The novel desmin variant p.Leu115lle is associated with a unique form of biventricular Arrhythmogenic Cardiomyopathy

Alexandros Protonotarios, MD, Andreas Brodehl, MSc, PhD, Angeliki Asimaki, BSc, PhD, Joanna Jager, BSc, Ellie Quinn, BSc, MSc, Caroline Stanasiuk, BSc, Sandra Ratnavadivel, BSc, Marta Futema, BSc, PhD, Mohammed M. Akhtar, MBBS, Thomas D. Gossios, MD, Michael Ashworth, MD, Konstantinos Savvatis, MD, PhD, Volker Walhorn, PhD, Dario Anselmetti, PhD, Perry M. Elliott, MBBS, Petros Syrris, BSc, PhD, Hendrik Milting, MSc, PhD, Luis R. Lopes, MD, PhD

PII: S0828-282X(20)31136-3

DOI: https://doi.org/10.1016/j.cjca.2020.11.017

Reference: CJCA 3919

To appear in: Canadian Journal of Cardiology

Received Date: 27 September 2020 Revised Date: 10 November 2020 Accepted Date: 26 November 2020

Please cite this article as: Protonotarios A, Brodehl A, Asimaki A, Jager J, Quinn E, Stanasiuk C, Ratnavadivel S, Futema M, Akhtar MM, Gossios TD, Ashworth M, Savvatis K, Walhorn V, Anselmetti D, Elliott PM, Syrris P, Milting H, Lopes LR, The novel desmin variant p.Leu115lle is associated with a unique form of biventricular Arrhythmogenic Cardiomyopathy, *Canadian Journal of Cardiology* (2021), doi: https://doi.org/10.1016/j.cjca.2020.11.017.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2020 Published by Elsevier Inc. on behalf of the Canadian Cardiovascular Society.



1 The novel desmin variant p.Leu115lle is associated with a unique form of biventricular 2 **Arrhythmogenic Cardiomyopathy** 3 4 Short title: DES p.Leu115lle as a cause of biventricular AC 5 Alexandros Protonotarios, MD^{1,2,3}; Andreas Brodehl, MSc, PhD⁴, Angeliki Asimaki, BSc, PhD⁵, 6 Joanna Jager, BSc¹, Ellie Quinn, BSc, MSc², Caroline Stanasiuk, BSc⁴, Sandra Ratnavadivel, 7 BSc⁴, Marta Futema, BSc, PhD¹, Mohammed M. Akhtar, MBBS^{1,2}, Thomas D. Gossios, MD², 8 Michael Ashworth, MD⁶, Konstantinos Savvatis, MD, PhD^{1,2,3}, Volker Walhorn, PhD⁷, Dario 9 Anselmetti, PhD⁷, Perry M. Elliott, MBBS ^{1,2}, Petros Syrris, BSc, PhD¹, Hendrik Milting, MSc, 10 PhD⁴, Luis R. Lopes, MD, PhD^{1,2} 11 12 [1] Institute of Cardiovascular Science, University College London, London, UK 13 [2] Inherited Cardiovascular Disease Unit, St Bartholomew's Hospital, London, UK 14 [3] William Harvey Research Institute, Queen Mary University of London, London, UK 15 [4] Erich and Hanna Klessmann Institute for Cardiovascular Research & Development (EHKI), 16 17 Heart and Diabetes Center NRW, University Hospital of the Ruhr-University Bochum, 18 Germany. 19 [5] Cardiology Clinical Academic Group, St. George's University of London, Cranmer Terrace, 20 London, United Kingdom 21 [6] Department of Pathology, Great Ormond Street Hospital for Children NHS Foundation Trust, London, UK 22 23 [7] Experimental Biophysics and Applied Nanoscience, Physics Department, Bielefeld 24 Institute for Nanoscience (BINAS), Bielefeld University, Bielefeld, Germany

25	
26	Corresponding author:
27	Alexandros Protonotarios, MD
28	UCL Institute for Cardiovascular Science
29	Paul O'Gorman Building
30	University College London
31	72 Huntley Street
32	London, WC1E 6DD
33	Email: alexandros.protonotarios.10@ucl.ac.uk
34	
35	Word count: 5,045

Brief Summary

The *DES* p.Leu115lle variant was identified in 2% of gene elusive Arrhythmogenic Cardiomyopathy index patients. Mutation carriers from all three families exhibited a malignant biventricular form of AC, characterized by LV dysfunction and a circumferential subepicardial distribution of myocardial fibrosis. Functional studies revealed that *DES* p.Leu115lle leads to disruption of the desmin filament network although macroscopical Desmin aggregates were absent in myocardial histology.

43 **Abstract**

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

61

62

63

64

65

Background: Arrhythmogenic Cardiomyopathy (AC) is a heritable myocardial disorder and a major cause of sudden cardiac death. It is typically caused by mutations in desmosomal genes. Desmin gene (DES) variants have been previously reported in AC, but with insufficient evidence to support their pathogenicity. Methods: We aimed to assess a large AC patient cohort for DES mutations and describe a unique phenotype associated with a recurring variant in three families. A cohort of 138 probands with a diagnosis of AC and no identifiable desmosomal gene mutation were prospectively screened by whole exome sequencing. Results: A single DES variant (p.Leu115Ile, c.343C>A) was identified in three index patients (2%). We assessed the clinical phenotypes within their families and confirmed cosegregation. One carrier required heart transplantation, two died suddenly and one died of non-cardiac causes. All cases had right and left ventricular (LV) involvement. LV late gadolinium enhancement was present in all and circumferential sub-epicardial distribution was confirmed on histology. A significant burden of ventricular arrhythmias was noted. Desmin aggregates were not observed macroscopically but analysis of the desmin filament formation in transfected cardiomyocytes derived from induced pluripotent stem cells and SW13 cells revealed cytoplasmic aggregation of mutant desmin. Atomic force microscopy revealed that the mutant form accumulates into short proto-filaments and small fibrous aggregates. **Conclusions**: DES p.Leu115lle leads to disruption of the desmin filament network and causes a malignant biventricular form of AC, characterized by LV dysfunction and a circumferential subepicardial distribution of myocardial fibrosis.

		-1	- • •	
ını	tro	an	CTI	Λn
	uv	uu	CU	vii

Arrhythmogenic Cardiomyopathy (AC) is a heritable heart muscle disorder and constitutes one of the major causes of sudden cardiac death (SCD) in the young. AC describes a phenotypic spectrum affecting the myocardium of the right, left or both ventricles: arrhythmogenic right ventricular cardiomyopathy (ARVC), left dominant AC and biventricular AC, respectively¹. Advancements and increasing availability of genetic testing contributed to the identification of the broader concept of AC including all three phenotypes. In the classic ARVC form, more than half of probands carry pathogenic variants in one of the genes encoding desmosomal proteins, however an increasing number of non-desmosomal genes have been reported as causal, especially in the context of the broader AC spectrum²⁻⁴.

Desmin, encoded by the *DES* gene, is an intermediate filament protein expressed in skeletal, smooth muscle and cardiac myocytes. Desmin is known to be involved in mechanical integrity, cellular organization, and signal transduction within the cells⁵. *DES* variants have been reported in a number of heart muscle diseases, such as hypertrophic, restrictive, dilated, non-compaction cardiomyopathy and even ARVC^{6, 7}.

Herein we report the incidence of *DES* variants in our AC cohort from a large tertiary centre and describe the phenotypes associated with a single variant, combined with functional analyses.

Materials and methods

The study cohort consisted of a total of 138 consecutive, desmosomal gene-negative probands presenting at the Inherited Cardiac Diseases clinics of the Heart Hospital (up to 2014) and St Bartholomew's hospital (since 2015). All probands were enrolled on the basis of a definite diagnosis of ARVC based on the 2010 Revised Task-Force criteria (TFC)⁸. All individuals were clinically assessed with detailed medical and family history, 12-lead ECG, signal averaged ECG (SAECG), 24 h ambulatory ECG monitoring and standard 2D transthoracic echocardiogram. Cardiac magnetic resonance imaging (CMR) was performed in selected cases. Clinical phenotyping and genetic testing were offered to relatives based on pedigree analysis. This study conformed with the ethical guidelines of the Declaration of Helsinki and has received approval by the National Health Service (NHS) Ethics Committees (REC ID: 15/LO/0549, UK). Informed written consent for inclusion in the study was obtained from all participants or, in cases of minors or deceased individuals, from first-degree family members. For detailed methods regarding the clinical parameters, genetic analysis, histology, functional analyses and statistical analyses please refer to the supplement.

Results

DES variants in an AC cohort

A single *DES* gene missense variant, c.343C>A; p.Leu115Ile, was identified in three of the 138 probands (2%). The *DES*-p.Leu115Ile variant was the only candidate present in these unrelated families, all of Caucasian British descent (Families A-C, Figure 1A) and is not present in gnomAD (last accessed in 01/08/2019). Analysis of a putative damaging effect of this variant was assessed using the VarSome database entry for this variant at https://varsome.com/variant/hg19/DES%20Leu115Ile (accessed on 1st November 2020). A number of *in silico* prediction tools including MetaSMV¹⁰ which integrates nine prediction

scores (SIFT, PolyPhen-2, GERP++, MutationTaster, Mutation Assessor, FATHMM, LRT, SiPhy and PhyloP) predicted that p.Leu115lle would be damaging. This novel variant is located in the Coil 1 domain of the desmin protein which is highly conserved in different species (Figure 1B). In the absence of functional study data, based on the American College of Medical Genetics and Genomics (ACMG) guidelines, it would be classified as likely pathogenic ¹¹, and our data supported a pathogenic role.

The first individual assessed from Family A (Figure 1A) was A-II-2, referred for screening due to a family history of heart transplantation (HTx) due to dilated cardiomyopathy (DCM) in her brother at the age of 53 years (A-II-1) and a diagnosis of DCM in her son (A-III-1), who had died suddenly at the age of 30 years. A-II-2 died after 17 years of follow-up due to non-cardiac causes. Further family screening revealed that all three daughters of the index patient fulfilled criteria for ARVC. In family B (Figure 1A), B-II-1 presented with SCD at the age of 33 years and further cardiac screening of his family revealed abnormal phenotypes in his mother (B-II-2) and brother (B-II-2). The initial diagnosis in B-II-2 was of DCM. In family C (Figure 1A), C-II-2 presented with syncopal episodes at the age of 40 years and was subsequently diagnosed with ARVC. Further screening was clinically positive in her brother (C-II-1) and father (C-I-1).

Genetic screening of the family members showed co-segregation of the variant with phenotype, and identified a total of seven relatives harbouring the p.Leu115lle variant with a cardiac phenotype and two individuals who were non-carriers and did not have any signs of disease expression (Table 1). There were no variant-negative individuals with the phenotype.

137

138

139

140

141

142

143

Haplotype analysis of 29 polymorphic markers in individuals with WES data identified a shared haplotype in p.Leu115lle carriers between rs2272017 and rs73991563 in a 290,168bp region on chromosome 2 which includes the entire desmin gene. We then genotyped three p.Leu115lle carriers and two unaffected family members for specific single nucleotide variants spanning the entire 290Kb region but further refinement of the common haplotype was not possible (Supplementary Table S1).

144

145

146

147

148

149

150

151

152

153

154

155

156

157

158

159

160

Clinical characteristics

Detailed clinical information was available in a total of nine individuals who harboured the p.Leu115lle variant (aged 45 ± 19 years). None of them had symptoms, signs or history of skeletal myopathy. Seven (88%) had a definite and two a borderline diagnosis, based on the 2010 TFC for ARVC. Eight cases (89%) had significant repolarization abnormalities either in the precordial or inferior leads. All cases (100%) had right ventricular (RV) wall motion abnormalities (WMA), six (75%) had dilated RV, six (75%) dilated LV and six (75%) LV dysfunction, which was mild in five and severe in one patient. LV late gadolinium enhancement (LGE) was present in all seven cases that had available CMR and all had a circumferential sub-epicardial distribution (Figure 2). Cases A-III-2 and A-IV-1 who were negative for DES-p.Leu115Ile did not have LGE or any wall motion abnormalities in both ventricles. The ventricular ectopic burden per 24 h ranged from 451 to 10583. Seven cases received an implantable cardioverter defibrillator (ICD). Non-sustained ventricular tachycardia (VT) was present in six (75%) and sustained VT/appropriate ICD therapy in three cases (33%). One patient received HTx and died later due to cancer (A-II-1), two suspected carriers died suddenly (A-III-1, B-II-1) and two died of non-cardiac causes (B-I-2).

1	6	1

Histology and Immunohistochemistry

Cardiac tissue was available from the explanted heart of A-II-1 following HTx and from the post-mortem of A-II-2. Histology revealed extensive left ventricular fibrosis in both cases with the co-presence of adipose tissue in case A-II-2 (Figure 3A and 3B). Immunofluorescence revealed plakoglobin, desmoplakin, SAP97 and GSK3β signal intensity and distribution similar to control, and reduced connexin 43 signal intensity in A-II-2. Desmin staining revealed a similar distribution between the two patient samples and the control (Figure 3C).

Functional analyses

To examine the functional impact of *DES*-p.Leu115lle we transfected SW-13 cells, which do not express any cytoplasmic intermediate filament protein and cardiomyocytes derived from hiPSC. In both cell types, the recombinant mutant desmin mainly forms cytoplasmic aggregates, whereas the wild-type assembles into regular intermediate filaments (Figure 4). In addition, we purified recombinant mutant and wild-type desmin and analysed the filament assembly in vitro by atomic force microscopy at the single molecular level (Figure 4). *In vitro*, the wild-type desmin assembles into typical intermediate filaments whereas the mutant form accumulates into short proto-filaments and small fibrous aggregates. These data support a pathogenic role of *DES*-p.Leu115lle.

Discussion

We have identified a novel *DES* variant previously considered of uncertain significance in three desmosomal gene-negative families. We have shown that although some clinical

features consistent with typical desminopathy are absent, the p.Leu115lle variant is responsible for aberrant desmin filament network formation and causes a biventricular AC phenotype with high penetrance.

The concept of AC illustrates the continuously evolving spectrum of myocardial disease definitions³. The classic description of ARVC has changed to a more complex understanding, which includes RV dominant, LV dominant and biventricular forms¹. Current diagnostic criteria are focused mainly on the RV dominant forms⁸. In this report, although the inclusion criterion for the probands to undergo genetic screening was the fulfilment of the 2010 revised TFC, we identified three out of 138 desmosomal negative (2%) unrelated families presenting with a biventricular form of the disease and harbouring a likely pathogenic *DES* gene variant that had not been reported before and is not present in gnomAD.

Desmin variation has been previously reported in several diseases that involve skeletal, cardiac muscle or combined types. These include dilated, hypertrophic, restrictive, arrhythmogenic cardiomyopathies as well as myofibrillar myopathy, limb girdle muscular dystrophy and desminopathy related syndromes¹².

In relation to AC, the *DES* gene has been implicated, initially in 2009, in five Dutch families carrying the p.Ser13Phe variant, with variant carriers presenting a spectrum of cardiomyopathies, including AC in 13%⁷. Notably, desmin aggregates and peripheral myopathy were observed in some cases. Other small series (1 to 5 cases) have also identified further missense *DES* gene variants implicated in cardiac disease consistent with ARVC with predominantly right ventricular disease (Table 2). The most recent, and larger,

report (variant p.Glu401Asp) described a cardiac phenotype similar to the one presented in this report, including repolarization abnormalities, circumferential subepicardial fibrosis, ventricular arrhythmia and absence of desmin aggregates from myocardial tissue samples from heterozygous mutation carriers 13 . This represents a phenotype more consistent with what is increasingly described as left dominant AC^{14} .

In all our cases carrying the *DES*-p.Leu115Ile variant, structural abnormalities were demonstrated in both ventricles. A circumferential pattern of left ventricular subepicardial myocardial fibrosis was demonstrated in all cases with an available CMR, and therefore deemed the earliest finding of left ventricular involvement. A similar pattern of non-ischaemic scar is observed in patients with AC carrying mutations in the genes encoding for desmoplakin (*DSP*) or filamin C (*FLNC*)¹⁵. In addition, all cases had right ventricular disease with at least right ventricular wall motion abnormalities and in some cases chamber dilatation. Although the scar pattern was similar to the one reported in cases carrying *DES*-p.Glu401Asp variant, a more biventricular form of the disease was demonstrated in our cases, carrying the p.Leu115Ile variant.

Almost all carriers of the p.Leu115lle variant had LV structural/functional abnormalities, such as LV dilatation, LV dysfunction or LV WMA and fulfilled clinical criteria for the diagnosis of DCM (Table 1). Case B-I-2 did not exhibit any of these features but significant LV LGE was present. In two of the families (A and B) the diagnosis at presentation of the probands was also DCM. These cases illustrate the increasingly recognised overlap between AC and DCM. A similar overlap has been observed with carriers of mutations in *FLNC* and *DSP*^{16, 17}. Although evidence-based diagnostic criteria are yet to be established, clinicians

should suspect AC in patients with DCM features that present with arrhythmia and family history of sudden cardiac death⁴. Appropriate diagnosis can be important in guiding genetic testing but also disease stratification¹⁸.

A prominent arrhythmic component was observed, with all mutation carriers manifesting increased arrhythmogenesis either as increased ventricular ectopy, presence of non-sustained ventricular tachycardia (VT) or sustained VT. In regard to SCD, there was only one family member (B-II-1) who suffered SCD without any previous cardiac manifestations. None of the family members were professional athletes or participated in competitive sports. In terms of conduction disease, first degree atrioventricular block and various types of bundle branch block were observed, but no individuals with higher degrees of AV block that might require pacing were identified, contrary to what has been described in other *DES* series^{19, 20}.

Fibro-fatty replacement of the myocardium has been considered to be one of the key components of ARVC histopathology²¹. Although the subepicardial distribution of fibrous replacement lesions is present in the left dominant and biventricular forms, the identification of fat has not been consistently reported^{22, 23}. In both cases (A-II-1 and A-II-2) where myocardial histology was available, fibrous replacement of the myocardium was predominantly observed, although fatty tissue was also present in case A-II-2.

Regarding the immunofluorescence study of the myocardial samples, neither a consistent pattern or a typical protein distribution (translocation of plakoglobin from the intercalated discs, GSK3b to the cell membrane and SAP97 signal is significantly decreased in both sarcomeric and junctional pools²⁴) was observed. However, in left-dominant forms of the

disease, such as in *FLNC* gene mutation carriers, a different protein distribution signature to classic ARVC has been demonstrated²⁵. Interestingly, desmin staining was comparable to the control tissue. A similar finding was observed by Bermudez-Jimenez et al in samples from carriers of the p.Glu401Asp variant¹³. Connexin 43 intensity was reduced only in A-II-2, who was documented to have significant arrhythmias including an appropriate ICD intervention, a marker that has been previously associated with increased arrhythmogenesis²⁶.

263

264

265

266

267

268

269

270

271

272

273

274

275

276

277

278

279

280

262

257

258

259

260

261

Multiple variants have been previously reported in the Coil 1 region of the DES gene, that are associated with cardiomyopathy²⁷ (Figure 1C) but the observed phenotypes seem to be variable even in closely neighbouring regions. The p.Leu115Ile variant reported in this study is located in the α -helical segment 1A of the desmin protein. α -helical segments 1A are completely conserved not just among orthologues of desmin in different species but also in human vimentin, neurofilament L protein, cytokeratins 8 and 18, and nuclear lamins A and B1²⁸. Limited phenotypic similarities of p.Leu115lle with another known DES mutation, p.Leu136Pro, can be noted, the latter being associated with biventricular disease leading to heart failure and transplantation at a young age (but importantly without an arrhythmic phenotype) but spared the peripheral muscles²⁹. The p.Leu136Pro variant affects the dposition within the heptad repeat and is predicted to destabilize the desmin molecule by the loss of a stabilizing hydrogen bond within the backbone of the $\alpha\text{-helix}^{29}.$ Indeed, cell transfection experiments indicated that mutant p.Leu136Pro desmin is associated with a severe filament assembly defect and aggregates in the cytoplasm²⁹. Similarly, p.Leu115lle also affects the d-position of the preceding heptad sequence and we show similar deleterious effects on protein function in vitro. The variant p.Glu114del has been reported to be associated with biventricular dysfunction and ventricular arrhythmias but were

accompanied with restrictive function abnormalities and peripheral myopathy³⁰. The variant p.Asn116Ser has also been associated with ARVC but with the presence of peripheral myopathy and functional studies revealed impairment of intermediate filament formation³¹. In contrast, variant p.Gln113_Leu115del was associated with an entirely different phenotype with left ventricular hypertrabeculation, conduction disease and peripheral myopathy with desmin aggregates being present on cardiac pathology³². Similarly, the variant p.Leu115Phe presented predominantly with cardiac conduction disease³³.

Interestingly, the clinical and histological phenotype associated with p.Leu115lle had more in common with the distant p.Glu401Asp rather than any of the other Coil 1 variants, even the ones located at the same or immediately next to the 115 amino acid location. In both variants, disruption of desmin filament network has been observed in the absence of macroscopical myocardial desmin aggregates. This suggests that the mechanisms responsible for the development of AC-related manifestations from *DES* variants and the mechanisms causing the classic forms of desminopathy, are divergent.

Study limitations

This study is by definition limited by the inclusion criterion of probands fulfilling the 2010 TFC for ARVC, which have a low yield of identifying forms of the disease that do not affect predominantly the right ventricle and therefore it is likely that the yield of *DES* related variants as a cause of AC is underestimated. Cases with *DES* disease causing variants are likely to remain underdiagnosed or erroneously labelled as DCM in more severe forms.

Conclusions

In conclusion, in a study of 138 AC probands without desmosomal gene causal variants, a novel missense variant in the *DES* gene, p.Leu115lle was found co-segregating with disease in three families of British, Caucasian descent. Functional data further supported its pathogenicity. Absence of desmin aggregates in myocardial staining is not sufficient to disprove the significance of *DES* variants, in cases with an AC phenotype. A phenotype consistent with biventricular AC and significant overlap with DCM was observed in all individuals harbouring this variant. Increased arrhythmogenesis, LV dysfunction and a circumferential subepicardial distribution of myocardial fibrosis were dominant features of the phenotype. Clinicians treating patients with cardiomyopathy and/or heart failure should be aware of this clinical phenotype and instruct family screening and disease stratification accordingly. Putative *DES* mutations, as genetic causes of AC should be considered, when no classical desmosomal gene mutations have been identified; especially if a biventricular form is present.

318	Acknowledgements
319	The authors are grateful to the patients and families for their continuous contributions and
320	support for research.
321	
322	Funding Sources
323	Dr. Protonotarios is supported by a British Heart Foundation clinical research fellowship
324	grant (FS/18/82/34024). Dr. Asimaki is supported by a British Heart Foundation project
325	grant (PG/18/27/33616). Prof. Dr. Anselmetti and Prof. Dr. Milting were supported by a
326	grant of the Deutsche Forschungsgesellschaft (DFG). Dr Lopes is funded by an Medical
327	Research Council UK Clinical Academic Partnership Award. This research study is also
328	supported by the Fondation Leducq Transatlantic Networks of Excellence Program grant
329	(no. 14 CVD03).
330	
331	Disclosures
332	The authors have no conflicts of interest to report.

Figure Legends

Figure 1

A: Pedigrees of Families A, B and C according to the carrier status of the p.Leu115Ile DES gene variant. Males and females are marked with squares and circles, respectively. Mutation carriers are marked with (+) and non-carriers with (-). Suspected mutation carriers are marked with (S). Phenotype positive individuals are marked in black. Deceased individuals are annotated by a slash. Probands are indicated with black arrows. **B:** DNA sequencing electropherogram of *DES* exon 1 showing the presence of the c.343C>A; p.Leu115Ile variant in individual C-I-1 (left). Multiple protein alignment of the Coil 1 domain in desmin orthologues shows complete evolutionary conservation in different species. C: Localization of reported *DES* variants including the p.Leu115Ile (asterisk) in Arrhythmogenic Cardiomyopathy within the *DES* gene.

Figure 2

In this figure the typical and consistent ECG and CMR abnormalities for Leu115Ile *DES* gene carriers are illustrated (Case A-III-3). The ECG (top panel) is characterized by low limb lead voltages and T-wave inversions present throughout the precordial and inferior leads. CMR demonstrates extensive circumferential subepicardial late gadolinium enhancement (lower panel).

Figure 3

Eosin/haematoxylin staining of myocardial samples from A-II-1 (**A**) and A-II-2 (**B**). Extensive subepicardial myocardial fibrosis was noted in both cases, whereas there was increased presence of adipose tissue in A-II-2. **C**: Immunofluorescence staining of myocardial samples from A-II-1, A-II-2 and normal control. N-Cadherin staining showed equivalent signal intensity between the 2 patients and the control sample.

Figure 4

A: Representative confocal microscopy images of SW-13 cells, transfected with pmRuby-N1-DES-WT and pmRuby-N1-DES-p.L115I. Scale bars = 10 nm. **B:** Quantitative analysis of aggregate formation. * p<0.05, n=4. The nonparametric Mann—Whitney test was used for statistical analysis. **C:** Representative confocal microscopy images of hiPSC-CM transfected with pmRuby-N1-DES-WT and pmRuby-N1-DES-p.L115I. Scale bars = 25 nm. **D:** Representative AFM topography scans acquired under environmental conditions of *in vitro* assembled desmin. Wild-type desmin clearly exposes long fibrous constructs with a typical length from some 100 nm to several micrometers. In comparison to the wild-type control, DES-p.L115I filament assembly is seriously impaired. The mutant form exhibits only short proto-filaments with a length in the range of approx. 250nm that often appear in a circular configuration (inset, 50 nm scale bar). Furthermore, also small filamentous aggregates can be found.

Table 1: Clinical characteristics of studied individuals (p.Leu115lle variant carriers and non-carriers)

Case No	Age (years)	Sex	Dilated RV	RV WMA	RV LGE	Dilated LV	LV WMA	LV systolic dysfunction	LV LGE	TAD	TWI	Conduction Disease	SAECG	VE /24h	ICD	Complex VAs
A-II-2 ⁺	58	Female	Yes	Yes	NA	Yes	Yes	Severe	NA	NA	V1-V3	1 st AVB+ RBBB+LAFB	NA	NA	Yes	NSVT, appropriate ATP
A-III-2	29	Male	No	No	No	No	No	None	No	40	No	No	Negative	3	No	No
A-III-3 ⁺	52	Female	Yes	Yes	No	Yes	Yes	Mild	Yes	50	V1-V4, I, II, aVL	No	Positive	505	Yes	NSVT
A-III-4 ⁺	52	Female	No	Yes	Yes	No	Yes	Mild	Yes	50	V1-V3	No	Positive	451	Yes	No
A-III-5 ⁺	54	Male	Yes	Yes	No	Yes	Yes	Mild	Yes	50	V1-V5	No	Positive	820	Yes	NSVT
A-IV-1	20	Female	No	No	No	No	No	None	No	40	V1	No	Negative	0	No	No
B-I-2 ⁺	81	Female	No	Yes	No	No	No	None	Yes	NA	V1-V2	1 st AVB	Positive	NA	No	NSVT
B-II-2 ⁺	49	Male	Yes	Yes	NA	Yes	Yes	Severe	NA	60	V4-V6, II, III	1 st AVB +LAFB	NA	2821	Yes	Sustained VT
C-I-1 ⁺	73	Male	No	Yes	No	No	Yes	Severe	Yes	65	II, III, aVF	Incomplete RBBB	NA	10103	No	No
C-II-1 ⁺	42	Male	Yes	Yes	Yes	Yes	Yes	Mild	Yes	60	V4-V6, III, aVF	No	Negative	6183	Yes	NSVT
C-II-2 ⁺	40	Female	Yes	Yes	No	Yes	Yes	Mild	Yes	40	V2-V6, I, II, aVF	No	Positive	10583	Yes	Sustained VT, NSVT

37d stavb=First-degree atrioventricular block; ATP=Anti-tachycardia pacing; ICD=Implantable cardioverter defibrillator implantation; LAFB=Left anterior 37fascicular block; LGE=Late gadolinium enhancement; LV=Left ventricle; NA=Not available/applicable; NSVT=Non-sustained ventricular tachycardia; 378BBB=Right bundle branch block; RV=Right ventricle; SAECG=Signal averaged ECG; TAD=Terminal activation duration (maximum between leads V1, V2, 379/3); TWI=T-wave inversion; VA=Ventricular arrhythmia; VE=Ventricular ectopy; VT=Ventricular tachycardia; WMA=Wall-motion abnormalities. (+) and 38Q-) mark the presence or absence of the p.Leu115lle *DES* gene mutation, respectively.

Table 2. Literature review of the reported *DES* gene variants associated with Arrhythmogenic Cardiomyopathy and reported clinical and pathological abnormalities

Publications	Variant	Cases (n)	ECG abnormalities	Ventricular involvement	Ventricular Arrhythmia	Heart failure	Histology and IHC
van Tintelen et al. ⁷ and van Spaendonck-Zwarts et al. ³⁴	c.38C>T, p.Ser13Phe	2	Low-voltage, precordial TWI (n=1)	RV predominance (n=2)	None	Yes (n=2)	NA
Vernengo L et al. ³⁰	c.340_342del, p.Glu114del	3	RBBB, LAFB	RV or LV predominance	VE	Yes	Desmin aggregates in peripheral muscle biopsy
Klauke et al. ³¹	c.347A>G, p.Asn116Ser	1	Precordial TWI	RV predominance	None	Yes	Myocardial fibrofatty replacement
Lorenzon et al.	c.721A>G, p.Lys241Glu [*]	1	Precordial TWI	RV predominance	VT	None	NA
van Spaendonck- Zwarts et al. ³⁴ and Otten et al. ²⁰	c.1024A>G, p.Asn342Asp	3	Precordial TWI (n=1), First degree AVB (n=2)	RV or LV predominance	VE and VT (n=1), SCD (n=1)	None	Desmin aggregates in peripheral muscle biopsy
Bermudez-Jimenez et al. ¹³	c.1203G>C , p.Glu401Asp	23	Low voltage (n=12), Precordial TWI (n=14), Inferior TWI (n=11)	LV predominance (n=15)	VE (n=17), VT (n=6), SCD (n=4)	Yes (n=9)	Myocardial degeneration, adipose tissue infiltration. Reduced ID DSP and PG. No desmin aggregates.
Ripol-Vera et al. ³⁵	p.R415E†	1	None	LV predominance	VT, SCD	None	NA
Oomen et al. 19 and Otten et al. 20	c.1360C>T. p.Arg454Trp	5	Complete AVB (n=3)	LV predominance (n=3)	VE and VF (n=1) and VT (n=1)	Yes (n=3)	Myocardial fibrosis (n=2) and inflammation (n=1). Reduced ID DSP, PKP2, CX43 (n=2). Desmin aggregates (n=2).

AVB=Atrio-ventricular block; CX43=Connexin 43; DSP=Desmoplakin; EW=Epsilon wave; ID=Intercalated disc; IHC=Immunohistochemistry; LAFB=Left anterior fascicular block; LV=Left ventricular; NA=Not available; PKP2=Plakophilin-2; PG=Plakoglobin; RBBB=Right bundle branch block; RV=Right ventricular; SCD=Sudden cardiac death; TWI=T-wave inversion; VE=ventricular ectopy; VF=Ventricular fibrillation; VT=Ventricular tachycardia. (*) A plakophilin-2 gene variant was also present. (†) cDNA change not available and variant likely erroneously reported, as, assuming the presence of a single nucleotide substitution, Arginine cannot mutate to Glutamic acid based on the human genetic code.

389 References

- 390 **1.** Protonotarios A, Elliott PM. Arrhythmogenic cardiomyopathies (ACs): diagnosis, risk stratification and management. *Heart.* 2019.
- 392 2. Groeneweg JA, Bhonsale A, James CA, et al. Clinical Presentation, Long-Term Follow-393 Up, and Outcomes of 1001 Arrhythmogenic Right Ventricular
- Dysplasia/Cardiomyopathy Patients and Family Members. *Circulation. Cardiovascular* genetics. 2015;8:437-446.
- 396 3. Elliott PM, Anastasakis A, Asimaki A, et al. Definition and treatment of
 397 arrhythmogenic cardiomyopathy: an updated expert panel report. *Eur J Heart Fail*.
 398 2019.
- Towbin JA, McKenna WJ, Abrams DJ, et al. 2019 HRS expert consensus statement on evaluation, risk stratification, and management of arrhythmogenic cardiomyopathy:
 Executive summary. *Heart Rhythm*. 2019;16:e373-e407.
- Diokmetzidou A, Soumaka E, Kloukina I, et al. Desmin and alphaB-crystallin interplay in the maintenance of mitochondrial homeostasis and cardiomyocyte survival. *J Cell Sci.* 2016;129:3705-3720.
- Capetanaki Y, Papathanasiou S, Diokmetzidou A, Vatsellas G, Tsikitis M. Desmin
 related disease: a matter of cell survival failure. *Curr Opin Cell Biol.* 2015;32:113-120.
- van Tintelen JP, Van Gelder IC, Asimaki A, et al. Severe cardiac phenotype with right ventricular predominance in a large cohort of patients with a single missense mutation in the DES gene. Heart rhythm: the official journal of the Heart Rhythm
 Society. 2009;6:1574-1583.
- Marcus FI, McKenna WJ, Sherrill D, et al. Diagnosis of arrhythmogenic right
 ventricular cardiomyopathy/dysplasia: proposed modification of the Task Force
 Criteria. European heart journal. 2010;31:806-814.
- 414 **9.** Kopanos C, Tsiolkas V, Kouris A, et al. VarSome: the human genomic variant search engine. *Bioinformatics*. 2019;35:1978-1980.
- 416 10. Dong C, Wei P, Jian X, et al. Comparison and integration of deleteriousness
 417 prediction methods for nonsynonymous SNVs in whole exome sequencing studies.
 418 Hum Mol Genet. 2015;24:2125-2137.
- 419 **11.** Richards S, Aziz N, Bale S, et al. Standards and guidelines for the interpretation of sequence variants: a joint consensus recommendation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology. *Genet Med.* 2015;17:405-424.
- 423 12. Azzimato V, Genneback N, Tabish AM, Buyandelger B, Knoll R. Desmin,
 424 desminopathy and the complexity of genetics. *J Mol Cell Cardiol*. 2016;92:93-95.
- Bermudez-Jimenez FJ, Carriel V, Brodehl A, et al. Novel Desmin Mutation
 p.Glu401Asp Impairs Filament Formation, Disrupts Cell Membrane Integrity, and
 Causes Severe Arrhythmogenic Left Ventricular Cardiomyopathy/Dysplasia.
 Circulation. 2018;137:1595-1610.
- 429 14. Sen-Chowdhry S, Syrris P, Prasad SK, et al. Left-dominant arrhythmogenic
 430 cardiomyopathy: an under-recognized clinical entity. *Journal of the American College* 431 of Cardiology. 2008;52:2175-2187.
- 432 **15.** Augusto JB, Eiros R, Nakou E, et al. Dilated cardiomyopathy and arrhythmogenic left ventricular cardiomyopathy: a comprehensive genotype-imaging phenotype study. *Eur Heart J Cardiovasc Imaging.* 2019.

- 435
 436
 436
 437
 438
 439
 430
 430
 431
 432
 433
 434
 435
 436
 437
 437
 438
 438
 439
 430
 431
 432
 433
 434
 435
 436
 437
 437
 437
 438
 439
 430
 431
 432
 433
 434
 435
 436
 437
 437
 438
 439
 430
 431
 432
 433
 434
 435
 436
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
 437
- Smith ED, Lakdawala NK, Papoutsidakis N, et al. Desmoplakin Cardiomyopathy, a
 Fibrotic and Inflammatory Form of Cardiomyopathy Distinct from Typical Dilated or
 Arrhythmogenic Right Ventricular Cardiomyopathy. *Circulation*.
 2020:CIRCULATIONAHA.119.044934-CIRCULATIONAHA.044119.044934.
- 442 18. Gigli M, Merlo M, Graw SL, et al. Genetic Risk of Arrhythmic Phenotypes in Patients
 443 With Dilated Cardiomyopathy. *Journal of the American College of Cardiology*.
 444 2019;74:1480-1490.
- 445 19. Oomen A, Jones K, Yeates L, Semsarian C, Ingles J, Sy RW. Rare desmin variant
 446 causing penetrant life-threatening arrhythmic cardiomyopathy. *HeartRhythm Case* 447 *Rep.* 2018;4:318-323.
- 448 **20.** Otten E, Asimaki A, Maass A, et al. Desmin mutations as a cause of right ventricular heart failure affect the intercalated disks. *Heart rhythm : the official journal of the Heart Rhythm Society.* 2010;7:1058-1064.
- 451 **21.** Basso C, Corrado D, Marcus FI, Nava A, Thiene G. Arrhythmogenic right ventricular cardiomyopathy. *Lancet*. 2009;373:1289-1300.
- 453 **22.** Berte B, Denis A, Amraoui S, et al. Characterization of the Left-Sided Substrate in Arrhythmogenic Right Ventricular Cardiomyopathy. *Circulation. Arrhythmia and electrophysiology.* 2015;8:1403-1412.
- Chen L, Song J, Chen X, et al. A novel genotype-based clinicopathology classification of arrhythmogenic cardiomyopathy provides novel insights into disease progression.
 European heart journal. 2019;40:1690-1703.
- Chelko SP, Asimaki A, Andersen P, et al. Central role for GSK3beta in the pathogenesis of arrhythmogenic cardiomyopathy. *JCI insight*. 2016;1.
- 461 **25.** Hall CL, Akhtar MM, Sabater-Molina M, et al. Filamin C variants are associated with a distinctive clinical and immunohistochemical arrhythmogenic cardiomyopathy phenotype. *International journal of cardiology.* 2019.
- 464 **26.** Mayama T, Matsumura K, Lin H, Ogawa K, Imanaga I. Remodelling of cardiac gap junction connexin 43 and arrhythmogenesis. *Exp Clin Cardiol.* 2007;12:67-76.
- Hnia K, Ramspacher C, Vermot J, Laporte J. Desmin in muscle and associated diseases: beyond the structural function. *Cell Tissue Res.* 2015;360:591-608.
- 468 28. Strelkov SV, Herrmann H, Geisler N, et al. Conserved segments 1A and 2B of the
 469 intermediate filament dimer: their atomic structures and role in filament assembly.
 470 EMBO J. 2002;21:1255-1266.
- 471 **29.** Brodehl A, Dieding M, Biere N, et al. Functional characterization of the novel DES mutation p.L136P associated with dilated cardiomyopathy reveals a dominant filament assembly defect. *J Mol Cell Cardiol*. 2016;91:207-214.
- Vernengo L, Chourbagi O, Panuncio A, et al. Desmin myopathy with severe
 cardiomyopathy in a Uruguayan family due to a codon deletion in a new location
 within the desmin 1A rod domain. *Neuromuscul Disord*. 2010;20:178-187.
- 477 **31.** Klauke B, Kossmann S, Gaertner A, et al. De novo desmin-mutation N116S is associated with arrhythmogenic right ventricular cardiomyopathy. *Hum Mol Genet.* 2010;19:4595-4607.
- 480 **32.** Marakhonov AV, Brodehl A, Myasnikov RP, et al. Noncompaction cardiomyopathy is caused by a novel in-frame desmin (DES) deletion mutation within the 1A coiled-coil

482	rod segment leading to a severe filament assembly defect. Hum Mutat. 2019;40:734-
483	741.

- 484
 485
 486
 486
 487
 488
 489
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
 480
- van Spaendonck-Zwarts KY, van der Kooi AJ, van den Berg MP, et al. Recurrent and founder mutations in the Netherlands: the cardiac phenotype of DES founder mutations p.S13F and p.N342D. *Neth Heart J.* 2012;20:219-228.
- 490 **35.** Ripoll-Vera T, Zorio E, Gamez JM, Molina P, Govea N, Cremer D. Phenotypic Patterns of Cardiomyopathy Caused by Mutations in the Desmin Gene. A Clinical and Genetic Study in Two Inherited Heart Disease Units. *Revista espanola de cardiologia*. 493 2015;68:1027-1029.

494







