

1 **Brain MRI and ophthalmic biomarkers of intracranial pressure**

2

3 **Authors:**

4 Linda D'Antona, MD, MBBS; Hasan Asif, MRCS; Claudia Louise Craven, M.Sc., MRCS;

5 James Alexander McHugh, FRCOphth; Anna Vassiliou, B.Sc.; Lewis Thorne, FRCS

6 Neurosurgery; Manjit Singh Matharu, PhD, FRCP; Laurence Dale Watkins, MD, FRCS

7 Neurosurgery; Fion Bremner, PhD, FRCOphth; Ahmed Kassem Toma, MD, FRCS

8 Neurosurgery

9

10 **Affiliations:**

11 Linda D'Antona, National Hospital for Neurology and Neurosurgery, Victor Horsley

12 Department of Neurosurgery, London, UK and UCL Queen Square Institute of Neurology,

13 London, UK

14 Hasan Asif, National Hospital for Neurology and Neurosurgery, Victor Horsley Department
15 of Neurosurgery, London, UK

16 Claudia Louise Craven, National Hospital for Neurology and Neurosurgery, Victor Horsley
17 Department of Neurosurgery, London, UK

18 James Alexander McHugh, King's College Hospital NHS Foundation Trust, Department of
19 Ophthalmology, London, UK

20 Anna Vassiliou, National Hospital for Neurology and Neurosurgery, Victor Horsley
21 Department of Neurosurgery, London, UK

22 Lewis Thorne, National Hospital for Neurology and Neurosurgery, Victor Horsley
23 Department of Neurosurgery, London, UK

24 Manjit Singh Matharu, National Hospital for Neurology and Neurosurgery, Headache and
25 Facial Pain Group, London, UK and UCL Queen Square Institute of Neurology, London

26 Laurence Dale Watkins, National Hospital for Neurology and Neurosurgery, Victor Horsley
27 Department of Neurosurgery, London, UK and UCL Queen Square Institute of Neurology,
28 London, UK
29 Fion Bremner, National Hospital for Neurology and Neurosurgery, Department of Neuro-
30 Ophthalmology, London, UK and UCL Queen Square Institute of Neurology, London, UK
31 Ahmed Kassem Toma, National Hospital for Neurology and Neurosurgery, Victor Horsley
32 Department of Neurosurgery, London, UK and UCL Queen Square Institute of Neurology,
33 London, UK

34

35 **Search terms:**

36 All Clinical Neurology [14], Idiopathic Intracranial Hypertension [104], Secondary Headache
37 Disorders [107], MRI [120], All Neuro-ophthalmology [186]

38

39 **Publication History:**

40 This manuscript was not previously published.

41

42 Date of Revision: **13/12/2020**

43 Submission Type: **Article**

44 Title Character count: **60**

45 Number of Tables: **2**

46 Number of Figures: **5**

47 Number of References: **25**

48 Word Count of Abstract: **250**

49 Word Count of Paper: **3,330**

50

51 **Corresponding author:**

52 Dr Linda D'Antona

53 Box 32, Victor Horsley Department of Neurosurgery, The National Hospital for Neurology

54 and Neurosurgery, Queen Square, London, UK, WC1N 3BG.

55 *Phone:* +4407462906272

56 *Email:* linda.d'antona@nhs.net

57

58 **Financial Disclosures:**

59 LD is supported by an NIHR Academic Clinical Fellowship and was the recipient of a
60 research fellowship sponsored by B.Braun. LDW has received honoraria from and served on
61 advisory boards for Medtronic, B.Braun and Codman. MSM serves on the advisory board for
62 Allergan, Novartis, Eli Lilly, Autonomic Technologies Inc and TEVA and has received
63 payment for the development of educational presentations from Allergan, electroCore, Eli
64 Lilly, Novartis and TEVA. AKT research time was supported by the National Institute for
65 Health Research University College London Hospitals Biomedical Research Centre. HA,
66 CLC, JAM, AV, LT and FB report no disclosures.

67

68 **Statistical Analysis** conducted by Dr Linda D'Antona, MD MBBS, National Hospital for
69 Neurology and Neurosurgery, Victor Horsley Department of Neurosurgery, London, UK

70

71 **Funding:** No funding was received for the conduct of this study.

72

73 **Meeting Presentations:**

74 Portions of this work were presented in abstract and oral presentation form at the Ninth

75 Meeting of the International Society for Hydrocephalus and Cerebrospinal Fluid Disorders

76 (23/09/2017; Kobe, Japan), the Tenth Meeting of the International Society for Hydrocephalus
77 and Cerebrospinal Fluid Disorders (20/10/2018; Bologna, Italy), the 13th EUNOS Congress
78 (12/09/2017; Budapest, Hungary) and the Society of British Neurological Surgeons 2018
79 Spring Meeting (13/04/2018; Torquay, United Kingdom).

80

81

82

83

84

85

86

87

88

89

90

91

92

93

94

95

96

97

98

99

100

101 **ABSTRACT**

102

103 **Objective:**

104 To evaluate the utility of brain MRI and ophthalmic biomarkers for the prediction of
105 intracranial hypertension, we have studied the association between six biomarkers and 24-
106 hour intracranial pressure (ICP) monitoring results in 45 patients.

107

108 **Methods:**

109 This single-centre observational study includes patients who underwent 24-hour ICP
110 monitoring, brain MRI (within three months) and ophthalmic assessment (during ICP
111 monitoring). Six biomarkers were investigated: pituitary gland shape, vertical tortuosity of
112 the optic nerve, distension of the optic nerve sheath, optic disc protrusion (MRI),
113 papilloedema (slit lamp biomicroscopy) and spontaneous venous pulsations (SVP, infrared
114 video recordings).

115

116 **Results:**

117 Forty-five patients (mean age 39 ± 14 SD, 38 females) met the inclusion criteria. All 6
118 biomarkers had a significant association with 24-hour ICP. Concave pituitary gland was
119 observed with moderately elevated median ICP. Protrusion of the optic disc (MRI),
120 papilloedema and absence of SVP were associated with the highest median ICP values.
121 Twenty patients had raised ICP (median 24-hour ICP > 5.96 mmHg, cut-off obtained through
122 Youden index calculation). Patients with all normal biomarkers had normal median ICP in
123 94% (St.Err.=6%) of the cases. All the patients with 3 or more abnormal biomarkers had
124 intracranial hypertension. The combination of at least one abnormal biomarker in MRI and

125 ophthalmic assessments was highly suggestive of intracranial hypertension (AUC 0.94, 95%
126 CI 0.93-0.94)

127

128 **Conclusions:**

129 Brain MRI and ophthalmic biomarkers can non-invasively guide the management of patients
130 with suspected CSF dynamics abnormalities. Patients with multiple abnormal biomarkers
131 (≥ 3) or a combination of abnormal MRI and ophthalmic biomarkers are likely to have
132 intracranial hypertension and should be managed promptly.

133

134

135

136

137

138

139

140

141

142

143

144

145

146

147

148

149

150 **INTRODUCTION**

151

152 Intracranial pressure (ICP) is an important physiological parameter and its measurement
153 assists clinicians in the diagnosis and management of a variety of diseases. To this date, ICP
154 assessment still requires invasive methods including lumbar punctures and intraparenchymal
155 ICP monitoring with intracranial bolts. Several non-invasive methods to detect intracranial
156 hypertension have been suggested, however, none of these techniques has yet been able to
157 replace invasive ICP measurements ¹⁻³.

158 Brain MRIs and ophthalmic exams are non-invasive assessments commonly performed in
159 elective patients with suspected raised ICP and are accessible in most non-emergency clinical
160 settings. Brain MRI markers such as the shape of the pituitary gland, vertical tortuosity of the
161 optic nerves and distension of the optic nerve sheath can be useful signs of raised ICP in
162 patients with Idiopathic Intracranial Hypertension (IIH) ⁴⁻¹². In addition to the presence of
163 papilloedema ¹³, the absence of spontaneous venous pulsations (SVP) on infrared
164 videography has been shown to have a strong correlation with raised ICP and represents a
165 good ophthalmic marker for the prediction of intracranial hypertension ¹⁴.

166 Previous studies have separately looked at ophthalmic or brain MRI correlates of ICP and in
167 most cases relied on lumbar punctures for the measurement of ICP. To our knowledge this is
168 the first study assessing both brain MRI and ophthalmic biomarkers of ICP in a population of
169 patients undergoing elective 24-hour ICP monitoring for suspected cerebrospinal fluid (CSF)
170 dynamics abnormalities. The primary objective of this study is to identify which biomarkers
171 are associated with the highest levels of ICP, and the secondary objective is to determine
172 which biomarkers have the best positive and negative predictive values for detecting elevated
173 ICP.

174

175 **METHODS**

176

177 This is a single centre retrospective observational study conducted at the National Hospital
178 for Neurology and Neurosurgery (London, UK).

179

180 **Standard Protocol Approvals, Registrations, and Patient Consents**

181 This study has been approved by the North East-Newcastle & North Tyneside 2 Research
182 Ethics Committee and the Health Research Authority (20/NE/0127). Due to its retrospective
183 nature, written consent was waived.

184

185 **Participants**

186 This study includes a consecutive series of patients investigated with elective 24-hour ICP
187 monitoring in the period between January 2017 and February 2020. We searched our ICP
188 monitoring database to identify patients meeting the following eligibility criteria: (i)
189 investigated with elective 24-hour ICP monitoring for suspected CSF dynamics disorder (e.g.
190 IIH, Chiari, hydrocephalus, spontaneous intracranial hypotension, shunt malfunction), (ii)
191 brain MRI performed within 3 months of the ICP monitoring with no intervention performed
192 in between events and (iii) ophthalmic examination performed by an ophthalmologist during
193 the 24-hour ICP monitoring period including assessment of papilloedema (by slitlamp
194 biomicroscopy) and SVP (by infrared video recordings)^{14, 15}.

195

196 **ICP monitoring**

197 The clinical indications for 24-hour ICP monitoring were routinely discussed within a
198 multidisciplinary team including neurosurgeons, neurologists and ophthalmologists. ICP
199 monitoring was performed according to an established standardised protocol^{16, 17}. On the

200 morning of admission, the patients had a right frontal intraparenchymal ICP measuring sensor
201 inserted in the operating theatre under local anaesthesia. High frequency ICP data (100 Hz)
202 were collected for a continuous period of 24 hours. During the daytime monitoring period,
203 patients were encouraged to mobilise to simulate their usual level of activity. At the end of
204 the 24 hours, the ICP raw data were downloaded and processed through the software ICM+©
205 (University of Cambridge, UK). This analysis resulted in a mean ICP value for each minute
206 of recording (minute-by-minute results). The results were then summarised in terms of
207 median ICP over the entire 24 hours. A detailed description of the 24-hour ICP monitoring
208 procedure employed at our institution has previously been published^{16, 17}. For the
209 interpretation of the ICP monitoring results, it should be noted that patients considered to
210 have 'normal' ICP monitoring results with this technique have previously been reported to
211 have a median 24-hour ICP of 3.21 mmHg (95% CI 2.29–4.13)¹⁶.

212

213 **Brain MRI imaging assessment**

214 Brain MRIs performed within 3 months of the ICP monitoring period were selected. The
215 imaging evaluation was performed by two independent trained assessors (H.A. and C.L.C.)
216 masked to the 24-hour ICP results. Discordances between the two assessors were settled
217 through consensus. Four imaging markers were assessed and graded as binary variables
218 (normal/abnormal): pituitary gland shape, vertical tortuosity of the optic nerves, protrusion of
219 the optic disc and distension of the optic nerve sheath⁷. The pituitary gland shape was
220 assessed according to the classification proposed by Yuh *et al.* in 2000¹⁰. A concavity of the
221 pituitary gland of more than 1/3 of the height of the sella was considered abnormal, this
222 corresponds to categories III, IV and V of the Yuh classification system and includes both
223 empty and partially empty sella (**Figure 1A**). Protrusion of the optic disc was confirmed
224 when the sclera was concave at the point of attachment of the optic nerve with associated

225 intraocular protrusion of the disc (**Figure 1B**)^{4, 12}. The vertical tortuosity of the optic nerve
226 was defined as a 'S-shaped' appearance of the optic nerve on sagittal views (**Figure 1C**)⁴.
227 Similarly, to Agid *et al.*, the optic nerve sheath was considered distended when the CSF in
228 the subarachnoid space surrounding the optic nerve was wider than 2 mm at any point within
229 the 10 mm behind the globe (**Figure 1B**)⁴. Distension of the optic nerve sheath, optic nerve
230 sheath protrusion and vertical tortuosity of the optic nerve were classified as abnormal
231 whether present unilaterally or bilaterally. T1-weighted sagittal MRI sequences were used to
232 assess pituitary gland shape and vertical tortuosity of the optic nerves, while T2-weighted
233 axial MRI sequences (non-fat-suppressed) were used to assess optic disc protrusion and optic
234 nerve sheath distension.

235

236 **Ophthalmic Assessment**

237 Ophthalmic assessments were performed during the 24-hour ICP monitoring period and
238 included: slit lamp assessment of papilloedema (Frisén grading), intraocular pressure (IOP)
239 and motion-stabilised SVP infrared videography. Papilloedema was defined as Frisén grade 2
240 or greater during slit lamp exam in at least one eye. The SVP videos were graded by two
241 independent assessors (J.A.M. and F.B.) according to the grading system proposed by Hedges
242 *et al.*¹⁸. The two assessors were masked to the ICP results. Absence of SVP was defined as
243 grade 0 SVP bilaterally as judged by both the assessors. Further details on the methods of
244 assessment and interpretation of SVP were previously published^{14, 15}.

245

246 **Statistical analysis**

247 *Association between biomarkers and ICP*

248 The mean 24-hour ICP of the patients with normal and abnormal biomarkers were compared
249 (Mann-Whitney U test). The strength of the association between ICP and the 6 biomarkers

250 was evaluated through Receiver Operating Characteristic (ROC) curves and Areas Under the
251 Curves (AUC). The strength of the associations was defined as acceptable (AUC 0.7 to 0.8),
252 excellent (AUC 0.8 to 0.9) or outstanding (AUC >0.9)¹⁹. Frequency distribution analyses
253 were used to describe the time-ICP burden for each biomarker and identify the biomarkers
254 associated with the highest (and lowest) level of ICP. ROC and frequency distribution
255 analyses were performed using the patients' minute-by-minute ICP monitoring results (about
256 1440 mean 1-minute ICP values per patient).

257 *Predictive value of the 6 biomarkers*

258 A ROC curve analysis using mean minute-by-minute ICP data (predictor) and normal versus
259 abnormal biomarkers (binary classifier) was performed to identify the optimal median 24-
260 hour ICP cut-off (Youden index). The positive and negative predictive values (PPV and
261 NPV) of the biomarkers in identifying intracranial hypertension were calculated.
262 Due to the exploratory and retrospective nature of the study a formal sample size calculation
263 was not performed and all eligible patients were identified and included in the study.
264 Continuous variables were summarised as means (standard deviation) and categorical
265 variables as percentages. A significance level 0.05 was used. Microsoft® Excel for Mac
266 (version 16.25), Stata© (version 15.0) and GraphPad Prism for macOS (version 8.4.1) were
267 used for the data collection and statistical analysis.

268

269 **Data availability statement**

270 Anonymized study data for the primary analyses presented in this report are available on
271 request from any qualified investigator for purposes of replicating the results.

272

273

274

275 **RESULTS**

276

277 **Participants**

278 Between January 2017 and February 2020, 400 patients underwent elective continuous 24-
279 hour ICP monitoring. Forty-five patients met the eligibility criteria and were included in the
280 study. The baseline demographic characteristics, indications for 24-hour ICP monitoring,
281 results of ICP monitoring, brain MRI features and ophthalmology findings are summarised in
282 **Table 1.** The average interval time between brain MRI and 24-hour ICP monitoring was 36
283 (SD 31) days, while all ophthalmology exams were performed during the ICP monitoring
284 period.

285

286 **ICP monitoring results**

287 **Table 2** and **Figure 2** describe the mean (SD) ICP results of the patients stratified by imaging
288 and ophthalmic findings. 24-hour ICP results were significantly higher in patients with
289 abnormal biomarkers compared to patients in whom the markers were normal (Mann-
290 Whitney U, p<0.05 in all 6 analyses, **Table 2**).

291

292 **Biomarkers and their association with ICP**

293 The minute-by-minute patients' ICP values (70,467 observations) were extracted and plotted
294 in frequency distribution graphs stratified by biomarker results (**Figure 3**).

295 *Association of brain MRI biomarkers and ICP*

296 Patients with concave pituitary gland (or empty sella) had a median ICP of 10 mmHg (**Figure**
297 **3**), this value indicates intracranial hypertension but is lower if compared to the other
298 abnormal biomarkers. Protrusion of the optic disc detected on MRI imaging was associated
299 with higher ICP levels and the 4 patients with this sign had a median ICP of 24 mmHg

300 (Figure 3). ROC curve analyses showed that ICP measurements (minute-by-minute) had an
301 outstanding association ($AUC > 0.90$) with optic disc protrusion detected on MRI imaging
302 ($AUC=0.94$, 95% CI 0.93-0.94). The associations with ICP (minute-by-minute) were
303 excellent (AUC between 0.8 and 0.9) for vertical tortuosity of the optic nerves ($AUC=0.82$,
304 95% CI 0.81-0.82) and pituitary gland shape ($AUC=0.80$, 95% CI 0.79-0.81). The
305 association with ICP (minute-by-minute) was acceptable (AUC between 0.70 and 0.80) for
306 the distension of the optic nerve sheath ($AUC=0.75$, 95% CI 0.74-0.75).

307 Association of *ophthalmic biomarkers and ICP*

308 Patients with absence of SVP (n=10) had a median ICP of 19 mmHg and patients with
309 papilloedema (n=2) or had a median ICP of 24 mmHg (Figure 3). The minute-by-minute ICP
310 had an excellent association (AUC between 0.80 and 0.90) with both papilloedema
311 ($AUC=0.90$, 95% CI 0.90-0.91) and absence of SVP ($AUC=0.85$, 95% CI 0.84-0.85).

312

313 **Positive and negative predictive value of the 6 biomarkers**

314 Sixteen patients (36%) in this study had no abnormal biomarkers on MRI or ophthalmic
315 examination. The mean 24-hour ICP in this subgroup of patients was 2.7 mmHg (SD 5.6).
316 The ROC curve analysis identified 5.96 mmHg as the optimal median 24-hour ICP threshold
317 distinguishing patients with normal biomarkers from patients with 1 or more abnormal
318 biomarkers (based on Youden index calculation).

319 The biomarker with the best negative predictive value was the pituitary gland shape; a normal
320 pituitary gland shape predicted normal ICP (median 24-hour ICP < 5.96 mmHg) in 86% of
321 the cases. The biomarkers with the best positive predictive values were SVP, papilloedema
322 and protrusion of the optic disc; if abnormal these markers identified raised ICP (median 24-
323 hour ≥ 5.96 mmHg) in 90%, 100% and 100% of the study patients respectively.

324 ICP was elevated (median 24-hour ICP > 5.96 mm Hg) in 6% of patients with no abnormal
325 markers, 46% of patients with 1 abnormal marker, 50% of patients with 2 abnormal markers,
326 and 100% of patients with 3 or more abnormal markers.

327

328 **A comparison of brain MRI and ophthalmic biomarkers domains**

329 Among the 45 patients, 28 had at least 1 abnormal biomarker in the brain MRI domain, 10
330 had at least 1 abnormal biomarker in the ophthalmic domain and 9 had at least 1 abnormal
331 biomarker in each of the 2 domains (brain MRI and ophthalmic). Patients with at least one
332 abnormal biomarker in the brain MRI domain had a median ICP of 9.4 mmHg, while patients
333 with at least 1 abnormal biomarker in the ophthalmic domain had a median ICP of 18.9
334 mmHg (**Figure 5A and B**). Patients with at least one abnormal biomarker in each of the two
335 domains had the highest median ICP (20.7 mmHg, **Figure 5C**). The combination of one
336 abnormal biomarker in each of the two domains achieved the strongest association with ICP
337 (AUC 0.94, 95% CI 0.93 to 0.94, **Figure 5D**).

338

339

340

341

342

343

344

345

346

347

348

349 **DISCUSSION**

350

351 This observational study describes the association of ICP with brain MRI and ophthalmic
352 biomarkers of intracranial hypertension in a group of 45 patients with suspected CSF
353 dynamics disorders. Our predictive values analysis demonstrated that patients with 3 (or
354 more) abnormal biomarkers invariably had high median 24-hour ICP (100% PPV). Patients
355 without any abnormal biomarker had normal ICP in 94% of the cases. There was only 1
356 patient with raised ICP and normal biomarkers, he had a median 24-hour ICP of 6.5 mmHg,
357 this value is very close to the optimal ICP cut-off considered for this analysis.

358 Patients with optic disc protrusion identified with brain MRI, papilloedema and/or absence of
359 SVP on infrared videography had higher ICP levels compared to patients with other abnormal
360 biomarkers (**Figure 3**). A concave pituitary gland (or empty sella) was associated with the
361 lowest ICP levels. This may represent an earlier marker of elevated ICP than other
362 biomarkers, although this study's design did not permit this hypothesis to be directly tested.
363 The simultaneous presence of at least one abnormal marker in the brain MRI domain and at
364 least one abnormal marker in the ophthalmic domain achieved the strongest association with
365 ICP readings (AUC 0.94, 95% CI 0.93 to 0.94, **Figure 5D**).

366

367 For ethical reasons, continuous ICP monitoring has not been performed in healthy subjects,
368 therefore there is uncertainty about the level of median 24-hour ICP that can be considered
369 normal. Our calculation of an optimal ICP cut-off is not intended as a definition of
370 normal/abnormal ICP values, but rather as the ICP threshold above which increased ICP
371 became increasingly associated with MRI and ophthalmic biomarkers of intracranial
372 hypertension in a group of patients undergoing clinically indicated investigations. As most
373 physiological parameters, we expect ICP to vary among different people and a normal ICP to

374 be best defined by ranges rather than a specific cut-off value. Moreover, this value was
375 obtained from a population of patients who had a clinical indication for ICP monitoring,
376 therefore they cannot be considered representative of a completely healthy population.
377 However, this calculation was necessary for the evaluation of the utility of the 6 biomarkers
378 in clinical practice. Interestingly, the cut-off obtained with this analysis is very close to the
379 'normal' ICP previously obtained by Chari *et al.* through the principal component analysis of
380 a large group of patients undergoing 24-hour ICP monitoring¹⁶.

381

382 Bilateral stenosis of the transverse sinuses on post gadolinium brain MRI has been reported
383 to have the highest sensitivity for the diagnosis of IIH among other imaging biomarkers²⁰.
384 Due to the lack of availability of MRI with contrast (not routinely performed for this patient
385 cohort in our institution) and to the heterogenous indications for ICP monitoring (not only
386 IIH) of this patients' cohort, this sign could not be assessed in this study. However, it should
387 be considered for the assessment of patients with IIH and in the design of future prospective
388 studies. Patterson *et al.* suggested that the ability to non-invasively predict ICP is improved
389 by multimodal assessment combining an orbital ultrasound measurement of optic nerve
390 sheath diameter and MRI pituitary-to-sella ratio²¹. Compared to other previous studies
391 investigating the role of brain MRI markers as predictors of ICP where 'snapshot' ICP
392 estimates were made by lumbar puncture, our study has the advantage of relying on
393 continuous ICP monitoring data⁴⁻¹⁰. This allowed us to achieve a better overview of the time-
394 ICP burden in each patient group (**Figure 3**). The limitations of lumbar puncture opening
395 pressures in this context have been previously exposed by Tuncel *et al.* who did not find any
396 correlation between lumbar puncture opening pressures and imaging markers of intracranial
397 hypertension²².

398 Another important difference compared to previous studies is the inclusion of patients
399 undergoing ICP monitoring for a variety of clinical indications, not only IIH (**Table 1**).
400 Whilst this heterogeneity within the studied cohort may increase the ‘noisiness’ of the data, it
401 does allow us to draw useful conclusions not only for IIH patients, but for any patient with
402 suspected intracranial hypertension in a non-emergency setting.

403

404 An important limitation of this study is the fact that, while ophthalmic assessments were
405 performed during the ICP monitoring period, brain MRIs were conducted at an average
406 interval time of 36 days from the 24-hour ICP monitoring. The resulting risk of bias was
407 addressed by only selecting patients who did not have any change in clinical picture or any
408 type of intervention (including conservative treatments) in between the two events. It is
409 unlikely that a clinical change would go unnoticed as patients attend multiple perioperative
410 clinical appointments around the time of ICP monitoring and are encouraged to report any
411 clinical change to the care team through a dedicated telephone line (and/or email address).

412 Additionally, it should be noted that for 37 patients (82%) the brain MRI was performed
413 before the ICP monitoring procedure. At our institution, patients who undergo ICP
414 monitoring are those in whom there is diagnostic uncertainty and would not be treated solely
415 on the basis of brain MRI imaging before confirmation of intracranial hypertension. The
416 remaining eight patients had a brain MRI performed after the ICP monitoring as well as
417 baseline brain imaging (either CT or MRI) performed before the time of ICP monitoring. For
418 the purpose of the study, when multiple eligible brain MRIs were available, the imaging
419 closer to the time of ICP monitoring was selected. The association between ICP and
420 biomarkers was similar when comparing these eight patients to the rest of the cohort.

421

422 There are other limitations to this study. First of all, both ophthalmic and brain MRI imaging
423 assessments are operator-dependent; however, there were two trained independent observers
424 for each assessment, and they were masked to the ICP results at all times. The retrospective
425 design of the study is another obvious limitation. A prospective study would have permitted
426 the reduction of the interval between the investigations and to recruit a larger group of
427 patients. Additionally, a prospective design would have resulted in the possibility of
428 including different types of brain MRI sequences reported to be helpful in the literature. For
429 example, our brain MRI assessment of the optic nerve features was not performed on fat-
430 suppressed sequences. Fat-suppressed sequences can facilitate the assessment of the optic
431 nerve sheath diameter, but they are not mandatory ^{7, 23}. This type of sequence was not
432 available for most of the patients in this study as not routinely performed. Whilst it is possible
433 that the predictive value of this marker would improve with the use of fat-suppressed MRI
434 sequences, the visualisation of the optic nerve sheaths was deemed satisfactory by both the
435 assessors for all the included MRIs. Finally, it is important to consider that ICP is affected by
436 body position and while slit lamp examination and OCT scans are performed with the patient
437 upright, MRIs are performed in the supine position ^{24, 25}. We have partially addressed this
438 issue by using continuous 24-hour ICP monitoring readings as these will include ICP values
439 measured in both body positions. These are the conditions (supine MRI and upright
440 ophthalmic assessments) in which outpatients are routinely investigated for suspected
441 abnormalities of ICP, and the significance of abnormal biomarkers observed in these
442 positions is therefore relevant to real-world clinical practice.

443

444 Future research could improve our understanding on the utility of these biomarkers as
445 predictors of intracranial hypertension by conducting large, prospective studies and should
446 investigate the specificity of the MRI biomarkers in a large population of healthy controls.

447 **CONCLUSIONS**

448

449 MRI biomarkers of elevated ICP (arachnoid herniation into the sella, a distended optic nerve
450 sheath, vertical optic nerve tortuosity, and optic disc protrusion) and ophthalmic biomarkers
451 (absent spontaneous venous pulsation on infrared fundus video, disc swelling) are strongly
452 associated with higher intracranial pressure. Patients with multiple abnormal biomarkers (≥ 3)
453 or a combination of abnormal MRI and ophthalmic biomarkers are likely to have intracranial
454 hypertension, therefore patients presenting this characteristic should be managed promptly.

455

456

457

458

459

460

461

462

463

464

465

466

467

468

469

470

471

472 **Appendix 1.** Authors

Name	Location	Contribution
Linda D'Antona, MD, MBBS	NHNN, London, UK	Designed and conceptualized study; acquired the data; analysed the data; interpreted the data; drafted the manuscript for intellectual content
Hasan Asif, MRCS	NHNN, London, UK	Designed and conceptualized study; acquired the data; interpreted the data; revised the manuscript for intellectual content
Claudia Louise Craven, M.Sc., MRCS	NHNN, London, UK	Designed and conceptualized study; acquired the data; interpreted the data; revised the manuscript for intellectual content
James Alexander McHugh, FRCOphth	King's College Hospital NHS Foundation Trust, London, UK	Acquired the data; interpreted the data; revised the manuscript for intellectual content
Anna Vassiliou, B.Sc.	NHNN, London, UK	Acquired the data; revised the manuscript for intellectual content
Lewis Thorne, FRCS Neurosurgery	NHNN, London, UK	Interpreted the data; revised the manuscript for intellectual content
Manjit Singh Matharu, PhD, FRCP	NHNN, London, UK	Interpreted the data; revised the manuscript for intellectual content
Laurence Dale Watkins, MD, FRCS Neurosurgery	NHNN, London, UK	Interpreted the data; revised the manuscript for intellectual content
Fion Bremner, PhD, FRCOphth	NHNN, London, UK	Acquired the data; interpreted the data; revised the manuscript for intellectual content
Ahmed Kassem Toma, MD, FRCS Neurosurgery	NHNN, London, UK	Designed and conceptualized study; interpreted the data; revised the manuscript for intellectual content
NHNN: National Hospital for Neurology and Neurosurgery		

473

474

475 **Acknowledgements**

476 We acknowledge Simon D. Thompson, M.Sc. (Victor Horsley Department of Neurosurgery,
477 National Hospital for Neurology and Neurosurgery, London, United Kingdom); Joana
478 Ramos, BSN (Victor Horsley Department of Neurosurgery, National Hospital for Neurology
479 and Neurosurgery, London, United Kingdom) and Michelle M. Lai, MBBS, FRCOphth
480 (Department of Neuro-Ophthalmology, National Hospital for Neurology and Neurosurgery,
481 London, United Kingdom) for their contribution in the collection of the data required for the
482 study. No compensation outside of salary was received.

483

484

485

486

487

488

489

490

491

492

493

494

495

496

497

498

499

500

501 **REFERENCES**

- 502 1. Price DA, Grzybowski A, Eikenberry J, et al. Review of non-invasive intracranial
503 pressure measurement techniques for ophthalmology applications. *Br J Ophthalmol* 2019.
- 504 2. Raboel PH, Bartek J, Jr., Andresen M, Bellander BM, Romner B. Intracranial
505 Pressure Monitoring: Invasive versus Non-Invasive Methods-A Review. *Crit Care Res Pract*
506 2012;2012:950393.
- 507 3. Canac N, Jalaleddin K, Thorpe SG, Thibeault CM, Hamilton RB. Review:
508 pathophysiology of intracranial hypertension and noninvasive intracranial pressure
509 monitoring. *Fluids Barriers CNS* 2020;17:40.
- 510 4. Agid R, Farb RI, Willinsky RA, Mikulis DJ, Tomlinson G. Idiopathic intracranial
511 hypertension: the validity of cross-sectional neuroimaging signs. *Neuroradiology*
512 2006;48:521-527.
- 513 5. Bidot S, Saindane AM, Peragallo JH, Bruce BB, Newman NJ, Biousse V. Brain
514 Imaging in Idiopathic Intracranial Hypertension. *J Neuroophthalmol* 2015;35:400-411.
- 515 6. Brodsky M. Magnetic resonance imaging in pseudotumor cerebri. *Ophthalmology*
516 1998;105:1686-1693.
- 517 7. Holbrook J, Saindane AM. Imaging of Intracranial Pressure Disorders. *Neurosurgery*
518 2017;80:341-354.
- 519 8. Rehder D. Idiopathic Intracranial Hypertension: Review of Clinical Syndrome,
520 Imaging Findings, and Treatment. *Curr Probl Diagn Radiol* 2019.
- 521 9. Rohr AC, Riedel C, Fruehauf MC, et al. MR imaging findings in patients with
522 secondary intracranial hypertension. *AJNR Am J Neuroradiol* 2011;32:1021-1029.
- 523 10. Yuh WTC, Zhu M, Taoka T, et al. MR Imaging of Pituitary Morphology in Idiopathic
524 Intracranial Hypertension. *Journal of Magnetic Resonance Imaging* 2000;12:808-813.
- 525 11. Moreno-Ajona D, McHugh JA, Hoffmann J. An Update on Imaging in Idiopathic
526 Intracranial Hypertension. *Frontiers in Neurology* 2020;11.
- 527 12. Passi N, Degnan AJ, Levy LM. MR imaging of papilledema and visual pathways:
528 effects of increased intracranial pressure and pathophysiologic mechanisms. *AJNR Am J*
529 *Neuroradiol* 2013;34:919-924.
- 530 13. Funnell JP, Craven CL, D'Antona L, et al. Intracranial pressure in patients with
531 papilloedema. *Acta Neurol Scand* 2018;138:137-142.

- 532 14. D'Antona L, McHugh JA, Ricciardi F, et al. Association of Intracranial Pressure and
533 Spontaneous Retinal Venous Pulsation. *JAMA Neurol* 2019.
- 534 15. McHugh JA, D'Antona L, Toma AK, Bremner FD. Spontaneous Venous Pulsations
535 Detected With Infrared Videography. *J Neuroophthalmol* 2019.
- 536 16. Chari A, Dasgupta D, Smedley A, et al. Intraparenchymal intracranial pressure
537 monitoring for hydrocephalus and cerebrospinal fluid disorders. *Acta Neurochir (Wien)*
538 2017;159:1967-1978.
- 539 17. Thompson SD, Coutts A, Craven CL, Toma AK, Thorne LW, Watkins LD. Elective
540 ICP monitoring: how long is long enough? *Acta Neurochir (Wien)* 2017;159:485-490.
- 541 18. Hedges TR, Baron EM, Hedges TR, Sinclair SH. The Retinal Venous Pulse.
542 *Ophthalmology* 1994;101:542-547.
- 543 19. Mandrekar JN. Receiver Operating Characteristic Curve in Diagnostic Test
544 Assessment. *Journal of Thoracic Oncology* 2010;5.
- 545 20. Morris PP, Black DF, Port J, Campeau N. Transverse Sinus Stenosis Is the Most
546 Sensitive MR Imaging Correlate of Idiopathic Intracranial Hypertension. *AJNR Am J*
547 *Neuroradiol* 2017;38:471-477.
- 548 21. Patterson DF, Ho ML, Leavitt JA, et al. Comparison of Ocular Ultrasonography and
549 Magnetic Resonance Imaging for Detection of Increased Intracranial Pressure. *Front Neurol*
550 2018;9:278.
- 551 22. Tuncel SA, Yilmaz E, Cagli B, Tekatas A, Celik Y, Unlu ME. Lumbar Opening
552 Pressure and Radiologic Scoring in Idiopathic Intracranial Hypertension: Is There Any
553 Correlation? *Pol J Radiol* 2017;82:701-705.
- 554 23. Shofty B, Ben-Sira L, Constantini S, Freedman S, Kesler A. Optic nerve sheath
555 diameter on MR imaging: establishment of norms and comparison of pediatric patients with
556 idiopathic intracranial hypertension with healthy controls. *AJNR Am J Neuroradiol*
557 2012;33:366-369.
- 558 24. Andresen M, Hadi A, Petersen LG, Juhler M. Effect of postural changes on ICP in
559 healthy and ill subjects. *Acta Neurochir (Wien)* 2015;157:109-113.
- 560 25. Farahmand D, Qvarlander S, Malm J, Wikkelso C, Eklund A, Tisell M. Intracranial
561 pressure in hydrocephalus: impact of shunt adjustments and body positions. *J Neurol*
562 *Neurosurg Psychiatry* 2015;86:222-228.

563 **Table 1.** Baseline patients' characteristics

Demographic characteristics	
Age, mean (SD)	39 (14)
Sex, n (%)	
- Females, n (%)	38 (84)
- Males, n (%)	7 (16)
Clinical indications for 24-hour ICP monitoring	
- Suspected CSF dynamics disorder causing headache (e.g. IIH, SIH)	22 (49)
- Suspected CSF shunt malfunction	12 (27)
- Hydrocephalus	7 (16)
- Chiari malformation	3 (7)
- Suspected NPH	1 (2)
ICP monitoring results in mmHg	
- 24-hour ICP, mean ^a (SD)	7.8 (8)
Brain MRI results	
- Concave pituitary gland or empty sella, n (%)	24 (53)
- Optic nerve sheath distension, n (%)	15 (33)
- Vertical tortuosity of optic nerves, n (%)	13 (29)
- Protrusion of the optic disc, n (%)	4 (9)
Ophthalmology results	
- Absence of SVP, n (%)	10 (22)
- Papilloedema, n (%)	2 (4)
- IOP in mmHg, mean ^b (SD)	15.3 (3)

^a Mean of the patients' median results; ^b Mean of all eyes.

CSF: Cerebrospinal Fluid; ICP: Intracranial Pressure; IIH: Idiopathic Intracranial Hypertension; SD: Standard Deviations; SIH: Spontaneous Intracranial Hypotension; SVP: Spontaneous Venous Pulsation

565 **Table 2.** Intracranial pressure monitoring results (in mmHg) stratified by imaging and
 566 ophthalmic biomarkers

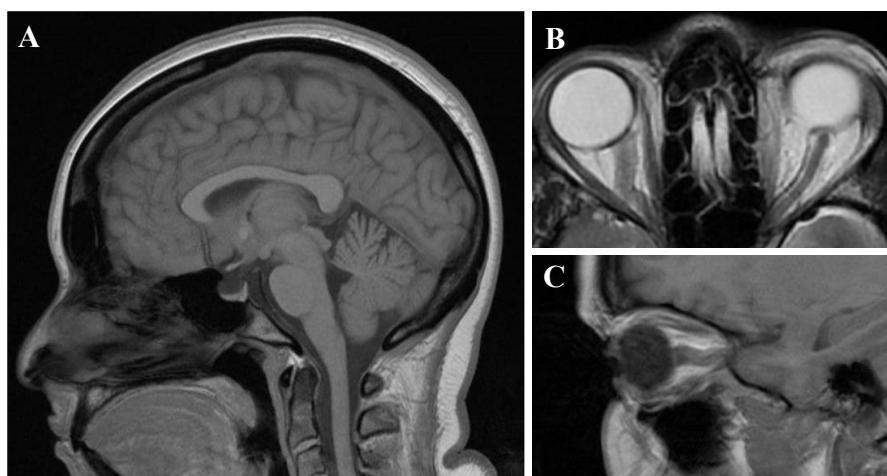
	Normal marker	Abnormal marker	P value^b
Pituitary gland shape	N=21	N=24	
- 24-hour ICP, mean ^a (SD)	2.4 (3.4)	12.6 (8.1)	<0.001
Optic nerve sheath distension	N=30	N=15	
- 24-hour ICP, mean ^a (SD)	4.7 (5.7)	14.0 (8.9)	<0.001
Vertical tortuosity of optic nerves	N=32	N=13	
- 24-hour ICP, mean ^a (SD)	4.6 (5.9)	15.9 (7.4)	<0.001
Protrusion of the optic disc	N= 41	N= 4	
- 24-hour ICP, mean ^a (SD)	6.2 (6.5)	24.2 (4.3)	0.002
Spontaneous venous pulsation	N=35	N=10	
- 24-hour ICP, mean ^a (SD)	4.7 (4.1)	18.9 (9.1)	<0.001
Papilloedema	N=43	N=2	
- 24-hour ICP, mean ^a (SD)	7.1 (7.4)	23.1 (9.6) ^c	0.04

^a Mean of the patients' median results; ^b Mann-Whitney U test; ICP: Intracranial Pressure;
^cThe individual median 24-hour ICP monitoring results for the 2 patients with papilloedema were 16.3 and 29.9 mmHg.

568 **FIGURES**

569

570 **Figure 1.** Example of the brain MRI biomarkers of intracranial hypertension. (A) T1-
571 weighted sagittal brain MRI showing a partially empty sella; (B) T2-weighted axial brain
572 MRI showing protrusion of the left optic nerve head and optic nerve sheath distension;
573 (C) T1-weighted sagittal brain MRI showing vertical tortuosity of the optic nerve.
574

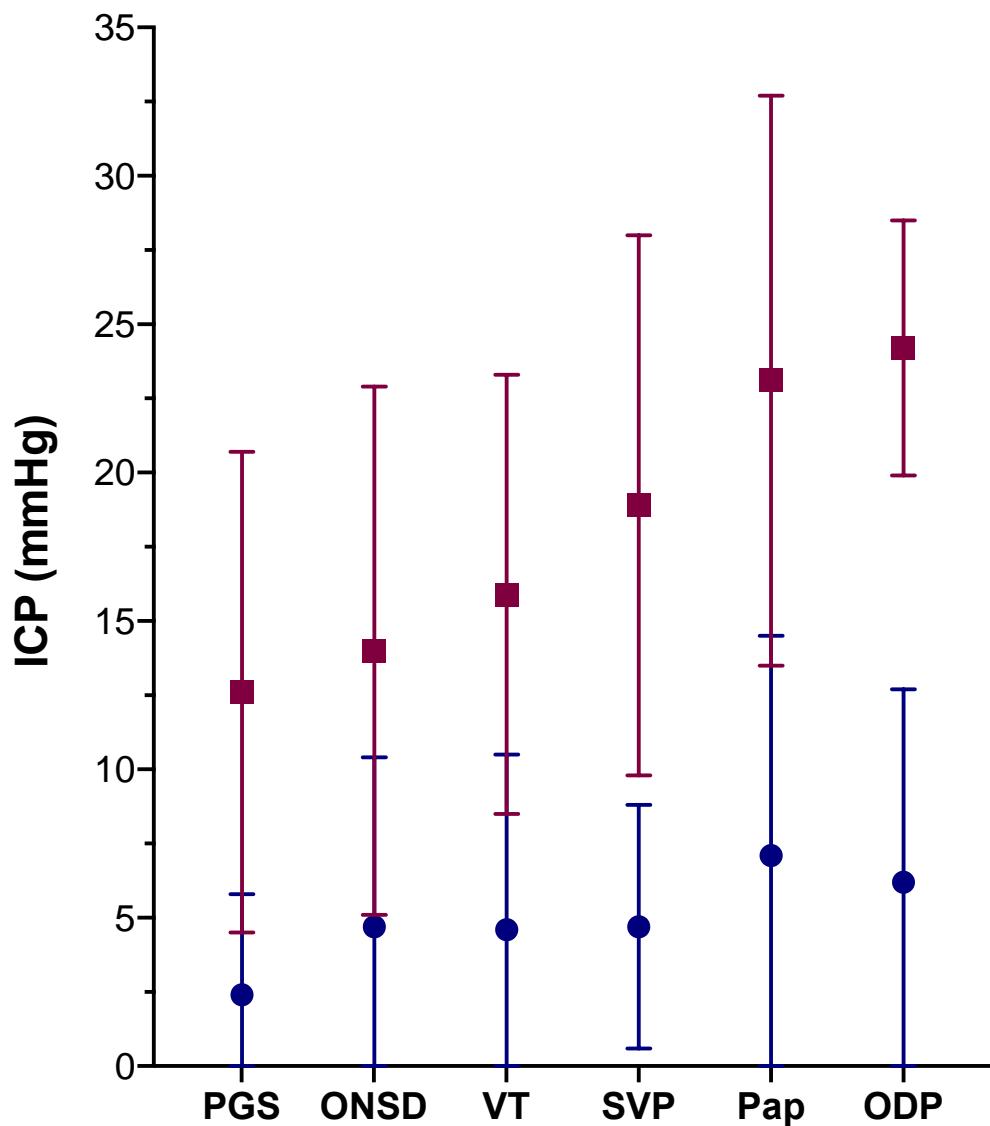


575

576

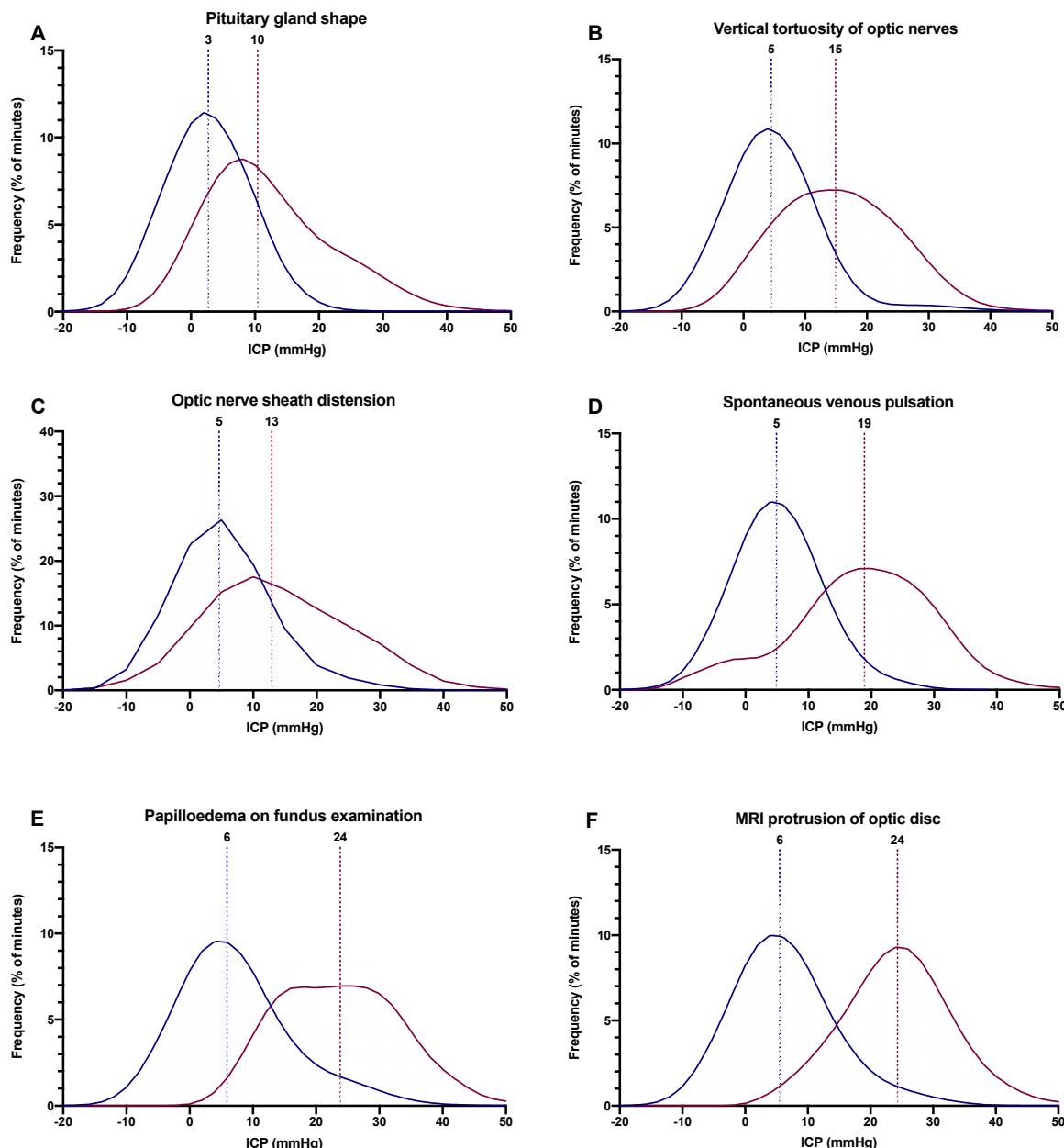
577

578 **Figure 2.** Mean (SD) intracranial pressure (ICP) stratified by normal and abnormal
579 biomarkers.



580
581 *ICP: Intracranial Pressure, PGS: Pituitary Gland Shape, ONSD: Optic Nerve Sheath
582 Distension, VT: Vertical Tortuosity of the Optic Nerves, SVP: Spontaneous Venous Pulsation,
583 Pap: Papilloedema, ODP: Optic Disc Protrusion.*
584
585

586 **Figure 3.** Frequency distribution of minute-by-minute Intracranial Pressure (ICP) of patients
 587 presenting normal (blue) and abnormal (red) biomarkers.



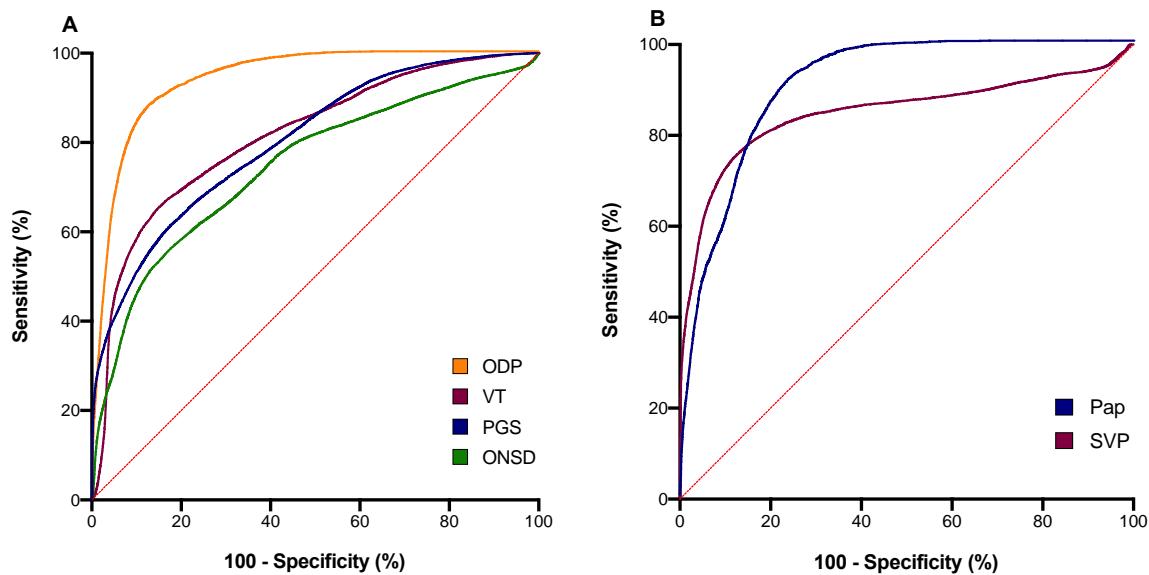
588

589 *LOWESS smoothing line and median ICP are marked.*

590

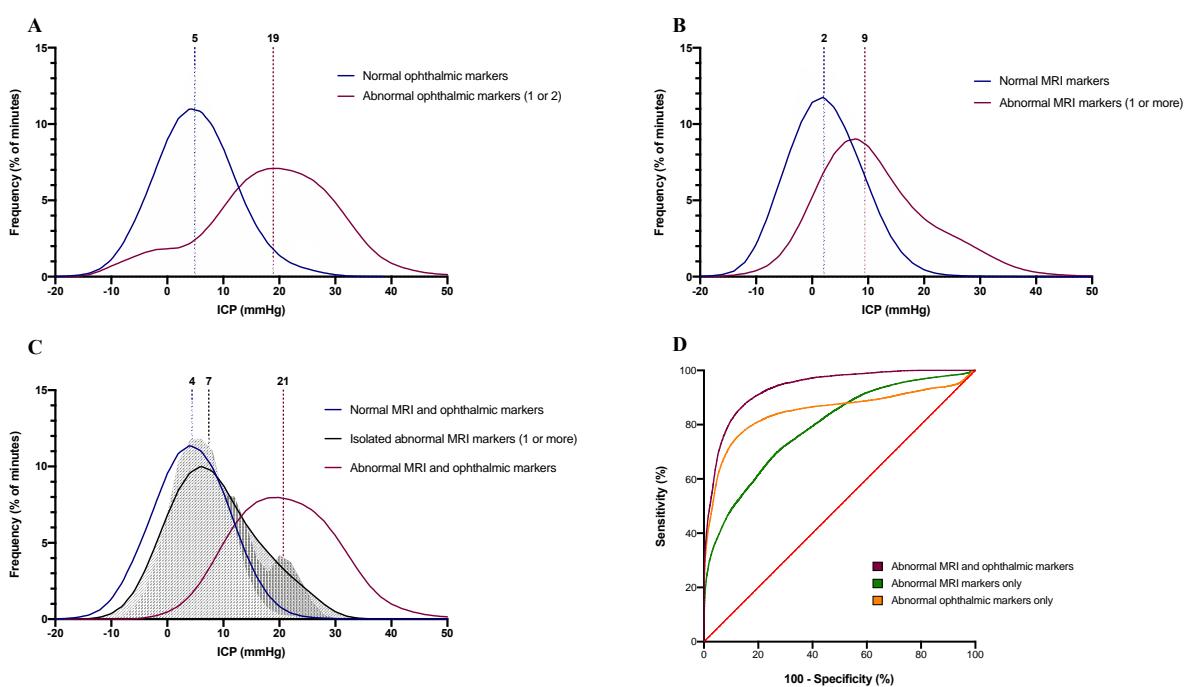
591

592 **Figure 4.** Receiver Operating Characteristic (ROC) curves and Areas Under the Curves
 593 (AUC) representing the association of Intracranial Pressure (ICP) with the biomarkers. (A)
 594 Brain MRI biomarkers: pituitary gland shape (PGS, AUC=0.80), Vertical Tortuosity of the
 595 optic nerves (VT, AUC= 0.82), Optic Nerve Sheath Distension (ONSD, AUC= 0.75), Optic
 596 Disc Protrusion (ODP, AUC=0.94); (B) Ophthalmic biomarkers: papilloedema (Pap,
 597 AUC=0.90), Spontaneous Venous Pulsation (SVP, AUC= 0.85).



598
 599

600 **Figure 5.** Subgroup analysis by brain MRI and ophthalmic domains. (A-C) Frequency
 601 distribution of minute-by-minute Intracranial Pressure (ICP) of patients presenting normal
 602 (blue) and abnormal (red) biomarkers. (D) Receiver Operating Characteristic (ROC) curves
 603 representing the association of ICP with the biomarkers classified by domains (brain MRI
 604 and ophthalmic).
 605



606