 lenses showed no improvement, although overall cholesterol levels were also  
469 lower after treatment. It is therefore important to clarify the mechanism of action  
470 of Fenofibrates in *chm<sup>ru848</sup>* zebrafish, since, considering the improvement of the  
471 ocular phenotype of mutant fish as well as its overall increased survival and lower  
472 cholesterol levels, Fenofibrate (and perhaps other PPAR alpha agonists) could  
473 have some therapeutic potential for CHM.

474

475 In 2012, a phase 1/2 trial was initiated (NCT01654562) to examine the short-term  
476 effects of Simvastatin on the vision of CHM male patients, evaluated by full-field  
477 scotopic threshold testing. The investigators hypothesized that they would see a  
478 reversible decrease in the dark-adapted vision in participants taking Simvastatin,  
479 however this study was terminated due to limited enrolment, with only 2 patients

480 recruited. It is unlikely that over such a short period of 5 weeks that a detectable  
481 change in full-field scotopic threshold testing or the other parameters, including  
482 microperimetry, would be a useful outcome metric. From this study, we would  
483 suggest a safer alternative for CHM patients would be to take fibrates to reduce  
484 cholesterol and overall lipid dysfunction. However, a trial of statin versus fibrate  
485 in those requiring treatment could be undertaken over a 12 month period  
486 measuring visual function parameters to assess for a decline, but numbers of  
487 patients would need to be high to achieve statistical significance in view of the  
488 intra- and inter-familial variability also seen with this disease.

489 Alterations in lipid catabolism are often linked to changes in oxidative stress. We  
490 observed mixed perturbations in the cysteine pathway that indicate altered  
491 demand for glutathione and may reflect a need to manage oxidative stress in  
492 CHM patients. While glutathione is typically not detected in plasma, loss of  
493 cysteine and associated dipeptide cysteinylglycine, and accumulation of  
494 hypotaurine are consistent with increased glutathione production. Additionally,  
495 differential changes in cysteinylglycine and 5-oxoproline support engagement of  
496 the glutathione cycle in CHM patients. This is consistent with our previous study  
497 showing elevated levels of oxidative stress (superoxide) in the retina of *chm<sup>ru848</sup>*  
498 zebrafish mutant embryos (41). Oxidative damage can lead to a number of  
499 chronic diseases such as atherosclerosis, cardiovascular diseases, stroke,  
500 diabetics, rheumatoid arthritis, cancer, aging and other degenerative diseases in  
501 humans (42). Although we were unable to identify clear markers for these  
502 diseases in our study, exploring therapies focused on reducing oxidative stress  
503 levels may be beneficial in reducing any associated risk in CHM. Patients plasma  
504 revealed decreased levels of several known antioxidants, hence, diet

505 supplementation with antioxidant compounds like N-acetylcysteine (NAC) or  
506 even modulators of Nuclear factor erythroid 2-related factor 2 (NRF2), the “master  
507 regulator” of antioxidant response, could be of interest.

508

509 Increased oxidative stress may also contribute to CHM ocular manifestations,  
510 since it was found to cause retinal PR death and RPE atrophy in retinitis  
511 pigmentosa (RP), with a reduction in the reduced to oxidized glutathione ratio  
512 (GSH/GSSG) in aqueous humor (43). NAC was found to be an effective  
513 antioxidant in RP mouse models promoting cone survival and function (44) and  
514 a recent phase 1 clinical trial FIGUREHT-RP1 (NCT03999021 and  
515 NCT03063021) of orally administered NAC (maximum tolerated 1800mg twice a  
516 day) showed improvement of both cone function and best-corrected visual acuity  
517 (45). As delivered orally, NAC may help reduce the oxidative stress in the retina  
518 and the plasma of CHM patients with wider systemic benefit than just halting or  
519 slowing further sight loss.

520

521 Tryptophan metabolism results in the synthesis of neurotransmitters serotonin  
522 and melatonin, and via the kynurenine pathway produces nicotinamide, which is  
523 linked to inflammation and neurotoxicity of the central nervous system (CNS). We  
524 further examined metabolic markers of inflammation, however there was no  
525 strong evidence of involvement. Importantly, we observed a striking increase in  
526 serotonin levels in CHM patients. Serotonin regulates sleep, mood and behaviour  
527 and is also the precursor of melatonin, a powerful antioxidant essential for  
528 regulation of circadian rhythm (46). Serotonin is produced in the pineal gland and  
529 the gastrointestinal tract, but some can be produced in photoreceptors as a

530 precursor of melatonin, whose production is defined by the levels of light captured  
531 by the retina. Furthermore, serotonin acts as a neuromodulator in retinal  
532 physiology and photoreceptor survival (47). Serotonin is catabolised by action of  
533 monoamine oxygenase (MAO-A) and is reuptaken by serotonin transporter  
534 (SERT) – inhibitors of both enzymes increase serotonin levels and are used  
535 worldwide as antidepressants (47). Systemic high levels of serotonin can cause  
536 Serotonin syndrome, characterised by anxiety, muscle tremors or spasms, rapid  
537 heartbeat and high blood pressure (48). Mutations in MAO-A cause X-linked  
538 Brunner syndrome (OMIM 300615) which is characterised by increased  
539 monoamine levels like serotonin, dopamine and norepinephrine and leads to mild  
540 mental retardation, aggressive behaviour, sleep disorders and mood swings (49).  
541 Although serotonin levels in these syndromes are difficult to compare to CHM, it  
542 would be important to elucidate the link with elevated serotonin since there may  
543 be a subtle propensity for some of these features.

544

545 Serotonin can also regulate insulin secretion. Serotonylation is a post  
546 translational modification mechanism where transglutaminases add serotonin to  
547 the glutamine residues of GTPases, forming covalent bonds for activation of  
548 intracellular processes (50). Rab3a and Rab27, the latter a known target of  
549 REP1-dependent prenylation, are activated via this mechanism in the pancreas,  
550 which in turn promote glucose-mediated insulin secretion (51). Interestingly, we  
551 observed significant reduced levels of microbiome-related indoles, particularly  
552 indolepropionate, also resultant from tryptophan catabolism, which has  
553 antioxidant properties and was recently associated with lower risk of developing  
554 type 2 diabetes mellitus (52). No correlation has been reported between CHM

555 and diabetes, but these results suggest close monitoring of patients for insulin  
556 insufficiency.

557

558 Melatonin levels could not be detected in this study, however, it has recently been  
559 hypothesized as a potential antioxidant treatment for age-related macular  
560 degeneration (AMD), by reducing oxidative stress, inflammation and apoptosis in  
561 the retina (53). AMD aetiology has been compared to CHM and recent  
562 metabolomic studies also revealed mitochondrial deficiency, as well as systemic  
563 carnitine and glutamine pathway defects (54-56). Furthermore, Lains *et al*  
564 showed decreased glycerophospholipids levels, particularly GPC, in AMD  
565 plasma samples (56). CHM and AMD may share a common metabolome, hence,  
566 the possible role of both serotonin and melatonin in the retina and RPE should  
567 be further elucidated, possibly opening new therapeutic avenues.

568

569 The cytochrome P450 superfamily are a key family of monooxygenase enzymes  
570 involved in metabolism of endogenous molecules, such as steroids and fatty  
571 acids. Several of the metabolites that differed between CHM and control groups  
572 were connected to liver cytochrome activity including reduced bilirubin and  
573 increased urobilin. As heme levels were not significantly different, activity of heme  
574 oxygenase I (HO-1), a rate limiting enzyme of heme catabolism, may have been  
575 impaired. Interestingly, HO-1 was found to be increased after mevalonate  
576 pathway inhibition using statins in mice macrophages; this change was  
577 dependent on prenylation, since addition of FPP or GGPP partially reversed this  
578 elevation (57).

579

580 Aside from the major metabolic perturbations discussed, there were other  
581 differentially identified metabolites of interest, such as ornithine, which was  
582 significantly increased (1.13-fold) in CHM. Ornithine is produced in the urea cycle  
583 by the splitting off of urea from arginine. Mutations in ornithine aminotransferase  
584 (OAT) cause gyrate atrophy (GA) (OMIM 258870), which is characterised by  
585 increased ornithine serum levels and has a similar clinical phenotype to CHM,  
586 with patients presenting with night blindness and progressive chorioretinal  
587 atrophy, eventually leading to blindness (58). Ornithine is toxic to the RPE and  
588 retina, thus lowering dietary intake can delay further retinal degeneration (59). No  
589 major systemic phenotypes are known to be associated with gyrate atrophy, but  
590 the increased ornithine levels in both disease groups suggest a close relationship  
591 between REP1 and OAT. Patients may benefit from dietary advice to reduce  
592 ornithine intake to prevent possible disease exacerbation.

593

594 Collectively, these results provide novel insights into the systemic derangements  
595 in CHM that occur due to disruption of REP1 activity. CHM is unlikely to be an  
596 isolated retinal dystrophy due to the ubiquitous expression of REP1. To date,  
597 accumulation of unprenylated Rab proteins is the only disease mechanism  
598 described in CHM, but this study proposes putative new enzymes, such as  
599 FALDH, cytochrome P450, monoamine or heme oxygenases, that could be  
600 targets of systemic REP1. The metabolic perturbations must be considered as  
601 pre-symptomatic risk factors for more chronic systemic involvement. Further  
602 long-term natural history studies are required into CHM and ageing to determine  
603 the prevalence of multisystemic manifestations. Therapeutic approaches could  
604 be developed for these modifiable risk factors, such as repurposing the S1P

605 receptor functional antagonist, fingolimod, to counter the effects of S1P  
606 accumulation in CHM. Use of in vitro and in vivo choroideremia disease models  
607 will also prove fundamental to establish the connection between the compounds  
608 described herein and REP1 function, providing new pathomechanisms in CHM,  
609 currently not completely understood.

610

611

## 612 Methods

613

### 614 **CLINICAL EVALUATION**

615 Twenty-five unrelated patients under Moorfields Eye Hospital NHS Foundation  
616 Trust, London, UK, with clinically diagnosed choroideremia and molecularly  
617 confirmed *CHM* hemizygous mutations were included in this study, together with  
618 25 age- and gender- matched controls. A detailed ocular and medical history was  
619 taken with comprehensive ophthalmic examination as part of routine care  
620 (Supplementary Table 1). ETDRS best-corrected visual acuity (BCVA) was  
621 measured. Patients with clinical history of diabetes, hypercholesterolemia or drug  
622 history of taking statins or any other medications were a strict exclusion criteria.

623

### 624 **ASSESSMENT OF DIETARY INTAKE**

625 All CHM patients and control subjects were asked to complete a food frequency  
626 questionnaire (FFQ) on their average consumption of various foods and drinks  
627 over the past 12 months. The validated FFQ comprised a list of 147 food items  
628 and participants were asked to indicate their usual consumption from one of nine  
629 frequency categories ranging from “never or less than once per month” to “six or  
630 more times per day” (60). Individuals would have been excluded if their answers  
631 to >10 items had been left blank, but this was not true for any of the participants.  
632 Nutrients were calculated using the UK Nutrient Database (61).

633

### 634 **SAMPLE COLLECTION**

635 Blood plasma samples were collected from non-fasting CHM patients and age-  
636 and gender-matched healthy individuals (n=25 per group), between 9-11 am.

637 Plasma was extracted by centrifuging whole blood at 2000 rpm for 15 min at room  
638 temperature. Extracted plasma samples were aliquoted and stored at -80 °C.  
639 Samples that had not previously been thawed were shipped on dry ice to  
640 Metabolon Inc (Durham, NC, USA).

641

#### 642 **METABOLOMICS ANALYSIS**

643 Blood plasma metabolite extractions for Ultrahigh Performance Liquid  
644 Chromatography-Tandem Mass Spectrometry (UPLC-MS/MS) were completed  
645 by Metabolon Inc (Durham, NC, USA), according to the protocol described in  
646 Supplementary Materials and Methods.

647

#### 648 **METABOLIC PATHWAY NETWORKS AND ANALYSIS**

649 To visualise and analyse small molecules within relevant networks of metabolic  
650 pathways, the detected metabolites in CHM patient and healthy control study  
651 groups were subjected to MetaboLync pathway analysis (MPA) software  
652 (portal.metabolon.com). Significantly altered pathways were determined by  
653 completing pathway set enrichment analysis within MPA software which was  
654 determined by the following equation:

655 *# of significant metabolites in pathway (k)/ total # of detected metabolites in*  
656 *pathway (m)/ total # of significant metabolites (n)/ total # of detected metabolites*  
657 *(N) or (k/m)/(n/N).*

658 A pathway impact score greater than one indicated that the pathway contained a  
659 higher number of experimentally regulated compounds relative to the overall  
660 study in CHM patients relative to controls.

661

662           **ZEBRAFISH HUSBANDRY**

663    The wt AB (wildtype) and *chm<sup>ru848</sup>* embryos were generated by natural pair-wise  
664    matings of identified heterozygous carriers. Embryos were raised at 28.5 °C on a  
665    14-hr light/10-hr dark cycle in a 90mm petri dish containing aquarium water. The  
666    developmental stages are given in hours/days post-fertilization (hpf/dpf),  
667    according to morphological criteria (62).

668

669           **SIMVASTATIN & FENOFIBRATE DOSING OF ZEBRAFISH**

670    For all the dosing, the drugs were prepared in aquarium water. The *chm<sup>ru848</sup>*  
671    mutant embryos were dechorionated at 10hpf and treated at 24hpf with either  
672    0.3nM Simvastatin or 700nM Fenofibrate (63-65). The embryos were treated with  
673    a fresh dose of the drug(s) every 24 hours and as a positive control, an equal  
674    number of *chm<sup>ru848</sup>* mutant embryos were kept in drug-free aquarium water.  
675    Survival of mutant larvae was recorded in days, n = 50 for each treatment group.

676

677           **CHOLESTEROL ASSAY**

678    Whole-body cholesterol was determined using the Amplex Red Cholesterol  
679    Assay kit (Life Technologies, CA, USA) according to the manufacturer's  
680    instructions. Pools of 5 wt AB and *chm<sup>ru848</sup>* embryos per condition were collected  
681    and homogenized in sample buffer on ice. Cholesterol concentrations were  
682    measured using a TECAN microplate spectrofluorometer with an excitation  
683    wavelength of 545nm and an emission wavelength of 590nm. Concentrations  
684    were quantified using authentic cholesterol standards (provided in the kit) and  
685    estimated based on a gradient dilution of the cholesterol standards.

686

687

## **RETINAL HISTOLOGY & WHOLEMOUNT MORPHOLOGY**

688 Retinal and wholemount morphology analyses were performed as previously  
689 described (21). All images were edited using ImageJ (NIH, USA).

690

691

## **LIPIDOMIC ANALYSIS OF ZEBRAFISH**

692 Ten zebrafish were pooled for each sample (with 4 biological samples in total).  
693 Homogenisation to smooth emulsion was achieved by sonication of each pool in  
694 100  $\mu$ L water. Liquid-liquid extraction of this emulsion was performed similar to  
695 Izzzi-Engbeaya et al (66). In brief, homogenised pool was mixed with isopropanol  
696 (IPA) spiked with internal standards 1:4 (V/V) in a microcentrifuge tube, incubated  
697 at 4°C with shaking at 1400 rpm for 2h, followed by centrifugation for 10 min at  
698 3680g at 4°C, and the supernatant used for injection. LC-MS data were acquired  
699 as previously described (66). Feature extraction from LC-MS lipid positive and  
700 negative ion modes spectra was performed in XCMS (67) and by in-house scripts.  
701 Lipid annotation was achieved by tandem mass spectrometry acquisition (MSMS)  
702 followed by matching to inhouse and online databases. Measurement of pre-  
703 defined lipid of interests were detected, integrated and reported using an in-house  
704 open source package (<https://doi.org/10.5281/zenodo.3523406>).

705

706

## **STATISTICAL ANALYSIS**

707 Mann-Whitney tests were used to compare age and dietary variables between  
708 patients and controls. Metabolite profiles in CHM patients and controls were  
709 quantified in terms of relative abundance and median scaled to 1. Following log  
710 transformation and imputation of missing values, if any, with the minimum  
711 observed value for each compound imputed, statistical analyses were performed

712 using ArrayStudio (Omicsoft, Cary, NC, USA) or R version 2.14.2 ([https://www.r-](https://www.r-project.org/)  
713 [project.org/](https://www.r-project.org/)). Metabolite profile distinctions between CHM patients and healthy  
714 individuals were evaluated by matched pair *t* tests. An estimate of the false  
715 discovery rate (*q* value) was calculated and a threshold of  $q \leq 0.10$  was used to  
716 correct for false discovery of statistically significant compounds. Fold change (FC)  
717 was determined by dividing the relative abundance of each metabolite in the CHM  
718 patients blood plasma by the relative abundance of the metabolite in the blood  
719 plasma of healthy control individuals. FC values with  $p \leq 0.05$  with  $q \leq 0.10$  were  
720 considered statistically significant, while FC values with  $0.05 < p < 0.10$  were  
721 considered as trending towards significance.

722 For zebrafish survival and cholesterol measurements, significance was  
723 calculated by One-way ANOVA. For lipidomic analysis, means and standard  
724 deviations were calculated using 10 fish per group ( $n=4$ ). Statistical analysis was  
725 performed by One-way ANOVA using GraphPad Prism 8 v8.4.2 (GraphPad  
726 software, CA, USA; <https://www.graphpad.com/>).

727 Multivariate statistical analysis for lipidomic profiling of zebrafish (i.e. Principal  
728 Component Analysis (PCA)) was based upon the XCMS datasets from LC-MS  
729 spectra of zebrafish extracts and was performed using MATLAB based  
730 PLS\_Toolbox version 8.7.1 (2019) (Eigenvector Research, Inc., WA, USA;  
731 <http://www.eigenvector.com>).

732

### 733 **STUDY APPROVAL**

734 The study protocol adhered to the tenets of the Declaration of Helsinki and  
735 received approval from Moorfields Eye Hospital NHS Foundation Trust and the

736 National Research Ethics Committee (REC12/LO/0141). Written informed  
737 consent was obtained from all participants prior to their inclusion in this study.  
738 Zebrafish (wt AB and *chm<sup>ru848</sup>*) were bred and maintained in the University  
739 College London animal facility according to standard protocols and the guidelines  
740 of the ARVO Statement for the Use of Animals in Ophthalmic and Vision  
741 Research (68).  
742  
743

744 **AUTHOR CONTRIBUTIONS**

745 DLC analysed the human and zebrafish data, performed statistical analysis and wrote  
746 the original draft; RR collected samples and wrote the first draft; DTW collected samples,  
747 performed zebrafish experiments and analysed data; AM and AA performed clinical  
748 evaluation of patients; VHvdS and PT performed target lipidomics and preliminary data  
749 analysis; NO contributed to data analysis; JS and AW conducted nutritional assessment  
750 of all participants; MM conducted the study, analysed data, acquired funding and wrote  
751 the manuscript. All authors reviewed and approved the manuscript before submission.

752

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766

767 **COMPETING INTERESTS**

768 The authors have declared that no conflict of interest exists.

769

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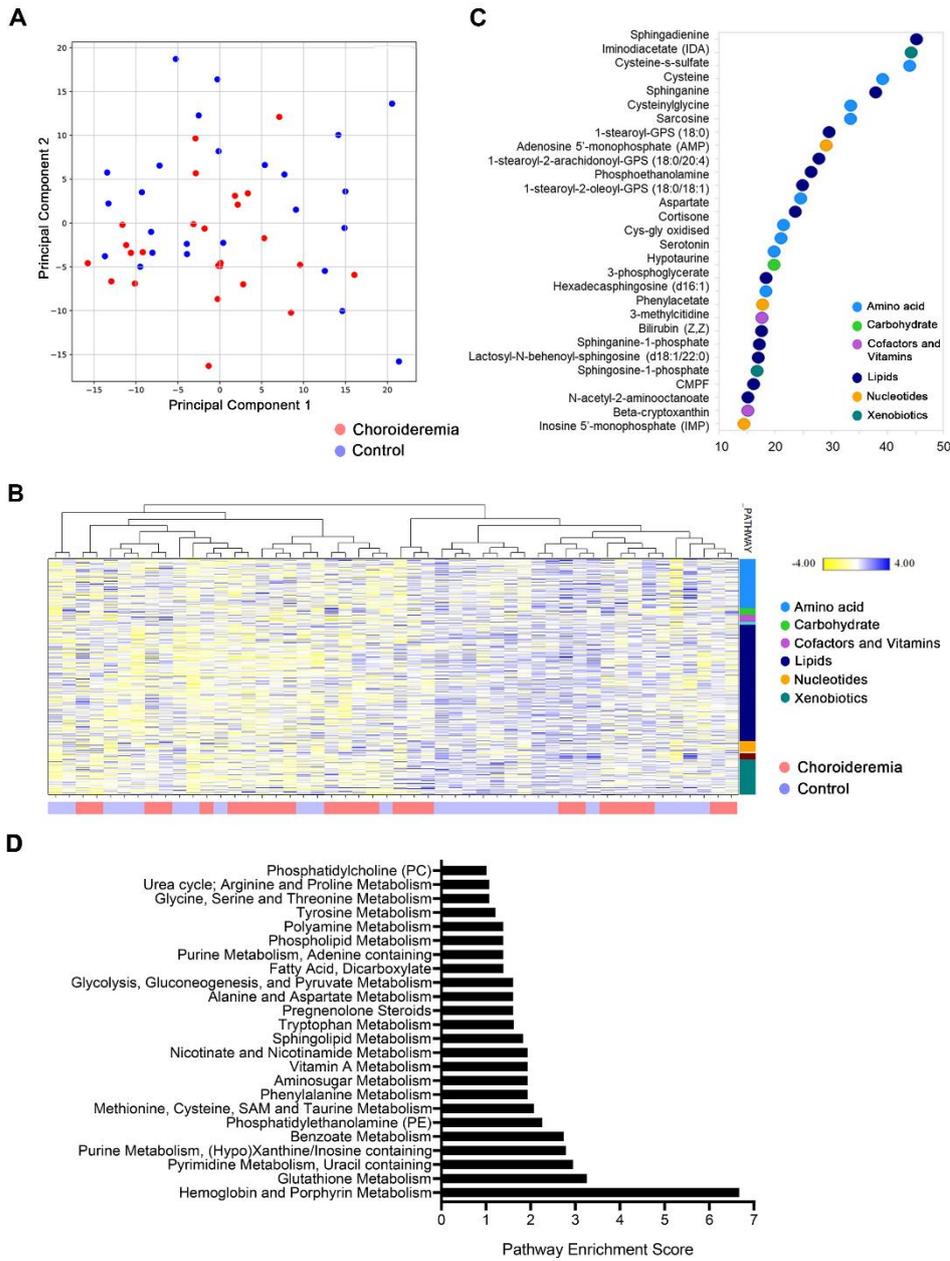
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- 979

980 **FIGURE LEGENDS**



981

982 **Figure 1. Global metabolomic analysis of choroideremia (CHM) patients versus age- and**

983 **gender-matched controls** (A) Principal component analysis (PCA). Control and CHM samples

984 are represented as blue and red circles, respectively (n=25 each group). (B) Cluster analysis of

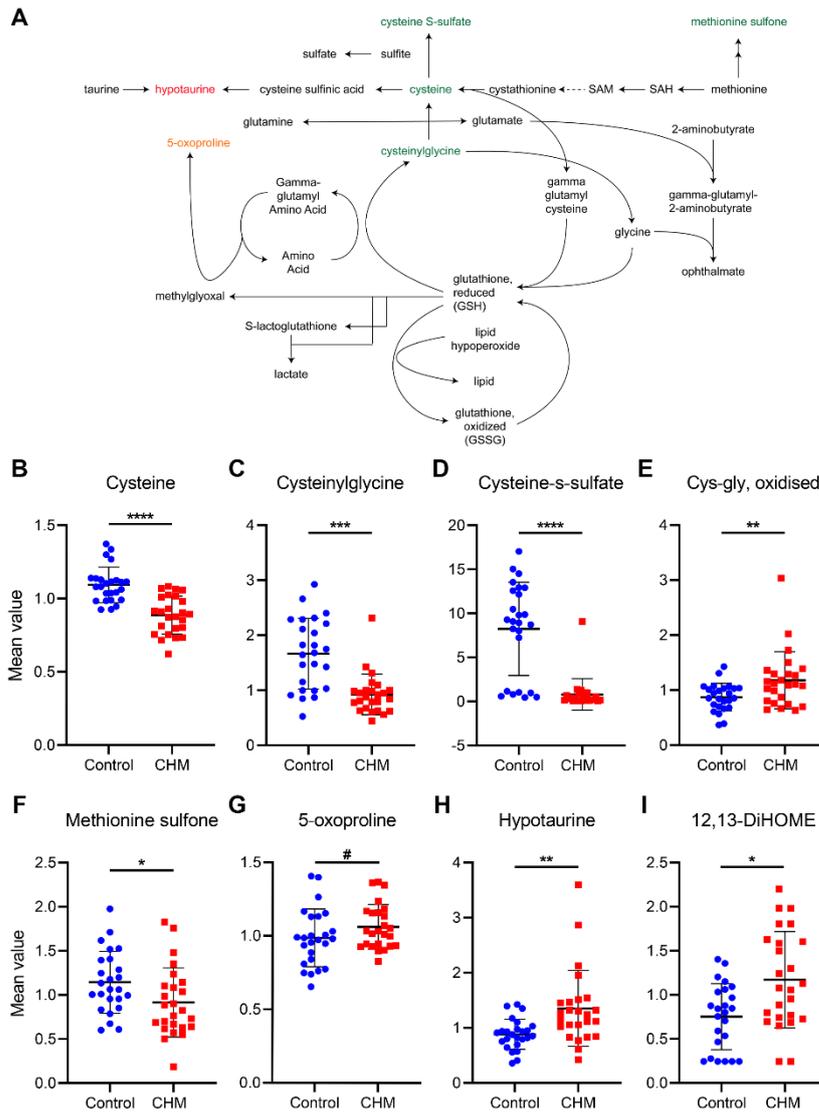
985 control and CHM samples show no clear separation between groups. (C) Top 30 metabolites

986 detected by Random forest analysis based on importance to group separation. (D) Pathway

987 analysis calculated using MetaboLync pathway analysis (MPA) software. Pathways with MPA

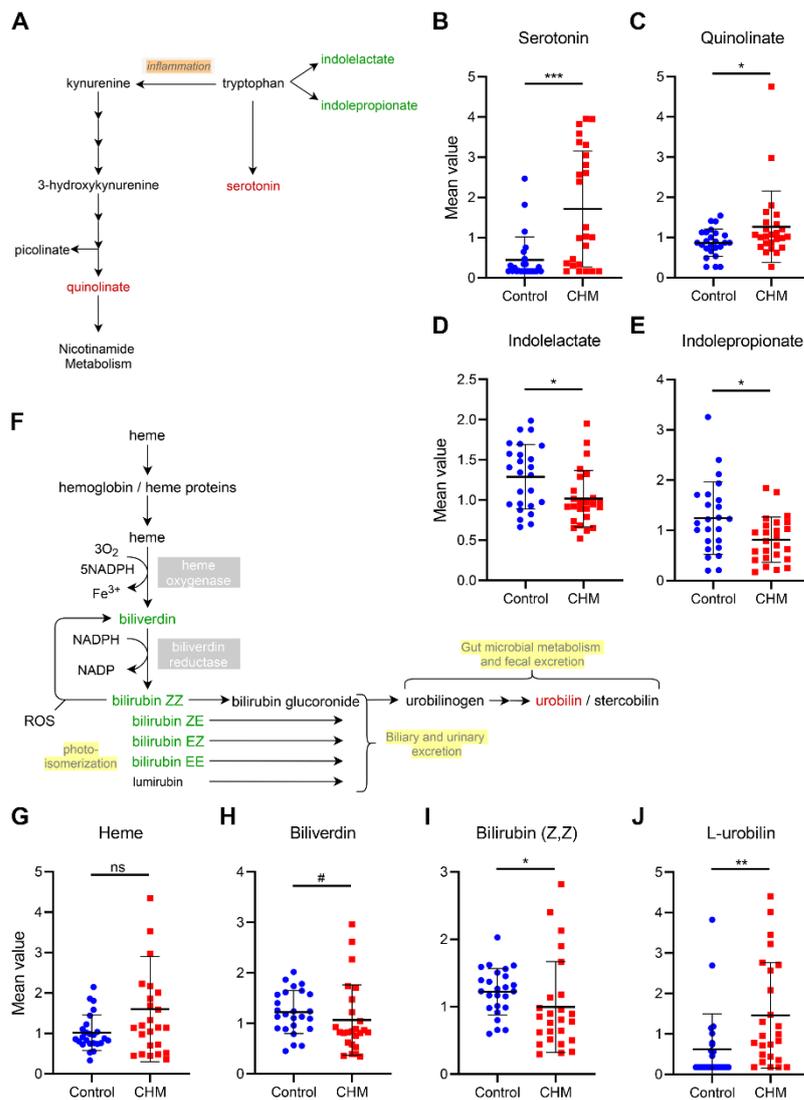
988 Score higher than 1 were considered.

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990

991 **Figure 2. CHM patients exhibit evidence of increased oxidative stress.** (A) Schematic of the  
 992 glutathione metabolism pathway, where several compounds were found to be increased (red) or  
 993 decreased (green) in CHM patients compared to controls. Significantly altered metabolites ( $p \leq$   
 994 0.05) are highlighted in bold, to distinguish from those with trending significance ( $0.05 < p \leq 0.1$ ).  
 995 (B-I) Scatter dot plots of specific metabolites indicating the mean  $\pm$  SD levels in CHM patient  
 996 samples (red) and control samples (blue) ( $n=25$ ).  $p$  value was determined using matched pair  $t$   
 997 tests: #  $0.05 < p \leq 0.1$ , \*  $p \leq 0.05$ , \*\*  $p \leq 0.01$ , \*\*\*  $p \leq 0.001$ , \*\*\*\*  $p \leq 0.0001$ .



998

999

**Figure 3. Alterations in tryptophan and haemoglobin metabolism pathways in CHM**

1000

**patients.** (A) Pathway schematics and altered metabolites in tryptophan metabolism with

1001

decreased metabolites in green and increased in red. (B-E) Scatter dot plots of altered

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metabolites showing control (blue) and CHM (red) groups with mean  $\pm$  SD (n=25). (F) Schematic

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representation in the Haemoglobin/ Heme metabolism pathway with decreased metabolites

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shown in green and increased metabolites in red. (G-J) Scatter dot plots of altered metabolites

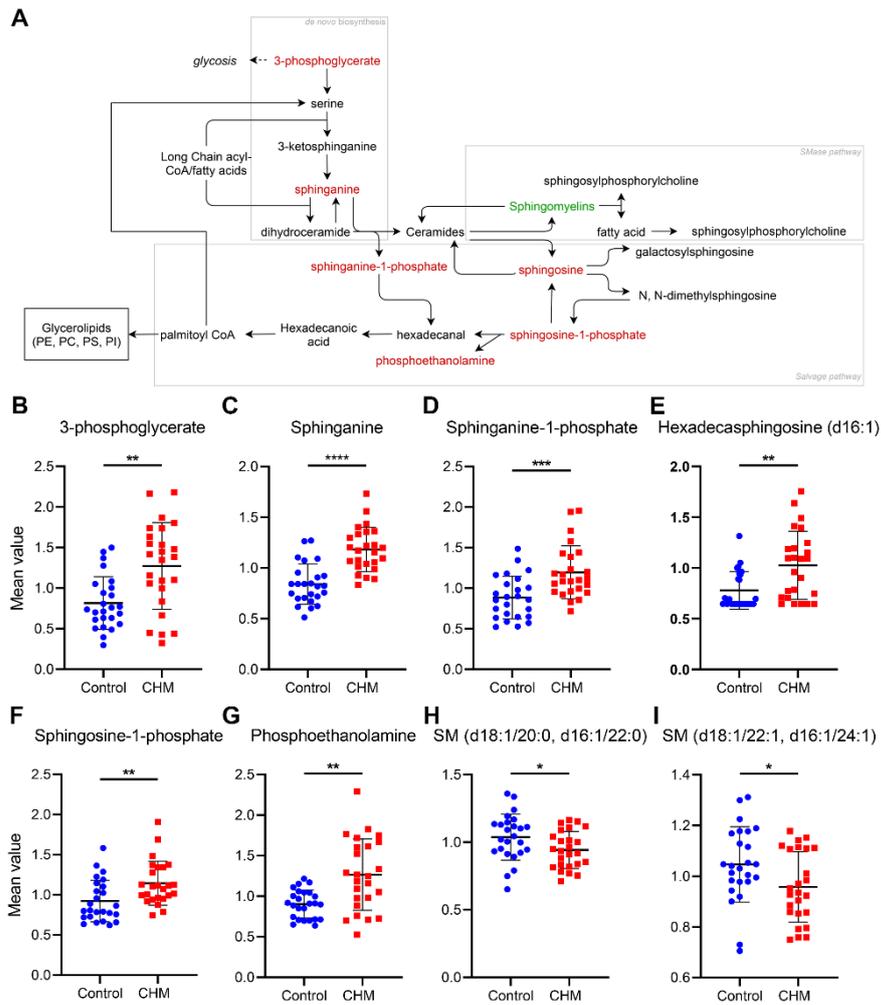
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showing control (blue) and CHM (red) groups with mean  $\pm$  SD (n=25). *p* value was determined

1006

using matched pair *t* tests: *ns* not significant, #  $0.05 < p \leq 0.1$ , \*  $p \leq 0.05$ , \*\*  $p \leq 0.01$ , \*\*\*  $p \leq 0.001$ .

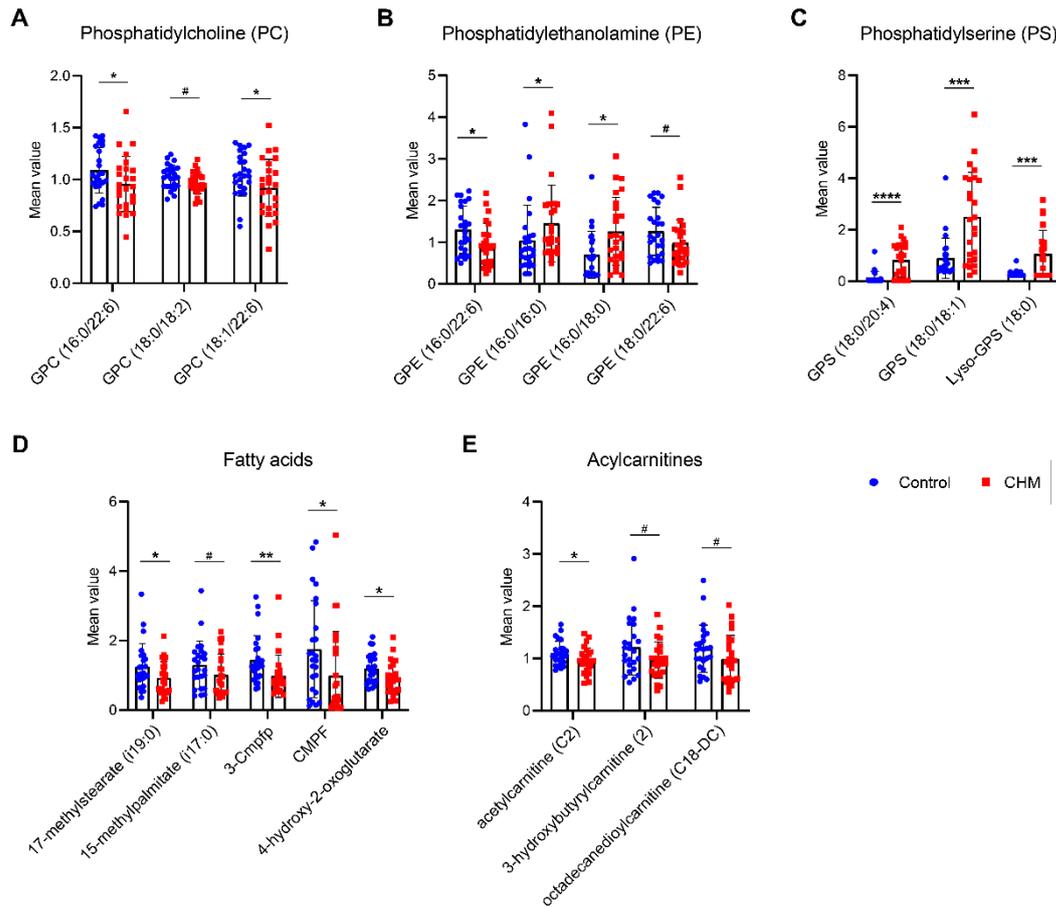
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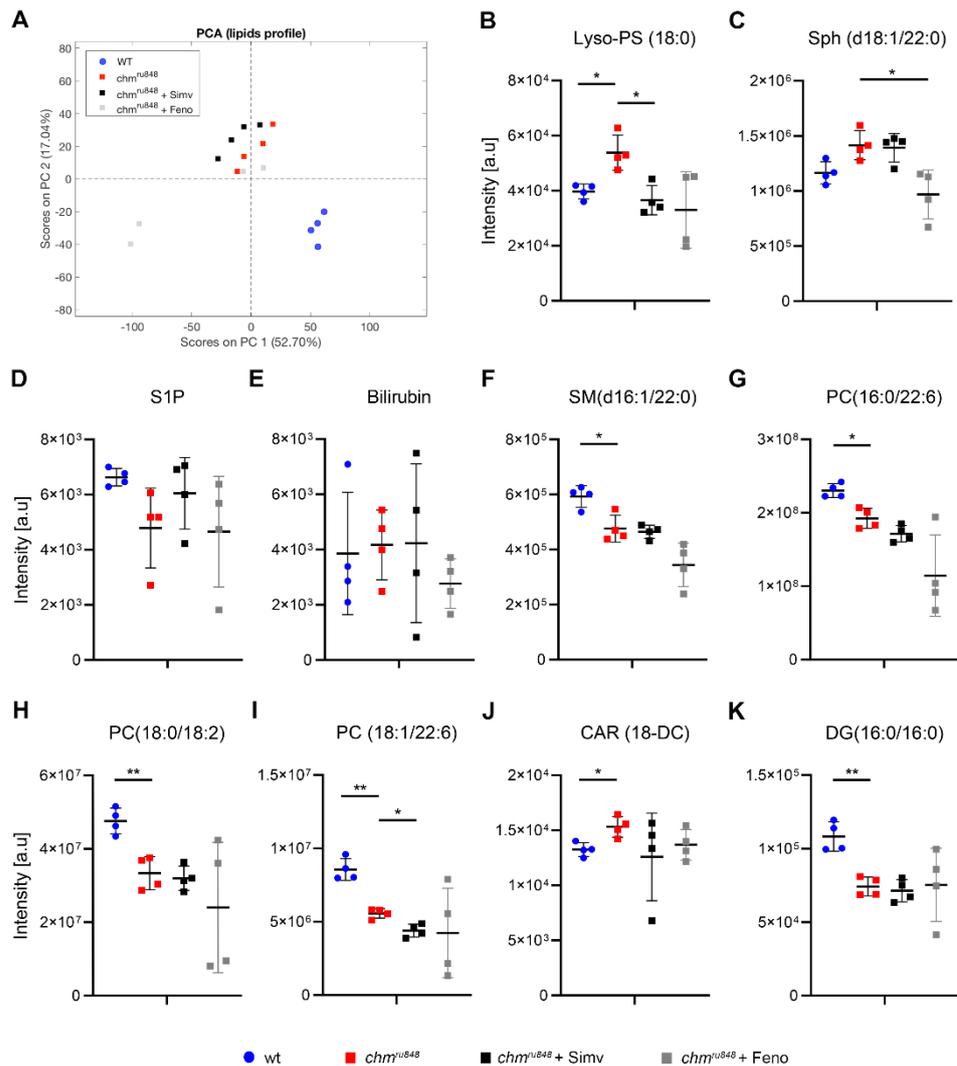
1009 **Figure 4. Disturbance of sphingolipid metabolism in CHM patients.** A) General sphingolipid  
 1010 metabolism pathway with compounds differentially detected in CHM patients highlighted in red  
 1011 (increased) or green (decreased) compared to control levels. B-I) Scatter dot plots of key  
 1012 metabolite levels in both control (blue) and choroideremia (red) plasma samples. Lines indicate  
 1013 mean  $\pm$  SD (n=25). *p* value was determined using matched pair *t* tests: \* *p*  $\leq$  0.05, \*\* *p*  $\leq$  0.01,  
 1014 \*\*\* *p*  $\leq$  0.001, \*\*\*\* *p*  $\leq$  0.0001. Abbreviations: SM, sphingomyelin.

1015



1016

1017 **Figure 5. Metabolites involved in lipid metabolism subclasses differentially detected in**  
 1018 **CHM patients.** Bars represent mean  $\pm$  SD of control (blue) and choroideremia (red) plasma  
 1019 samples ( $n=25$ ).  $p$  value was determined using matched pair  $t$  tests: \*  $p \leq 0.05$ , \*\*  $p \leq 0.01$ , \*\*\*  $p$   
 1020  $\leq 0.001$ , \*\*\*\*  $p \leq 0.0001$ . Abbreviations: GPC, glycerophosphocholine; GPE,  
 1021 glycerophosphoethanolamine; GPS, glycerophosphoserine; 3-Cmpfp, 3-carboxy-4-methyl-5-  
 1022 pentyl-2-furanpropionate; CMPF, 3-carboxy-4-methyl-5-propyl-2-furanpropanoate.



1023

1024 **Figure 6. Lipidomic profiles of zebrafish: wildtype (wt), *chm* mutant (*chm<sup>ru848</sup>*) untreated,**

1025 **treated with Simvastatin or Fenofibrate. (A)** PCA analysis of day 6 *chm<sup>ru848</sup>* mutant fish

1026 untreated (red squares), treated with 0.3nM Simvastatin (black squares) or 700nM Fenofibrate

1027 (grey squares), compared to wt fish (blue circles). (B-K) Scatter dot plots with key metabolites

1028 shared with human plasma metabolites and respective levels detected in all groups. Lines indicate

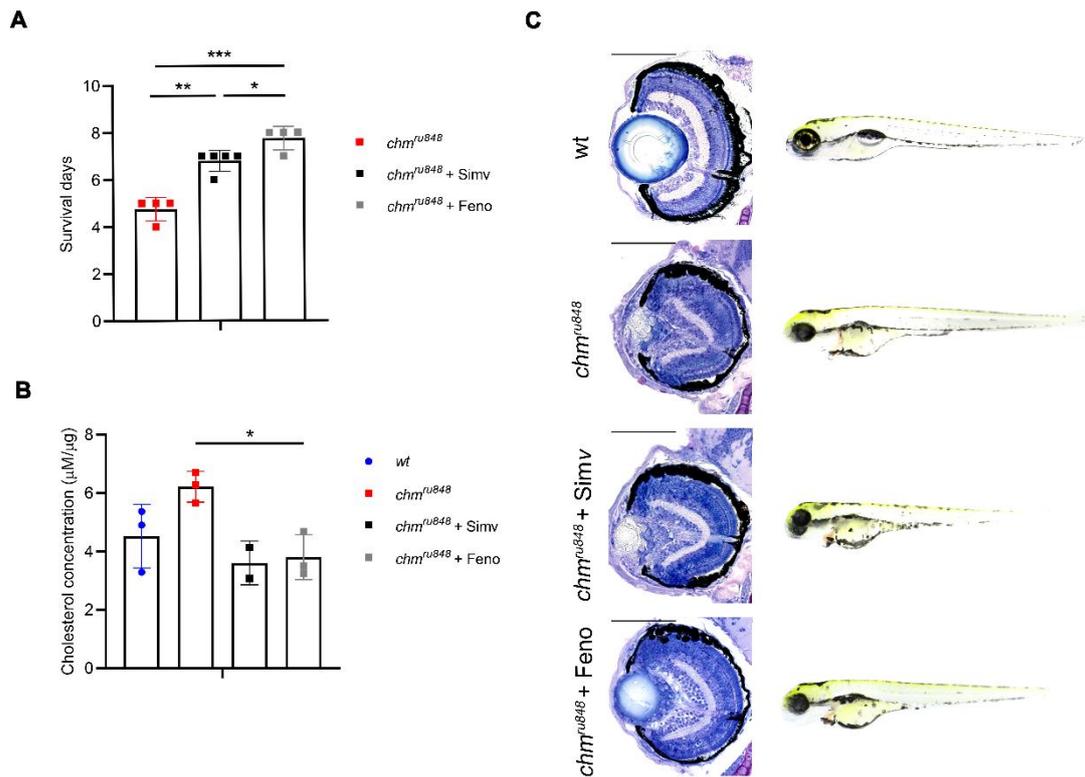
1029 mean ± SD (n=4, 10 fish per group). *p* value was determined using One-way ANOVA \* *p* ≤ 0.05,

1030 \*\* *p* ≤ 0.01. Abbreviations: a.u., arbitrary units; Lyso-PS, lysophosphoserine/ 1-stearoyl-GPS;

1031 Sph(d18:1/22:0), lactosyl-N-behenoyl-sphingosine; S1P, sphingosine-1-phosphate; CAR,

1032 carnitine; PC, phosphatidylcholine; SM, sphingomyelin.

1033



1034

1035 **Figure 7. Characterisation of *chm<sup>ru848</sup>* zebrafish treated daily with 0.3nM Simvastatin or**

1036 **700nM Fenofibrate from 24 hours post fertilisation. (A) Survival days of *chm<sup>ru848</sup>* fish untreated**

1037 **(red), treated with Simvastatin (black) and Fenofibrate (grey) (n=4, 50 fish per group). (B) Average**

1038 **levels of cholesterol (μM per μg of protein) in wt fish (blue circles), and *chm<sup>ru848</sup>* zebrafish**

1039 **untreated (red squares), treated with Simvastatin (black squares) and with Fenofibrate (grey**

1040 **squares) at 6 days post fertilisation (dpf) (n ≥ 2, 5 fish per condition). Data represent mean ± SD.**

1041 **(C) Retinal sections and wholemount morphology of wt, untreated *chm<sup>ru848</sup>* fish, and *chm<sup>ru848</sup>* fish**

1042 **treated with Simvastatin and Fenofibrate at 6dpf. Scale bar 100μm. *p* value was determined using**

1043 **One-way ANOVA. \* *p* ≤ 0.05, \*\* *p* ≤ 0.01, \*\*\* *p* ≤ 0.001.**